



Mumbai Assistance Center:
+91 22 42838383

Membership No:
02EYCA810438

WELCOME TO INTERNATIONAL SOS

To keep you safe and healthy before, during and after travelling or on assignment outside your home country, **HCL** partners with **International SOS**, the world's leading international health and security risk management company.

Watch the introductory [video](#) to your membership:



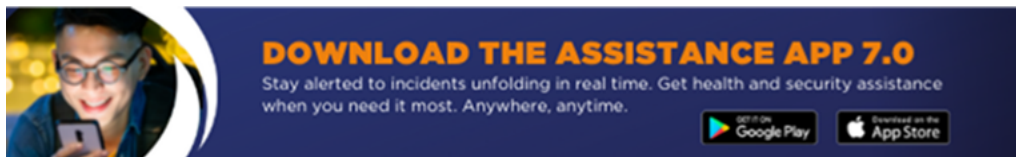
International SOS provides **health, security, travel, emotional wellbeing and emergency assistance**, before your trip and whilst abroad to protect you from health and security threats. International SOS assists you with their teams of multilingual doctors, nurses, security and logistics experts, anytime and anywhere, connecting you to their **24/7 Assistance Centres**.

So in case, if you wish to find out what vaccinations you need for your trip, if you lose your wallet and passport, or if you feel ill whilst travelling, we strongly



encourage you to reach out to International SOS to get advice and support in real time when needed.

Access the International SOS portal on www.internationalsos.com and login using your membership number **02EYCA810438**.



Regards,

International SOS



WORLDWIDE REACH. HUMAN TOUCH.

internationalsos.com



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DOWNLOAD THE ASSISTANCE APP

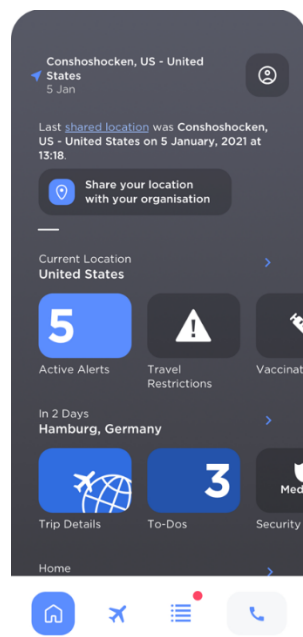
The International SOS **Assistance App** is an essential tool for preparing, informing, and keeping you safe. No matter where you are on assignment or travelling to, you will be able to access the latest health and security advice.



And if you should need medical or security assistance the worldwide team of International SOS experts, are just one tap away!

The [Assistance App](#) allows you to:

- View proactive **Health and Security Alerts** wherever you work or travel to
- 24/7 health and security assistance when you need it most, from the global International SOS **Assistance centre network**
- See the latest COVID-19 Vaccine & Visa Information



Click and watch the videos on how to use the International SOS Assistance App



Having issues downloading or logging into the app? Visit International SOS [Client Support](#).

**DOWNLOAD THE ASSISTANCE APP 7.0**

Stay alerted to incidents unfolding in real time. Get health and security assistance when you need it most. Anywhere, anytime.



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[internationalsos.com](https://www.internationalsos.com)



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TRY OUT THE ASSISTANCE CENTRE!

If you need personalised health or security advice, you can always contact **Assistance Centre**



Whatever you need, International SOS experts are available **24/7 every day of the year** wherever you are in the world! They will advise you in **a crisis, before or during travel. For example, they can assist pre trip with your questions such as:**

- I am a female traveller, is it safe?
- Will my regular medical be available?
- Are there any legal or safety issues for me as an LGBTQ traveller

You can call to the Assistance Centre and speak to someone in your preferred language anytime, anyplace.

Call now from the Assistance App or using one of the numbers on your International SOS card



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**HCL**

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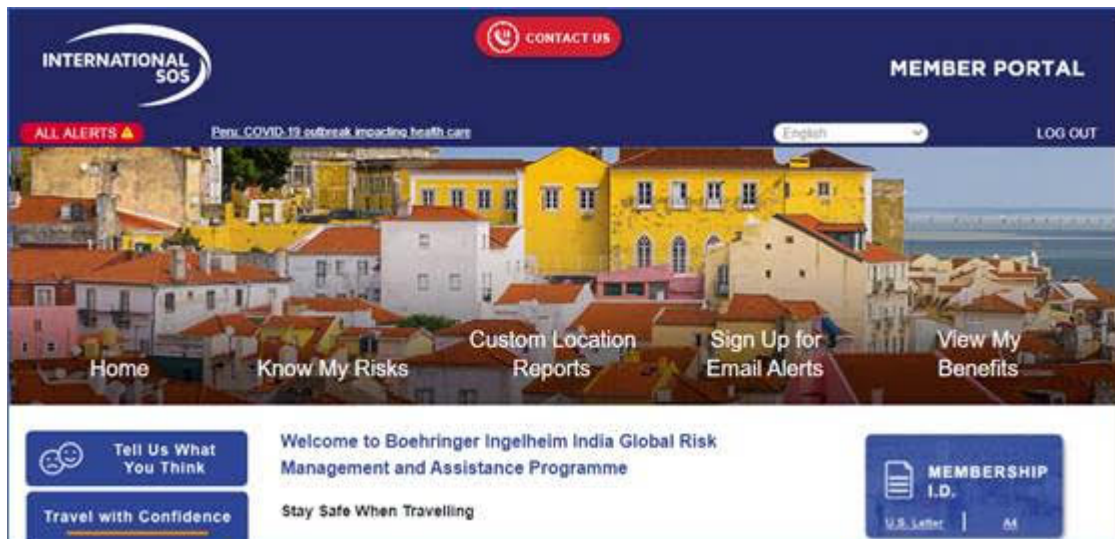
**HCL**

SIGN UP FOR EMAIL ALERTS

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Get prepared before your trip. Know about potential risks at your destination before you set off, receive local updates while you travel on **security threats, short term travel disruption, how to get around, staying safe** and have **24-hour access to health and security experts** to help with any issues that may arise while you are in unfamiliar surroundings far from home.



To subscribe to email alerts:

- Log onto www.internationalsos.com
- Log in with your membership number then click on the arrow to enter site.
- Click on "Sign up for Email Alerts"
- Register for alerts as required



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