**AJAX**

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AJAX is not a programming language. AJAX is a technique for accessing web servers from a web page. AJAX stands for Asynchronous JavaScript And XML.

* Read data from a web server - after the page has loaded
* Update a web page without reloading the page
* Send data to a web server - in the background

**XMLHttpRequest:**

The XMLHttpRequest object can be used to exchange data with a web server behind the scenes.

var xhttp = new XMLHttpRequest();