



Name : Mr. ABHISHEK KUMAR SINGH Ref. Doctor : C/O TRUWORTH WELLNESS Registered Date : 05/04/2022 08:57 AM
Age / Sex : 27 Year(s) / Male Client : Truworth wellness Collected On : 05/04/2022 09:25 AM
Patient ID : PDW078120 Received On : 05/04/2022 11:56 AM
Visit No. : 22WP142490 Reported On : 05/04/2022 03:37 PM



Report Type : Final

Test Results Units Biological Reference Range

HEMATOLOGY

Truworth Boeing India Package-3 Male 20-21

Complete Blood Count with ESR

Haemoglobin - EDTA Whole Blood Spectrophotometry	14.1	g/dL	Female: 11.5-15.2 Male: 13.5-18 1-6 Years: 11.1-14.1 6-12 years: 11.5-16.0
Red blood cell count - EDTA Whole Blood RBC Histogram(Volume)	5.03	million/cu.mm	Male: 4.2-6.5 Female: 3.7-5.6
Hematocrit(PCV) - EDTA Whole Blood RBC Pulse height detection	41.0	%	Male: 39-54 Female: 34-48
Mean Corpuscular Volume(MCV) - EDTA Whole Blood Calculate From RBC Histogram	81.4	fL	75-95
Mean Corpuscular Hemoglobin(MCH) - EDTA Whole Blood Calculated From RBC and HGB	28.1	pg	26-32
Mean Corpuscular Hemoglobin Concentration (MCHC) - EDTA Whole Blood Calculated From HGB and HCT	34.5	g/dL	30-35
Red cell distribution width (RDW)-CV - EDTA Whole Blood Calculated	13.3	%	11.6-14.6
Platelet count - EDTA Whole Blood Platelet Histogram(Volume)	2.19	lakh/cu.mm	1.50-4.40
Total WBC count - EDTA Whole Blood Double Hydrodynamic Sequential System(DHSS)	7460	cells/cu.mm	4000-11000 6 - 12 Years: 5000-13000 1 - 3 Years : 6000-17000

A. H. C.

Dr. Ashwini Mc,
Pathologist
KMC-No:81553

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Absolute Basophil Count - EDTA Whole Blood Flow Cytometry	0.04	$10^3 / \mu\text{l}$	0.01-0.05
Absolute Eosinophil Count - EDTA Whole Blood Double Hydrodynamic Sequential System(DHSS)	0.19	$10^3 / \mu\text{l}$	0.02-0.50
Absolute Lymphocyte Count - EDTA Whole Blood Double Hydrodynamic Sequential System(DHSS)	2.45	$10^3 / \mu\text{l}$	1-3
Absolute Monocyte Count - EDTA Whole Blood Flow Cytometry	0.26	$10^3 / \mu\text{l}$	0.2-1.0
Absolute Neutrophil Count - EDTA Whole Blood Flow Cytometry	4.52	$10^3 / \mu\text{l}$	2-7

Differential Count

Neutrophils - EDTA Whole Blood DHSS / Microscopy	60.6	%	40-75
Lymphocytes - EDTA Whole Blood DHSS / Microscopy	32.8	%	20-45
Monocytes - EDTA Whole Blood Flow Cytometry/Microscopy	3.5	%	1-10
Eosinophils - EDTA Whole Blood DHSS / Microscopy	2.5	%	1-6
Basophils - EDTA Whole Blood DHSS / Microscopy	0.6	%	0-1
Erythrocyte Sedimentation Rate - EDTA Whole Blood Automated Westergren Method	11	mm in 1st hr	0-20

BIOCHEMISTRY

Fasting Glucose- FBS - F-Serum/Fluoride Plasma Glucose Oxidase Peroxidase Dry Chemistry	137.0	mg/dL	Normal: ≤ 100 Pre diabetes: 100-125 Diabetes: ≥ 126
Blood Urea Nitrogen (BUN) - Serum	14.8	mg/dL	9-20

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Urease Dry Chemistry

PostPrandial Glucose - PPBS - PP-Serum/Fluoride Plasma **224.0** mg/dL Normal: <= 140
Glucose Oxidase Peroxidase Dry Chemistry Pre diabetes: 140-199
Diabetes: >= 200

CREATININE - Serum **1.0** mg/dl Male: 0.66-1.25
Modified Jaffe's / Kinetic Alkaline Picrate Female: 0.52-1.04

Uric Acid - Serum **7.9** mg/dl 3.5-8.5
Uricase

Glycosylated Haemoglobin (HbA1c)

Glycosylated Haemoglobin (HbA1c) - EDTA **8.2** % Normal: <= 5.6
Whole Blood Prediabetes: 5.7-6.4
HPLC Diabetes: >= 6.5

LIPID PROFILE

Cholesterol Total - Serum **199.0** mg/dl Desirable: < 200
Cholesterol Oxidase Dry Chemistry Borderline High: 200-239
High: >= 240

Mean Blood Glucose - EDTA Whole Blood **188.64** mg/dL <= 115
Derived

Triglycerides (TGL) - Serum **125.0** mg/dl Normal: < 150
Lip/Glycerol Kinase Dry Chemistry Borderline High: 150-199
High: 200-499
Very High: >= 500

HDL Cholesterol - Serum **52.0** mg/dL Low: < 40.0
Colorimetric: non HDL precipitation method High: >= 60.0

LDL - CHOLESTEROL - Serum **122.0** mg/dL Very High Risk: > 190
Derived High Risk: 160-189
Moderate Risk: 130-159
Desirable: < 100
Near Desirable: 100-129

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LFT - LIVER FUNCTION TEST

TOTAL BILIRUBIN - Serum 0.60 mg/dL 0.2-1.3
Diazotized sulphanilic acid Dry Chemistry

	Reference Range
Birth - 1 Day	< 5.8
1 - 2 Day	< 8.2
3 - 5 Days	< 11.7
1 Month - Adult	< 1.0
Bottle fed infants	< 14.8
Bottle fed infants	< 12.4

VLDL - Serum 25 mg/dL < 30
Calculated

DIRECT BILIRUBIN - Serum 0.10 mg/dl Adult: 0.0-0.3
Dual Wavelength - Reflectance Spectrophotometry Neonate: 0.0-0.6

INDIRECT BILIRUBIN - Serum 0.50 mg/dL Adult: 0.0-1.1
Dual Wavelength - Reflectance Spectrophotometry Neonate: 0.6-10.5

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO - Serum 3.83 - Less than 4.5
manual

Aspartate Transaminase(AST/ SGOT) - Serum 30.0 U/L Male: 17-59
UV with P-5-P Dry Chemistry 1 - 3 Years: 20-60

Alanine Transaminase(ALT/ SGPT) - Serum 35.0 U/L Male: < 50
UV with P-5-P 1 - 3 Years: 5-45

Alkaline Phosphatase - Serum 105.0 U/L 40-150
p-nitrophenyl Phosphate, AMP buffer Dry Chemistry

PROTEIN - Serum 6.8 gm/dL 6.3-8.2
Biuret Method Dry Chemistry

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Albumin - Serum Bromo-Cresol Green Dry chemistry	4.0	g/dL	3.5-5.0
Globulins - Serum Calculated	2.8	g/dL	1.8-3.6
A G RATIO - Serum Derived	<u>1.43</u>		1.5-2.5
Gamma-Glutamyl Transferase (GGT) - Serum Y-glutamyl-P-nitroanilide Dry Chemistry	54.0	U/L	Adult: 12-58 Female: 12-43 Male: 15-73 1 - 3 Years: 5-16

IMMUNOLOGY

PROSTATE SPECIFIC ANTIGEN (PSA) - Serum	0.803	ng/mL	< 4
VITAMIN D 25 OH CHOLECALCIFEROL - Serum Enhanced Chemiluminescence	16.2	ng/mL	Deficient: < 20 Insufficient: 20-29 Sufficient: 30-100 Potential toxicity: > 100
Thyroid Stimulating Hormone TSH - Serum Enhanced Chemiluminescence	2.15	μIU/mL	Newborn: < 20 4 Days - 6 Months: 0.7-4.8 6 Months - 4 Years: 0.7-4.2 5 - 20 Years: 0.5-3.4 21 - 54 Years: 0.4-4.2 55 - 87 Years: 0.5-8.9 First Trimester: 0.1-2.5 Second Trimester: 0.2-3.0

CLINICAL PATHOLOGY

Urine Complete Analysis

PHYSICAL EXAMINATION - Urine
Visual

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Volume	20	ml	-
Colour	Pale yellow	-	-
Appearance	Clear	-	Clear

CHEMICAL EXAMINATION

pH - Urine Double Indicator - Dipstick Method	6.5	-	5.0-8.0
Specific Gravity - Urine Ionic Concentration by Reagent strip Method	1.015	-	1.003-1.030
Protein - Urine Error of Indicator - Dipstick Method	Nil	-	Nil
Urine Glucose - Urine GOD-POD Dipstick Method	Nil	-	Nil
Ketones - Urine Sodium Nitroprusside Method - Dipstick Method	Negative	-	Negative
Leucocytes - Urine Esterase	Negative	-	Negative
Nitrites - Urine Diazotized Sulphailamide/Dipstick Method	Negative	-	Negative
Blirubin - Urine Diazotized Dichloroaniline - Dipstick Method	Negative	-	Negative
Blood - Urine Peroxidase like activity of Hb - Dipstick Method	Negative	-	Negative
Urobilinogen - Urine Azodye method	0.20	mg/dL	0.2-1

MICROSCOPY EXAMINATION - Urine Sedimentation and Microscopy

Pus cells	1-2	/hpf	0-4
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Epithelial cells	0-1	/hpf	0-4
Rbcs	Nil	/hpf	Nil
Casts	Not seen	-	Not seen
Crystals	Not seen	-	Not seen
Others	Nil	-	-

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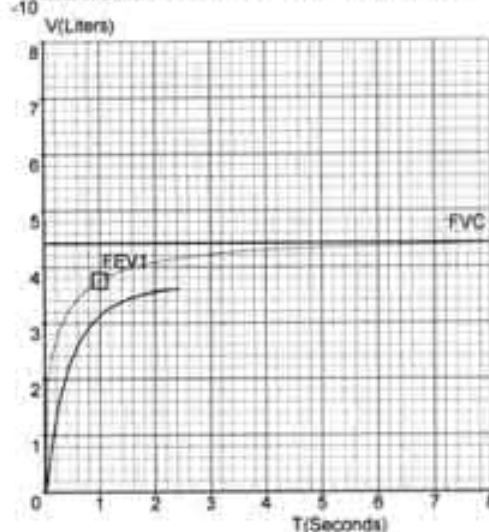
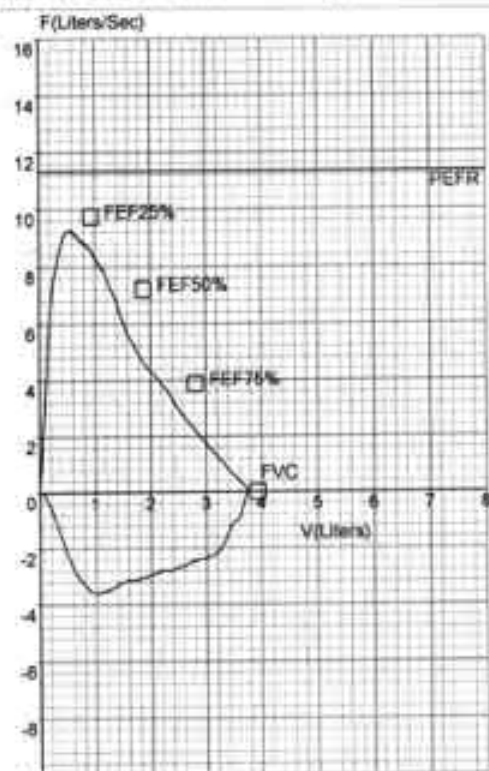
22WP142490 - MR ABHISHEK KUMAR SINGH
27 Years / Male / Ht 176 Cms / 95 Kgs / Non-Smoker

FVC TEST

Date: 05-04-2022 (T1)

Pred Egn : CLARITY

Ref By : NONE



- Pre Medication Report :

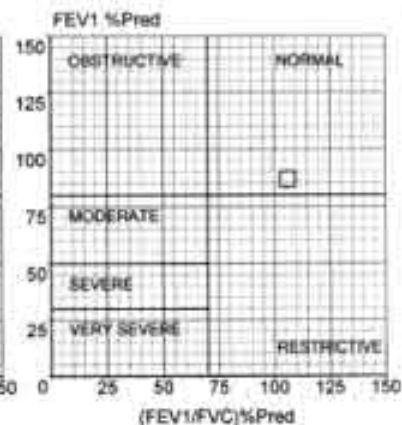
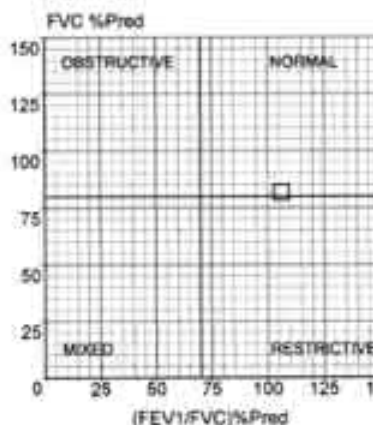
Spirometry within Normal range as FVC% ≥ 80 And
FEV1/FVC% > 70

- Pre COPD Severity Report:

Pre Test within Normal range

- Doctor's Comments :

Parameter	Pred	Pre	Pre%	Post	Post%	Imp%
FVC	[L]	3.93	3.21	82	--	--
FEV1	[L]	3.34	2.90	87	--	--
FEV.5	[L]	--	2.30	--	--	--
FEV3	[L]	3.81	--	--	--	--
FEV6	[L]	--	--	--	--	--
PEFR	[L/s]	9.73	7.97	82	--	--
FEF25-75	[L/s]	4.64	4.37	94	--	--
FEF75-85	[L/s]	--	1.56	--	--	--
FEF.2-1.2	[L/s]	8.08	6.88	85	--	--
FEF25%	[L/s]	8.35	7.85	94	--	--
FEF50%	[L/s]	6.17	4.50	73	--	--
FEF75%	[L/s]	3.34	1.94	58	--	--
FEV.5/FVC	[%]	--	71.72	--	--	--
FEV1/FVC	[%]	85.02	90.27	106	--	--
FEV3/FVC	[%]	97.00	--	--	--	--
FEV6/FVC	[%]	--	--	--	--	--
FEV1/FEV6	[%]	--	--	--	--	--
FET	[S]	--	1.98	--	--	--
ExpTime	[S]	--	0.07	--	--	--
LungAge	[Y]	27.00	31.00	115	--	--
FIVC	[L]	--	3.12	--	--	--
PIFR	[L/s]	--	3.10	--	--	--
FIF25%	[L/s]	--	8.21	--	--	--
FIF50%	[L/s]	--	5.31	--	--	--
FIF75%	[L/s]	--	2.71	--	--	--
FIV.5	[L]	--	0.15	--	--	--
FIV1	[L]	--	1.03	--	--	--
FIV3	[L]	--	--	--	--	--
FIV.5/FIVC	[%]	--	4.91	--	--	--
FIV1/FIVC	[%]	--	32.91	--	--	--



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INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

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Permanent Account Number Card
EQXPS0830M

पहचान
आशुतोष कुमार सिंह
पिता का नाम
ASHOK KUMAR SINGH

जन्म का दिनांक
12/12/1994

13072021

Ashu Singh



HT - 176cm

wt 95kg

PR - 13d/20

Hip - 105cm

waist - 99cm

PR - 80blat

Name	Mr. ABHISHEK KUMAR SINGH	Patient ID	PDW078120
Age & Gender	27-Y/Male	Visit ID	22WP142490
Ref Doctor	C/OTRUWORTHWELLNESS	Visit Date	05-04-2022 08:57:00

ABDOMINO-PELVIC ULTRASONOGRAPHY

LIVER is normal in shape, size (11.7 cm) and has mild increase in echopattern.No evidence of focal lesion or intrahepatic biliary ductal dilatation.Hepatic and portal vein radicals are normal.

GALL BLADDER show normal shape and has clear contents.Gall bladder wall is of normal thickness.
CBD is of normal calibre.

PANCREAS has normal shape, size and uniform echopattern.No evidence of ductal dilatation or calcification.

SPLEEN show normal shape, size (8.3 cm) and echopattern.No demonstrable Para -aortic lymphadenopathy.

KIDNEYS move well with respiration and have normal shape, size and echopattern. Cortico- medullary differentiations are well madeout.No evidence of calculus or hydronephrosis.

The kidney measures as follows

	Bipolar length (cms)	Parenchymal thickness (cms)
Right Kidney	10.2	1.7
Left Kidney	9.3	1.1

URINARY BLADDER show normal shape and wall thickness.
 It has clear contents. No evidence of diverticula.

PROSTATE shows normal shape, size and echopattern.It measures vol- 13.9 cc.

No evidence of ascites.



PRIMA
DIAGNOSTICS
WHITEFIELD

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Ref Doctor	C/O TRUWORTH WELLNESS	Visit Date	05-04-2022 08:57:00

X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression:

- *Essentially normal study.*

Recommend clinical correlation.

CONSULTANT RADIOLOGISTS

DR.H.T.GURURAJ RAO

DR. L.S.PRAVEEN

DR.SHAILAJA MUNIRAJ

Aishwarya Shetty
DR. AISHWARYA SHETTY

Sr

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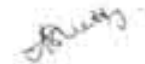
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Age & Gender	27-Y/Male	Visit ID	22WP142490
Ref Doctor	C/OTRUWORTHWELLNESS	Visit Date	05-04-2022 08:57:00

Impression:

- *Grade I fatty liver.*

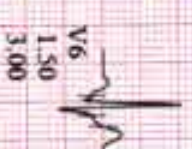
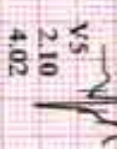
Recommend clinical correlation.**CONSULTANT RADIOLOGISTS****DR.H.T.GURURAJ RAO DR. L.S.PRAVEEN DR.SHAILAJA MUNIRAJ****DR. AISHWARYA SHETTY****Sr**

Patient ID 22WP142490

10:52:32am

PEAK EXERCISE

SI @ 10mm/mV
60ms post J



Page 2

PRIMA DIAGNOSTICSWhite Field
Bangalore**EXERCISE STRESS TEST REPORT**

Patient Name: MR. ABHISHEK KUMAR, SINGH

DOB: 12.12.1994

Patient ID: 22WP142490

Age: 27yrs

Height: 176 cm

Gender: Male

Weight: 95 kg

Race: Indian

Study Date: 05.04.2022

Test Type: --

Protocol: BRUCE

Reason for Exercise Test:**Exercise Test Summary**

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:25	0.00	0.00	102	130/70	
	STANDING	00:23	0.00	0.00	92		
	HYPER	00:26	0.00	0.00	105		
EXERCISE	STAGE 1	03:00	1.70	10.00	125	130/70	
	STAGE 2	03:00	2.50	12.00	129	130/70	
	STAGE 3	02:51	3.40	14.00	153	130/70	
RECOVERY		03:22	0.00	0.00	99	140/70	

The patient exercised according to the BRUCE for 8:51 min:s, achieving a work level of Max. METS: 10.40. The resting heart rate of 100 bpm rose to a maximal heart rate of 155 bpm. This value represents 80 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/70 mmHg, rose to a maximum blood pressure of 140/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions**STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA**

Consultant Physician & Diabetologist

Reg. No.: KMC-51142

PRIMA DIAGNOSTICS

CONSULTANT INTERVENTIONAL CARDIOLOGIST

Technician :

LINKED MEDIANS

PRIMA DIAGNOSTICS

MIR ABHISHEK KUMAR SINGH
Patient ID: 22WP142490
05.04.2022
10:52:56am

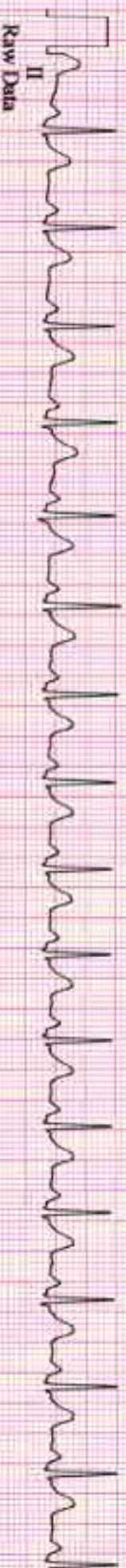
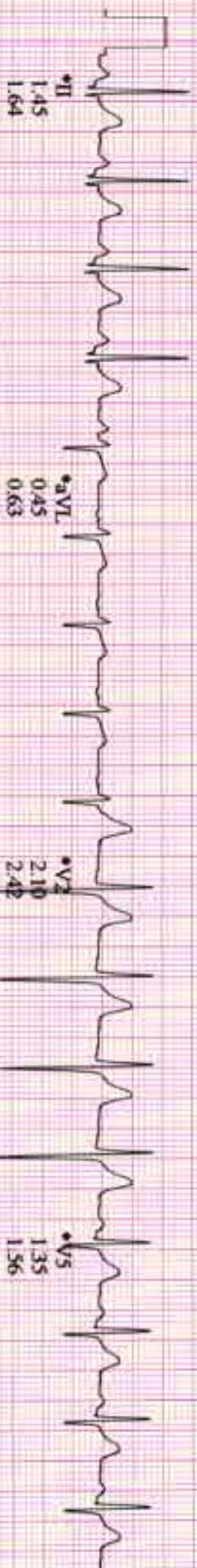
102 bpm
130/70 mmHg

PRETEST
SUPINE
00:24

BRUCE
0.0 mph
0.0%

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



*Computer Synthesized Rhythms

MR. ABHISHEK KUMAR, SINGH

Patient ID: 22WP142490

05.04.2022 Male 176 cm 95 kg

10:52:32am 27yrs Indian

Medic:

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

BRUCE: Total Exercise Time: 08:51

Max HR: 155 bpm 80% of max predicted 193 bpm HR at rest: 100

Max BP: 140/70 mmHg BP at rest: 130/70 Max RPP: 19630 mmHg*bpm

Maximum Workload: 10.40 METS

Max. ST: 0.95 mm, 0.00 mV/s in V5; RECOVERY: 02:50

HR reserve used: 56 %

HR recovery: 37 bpm

Freq VE recovery: 0 VE/min

ST/HR hysteresis: 0.000 mV

QRS duration: BASELINE: 92 ms, PEAK EX: 94 ms, REC: 96 ms

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to

Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate

response: Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall

Impression: Normal stress test

Conclusion: STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA

Prognosis:

Duke Treadmill Score: 9

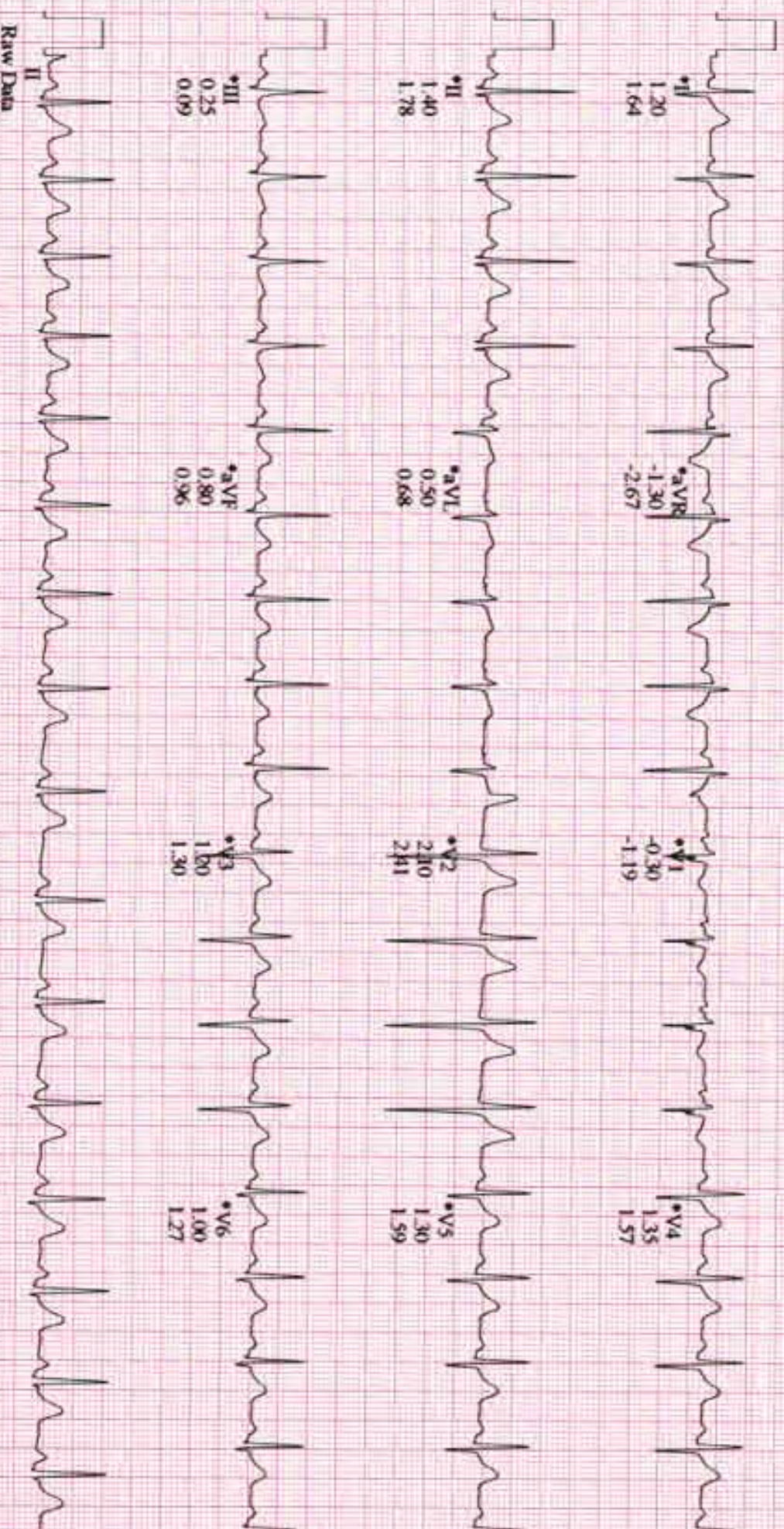
Risk Category: low

5 Year Survival: 97.0%

Average Annual Mortality: 0.6%

Location Number: * 0 *

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (V5 mm)	Comment
PRETEST	SUPINE	00:25	0.00	0.00	1.0	102	130/70	13260	0	1.30	
	STANDING	00:23	0.00	0.00	1.0	92			0	1.35	
	HYPER	00:26	0.00	0.00	1.0	105			0	1.35	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	125	130/70	16250	0	1.45	
	STAGE 2	03:00	2.50	12.00	7.0	129	130/70	16770	0	1.80	
	STAGE 3	02:51	3.40	14.00	10.1	153	130/70	19890	0	2.10	
RECOVERY		03:22	0.00	0.00	1.0	99	140/70	13860	0	0.90	

105 bpm
130/70 mmHgPRETEST
STANDING
00:39BRUCE
0.0 mph
0.0 %Lead
ST Level (mm)
ST Slope (mV/s)ST @ 10mm/mV
60 ms post J

Computer Synthesized Rhythms

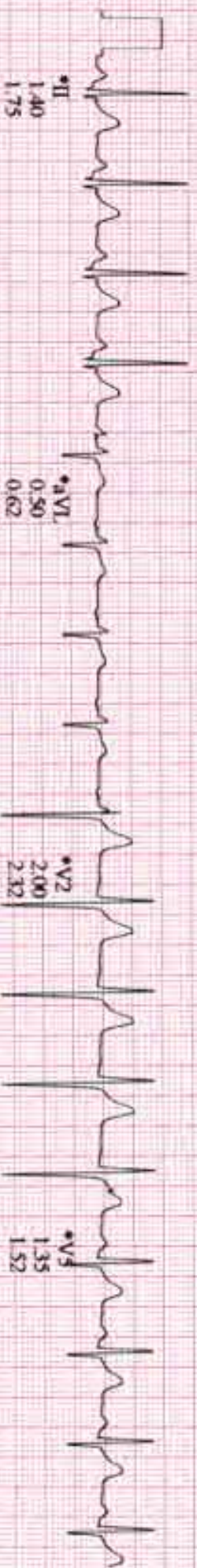
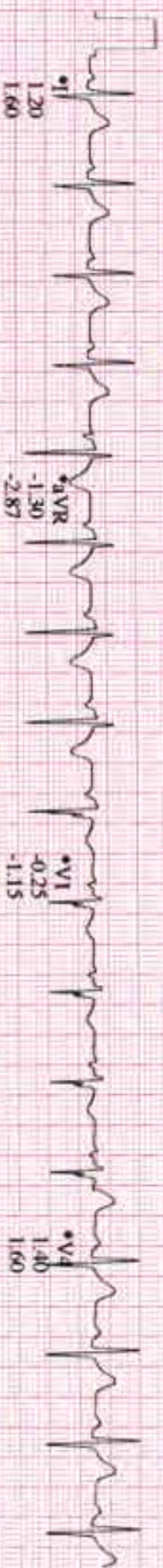
PRIMA DIAGNOSTICS

BRUCE

0.0 mph

0.0 mph
0.0%

Lead	ST Level (mm)	ST Slope (mV/s)
I	0.5	0.1
II	0.5	0.1
III	0.5	0.1
aVR	0.5	0.1
aVL	0.5	0.1
aVF	0.5	0.1
V1	0.5	0.1
V2	0.5	0.1
V3	0.5	0.1
V4	0.5	0.1
V5	0.5	0.1
V6	0.5	0.1

ST @ 10mm/mV
60 ms post J

•Computer Synthesized Rhythms

LINKED MEDIAN

PRIMA DIAGNOSTICS

MR ABHISHEK KUMAR SINGH

Patient ID: 22WP142490

05.04.2022

10:59:35am

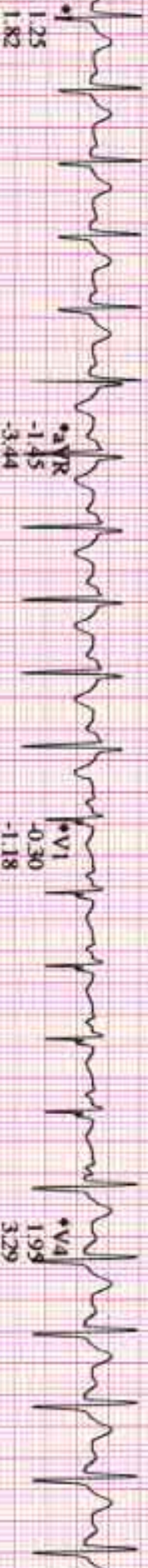
130 bpm

EXERCISE
STAGE 2
05:50

BRUCE
2.5 mph
12.0 %

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



*aVR
-1.45
-3.44

*V1
-0.30
-1.18

*V4
1.93
3.29



*aVL
0.40
0.17

*V2
2.45
3.38

*V5
1.75
3.23



*aVF
1.05
2.39

*V3
1.80
2.95

*V6
1.25
2.37



*Computer Synthesized Rhythms

Case V6.73

25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR/V2/V6

Start of Test: 10:52:32am

120 bpm

EXERCISE
STAGE 1

02:50

BRUCE
1.7 mph
10.0 %ST @ 10mm/mV
60 ms post JLead
ST Level (mm)
ST Slope (mV/s)*I
1.20
1.76*aVR
-1.35
-3.00*V1
-0.20
-1.41*V4
1.55
2.19*II
1.50
2.44*aVL
0.50
0.35*V2
2.35
2.80*V5
1.45
2.11*III
0.25
0.64*aVF
0.85
1.52*V3
1.45
2.04*V6
1.05
1.56

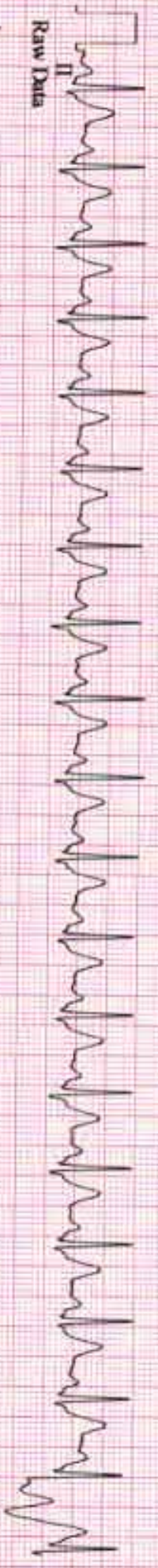
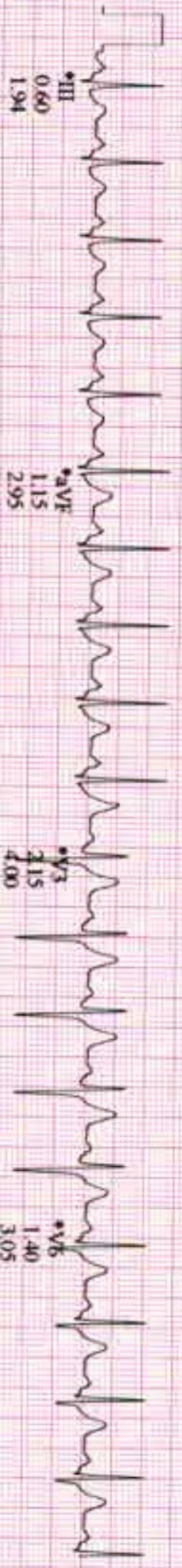
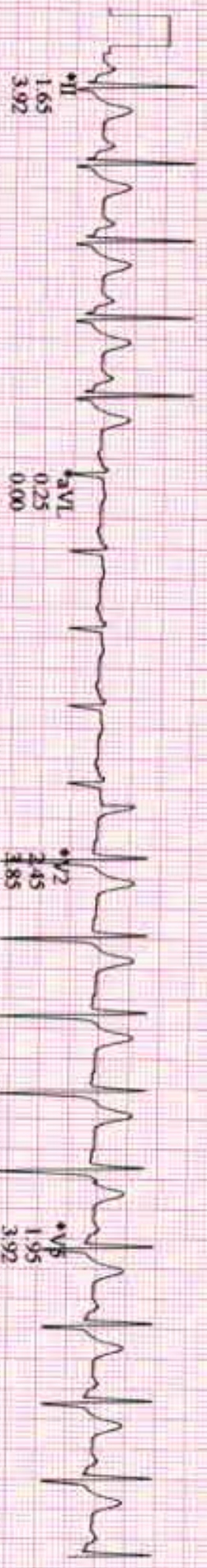
116 bpm
130/70 mmHg

RECOVERY
#1
01:00

BRUCE
0.0 mph
0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J

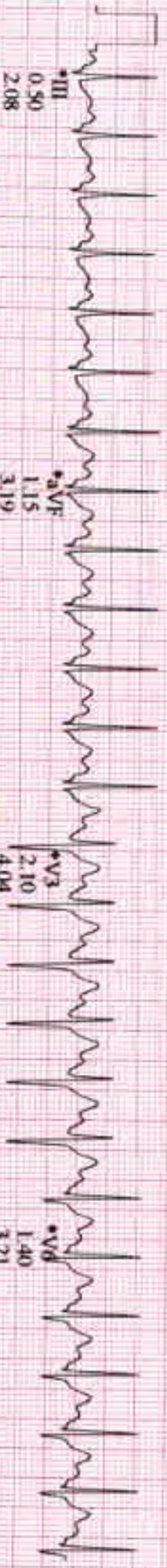


Computer Synthesized Rhythms

PRIMA DIAGNOSTICS

BRIDGE

3.4 mph
14.0%

ST @ 10mm/mV
60 ms post J

Raw Data

CE

101 bpm

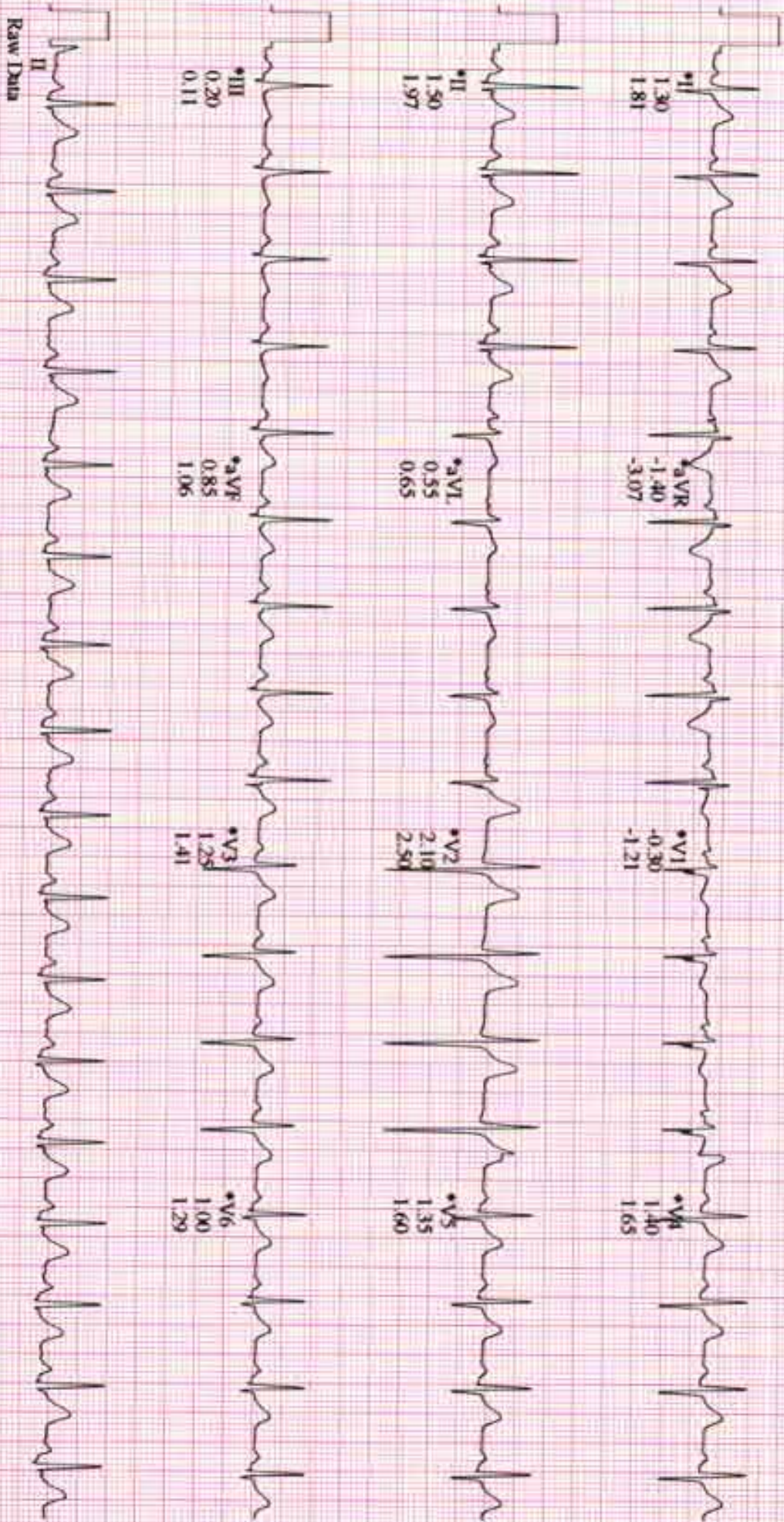
LINKED MEDIANS

PRIMA DIAGNOSTICS

ST @ 10mm/mV
60 ms post J

Dr. Vishal Kumar
Consultant Physician & Diabetologist
Reg. No.: KMC-51142
PRIMA DIAGNOSTICS

Lead
ST Level (mm)
ST Slope (mV/s)



Computer Synthesized Rhythms

MR. ABHISHEK KUMAR SINGH

Patient ID: 22WP142490

05.04.2022

11:05:36am

LINKED MEDIANS

PRIMA DIAGNOSTICS

103 bpm
140/70 mmHg

RECOVERY
#1
03:00

BRUCE
0.0 mph
0.0 %

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J

*I
0.80
1.23

*aVR
-0.85
-2.83

*V1
-0.25
-0.75

*V4
1.00
2.04

*II
0.90
2.12

*aVL
0.40
0.10

*V2
1.40
1.97

*V5
0.90
1.89

*III
0.10
0.78

*aVF
0.45
1.47

*V3
0.90
1.77

*V6
0.65
1.51

Raw Data

Computer Synthesized Rhythms

GE