

Apples, late June through early October (cold storage until spring)
Asparagus, March through June
Basil, May through October
Beets, April through July (year-round from storage)
Blackberries, late June through early September
Blueberries, late May through early August
Broccoli, late May through early August
Cabbage, late April through early July
Cantaloupes, June through September
Carrots, year-round
Cauliflower, March through June
Chard, October through June
Chicories, fall and winter
Chiles, June through October
Clementines, December
Collard greens, October through June
Corn, late May through August
Cucumbers, late May through early November
Eggplant, late May through early October
Fava beans, February through May
Fennel, October through April
Figs, late July through early October
Garlic, harvested in June (cured and stored year-round)
Grapes, late July through early October
Green beans, late May through early November
Green onions/scallions, January through June
Herbs
Kale, October through June
Leeks, April through August
Lettuce, March through early July
Mandarins, November and December
Melons, late June through September
Mint, year-round
Morels, spring
Mushrooms (cultivated), year-round
Mushrooms (wild), spring through fall
Nectarines, late May through early September
Nettles, March and April
New Potatoes, May
Okra, June through October
Onions, late April through early November (stored year-round)
Oranges, November through January
Oregano, year-round
Parsley, year-round
Parsnips, November through March

Peaches, late May through early September
Pears, August through November
Pea greens, March through May
Peanuts, May through August
Peas and pea pods, late April through early July
Pecans, year-round
Peppers (sweet), June through October
Persimmons, late September through December
Plums & pluots, July and August
Potatoes, late May through August (available from storage year-round)
Pumpkins, late September through early November
Radishes, March through June
Radishes (daikon, watermelon, other large varieties), October through March
Raspberries, June and July
Rhubarb, February through May
Rosemary, year-round
Rutabagas, late September through early December
Sage, year-round
Shallots, June and July (from storage all year)
Shelling beans, July through November
Snap peas/snow peas/pea pods, , late April through early July
Sorrel, year-round
Spinach, late March through early July
Squash (summer), late April through September
Squash (winter), late August through December
Strawberries, late March through early July
Sweet potatoes, harvested July through November but available from storage year-round
Tangerines, December
Thyme, year-round
Tomatoes, June through October
Turnips, January through April
Watermelons, June through September
Winter Squash, late August through December
Zucchini, late April through September
Zucchini Blossoms, late April through September