

**Center for Network Therapy**  
333 Cedar Avenue, Bldg.B, Middlesex, NJ. 08846  
T:732-560-1080 F:732-560-1081

## **CLIENT RIGHTS**

Each client receiving services at the CNT shall have the following rights:

1. The right to be informed of these rights, as evidence by the client's written acknowledgement, or by documentation by staff in the medical record, that the client was offered a written copy of these rights and given a written or verbal explanation of these rights, in terms the client could understand. The facility shall have a means to notify clients of any rules and regulations it has adopted governing client conduct in the facility.
2. The right to be notified of any rules or policies the program has established governing client conduct in the facility.
3. The right to be informed of services available in the facility, of the names and professional status of the personnel providing and/or responsibilities for the client's care, and of fees and related charges, including the payment, fee deposit, and refund policy of the facility and any charges for services not covered by sources of third party payment or not covered by the facility's basic rate.
4. The right to be informed if the facility has authorized other health care and educational institutions to participate in the client's treatment. The client shall also have the right to know the identity and function of these institutions, and to refuse to allow their participation in the client's treatment.
5. The right to receive from the client's clinical practitioner(s), in terms that the client understands, an explanation of his or her complete condition or diagnosis, recommended treatment, treatment options, including the option of no treatment, risk(s) of treatment, and expected results(s). If this information would be detrimental to the client's health, or if the client is not capable of understanding the information, the explanation shall be provided to the client's next of kin or guardian. This release of information to the next of kin or guardian, along with the reason for not informing the client directly, shall be documented in the client's record. All consents to release information shall be signed by the client or their parent, guardian, or legally authorized representatives.
6. The right to participate in the planning of the client's care and treatment, and to refuse medication and treatment. Such refusal shall be documented in the client's record.
7. The right to be included in experimental research only when the client gives informed, written consent to such participation, or when a guardian gives such consent to an incompetent client in accordance with laws, rules and regulations. The client may refuse to participate in experimental research, including investigation of new drugs and medical devices.
8. The right to voice grievances or recommended changes in policies and services to the program, facility personnel, the governing authority and/or outside representatives of the client's choice either individually or as a group, and free from restraint, interference, coercion, discrimination, or reprisal.
9. The right to be free from mental and physical abuse, free from exploitation, and free from use of restraints. Drugs and other medications shall not be withheld for discipline of clients or for convenience of facility personnel.
10. The right to confidential treatment of information about the client. Information in the client's clinical record shall not be released to anyone outside the program without the client's written approval to release the information in accordance with Federal statutes and rules for the Confidentiality of Alcohol and Drug Abuse Client Records at 42 U.S.C. §§290dd-2, and 290ee-2, and 42 CFR Part 2 §§2.1 et seq., and the provisions of the Health Insurance Portability and Accountability Act (HIPAA) at 45 CFR Parts 160 and 164, unless the release of the information is required and permitted by law, a third-party payment contract, a peer review, or the information is needed by DAS for statutorily authorized purposes; and The program may release data about the client for studies containing aggregated statistics only when the client's identity is protected and masked;
11. The right to be treated with courtesy, consideration, respect, and recognition of the client's dignity, individuality, and right to privacy, including but not limited to, auditory and visual privacy. The client's privacy shall also be respected when facility personnel are discussing the client.
12. The right to not be required to perform work for the facility unless the work is part of the client's treatment and performed voluntarily by the client. Such work shall be in accordance with local, state, and federal laws and rules.

13. The right to exercise civil and religious liberties, including the right to independent personal decision. No religious beliefs or practices, or any attendance at religious services, shall be imposed upon by any client. The right to not be neglected throughout the course of treatment.
14. The right to not be discriminated against because of age, race, religion, sex, nationality, sexual orientation, disability, or ability to pay; or to be deprived of any constitutional, civil, and/or legal rights solely because of receiving services from the facility. The program shall not discriminate against clients taking medication as prescribed. The right to be transferred or discharged only for medical reasons, client's welfare, that of other clients or staff upon written order, of a physician or other licensed clinician, or for failure to pay required fees as agreed at time of admission—except as prohibited by sources of a third-party payment. The client and his or her family shall be given 10 days advance notice, depending on level of care, of such transfer or discharge.
15. The right to be notified in writing, and to have the opportunity to appeal, an involuntary discharge
16. The right to have access to and obtain a copy of his or her clinical record, in accordance with policies and procedures and applicable Federal and State laws and rules.

Complaints may be logged at the following offices:

New Jersey State Department of Human Services  
Division of Addiction Services  
PO Box 362  
Trenton, NJ 08625-0362  
T: 877-712-1868

State of New Jersey  
Office of the Ombudsman for Institutionalized Elderly  
P.O. Box 808  
Trenton, NJ 08625-0808  
T: 609-624-4262