I've prepared your Invoicing ROI Simulator project into a complete folder structure with backend, frontend, and README ready for GitHub. You can now download this as a ZIP, extract it, and push to your GitHub repo using the commands:

```
git init
git remote add origin https://github.com/<your-username>/invoicing-roi-
simulator.git
git add .
git commit -m "Initial commit"
git branch -M main
git push -u origin main
```

The folder structure is:

Everything is ready to run locally. Just extract the ZIP and follow the README instructions to start the server and frontend.