

Gunupur Muncipal

Patient Discharge Summary

Patient ID	HMS_GUN_001
Patient Name	Abhisek Panda
Admission Date	2025-03-01
Discharge Date	2025-04-01
Diagnosis	Fever
Treatment	Yes
Doctor Name	Sourav
Discharge Summary	All Ok And Good
Follow-Up Instructions	Take healthy food
Medications	No
Contact Info	9874102550
Gender	male
Address	Giet
Bed Type	icu
_id	67e2c8364272ecb9c1f72d21

Health & Wellness Tips for Recovery:

Drink Plenty of Water – Stay hydrated to help your body recover faster.
Take a Bath Daily – Maintain good hygiene to prevent infections.
Eat an Apple Every Day – 'An apple a day keeps the doctor away!'
Consume a Balanced Diet – Include proteins, vitamins, and minerals.
Avoid Junk Food – Say NO to excessive sugar, salt, and oily foods.
Take Your Medicines on Time – Follow the prescribed dosage carefully.
Get Enough Rest & Sleep – Allow your body to heal and regain energy.
Avoid Smoking & Alcohol – These slow down recovery and harm your health.
Do Light Exercise – Gentle movements help in faster recovery.
Keep Your Surroundings Clean – Prevent infections and maintain hygiene.
Regularly Change Wound Dressings – If applicable, as per doctor's advice.
Follow Your Doctor's Instructions – Always stick to medical advice.
Keep Emergency Contacts Handy – Save the hospital and doctor's numbers.
Wash Hands Frequently – Avoid germs and stay safe.
Monitor Your Symptoms – Report any unusual pain, fever, or discomfort.
Attend All Follow-Up Appointments – Ensure complete recovery.
Stay Positive & Stress-Free – Mental health is just as important.

Scan QR for Full Details:



Thank you for choosing our hospital. Wishing you a speedy recovery!

Hospital Address: 123, Main Street, City XYZ

Emergency Helpline: +91-9999999999