# Predict activity quality from activity monitors

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## Introduction

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement – a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it.

In this project, we will use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants to predict the manner in which they did the exercise.

## **Data Preprocessing**

```
library(lattice)
library(ggplot2)
library(caret)
library(kernlab)

## ## Attaching package: 'kernlab'

## alpha

library(rattle)

## Loading required package: tibble

## Rattle: A free graphical interface for data science with R.
## Version 5.4.0 Copyright (c) 2006-2020 Togaware Pty Ltd.
## Type 'rattle()' to shake, rattle, and roll your data.
```

```
library(corrplot)

## corrplot 0.90 loaded

set.seed(1234)
```

### Read the Data

After downloading the data from the data source, we can read the two csv files into two data frames.

```
traincsv <- read.csv("./data/pml-training.csv")
testcsv <- read.csv("./data/pml-testing.csv")
dim(traincsv)</pre>
```

```
## [1] 19622 160
```

```
dim(testcsv)
```

```
## [1] 20 160
```

The training data set contains 19622 observations and 160 variables, while the testing data set contains 20 observations and 160 variables. The "classe" variable in the training set is the outcome to predict.

## Clean the data

Removing unnecessary variables. Starting with N/A variables.

```
traincsv <- traincsv[,colMeans(is.na(traincsv)) < .9] #removing mostly na columns
traincsv <- traincsv[,-c(1:7)]#removing metadata which is irrelevant to the outcome</pre>
```

Removing near zero variance variables.

```
nvz <- nearZeroVar(traincsv)
traincsv <- traincsv[,-nvz]
dim(traincsv)</pre>
```

```
## [1] 19622 53
```

Now that we have finished removing the unnecessary variables, we can now split the training set into a validation and sub training set. The testing set "testcsv" will be left alone, and used for the final quiz test cases.

```
inTrain <- createDataPartition(y=traincsv$classe, p=0.7, list=F)
train <- traincsv[inTrain,]
valid <- traincsv[-inTrain,]</pre>
```

## Creating and Testing the Models

Here we will test a few popular models including: Decision Trees, Random Forest, Gradient Boosted Trees, and SVM. This is probably more than we will need to test, but just out of curiosity and good practice we will run them for comparison.

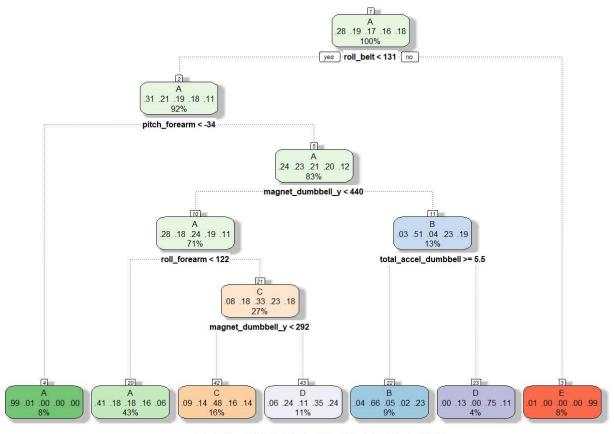
Set up control for training to use 3-fold cross validation.

```
control <- trainControl(method="cv", number=3, verboseIter=F)</pre>
```

## **Decision Tree**

#### Model:

mod\_trees <- train(classe~., data=train, method="rpart", trControl = control, tuneLength = 5)
fancyRpartPlot(mod\_trees\$finalModel)</pre>



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#### Prediction:

```
pred_trees <- predict(mod_trees, valid)
cmtrees <- confusionMatrix(pred_trees, factor(valid$classe))
cmtrees</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
                                     Ε
## Prediction
                 Α
                           C
                               D
##
            A 1519
                   473
                        484
                              451
                                  156
            В
                   355
                          45
##
                28
                               10
                                  130
            C
##
                83
                   117
                        423
                             131 131
##
            D
                40
                   194
                         74
                              372
                                  176
            Ε
##
                 4
                      0
                           0
                               0
                                  489
##
## Overall Statistics
##
##
                  Accuracy : 0.5366
##
                    95% CI: (0.5238, 0.5494)
##
       No Information Rate: 0.2845
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                     Kappa: 0.3957
##
   Mcnemar's Test P-Value : < 2.2e-16
##
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                          0.9074 0.31168 0.41228 0.38589 0.45194
## Specificity
                         0.6286 0.95512 0.90492 0.90165
                                                            0.99917
## Pos Pred Value
                         0.4927 0.62500 0.47797
                                                   0.43458
                                                            0.99189
## Neg Pred Value
                         0.9447 0.85255 0.87940
                                                   0.88228
                                                            0.89002
## Prevalence
                         0.2845 0.19354 0.17434
                                                   0.16381
                                                            0.18386
                                                   0.06321
## Detection Rate
                         0.2581 0.06032 0.07188
                                                            0.08309
## Detection Prevalence 0.5239 0.09652 0.15038
                                                   0.14545
                                                            0.08377
## Balanced Accuracy
                         0.7680 0.63340 0.65860 0.64377
                                                            0.72555
```

#### Random Forest

```
mod_rf <- train(classe~., data=train, method="rf", trControl = control, tuneLength = 5)

pred_rf <- predict(mod_rf, valid)

cmrf <- confusionMatrix(pred_rf, factor(valid$classe))

cmrf</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction
                 Α
                            C
                                      Ε
##
            A 1673
                      4
                                 0
                                      0
            В
##
                 1 1132
                            8
                                 0
                                      0
            C
##
                 0
                      3 1016
                                 5
                                      1
##
            D
                 0
                      0
                            2 958
                                      0
##
            Ε
                      0
                            0
                 0
                                 1 1081
##
## Overall Statistics
##
##
                  Accuracy : 0.9958
##
                    95% CI: (0.9937, 0.9972)
##
       No Information Rate: 0.2845
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                     Kappa: 0.9946
##
##
   Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                           0.9994
                                    0.9939
                                             0.9903
                                                      0.9938
                                                                0.9991
## Specificity
                           0.9991
                                    0.9981
                                             0.9981
                                                      0.9996
                                                                0.9998
## Pos Pred Value
                          0.9976
                                    0.9921
                                             0.9912
                                                      0.9979
                                                                0.9991
## Neg Pred Value
                          0.9998
                                    0.9985
                                             0.9979
                                                      0.9988
                                                                0.9998
## Prevalence
                          0.2845
                                    0.1935
                                             0.1743
                                                      0.1638
                                                                0.1839
## Detection Rate
                          0.2843
                                    0.1924
                                             0.1726
                                                      0.1628
                                                                0.1837
## Detection Prevalence
                          0.2850
                                    0.1939
                                             0.1742
                                                      0.1631
                                                                0.1839
## Balanced Accuracy
                          0.9992
                                    0.9960
                                             0.9942
                                                      0.9967
                                                                0.9994
```

#### **Gradient Boosted Trees**

```
mod_gbm <- train(classe~., data=train, method="gbm", trControl = control, tuneLength = 5, verbos
e = F)

pred_gbm <- predict(mod_gbm, valid)
cmgbm <- confusionMatrix(pred_gbm, factor(valid$classe))
cmgbm</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
                            C
## Prediction
                 Α
                                      Ε
##
            A 1671
                      5
                                      0
                 1 1128
##
            В
                           15
                                 0
                                      0
            C
##
                 2
                      6 1007
                                 8
                                      4
##
            D
                      0
                            4 953
                                      1
                 0
##
            Ε
                      0
                            0
                                 3 1077
                 0
##
## Overall Statistics
##
##
                  Accuracy : 0.9917
##
                    95% CI: (0.989, 0.9938)
##
       No Information Rate: 0.2845
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                     Kappa : 0.9895
##
##
   Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                           0.9982
                                    0.9903
                                             0.9815
                                                      0.9886
                                                                0.9954
## Specificity
                           0.9988
                                    0.9966
                                             0.9959
                                                      0.9990
                                                                0.9994
## Pos Pred Value
                          0.9970
                                    0.9860
                                             0.9805
                                                      0.9948
                                                                0.9972
## Neg Pred Value
                                             0.9961
                          0.9993
                                    0.9977
                                                      0.9978
                                                                0.9990
## Prevalence
                          0.2845
                                    0.1935
                                             0.1743
                                                      0.1638
                                                                0.1839
## Detection Rate
                          0.2839
                                    0.1917
                                             0.1711
                                                      0.1619
                                                                0.1830
## Detection Prevalence
                          0.2848
                                    0.1944
                                             0.1745
                                                      0.1628
                                                                0.1835
## Balanced Accuracy
                          0.9985
                                    0.9935
                                             0.9887
                                                      0.9938
                                                                0.9974
```

#### Support Vector Machine

```
mod_svm <- train(classe~., data=train, method="svmLinear", trControl = control, tuneLength = 5,
  verbose = F)

pred_svm <- predict(mod_svm, valid)
  cmsvm <- confusionMatrix(pred_svm, factor(valid$classe))
  cmsvm</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction
                            C
                                 D
                                      Ε
                 Α
            A 1537
                           79
                                69
                                     50
##
                    154
##
            В
                29
                     806
                           90
                                46
                                    152
##
            C
                40
                      81
                          797
                               114
                                     69
##
            D
                61
                      22
                           32
                               697
                                     50
            Ε
                 7
                      76
##
                           28
                                38 761
##
##
   Overall Statistics
##
                  Accuracy : 0.7813
##
                     95% CI: (0.7705, 0.7918)
##
##
       No Information Rate: 0.2845
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                      Kappa: 0.722
##
##
    Mcnemar's Test P-Value : < 2.2e-16
##
## Statistics by Class:
##
##
                         Class: A Class: B Class: C Class: D Class: E
                                             0.7768
## Sensitivity
                           0.9182
                                    0.7076
                                                       0.7230
                                                                0.7033
## Specificity
                           0.9164
                                    0.9332
                                              0.9374
                                                       0.9665
                                                                0.9690
## Pos Pred Value
                                              0.7239
                           0.8137
                                    0.7177
                                                       0.8086
                                                                0.8363
## Neg Pred Value
                           0.9657
                                    0.9301
                                              0.9521
                                                       0.9468
                                                                0.9355
## Prevalence
                           0.2845
                                    0.1935
                                              0.1743
                                                       0.1638
                                                                0.1839
## Detection Rate
                           0.2612
                                    0.1370
                                              0.1354
                                                       0.1184
                                                                0.1293
## Detection Prevalence
                           0.3210
                                    0.1908
                                              0.1871
                                                       0.1465
                                                                0.1546
## Balanced Accuracy
                           0.9173
                                    0.8204
                                              0.8571
                                                       0.8447
                                                                0.8362
```

# Predicting on Test Data Set

Running our test set to predict the classe (5 levels) outcome for 20 cases with the Random Forest model.

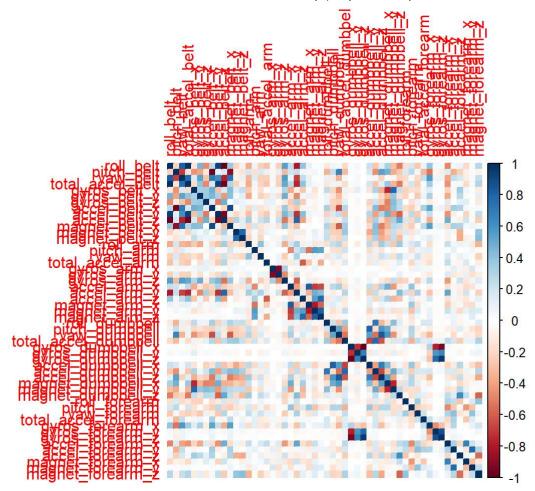
```
pred <- predict(mod_rf, testcsv)
print(pred)</pre>
```

```
## [1] B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```

# Appendix: Figures

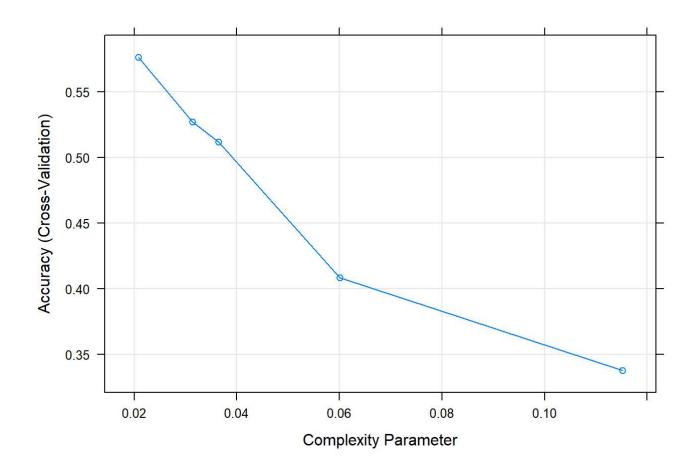
1.correlation matrix of variables in training set

```
corrPlot <- cor(train[, -length(names(train))])
corrplot(corrPlot, method="color")</pre>
```

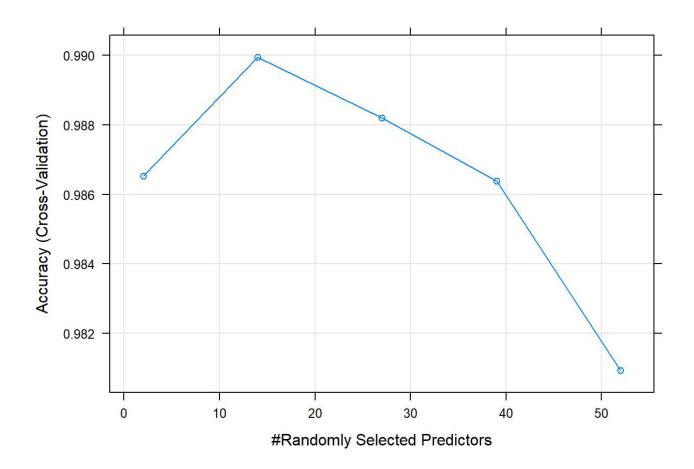


#### 2.Plotting the models

plot(mod\_trees)



plot(mod\_rf)



plot(mod\_gbm)

