

Lasso Regression

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Outline

1. Introduction and Motivation
2. Mathematical Formulation
3. Why Lasso Gives Sparsity
 - 3.1 Geometric Interpretation
 - 3.2 Gradient Descent Interpretation
4. Geometric Interpretation
5. Regularization Effects
6. Feature Selection Properties
7. Subgradient Methods
8. Coordinate Descent Algorithm
9. Worked Example
10. Visual Coordinate Descent
11. Failure of Coordinate Descent
12. Mathematical Derivation
13. Lasso vs Ridge Comparison
14. Summary and Applications

Introduction and Motivation

What is Lasso Regression?

Definition: LASSO

Least **A**bsolute **S**hrinkage and **S**election **O**perator

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Definition: LASSO

Least **A**bsolute **S**hrinkage and **S**election **O**perator

Key Points: Key Properties

- Uses L1 penalty (absolute values) instead of L2 penalty
- Leads to **sparse solutions** (many coefficients become exactly zero)
- Performs automatic feature selection
- Popular for high-dimensional problems

Mathematical Formulation

Problem: Why Not Just Use Ridge?

Important: Limitation of Ridge Regression

Ridge regression shrinks coefficients but **never makes them exactly zero**

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Example: High-Dimensional Problem

- 1000 features, only 50 are truly relevant
- Ridge gives tiny but non-zero coefficients for irrelevant features
- Model is not interpretable
- Need automatic feature selection!

Lasso Objective Function

Definition: Constrained Form

$$\boldsymbol{\theta}_{\text{opt}} = \arg \min_{\boldsymbol{\theta}} \|(\mathbf{y} - \mathbf{X}\boldsymbol{\theta})\|_2^2 \text{ subject to } \|\boldsymbol{\theta}\|_1 \leq s$$

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Theorem: Penalized Form (Using Lagrangian Duality)

Constrained form is equivalent to:

$$\boldsymbol{\theta}_{\text{opt}} = \arg \min_{\boldsymbol{\theta}} \underbrace{\|(\mathbf{y} - \mathbf{X}\boldsymbol{\theta})\|_2^2 + \lambda \|\boldsymbol{\theta}\|_1}_{\text{Lasso Objective}}$$

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L1 Norm (Manhattan Distance)

$$\|\boldsymbol{\theta}\|_1 = |\theta_1| + |\theta_2| + \cdots + |\theta_d| = \sum_{j=1}^d |\theta_j|$$

The Challenge: Non-Differentiability

Important: Problem

The L1 norm $\|\boldsymbol{\theta}\|_1 = \sum_j |\theta_j|$ is **not differentiable** at $\theta_j = 0$

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Cannot Use Standard Calculus

$$\frac{\partial}{\partial \boldsymbol{\theta}} [\|(\mathbf{y} - \mathbf{X}\boldsymbol{\theta})\|_2^2 + \lambda \|\boldsymbol{\theta}\|_1] = 0$$

This fails because $\frac{\partial |\theta_j|}{\partial \theta_j}$ is undefined at $\theta_j = 0$

Key Points: Solution Approaches

- **Coordinate Descent:** Optimize one coefficient at a time
- **Subgradient Methods:** Generalize derivatives to non-smooth functions

Why Lasso Gives Sparsity

Sparsity: The Key Question

Important: Central Question

Why does Lasso produce sparse solutions while Ridge doesn't?

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Why does Lasso produce sparse solutions while Ridge doesn't?

Key Points: Two Perspectives

- **Geometric:** Shape of constraint regions
- **Algorithmic:** Behavior of optimization algorithms

Sparsity: The Key Question

Important: Central Question

Why does Lasso produce sparse solutions while Ridge doesn't?

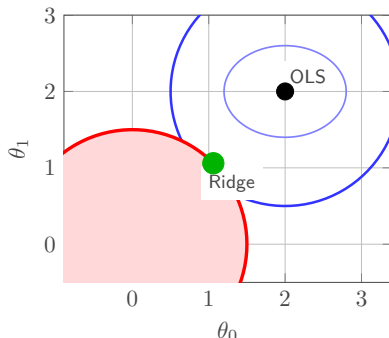
Key Points: Two Perspectives

- **Geometric:** Shape of constraint regions
- **Algorithmic:** Behavior of optimization algorithms

Example: Preview

We'll see why L_p norms with $p < 2$ promote sparsity

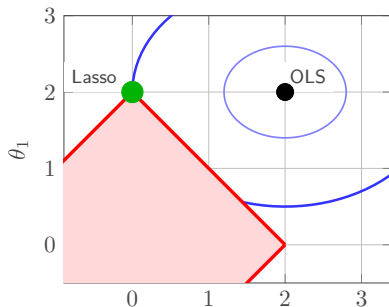
L2 Norm: Ridge Constraint



Key Points: L2 Properties

- **Shape:** Perfect circle
- **Constraint:**
 $\theta_0^2 + \theta_1^2 \leq c$
- **Boundary:**
Smooth everywhere
- **Intersection:**
Rarely on axes
- **Result:** No sparsity

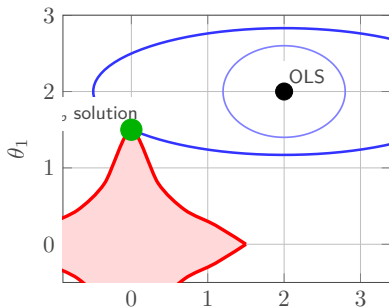
L1 Norm: Lasso Constraint



Key Points: L1 Properties

- **Shape:** Diamond/rhombus
- **Constraint:**
 $|\theta_0| + |\theta_1| \leq c$
- **Corners:** Sharp at axes
- **Intersection:**
High probability on axes
- **Result:**
Automatic sparsity!

L_p Norm: Even More Sparsity ($p < 1$)



Key Points: L_p Properties ($p < 1$)

- **Shape:** Highly concave
- **Constraint:**
 $(|\theta_0|^p + |\theta_1|^p)^{1/p} \leq c$
- **Corners:**
Ultra-sharp at axes
- **Sparsity:**
Extremely high
- **Problem:**
Non-convex!

Sparsity Progression: $L_2 \rightarrow L_1 \rightarrow L_p$

Theorem: Key Insight

As p decreases from 2 to 1 to $p < 1$:

- Constraint regions become more **pointed** at axes
- Probability of intersection at axes **increases**
- Sparsity **increases**
- Optimization difficulty **increases**

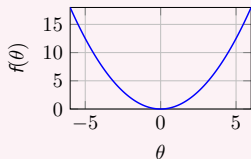
Example: Why $p = 1$ is Special

- Still promotes sparsity (sharp corners)
- Remains convex (unlike $p < 1$) and Computationally tractable
- Perfect balance of sparsity and solvability

L2 vs L1: Gradient Behavior

Key Points: L2 Penalty:

$$f(\theta) = \frac{1}{2}\theta^2$$

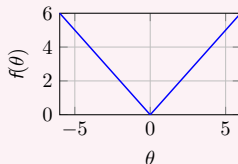


Gradient: $\frac{df}{d\theta} = \theta$

Shrinks proportionally to current value

Key Points: L1 Penalty:

$$f(\theta) = |\theta|$$



Subgradient: $\text{sign}(\theta) = \pm 1$

Constant push toward zero

L2 vs L1: Gradient Behavior

Example: Example: Start at $\theta = 5$

L2: $5 \rightarrow 2.5 \rightarrow 1.25 \rightarrow 0.625 \rightarrow \dots$ (never exactly zero)

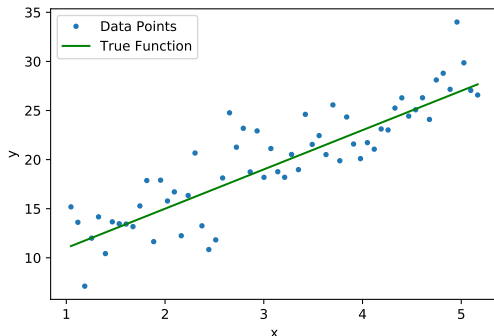
L1: $5 \rightarrow 4.5 \rightarrow 4.0 \rightarrow 3.5 \rightarrow \dots \rightarrow 0$ (reaches zero in finite steps)

Geometric Interpretation

Sample Dataset for Demonstration

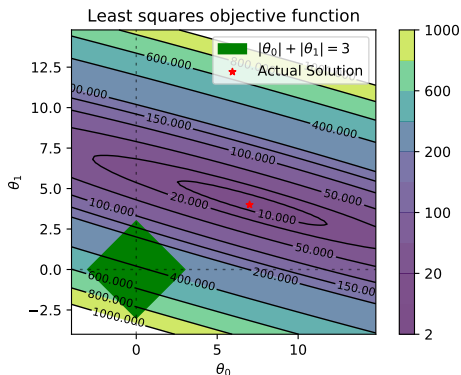
Example: True Function

We'll demonstrate Lasso on a simple linear relationship: $y = 4x + 7$



Sample data from $y = 4x + 7$ with noise

Geometric Interpretation: L1 vs L2 Constraints



L1 vs L2 constraint regions

Key Points: Key Insight

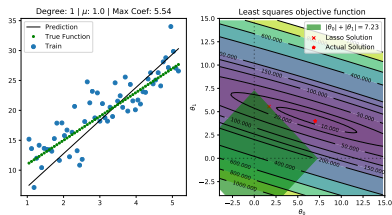
Diamond corners \Rightarrow exact zeros! Circle \Rightarrow no sparsity.

Regularization Effects

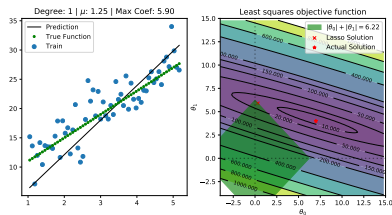
Effect of λ on Solution Path

Important: Regularization Parameter

λ controls fit vs sparsity trade-off

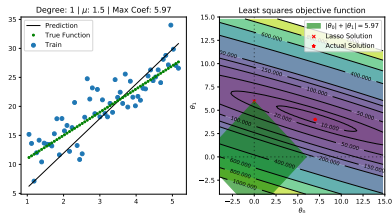


$\lambda = 1.0$ - Moderate

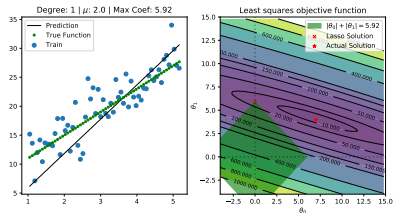


$\lambda = 1.25$ - Higher

Increasing Regularization Strength



$\lambda = 1.5$ - Strong

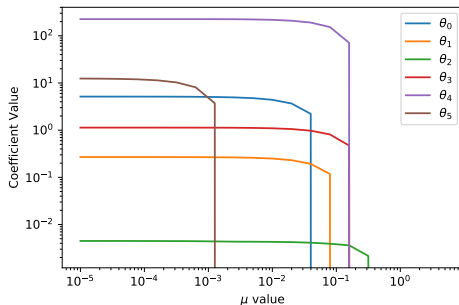


$\lambda = 2.0$ - Very strong

Key Points: Observation

As λ increases \rightarrow more coefficients become exactly zero (automatic feature selection)

Lasso Regularization Path



Coefficient values vs λ

Key Points: Key Observations

- Coefficients shrink to zero as λ increases
- Natural feature selection ordering

Feature Selection Properties

Lasso for Automatic Feature Selection

Definition: Automatic Feature Selection

Lasso performs regression and feature selection simultaneously by setting irrelevant coefficients to exactly zero

Key Points: Key Advantages

- **Sparsity:** Many coefficients \rightarrow exactly zero
- **Interpretability:** Understand which features matter
- **Efficiency:** Fewer parameters, faster prediction

Subgradient Methods

What is a Subgradient?

A subgradient generalizes the concept of gradient to convex but non-differentiable functions

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A subgradient generalizes the concept of gradient to convex but non-differentiable functions

Example: Classic Example

For $f(x) = |x|$:

- $f'(x) = 1$ when $x > 0$
- $f'(x) = -1$ when $x < 0$
- $f'(0)$ is undefined, but subgradient $\in [-1, 1]$

What is a Subgradient?

A subgradient generalizes the concept of gradient to convex but non-differentiable functions

Example: Classic Example

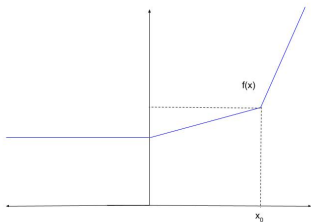
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- $f'(x) = 1$ when $x > 0$
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Important: Why Important for Lasso?

The L1 penalty $|\theta_j|$ is non-differentiable at $\theta_j = 0$

Subgradient: Visual Intuition



Non-differentiable function at x_0

Important: Task

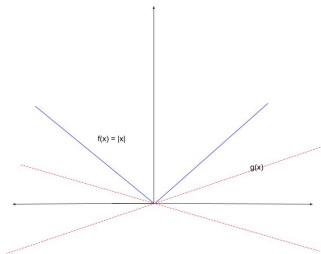
Find the "derivative" of $f(x)$ at the non-differentiable point $x = x_0$

Construction

Find differentiable $g(x)$ such that:

- $g(x_0) = f(x_0)$
- $g(x) \leq f(x)$ for all x

Subgradient of $|x|$ at $x = 0$



Supporting lines with slopes in $[-1, 1]$

Subgradient Set

For $f(x) = |x|$ at $x = 0$:

$$\partial f(0) = [-1, 1]$$

Key Points: Key Insight

Multiple supporting lines
 \Rightarrow set of valid subgradients

Important: Lasso Connection

This subgradient concept is exactly what we need for the L1 penalty term!

Coordinate Descent Algorithm

Introduction to Coordinate Descent

Definition: Coordinate Descent

Optimization method: minimize one coordinate at a time

Introduction to Coordinate Descent

Definition: Coordinate Descent

Optimization method: minimize one coordinate at a time

Key Points: Key Idea

- Hard: optimize all coordinates together
- Easy: optimize one coordinate at a time
- Perfect for non-differentiable Lasso!

Algorithm Overview

$$\min_{\boldsymbol{\theta}} f(\boldsymbol{\theta}) \text{ becomes } \min_{\theta_j} f(\theta_1, \dots, \theta_{j-1}, \theta_j, \theta_{j+1}, \dots, \theta_d)$$

Coordinate Descent Properties

Key Points: Advantages

- **No step-size:** Exact 1D minimization
- **Convergence:** Guaranteed for convex Lasso
- **Efficient:** Closed-form updates

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Selection Strategies

Cyclic, Random, or Greedy coordinate selection

Important: Process

Cycle through coordinates, optimizing one at a time until convergence

Worked Example

Coordinate Descent Example Setup

Learn $y = \theta_0 + \theta_1 x$ using coordinate descent on the dataset below

x	y
1	1
2	2
3	3

Setup

- Initial parameters: $(\theta_0, \theta_1) = (2, 3)$
- $$\text{MSE} = \frac{14 + 3\theta_0^2 + 14\theta_1^2 - 12\theta_0 - 28\theta_1 + 12\theta_0\theta_1}{3}$$
- Using standard least squares (no regularization for simplicity)

Coordinate Descent Iterations

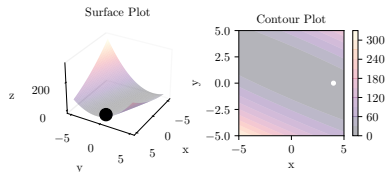
Iteration 1:

INIT: $\theta_0 = 2$ and $\theta_1 = 3$

Fix $\theta_1 = 3$, optimize θ_0 :

$$\frac{\partial \text{MSE}}{\partial \theta_0} = 6\theta_0 + 24 = 0$$

$$\theta_0 = -4$$



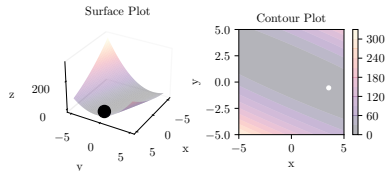
Starting point

Iteration 2:

INIT: $\theta_0 = -4$ and $\theta_1 = 3$

Fix $\theta_0 = -4$, optimize θ_1 :

$$\theta_1 = 2.7$$



After 2 iterations

Visual Coordinate Descent

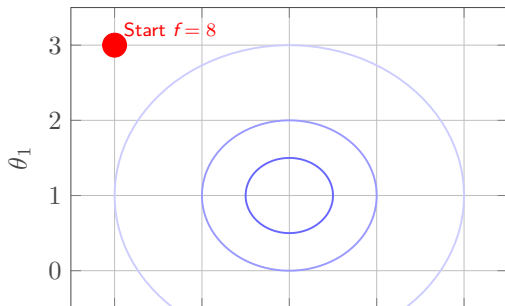
Coordinate Descent: Setup

Example: Problem

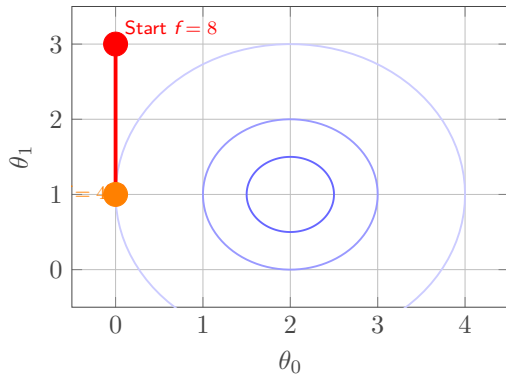
Minimize

$$f(\theta_0, \theta_1) = (\theta_0 - 2)^2 + (\theta_1 - 1)^2$$

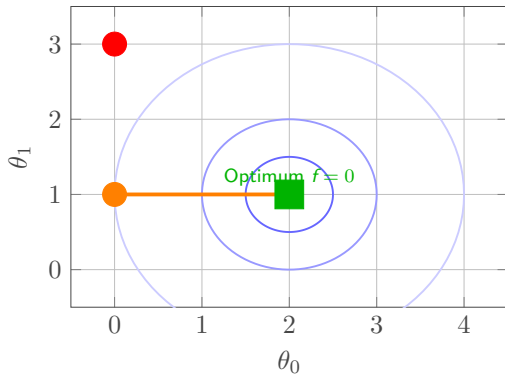
starting from $(0, 3)$



Coordinate Descent: Step 1



Coordinate Descent: Step 2



Failure of Coordinate Descent

Mathematical Derivation

Lasso Coordinate Descent: Setup

Lasso Objective

$$\text{Minimize } \sum_{i=1}^n (y_i - \hat{y}_i)^2 + \lambda \sum_{j=0}^d |\theta_j|$$

Lasso Coordinate Descent: Setup

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Key Points: Key Definitions

- $\rho_j = \sum_{i=1}^n x_{ij}(y_i - \hat{y}_i^{(-j)})$ (partial residual correlation)
- $z_j = \sum_{i=1}^n x_{ij}^2$ (feature norm squared)
- $\hat{y}_i^{(-j)}$ = prediction without j -th feature

Lasso Coordinate Descent: Setup

Coordinate Update Rule

Fix all θ_k for $k \neq j$, minimize w.r.t. θ_j :

$$\min_{\theta_j} \sum_{i=1}^n (y_i - \hat{y}_i^{(-j)} - \theta_j x_{ij})^2 + \lambda |\theta_j|$$

Subgradient Analysis

Subgradient of Lasso Objective w.r.t. θ_j

$$\frac{\partial}{\partial \theta_j}(\text{Lasso}) = -2\rho_j + 2\theta_j z_j + \lambda \frac{\partial}{\partial \theta_j} |\theta_j|$$

Subgradient Analysis

Subgradient of Lasso Objective w.r.t. θ_j

$$\frac{\partial}{\partial \theta_j}(\text{Lasso}) = -2\rho_j + 2\theta_j z_j + \lambda \frac{\partial}{\partial \theta_j} |\theta_j|$$

Theorem: Subgradient of $|\theta_j|$

$$\frac{\partial}{\partial \theta_j} |\theta_j| = \begin{cases} +1 & \text{if } \theta_j > 0 \\ [-1, +1] & \text{if } \theta_j = 0 \\ -1 & \text{if } \theta_j < 0 \end{cases}$$

Soft-Thresholding Solution

Theorem: Complete Lasso Update Rule

$$\theta_j = \begin{cases} \frac{\rho_j + \lambda/2}{z_j} & \text{if } \rho_j < -\lambda/2 \\ 0 & \text{if } |\rho_j| \leq \lambda/2 \\ \frac{\rho_j - \lambda/2}{z_j} & \text{if } \rho_j > \lambda/2 \end{cases}$$

Important: Sparsity Mechanism

If correlation $|\rho_j| \leq \lambda/2$ is weak, set $\theta_j = 0$!

Key Points: Soft-Thresholding Properties

- **Shrinkage:** Coefficients pulled toward zero
- **Selection:** Small coefficients \rightarrow exactly zero

Lasso vs Ridge Comparison

Lasso vs Ridge: Key Differences

Property	Ridge (L2)	Lasso (L1)
Penalty	$\sum \theta_j^2$	$\sum \theta_j $
Sparsity	Never exactly zero	Can be exactly zero
Feature Selection	No	Yes
Differentiable	Yes	No (at $\theta_j = 0$)
Solution Method	Closed form	Coordinate descent
Constraint Shape	Circle	Diamond
Best for	Multicollinearity	Feature selection

Key Points: When to Use Each

Lasso: High-dimensional data, need interpretable model, expect few relevant features

Ridge: All features somewhat relevant, multicollinearity issues, want stable solution

Summary and Applications

Lasso Regression: Summary

Theorem: Three-Part Understanding

Visual: L1 diamond constraint \rightarrow sparsity at sharp corners

Algorithmic: Coordinate descent + soft-thresholding \rightarrow exact zeros

Mathematical: Subgradients handle non-differentiability elegantly

Key Points: Key Advantages

- Regression + feature selection simultaneously
- Sparse, interpretable models
- Handles high-dimensional data well

Lasso Regression: Summary

Key Points: Limitations

- Arbitrary selection among correlated features
- May underperform when all features are relevant

Applications and Extensions

Example: Real-World Applications

- **Genomics:** 20,000+ genes \rightarrow identify disease markers
- **Text Mining:** 100k+ words \rightarrow sentiment analysis features
- **Signal Processing:** Sparse signal reconstruction
- **Finance:** Risk factor selection from hundreds of indicators
- **Marketing:** Customer segmentation with key attributes

Key Points: Extensions

- **Elastic Net:** Combines $L1 + L2$ penalties
- **Group Lasso:** Selects groups of related features
- **Fused Lasso:** Enforces smoothness in ordered features