

Apples, late June through early October (cold storage until spring)  
Asparagus, March through June  
Basil, May through October  
Beets, April through July (year-round from storage)  
Blackberries, late June through early September  
Blueberries, late May through early August  
Broccoli, late May through early August  
Cabbage, late April through early July  
Cantaloupes, June through September  
Carrots, year-round  
Cauliflower, March through June  
Chard, October through June  
Chicories, fall and winter  
Chiles, June through October  
Clementines, December  
Collard greens, October through June  
Corn, late May through August  
Cucumbers, late May through early November  
Eggplant, late May through early October  
Fava beans, February through May  
Fennel, October through April  
Figs, late July through early October  
Garlic, harvested in June (cured and stored year-round)  
Grapes, late July through early October  
Green beans, late May through early November  
Green onions/scallions, January through June  
Herbs  
Kale, October through June  
Leeks, April through August  
Lettuce, March through early July  
Mandarins, November and December  
Melons, late June through September  
Mint, year-round  
Morels, spring  
Mushrooms (cultivated), year-round  
Mushrooms (wild), spring through fall  
Nectarines, late May through early September  
Nettles, March and April  
New Potatoes, May  
Okra, June through October  
Onions, late April through early November (stored year-round)  
Oranges, November through January  
Oregano, year-round  
Parsley, year-round  
Parsnips, November through March

Peaches, late May through early September  
Pears, August through November  
Pea greens, March through May  
Peanuts, May through August  
Peas and pea pods, late April through early July  
Pecans, year-round  
Peppers (sweet), June through October  
Persimmons, late September through December  
Plums & pluots, July and August  
Potatoes, late May through August (available from storage year-round)  
Pumpkins, late September through early November  
Radishes, March through June  
Radishes (daikon, watermelon, other large varieties), October through March  
Raspberries, June and July  
Rhubarb, February through May  
Rosemary, year-round  
Rutabagas, late September through early December  
Sage, year-round  
Shallots, June and July (from storage all year)  
Shelling beans, July through November  
Snap peas/snow peas/pea pods, , late April through early July  
Sorrel, year-round  
Spinach, late March through early July  
Squash (summer), late April through September  
Squash (winter), late August through December  
Strawberries, late March through early July  
Sweet potatoes, harvested July through November but available from storage year-round  
Tangerines, December  
Thyme, year-round  
Tomatoes, June through October  
Turnips, January through April  
Watermelons, June through September  
Winter Squash, late August through December  
Zucchini, late April through September  
Zucchini Blossoms, late April through September