Psychoacoustics

Fundamental Definitions

- **Acoustics**
  - branch of physics concerned with the study of sound/ science of sound
  - studies audibility and characteristics of sound propagation (typically in a closed space (room); reverberation, etc)
- **Psychoacoustics**
  - branch of science studying the psychological and physiological responses associated with sound (including noise, speech and music). It can be further categorized as a branch of psychophysics which aims at **linking perception of acoustical stimuli with auditory sensations**

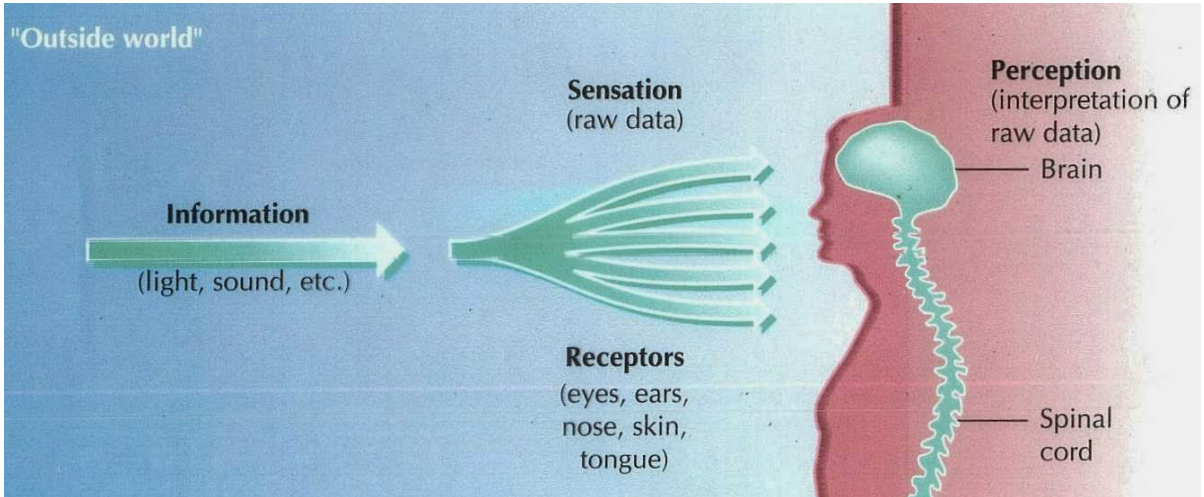
Fundamental Question of Psychoacoustics

- how do certain perceptual qualities of sound depend on the physical properties of sound?

SENSATION **?** PERCEPTION

SENSATION

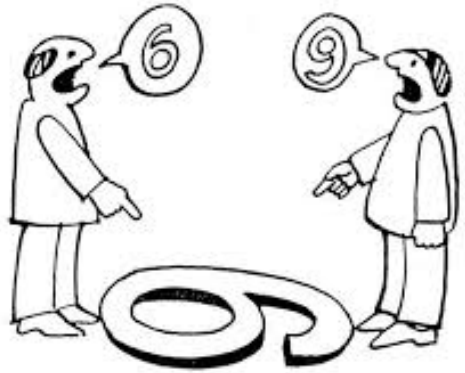
- gathering info from the environment via your senses (ex: visual, auditory, etc) and transmit them to the brain
- sensory information that has registered in the brain but has not been interpreted



PERCEPTION

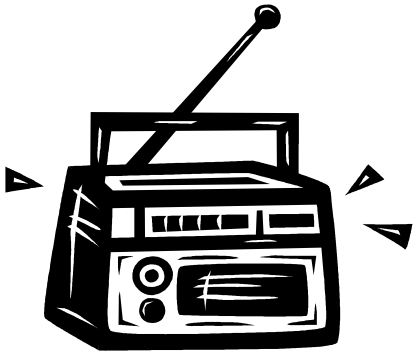
the ILLUSION *of* REALITY

- process by which sensory information is actively organized and interpreted by the brain
- understanding what is being sensed
- integration of multiple sensory streams (eg: audio + visual)

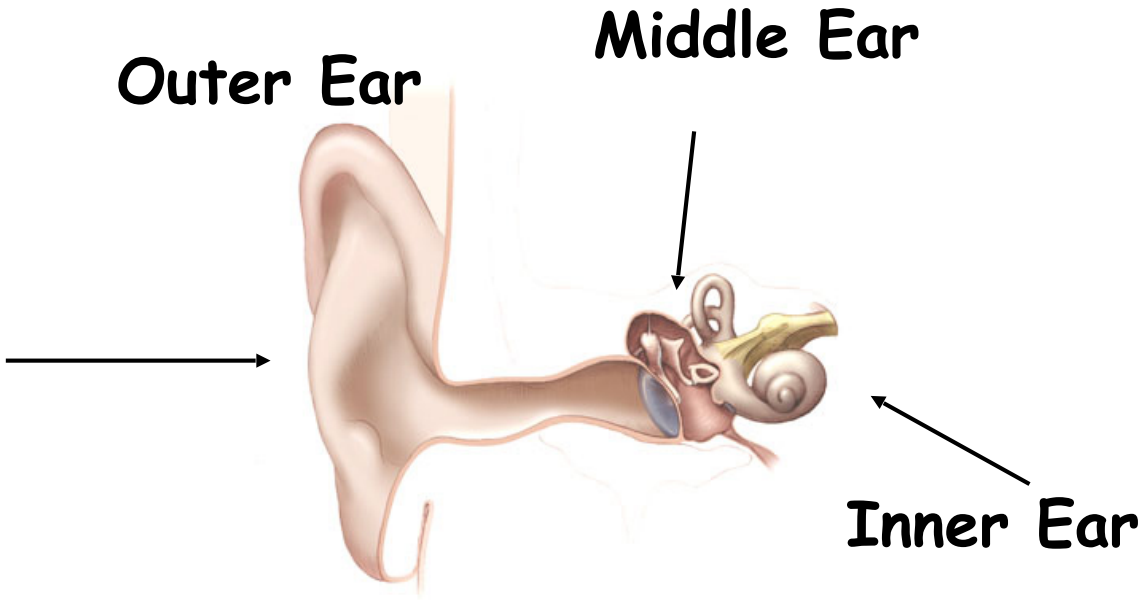


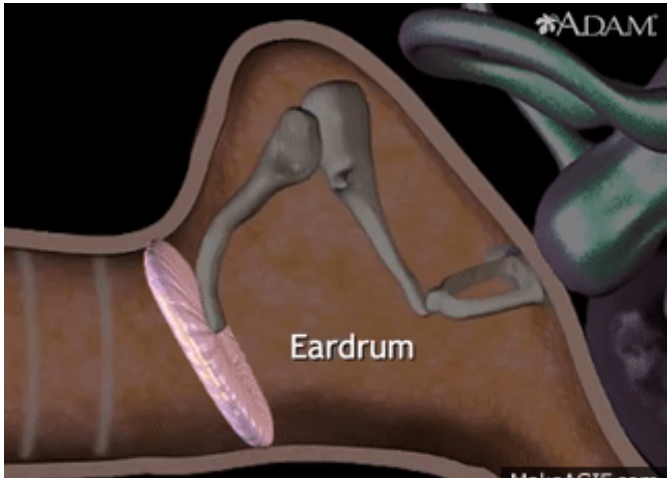

SENSATION

How do we sense sound?



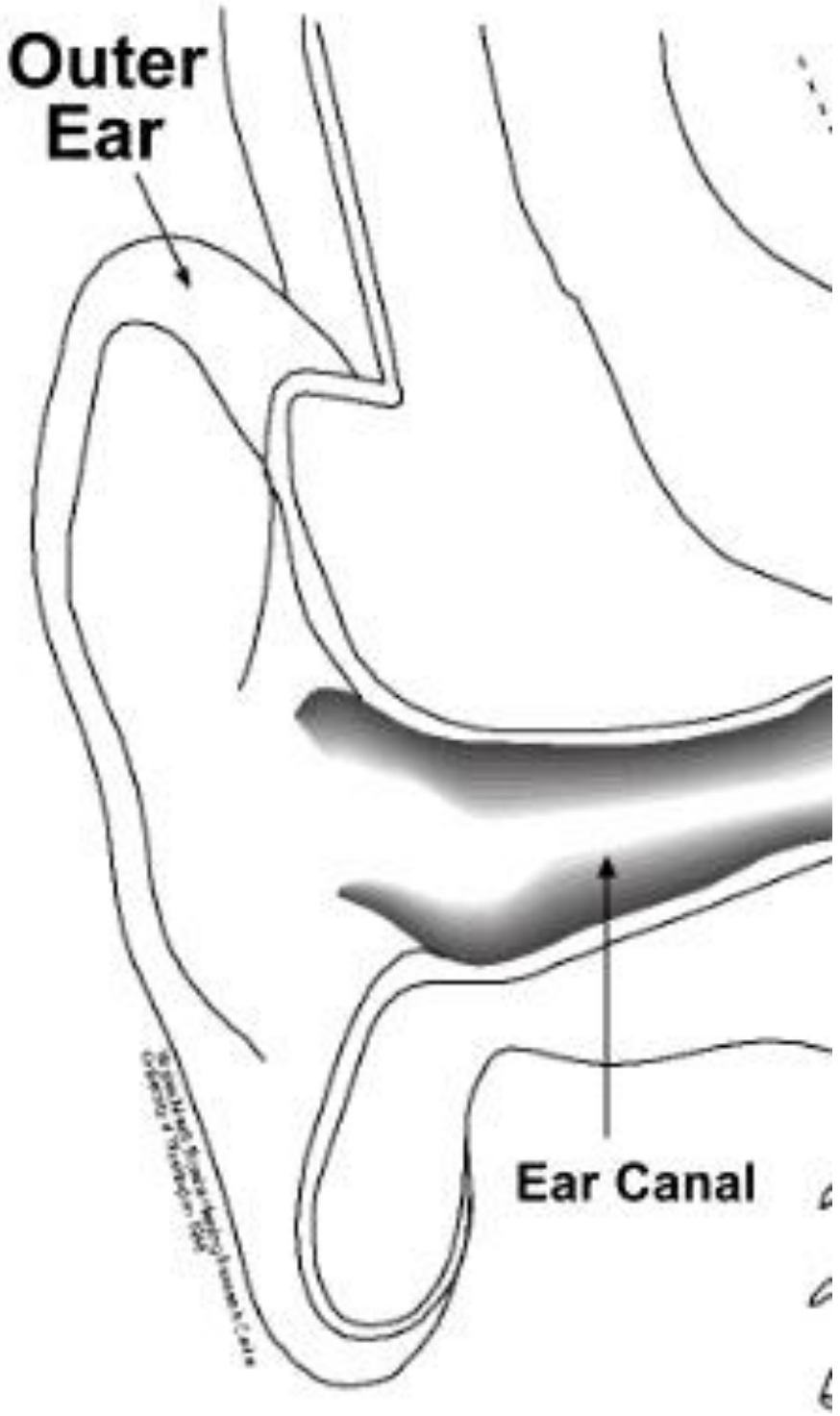
Sound Waves





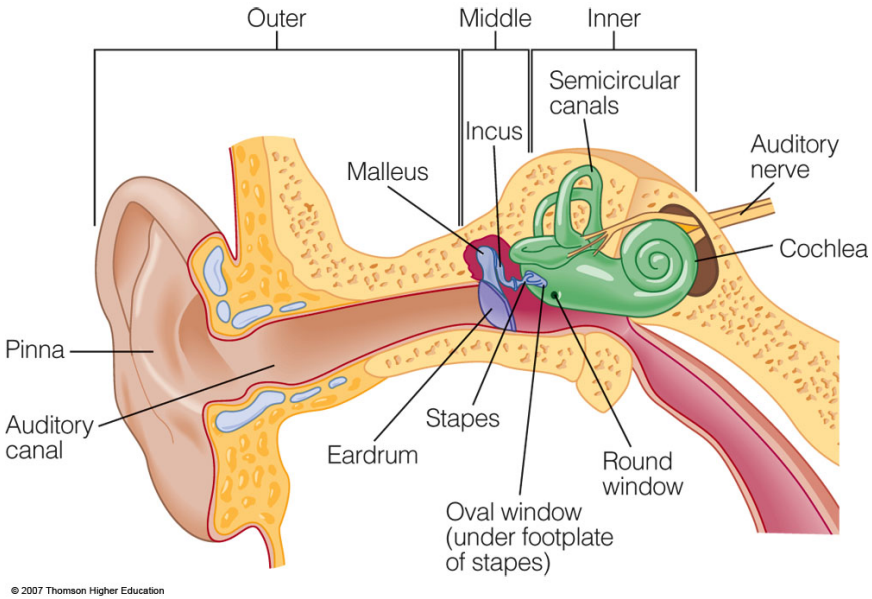
The Outer Ear

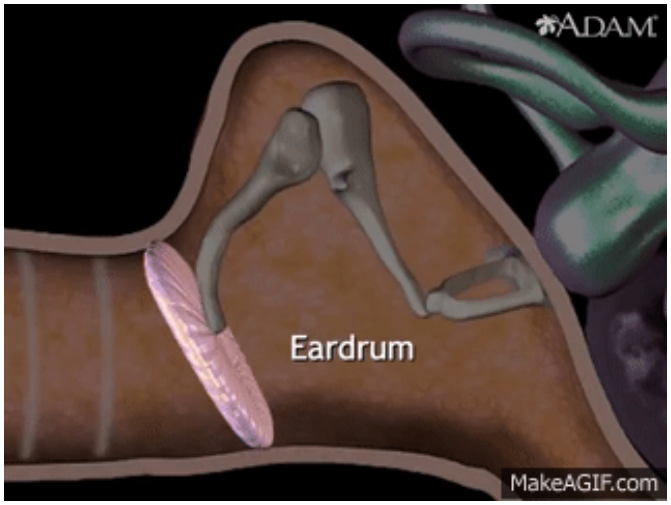
- The curved formation on the outside (the pinna) helps funnel sound down the ear canal to the eardrum



The Middle Ear

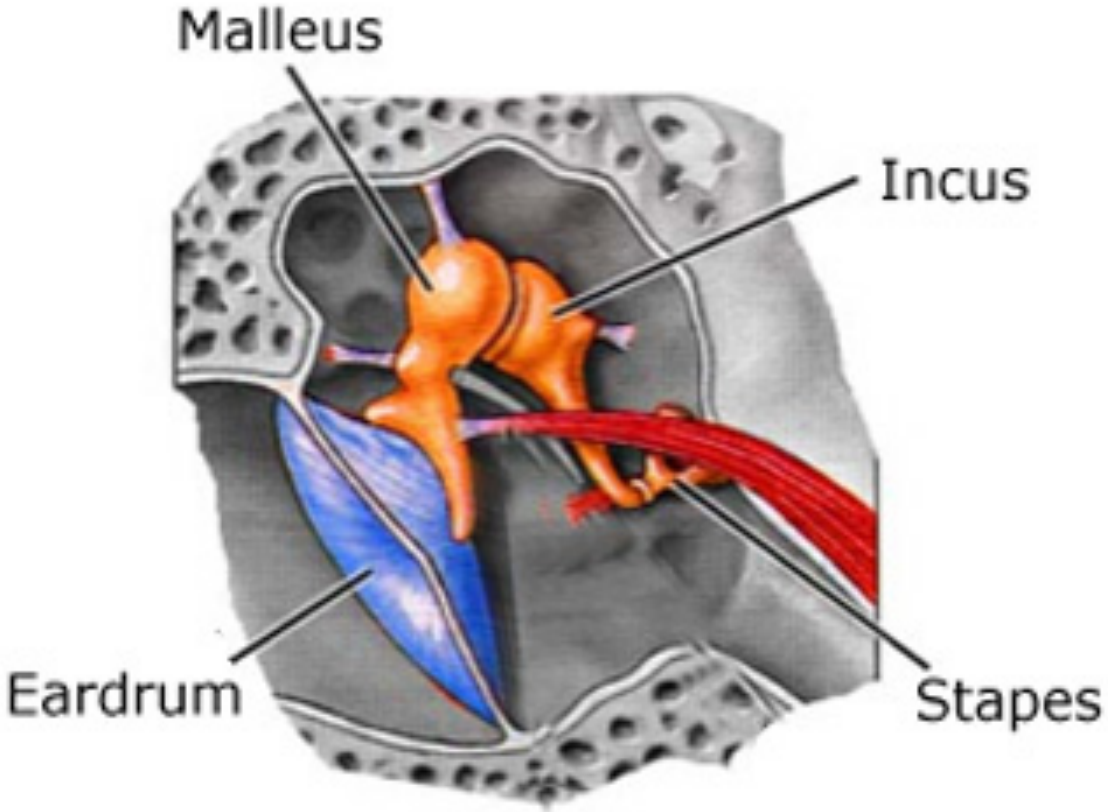
- transfers the energy of a sound wave by vibrating the three bones found there.
- ossicles are arranged and interact with each other as a lever system
- **amplifier** - without them, only about 0.1 percent of sound energy would make it into the inner ear.





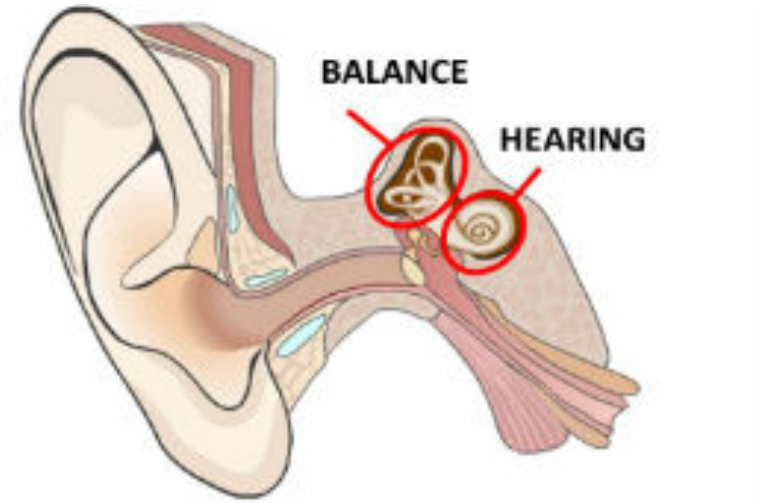
Bones of the Middle Ear

- These are the smallest bones in your body!



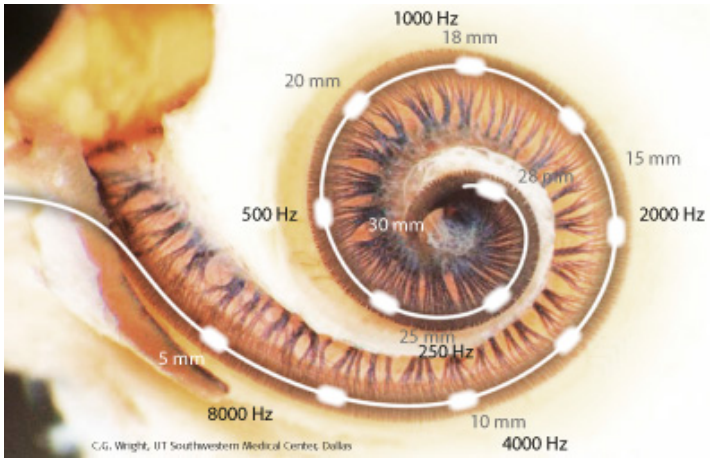
The Inner Ear

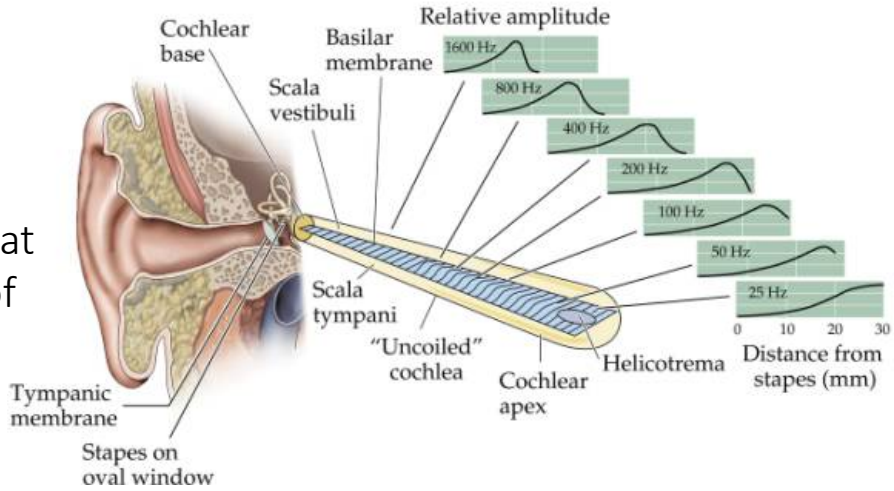
- Two main parts:
  - **Vestibular system** (**balance**) - Semicircular Canals- Fluid filled tubes attached to the cochlea that help us maintain our sense of balance
  - **Cochlea** (**hearing**) converting sound pressure patterns from the outer ear into electrochemical impulses which are passed on to the brain via the auditory nerve.



The Inner Ear

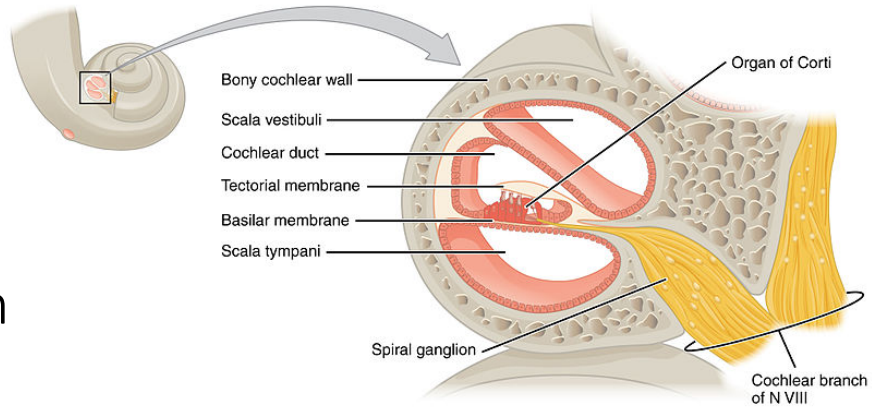
- **Cochlea**
  - Coiled like a snail shell, fluid-filled; it is lined with cilia (tiny hair) that move when vibrated and cause a nerve impulse to form.
  - tonotopic map - a location code formed on the cochlea
- **Basilar membrane**
  - stiff long structural element varying in width and stiffness and bends rows of hair cells beneath it based on incoming signal
  - base for the sensory cells of hearing & acts as a frequency analyser
  - the front end (base) of the membrane to resonate with higher frequencies, and its rear end (apex) with lower frequencies
  - bending of the hair cells gives rise to electric impulses that encode information about the periodicity and intensity of the sound.

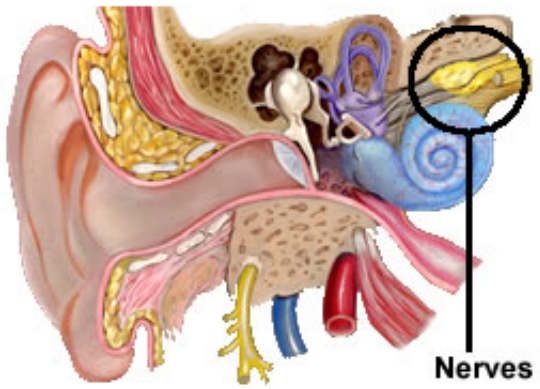




The Inner Ear

- **Organ of Corti**
  - contains auditory receptors that transduce auditory signals into nerve impulses' action potential
- **Auditory/Cochlear nerve**
  - these carry electro-chemical signals from the inner ear (the cochlea) to the brain.

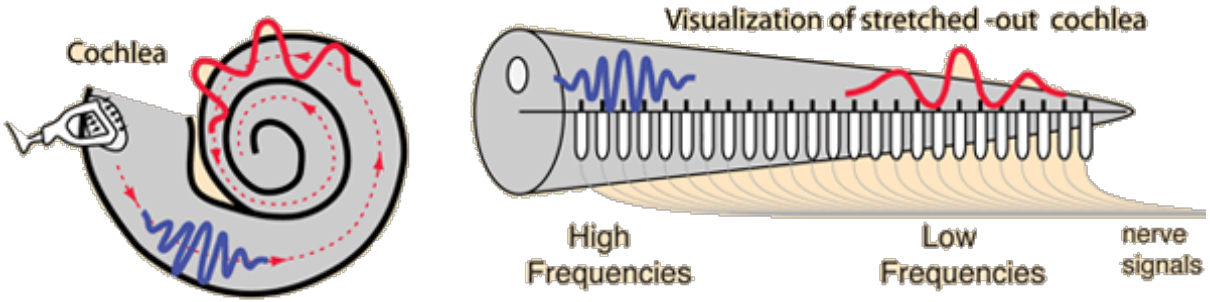


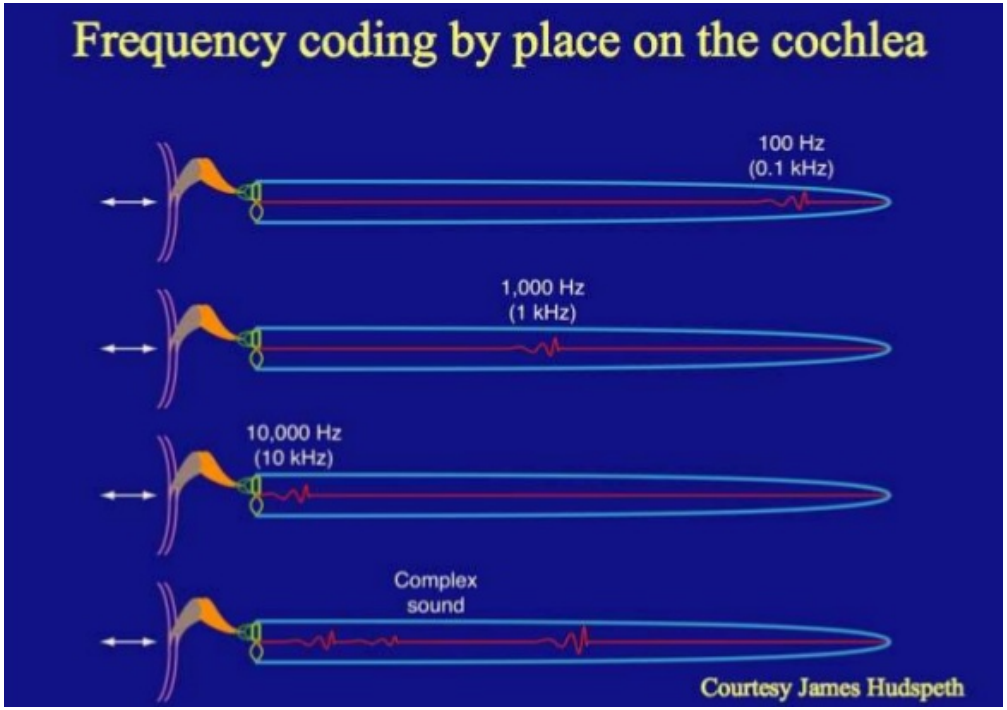


Theories of Hearing

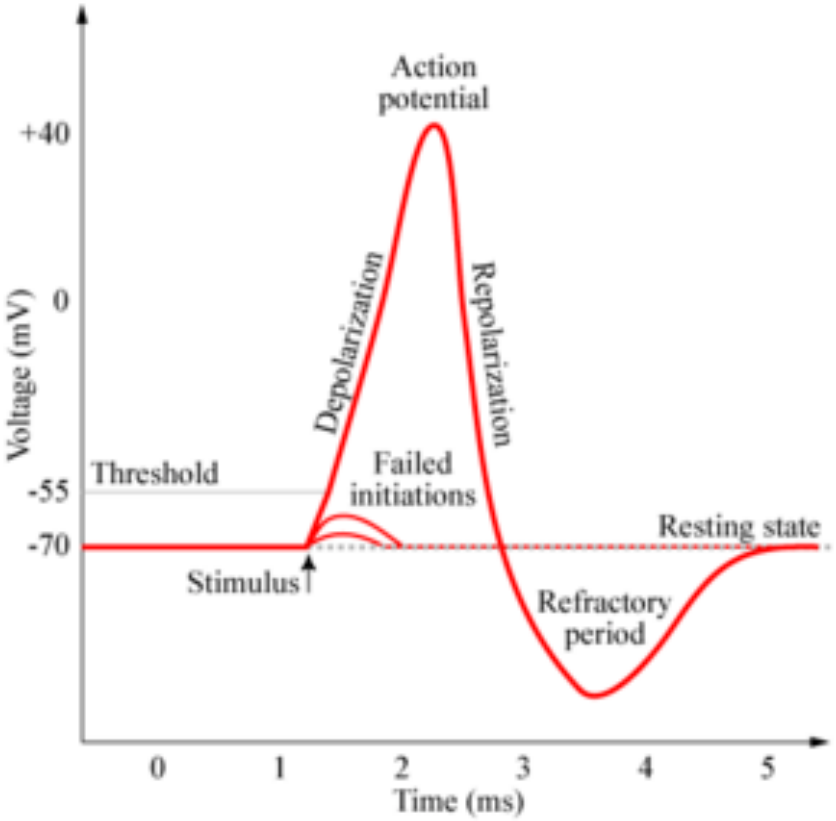
- **Place Theory**
  - encoded at different places on the basilar membrane
- **Temporal Theory**
- **Volley Theory**

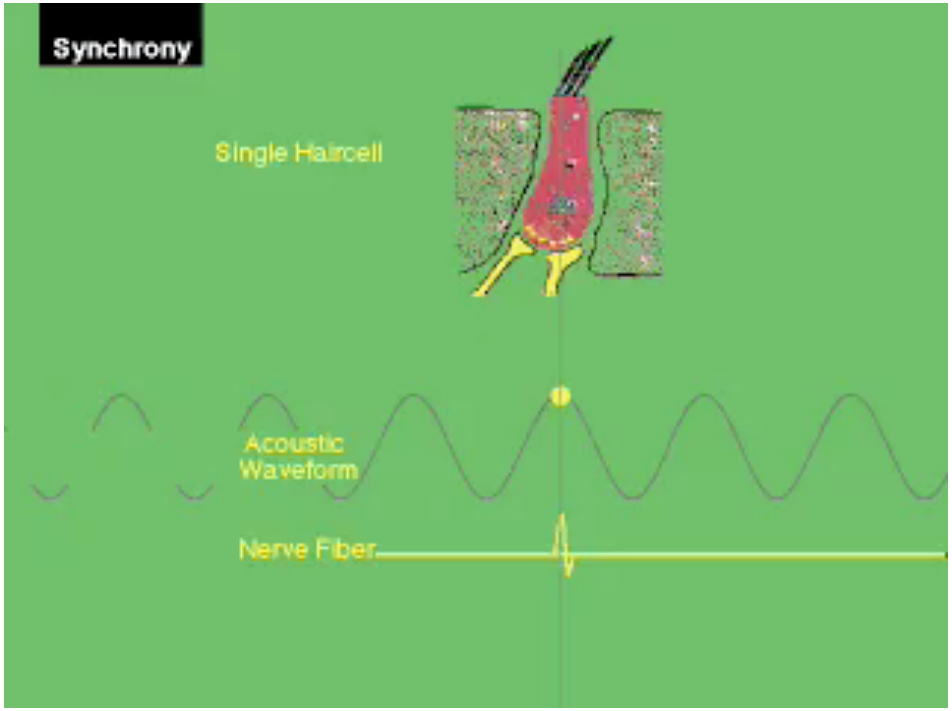
Frequency Coding by place on Cochlea
Place Theory





But: neurons are slow

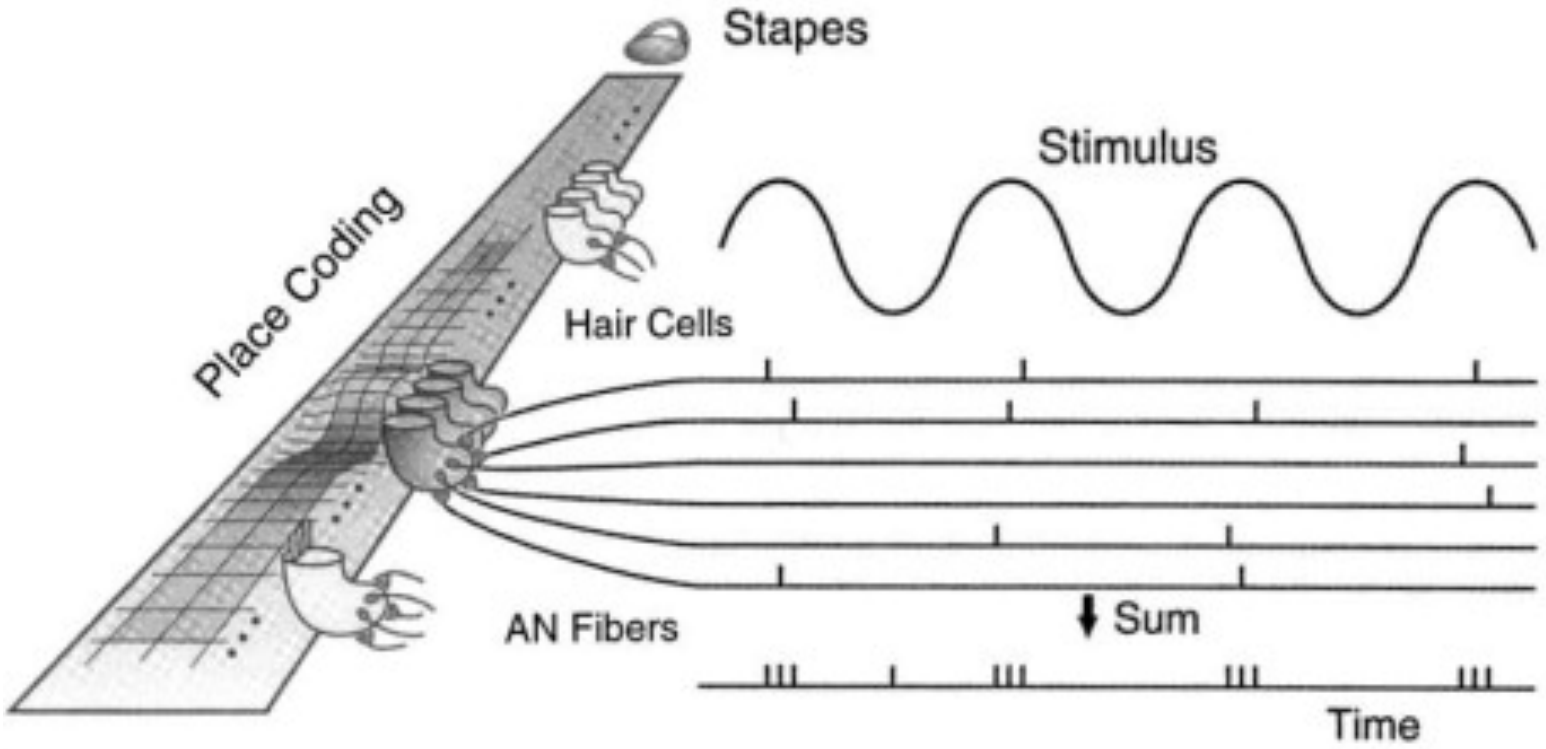




Each neuron can send at most ~1000 impulses/sec

How are frequencies > 1000 Hz encoded?

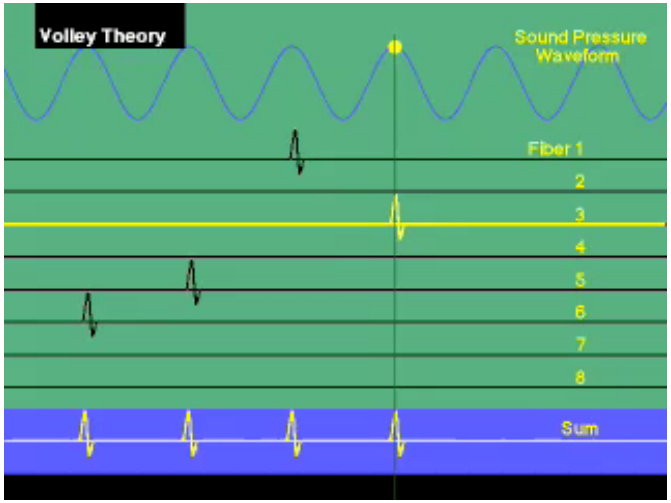
Temporal Coding



Temporal Coding

Volley Theory

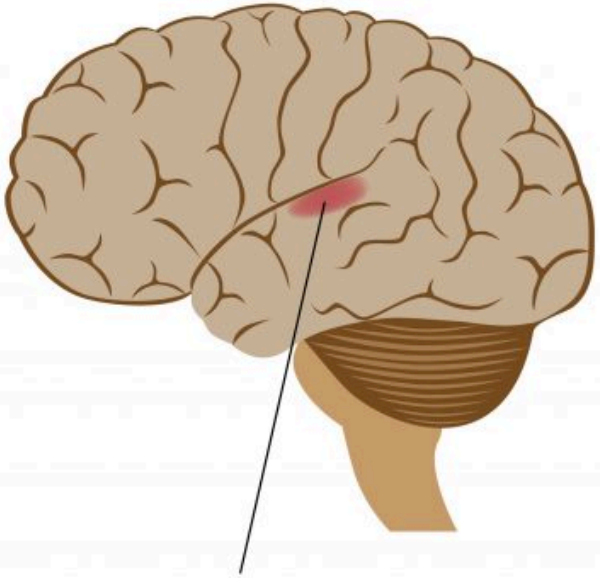
- synchronization of several adjacent neurons encodes periodicity information
- groups of auditory neurons use phase-locking to represent subharmonic frequencies of one harmonic sound

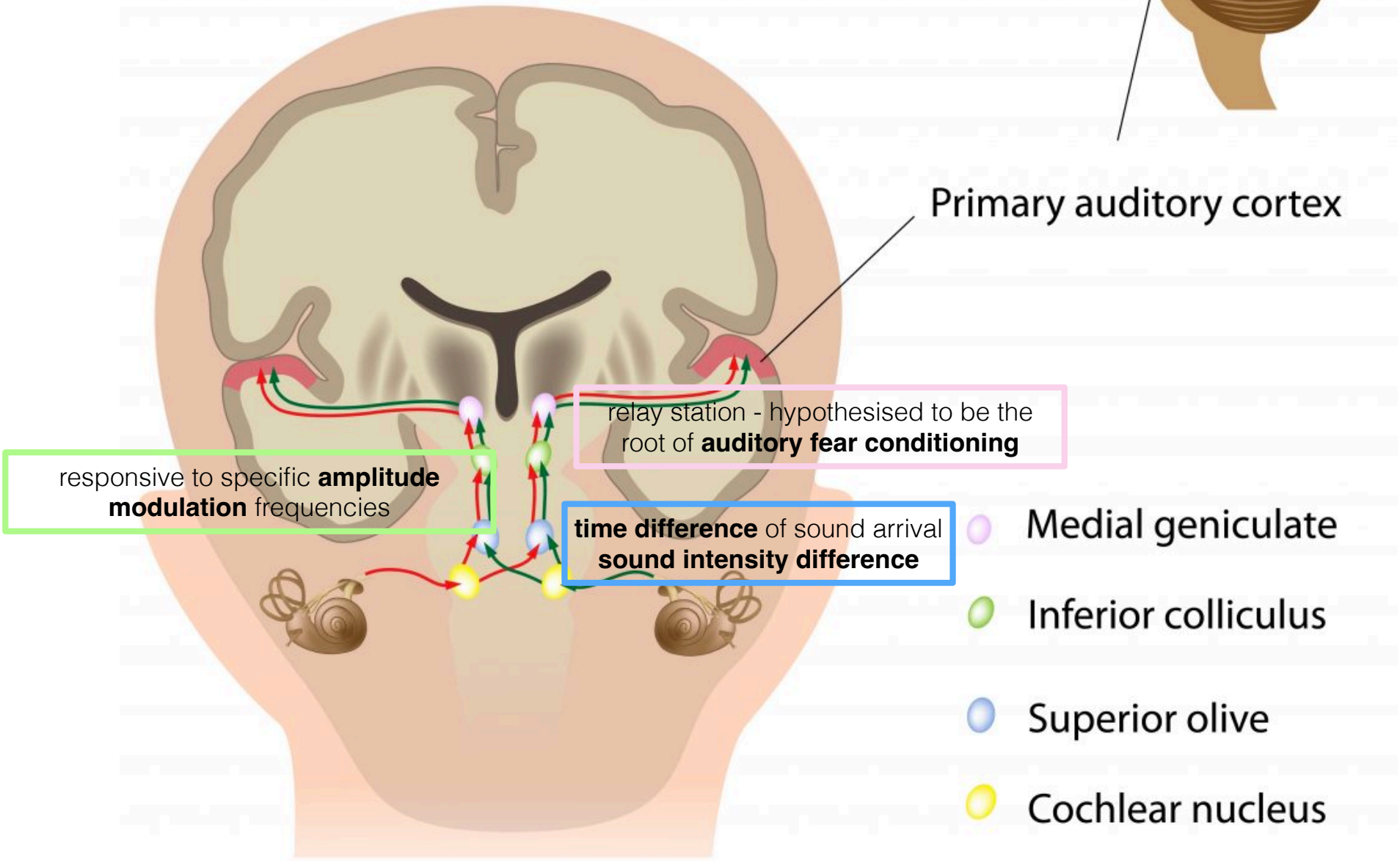


Theories of Hearing

- **Place Theory**
  - encoded at different places on the basilar membrane
- **Temporal Theory**
  - pitch encoded in timing of neural firings along the basilar membrane
  - nerve firings occur at particular phases of the waveform
- **Volley Theory**
  - synchronization of several adjacent neurons encodes periodicity information
  - groups of auditory neurons use phase-locking to represent subharmonic frequencies of one harmonic sound

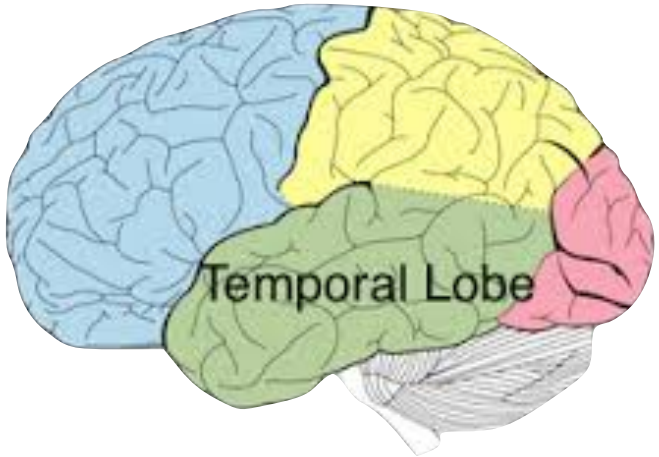
Auditory pathway

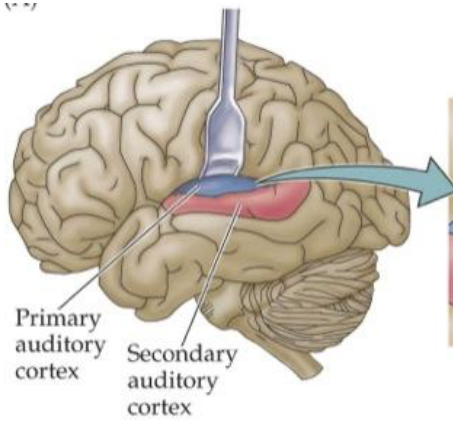




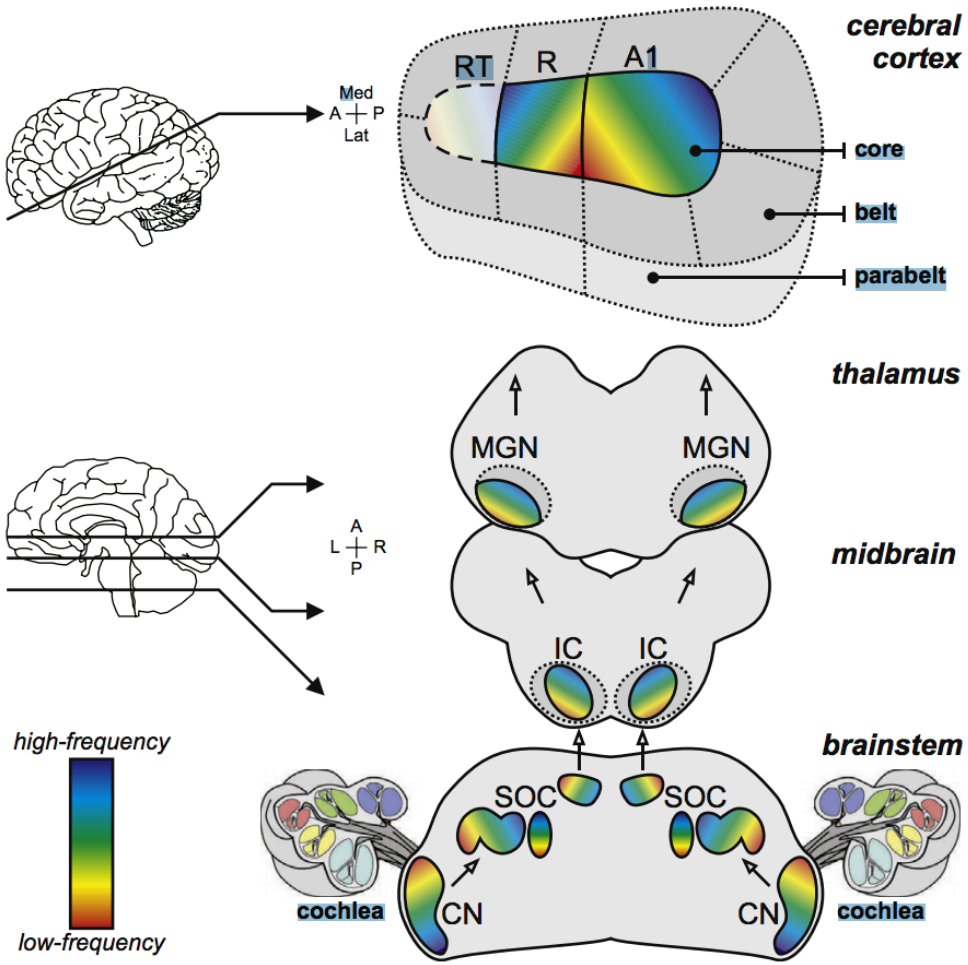
Auditory cortex

- **primary auditory cortex (PAC)**
  - BA 41 (42) - Heschl's gyrus
  - in the temporal lobe - involved with sense of hearing
  - tonotopic organisation
  - projects to numerous secondary cortical areas including multisensory areas (allow us to recognise animals or humans by both sound and sight) and to regions specifically involved in communication



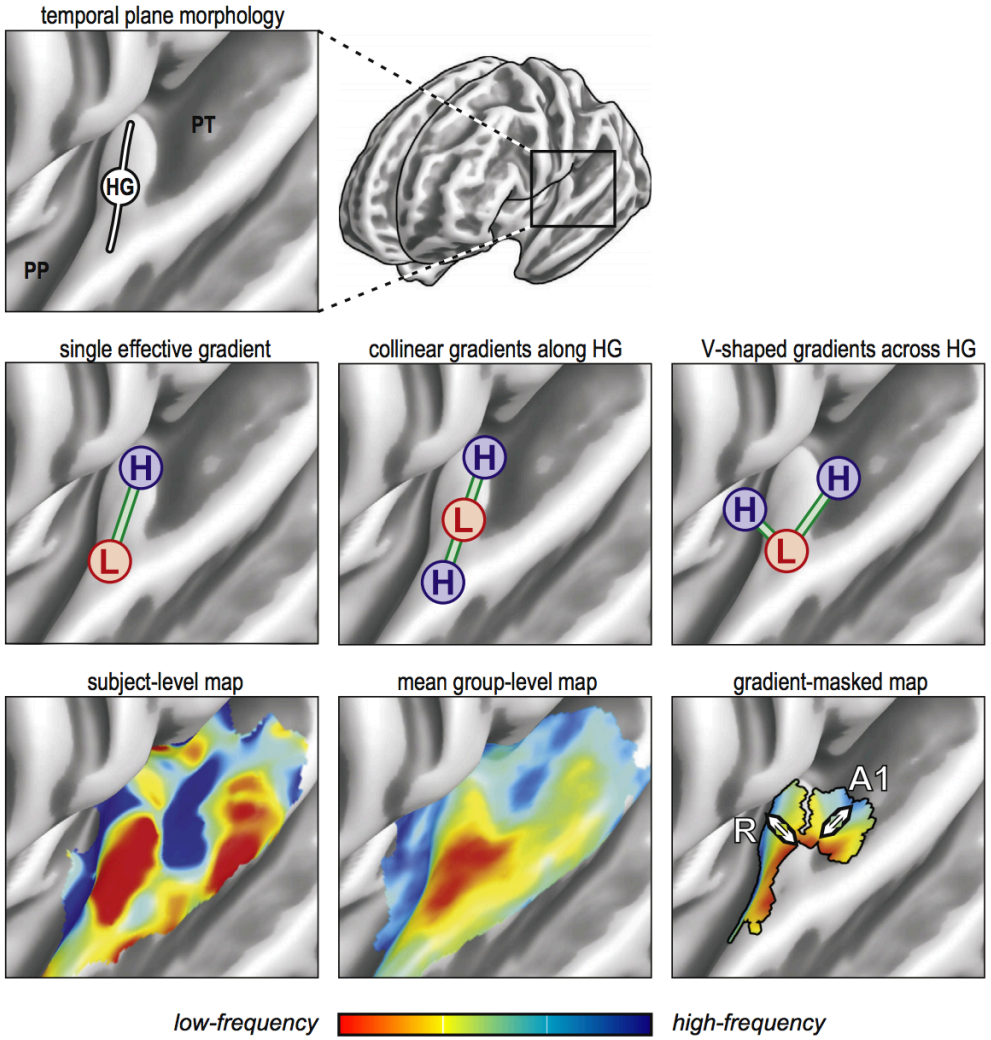


Frequency Encoding



Saenz & Langers (2013) Tonotopic mapping of human auditory cortex. Hearing Research.

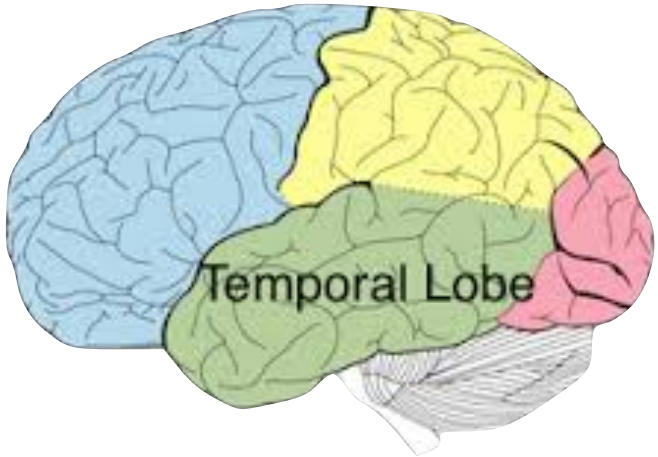
Evolution of Frequency Encoding Evidence in PAC

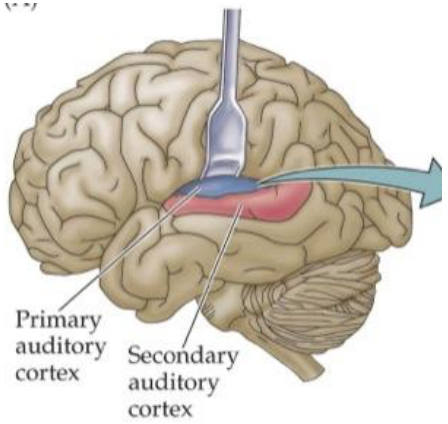


Saenz & Langers (2013) Tonotopic mapping of human auditory cortex. Hearing Research.

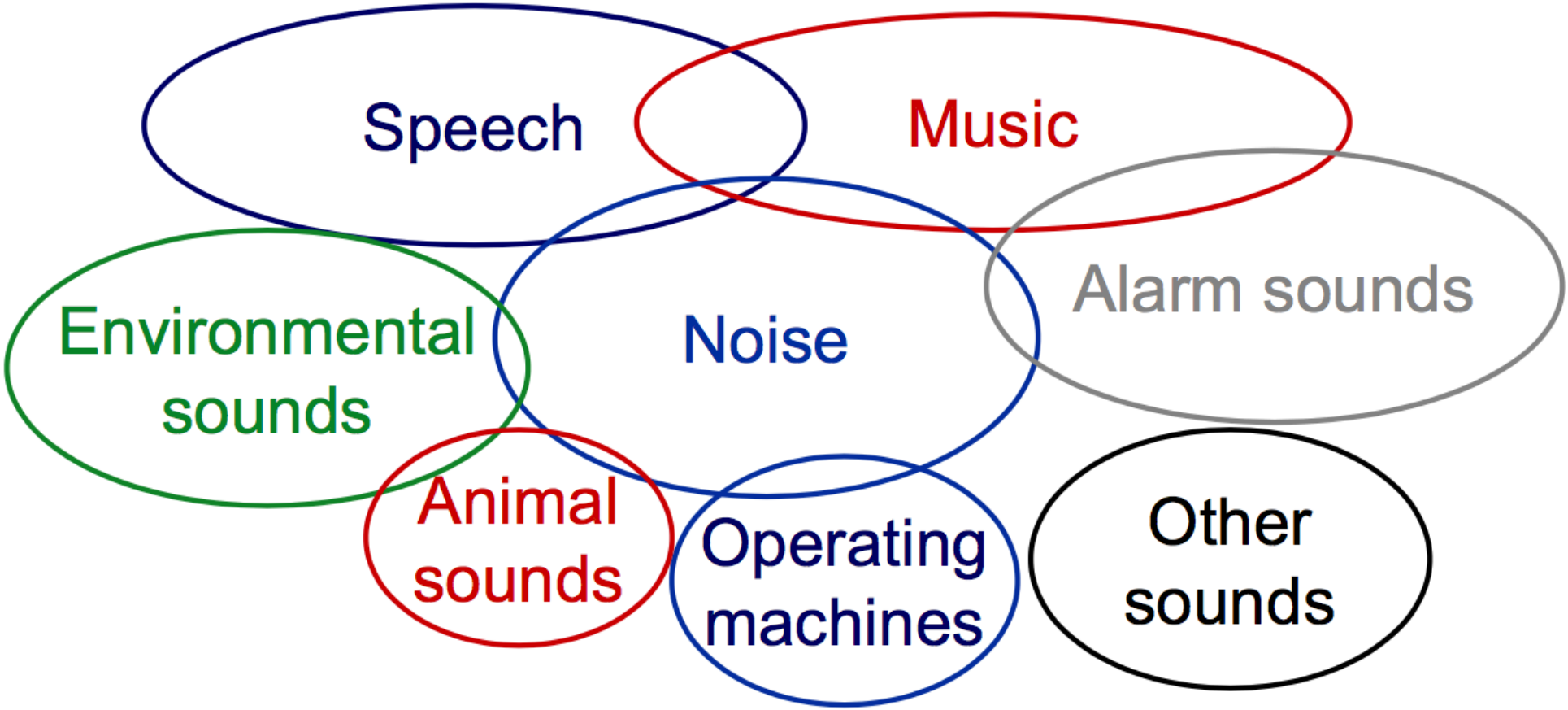
Auditory cortex

- **secondary auditory cortex**
  - BA 22 - Superior temporal gyrus
  - home to Wernicke's area (association)
  - left possesses greater temporal resolution
  - right associated with greater spatial resolution



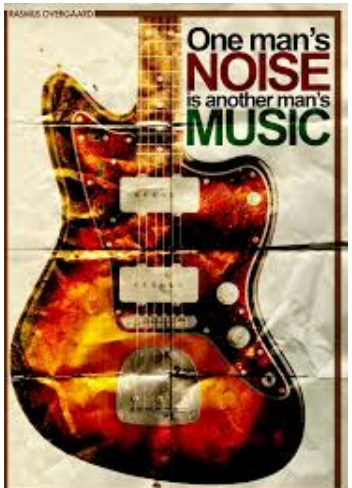


Types of sounds



Noise

- disturbing sound
- typically an environmental problem
- can cause unwanted physiological and psychological effects
- sometimes it is a matter of taste
  - E.g. an outdoor concert,



Noise Sensitivity

- Weinstein Noise Sensitivity Scale (1978)

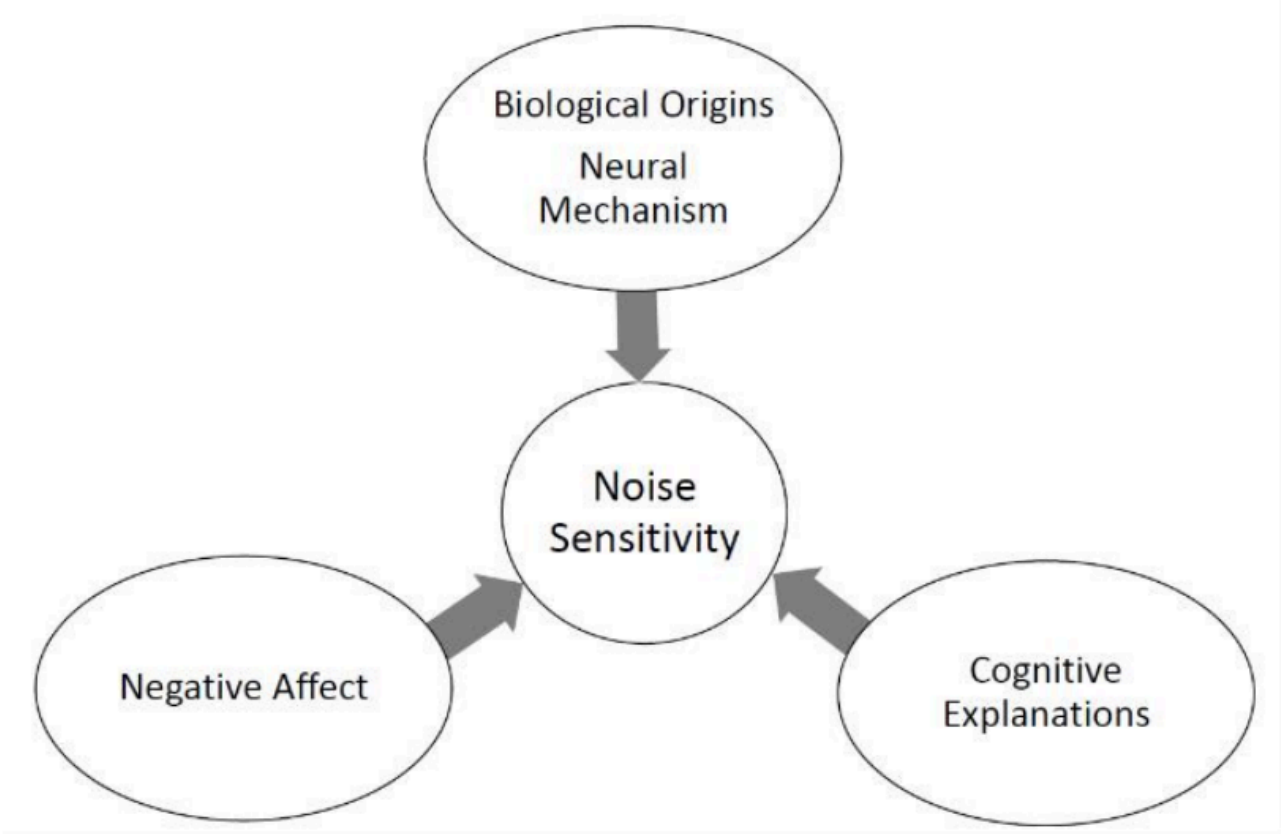
Table 2. Weinstein Noise Sensitivity Scale.

Instructions – Circle the number corresponding to how well you agree or disagree. Don't be disturbed by the reversals of order from one line to another. At the end, add up the numbers for your score.

1.	I wouldn't mind living on a noisy street if the apartment I had was nice.	AGREE 1 2 3 4 5 6 DISAGREE
2.	I am more aware of noise than I used to be.	AGREE 6 5 4 3 2 1 DISAGREE
3.	No one should mind much if someone turns up his stereo full blast once in a while.	AGREE 1 2 3 4 5 6 DISAGREE.
4.	At movies, whispering and crinkling candy wrappers disturb me.	AGREE 6 5 4 3 2 1 DISAGREE
5.	I am easily awakened by noise.	AGREE 6 5 4 3 2 1 DISAGREE
6.	If it's noisy where I'm studying, I try to close the door or window or move someplace else.	AGREE 6 5 4 3 2 1 DISAGREE
7.	I get annoyed when my neighbors are noisy.	AGREE 6 5 4 3 2 1 DISAGREE
8.	I get used to most noises without much difficulty.	AGREE 1 2 3 4 5 6 DISAGREE
9.	How much would it matter to you if an apartment you were interested in renting was located across from a fire station.	A LOT 6 5 4 3 2 1 NOT MUCH
10.	Sometimes noises get on my nerves and get me irritated.	AGREE 6 5 4 3 2 1 DISAGREE
11.	Even music I normally like will bother me if I'm trying to concentrate.	AGREE 6 5 4 3 2 1 DISAGREE
12.	It wouldn't bother me to hear the sounds of everyday living from my neighbors (footsteps, running water, etc).	AGREE 1 2 3 4 5 6 DISAGREE
13.	When I want to be alone, it disturbs me to hear outside noises.	AGREE 6 5 4 3 2 1 DISAGREE
14.	I'm good at concentrating no matter what is going on around me.	AGREE 1 2 3 4 5 6 DISAGREE
15.	In a library, I don't mind if people carry on a conversation if they do it quietly.	AGREE 1 2 3 4 5 6 DISAGREE
16.	There are often times when I want complete silence.	AGREE 6 5 4 3 2 1 DISAGREE
17.	Motorcycles ought to be required to have bigger mufflers.	AGREE 6 5 4 3 2 1 DISAGREE
18.	I find it hard to relax in a place that's noisy.	AGREE 6 5 4 3 2 1 DISAGREE
19.	I get mad at people who make noise that keeps me from falling asleep or getting work done.	AGREE 6 5 4 3 2 1 DISAGREE
20.	I wouldn't mind living in an apartment with thin walls.	AGREE 1 2 3 4 5 6 DISAGREE
21.	I am sensitive to noise.	AGREE 6 5 4 3 2 1 DISAGREE

TOTAL SCORE _____

Noise Sensitivity



Heinonen-Guzejev et al. (2018) Studying the origins of noise sensitivity–negative affect or biological factors

Noise Sensitivity

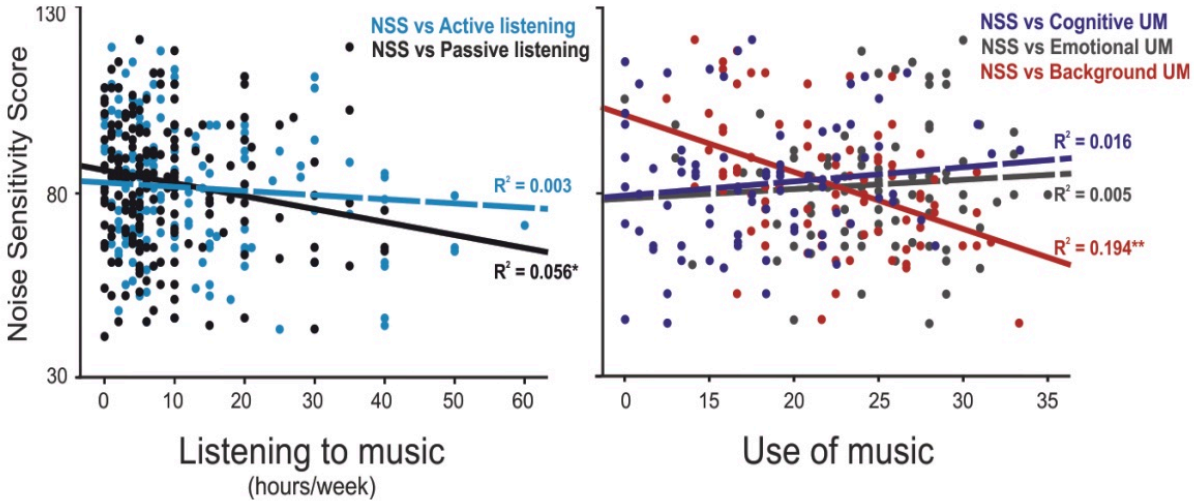
- **Negative Affect:** NS a dispositional tendency to negatively evaluate situations and the self
  - people with NS might also have heightened sensitivity to other stimuli (e.g., smells, bright lights)
  - however, Shepherd et al. (2015) failed to support this notion
  - instead - “noise vulnerability hypothesis”, suggests that noise impacts sensitive individuals the most, rather than negative affect being the cause
- **Biological origins:**
  - NS has a potential heritability factor (36%)
  - NS only to noise and not to other sound features such as pitch, location or intensity
  - MRI studies (Kliuchko et al., 2017) found NS correlates with larger auditory cortex, hippocampus, and insula (regions are involved in sound perception, emotional processing, and sensory awareness)
  - appears to be a more acceptable theory for NS

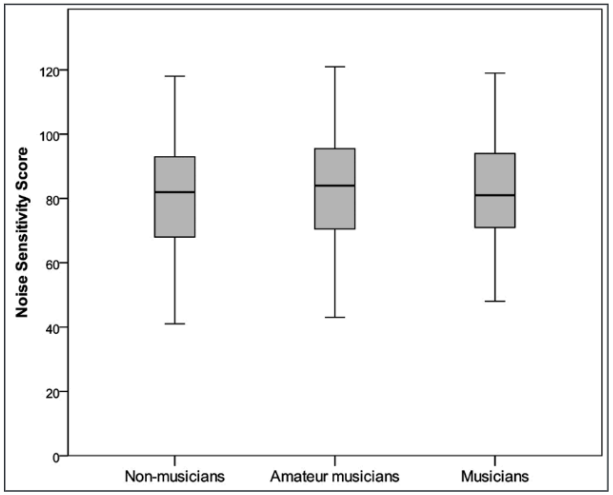
Noise Sensitivity

- **Cognitive Explanations:**
  - NS exerts a negative effect on cognitive functions, such as attention, working memory and episodic recall
  - noise-induced memory and attentional deficits lead to annoyance or distress
  - NS individuals may have less cognitive control over filtering out irrelevant noise, leading to higher distraction and frustration
  - Not all NS individuals react negatively due to emotional traits—many experience real cognitive disruptions

Noise

- NS moderates how and why individuals listen to music





while NS individuals seem to be able to enjoy the sound of music, use it for mood regulation, and they attentively (actively) listen to music like non-sensitive individuals, they prefer not having it in the background.

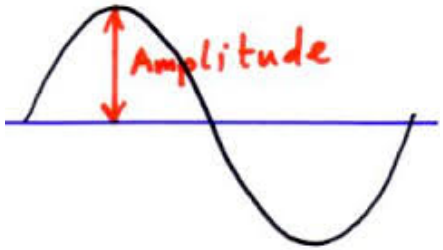
Noise

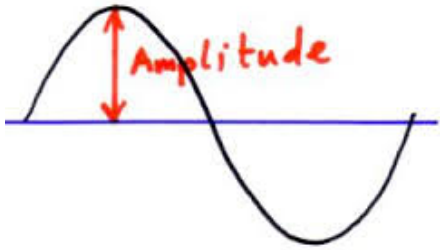
- higher NS
  - rated music as less important in their life than did individuals with lower sensitivity to noise
  - not associated with musical training
  - spend less time in passive (background) listening to music than those with lower sensitivity to noise

Thesis: https://helda.helsinki.fi/bitstream/handle/10138/217878/NOISESEN.pdf?sequence=1

Physical

Perceptual



Physical	Perceptual
	
	
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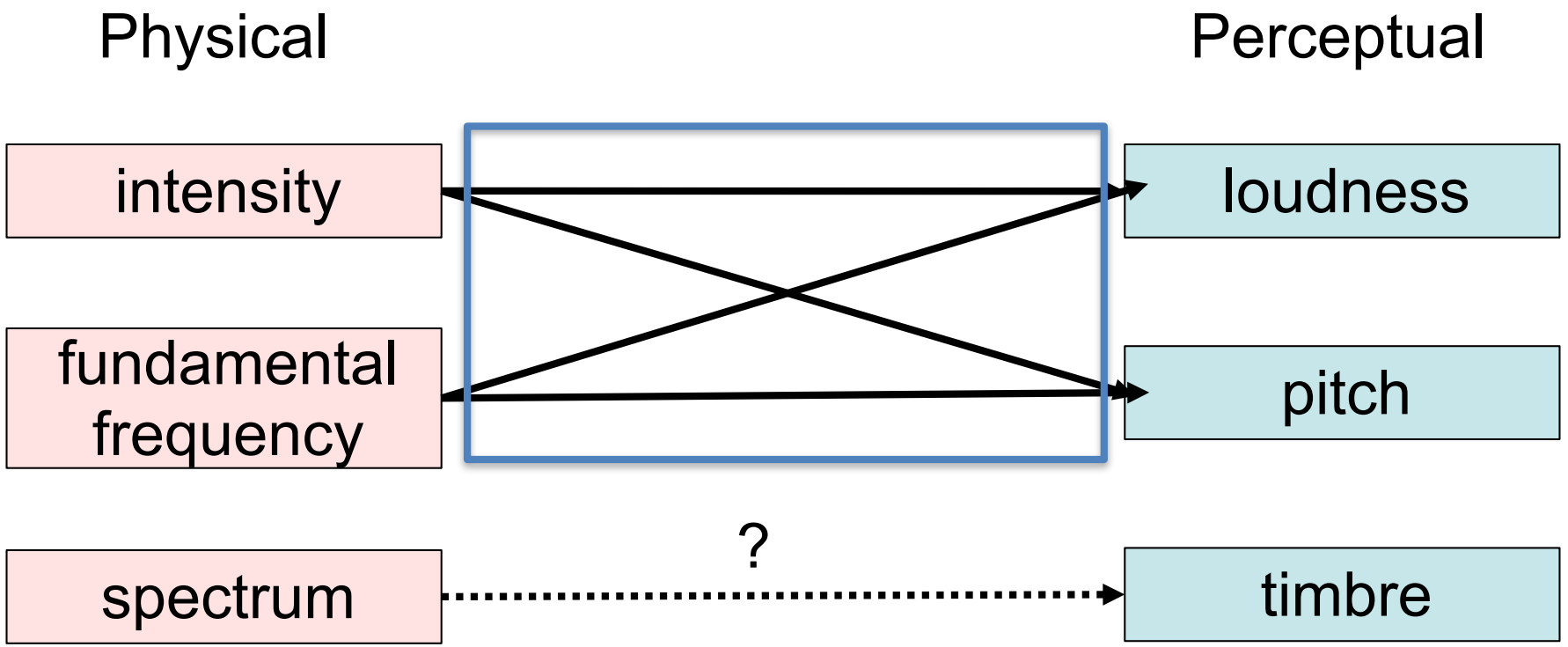
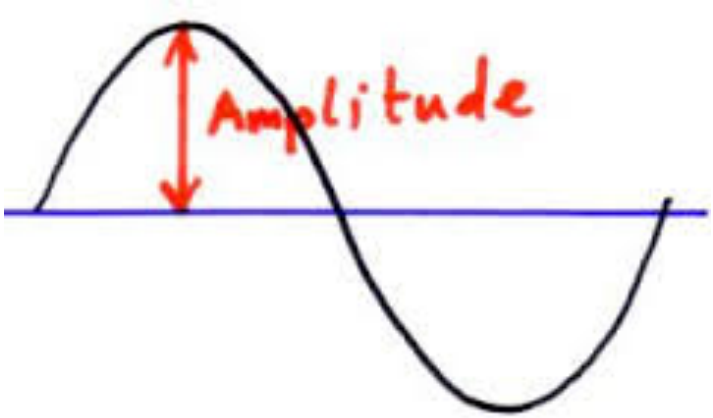
Fundamental Question of Psychoacoustics



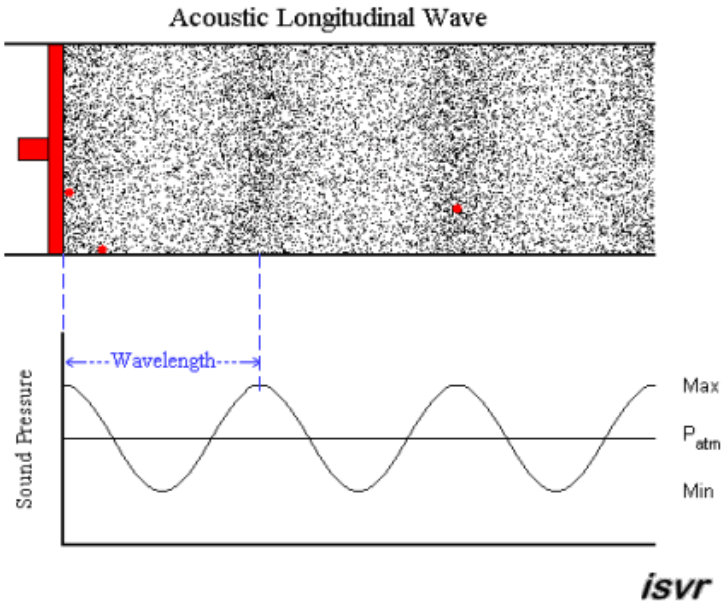


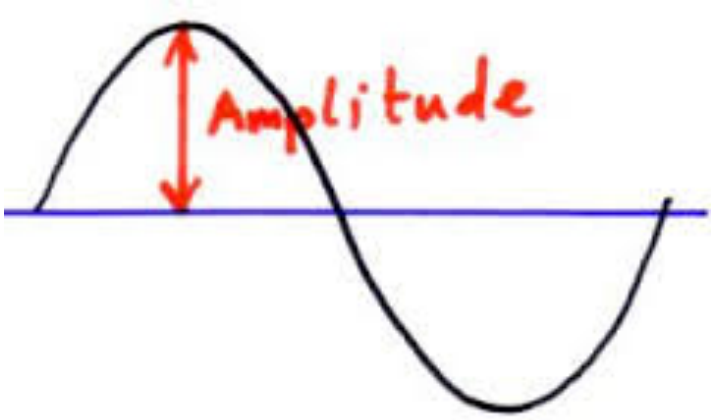
amplitude - the objective measurement of the degree of change in atmospheric pressure

- directly related to the acoustic energy or intensity of a sound

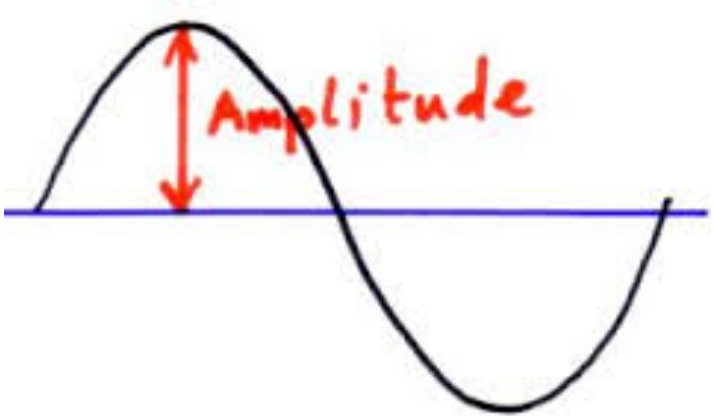
loudness - psycho-physiological correlate of amplitude

- physical measure of sound strength typically sound pressure, sound pressure level (in decibels), sound intensity or sound power



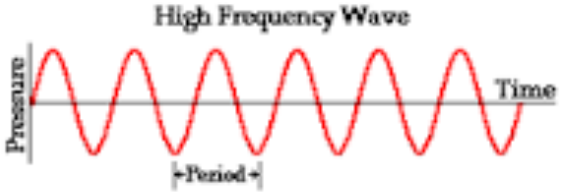


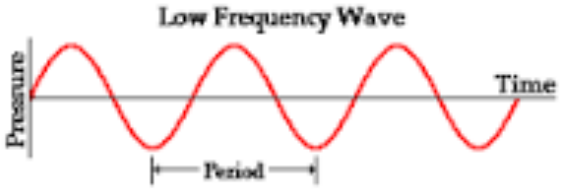
- ear can respond to various levels of sound intensities
  - Ratio of the smallest and largest air pressure = 10,00,000 : 1 = 10^6 : 1
- **decibel** - unit used to measure the intensity of a sound (logarithmic) (130 dB and 0dB)



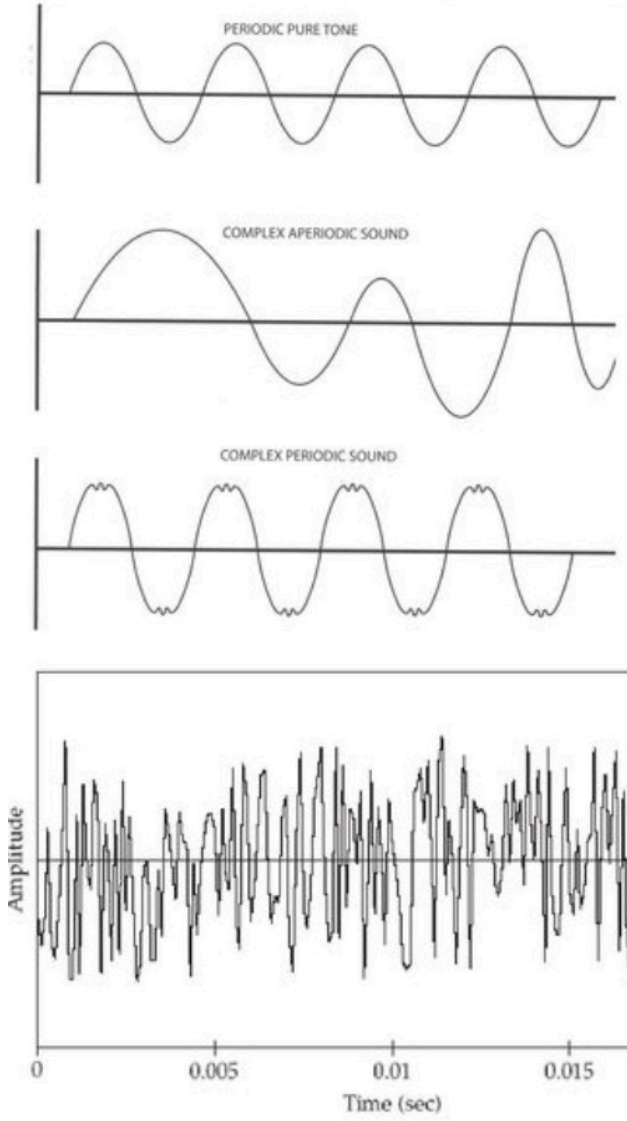
Sound sources (noise) Examples with distance	Sound pressure Level L_p dB SPL
Jet aircraft, 50 m away	**140**
Threshold of pain	**130**
Threshold of discomfort	**120**
Chainsaw, 1 m distance	**110**
Disco, 1 m from speaker	**100**
Diesel truck, 10 m away	**90**
Kerbside of busy road, 5 m	**80**
Vacuum cleaner, distance 1 m	**70**
Conversational speech, 1 m	**60**
Average home	**50**
Quiet library	**40**
Quiet bedroom at night	**30**
Background in TV studio	**20**
Rustling leaves in the distance	**10**
Hearing threshold	**0**

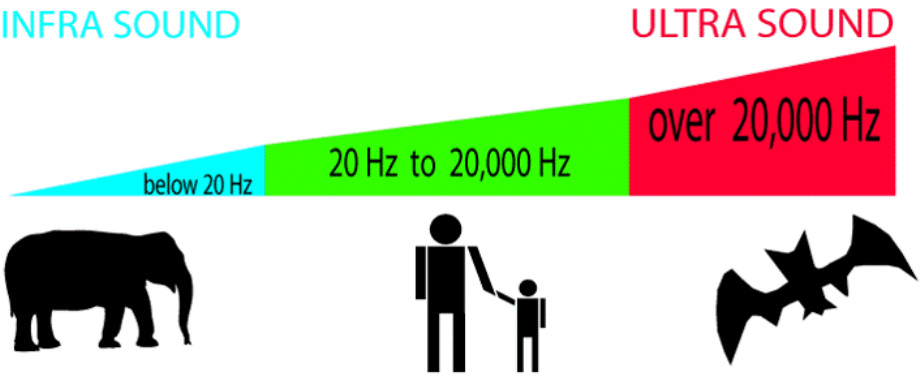
- **frequency** - number of sound wave cycles per second
  - measured in hertz (Hz)
  - wide audible frequency range: 20 — 20 000 Hz
  - varies according to age and exposure to noise
- **pitch** - psycho-physiological correlate of frequency

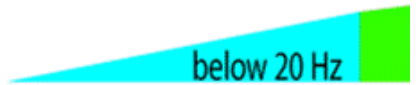





Frequency


PERIODIC PURE TONE
COMPLEX APERIODIC SOUND
COMPLEX PERIODIC SOUND
Amplitude
0
0.005
0.01
0.015
0.02
Time (sec)


INFRA SOUND
ULTRA SOUND
below 20 Hz
20 Hz to 20,000 Hz
over 20,000 Hz

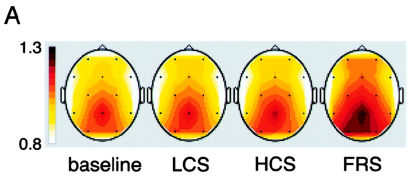


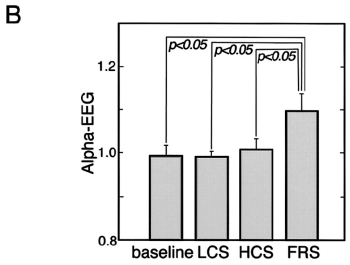
- can cause various unwanted physiological and psychological reactions as well as hearing damage at very high levels
- caused for example by machines or structural vibrations

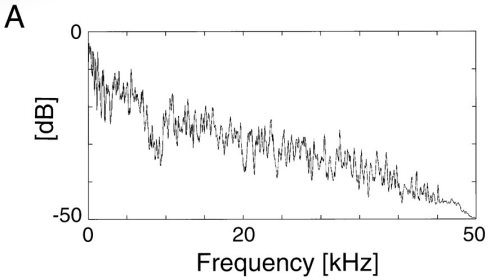
Frequency

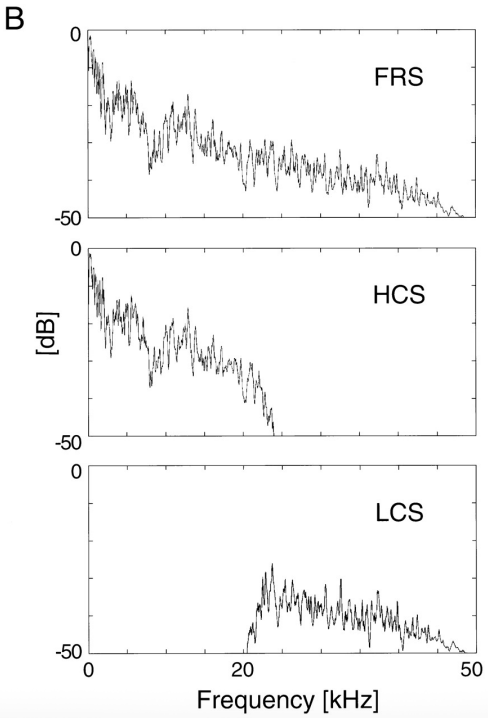
Inaudible High-Frequency Sounds Affect Brain Activity: Hypersonic Effect
Oohashi et al. (2000). Journal of Neurophysiology, 83 (6) 3548-3558;

ULTRA SOUND
over 20,000 Hz

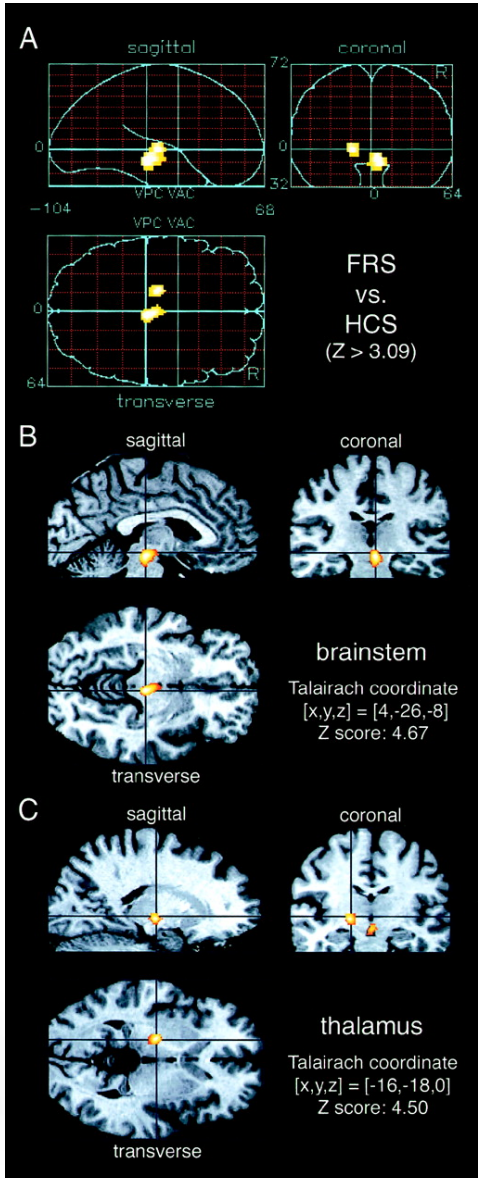








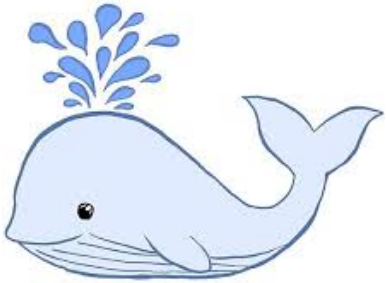
sound containing HFC to be more pleasant than the same sound lacking an HFC

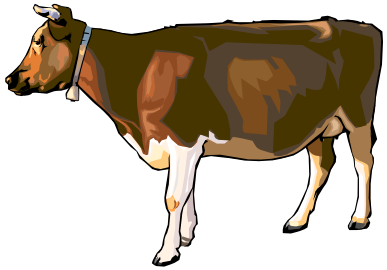


- Pitch is that auditory attribute of sound according to which sounds can be ordered on a scale from low to high

- The property of a sound and especially a musical tone that is determined by the frequency of the waves producing it: highness or lowness of sound

pitch

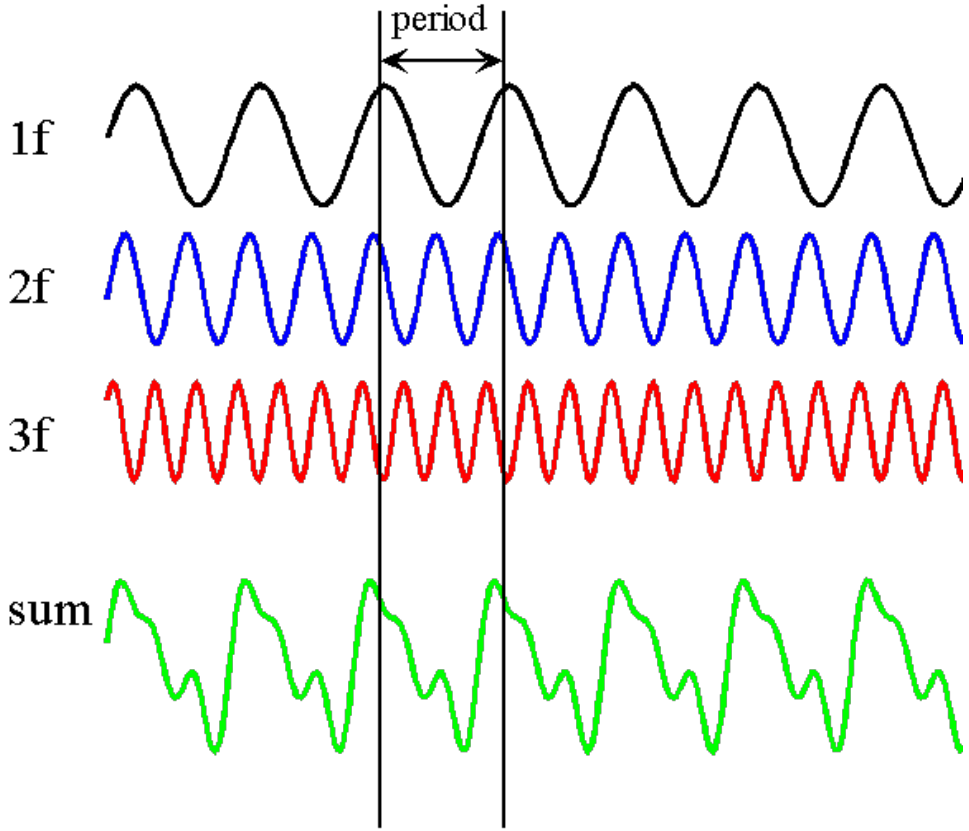




low

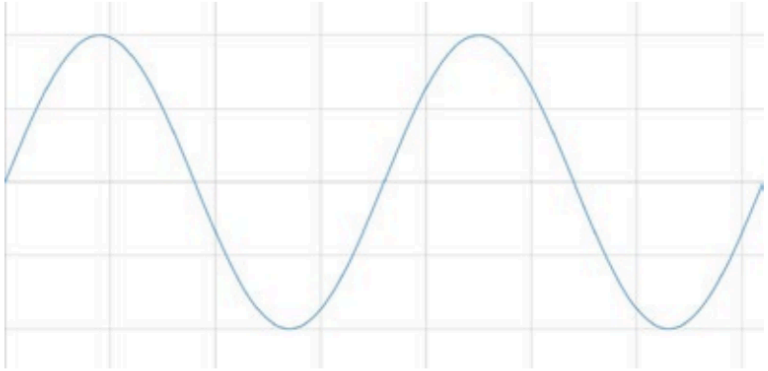
high

Klofstad, C.A., Anderson, R.C., Peters, S., 2012.**Sounds like a winner**: voice pitch influences perception of leadership capacity in both men and women. Proc. R. Soc. B: Biol.Sci. 279, 2698–2704.



MATLAB: ADDITIVE SYNTHESIS

How does a sine wave sound?

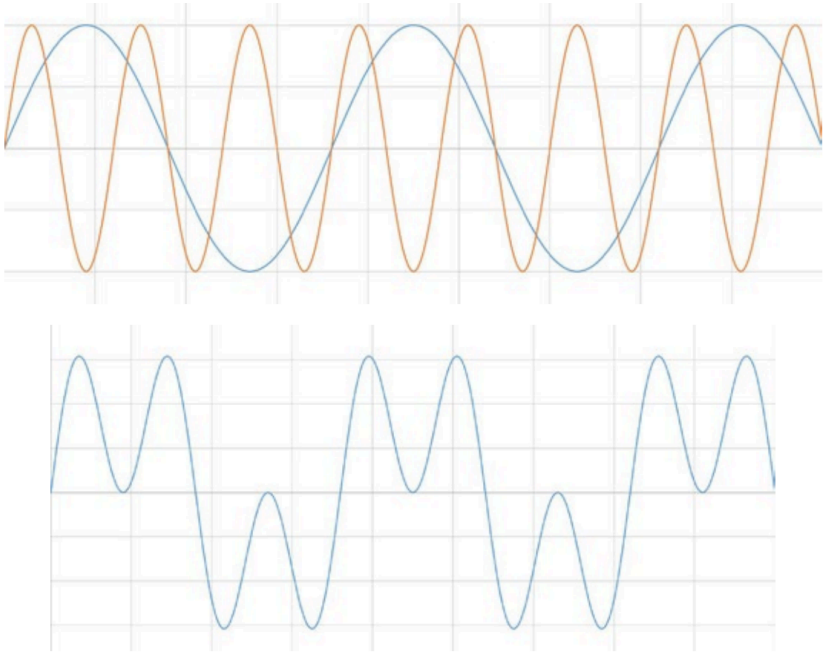


150 Hz

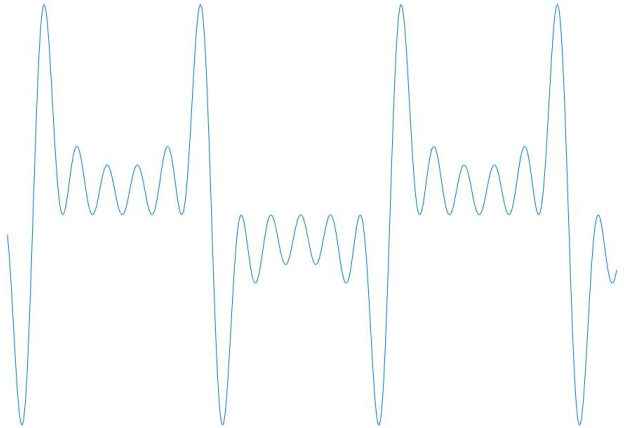
150 Hz

Sine wave + **Odd** Harmonics

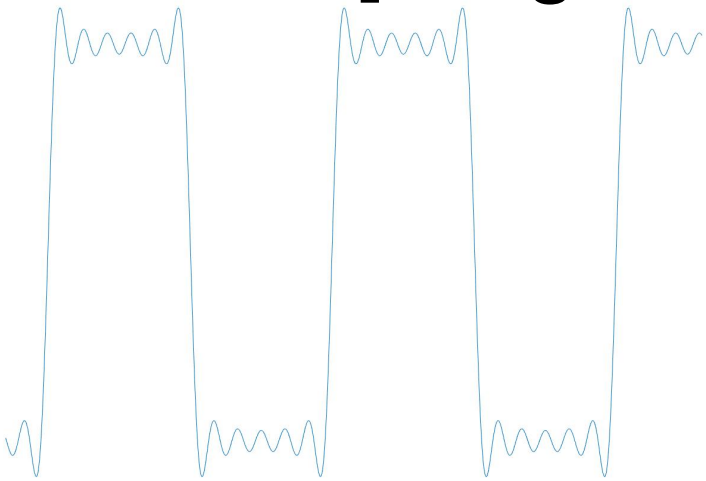
150 Hz + 450 Hz



[1 3 5 7 9 11]

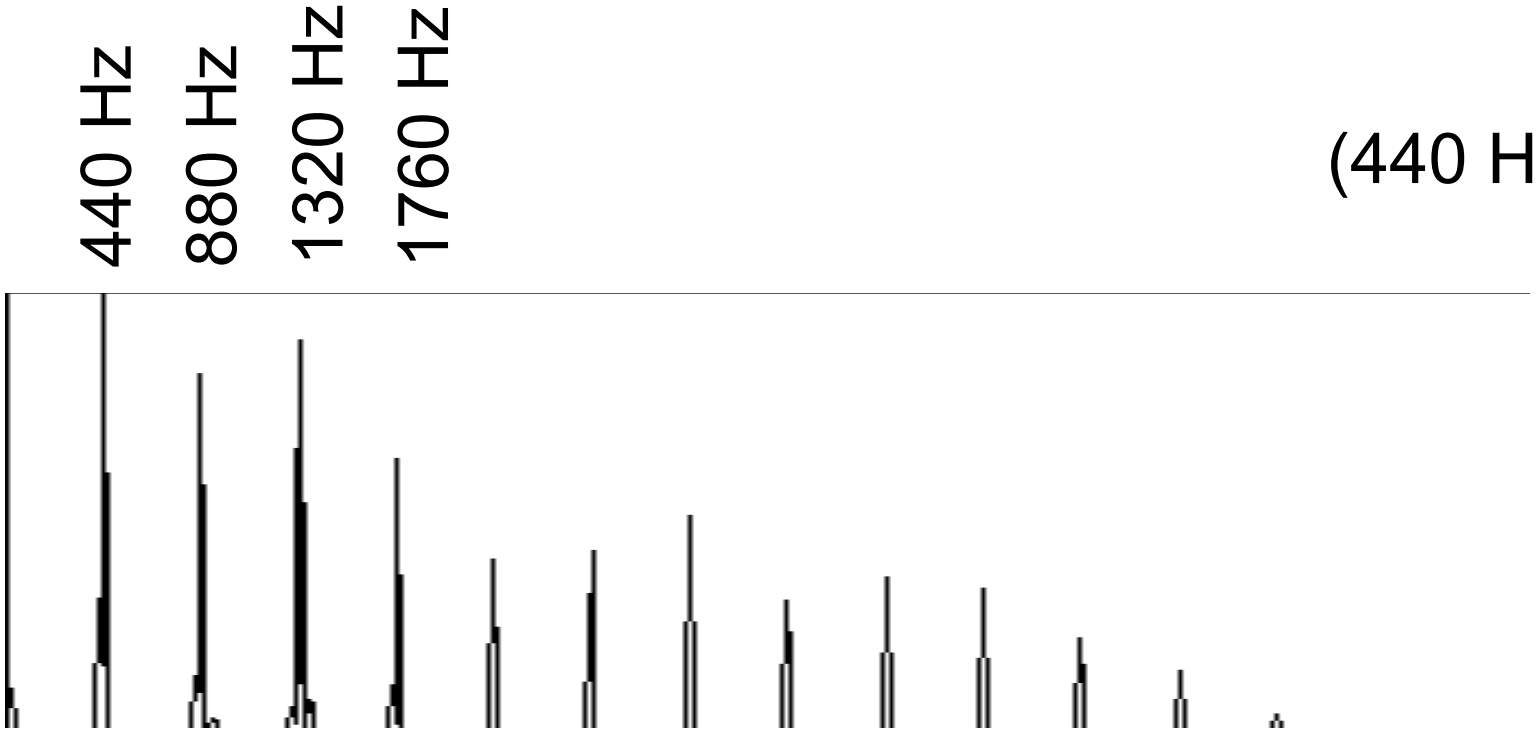


[1 3 5 7 9 11]-weighted



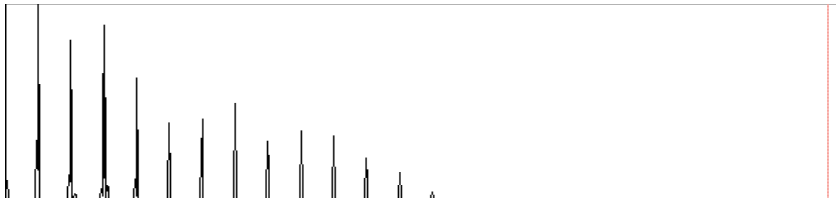
Pitch of periodic tones

≈ pitch of the sine tone with frequency equal to the frequency of the first partial

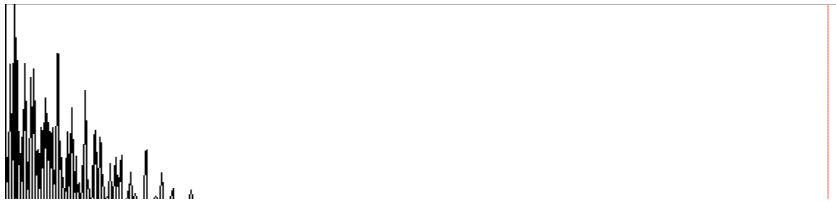


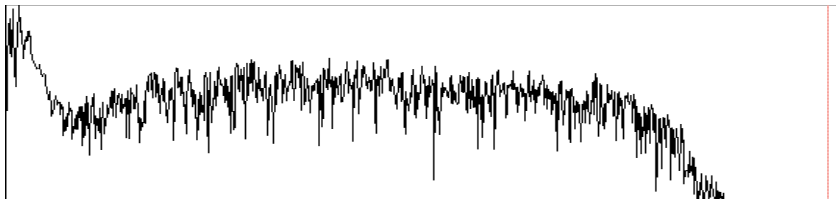
(440 Hz sine tone)

Which one sounds higher?



periodic tones
(harmonic spectrum)





aperiodic tones
(non-harmonic spectrum)

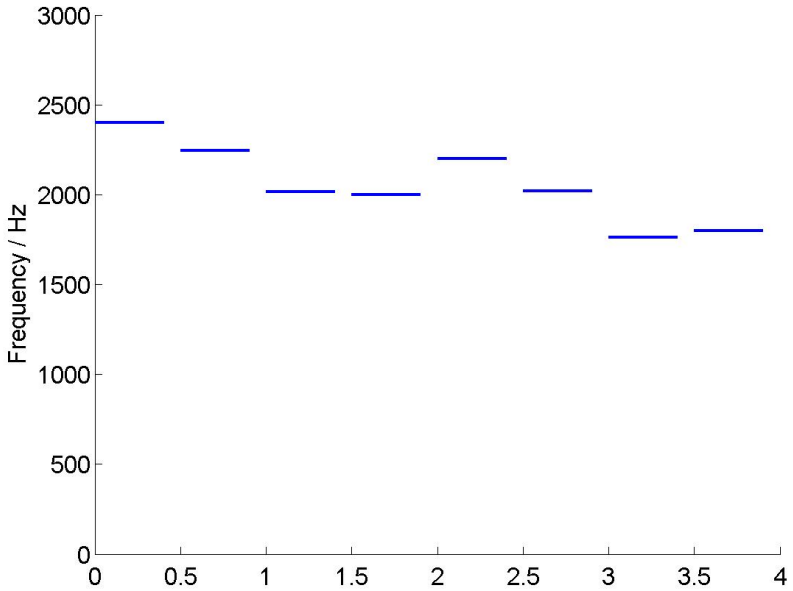
Pitch of aperiodic tones

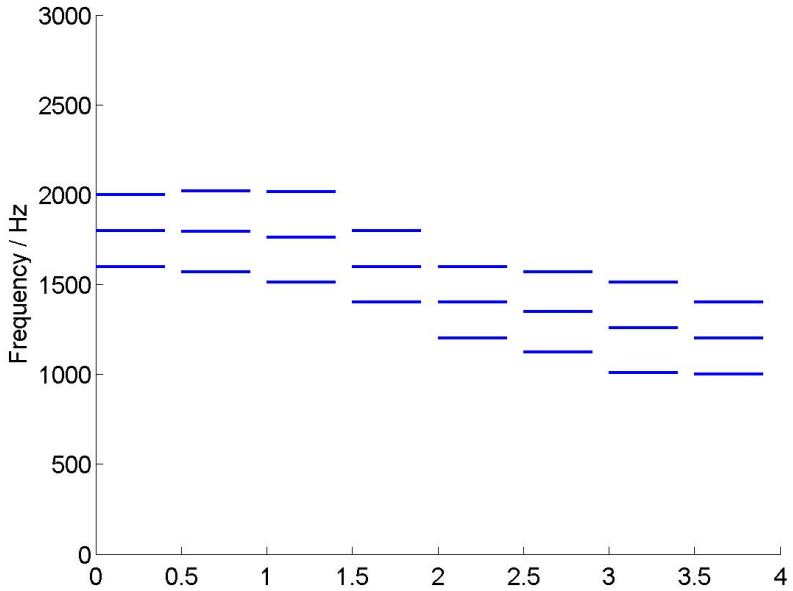
- difficult to define generally
- pitch salience
  - depends on the degree of harmonicity of the tone (degree of coincidence of subharmonics of partials) (Terhardt, E., Stoll, G., Seewann, M.1982)

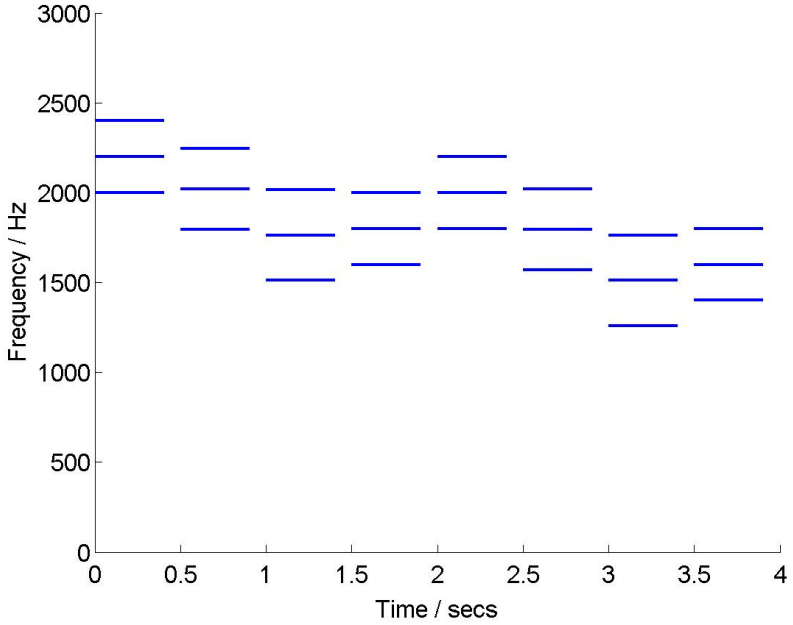
What would be the fundamental pitch?

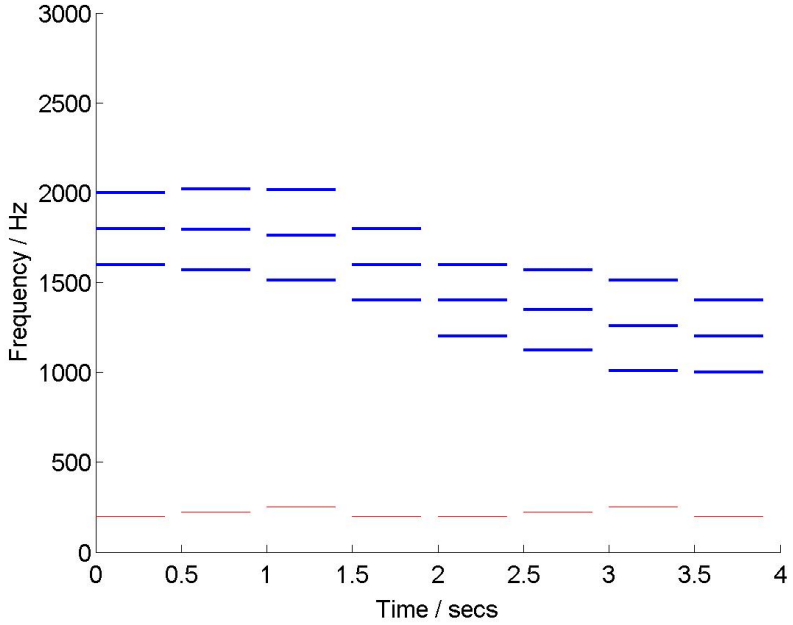
MATLAB DEMO

Do you hear a familiar melody?





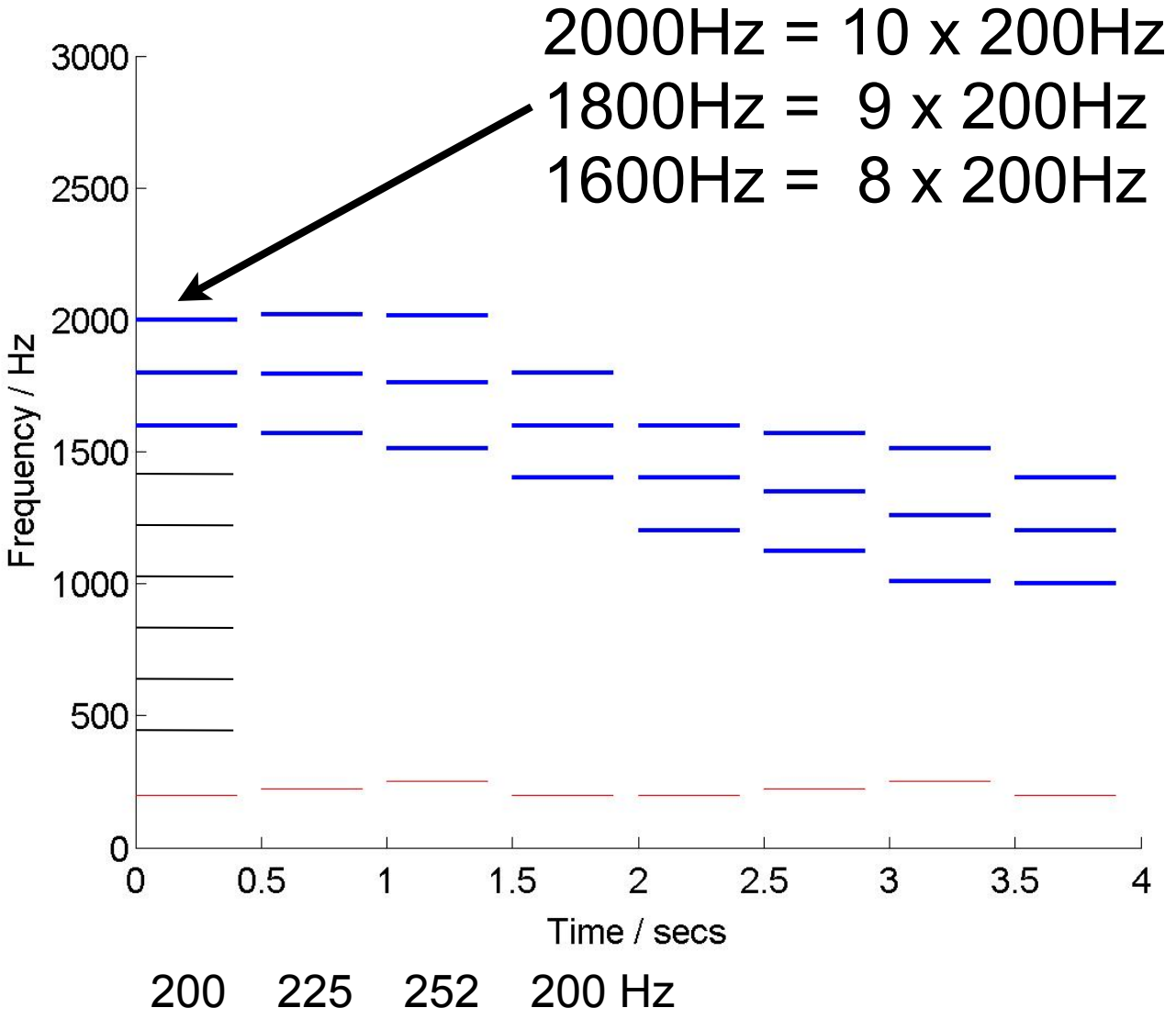




Two kinds of pitch

spectral pitch

virtual pitch



200 225 252 200 Hz

Spectral vs. virtual pitch

- spectral pitch
  - corresponds to frequencies present in the tone
- virtual pitch
  - corresponds to frequencies not necessarily present in the tone

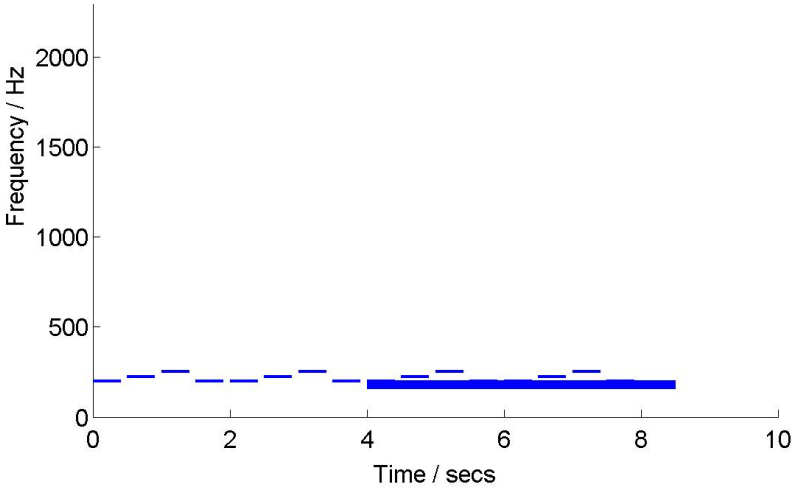
Virtual pitch in everyday life

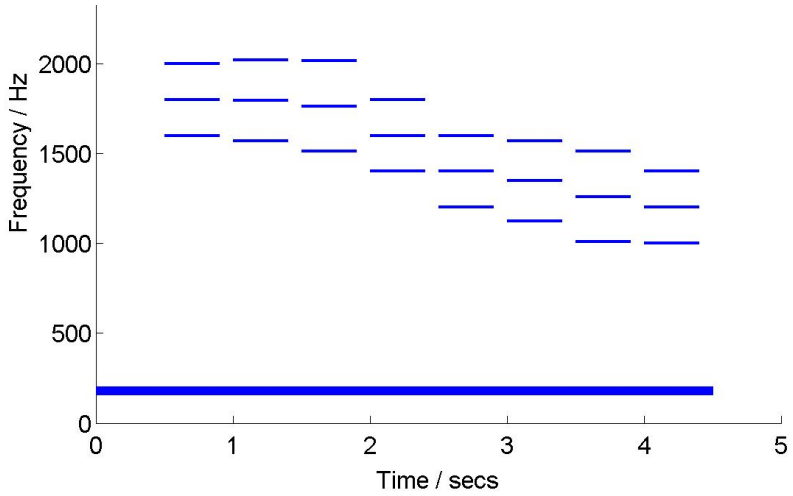
- mobile phone
  - bandwidth 500-3000 Hz
  - male voice 100-200 Hz
- small multimedia speakers
  - music 50- Hz

Explanation of virtual pitch

- Rate theory of pitch perception (volley theory)
  - pitch is encoded in the periodicity pattern of neural firings

Evidence for rate/temporal coding





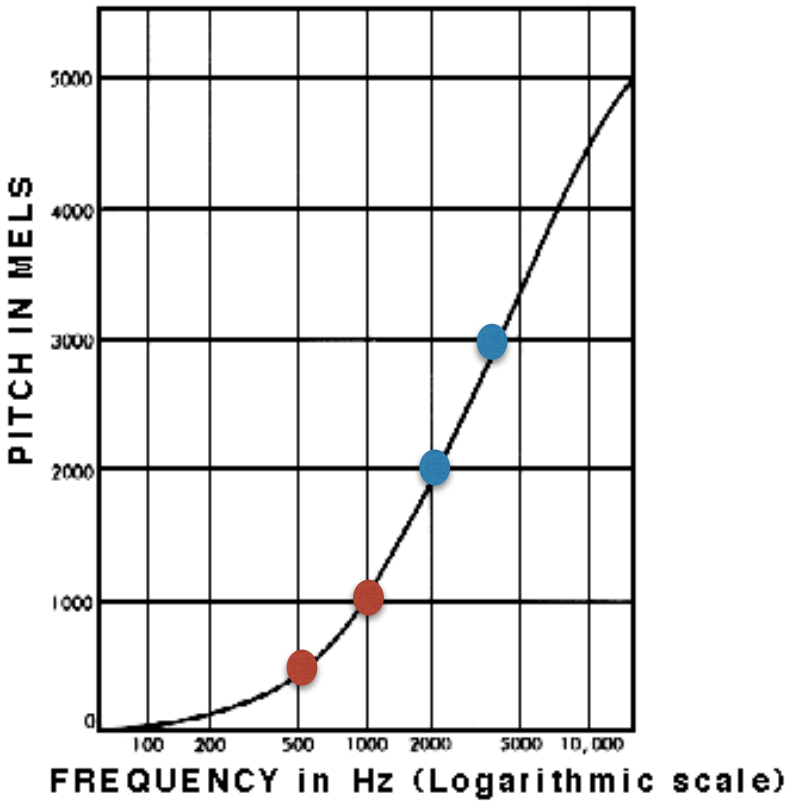
- virtual pitch is not masked
- thus: it is perceived in cochlea at a location different from that of corresponding spectral pitch

What is twice as high?

MATLAB DEMO

What is twice as high?

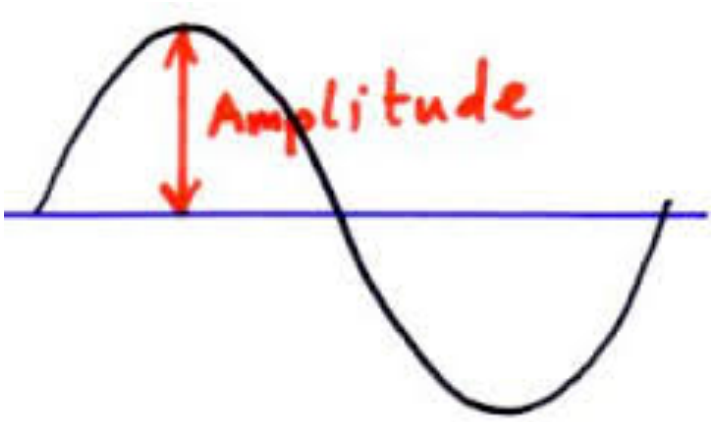
- **mel scale** is a scale of pitches judged by listeners to be equal in distance one from another
  - 1000 Hz, 40 dB sine tone = 1000 mels
- at high frequencies, larger and larger intervals are needed to produce equal pitch increments



$$m = 2595 \log_{10}\left(\frac{f}{700} + 1\right) = 1127 \log_{e}\left(\frac{f}{700} + 1\right)$$

Summarizing Pitch

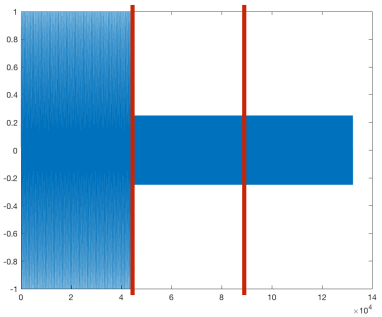
- pitch of harmonic tones ≈ fundamental frequency
- pitch depends slightly on intensity
- two kinds of pitch
  - spectral
  - virtual
- pitch perception occurs as a combination of
  - place coding: location of maximal oscillation along basilar membrane
  - frequency coding: periodicity information encoded in neural firing patterns of groups of neurons
  - volley theory: periodicity information encoded in neural firing clustered at certain places

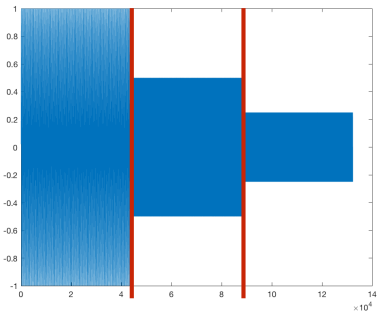


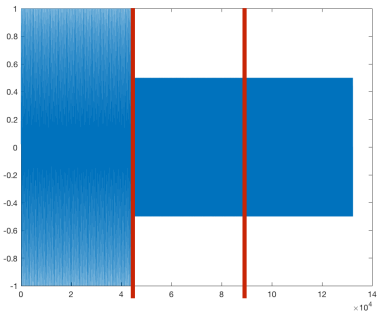
interaction

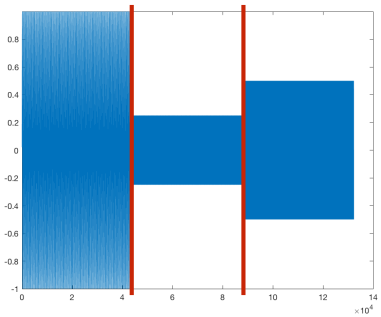
150 Hz **1000 Hz** **5000 Hz**

Which sine wave sounds louder?



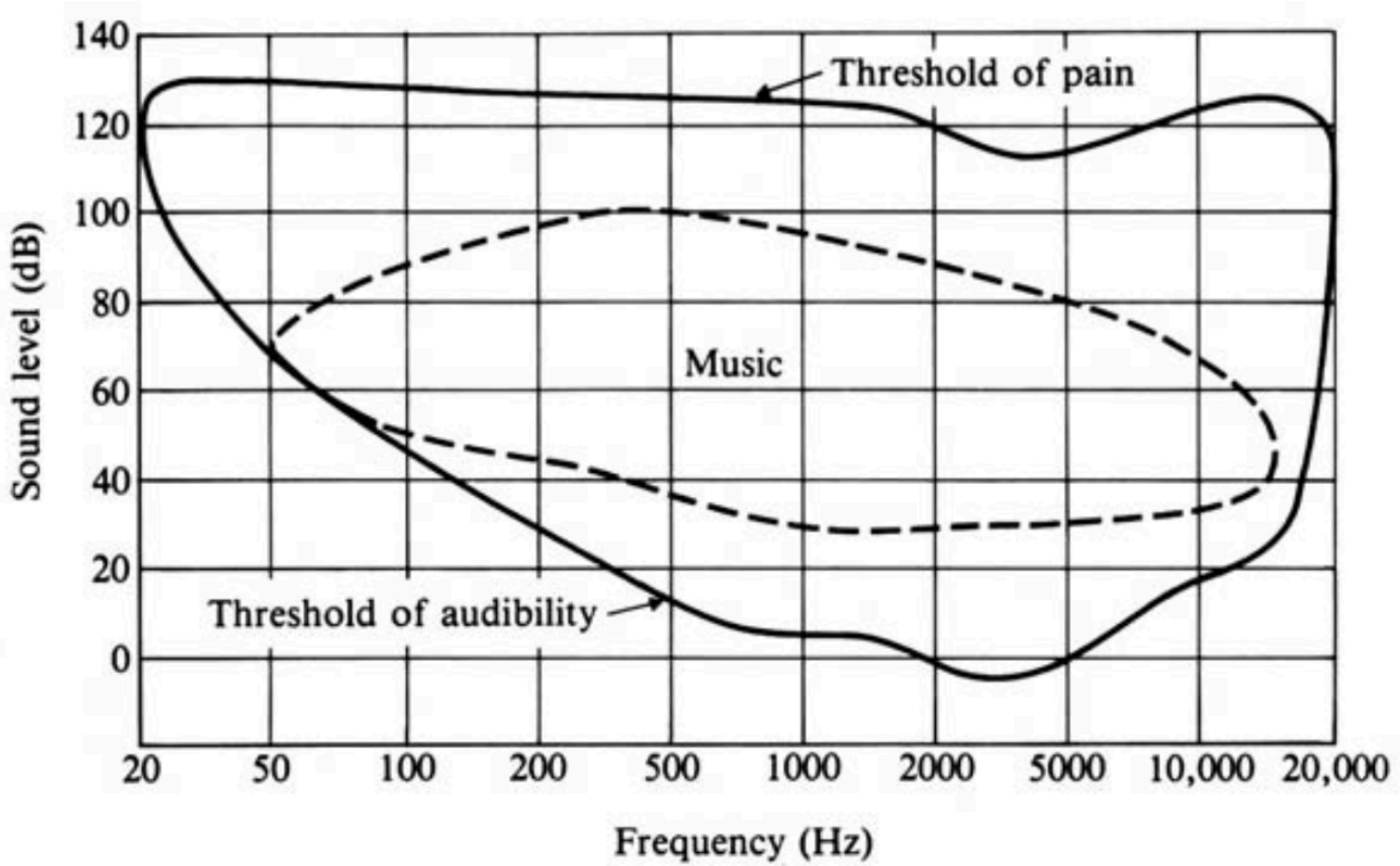






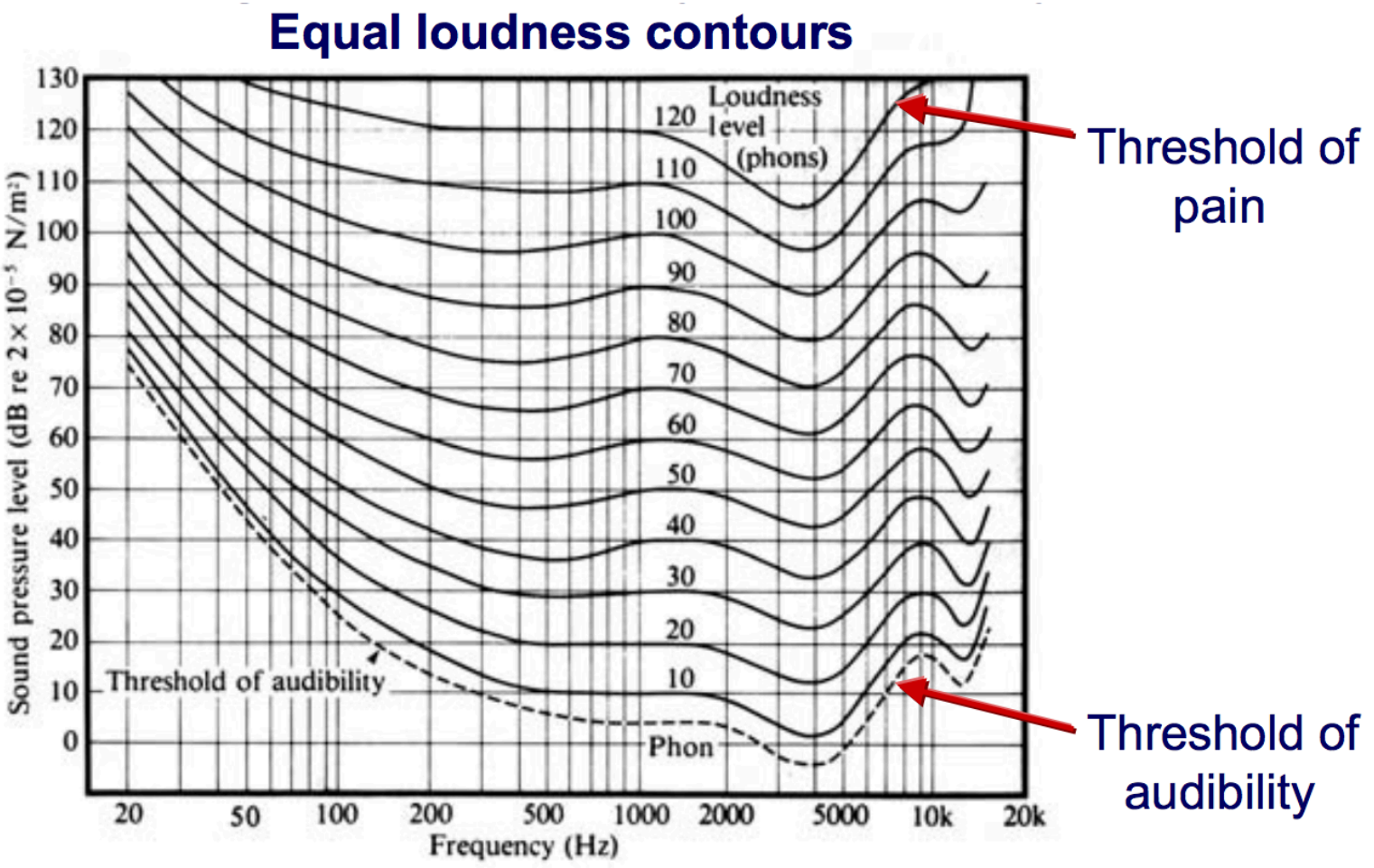
Hearing Sensitivity

- sounds targeted to humans go well with the properties of hearing



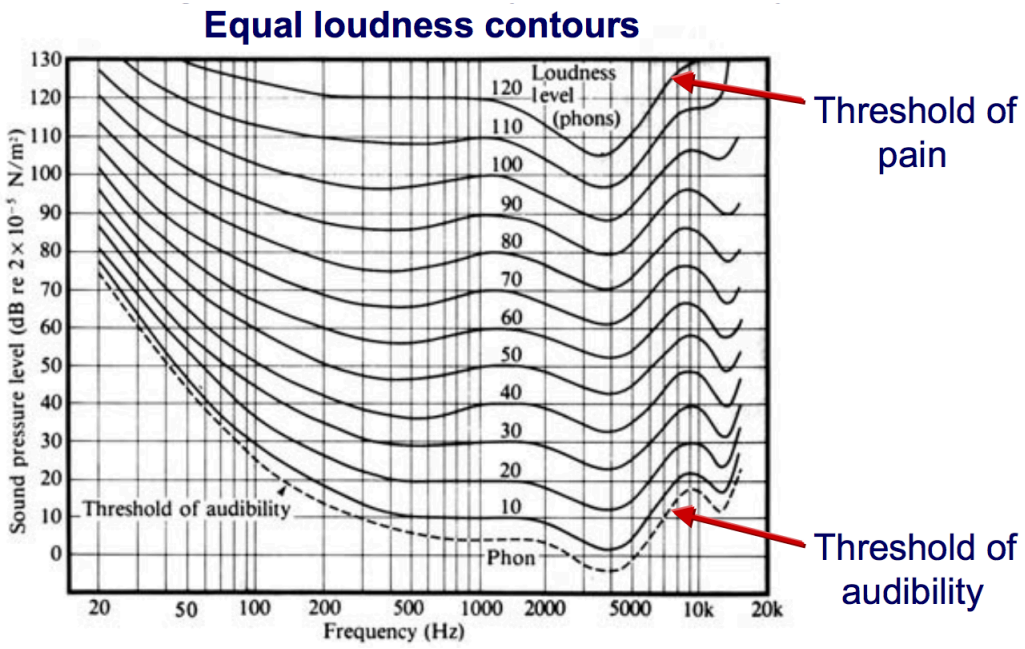
Hearing Sensitivity

- sensitivity of hearing depends heavily in frequency
- contours are based on psychoacoustic studies using sine tones



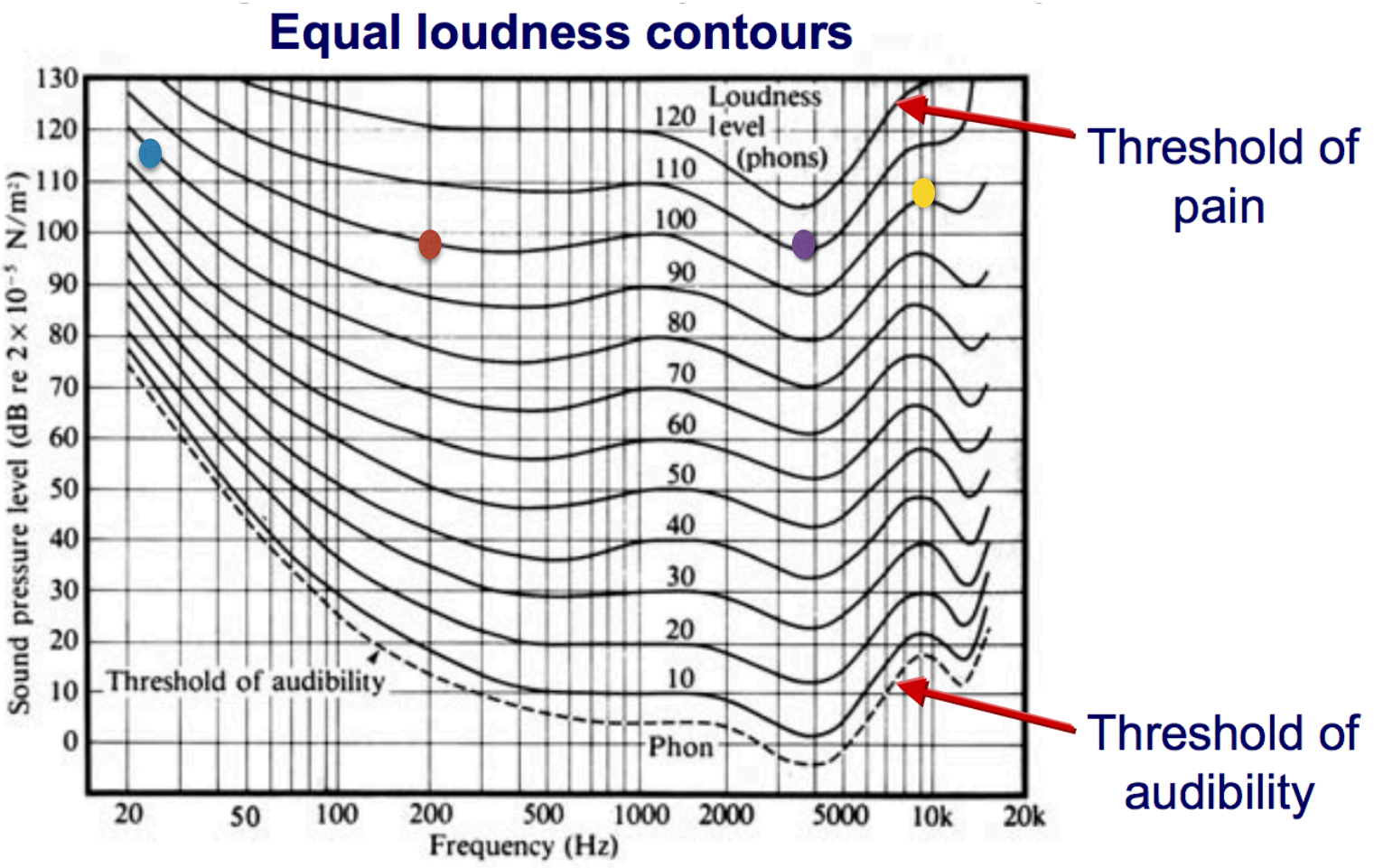
Hearing Sensitivity

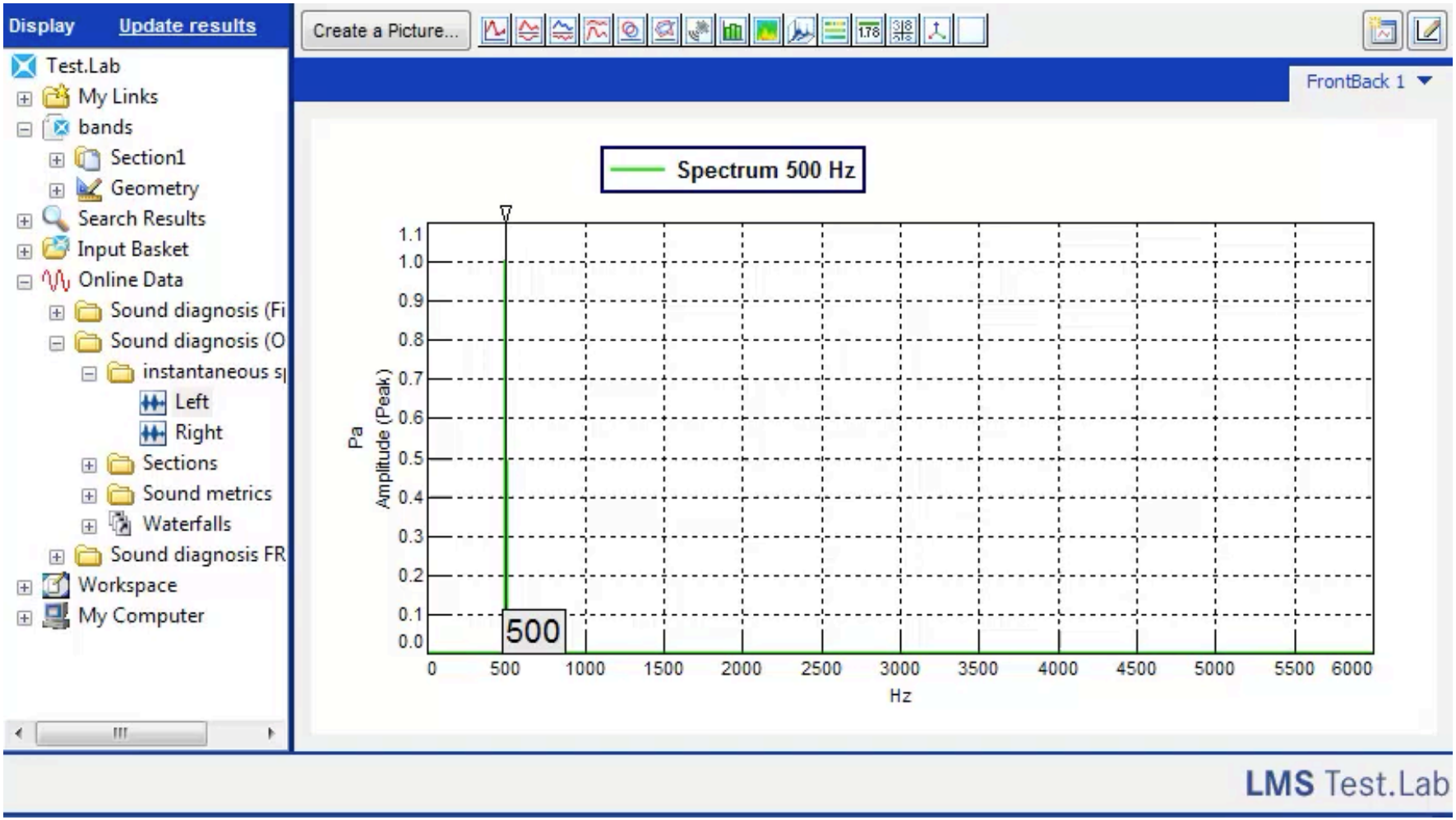
- ear most sensitive in the 1kHz-5kHz range
- absolute threshold of human hearing determined by human testing (describes energy in a pure/sine tone needed for audibility in a noiseless environment)
- phons = units of perceptual amplitude



Hearing Sensitivity

- which tone would be the loudest?

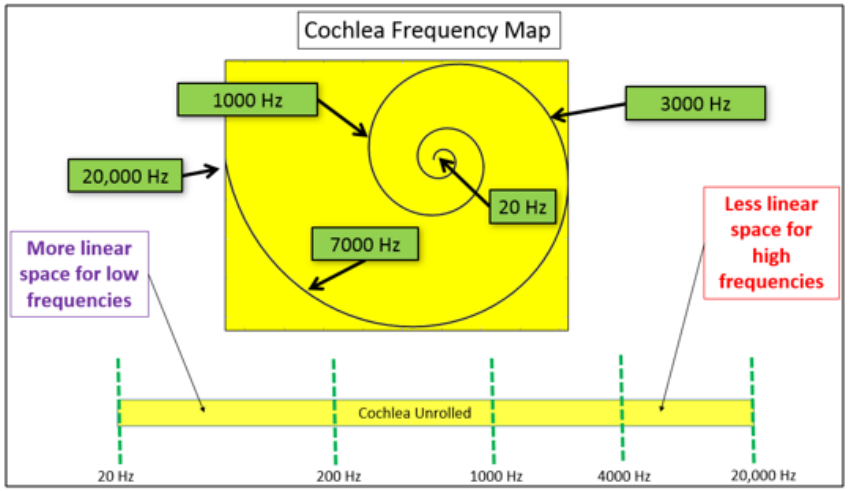


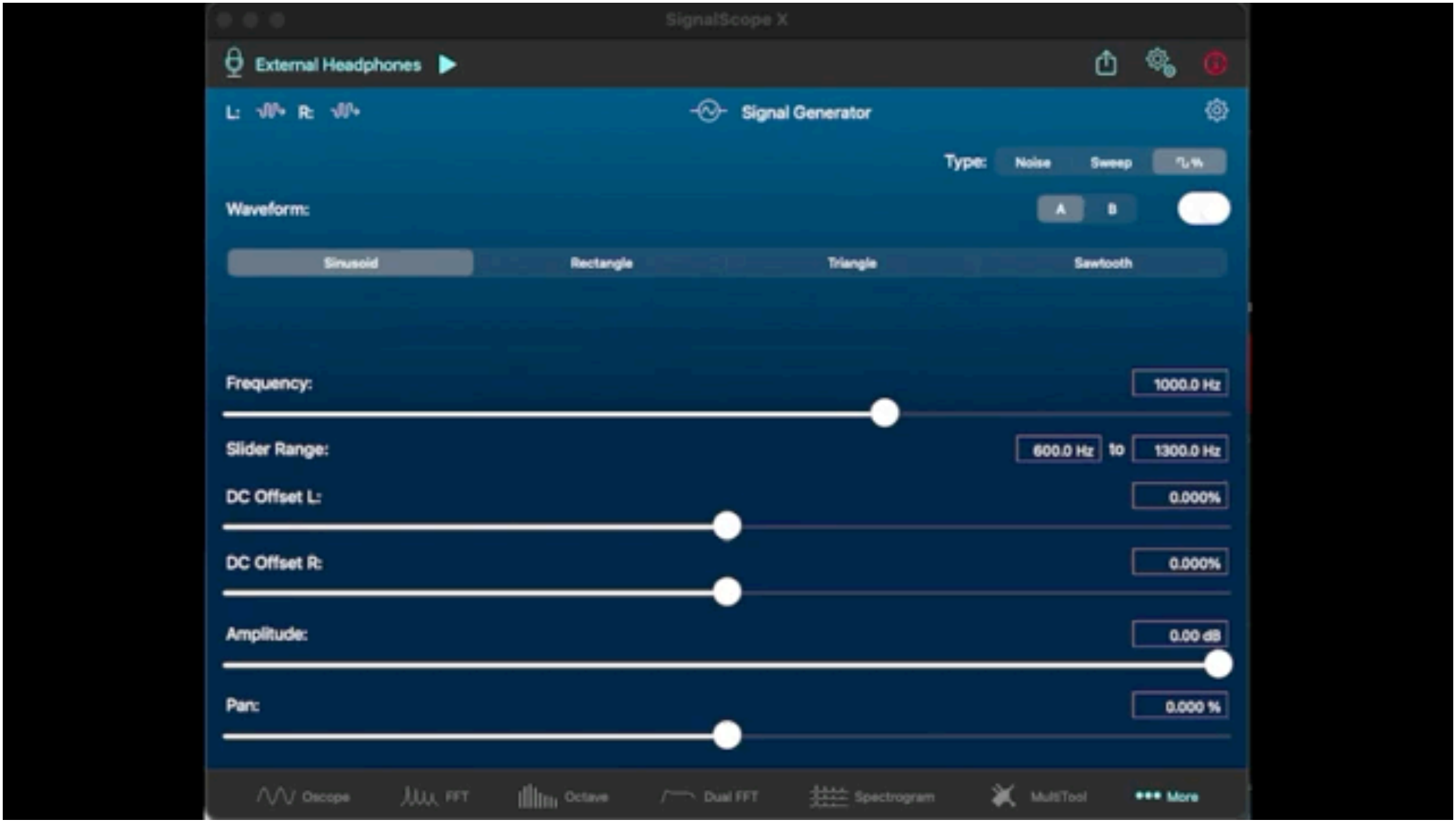


- ex: 20 Hertz difference between 500 and 520 Hertz tones more readily than a 5000 and 5020 Hertz tones.

Critical Bands

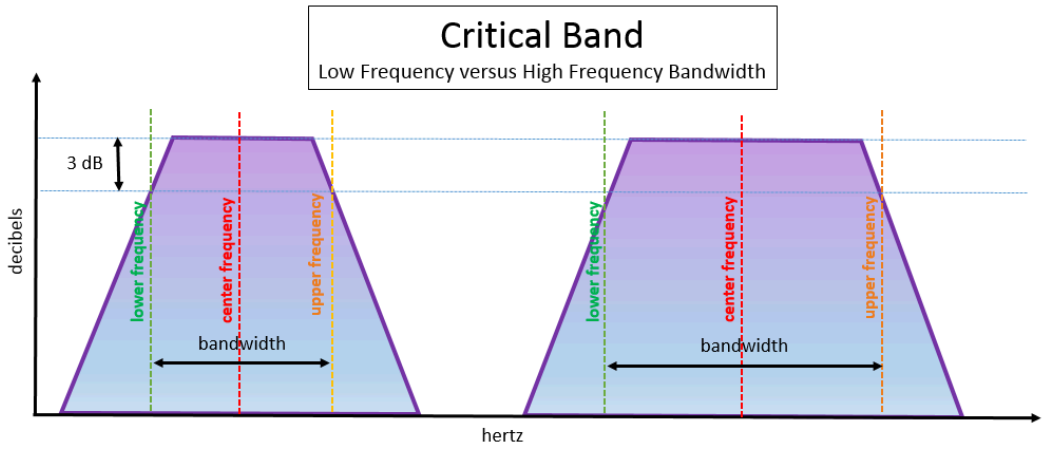
- human ear can hear from 20 to 20,000 Hertz - finer low frequency discrimination vs high frequencies
- ability to distinguish individual tones varies as a function of frequency
- hearing “bands” - used to quantify the ability of the human ear to distinguish between individual frequency tones
- loud response at one place on the basal membrane will mask softer response in the critical band around it




SignalScope X
External Headphones
L:
R:
Signal Generator
Type:
Noise
Sweep
Waveform:
A
B
Sinusoid
Rectangle
Triangle
Sawtooth
Frequency:
1000.0 Hz
Slider Range:
600.0 Hz
to
1300.0 Hz
DC Offset L:
0.000%
DC Offset R:
0.000%
Amplitude:
0.00 dB
Pan:
0.000 %
Oscope
FFT
Octave
Dual FFT
Spectrogram
MultiTool
More

Critical Bands

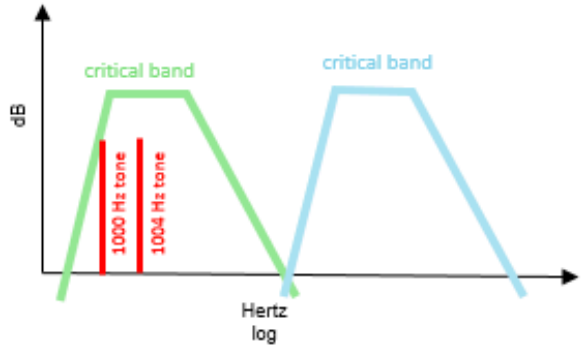
- any audible tone will create a critical band centred around it
- a pure tone (single line in the spectrum) can be represented by a psychological masking curve
- critical bands important (in perceptual coding) - they show that the ear discriminates between energy in and outside the band resulting in masking
- a critical band is the BW at which subjective responses change



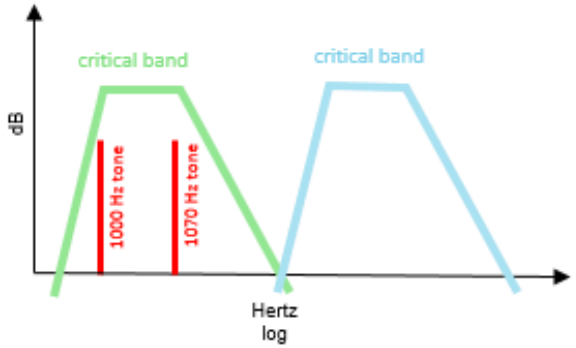
Critical Bands

- codecs rely on amplitude masking within critical bands to reduce information size
- critical bands also used to explain consonance and dissonance
  - tone intervals with a frequency difference greater than a critical band — more **consonant**
  - tone intervals with a frequency difference less than a critical band — more **dissonant**

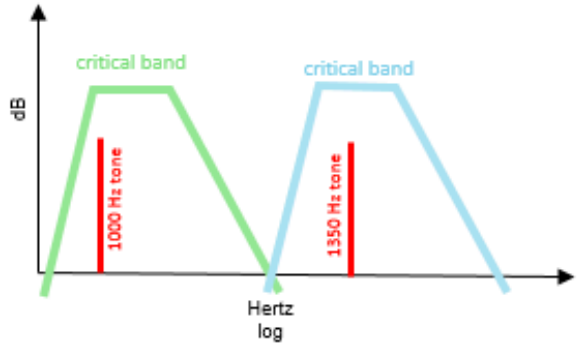
Critical Bands



- ex: tones are 4 Hertz apart - hear a single tone with a low frequency modulation or **beating**.



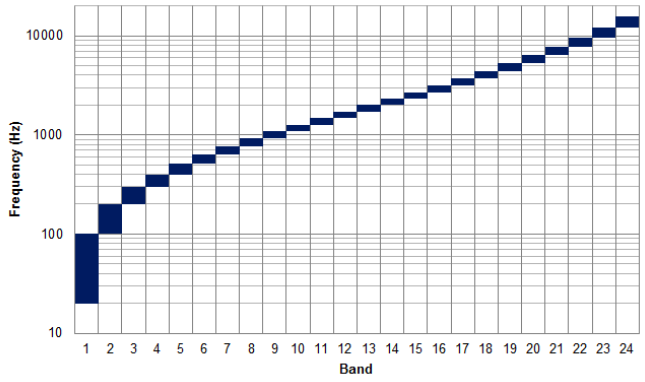
- ex: tones are about 70 Hertz apart, the ear hears a rapid modulation or beating giving rise to "roughness"



- ex: separation of 350 Hertz - tones in different critical bands - can distinguish them from each other

Critical Bands

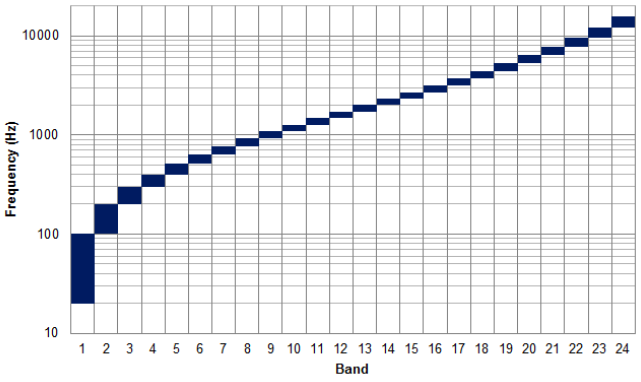
- Bark = unit of perceptual frequency
- Using a Bark scale - physical spectrum can be converted to a psychological spectrum
- 24 critical bands of hearing

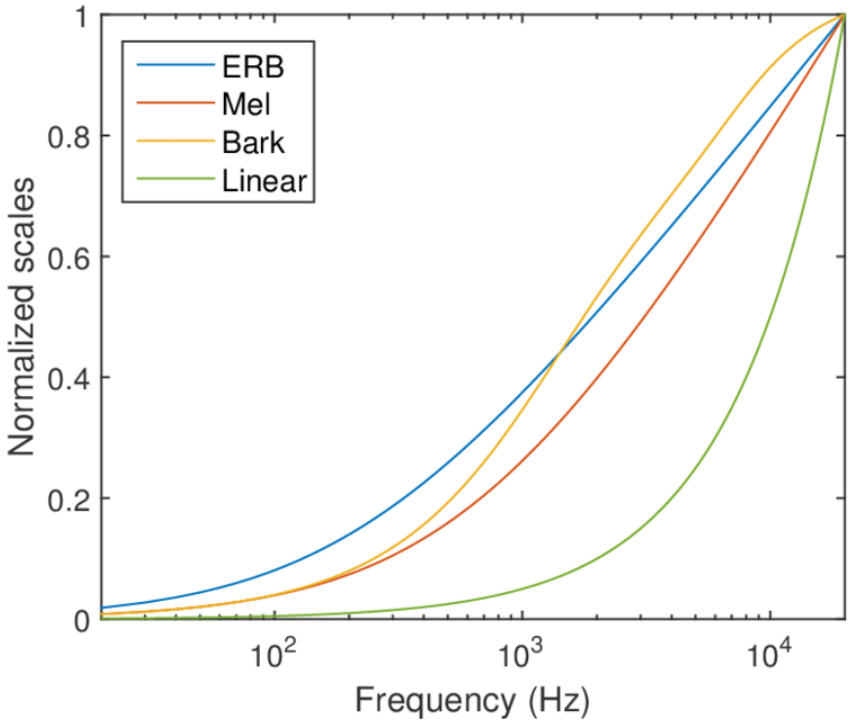


Critical Band	Lower cut-off (Hz)	Central Frequency (Hz)	Higher cut-off (Hz)	Bandwidth (Hz)
1	0	50	100	100
2	100	150	200	100
3	200	250	300	100
4	300	350	400	100
5	400	450	510	110
6	510	570	630	120
7	630	700	770	140
8	770	840	920	150
9	920	1000	1080	160
10	1080	1170	1270	190
11	1270	1370	1480	210
12	1480	1600	1720	240
13	1720	1850	2000	280
14	2000	2150	2320	320
15	2320	2500	2700	380
16	2700	2900	3150	450
17	3150	3400	3700	550
18	3700	4000	4400	700
19	4400	4800	5300	900
20	5300	5800	6400	1100
21	6400	7000	7700	1300
22	7700	8500	9500	1800
23	9500	10500	12000	2500
24	12000	13500	15500	3500

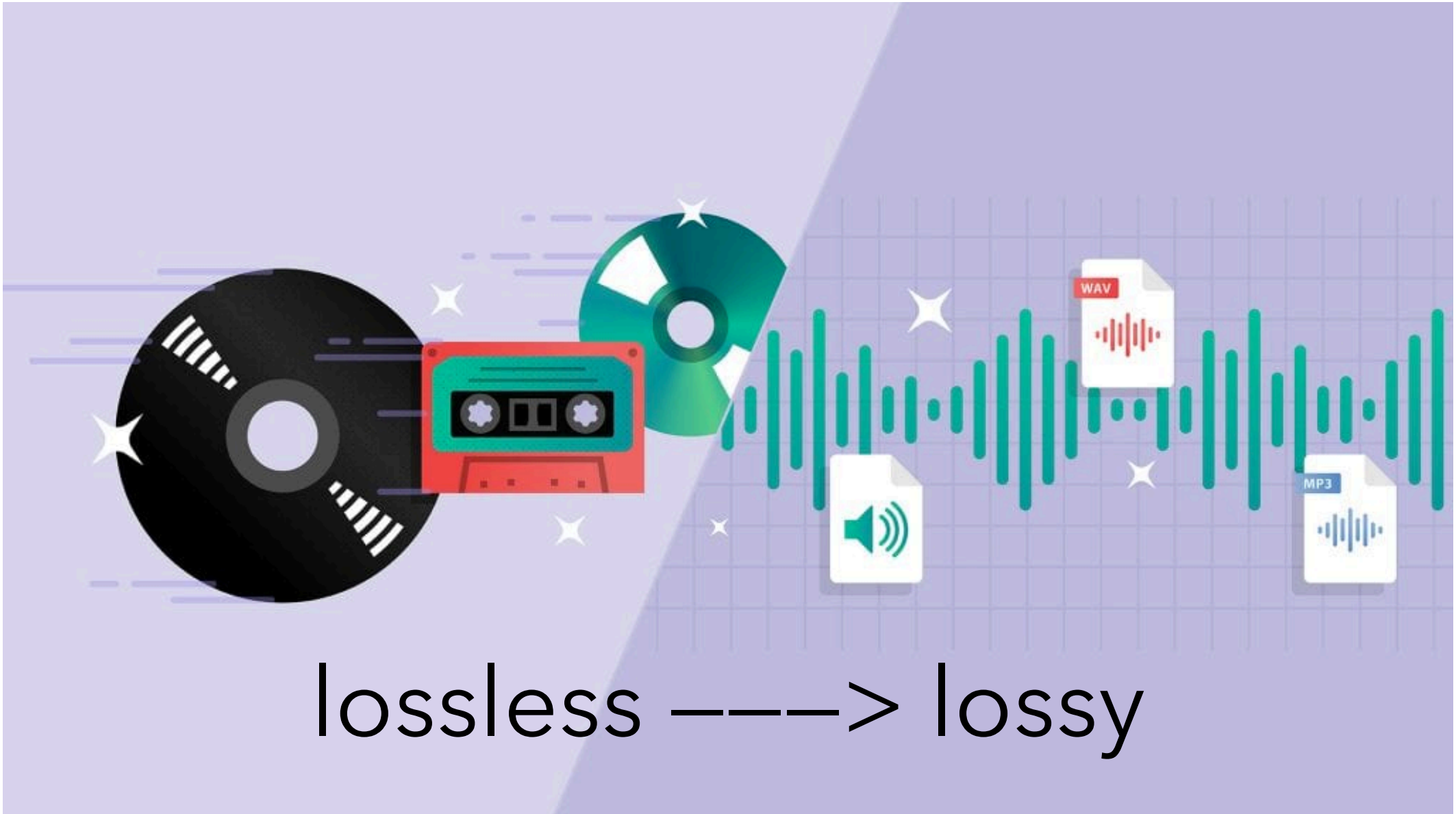
Critical Bands

- Bark = unit of perceptual frequency
- Using a Bark scale - physical spectrum can be converted to a psychological spectrum
- 24 critical bands of hearing





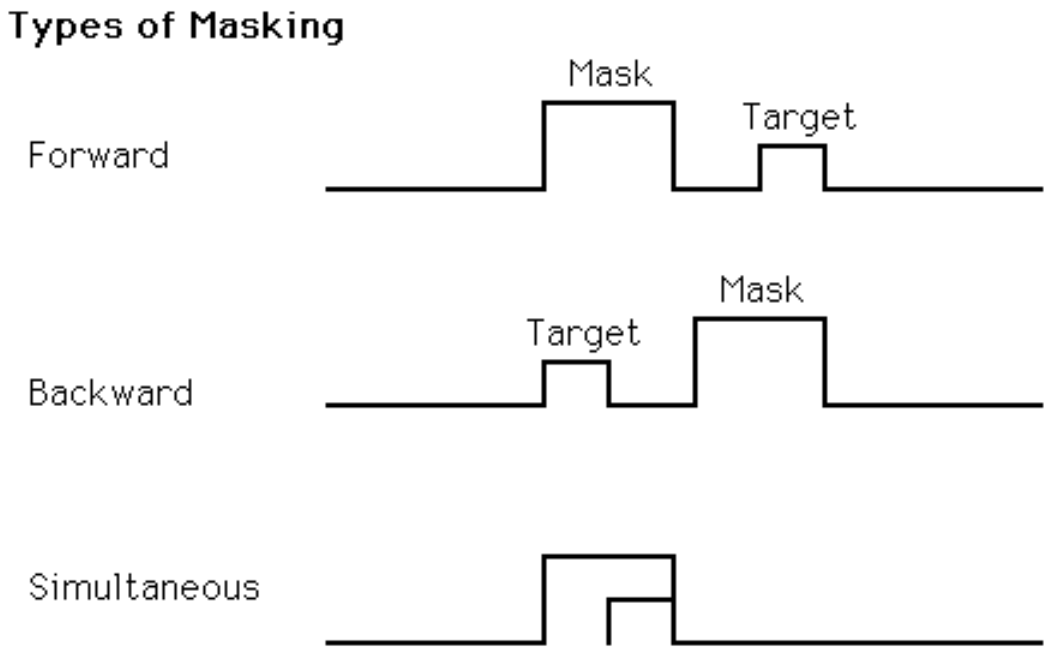
Audio Masking



lossless ———> lossy

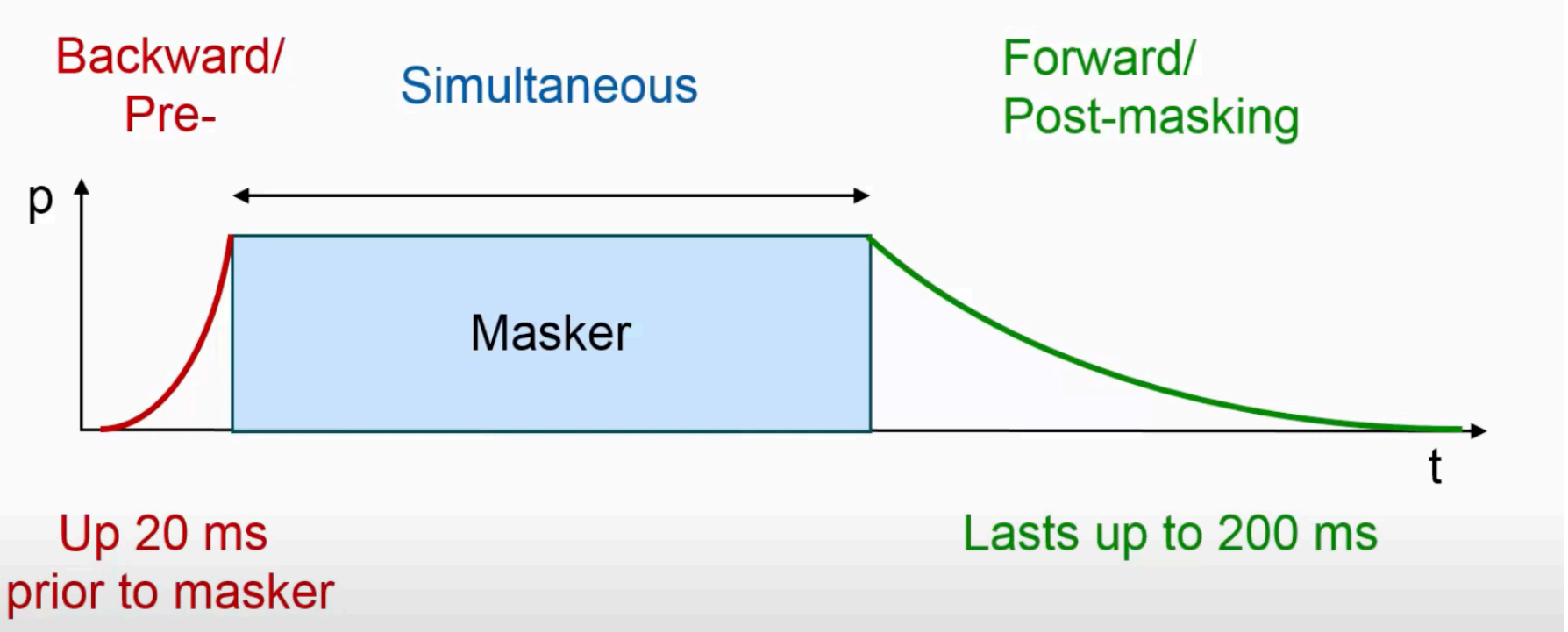
Audio Masking

- **Simultaneous masking vs temporal masking**



Audio Masking

- **Non-Simultaneous masking/temporal masking**
  - when both **do not** occur at same time

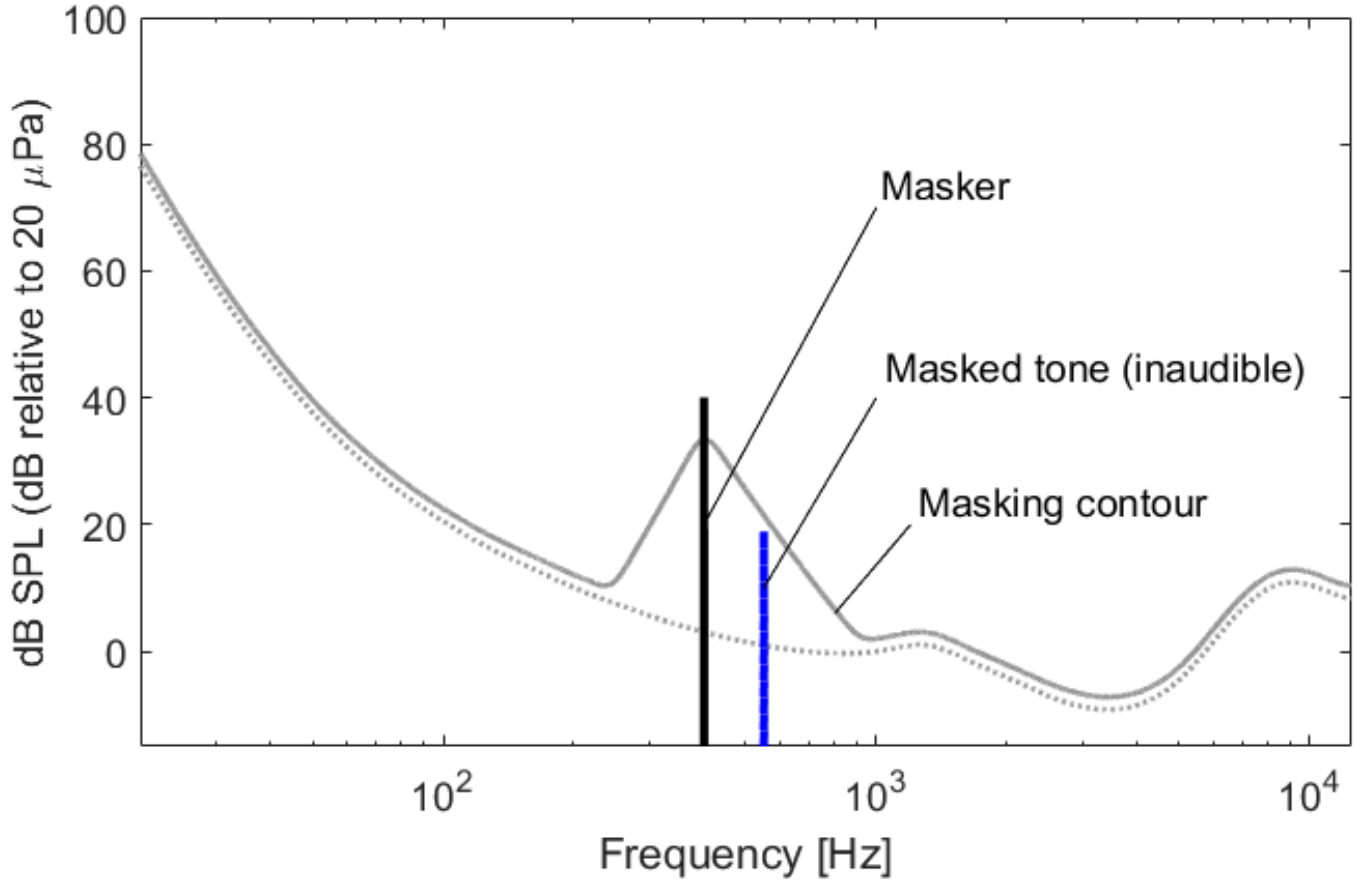


Audio Masking

- **Simultaneous masking/frequency masking**
  - when both occur at same time and close in frequency
  - a loud response on the basilar membrane will mask softer responses in the critical band around it

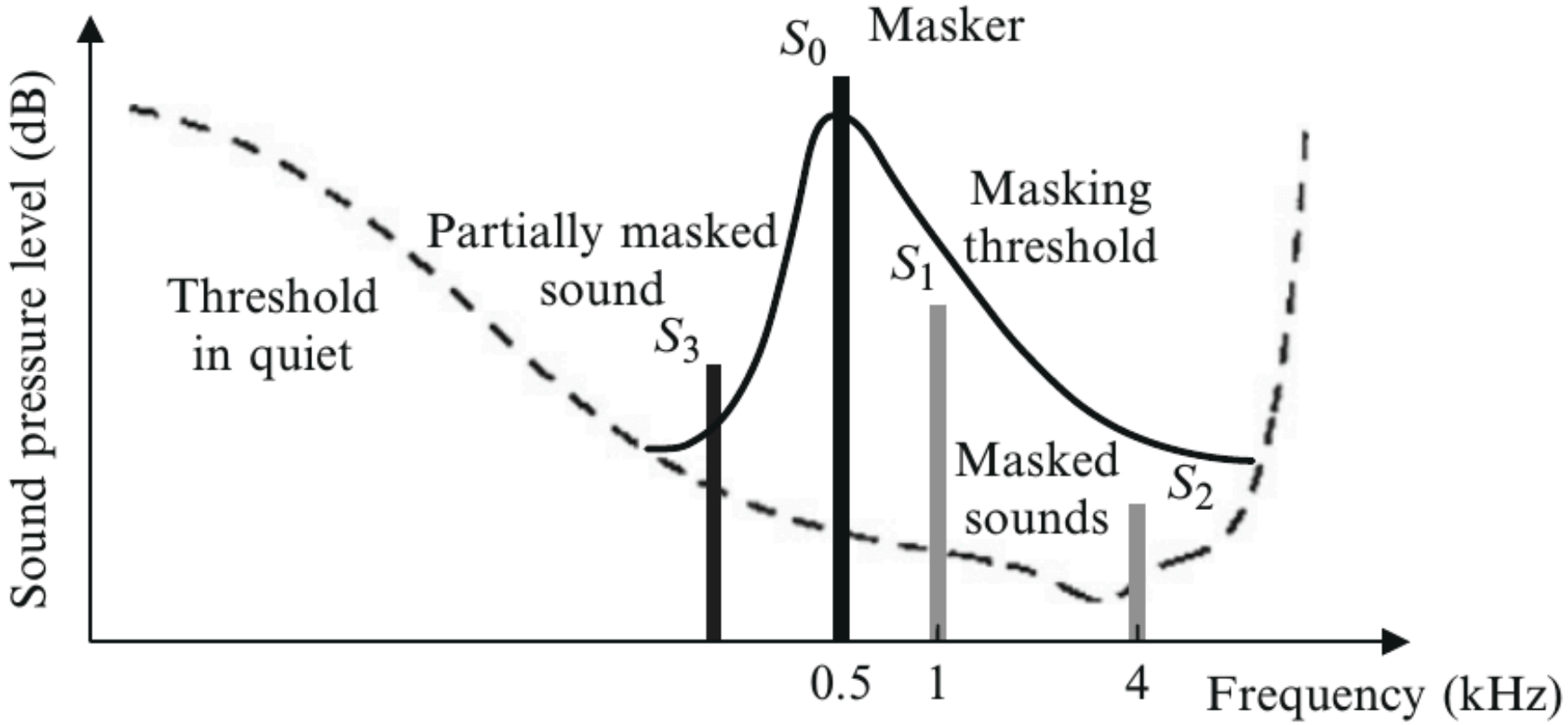
Audio Masking

- **Simultaneous masking/frequency masking**
  - when both occur at same time and close in frequency

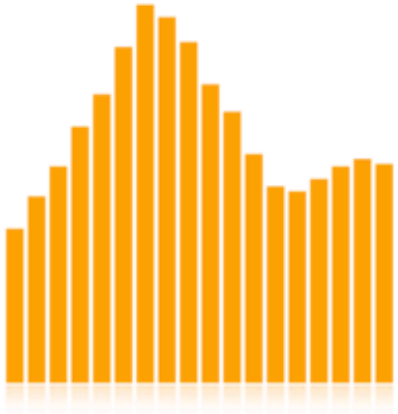


Audio Masking

- **Simultaneous masking/frequency masking**
  - when both occur at same time and close in frequency



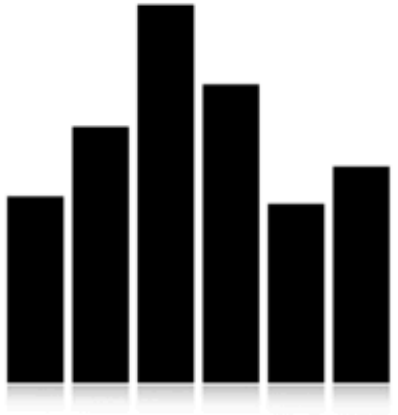
Audio Masking



WAV

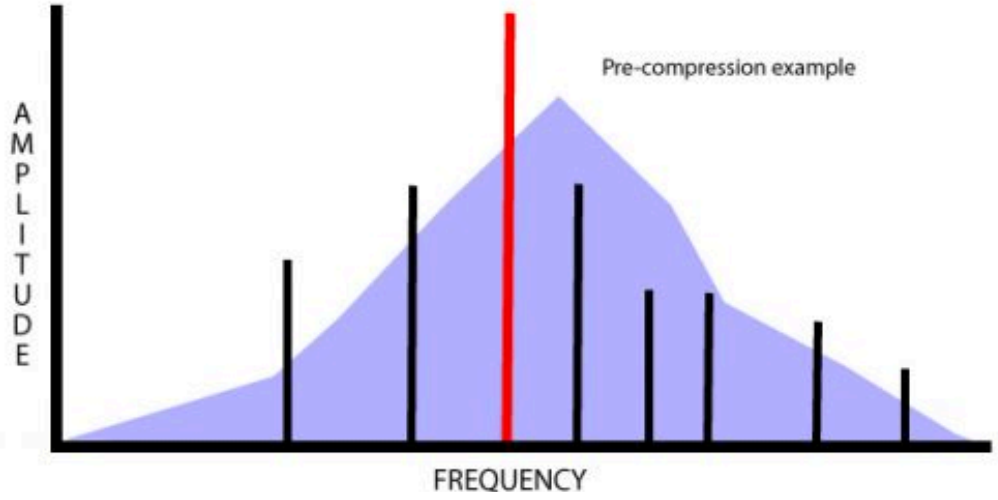
96kHz, 24bit 4096kbps

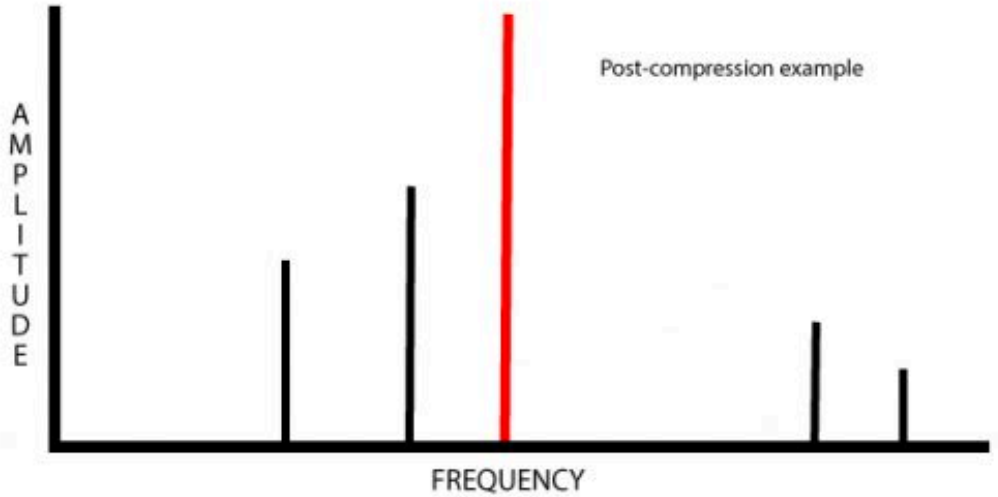
- VS -



MP3

44kHz, 16bit 128kbps





*illustrative purposes only

Audio Masking