







# Good Evening, Jennifer!



● Connected

## Recommended activity

- Walk briskly for 5 minutes
- Go visit your co-workers
- Go get your water refilled
- Take a walk around the office
- Take stairs and climb 2 floors up/down
- Get up and grab a cup of coffee

  
Home

  
Activities

  
Profile











































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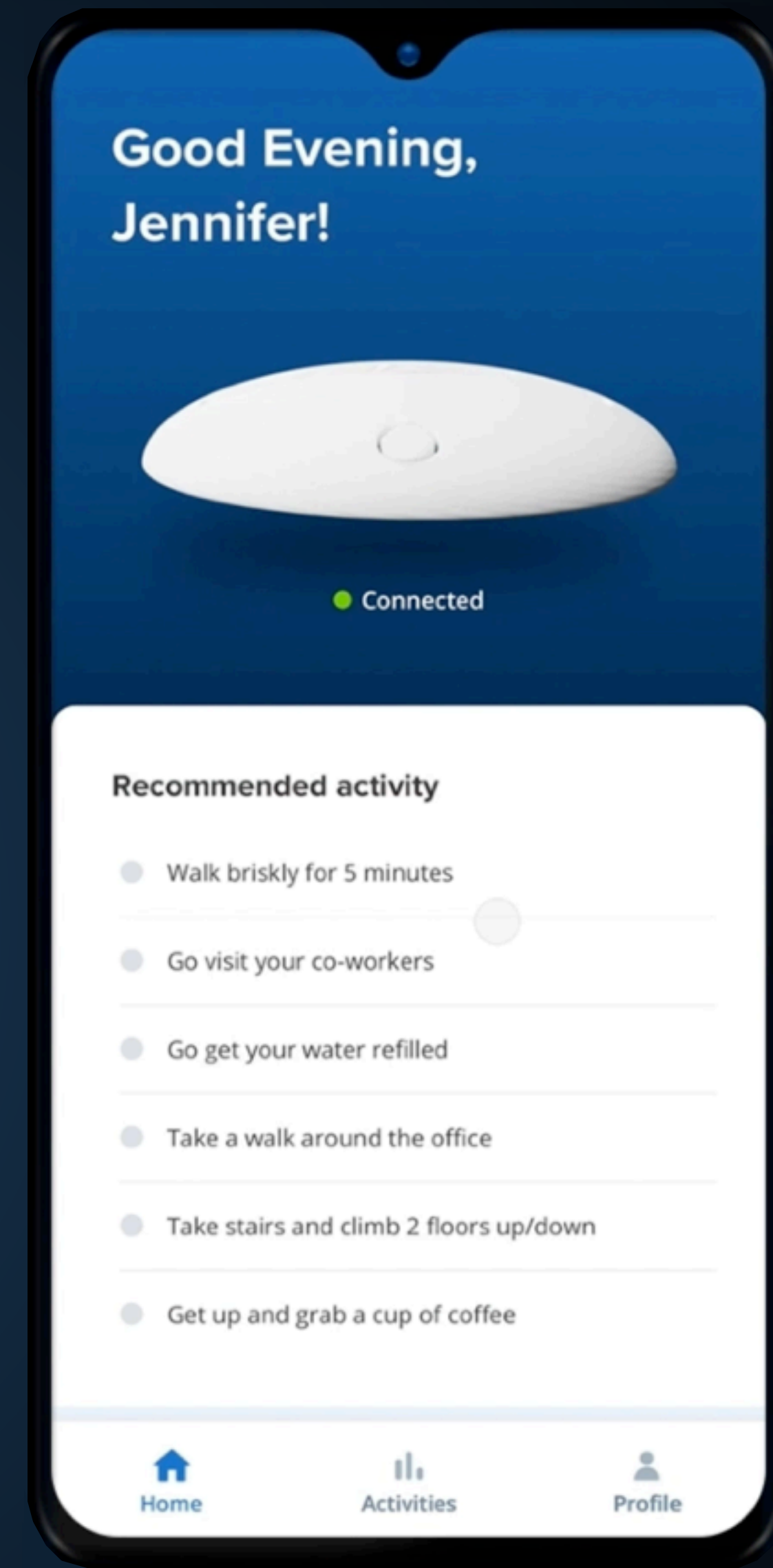


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# GoDesk





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## Initial Sketches

