


# GoDesk

## High fidelity Mockups

### Regular use

Home page

Good Evening,  
Jennifer!



Connected

Recommended activity

Walk briskly for 5 minutes

Go visit your co-workers

Go get your water refilled

Take a walk around the office


Take stairs and climb 2 floors up/down

Get up and grab a cup of coffee


Good Job!


You spent 5% less time at your desk than yesterday. Keep moving!

View Activities



Today's top insights

We noticed that you sit at your desk for too long in the mornings. Consider taking a coffee break!



Home


Activities

Profile

Activity page

Activities

Today

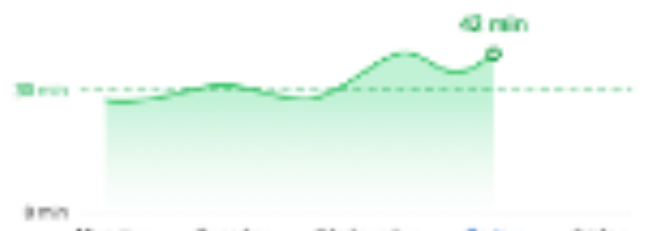


Total time at desk  
5 Hrs 30 min

Total time you were active  
42 min  
5% more than yesterday

This Week

Total time you were active during office hours



42 min

Insights for you

We noticed that you sit at your desk for too long in the mornings. Consider taking a coffee break.

Consider taking a break on Mondays to walk briskly for at least 5 minutes.

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Home

Activities

Profile

Create account form

Profile



NameJennifer Robins>

BirthdayAugust 08, 1988>

GenderFemale>

Height5 ft 7 in>

Weight135 Pound (lbs)>

Email>

Change Password>

Help>

Settings>

About GoDesk>

Logout

Home

Activities

Profile

# GoDesk

## Interactions

