Ryan Hawkins

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# SKILLS

## Sales

* Managing the agenda and customers as a self-employed
* Responsible for finding new clients and renewal of contracts
* Managing schedule
* Ensuring client satisfaction

## Leadership

* Leading my team and operations of my nutrition and naturopathy company, more than 30 hours a week
* Founder and former president of the non-profit Ensemble Hemmingford Together, which organizes events to promote local businesses for more than 300 people and 50 companies.
* Captain of Champlain CEGEP Rugby Team

## Languages

* English: Spoken, and Written
* French: Spoken, and Written

# Experience

## Entrepreneur And Naturopath | Optimal Lifestyle | Since 2017

* Operating at 20+hours of clients/week
  + Customer Service
  + Sales
  + Accounting
  + Marketing

## Trainer and Naturopath | Mansfield Brossard | 2014-2020 (covid)

* Level 3 Trainer
  + Customer Service
  + Sales
  + Teamwork

# Education

## Nutrition et Naturopathie

* Naturopath, AMCC (ND. A)
* Kinesiology intégrée, Lucie Blouin
* BIA Master-classes, Lucie Blouin IFMCP, ND.A (6 course)
* *First Line Therapy,* Metagenics
* Sports Performance Nutrition, Dr Bob Rakowski DC, DIBAK, DACBN, CCN
* Keto Masterclass, Robert Silverman DC, DIBAK, CCN
* Biosignature, Poliquin International Certification Program (PICP)
* Strength Coach Level 3 (PICP)

## REFERENCES:

* Angele Brazeau – (On demand)
* Melanie Lavoie, Director Mansfield Brossard – (514) 652-1799
* Anne-Julie Charron, former Director Mansfield Brossard - (514) 946-8620