

Life Planner

thirty days of productivity

to create the life of your dreams

by Abir El Halimi

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Month _____ Year _____

Quote of the month

“

”

This month _____

Monthly Planner

Sunday

Saturday

Friday

Thursday

Wednesday

Tuesday

Monday

Goals

1. _____

2. _____

3. _____

Description _____

what are three daily habits that will help me achieve my goal

1. _____
2. _____
3. _____

What is my motivation

In which aspects of my life does this goal help in

Description _____

what are three daily habits that will help me achieve my goal

1. _____
2. _____
3. _____

What is my motivation

In which aspects of my life does this goal help in

Description _____

what are three daily habits that will help me achieve my goal

1. _____
2. _____
3. _____

What is my motivation

In which aspects of my life does this goal help in

Monthly Budget

Incomes

Main Source _____

Other Source _____

Total Income :

Savings

Starting Balance _____

This Month _____

Final Balance :

Expense Item

Budget

Actual

Difference

Total :

Habit Tracker

66

You are what you repeatedly do every day
Consistency is key

“

Habits

Days

[illegible]

Weekly Schedule

66

Pause. Breathe. Cry if you must.
But Keep Going ...

“

Tasks

Weeks

week 1

week 2

week 3

week 4

week 5

9

9

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5

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9

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9

Week of _____

Important Tasks

- ☐ _____
- ☐ _____
- ☐ _____

Notes

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Date _____

Today is going to be _____

To Do

- ☐ _____
- ☐ _____
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- ☐ _____
- ☐ _____
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- ☐ _____
- ☐ _____

Workout

- ☐ _____
- ☐ _____
- ☐ _____

I'm Grateful For

1. _____
2. _____
3. _____

Appointments

- ☐ _____
- ☐ _____
- ☐ _____

Notes

Meal Plan

Breakfast

Lunch

Dinner

Snacks

_____	_____	_____	_____
_____	_____	_____	_____
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_____	_____	_____	_____

Water       

Date _____

Today is going to be _____

To Do

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Brain Dump

write, draw, paint, tear, leave blank

Do whatever you like ...

Week of _____

Important Tasks

- ☐ _____
- ☐ _____
- ☐ _____

Notes

Monday

Tuesday

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Thursday

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Brain Dump

write, draw, paint, tear, leave blank

Do whatever you like ...

Week of _____

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Brain Dump

write, draw, paint, tear, leave blank

Do whatever you like ...

Week of _____

Important Tasks

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Brain Dump

write, draw, paint, tear, leave blank

Do whatever you like ...

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write, draw, paint, tear, leave blank

Do whatever you like ...

Month Review

Accomplished

1. _____
2. _____
3. _____
4. _____
5. _____

Big Events

1. _____
2. _____
3. _____
4. _____
5. _____

Most Proud Of

1. _____
2. _____
3. _____
4. _____
5. _____

Most Challenging

1. _____
2. _____
3. _____
4. _____
5. _____

How am I different?

1. _____
2. _____
3. _____
4. _____
5. _____

Personal Struggles

1. _____
2. _____
3. _____
4. _____
5. _____

Things I Learned

1. _____

2. _____

3. _____

4. _____

Things I loved doing

1. _____
2. _____
3. _____
4. _____
5. _____

do more of these

Things I didn't enjoy doing

1. _____
2. _____
3. _____
4. _____
5. _____

stop doing these / do less

Things I'd love to do

1. _____
2. _____
3. _____
4. _____
5. _____

start doing these more

How was I feeling?

1. _____
2. _____
3. _____
4. _____
5. _____

are they aligned with how I want to feel this year?