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PRODUCTS

1. DIA SHAMAN – Food Supplement to enhance Life Style Disorders
2. DIA SHUDH – Nutraceutical Food Supplement to enhance Oral Health
3. DIA SHAMAN TABLET– Food Supplement to enhance Life Style Disorders

DIA SHAMAN



Ingredients

Shodhita Jala	-Purified water
Pooga	-Areca Catechu
Nagavalli	-Piper betle
Durva	-Cynodon Dactylon (L). Pers
Jambu	-Syzygium Cumini

DIA SHAMAN – Food Supplement to enhance Life Style Disorders

200ml liquid packed in food grade pet bottle with MRP 340/- is promoted to Pure Ayurveda Practicing Doctors and having 200+ doctors ordering this product repeatedly. There are 4 Ayurveda Hospital Colleges using the product in Karnataka.

In 2024, FSSAI (Food Safety Standard Association of India) central license was achieved from state license. Product is promoted for various issues along with Diabetes. The product has fan followers because of its side benefits like quick and long term benefit / remedy for foot burning sensation, knee and joint pains, stamina, sleeplessness, reduced frequent urination etc.

The product being used for many such challenges, and purely BAMS doctors (Ayurveda) are well versed in its application.

As per the general consumption pattern, 5 ml twice in a day, 20 days each Dia Shaman Liquid is required per person in case of “Diabetes”.

DIA SHAMAN TABLET



Ingredients

Pooga	-Areca Catechu
Nagavalli	-Piper betle
Durva	-Cynodon Dactylon (L). Pers
Jambu	-Syzygium Cuminii
Madhunashini	-Gymnema Sylvestre
Additivies	-Corn starch

DIA SHAMAN TABLET – Food Supplement to enhance Life Style Disorders

60 tablets packed in a sealed container with MRP 450/-

It took 4 years to convert Liquid Dia Shaman into Tablet form. The powder form was not user friendly, and tablet form was not getting disintegrated easily. With the help of couple of Ayurveda MD Doctors the formula was established, and is being in the use since 2022. The tablet punching is done at 3rd party location in Udupi (Karnataka). Before sending the raw material, all the ingredients get purified, sorted and mixed as per the formula and sent for final punching.

DIA SHAMAN

Formulation: Available in Tablet & Liquid Form

1. Timeline of Expected Results

Patients can expect the following progression of health improvements during the course of treatment:

Initial Phase (First 15 Days)

- **Appetite & Digestion:** Within the first 15 days, patients will experience increased appetite and improved digestion capabilities.
- **Knee Pain Relief:** Significant relief from knee pain (if present) is typically observed within 8 to 10 days.
- **Back Pain Relief:** Recognizable improvement in back pain is expected within 10 to 15 days.
- **Neuropathy Relief:** The sensation of "foot burning" begins to repair and typically vanishes within 10 to 15 days.

Long-Term Therapeutic Benefits (3 to 12 Months)

- **Blood Sugar Management:** After 90 days, blood sugar levels are expected to reduce by 50% to 77%.
- **Natural Weight Management:** Over a period of 12 months, patients may experience natural weight reduction of up to 10 kgs, specifically if the patient is currently overweight.

2. Post-Treatment Protocol

Transitioning away from modern medication and maintaining long-term health.

- **Reduction of Modern Medicine:** Gradually, within 6 months to 1 year, patients consuming the tablets can begin to reduce and eventually cease dependency on modern medicines.
- **Clinical Results:** During this transition period, average blood sugar test results (Random Blood Sugar [RBS] or HbA1c) are expected to remain favorable and within optimal ranges.
- **Maintenance Dosage:** Once health goals are achieved, continued use of "Dia Shaman" is not necessary. However, as a precautionary measure, one may use the product occasionally for 5 to 10 days per month.

3. Safety Profile & Dietary Recommendations

- **Side Effects:** As of data recorded in July 2025, there have been no reported side effects.
- **Dietary Advice:** Ayurveda practitioners strongly advise including Ghee in the regular diet while using this product to manage body heat and ensure optimal absorption.

DIA SHUDH



Ingredients

Shodhita Jala
Pooga
Sauvarchala Lavana
Lavanga
Additives

-Purified water
-Areca Catechu
-Black salt
-Syzygium Aromaticum
-Mint flavor

DIA SHUDH- REGAIN ORAL HEALTH

100ml liquid packed in food grade pet bottle with
MRP 60/-

It is highly effective nutraceutical food supplement to
improve oral health.

The result is immediate and provides long lasting
soothing in tooth ache.

Its strength in addressing various issues of mouth is
being established day

by day. It is giving positive results in mouth ulcer,
bleeding gums, swelling
gums, bad breath, sore throat.

Earlier it was known as “Dia DantHa”, while applying
for central license,
the name had to be changed to “Dia ShudH”

Contact information



+91 83106 06897/ 8762993535



sumanlaboratories8@gmail.com



Aynarappa Nilaya 46, Veeranna Layout,
Vinoba Nagara, Shivamogga, Karnataka
577204

