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COVID-19 Vaccination for Women Who Are Pregnant or Breastfeeding

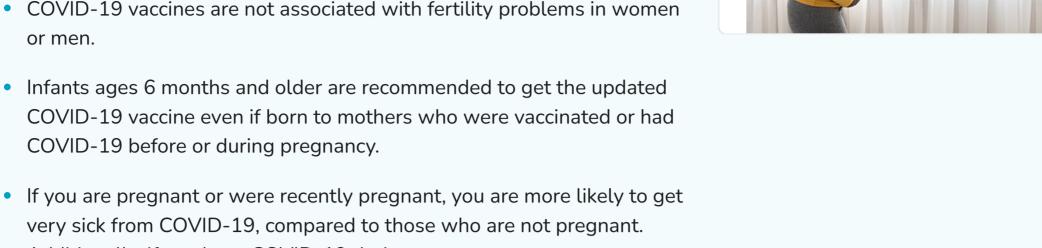


♠ COVID-19 VACCINE RECOMMENDATIONS

COVID-19 vaccine recommendations have recently been updated for some populations. This page will be updated to align with the updated immunization schedule. Learn more.

WHAT TO KNOW

- Everyone ages 6 months and older is recommended to get the updated COVID-19 vaccine, including if you are pregnant, breastfeeding a baby, trying to get pregnant now, or might become pregnant in the future.
- COVID-19 vaccination during pregnancy is safe and effective.
- or men.
- COVID-19 before or during pregnancy.
- very sick from COVID-19, compared to those who are not pregnant. Additionally, if you have COVID-19 during pregnancy, you are at increased risk of complications that can affect your pregnancy and your baby from serious illness from COVID-19.



pregnancy If you are pregnant or were recently pregnant, you are:

Recommendations during and after

More likely to get very sick from COVID-19 compared to those who are not

- pregnant. More likely to need hospitalization, intensive care, or the use of a ventilator or
- special equipment to breathe if you do get sick from COVID-19. Severe COVID-19 illness can lead to death. At increased risk of complications that can affect your pregnancy and baby
- including, preterm birth or stillbirth. COVID-19 vaccination remains the best protection against COVID-19-related

hospitalization and death for you and your baby. CDC recommendations align with those from professional medical organizations including the American College of Obstetricians and Gynecologists, Society for Maternal Fetal Medicine, and American Society for Reproductive Medicine 2. Pregnant and have questions about COVID-19 vaccine?

If you would like to speak to someone about the COVID-19 vaccination

during pregnancy, you can talk to your healthcare provider. You can also contact MotherToBaby, whose experts can answer questions in English or Spanish. This service is free and confidential.

To reach MotherToBaby:

• Text: 1-855-999-3525 (standard messaging rates may apply)

• Call: 1-866-626-6847

defects [1] [2].

19 vaccines.

older.

vaccination during pregnancy Studies including hundreds of thousands of people around the world show that COVID-19 vaccination before and during pregnancy is safe, effective, and beneficial to both the pregnant woman and the baby. The benefits of receiving a

Safety and effectiveness of COVID-19

COVID-19 vaccine outweigh any potential risks of vaccination during pregnancy. Data show: COVID-19 vaccines do not cause COVID-19, including in pregnant women or their babies. None of the COVID-19 vaccines contain live virus. They cannot make anyone sick with COVID-19, including pregnant women or their

- babies. Learn more about how vaccines work. It is safe to receive an mRNA COVID-19 vaccine (Moderna or Pfizer-BioNTech), before and during pregnancy. Both vaccines show no increased risk for complications like miscarriage, preterm delivery, stillbirth, or birth
- mRNA COVID-19 vaccines during pregnancy are effective. They reduce the risk of severe illness and other health effects from COVID-19. COVID-19 vaccination might help prevent stillbirths and preterm delivery [1] [2] [3] [4].
- COVID-19 vaccination during pregnancy builds antibodies that can help protect the baby. [4] [5] Receiving mRNA COVID-19 vaccines during pregnancy can help protect
- [6] [7] [8] Most babies hospitalized with COVID-19 were born to pregnant women who were not vaccinated during pregnancy [6] [7] [8].

babies younger than age 6 months from hospitalization due to COVID-19.

Recommendations if you are breastfeeding

CDC recommends that women who are breastfeeding a baby, and infants 6

months of age and older, get vaccinated and stay up to date with their COVID-

Vaccines are safe and effective at preventing COVID-19 in women who are breastfeeding a baby. Available data on the safety of COVID-19 vaccination while breastfeeding indicate no severe reactions after vaccination in the breastfeeding mother or the breastfed child. [9] There has been no evidence to

suggest that COVID-19 vaccines are harmful to either women who have

received a vaccine and are breastfeeding or to their babies. [10] Studies have shown that mothers who are breastfeeding a baby and have received mRNA COVID-19 vaccines have antibodies in their breast milk, which could help protect their babies. [9] [10]

CDC also recommends COVID-19 vaccines for children aged 6 months and

Possible side effects Pregnant women have not reported different side effects from women who are

not pregnant after vaccination with mRNA COVID-19 vaccines (Moderna and

Fever during pregnancy, for any reason, has been associated with adverse pregnancy outcomes.

Pfizer-BioNTech vaccines) [1] [2].

receiving a COVID-19 vaccine.

fertility problems in women or men.

Common questions

 Fever in pregnancy may be treated with acetaminophen as needed, in moderation, and in consultation with a healthcare provider. Learn more about possible side effects and rare severe allergic reactions after

Recommendations if you would like

to have a baby in the future

CDC recommends that women who are trying to get pregnant now or might become pregnant in the future, as well as their partners, stay up to date and get the updated COVID-19 vaccine. COVID-19 vaccines are not associated with

✓ Expand All What are the long-term effects on the baby if I get a COVID-19 vaccine during pregnancy?

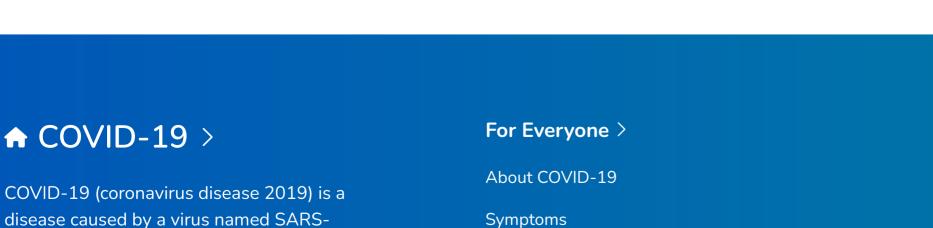
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