

Your policy has been renewed



Mr Abhishek Danalakota
312 Carrington Park, Santry, Northwood
D09P446
DUBLIN 9

Policy Number
VIVG671526

Renewal Date
31 December 2021

27th December 2020

Hi Abhishek,

Many thanks for renewing your health insurance with Irish Life Health. We're delighted to cover you for another year.

With your cover in place, you should now check over these important documents enclosed:

1

Who's covered and what it costs

This shows the plan and premium details for everyone on the policy.

2

What you're covered for

This lists all the benefits covered on the plan.

If everything's OK, you don't need to do anything. But if something's not right, contact us and we'll sort it out.

Second thoughts?

If you want to cancel your cover for any reason, it's absolutely no problem. A full refund will be given if the policy is cancelled any time in the first 14 days.

Can we help you with anything else? If so, email heretohelp@irishlifehealth.ie or contact us at **1890 717 717** and we'll happily give you all the support you need.

Kind regards,
Your Renewal Team

[Log in to My Account to read your policy documents](#)

- > Member Handbook
- > Privacy Notice

The benefits of being with Irish Life Health



Digital Doctor

- > Get unlimited consultations with a GP by phone or online video.

Call **1890 100 048** to make an appointment.



Back-Up

- > Get expert advice and treatment for acute back and neck pain - can include up to eight physiotherapy sessions for only €50.

Call **1890 928 998** for an assessment.



Healthy Minds

- > A counselling programme that offers advice to members aged 16+ where clinically appropriate. Available online, over the phone or face to face.

Call **1850 718 888** to talk to a counsellor.



International Second Opinion Service

- > This service provides members diagnosed with a serious medical condition with access to a medical second opinion.

Call **1800 902 251** for assistance.



Minor Injury Clinic

- > Rapid access to a network of walk-in minor injury clinics.

More information on **irishlifehealth.ie**



MyLife*

- > Get exclusive access to rewards by tracking healthy behaviours through **MyLife**, the new health and wellbeing app by Irish Life Financial Services.

Download from the app store today - search **MyLife**.

SOME TERMS AND CONDITIONS APPLY.



My Account

- > Manage your policy online through My Account or our Member App. You can view your policy documents, make changes to your personal information and add / remove members.



Online Claiming

- > Claim for the everyday health expenses covered on your plan as you go. You must claim expenses covered on your plan within 6 months of the end of the relevant policy year, otherwise they will not be paid.

Visit **irishlifehealth.ie** to log in or sign up.

*My Life provided by Irish Life Financial Services is available to all adult Irish Life Health members and is not a regulated financial service.

1 Who's covered and what it costs

All the key details about your Irish Life Health policy explained



1. Your policy detail

Group scheme name	Genpact		
Intermediary name	Aon		
Payment method	Payroll Deduction		
Start date of policy	31 December 2020	End date of policy	30 December 2021
Company pays	€1,204.50	You pay	€0.00
Health Insurance Premium			€1,204.50

2. Who your plan covers?

Here's a breakdown of who's currently covered by your plan and how much they pay:

3. Your Personalised Packages

You can change these within 14 days of your policy's start date.

Who is covered?	Member number	Date of birth	The Plan	Personalised Packages
Abhishek Danalakota	3548401	28/11/1995	4D Health 2	You Extra, Travel Extra

4. How much it costs

Here's a breakdown of how much you pay for each person on the policy

		-	+	=	-	+	=	-	=
Name	Premium	Risk Equalisation Premium Credit ¹	Levy ²	Total Premium	Group Discount ³	Loading ⁴	Gross Premium ⁵	Tax Relief	Net Health Insurance Premium
	€	€	€	€	€	€	€	€	€
Danalakota, Abhishek	1111.56	0.00	449.00	1560.56	156.06	0.00	1404.50	200.00	1204.50

- 1 Only applicable for members aged 65 years and over. These credits are funded by the risk equalisation fund which is shared among health insurers.
- 2 An amount payable by Irish Life Health to the shared risk equalisation fund for each person we insure.
- 3 If a group discount applies to your premium, it will be shown here. Group discounts are discretionary and therefore subject to change/removal at the end of the policy year or if any changes are made to your policy mid-term.
- 4 If a loading is payable under Lifetime Community Rating Regulations, it will be shown here.
- 5 If your employer pays for some or all of your premium, a benefit in kind will arise.

2 What you're covered for

4D Health 2

Effective from 31st December 2020

You should read this table of cover along with the Tailored Health Plans membership handbook effective from October 2020, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List A in Part 12 of your Tailored Health Plans membership handbook.

In-patient Benefits

Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

Benefits	Public Hospital	Private Hospital	High-tech Hospital
Semi Private Room	Covered	Covered subject to €150 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures ¹	Covered (Beacon only) subject to €150 excess per claim. 50% Cover in Blackrock Clinic and Mater Private.
Private Room	Covered	Semi-Private Rate subject to €150 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures ¹	Semi-Private Rate (Beacon only) subject to €150 excess per claim. 50% of Semi-Private Rate in Blackrock Clinic and Mater Private
Day Case	Covered	Covered subject to €75 excess per claim	Covered subject to €75 excess per claim
Listed Cardiac Procedures ¹	-	-	Covered subject to €150 excess per claim
Listed Special Procedures ¹	-	-	Covered subject to €150 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures ¹

Maternity

Public hospital cover for maternity	3 nights accommodation
Inpatient maternity consultant fees	As per schedule of benefits for professional fees ²
Newborn free till next renewal	Yes
Home birth	Covered up to €4,000

Emergency Inpatient Treatment Abroad and related benefits

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered

Elective overseas referral

International Second Opinion Service	Covered - refer to your Membership Handbook
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland



Psychiatric Treatment

Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)



Other Benefits

Oncotype DX	Covered
Health in the Home	Covered (Immediately following an inpatient stay)
Post Operative Home Help	2 x 3 hour cleaning sessions
Convalescence benefits	€50 x 15 days
Child Home Nursing	€100 x 14 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Medical ambulance costs	Covered (refer to Membership Handbook)
Gender reassignment benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face



Out-patient Benefits

Out-patient Benefits not subject to excess

Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Minor Injury Clinic Cover	75% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €200 per visit
MRI Scan: approved centre	Covered
HPV Vaccine	50% up to €200 per policy year
CT Scan: approved centre	Covered
Out-patient maternity consultant fees	€400
Health screening & allergy testing	Up to €200 per policy year
PET-CT Scan: approved centre	Covered
Nutrition Recovery Benefit	€50 contribution
Psychotherapy and counselling benefit	50% up to 12 visits capped at €1,000 per policy year

Out-patient Benefits subject to excess

Outpatient excess per person	€1
Maximum amount of outpatient benefits per member per policy year	€4000
Consultant fees	50% per visit, unlimited
Public A&E Cover	50% up to €50 per visit
Psycho-oncology Counselling	50% up to €25 x 8 visits
Manual Lymph Drainage	50% up to €25 x 5 visits
Home Nursing	€40 x 20 days
Emergency Dental Care	€250

Medical and surgical appliances	As per specified list (subject to €200 excess) ³
Pathology: Consultant fees	50% as per schedule of benefits for professional fees ²
Pathology: Cost of test	50% Cover
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% as per schedule of benefits for professional fees ²



Day to Day Benefits

Day to Day Benefits subject to excess

Individual Day-to-day excess	€1
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Day to Day Practitioners

GP Visits	50% of each visit
Dentist Visits	50% up to €150 per policy year
Physiotherapist or Physical therapist	€30 x 10 visits



Allied Health Professionals and Alternative Practitioners

Acupuncturist	50% x 12 combined visits ⁴
Chiropractor	50% x 12 combined visits ⁴
Homeopath	50% x 12 combined visits ⁴
Massage therapist	50% x 12 combined visits ⁴
Osteopath	50% x 12 combined visits ⁴
Reflexologist	50% x 12 combined visits ⁴
Reiki practitioner	50% x 12 combined visits ⁴



Other Day-to-day Benefits

Chiroprapist Visits	50% x 12 combined visits ⁴
Clinical Psychologist	€25 x 10 visits
Dietician Visits	50% x 12 combined visits ⁴
Hearing Test	Up to €25 x 1
Nutritionist Visits	50% x 12 combined visits ⁴
Occupational therapist Visits	50% x 12 combined visits ⁴
Optical (eye test and/or glasses/lenses combined)	50% up to €75 per policy year
Orthoptist Visits	50% x 12 combined visits ⁴
Podiatrist Visits	50% x 12 combined visits ⁴
Prescriptions	€15 x 3 prescriptions
Speech Therapist	50% x 12 combined visits ⁴

Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient.



Personalised Packages

You Extra

Orthodontics	€100 cash benefit
Lifestyle Genomic Testing - Nutrition, Fitness, Sleep and Stress	50% up to €75 with our provider partner

Laser treatment - skin conditions	€25 contribution
Laser treatment - facial hair	€25 contribution
Mindfulness Course	€50 cash back
Dietician or Nutritionist	€30 x 2 visits
Sports Club / Gym Membership / Classes	€30 contribution
Sexual health screening - Simple 2 Test	Covered with our provider partner
Vasectomy (GP only)	Covered up to €360
One hour teeth whitening	10% point of sale discount plus 10% contribution up to max. of €25
Flu vaccination	Fully covered with our provider partner
Weight Management 10 week programme	15% point of sale discount plus 10% contribution with Motivation.ie

Travel Extra

Additional costs arising from In-patient claim	€1500
Additional costs arising from Out-patient claim	€500
Out-patient A&E abroad	50% up to €1,000
Travel Vaccine Consultation	€50 contribution with our provider partner
Travel Vaccination	€50 contribution with our provider partner plus 10% point of sale discount
Prescriptions Abroad	€20 x 1 prescription



Members Benefits

Back Up	International Second Opinion Service
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie	

¹ All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.

² The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.

³ The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.

⁴ The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.

Terms of Business



This document outlines the 'terms of business' between you and Irish Life Health dac ("Irish Life Health"). Irish Life Health is a health insurance company which underwrites non-life insurance in classes 1 & 2. Irish Life Health, part of the Irish Life Group, has its registered office at Irish Life Centre, Lower Abbey Street, Dublin 1. Its Company Registration Number is: 376607. Its VAT number is 6396607G. Irish Life Health may be contacted by phone on 1890 717 717 or by emailing heretohelp@irishlifehealth.ie

AUTHORISATION

Irish Life Health is regulated by the Central Bank of Ireland. Irish Life Health has been entered onto the Register of Health Benefit Undertakings maintained by the Health Insurance Authority.

CODES OF CONDUCT

Irish Life Health is subject to a number of the Central Bank of Ireland's codes of conduct including the Consumer Protection Code 2012 and the Minimum Competency Code 2017. These codes of conduct are in place to protect consumers when dealing with regulated financial service providers. Copies of these codes are available on the Central Bank of Ireland's website, www.centralbank.ie

REGULATED ACTIVITIES

Irish Life Health is a health insurance provider. If you have purchased a hospital plan, your policy covers you for in-patient and out-patient medical expenses. If you have purchased a day-to-day plan this covers some of your day-to-day medical expenses.

YOUR CONTRACTUAL DOCUMENTATION

Your contractual documentation includes: the Membership Handbook (including the list of medical facilities); your completed application; your Table of Cover; the Schedule of Benefits; the General Practitioners booklet and the Terms of Business. The Membership Handbook must be read in conjunction with the Table of Cover which sets out the level of benefits you are entitled to under your plan and states which medical facilities are covered under your plan. Who's covered and what it costs will set out your plan, membership number and the start and end date of your policy. The Schedule of Benefits sets out the medical criteria that must be met before the procedures and treatments will be covered by Irish Life Health and the procedures and treatments that must be pre-approved by Irish Life Health before they will be covered. The Schedule of Benefits can be found on this website or a hard copy is available from Irish Life Health on request.

CHARGES

The contract relating to your membership of your Irish Life Health policy is for a 12 month contractual term, the details of which are specified on your membership certificate. Irish Life Health will charge you a premium for this policy. If you cancel your policy prior to the end of the policy year, or do not pay your premium in accordance with the terms of your policy for the full duration of the policy year, Irish Life Health will not pay any claims made in respect of the period following the date of cancellation or non-payment and will seek recovery of the health insurance levy calculated on a pro-rata basis for each adult, student and child on your policy, for the remainder of the time left on the policy, together with an administration fee of €25 euro per policy. This is known as a mid-term cancellation charge. Details of the annual amount of the health insurance levy are set out in your membership certificate.

Where contracts are terminated mid-term, we will also charge for service supplied in accordance with the contract, such charge being proportionate to the time on cover. Irish Life Health reserves the right to deduct the amount representing the cancellation charge referred to above against the amount (if any) due to be refunded to you as a result of your cancellation of your policy. In all other circumstances, an invoice will be issued to you in respect of the cancellation charge.

PERSONAL DATA

We use personal information to provide health insurance plans, service our customers and to assess and pay claims. We may in certain circumstances either directly or indirectly share your personal information with other health insurers for the purposes of verifying lifetime community rating loading information and determining waiting periods and with insurance bodies to the extent permitted by law. If you give us false information or fail to disclose information, we will record this. To help improve the level of service we provide, we may on occasions contact you for participation in consumer satisfaction or research surveys. Your details may be used for these purposes for 12 months after your policy has ended.

In certain instances, we may need to collect personal information, including medical or other sensitive personal information, from third parties about you and any other member named on your policy. This information

will remain strictly confidential and will only be sought and used in order to provide the services set out in your contract with us and for administration of this policy. To see our full Privacy Notice please visit <https://www.irishlifehealth.ie/privacy-and-legal/privacy-statement/>

CONFLICTS OF INTEREST

It is our policy to avoid any conflict of interest when providing business services to our customers. We have policies in place for our employees in relation to conflicts of interest. These are designed to ensure that potential conflicts of interest between you and us or our employees are avoided. However, if an unavoidable conflict arises we will advise you of this in writing before providing any business service.

PREMIUM DEFAULT

If you do not pay your premium on time Irish Life Health may cancel your policy with effect from the date the first missed payment was due and not received, and you will not be entitled to claim under that policy. You may also be subject to the cancellation charge as detailed above.

CANCELLATION

Both you and Irish Life Health can cancel the policy by notice at any time, subject to the applicable charges set out above. In order to cancel your policy, you should write to The Customer Services Manager, Irish Life Health, P.O.Box 13028, Dublin 1, or telephone us on 1890 717 717.

REMUNERATION

If you buy your health insurance policy directly from us, the relevant Irish life Health employee will receive remuneration. If you buy your health insurance through a broker, we will pay them commission.

COOLING OFF

You can cancel your policy within 14 days from the date the contract was entered into or from the date you are given the policy documentation, whichever is the latter. This is known as the cooling off period. If during the cooling off period of 14 days you cancel your policy with effect from its start date, we will provide a full refund of premium paid. However, if you or any member has made a claim you will not be entitled to a refund of the premium paid.

During the cooling off period, should you wish to terminate your policy with effect from a date later than the start date, we will impose a charge for providing any service supplied in accordance with the contract, such charge being proportionate to time on cover. We will also charge a mid-term cancellation charge as outlined under the 'Charges' section.

COMPLAINTS POLICY

We aim to give excellent service to all our members; however, we recognise that things may occasionally go wrong. We will do our best to deal with your complaint as effectively and quickly as possible. If you arranged your cover through a broker initially then you should direct your complaint to the broker through whom you arranged your cover.

Alternatively you can contact the Complaints Team:

- > By phone on 1890 717 717
- > By email: heretohelp@irishlifehealth.ie
- > By post at: The Complaints Team, P.O Box 13028, Dublin 1.

If you remain dissatisfied with us, you may refer your complaint to: Financial Services and Pensions Ombudsman, Lincoln House, Lincoln Place, Dublin 2, D02 VH29
Tel: (01) 567 7000
Email: info@fspoi.ie
Website: www.fspoi.ie

LAW APPLICABLE & LANGUAGE OF TERMS AND CONDITIONS/COMMUNICATIONS

Please note that Irish law will apply to your health insurance contract and Irish Courts will have jurisdiction to hear any disputes regarding the contents unless otherwise stated in our policy terms and conditions. All contractual terms and conditions and communications shall be in English.

Any information given in relation to quotations is valid for 1 day only. All quotations are valid only for and on the day of issue.

This Terms of Business is effective from 1st September 2020

Health Insurance

Insurance Product Information Document

Company: Irish Life Health dac
Product: 4D Health 2

Irish Life Health dac is regulated by the Central Bank of Ireland. A private company limited by shares. Registered in Ireland No. 376607. Registered Office Irish Life Centre, Lower Abbey Street, Dublin 1



Irish Life health

Complete pre-contractual and contractual information on this Health Insurance product is contained in your Table of Cover and Membership Handbook.

What is this type of insurance?

Health Insurance



What is insured?

- ✓ Cover for a Semi Private Room in a Private Hospital and the Beacon Hospital with a €150 excess per claim
- ✓ Cover for Day Case procedures in Private and High Tech hospitals with a €75 excess per claim
- ✓ A co-payment of €2,000 on certain orthopaedic procedures in Private and High Tech Hospitals
- ✓ Money back on day to day expenses such as GP, dentist, physiotherapy and a range of Allied Health Professionals and Alternative Practitioners visits



What is not insured?

- ✗ Any costs incurred whilst a waiting period applies
- ✗ Medical care that our medical advisers believe is not medically necessary
- ✗ This is not a complete list. For full details on your cover please refer to your Table of Cover and Membership Handbook



Are there any restrictions on cover?

- ! You must be a resident of the Republic of Ireland
- ! Except in the case of Emergency Care in a Public Hospital, your hospital cover is restricted to those hospitals set out in the hospital list applicable to your plan
- ! This is not a complete list. For full details on your cover please refer to your Table of Cover and Membership Handbook



Where am I covered?

- ✓ In the Medical Facilities listed on your plan
- ✓ Abroad for inpatient Accident and Emergency
- ✓ Abroad for Elective procedures, once pre-approved



What are my obligations?

- Provide accurate and complete information regarding you and any other members to be covered under your policy
- Keep your premium payments up to date



When and how do I pay?

You may pay in monthly instalments by direct debit, or you may pay your annual premium in advance by credit card. Where applicable your employer may facilitate full or part payment of your premium.



When does the cover start and end?

As soon as we receive your first premium, you will be covered from your chosen commencement date subject to the terms and conditions of your policy and cover lasts until your next renewal date which is generally 12 months, as noted on your membership certificate



How do I cancel the contract?

Call our Customer Care Team or let us know in writing. Please note a cancellation fee will apply to all policies cancelled mid-term. This fee includes an administration fee of €25 and the portion of the government health insurance levy which has not yet been paid by you.

