Lasso Regression

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Introduction and Motivation

What is Lasso Regression?

Definition: LASSO

Least Absolute Shrinkage and Selection Operator

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Definition: LASSO

Least Absolute Shrinkage and Selection Operator

Key Points: Key Properties

- Uses L1 penalty (absolute values) instead of L2 penalty
- Leads to sparse solutions (many coefficients become exactly zero)
- Performs automatic feature selection
- Popular for high-dimensional problems

Mathematical Formulation

Problem: Why Not Just Use Ridge?

Important: Limitation of Ridge Regression

Ridge regression shrinks coefficients but **never makes them exactly zero**

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Example: High-Dimensional Problem

- 1000 features, only 50 are truly relevant
- Ridge gives tiny but non-zero coefficients for irrelevant features
- Model is not interpretable
- Need automatic feature selection!

Lasso Objective Function: Constrained Form

Definition: Constrained Optimization

Find θ_{opt} such that:

$$m{ heta}_{\sf opt} = rg \min_{m{ heta}} \|(\mathbf{y} - \mathbf{X} m{ heta})\|_2^2$$
 subject to $\|m{ heta}\|_1 \leq m{s}$

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 subject to $\|m{ heta}\|_1 \leq s$

L1 Norm (Manhattan Distance)

$$\|\boldsymbol{\theta}\|_1 = |\theta_1| + |\theta_2| + \dots + |\theta_d| = \sum_{j=1}^d |\theta_j|$$

Lasso Objective Function: Penalized Form

Theorem: Using Lagrangian Duality (KKT Conditions)

Constrained form is equivalent to:

$$oldsymbol{ heta}_{\mathsf{opt}} = rg\min_{oldsymbol{ heta}} \underbrace{\|(\mathbf{y} - \mathbf{X}oldsymbol{ heta})\|_2^2 + \lambda \|oldsymbol{ heta}\|_1}_{\mathsf{Lasso Objective}}$$

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Key Points: Key Components

- $\|(\mathbf{y} \mathbf{X}\boldsymbol{\theta})\|_2^2$: Data fitting term (minimize prediction error)
- $\lambda \|\theta\|_1$: **L1 penalty** (encourage sparsity)
- $\lambda \ge 0$: **Regularization parameter** (controls sparsity)

The Challenge: Non-Differentiability

Important: Problem

The L1 norm $\|m{ heta}\|_1 = \sum_j | heta_j|$ is **not differentiable** at $heta_j = 0$

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The L1 norm $\|m{\theta}\|_1 = \sum_j | heta_j|$ is **not differentiable** at $heta_j = 0$

Cannot Use Standard Calculus

$$\frac{\partial}{\partial \boldsymbol{\theta}} \left[\| (\mathbf{y} - \mathbf{X} \boldsymbol{\theta}) \|_2^2 + \lambda \| \boldsymbol{\theta} \|_1 \right] = 0$$

This fails because $\frac{\partial |\theta_j|}{\partial \theta_j}$ is undefined at $\theta_j = 0$

Solution Approaches

Key Points: Three Main Approaches

- Coordinate Descent: Optimize one coefficient at a time
- Subgradient Methods: Generalize derivatives to non-smooth functions
- Proximal Methods: Use soft-thresholding operators

Example: Focus

We'll concentrate on coordinate descent - most popular for Lasso

Why Lasso Gives Sparsity

Sparsity: The Key Question

Important: Central Question

Why does Lasso produce sparse solutions while Ridge doesn't?

Sparsity: The Key Question

Important: Central Question

Why does Lasso produce sparse solutions while Ridge doesn't?

Key Points: Two Perspectives

- Geometric: Shape of constraint regions
- Algorithmic: Behavior of optimization algorithms

Sparsity: The Key Question

Important: Central Question

Why does Lasso produce sparse solutions while Ridge doesn't?

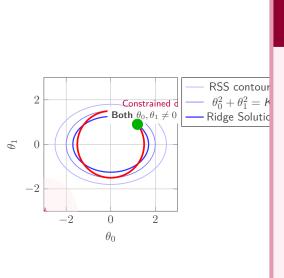
Key Points: Two Perspectives

- Geometric: Shape of constraint regions
- Algorithmic: Behavior of optimization algorithms

Example: Preview

We'll see why L_p norms with p < 2 promote sparsity

L2 Norm: Ridge Regression

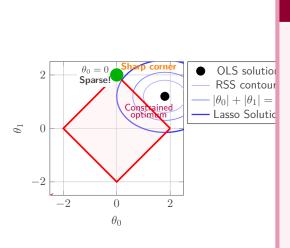


Key Points: L2 Constraint Properties

- **Shape:** Perfect circle
- Boundary: Smooth everywhere
- Intersection:
 Rarely on axes
- Result: No sparsity
- **Effect:** Shrinks coefficients

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L1 Norm: Lasso Regression

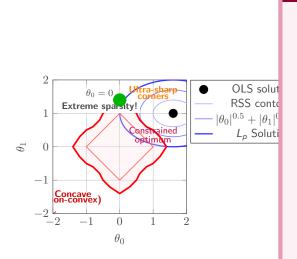


Key Points: L1 Constraint Properties

- Shape: Diamond/rhombus
- Corners: Sharp at axes
- Intersection:
 High probability on axes
- Result: Automatic sparsity!
- Effect: Sets

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L_p Norm: 0 (Example: <math>p = 0.5)



Key Points: L_p Properties (p < 1)

- Shape: Highly concave
- Corners:
 Ultra-sharp at axes
- Sparsity: Extremely high probability
- Optimization: Non-convex, much harder
- Trade-off:

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Sparsity Trend: $L_2 \rightarrow L_1 \rightarrow L_p$

Theorem: Key Insight

As p decreases from 2 to 1 to p < 1:

- Constraint regions become more pointed at axes
- Probability of intersection at axes increases
- Sparsity increases
- · Optimization difficulty increases

Sparsity Trend: $L_2 \rightarrow L_1 \rightarrow L_p$

Theorem: Key Insight

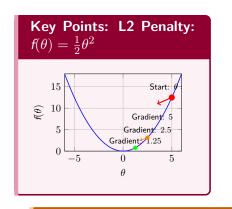
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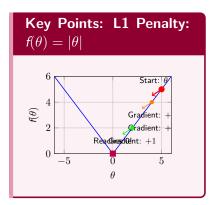
- Constraint regions become more pointed at axes
- · Probability of intersection at axes increases
- Sparsity increases
- · Optimization difficulty increases

Important: Why p = 1 is Special

- Still promotes sparsity (sharp corners)
- Remains convex (unlike p < 1)
- · Computationally tractable

L2 vs L1: Gradient Descent Behavior





Example: Key Difference

L2: Gradient $\propto \theta$ (decreases). L1: Constant gradient $=\pm 1$

Gradient Descent: Step 1

L2 Update

•
$$\frac{df}{d\theta} = \theta = 5$$

•
$$\theta_{new} = 5 - 0.5 \times 5 = 2.5$$

•
$$f(2.5) = 3.125$$

L1 Update

- $\frac{df}{d\theta} = \operatorname{sign}(\theta) = +1$
- $\theta_{\textit{new}} = 5 0.5 \times 1 = 4.5$
- f(4.5) = 4.5

Important: Key Difference

L2 gradient depends on θ value, L1 gradient is constant ± 1

Gradient Descent: Multiple Steps

Key Points: L2 Sequence

- $\theta_0 = 5.0$
- $\theta_1 = 2.5$
- $\theta_2 = 1.25$
- $\theta_3 = 0.625$
- $\theta_4 = 0.3125$
- : (never exactly 0)

Key Points: L1 Sequence

- $\theta_0 = 5.0$
- $\theta_1 = 4.5$
- $\theta_2 = 4.0$
- $\theta_3 = 3.5$
- •
- $\theta_{10} = 0.0$ (exactly!)

Theorem: Sparsity Mechanism

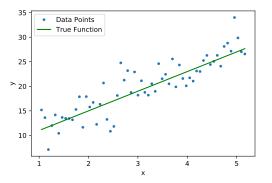
L1 penalty creates **constant gradient** that drives parameters to exactly zero in finite steps!

Geometric Interpretation

Sample Dataset for Demonstration

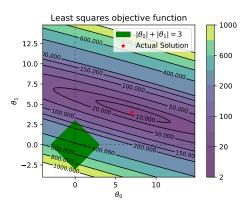
Example: True Function

We'll demonstrate Lasso on a simple linear relationship: y = 4x + 7



Sample data from y = 4x + 7 with noise

Geometric Interpretation: L1 vs L2 Constraints



L1 vs L2 constraint regions

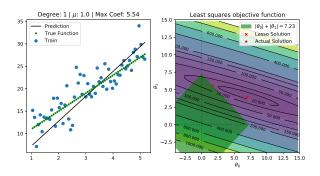
Key Points: Key Insight Diamond corners ⇒ exact zeros! Circle ⇒ no sparsity.

Regularization Effects

Effect of λ on Solution Path

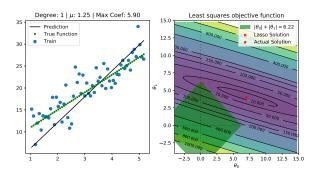
Important: Regularization Parameter

 λ controls fit vs sparsity trade-off



 $\lambda=1.0$ - Moderate regularization

Increasing Regularization: $\lambda = 1.25$

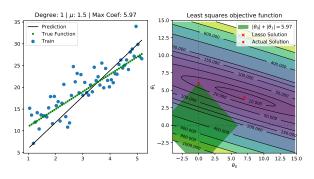


 $\lambda = 1.25$ - Higher regularization

Key Points: Observation

As λ increases \rightarrow solution becomes sparser

Further Regularization: $\lambda = 1.5$

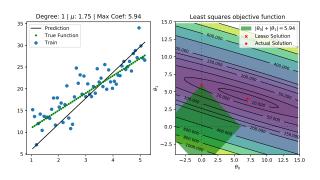


 $\lambda=1.5$ - Even higher regularization

Important: Sparsity Effect

More coefficients \rightarrow exactly zero

High Regularization: $\lambda = 1.75$

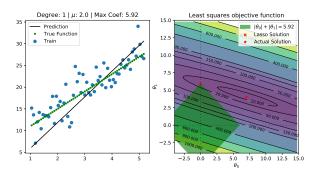


 $\lambda=1.75$ - Strong regularization

Feature Selection

Automatic selection of most important features

Maximum Regularization: $\lambda = 2.0$

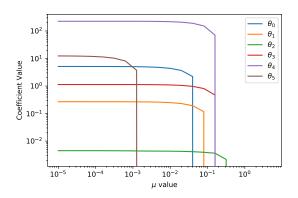


 $\lambda=2.0$ - Very strong regularization

Important: Extreme Sparsity

Only most crucial features remain non-zero

Lasso Regularization Path



Coefficient values vs λ

Key Points: Key Observations

- Coefficients shrink to zero as λ increases
- Different coefficients zero at different)

Feature Selection Properties

Lasso for Automatic Feature Selection

Definition: Automatic Feature Selection

Lasso performs regression and feature selection simultaneously by setting irrelevant coefficients to exactly zero

Key Points: Key Advantages

- Sparsity: Many coefficients → exactly zero
- Interpretability: Understand which features matter
- Efficiency: Fewer parameters, faster prediction

Real-World Feature Selection

Example: Genomics Example

Start with 20,000 genes \rightarrow Lasso selects 50 relevant ones

Key Points: Other Applications

- Text mining: 100k+ words \rightarrow select key terms
- Finance: 1000+ indicators \rightarrow find predictive signals
- Image processing: millions of pixels \rightarrow identify features

Subgradient Methods

What is a Subgradient?

Definition: Subgradient

A subgradient generalizes the concept of gradient to convex but non-differentiable functions

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A subgradient generalizes the concept of gradient to convex but non-differentiable functions

Example: Classic Example

For f(x) = |x|:

- f(x) = 1 when x > 0
- f(x) = -1 when x < 0
- f(0) is undefined, but subgradient $\in [-1, 1]$

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A subgradient generalizes the concept of gradient to convex but non-differentiable functions

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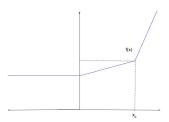
Important: Why Important for Lasso?

The L1 penalty $|\theta_i|$ is non-differentiable at $\theta_i = 0$

Subgradient: Visual Intuition

Important: Task

Find the "derivative" of f(x) at the non-differentiable point $x = x_0$

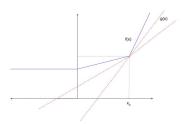


Subgradient Construction

Construction Method

Find a differentiable function g(x) such that:

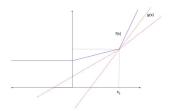
- $g(x_0) = f(x_0)$ (intersects at the point)
- $g(x) \le f(x)$ for all x (lies below or on f)



Computing the Subgradient

Theorem: Subgradient Definition

Slope of g(x) at $x = x_0$ gives subgradient of f at x_0



 $\mathsf{Slope} \to \mathsf{subgradient}$

Subgradient Sets

Key Points: Key Insight

Multiple supporting lines \Rightarrow set of valid subgradients

Example: For f(x) = |x|

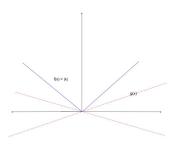
At x = 0: subgradient set is [-1, +1]

Example: Subgradient of f(x) = |x|

Subgradient Set

For f(x) = |x| at x = 0:

$$\partial f(0) = [-1, 1]$$



Lines with slope in [-1,1] support |x| at x=0

Connection to Lasso

Important: Lasso Connection

This subgradient concept is exactly what we need for the L1 penalty term!

Key Points: Next Step

We'll use subgradients to derive coordinate descent for Lasso

Coordinate Descent Algorithm

Introduction to Coordinate Descent

Definition: Coordinate Descent

Optimization method: minimize one coordinate at a time

Introduction to Coordinate Descent

Definition: Coordinate Descent

Optimization method: minimize one coordinate at a time

Key Points: Key Idea

- · Hard: optimize all coordinates together
- · Easy: optimize one coordinate at a time
- · Perfect for non-differentiable Lasso!

Coordinate Descent Algorithm

Algorithm Overview

$$\min_{\pmb{\theta}} \textit{f}(\pmb{\theta}) \text{ becomes } \min_{\theta_j} \textit{f}(\theta_1, \dots, \theta_{j-1}, \theta_j, \theta_{j+1}, \dots, \theta_{\textit{d}})$$

Important: Process

Cycle through coordinates, optimizing one at a time

Coordinate Descent Properties

Key Points: Advantages

• No step-size: Exact 1D minimization

• Convergence: Guaranteed for convex Lasso

• Efficient: Closed-form updates

Coordinate Descent Properties

Key Points: Advantages

No step-size: Exact 1D minimization

Convergence: Guaranteed for convex Lasso

• Efficient: Closed-form updates

Selection Strategies

Cyclic, Random, or Greedy coordinate selection

Worked Example

Coordinate Descent Example Setup

Example: Problem

Learn $y = \theta_0 + \theta_1 x$ using coordinate descent on the dataset below

X	у
1	1
2	2
3	3

Initial Conditions

- Initial parameters: $(\theta_0, \theta_1) = (2, 3)$
- We'll run for 2 iterations
- Using standard least squares (no regularization for simplicity)

Coordinate Descent : Example

Our predictor,
$$\hat{y} = \theta_0 + \theta_1 x$$

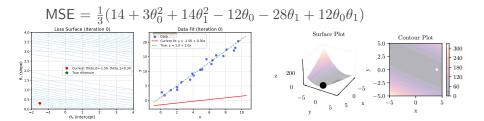
Error for
$$i^{th}$$
 datapoint, $\epsilon_i = y_i - \hat{y}_i$

$$\epsilon_1 = 1 - \theta_0 - \theta_1$$

$$\epsilon_2 = 2 - \theta_0 - 2\theta_1$$

$$\epsilon_3 = 3 - \theta_0 - 3\theta_1$$

$$MSE = \frac{\epsilon_1^2 + \epsilon_2^2 + \epsilon_3^2}{3} = \frac{14 + 3\theta_0^2 + 14\theta_1^2 - 12\theta_0 - 28\theta_1 + 12\theta_0\theta_1}{3}$$



Coordinate Descent : Example

INIT:
$$\theta_0 = 2$$
 and $\theta_1 = 3$

$$\theta_1=3$$
 optimize for θ_0

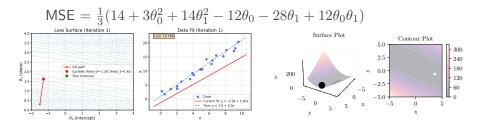
Coordinate Descent : Example

INIT:
$$\theta_0 = 2$$
 and $\theta_1 = 3$

$$\theta_1 = 3$$
 optimize for θ_0

$$\frac{\partial MSE}{\partial \theta_0} = 6\theta_0 + 24 = 0$$

$$\theta_0 = -4$$



Coordinate Descent : Example

INIT:
$$\theta_0 = -4$$
 and $\theta_1 = 3$

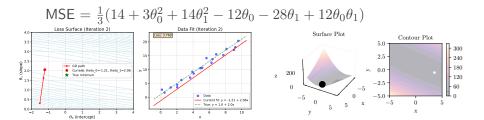
$$\theta_0=-4$$
 optimize for θ_1

Coordinate Descent : Example

INIT:
$$\theta_0 = -4$$
 and $\theta_1 = 3$

$$\theta_0 = -4$$
 optimize for θ_1

$$\theta_1 = 2.7$$



Coordinate Descent : Example

INIT:
$$\theta_0 = -4$$
 and $\theta_1 = 2.7$

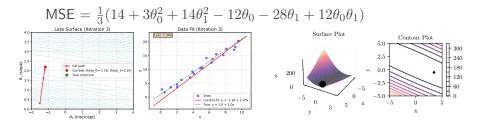
$$\theta_1=2.7$$
 optimize for θ_0

Coordinate Descent : Example

INIT:
$$\theta_0 = -4$$
 and $\theta_1 = 2.7$

$$\theta_1=2.7$$
 optimize for θ_0

$$\theta_0 = -3.4$$

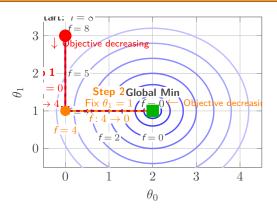


Visual Coordinate Descent

Coordinate Descent: Visual Algorithm

Example: Setup

Minimize $f(\theta_0,\theta_1)=(\theta_0-2)^2+(\theta_1-1)^2$ starting from (0,3)



Coordinate Descent: Step-by-Step

Step 1: Fix $\theta_0 = 0$

$$\begin{array}{ll} \mbox{Minimize:} & \mbox{\it f}(0,\theta_1) = 4 + \\ (\theta_1 - 1)^2 & \end{array}$$

$$\frac{\partial f}{\partial \theta_1} = 2(\theta_1 - 1) = 0$$

$$\theta_1^* = 1$$

Step 2: Fix
$$\theta_1=1$$

$$\begin{array}{ll} \text{Minimize:} & \textit{f}(\theta_0,1) = (\theta_0 - 2)^2 \end{array}$$

$$\frac{\partial f}{\partial \theta_0} = 2(\theta_0 - 2) = 0$$
$$\theta_0^* = 2$$

Key Points: Key Observations

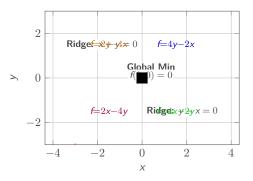
- Each step moves parallel to coordinate axes
- · Each step finds exact 1D minimum
- Converges to global minimum in 2 steps (for this quadratic)

When Coordinate Descent Fails

Function: f(x, y) = |x + y| + 3|y - x|

Example: Problematic Function

Let's visualize: f(x,y) = |x+y| + 3|y-x| - a non-smooth function with ridges



Coordinate Descent Failure: Step by Step



Function Values

- Start (-2, -1): f = 6
- After Step 1 (-2,2): $f = 12 \uparrow$ WORSE
- After Step 2 (1,2): f = 9 Still bad
- Global Min (0,0): f = 0 \checkmark Optimal

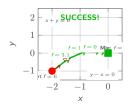
Important: Root Cause

1D Optimization Prob-

Gradient Descent vs Coordinate Descent

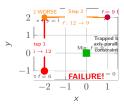
Key Points: Gradient Descent

Strategy: Move in direction of steepest descent - can move diagonally



Important: Coordinate Descent

Constraint: Only axis-parallel moves - gets trapped!



Why Coordinate Descent Fails Here

Important: Problem

Function f(x, y) = |x + y| + 3|y - x| is non-separable

Analysis

- Start at (-2,-1): f(-2,-1) = |-3|+3|-1|=6
- Fix x = -2, optimize y: optimal y = 2
- New point (-2,2): f(-2,2) = 12 (worse!)

When Coordinate Descent Fails

Theorem: Failure Conditions

- Non-separable functions
- Strong coupling between variables
- Need simultaneous movement in multiple directions

Key Points: Fortunately

Lasso objective IS separable, so coordinate descent works well!

• Express error as a difference of y_i and \hat{y}_i

$$\hat{y}_i = \sum_{i=0}^d \theta_j x_i^j = \theta_0 x_i^0 + \theta_1 x_i^1 + \theta_2 x_i^2 + \ldots + \theta_d x_i^d$$
 (1)

$$\epsilon_i = y_i - \hat{y}_i = y_i - \theta_0 x_i^0 - \theta_1 x_i^1 - \dots - \theta_d x_i^d = y_i - \sum_{i=0}^d \theta_i x_i^i$$
 (2)

$$\sum_{i=1}^{n} \epsilon^2 = RSS = \sum_{i=1}^{n} \left(y_i - \left(\theta_0 x_i^0 + \ldots + \theta_j x_i^j + \theta_d x_i^d \right) \right)^2$$

$$\sum_{i=1}^{n} \epsilon^{2} = RSS = \sum_{i=1}^{n} \left(y_{i} - \left(\theta_{0} x_{i}^{0} + \ldots + \theta_{j} x_{i}^{j} + \theta_{d} x_{i}^{d} \right) \right)^{2}$$
$$\frac{\partial RSS (\theta_{j})}{\partial \theta_{j}} = 2 \sum_{i=1}^{n} \left(y_{i} - \left(\theta_{0} x_{i}^{0} + \ldots + \theta_{j} x_{i}^{j} + \ldots \right) \right) \left(-x_{i}^{j} \right)$$

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where:

$$\hat{y}_i^{(-j)} = \theta_0 x_i^0 + \ldots + \theta_d x_i^d$$

is \hat{y}_i without θ_j

$$\operatorname{Set} \frac{\partial \operatorname{RSS}(\theta_{j})}{\partial \theta_{j}} = 0$$

$$\theta_{j} = \sum_{i=1}^{n} \frac{\left(y_{i} - \left(\theta_{0} x_{i}^{0} + \ldots + \theta_{d} x_{i}^{d}\right)\right) \left(x_{i}^{j}\right)}{\left(x_{i}^{j}\right)^{2}} = \frac{\rho_{j}}{z_{j}}$$

$$\rho_{j} = \sum_{i=1}^{n} x_{i}^{j} \left(y_{i} - \hat{y}_{i}^{(-j)}\right) \quad \text{and} \quad z_{j} = \sum_{i=1}^{n} \left(x_{i}^{j}\right)^{2}$$

 z_j is the squared of ℓ_2 norm of the j^{th} feature

Mathematical Derivation

Lasso Coordinate Descent: Setup

Lasso Objective
$$\underbrace{\sum_{i=1}^n (y_i - \hat{y}_i)^2 + \lambda \sum_{j=0}^d |\theta_j|}_{\text{Lasso Objective}}$$

Lasso Coordinate Descent: Setup

Lasso Objective

Key Points: Key Definitions

- $\rho_j = \sum_{i=1}^n x_{ij} (y_i \hat{y}_i^{(-j)})$ (partial residual correlation)
- $z_j = \sum_{i=1}^n x_{ij}^2$ (feature norm squared)
- $\hat{y}_i^{(-j)} = \text{prediction without } j\text{-th feature}$

Coordinate Descent: Subgradient Analysis

Subgradient of Lasso Objective w.r.t.
$$heta_j$$

$$\frac{\partial}{\partial \theta_j}(\text{Lasso Objective}) = -2\rho_j + 2\theta_j \mathbf{z}_j + \lambda \frac{\partial}{\partial \theta_j} |\theta_j|$$

Coordinate Descent: Subgradient Analysis

Subgradient of Lasso Objective w.r.t. $heta_j$

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Theorem: Subgradient of $|\theta_j|$

$$\frac{\partial}{\partial \theta_j} |\theta_j| = \begin{cases} +1 & \text{if } \theta_j > 0\\ [-1, +1] & \text{if } \theta_j = 0\\ -1 & \text{if } \theta_j < 0 \end{cases}$$

Case Analysis: $\theta_i > 0$

Case 1: $\theta_i > 0$

Subgradient is +1, so optimality condition:

$$-2\rho_j + 2\theta_j z_j + \lambda = 0$$

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Theorem: Solution

$$\theta_j = \frac{\rho_j - \lambda/2}{z_j}$$

This is valid when $\rho_i > \lambda/2$ (ensures $\theta_i > 0$)

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Important: Soft Thresholding

Notice the $-\lambda/2$ term: this "shrinks" the coefficient!

Case Analysis: $\theta_i < 0$

Case 2: $\theta_i < 0$

Subgradient is -1, so optimality condition:

$$-2\rho_j + 2\theta_j z_j - \lambda = 0$$

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Important: Symmetric Shrinkage

Same shrinkage effect, but in the opposite direction!

Case Analysis: $\theta_i = 0$

Case 3:
$$\theta_j = 0$$

Subgradient $\in [-1,+1]$, so optimality requires:

$$0 \in [-2\rho_j - \lambda, -2\rho_j + \lambda]$$

Case Analysis: $\theta_j = 0$

Case 3: $\theta_j = 0$

Subgradient $\in [-1, +1]$, so optimality requires:

$$0 \in [-2\rho_j - \lambda, -2\rho_j + \lambda]$$

Theorem: Zero Condition

This happens when:

$$-2\rho_j - \lambda \le 0 \text{ and } -2\rho_j + \lambda \ge 0$$

$$\Rightarrow -\frac{\lambda}{2} \le \rho_j \le \frac{\lambda}{2}$$

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Important: Sparsity Mechanism

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Soft-Thresholding Operator

Definition: Complete Lasso Update Rule

$$\theta_j = \begin{cases} \frac{\rho_j + \lambda/2}{z_j} & \text{if } \rho_j < -\lambda/2\\ 0 & \text{if } |\rho_j| \le \lambda/2\\ \frac{\rho_j - \lambda/2}{z_j} & \text{if } \rho_j > \lambda/2 \end{cases}$$

Soft-Thresholding Properties

Key Points: Key Properties

- Shrinkage: Coefficients pulled toward zero
- Selection: Small coefficients → exactly zero
- **Soft-thresholding**: Smooth shrinkage + selection

Example: Intuition

Weak correlation $|\rho_i| \leq \lambda/2 \Rightarrow$ eliminate feature!

Lasso vs Ridge Comparison

Lasso vs Ridge: Key Differences

Property	Ridge (L2)	Lasso (L1)
Penalty	$\sum heta_j^2$	$\sum \theta_j $
Sparsity	Never exactly zero	Can be exactly zero
Feature Selection	No	Yes
Differentiable	Yes	No (at $\theta_j = 0$)
Solution Method	Closed form	Coordinate descent
Constraint Shape	Circle	Diamond
Best for	Multicollinearity	Feature selection

When to Use Lasso vs Ridge

Key Points: Use Lasso When:

- High-dimensional data (p >> n)
- Need interpretable model
- Expect only few features are truly relevant
- Want automatic feature selection

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Key Points: Use Ridge When:

- All features might be somewhat relevant
- Multicollinearity is the main problem
- Want to keep all features with reduced impact
- Need stable solution with correlated features

Summary and Applications

Lasso Regression: Summary

Definition: Lasso in a Nutshell

Lasso = Linear regression + L1 penalty for automatic feature selection

Key Points: Key Advantages

- Regression + feature selection simultaneously
- Sparse, interpretable models
- Handles high-dimensional data well

Lasso: Limitations and Applications

Key Points: Limitations

- Arbitrary selection among correlated features
- · May underperform when all features are relevant

Example: Applications

Genomics, text mining, signal processing, finance, marketing analytics