

Namaste, main Dr. Ankush Garg. Ayurveda mein main Neuro-Psychiatric Specialist hoon aur pichle 7+ saal se Autism, ADHD aur Neurodevelopmental Disorders par research aur practice kar raha hoon.

Sabse pehle, main aapko shukriya kehna chahta hoon ki aapne apna valuable time nikal kar ye course join kiya.

Main jaanta hoon aap kis situation se guzarte ho:

- Aapne speech therapy, OT, diets, supplements sab try kiya... par progress slow hai.
- Reports normal aati hain, lekin child abhi bhi normal behave nahi karta.
- Kabhi relatives samajhte nahi, aur kabhi aap guilty feel karte ho ki **“shayad humne kuch miss kar diya”**.

Mai ye pain personally har parent ka sunta hu ... aur isi liye main confidently keh sakta hoon: aap akelay nahi ho.

“Mera mission simple hai:

■ Har Autism aur developmental disorder child ko ek **“structured healing roadmap”** ke saath ek independent aur dignified life ki taraf le jaana.

Main nahi chahta ki koi parent apne bacche ke liye years waste kare hit-and-try approach me.

Main chahta hoon ki aap confidently keh pao:

“Haan, mera baccha

seekh raha hai, samajh raha hai, bol raha hai — aur independent life ki taraf badh raha hai.”

Aur ye course usi journey ka shuruat hai.” ---

“Aaj main aapko ye batane wala hoon:

- Results me kami kahan reh jaati hai?
- Therapies utni effective kyun nahi hoti?
- Kya Autism theek ho sakta hai? Agar haan, toh kitna aur kab tak? - Internal system aur external system ki approach kya hai?

Aur iss course me main aapko reveal karunga **“3 powerful secrets”** jo aapki soch badal denge:

Secret 1: “Why 80% of Autism Improvements Fail — And the Missing Link That No One Talks About”

Secret 2: “The 3-Phase Healing Blueprint That Unlocks Communication, Learning, and Emotional Control”

Secret 3: “How to See Visible Improvements in 180 Days — Without Adding More Hours to Therapy”

Aap in secrets ko miss nahi karna chahte.” ---

“Main parents ko ek truth batata hoon:

Autism ek aisi condition hai jisme jitna early intervention hoga results utne acche aur fast aate hai autism me breakthroughs milte hai aur delay karne ka matlab hai aap apne bacche ke development ke golden years ko miss kr rhe ho day by day

Agar aap bas hit-and-try karte rahe:

- Baccha bade hone ke baad social aur emotional weak ho sakta hai - Hyperactivity aur aggression zyada ho sakta hai.
- Speech aur learning permanently delay ho sakti hai.

Lekin agar aap ek structured roadmap follow karte ho, toh ****3–6 mahine me visible changes possible hain**** — jaise eye contact improve hona, hyperactivity kam hona, sleep better hona, aur dheere-dheere speech aur communication start hona.

Aur ye sirf meri theory nahi hai — ye results main apni practice me parents ke saath dekh chuka hoon.”

“Ab ek important baat: agar aapko is course ka poora benefit chahiye, toh kuch simple rules follow karne padenge:

1. ****No distraction zone:**** Apna phone silent par rakhiye, aur shant jagah me course dekhiye. 2. ****Take notes:**** Har module me insights likhiye, taaki baad me refer kar sako.
3. ****Sochne wale sawaal likhiye:**** Jo bhi question ya doubt aaye, usse note kijiye. Main consultation ke time aapke personal doubts clear karunga.
4. ****Har module ko complete dekhiye:**** Agar ek bhi part miss karte ho, toh aapko full picture samajh nahi aayegi.

Ye sirf videos dekhne ka course nahi hai, ye ek ****transformation journey**** hai.” ---

“Toh is course me aapko clarity milegi:

- Aapke child ka progress slow kyun hai,
- Therapies akeli kaam kyun nahi karti,
- Aur wo structured system jo aapke bacche ke liye breakthroughs laa sakta hai.

Aur sabse exciting baat: course ke last module me main aapko step by step bataunga ki ****aap Manovaidya ke saath apne child ki neurodevelopment journey kaise start kar sakte hain.****

Soch ke dekhiye — ek roadmap ke bina aap ghoom rahe the. Ab aapko ek guide, ek structured system aur ek proven pathway milega.

Are you ready? Chaliye, agla module shuru karte hain Secret 1 se:

Why 80% of Autism Improvements Fail — And the Missing Link That No One Talks About.