



HAMARI PAHCHAN

NGO



ANNUAL REPORT

2022-2023

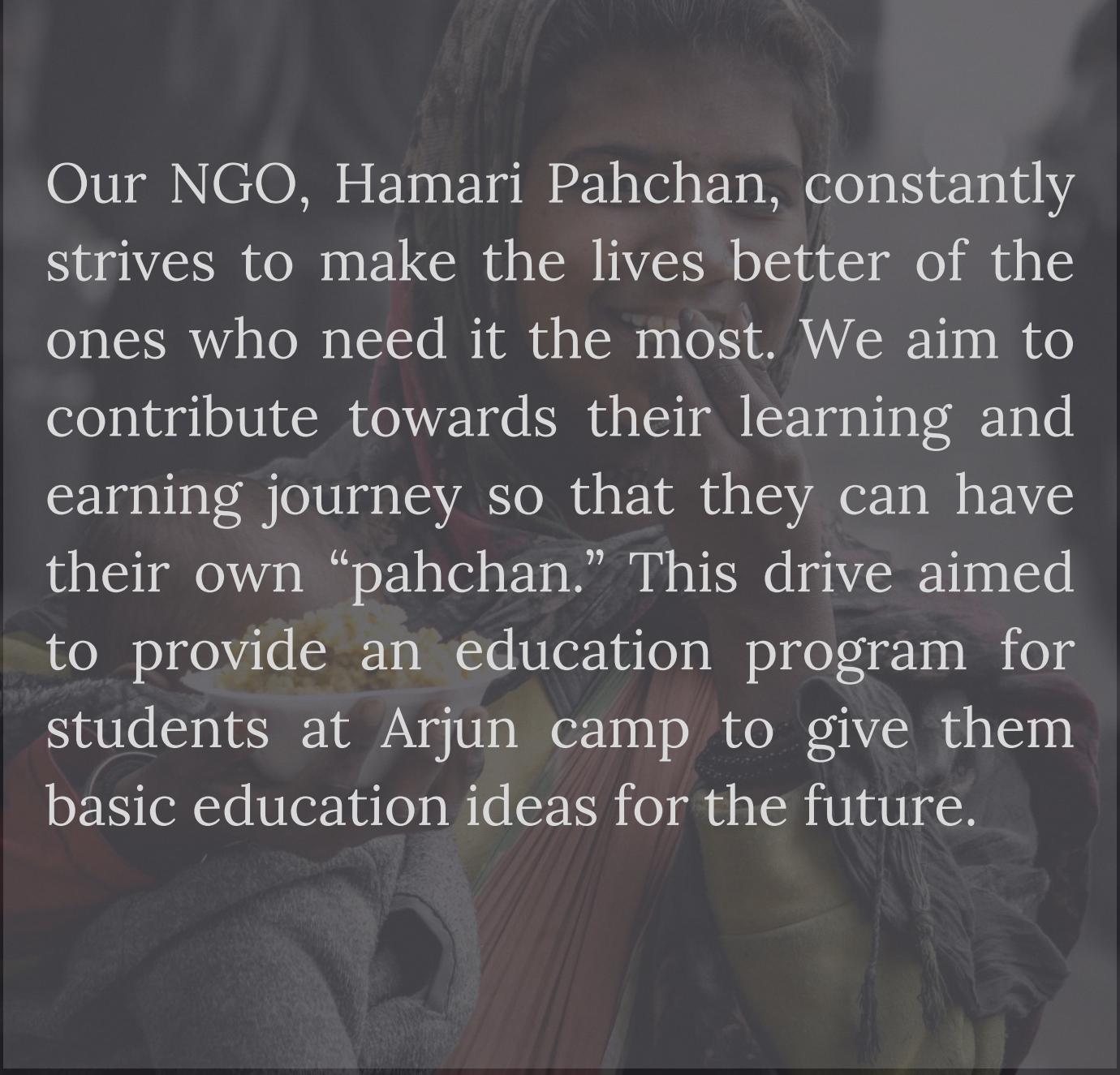


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INTRODUCTION



Our NGO, Hamari Pahchan, constantly strives to make the lives better of the ones who need it the most. We aim to contribute towards their learning and earning journey so that they can have their own “pahchan.” This drive aimed to provide an education program for students at Arjun camp to give them basic education ideas for the future.



FOUNDER'S DESK

With great pleasure, we reflect upon the remarkable achievements of the year 2022-2023 and extend our heartfelt gratitude for your unwavering support. It was a year that witnessed unprecedented milestones in our journey towards fostering positive change and uplifting the socio-economically disadvantaged.

Despite the challenges posed by the nationwide lockdown early in the year, we embraced this unexpected twist of fate and transformed it into an opportunity for growth. In the face of closed borders and restrictions on group gatherings, we pivoted our focus towards holistic development as an organization. By adapting key initiatives such as 'Drishti' and 'Skill Development' to an online format, we embarked on a new chapter of progress. We eagerly anticipate the momentous strides that await us in this realm. It is indeed a testament to our resilience and dedication that we have achieved such progress amidst the prevailing circumstances.

However, our thirst for impactful work and the realization of our full potential remains unquenched. Looking ahead to 2022-2023, we have resolved to expand our projects to the slums of Delhi NCR, ensuring that our pursuit of equality knows no bounds. It is a time to transcend mere charity and empower the socio-economically disadvantaged towards self-reliance. Our projects will prioritize the skill development of entire family units, with a special emphasis on women, enabling them to become independent and self-sufficient. Notably, the 'Vocal for Local' campaign, initiated in 2022-2023, has played a pivotal role in promoting self-reliance not only at an individual level but also as a nation.

Furthermore, our unwavering focus this year revolves around the 'Sukhad' project, which has garnered significant attention and support. This endeavor aims to empower women by addressing not only menstrual challenges but also providing them with valuable skills and sustainable employment opportunities. In the near future, the introduction of a PAD making machine under the 'Sukhad' project will enable us to achieve this goal.

Finally, we would like to reiterate our unwavering dedication to success and our perpetual hunger for improvement as we embark on our upcoming projects. Your continued support has been instrumental in our journey thus far, and we look forward to your continued partnership in shaping a brighter future.

TARUN MATHUR
FOUNDER

ABOUT

Hamari Pahchan is a non-governmental organization striving to make Delhi an idyllic place. It provides a platform for the disadvantaged sections of our society to live up to their fullest potentials. We set out with the intention to widen its exercise of identification and scouting of potential among those that society has turned its back to. It is not held back by an individual's gender , age group or call, and holds out a hand of support to those in need of it. The organization has been up and running for the past 7 years. With a support base in the police, School Teachers, lawyers, doctors, and the youth, our organization has come a long way. With over 5000 active members working relentlessly to support the cause, Hamari Pahchan works tirelessly to further its cause.

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STATUTORY DETAILS:

Hamari Pahchan is recognized as a not-for-profit organization under the Indian Trusts Act 1882 (Reg. No. 1487)

The trust deed is available on request.

AREAS OF OUR INTERVENTION



Education

Education is the process of achieving knowledge, values, skills, morals and beliefs. A proper education is very important for every individual in society, as it helps overcome discrimination based on age, castes, class, etc.



Employment

Employment is an important part of the economic, social and environmental development process and procedure of any country. It provides an individual with financial freedom and therefore independence.



Hygiene-

Good personal hygiene is important for both health and social reasons. It entails keeping your hands, head and body clean so as to stop the spread of germs and illness. Further more, how neatly you present yourself makes an impression on those around you.

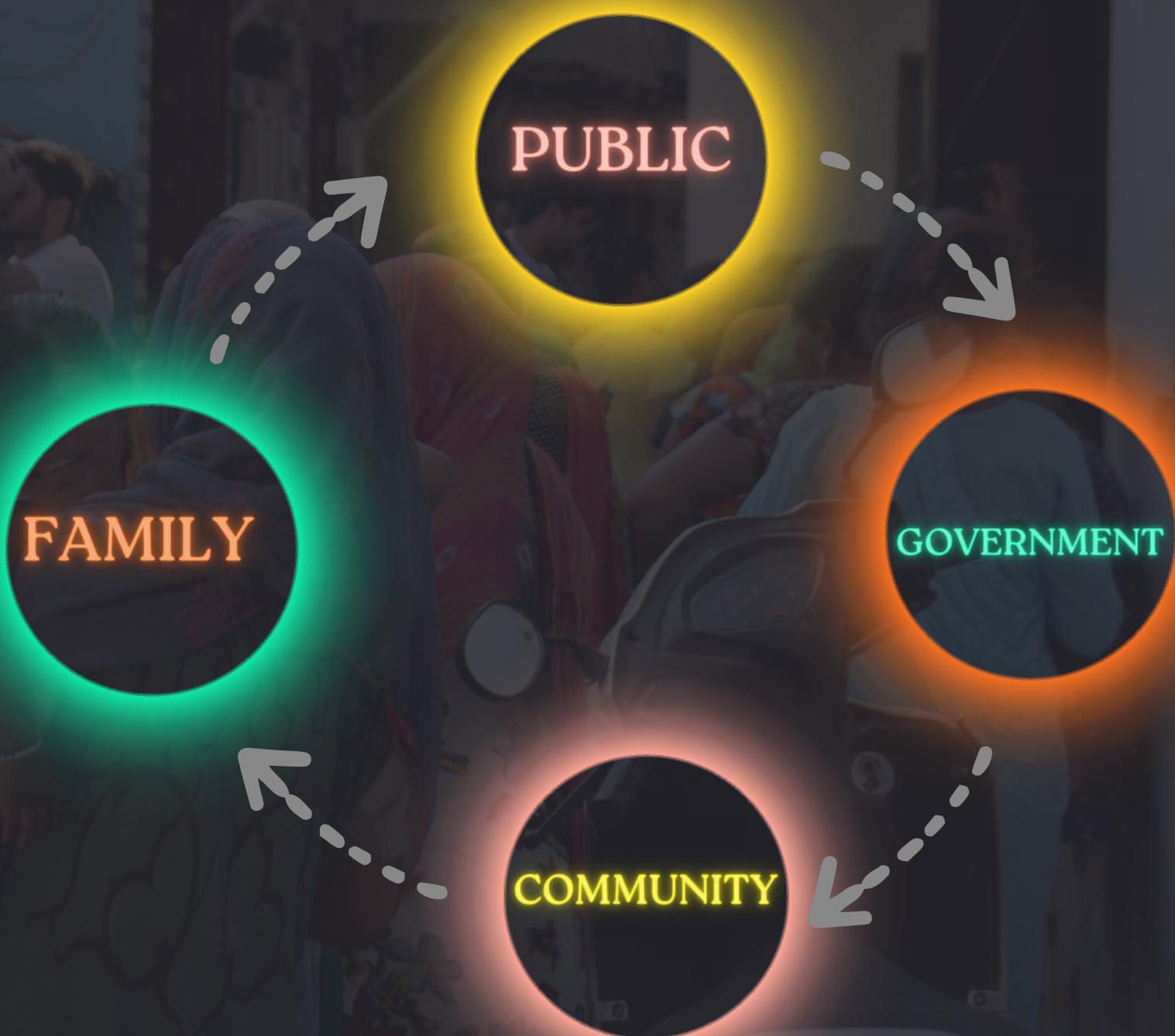


Child Participation

Students should not only be trained to live in a democracy when they grow up; they should have the chance to live in one today."

REACH

We have 7 active branches located in Delhi NCR, UP and Haridwar. 100's of volunteers working in Delhi, Delhi NCR. Despite this, we have virtual volunteers and interns working to further our cause from across the country. Further more, we have the endorsement of the Delhi government, the Delhi police, and numerous celebrities.





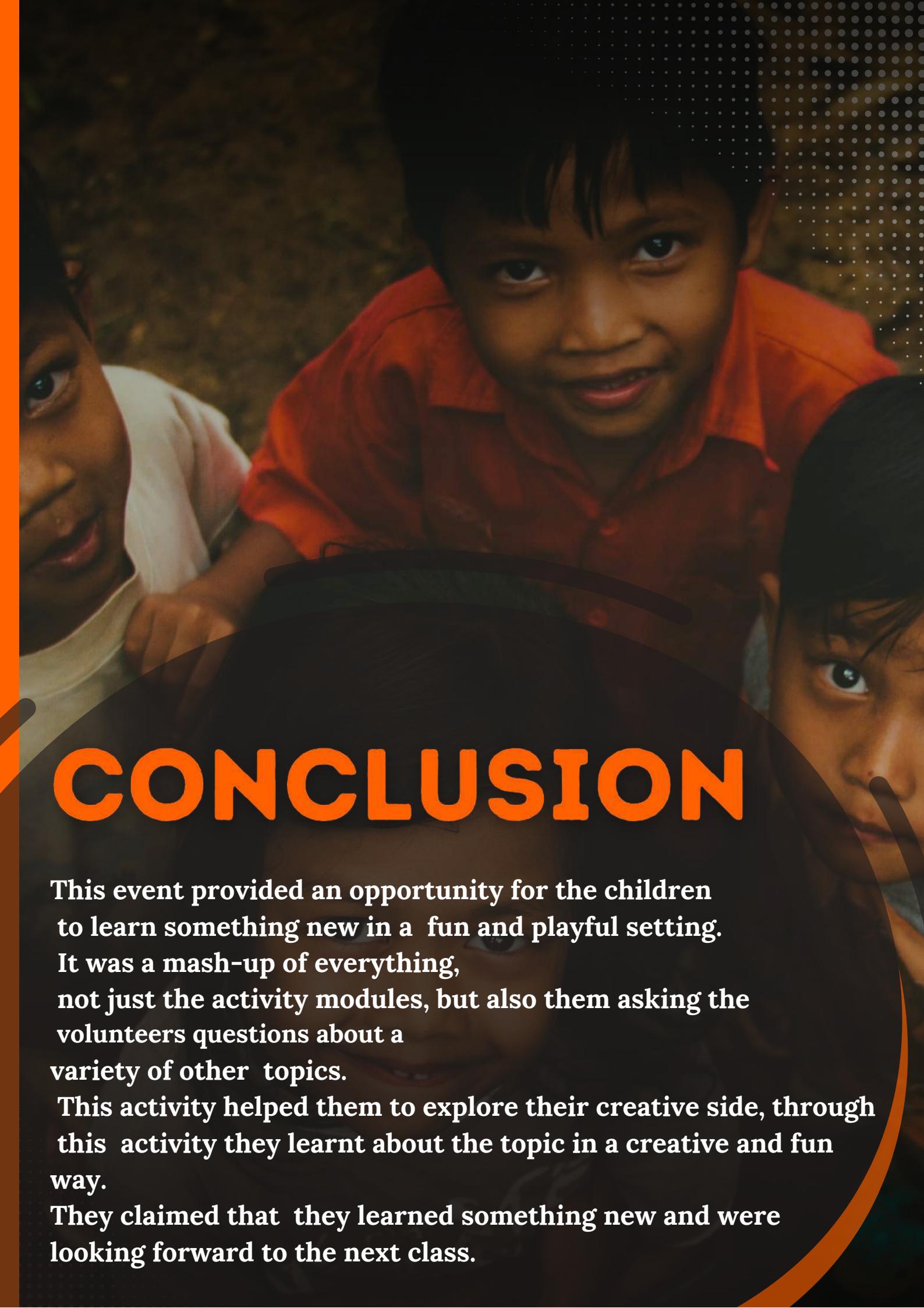
DRISHTI-- “JAL HI JEEWAN HAI”

3rd January 2022

On **3rd January 2022** volunteers of the NGO organized an interactive session on the topic “Jal hi jeewan hai” for Arjun camp students as part of the Drishti Project. There was a limitation for the age group children who are 9-13 years of age can participate in this activity. The class was held on the grounds of Arjun Camp's temple. We conducted our activity ‘JAL HI JEEWAN HAI’ which aimed mainly to make them aware of the need to save water and also how they can do the same.

Firstly we taught them that out of 71% of water present on earth only 0.025% is drinkable so that's why there is a need to save water, in addition, we gave them some examples like turning off the tap while brushing, saving rainwater to use them for domestic works, etc. Then we asked them their views on how they can save water and the majority of them answered ways like reuse of rainwater and not to use the shower for bathing. To make class fun and interactive we conducted an activity to make posters on ‘SAVE WATER’.





CONCLUSION

This event provided an opportunity for the children to learn something new in a fun and playful setting. It was a mash-up of everything, not just the activity modules, but also them asking the volunteers questions about a variety of other topics.

This activity helped them to explore their creative side, through this activity they learnt about the topic in a creative and fun way.

They claimed that they learned something new and were looking forward to the next class.



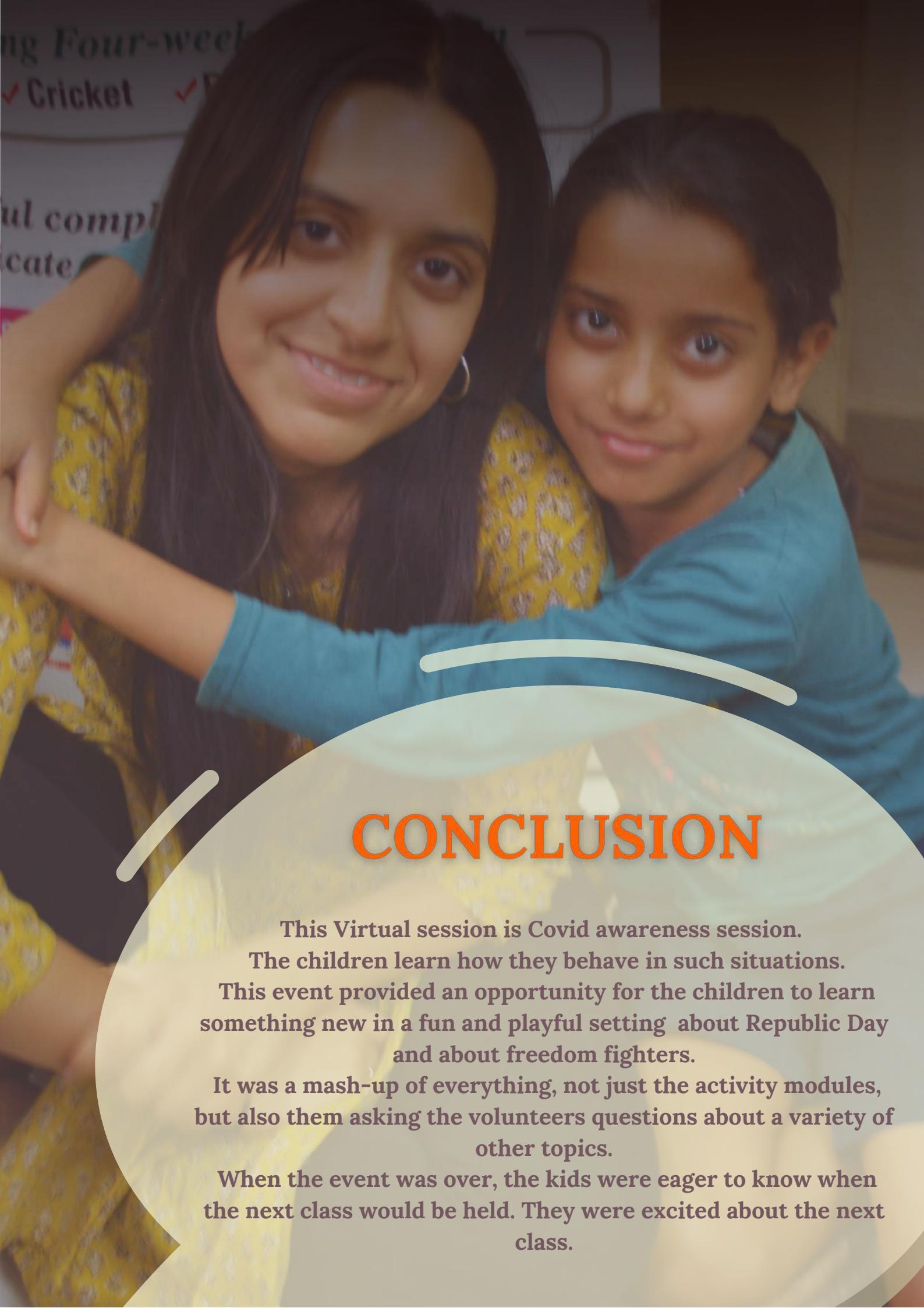
COVID AWARENESS SESSION AND REPUBLIC DAY CELEBRATION

22nd January, 2022

On 22nd January 2022, our NGO Hamari Pahchan conducted a virtual session on covid awareness and an activity on Republic Day for the children of Arjun camp.

Nowadays we all are suffering from covid and it is important to learn about covid appropriate behaviour. Ms. Adaya took a session on covid awareness. The children were happy and excited to take that session. She explained about how to wash hands, how to wear a mask and other interventions related to Covid-19.

After that we conducted an activity about Republic Day. First we provided some information about Republic day, our freedom fighters, our rights and duties. Later on we asked some related questions and gave them some gifts. Our purpose was to educate children about their rights and grow their knowledge about our Nation.

A photograph of two young girls, one with long dark hair and a yellow patterned dress, and another with shorter dark hair and a teal shirt, smiling at the camera. They appear to be in a classroom setting with educational posters in the background.

CONCLUSION

This Virtual session is Covid awareness session.

The children learn how they behave in such situations.

This event provided an opportunity for the children to learn something new in a fun and playful setting about Republic Day and about freedom fighters.

It was a mash-up of everything, not just the activity modules, but also them asking the volunteers questions about a variety of other topics.

When the event was over, the kids were eager to know when the next class would be held. They were excited about the next class.



ELECTRIC HOT WATER BAGS DISTRIBUTION DRIVE

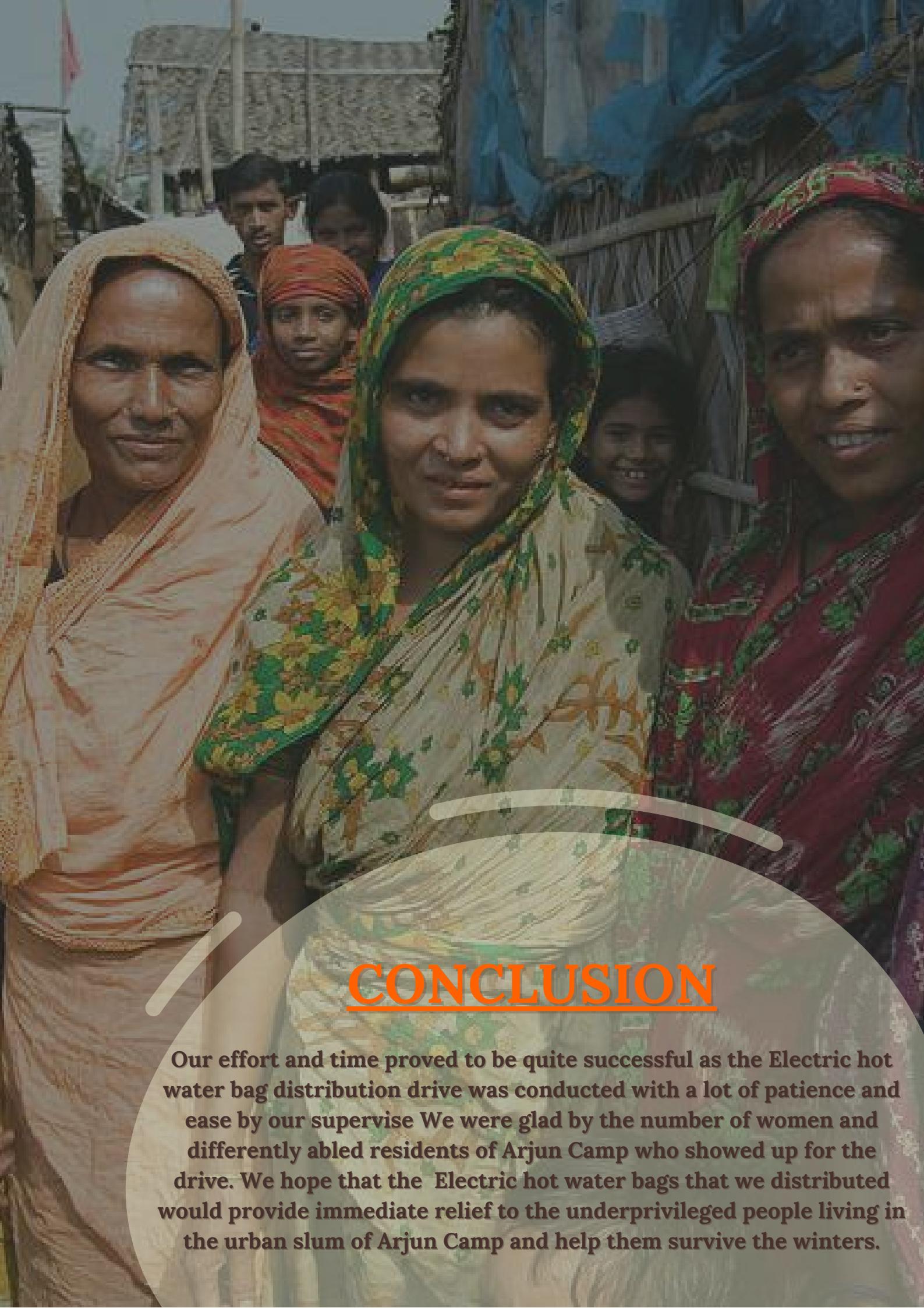
25th January 2022

On 25th January 2022, our NGO Hamari Pahchan conducted a Hot Electric Water Bags Distribution Drive at Hamari Pahchan, Mahipalpur for Elderly women and differently abled residents of Arjun Camp.

Electric hot water bags were distributed to elderly women and differently abled residents of Arjun Camp, Mahipalpur.

With the help of Pradhan of Arjun Camp we are able to collect the list of need people. There was a huge crowd over there very calmly and with polite behaviour we had to maintain it. Some young people were also demanding for electric hot water bags but we elaborated on what it's benefit and who needs it most.

Some people to whom we distributed earlier were excluded from distribution.



CONCLUSION

Our effort and time proved to be quite successful as the Electric hot water bag distribution drive was conducted with a lot of patience and ease by our supervise We were glad by the number of women and differently abled residents of Arjun Camp who showed up for the drive. We hope that the Electric hot water bags that we distributed would provide immediate relief to the underprivileged people living in the urban slum of Arjun Camp and help them survive the winters.



WOMEN SKILL DEVELOPMENT PROGRAM

(31St JANUARY,2022)

On 31nd December 2022, our NGO Hamari Pahchan conducted a session on women skill development and an awareness campaign for the women of Arjun camp.

It was an Introductory class where we asked them about their interests and hobbies. While many women chose Stitching as their hobby, Others said they enjoy learning new and creative skills such as drawing Mehndi, Learning to Apply Makeup and Using Computers. We also taught and Instructed them about their basic rights as well as Various Pradhan Mantri Yojana like Jandhan Yojna, Mudra Yojna, Pradhanmantri surakshit matritva abhiyaan, pradhan mantri kaushal vikas Yojana, Standup India, Beti Bachao Beti Padhao Scheme and Prime Minister Ujjwala Yojana. Also, How they can take benefits from it.



CONCLUSION

In the end women were excited to know more about their Rights and different Yojana. They have requested us to provide them with in-depth Information of the same. They seemed excited to Join Our Skill Development Program and they have promised to invest their time and energy in this Program.

SCHOOL BAGS AND STATIONERY DISTRIBUTION DRIVE

(1st February 2022)

**On 1st February 2022, our NGO Hamari Pahchan with
the help of Apollo Pipes conducted a School bags and
stationery Distribution Drive at Arjun Camp,
Mahipalpur for students.**



CONCLUSION

Our effort and time proved to be quite successful as the School bags and stationery distribution drive was conducted with a lot of patience and ease by our supervisor and volunteers. We were glad by the number of students of Arjun Camp who showed up for the drive. We hope that the school bags and stationery that we distribute would be helpful for the underprivileged students living in the urban slum of Arjun Camp and help them to continue their study.



Digital and financial literacy to women

8th February 2022

Hamari Pahchan organised a three-day digital and financial literacy session for women in Arjun Camp, Mahipalpur, beginning on February 8, 2022,

by providing them with basic training on how to save money for a better life. Mrs. Zeba was the one who taught them.

She starts by asking if they save money, what their sources of income are, and how they save money. The majority of women save money at home, but just a small percentage of them do so in the bank.



CONCLUSION

We were able to accomplish incredible success thanks to the aid of our volunteers and trainers.

We congratulate the efforts of the women who turned in and were given the opportunity to enhance their level of life and livelihood.

Mrs. Zeba's proposition was well received by the women.

They were looking for ways to save money.

They learned how to use phones for commercial purposes, as well as how to save.



SKILL DEVELOPMENT

19th February 2022

On 19th February 2022, Hamari pahchan conducted one of the series of skill development programmes for women in Hamari pahchan, Mahipalpur.

After so many sessions, the majority of women knew how to stitch and cut felt wool into various shapes for coasters.

Ms. Nisha Devi, one of the Aam Aadmi Party's delegates, visited us for the session today and took part in our skill development programme. She also spoke with the women and listened to their complaints. Many ladies expressed their dissatisfaction with the ongoing water situation, which has yet to be resolved. Because most of the ladies left to work in the morning during the water tank supply times, due to which, they were unable to fill the water. Arjun camp did have public water boreholes, but connecting to them is expensive. Ms. Nisha told the women that she would attempt to settle all of the concerns as soon as possible and that in the meantime, she would try to provide extra water tank supplies to the camp. Ms. Nisha was pleased to see women attempting to learn new skills and prepare themselves to be self-employed, and she was delighted to be a part of such a groundbreaking session and assist people with their concerns.

CONCLUSION

After so many sessions, the majority of women knew how to stitch and cut felt wool into various shapes for coasters. Several new women joined us today, intrigued by our skills training programme, they were willing to learn and participate in the later sessions. Lastly, women were happy that their grievances were addressed.



FUN DAY SPENT WITH UNPRIVILEGED CHILDREN

1st March, 2022

On March 1, 2022, Hamari Pahchan collaborated with The Palette to have a fun day with four children from various slum neighbourhoods. Before taking the kids to the cafe, we got their permission from their guardians. The kids were ecstatic to go to the cafe and spend the day with our team members and each other.

The purpose of the day was to allow children from low-income families to experience and explore activities that privileged people do on a regular basis. We believed that this would encourage them to better their living conditions.

We also hope that in the future, we would be able to cooperate with more warm-hearted people/businesses in order to help more youngsters have such positive and enjoyable experiences. We took four students today, but with the support of others, we will be able to accommodate 40 or 400 children for such an incredible experience.



CONCLUSION

The day was well spent. Muskan, Kashish, Viraj, and Krish were quite giddy after the experience.

The Palette provided the children with the opportunity to try new things and explore things they had never done.

Women's Day

8th March, 2022

On March 8, 2022, Hamari Pahchan collaborated with Air India to celebrate Women's Day. The event took place at the Centaur Hotel. We were given a venue to promote our non-profit organization as well as our campaigns for change and equality. Our volunteers adorned the table with items handmade by underprivileged women. This initiative aimed to provide skill development to women in order to help them become self-sufficient and earn money. We showcase these products in support of women in need in order to raise awareness of such initiatives among the event attendees.

In addition, we held a charity raffle. The participants received guaranteed prizes.

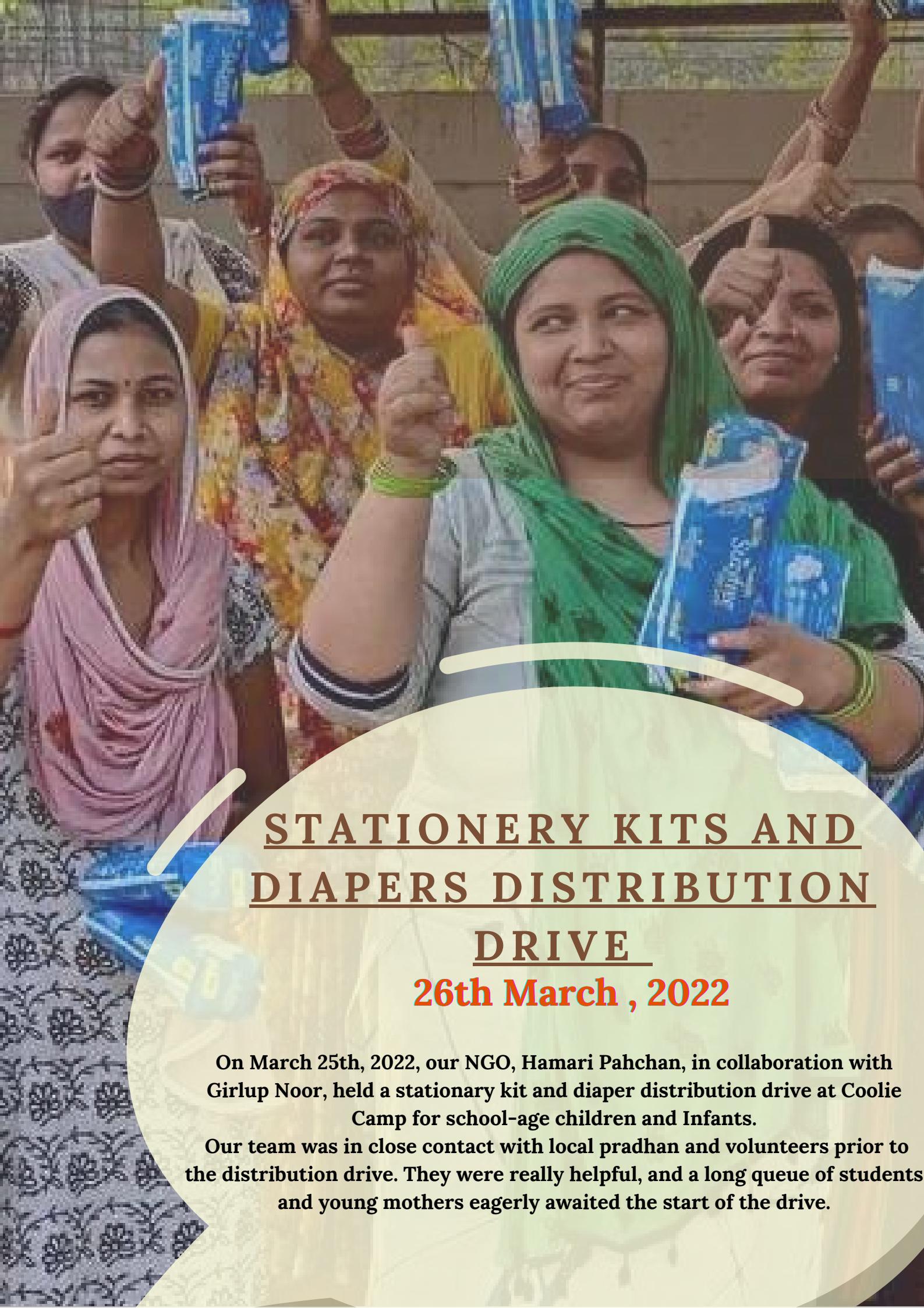
The money raised through this charity lucky draw was all used to help underprivileged women through our skill development project





CONCLUSION

The event was a success because we were able to raise awareness about the importance of self-sufficiency among deprived women and urged other attendees to contribute by acknowledging and contributing by purchasing their handmade products, as well as by celebrating womanhood as a whole.



STATIONERY KITS AND DIAPERS DISTRIBUTION

DRIVE

26th March , 2022

On March 25th, 2022, our NGO, Hamari Pahchan, in collaboration with Girlup Noor, held a stationary kit and diaper distribution drive at Coolie Camp for school-age children and Infants.

Our team was in close contact with local pradhan and volunteers prior to the distribution drive. They were really helpful, and a long queue of students and young mothers eagerly awaited the start of the drive.

CONCLUSION

Our supervisor and volunteers handled the distribution drive with a lot of tolerance and ease, proving that our effort and time were well spent as locals were quite pleased by our efforts. The number of Coolie Camp students and young mothers who came out for the drive made us happy. We hope that the stationery we offer will be beneficial to the underprivileged children who live in Coolie Camp and would enable them to continue their education. The provision of diapers will also assist the young mothers.





DRISHTI PROJECT ACTIVITY CLASS

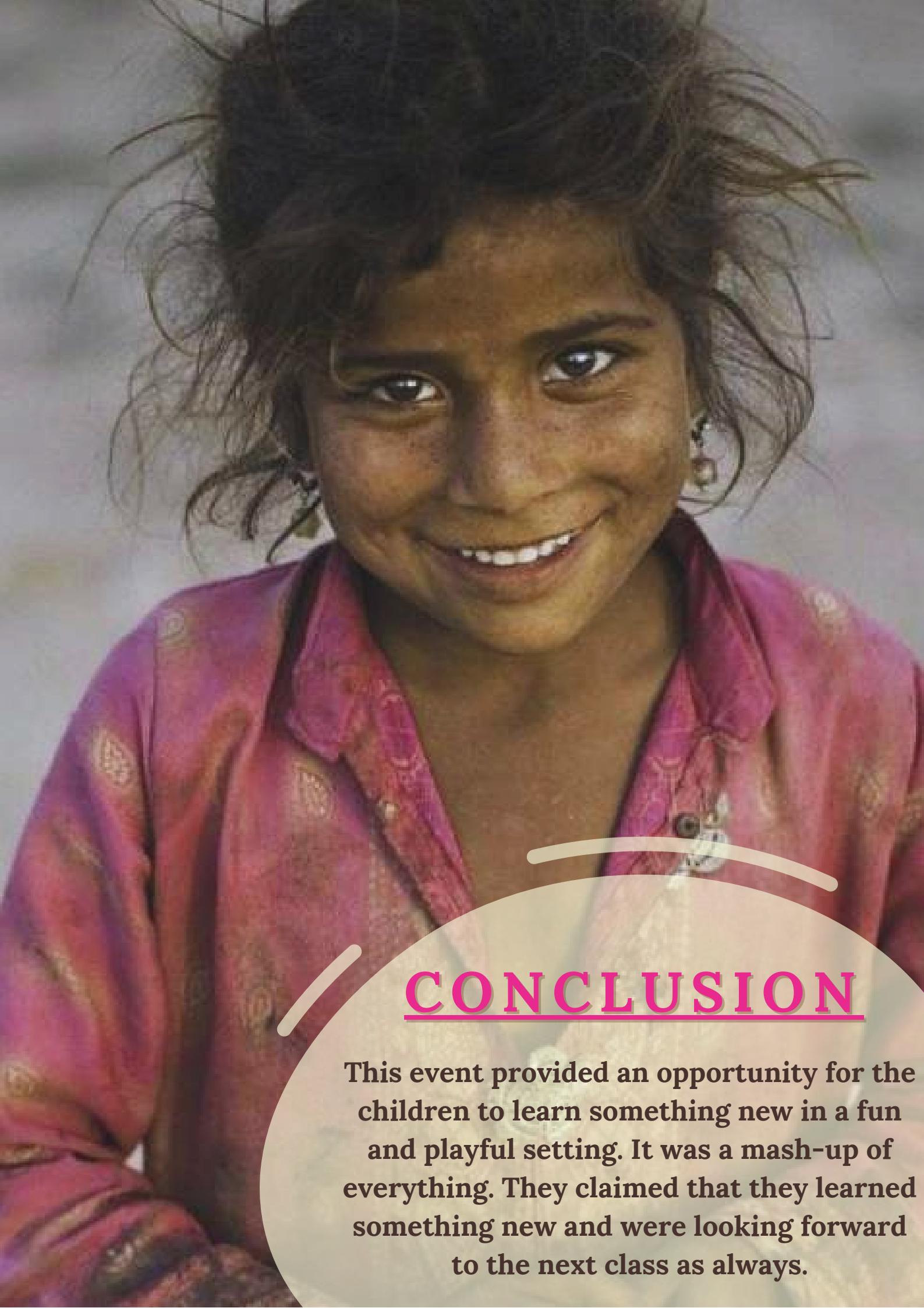
9th April ,2022

On April 9th, 2022, volunteers from our NGO Hamari Pahchan led fun activity learning classes for children in Coolie Camp as part of the Drishti Project. There was no set age range for the activities, but the children ranging from 10 to 16 years old were present and the students were made to fall in a straight line.

Firstly, we taught the students how to introduce themselves with their basic information like Name, Age, Grade, How many siblings and their Likes and Dislikes.

For example My name is Sonu, I am 6 years old, I study in 1st standard, I have 2 siblings and I love having chat foods. All students turnwise introduced themselves to their fellow friends with great enthusiasm.

Secondly, Our Team taught various body parts of a Human Body and the right way of pronunciation of words with an example. The body parts of Human Organs and sentence forming. The words like Ears, Nose, Tongue, Skin, Fingers, Stomach and Hair were taught using the Printout of it in an A4 Sheet. The sentences like I have Stomach Ache, I have 20 Fingers, I have 2 eyes and the Words like Ache and difficult such were explained to the students as well. The students at Coolie Camp looked very curious and eager to know the body parts and the right way to pronounce it.



CONCLUSION

This event provided an opportunity for the children to learn something new in a fun and playful setting. It was a mash-up of everything. They claimed that they learned something new and were looking forward to the next class as always.



UMBRELLA DISTRIBUTION DRIVE

9th April 2022

On 09nd April 2022, our NGO Hamari Pahchan conducted an Umbrella distribution Drive at Hamari Pahchan, Vasant vihar for Students of Cooli Camp.

Firstly students were made to stand in a straight line in 3 rows. Our team asked questions to the Students about how they reached their respective schools? And how difficult is it for you students to travel in this heat? the students responded by saying they go by walking everyday to their school and it's very difficult for them to travel in this heat.

So Our NGO Hamari Pahchan came up with an excellent idea of distributing umbrellas to the students so they can defeat the heat and head towards their schools without any hindrances.

Students were surprised and elated by this gesture by Hamari Pahchan NGO and they thanked the crew while they got the umbrellas.



CONCLUSION

OUR EFFORT AND TIME PROVED TO BE QUITE SUCCESSFUL AS THE UMBRELLA DISTRIBUTION DRIVE WAS CONDUCTED WITH A LOT OF PATIENCE AND EASE BY OUR SUPERVISOR AND VOLUNTEERS.

. WE WERE GLAD BY THE NUMBER OF STUDENTS OF COOLIE CAMP WHO SHOWED UP FOR THE DRIVE. WE HOPE THAT THE UMBRELLA THAT WE DISTRIBUTED WOULD PROVIDE IMMEDIATE RELIEF TO THE STUDENTS OF COOLIE CAMP AND HELP THEM SURVIVE THE HEAT.



DRISHTI PROJECT ACTIVITY CLASS

12th April 2022

ON APRIL 12TH, 2022, OVER 10 VOLUNTEERS FROM JESUS AND MARY WOMEN'S COLLEGE IN NEW DELHI HAD VISITED THE COOLIE CAMP AND LED FUN ACTIVITY LEARNING CLASSES FOR CHILDREN IN COOLIE CAMP AS PART OF THE DRISHTI PROJECT. THERE WAS NO SET AGE RANGE FOR THE ACTIVITIES, BUT THE CHILDREN RANGING FROM 5 TO 16 YEARS OLD WERE PRESENT AND THE STUDENTS WERE MADE TO FALL IN A STRAIGHT LINE.

CONCLUSION

OUR SUPERVISOR AND VOLUNTEERS HANDLED THE DISTRIBUTION DRIVE WITH A LOT OF TOLERANCE AND EASE, PROVING THAT OUR EFFORT AND TIME WERE WELL SPENT AS LOCALS WERE QUITE PLEASED BY OUR EFFORTS.

THE NUMBER OF COOLIE CAMP STUDENTS AND YOUNG MOTHERS WHO CAME OUT FOR THE DRIVE MADE US HAPPY. THE VOLUNTEERS FROM JESUS AND MARY COLLEGE WERE ECSTATIC AND CHERISHED.





CHESS SESSION WITH YUVIKA

SEHGAL

30th April 2022

ON APRIL 30TH, 2022 AROUND 5 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED THE COOLIE CAMP AND LED THE INTERACTIVE AND LEARNING CHESS SESSION WITH YUVIKA SEHGAL FOR CHILDREN IN COOLIE CAMP. THERE WAS NO SET AGE RANGE FOR THE ACTIVITIES, BUT THE CHILDREN RANGING FROM 8 TO 16 YEARS OLD WERE PRESENT AND THE STUDENTS WERE MADE TO SIT IN A STRAIGHT LINE. THE VOLUNTEERS REACHED COOLIE CAMP AND STARTED MOBILIZING CHILDREN. THEY RECEIVED MISS YUVIKA SEHGAL ALONG WITH HER FAMILY FROM THE FRONT GATE OF THE CAMP. ALL THE ARRANGEMENTS WERE MADE BY THE VOLUNTEERS WHICH INCLUDED HANGING POSTERS, MOBILISING CHILDREN, ETC. MISS YUVIKA ALSO BOUGHT HER EQUIPMENT LIKE A CHESSBOARD AND A CHESS CLOCK AND THEY WERE ALSO ARRANGED ON TIME.

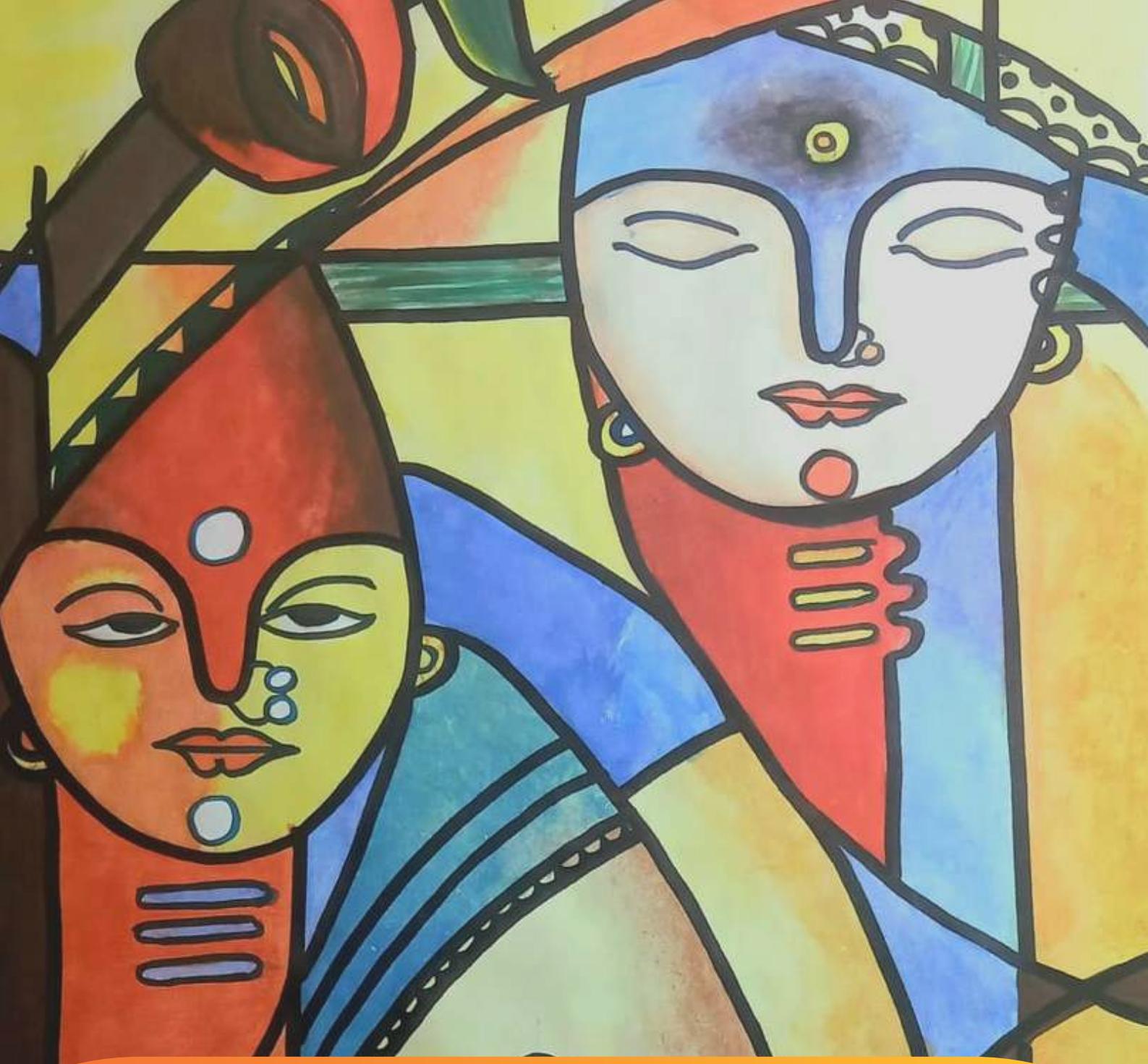
THE SESSION STARTED WITH ONE OF THE VOLUNTEERS INTRODUCING YUVIKA TO STUDENTS AND THE STUDENTS SEEMED EAGER AND ENTHUSIASTIC ABOUT THE SESSION. YUVIKA STARTED WITH THE INTRODUCTION TO CHILDREN AND THEN TOLD THE BENEFITS OF CHESS IN DAILY LIFE. THEN, SHE MOVED ON TO A BASIC INTRODUCTION OF THE CHESS PIECES AND HOW THEY MOVE. THE SESSION ALSO INCLUDED MANY RESPONSES FROM CHILDREN.

THE SESSION PROCEEDED WITH THE HAMARI PAHCHAN NGO FOUNDER MR. TARUN MATHUR VISITING THE CAMP. HE INTERACTED WITH THE CHILDREN AND YUVIKA AND THEN, HE PRESENTED A GIFT FROM AN NGO TO YUVIKA. YUVIKA PRESENTED A BOOK TO HIM. YUVIKA WAS PRAISED FOR HER CHESS SKILLS AND CONFIDENCE BY HIM. IN THE END, TWO CHESS BOARDS WERE PROVIDED TO THE CAMP CHILDREN FOR THEIR OWN USE. THE SESSION FINALLY ENDED WITH A GROUP PHOTOGRAPH OF MR TARUN MATHUR, YUVIKA, HER FAMILY AND VOLUNTEERS.



CONCLUSION

IN THE CHESS SESSION, THE CHILDREN LEARNT THE BASICS OF CHESS. THIS SESSION PROVIDED AN OPPORTUNITY FOR THE CHILDREN TO LEARN SOMETHING NEW AND TO TEACH THEM THE BENEFITS OF PLAYING CHESS IN REAL LIFE. WHEN THE EVENT WAS OVER, THE KIDS WERE EAGER TO KNOW ABOUT THE NEXT SUCH SESSION.

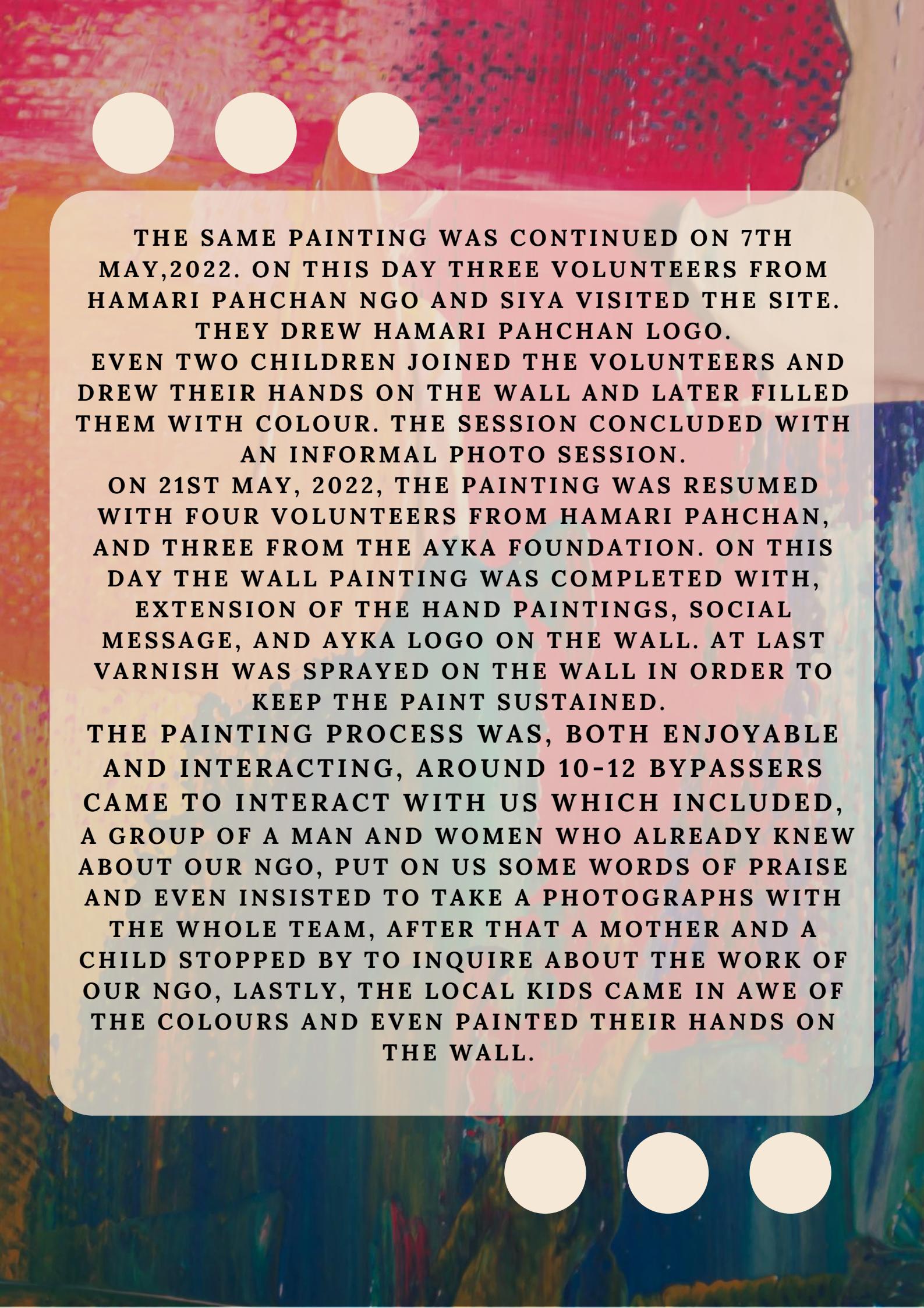


ALL PAINTING IN COLLABORATION WITH AYKA FOUNDATION

6th and 21st May 2022

ON MAY 6TH, 2022 AROUND 7 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED THE VASANT VIHAR FOR WALL PAINTING. IT WAS DONE IN COLLABORATION WITH THE AYKA GLOBAL FOUNDATION, PARISA FROM THE AYKA FOUNDATION ALSO ACCOMPANIED THE VOLUNTEERS. THE VOLUNTEERS CARRIED PAINT, BRUSHES AND NGO BANNER WITH THEM

THEY STARTED PAINTING THE WALL WITH WHITE COLOUR. PEOPLE PASSING BY WERE CURIOUS ABOUT THE WHOLE PROCESS. ONE OF THEM EVEN STOPPED AND ASKED TO VOLUNTEER. OVERALL, THERE WERE POSITIVE RESPONSES FROM PEOPLE. SOME CHILDREN FROM SLUMS ALSO JOINED THE VOLUNTEERS. THEY WERE ENJOYING PAINTING AND WERE VERY HAPPY.



THE SAME PAINTING WAS CONTINUED ON 7TH MAY, 2022. ON THIS DAY THREE VOLUNTEERS FROM HAMARI PAHCHAN NGO AND SIYA VISITED THE SITE.

THEY DREW HAMARI PAHCHAN LOGO.

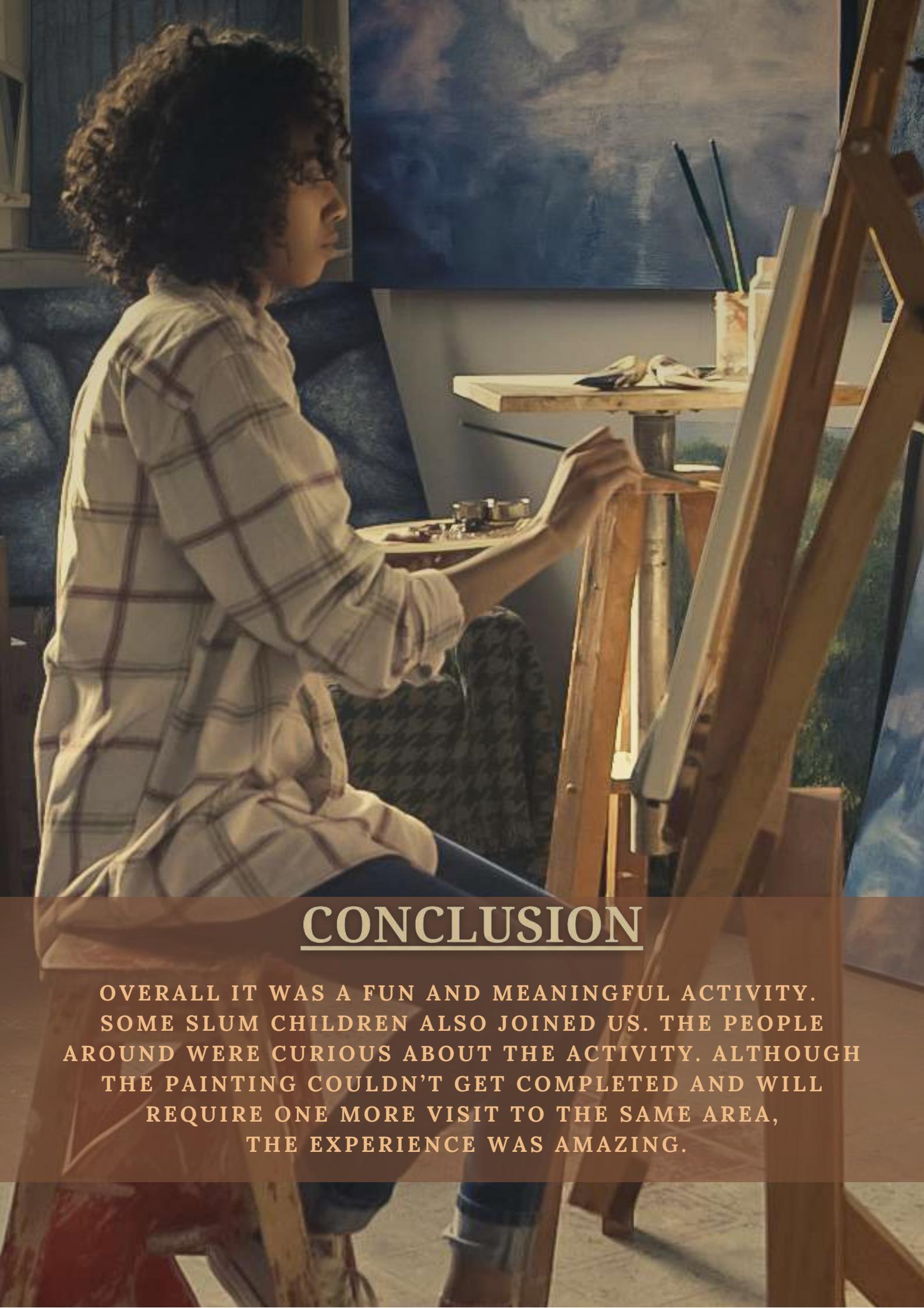
EVEN TWO CHILDREN JOINED THE VOLUNTEERS AND DREW THEIR HANDS ON THE WALL AND LATER FILLED THEM WITH COLOUR. THE SESSION CONCLUDED WITH AN INFORMAL PHOTO SESSION.

ON 21ST MAY, 2022, THE PAINTING WAS RESUMED WITH FOUR VOLUNTEERS FROM HAMARI PAHCHAN, AND THREE FROM THE AYKA FOUNDATION. ON THIS DAY THE WALL PAINTING WAS COMPLETED WITH,

EXTENSION OF THE HAND PAINTINGS, SOCIAL MESSAGE, AND AYKA LOGO ON THE WALL. AT LAST VARNISH WAS SPRAYED ON THE WALL IN ORDER TO KEEP THE PAINT SUSTAINED.

THE PAINTING PROCESS WAS, BOTH ENJOYABLE AND INTERACTING, AROUND 10-12 BYPASSERS CAME TO INTERACT WITH US WHICH INCLUDED, A GROUP OF A MAN AND WOMEN WHO ALREADY KNEW ABOUT OUR NGO, PUT ON US SOME WORDS OF PRAISE AND EVEN INSISTED TO TAKE A PHOTOGRAPHS WITH

THE WHOLE TEAM, AFTER THAT A MOTHER AND A CHILD STOPPED BY TO INQUIRE ABOUT THE WORK OF OUR NGO, LASTLY, THE LOCAL KIDS CAME IN AWE OF THE COLOURS AND EVEN PAINTED THEIR HANDS ON THE WALL.

A painter with curly hair, wearing a light-colored plaid shirt, is seen from the side and back, focused on working on a large painting of a landscape. The painting depicts a dark, cloudy sky over a body of water with distant hills. The painter's hands are visible as they apply paint to the canvas, which is propped up on an easel. A palette with various colors and a paintbrush are resting on the easel. The scene is set outdoors, with other paintings visible in the background.

CONCLUSION

OVERALL IT WAS A FUN AND MEANINGFUL ACTIVITY. SOME SLUM CHILDREN ALSO JOINED US. THE PEOPLE AROUND WERE CURIOUS ABOUT THE ACTIVITY. ALTHOUGH THE PAINTING COULDN'T GET COMPLETED AND WILL REQUIRE ONE MORE VISIT TO THE SAME AREA, THE EXPERIENCE WAS AMAZING.



AWARENESS SESSION AND SANITARY PAD DISTRIBUTION DRIVE

12th May 2022

ON MAY 12TH, 2022 AROUND 3 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED THE COOLIE CAMP FOR THE AWARENESS CAMP ON MENSTRUAL HYGIENE AND DISTRIBUTION DRIVE OF SANITARY PADS. THE AWARENESS SESSION WAS TAKEN BY MS MITUSHI, SPOKESPERSON FROM AL50 FOUNDATION.

THE VOLUNTEERS REACHED COOLIE CAMP AND STARTED MOBILISING WOMEN OF ALL AGES. THEY RECEIVED MS MITUSHI FROM THE FRONT GATE OF THE CAMP. ALL THE ARRANGEMENTS WERE MADE BY THE VOLUNTEERS WHICH INCLUDED HANGING POSTERS, MOBILISING WOMEN, SETTING UP BOXES FOR THE DISTRIBUTION DRIVE ETC. THE SESSION STARTED WITH ONE OF THE VOLUNTEERS INTRODUCING MS MITUSHI TO WOMEN AND THE WOMEN SEEMED COMFORTABLE AND INTERESTED IN THE SESSION. MS MITUSHI STARTED THE AWARENESS SESSION. SHE DEMONSTRATED THE WHOLE PROCESS OF MENSTRUATION IN AN EASY AND EFFECTIVE WAY WITH THE HELP OF A DUMMY 3D DIAGRAM. SHE TALKED ABOUT VARIOUS NEW AND ECO-FRIENDLY METHODS OF DEALING WITH MENSTRUATION. SHE TALKED ABOUT THREE WAYS IN WHICH WOMEN CAN DEAL WITH MENSTRUATION WHICH ARE ;



1. CLOTH PADS - THESE ARE PADS MADE UP OF COTTON CLOTH INSTEAD OF PLASTIC. THEY ARE REUSABLE AND ECONOMICAL AS WELL. THEIR USE WAS ALSO DEMONSTRATED ALONG WITH THE BENEFITS OF USING THEM.
 2. TAMPONS- A TAMpon IS A MENSTRUAL PRODUCT DESIGNED TO ABSORB BLOOD. WOMEN WERE ALSO GIVEN KNOWLEDGE ABOUT THIS ALTERNATIVE.
 3. MENSTRUAL CUP - THESE ARE MADE UP OF MEDICALLY GRADED SILICON AND ARE A SAFE ALTERNATIVE. MS MITHUSHI BOUGHT ONE MENSTRUAL CUP WITH HER AND SHE DEMONSTRATED ITS USE WITH THE HELP OF A 3D DUMMY DIAGRAM.
 4. PERIOD PANTIES - THESE ARE ALSO A SAFER ALTERNATIVE THAN PADS. THEY ARE EASY TO USE AND PROVIDE GOOD COMFORT. HOWEVER, THEY ARE NOT ECONOMICAL AND THEIR AVAILABILITY IS ALSO A CONCERN.
- THE SESSION PROCEEDED WITH QUESTIONS FROM WOMEN AND THEIR DIVERSE EXPERIENCES WERE ALSO DISCUSSED.
- THE DISCUSSION INCLUDED WOMEN OF ALL AGES. THE SESSION ENDED WITH TWO PACKETS OF SANITARY PADS GIVEN TO EACH WOMAN ATTENDING THE SESSION.
- THEY ALSO TALKED ABOUT THEIR EXPERIENCE REGARDING THE SESSION AND ALSO SHOWED INTEREST IN MORE SUCH SESSIONS IN FUTURE.



CONCLUSION

OVERALL SESSION WAS INFORMATIVE AND USEFUL FOR THE WOMEN.

IT BENEFITED THEM IN TERMS OF KNOWLEDGE AND SANITARY PADS ALSO. THE SESSION ALSO GAVE THEM AN OPPORTUNITY AND PLATFORM TO DISCUSS THE PROBLEM FACING EACH OTHER AS WELL AS WITH MS MITUSHI.

WOMEN WERE KEEN ON ATTENDING MORE SUCH SESSIONS.

SURVEY FOR THE LEGAL AID AND AWARENESS CAMP

8th June - 11th June 2022

THE AIM OF THE SURVEY WAS TO GET A BRIEF ABOUT THE LEGAL ISSUES AND THE LEGAL AID THAT THE PEOPLE ARE IN NEED OF WHICH SHALL HELP US IN SHAPING THE WHOLE PURPOSE OF OUR LEGAL AWARENESS CAMP. BEFORE COMMENCING WITH THE SURVEY FROM HOUSE TO HOUSE, THE DUE PERMISSION OF THE VILLAGE PRADHAN WAS TAKEN INTO CONSIDERATION.

THREE LEGAL INTERNS CONDUCTED THE STUDY ALONG WITH THE VOLUNTEERS OF HAMRI PAHCHAN NGO.

THE TEAM COULD REACH APPROXIMATELY 50 HOUSES IN THE COLLIE CAMP, VASANT VIHAR, AND GET MORE THAN 20 LEGAL ISSUES REGISTERED WITH HAMARI PACHCHAN.





CONCLUSION

THE PURPOSE OF THE SURVEY WAS
TO SUCCESSFULLY ACHIEVE THIS TO
GIVE US AN OUTLINE FOR OUR
AWARENESS CAMP,
AND THE MOBILISATION FOR THE
LEGAL CAMP ON SATURDAY.

DIAPERS DISTRIBUTION DRIVE AT BHAWAR SINGH CAMP

14th JUNE 2022

ON THE 14TH OF JUNE, OUR VOLUNTEERS CARRIED OUT THE DISTRIBUTION DRIVE OF DIAPERS AT THE BHAWAR SINGH CAMP. WE WENT DIRECTLY TO THE DESTINATION AND REACHED THERE ON TIME. WE STARTED AT 9:30 AM. AS SOON AS WE REACHED

THERE THE FIRST THING WAS TO CARRY OUT MOBILISATION ABOUT THE DISTRIBUTION, FOR WHICH OUR TEAM OF VOLUNTEERS SPLIT IN TWO. THE DIAPERS WERE FOR INFANTS AND CHILDREN BELOW THE AGE OF THREE YEARS WHO NEEDED DIAPERS FOR THEIR DAILY USE. THE MOBILISATION ALSO INCLUDED A SURVEY, AND THE DETAILS CONSIST OF

MOTHER'S NAME
CHILD'S NAME
CONTACT NUMBER
AND ADHAAR CARD NUMBER

CONCLUSION

THE DISTRIBUTION WAS TAKEN OUT FROM THE OFFICE OF HAMARI PAHCHAN, AT BHAWAR SINGH CAMP.

THE EVENT WAS SUCCESSFUL AND THE VOLUNTEERS WERE ABLE TO RECORD THE DETAILS OF THE BENEFICIARIES AND COULD WIND UP ON TIME.

DIAPERS DISTRIBUTION DRIVE AT COOLIE CAAMP, VASANT VIHAR

14th JUNE 2022

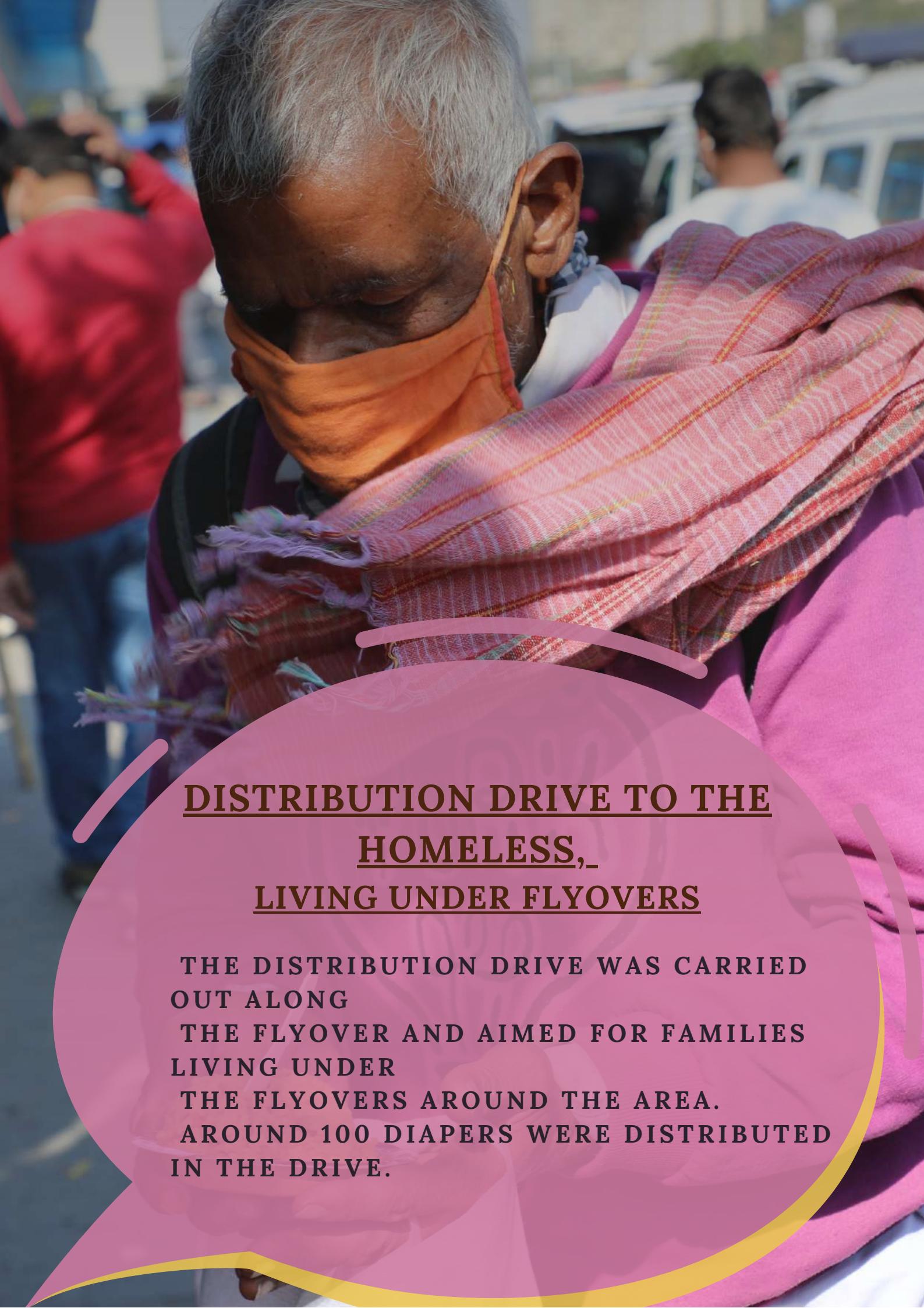
THE DRIVE STARTED AROUND 1:00 PM AFTER THE DRIVE AT
BHWANWAR SINGH CAMP. BEFORE WE STARTED THE
DISTRIBUTION,

WE MET THE VILLAGE PRADHAN AND FOR HIS DUE CONSENT
AND BROUGHT THE EVENT INTO HIS LIGHT. AFTER WHICH HE
ASSISTED US WITH THE MOBILIZATIONS AND HELPED US TO
GATHER THOSE WOMEN WHO HAD KIDS BELOW THE AGE OF
THREE TO AVAIL DIAPERS.



CONCLUSION

THE DRIVE COULD SUCCESSFULLY END AROUND 2:30 PM AND THE DIAPERS WERE COMPLETELY DISTRIBUTED, THE VOLUNTEERS WORKED WITH ALL THEIR HEARTS.



DISTRIBUTION DRIVE TO THE HOMELESS, LIVING UNDER FLYOVERS

THE DISTRIBUTION DRIVE WAS CARRIED OUT ALONG THE FLYOVER AND AIMED FOR FAMILIES LIVING UNDER THE FLYOVERS AROUND THE AREA. AROUND 100 DIAPERS WERE DISTRIBUTED IN THE DRIVE.

CONCLUSION

THE FAMILIES WERE HAPPY , AND EXPRESSED GRATITUDE, THE DISTRIBUTION WAS SUCCESSFUL AND REACHED EVERY FAMILY WITH KIDS.

ALL THE THREE DRIVES IN THESE AREAS WERE, ACCORDING TO THEIR NEEDS AND CAPACITY, THE VOLUNTEERS WORKED WHOLEHEARTEDLY AND CONCLUDED THE EVENT WITHOUT ANY HASSLE.





SCIENCE SESSION FOR CHILDREN BY MR. ISHAN

14th June, 2022

A SHORT INSIGHTFUL SESSION WAS TAKEN UP FOR THE CHILDREN ABOVE THE AGE OF 10 YEARS AT THE BHAWAR SINGH CAMP BY MR. ISHAN. ALL THE INSTRUMENTS FOR THE EXPERIMENT AND PRACTICALS WERE BROUGHT BY HIM TO THE LOCATION. AROUND 30 CHILDREN GATHERED TO TAKE PART IN THE SESSION. THE CLASS WAS ON :

- *THE PROCESS OF HOW SOUND TRAVELS IN DIFFERENT DENSITY
- *THE DENSITY OF WATER, ALONG WITH THE EXPERIMENT OF SALT IN THE WATER
- *DISCUSSION ON THE SOLAR SYSTEM AND HUMAN SKELETON



CONCLUSION

THE SCIENCE SESSION CAME OUT TO BE A WONDERFUL ONE, AND THE KIDS WERE VERY INTERACTIVE TOO. WE HOPE TO CONDUCT MORE SUCH SESSIONS ON PROJECTS AND EVENTS.



STEM

18TH JUNE 2022

THESE ACADEMIC DISCIPLINES ARE GROUPED TOGETHER UNDER THE UMBRELLA TERM "SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS."

THIS TERM IS TYPICALLY USED TO REFER TO A SCHOOL'S EDUCATION POLICY OR CURRICULUM CHOICES. IT HAS CONSEQUENCES FOR WORKFORCE DEVELOPMENT, NATIONAL SECURITY, AND IMMIGRATION POLICY.

THE EVENT TOOK PLACE ON JUNE 18, 2022, WITH CHILDREN FROM BHANWAR SINGH CAMP IN VASANT KUNJ, NEW DELHI. IT INCLUDED ALL FEMALES BETWEEN THE AGES OF 12 AND 18. OUR VOLUNTEERS SEARCHED THE ENTIRE AREA FOR GIRLS FOR THIS EVENT. WE CHOSE GIRLS SPECIFICALLY BECAUSE IT WILL HELP THEM GAIN KNOWLEDGE EASILY AND AFFORDABLY, AS IT IS DIFFICULT FOR THEM TO GET EDUCATION IN SCHOOLS DUE TO A LACK OF SUFFICIENT RESOURCES.



WE WERE ABLE TO GATHER 20 GIRLS FOR THE EVENT IN HALF AN HOUR AS VOLUNTEERS. NANDINI, A VOLUNTEER AT OUR NGO, ORGANISED THE EVENT.

SHE CAME UP WITH THE IDEA OF TEACHING CHILDREN ABOUT STEM. STEM IS ESSENTIALLY A DISTINCT APPROACH TO TEACHING AND LEARNING THAT IS CENTRED ON INDIVIDUAL STUDENTS' LEARNING STYLES AND INTERESTS.

THIS IMPLIES THAT STEM EDUCATION HAS SOMETHING FOR EVERY STUDENT. UNLIKE TRADITIONAL EDUCATION EXPERIENCES, WHICH FOCUS ON INDIVIDUAL SUBJECT AREAS, STEM EDUCATION EMPHASISES TECHNOLOGY AND INTEGRATES SUBJECTS IN WAYS THAT CONNECT AND RELATE DISCIPLINES. NANDINI USED A VARIETY OF TECHNIQUES TO HELP CHILDREN UNDERSTAND THE STEM PROCESS WHILE ORGANISING THE EVENT. ASIDE FROM THAT, THE KIDS AND MENTOR HAD A LOT OF INTERACTION ABOUT BLACK HOLES AND WORMHOLES IN THE UNIVERSE. THEY ALSO DISCUSS TIME TRAVEL IN THE UNIVERSE. SHE (MENTOR) ALSO DISCUSSED HER ASPIRATION TO BECOME AN ASTRONAUT AND BECOME THE FIRST INDIAN WOMAN TO DISCOVER WORMHOLE, AS WELL AS CHILDREN'S ASPIRATIONS IN THEIR LIVES. MANY OF THEM DESIRED TO BE TEACHERS AND HELD A DISCUSSION ABOUT IT. IT WAS FASCINATING FOR US TO VOLUNTEER BECAUSE WE ALSO GOT TO LEARN ABOUT STEM.



CONCLUSION

OVERALL IT WAS A FUN AND MEANINGFUL ACTIVITY. SOME SLUM CHILDREN ALSO JOINED US. THE PEOPLE AROUND WERE CURIOUS ABOUT THE ACTIVITY. ALTHOUGH THERE WAS VERY LESS TIME FOR US TO INTERACT MORE WITH CHILDREN, IT WAS A VERY FUN AND INDULGING ACTIVITY.

GREEN DREAM

18TH JUNE 2022

GREEN DREAM STARTED BY MANYA IS CLOSELY ASSOCIATED WITH NATURE, WITH THE OVERALL GREEN PIGMENT OF THE TREES SEEMINGLY STAINING THE RAIN FALLING AROUND IT.

THROUGH THIS STUDENT CAN LEARN WHAT IT MEANS TO CREATE A GREEN FUTURE, SUSTAINABLE PRACTICES AND THEIR ROLE AS AN ENVIRONMENTAL ACTIVIST. THE EVENT TOOK PLACE ON JUNE 18, 2022, WITH CHILDREN FROM BHANWAR SINGH CAMP IN VASANT VIHAR, NEW DELHI.

IT INCLUDED ALL FEMALES BETWEEN THE AGES OF 12 AND 18. OUR VOLUNTEERS SEARCHED THE ENTIRE AREA FOR GIRLS FOR THIS EVENT.





WE CHOSE GIRLS SPECIFICALLY BECAUSE IT WILL HELP THEM GAIN KNOWLEDGE EASILY AND AFFORDABLY, AS IT IS DIFFICULT FOR THEM TO GET EDUCATION IN SCHOOLS DUE TO A LACK OF SUFFICIENT RESOURCES. FURTHERMORE, BECAUSE THEY LIVE IN HOUSEHOLDS, THEY ARE MORE AWARE OF THESE ISSUES.

WE WERE ABLE TO GATHER 20 GIRLS FOR THE EVENT IN HALF AN HOUR AS VOLUNTEERS. MANYA, A VOLUNTEER AT OUR NGO, ORGANISED THE EVENT. SHE HAD THE IDEA TO TEACH CHILDREN ABOUT THE ENVIRONMENT. MANYA USED A VARIETY OF TECHNIQUES TO HELP CHILDREN TO ENCOURAGE CREATIVITY IN STUDENTS THROUGH EASY-TO-DO ACTIVITIES WHICH INCLUDED UNDERSTANDING THE PROCESS OF MAKING DECORATIVE ITEMS FOR THEIR HOME USING ICE CREAM STICKS.

THERE WAS A LOT OF ENTHUSIASM AMONG CHILDRENS WHILE ORGANISING THE EVENT. THEY WERE ECSTATIC ABOUT THE ACTIVITY. WE SET A TIME LIMIT FOR THE ACTIVITY TO MAKE IT MORE CHALLENGING AND ENJOYABLE. ASIDE FROM THAT, THE KIDS AND MENTOR HAD A LOT OF INTERACTION ABOUT THEIR GOALS AND ALSO PARTICIPATED IN THE ACTIVITY WITH THEM



CONCLUSION

OVERALL, IT WAS A WORTHWHILE AND ENJOYABLE ACTIVITY.
SOME SLUM CHILDREN JOINED US AS WELL.

THE ACTIVITY PIQUED THE INTEREST OF THOSE NEARBY. ALTHOUGH WE HAD VERY LITTLE TIME TO INTERACT WITH THE CHILDREN, IT WAS A VERY ENJOYABLE AND ENJOYABLE ACTIVITY.

VOLUNTEERS:

DEEPALI GANGIL (COORDINATOR)

MUKUL DANG

SRISHTI CHHABRA



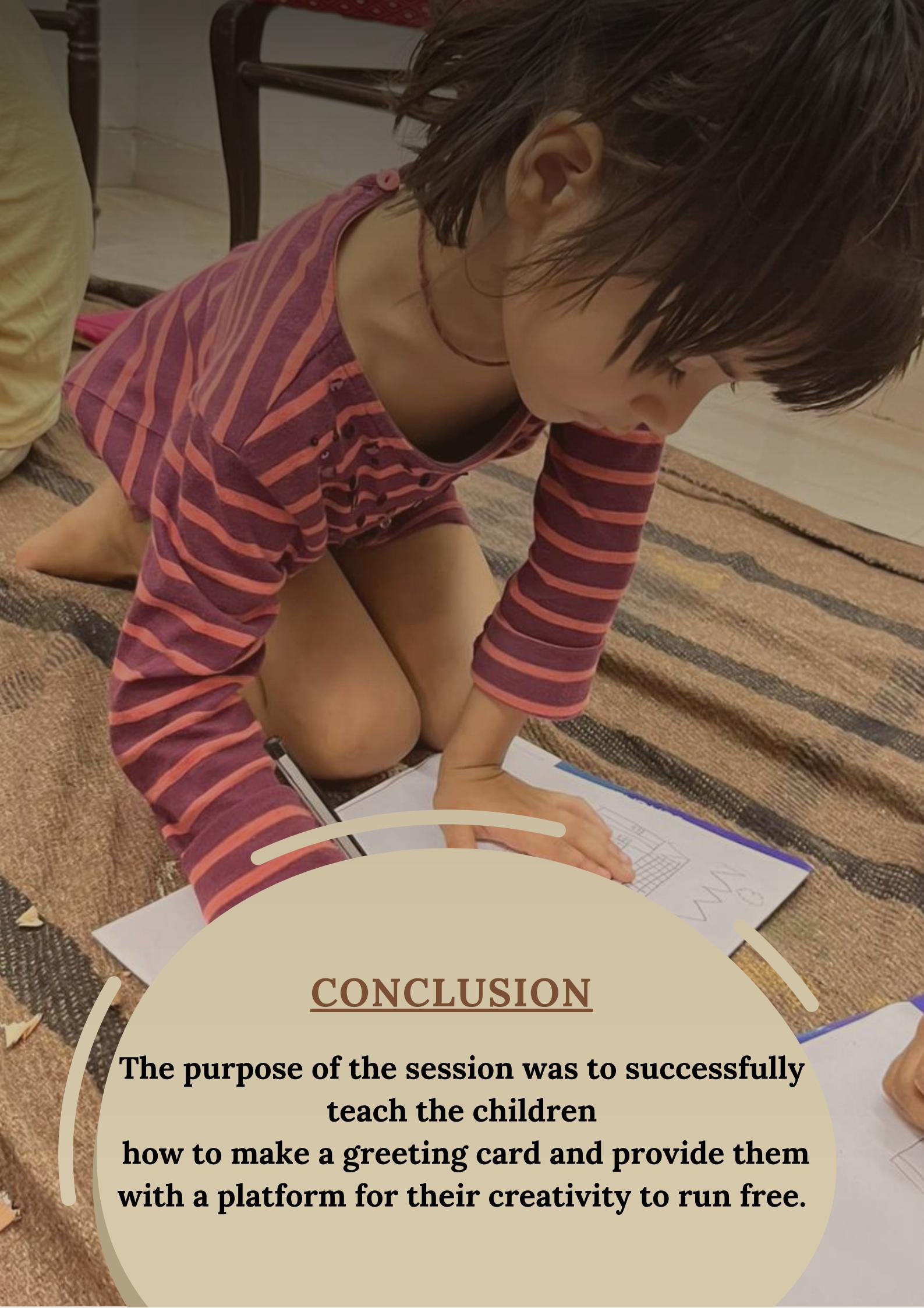
ART AND CRAFT SESSION AS A PART OF DRISHTI CLASSES

18th June 2022

On the 18th of June, Hamari Pahchan team conducted an art and craft session for the children at the Coolie Camp, Vasant Vihar, as a part of the Drishti Program. The session was conducted with the aim to inculcate creativity in the children belonging to the age group of 10-15.

Activities like 'What's in my heart?' and 'Crafting greeting cards' brought about a fun-loving environment. As a part of the 'What's in my heart' activity around 25 children were instructed to draw a big heart on a drawing sheet inside which they were to sketch anything they wanted to possess in life.

Under, the 'Crafting greeting cards' activity these children were taught to make greeting cards and were left at their liberty to write whatever they wanted to write on those greeting cards. The children enjoyed both the activities thoroughly and thanked the representatives of the NGO for conducting these activities.



CONCLUSION

The purpose of the session was to successfully teach the children how to make a greeting card and provide them with a platform for their creativity to run free.

LEGAL AID AWARENESS CAMP

22nd June - 25th June 2022

The aim of the survey was to get a brief about the legal issues and the legal aid that the people are in need of which shall help us in shaping the whole purpose of our Legal awareness camp. Two legal interns of Hamari Pahchan NGO conducted the study for the legal aid camp. Both the interns could reach approximately 50-60 houses and conducted the survey at Bhanwar Singh Camp, Vasant Vihar, and got around 15 legal issues registered with Hamari Pachchan.





CONCLUSION

The purpose of the survey was to successfully achieve this to give us an outline for our awareness camp, and the mobilisation for the legal camp on Saturday, 25 June 2022.



A day at McDonald's with unprivileged children

25th June 2022

On June 25, 2022, volunteers from Hamari Pahchan brought happy meals to Coolie Camp's poor youngsters by taking them to McDonald's. We requested permission from the children's guardians or parents before bringing them along. We decided to take 10 children with us. The kids were eager to go to the fast food restaurant because it was a novelty for them.

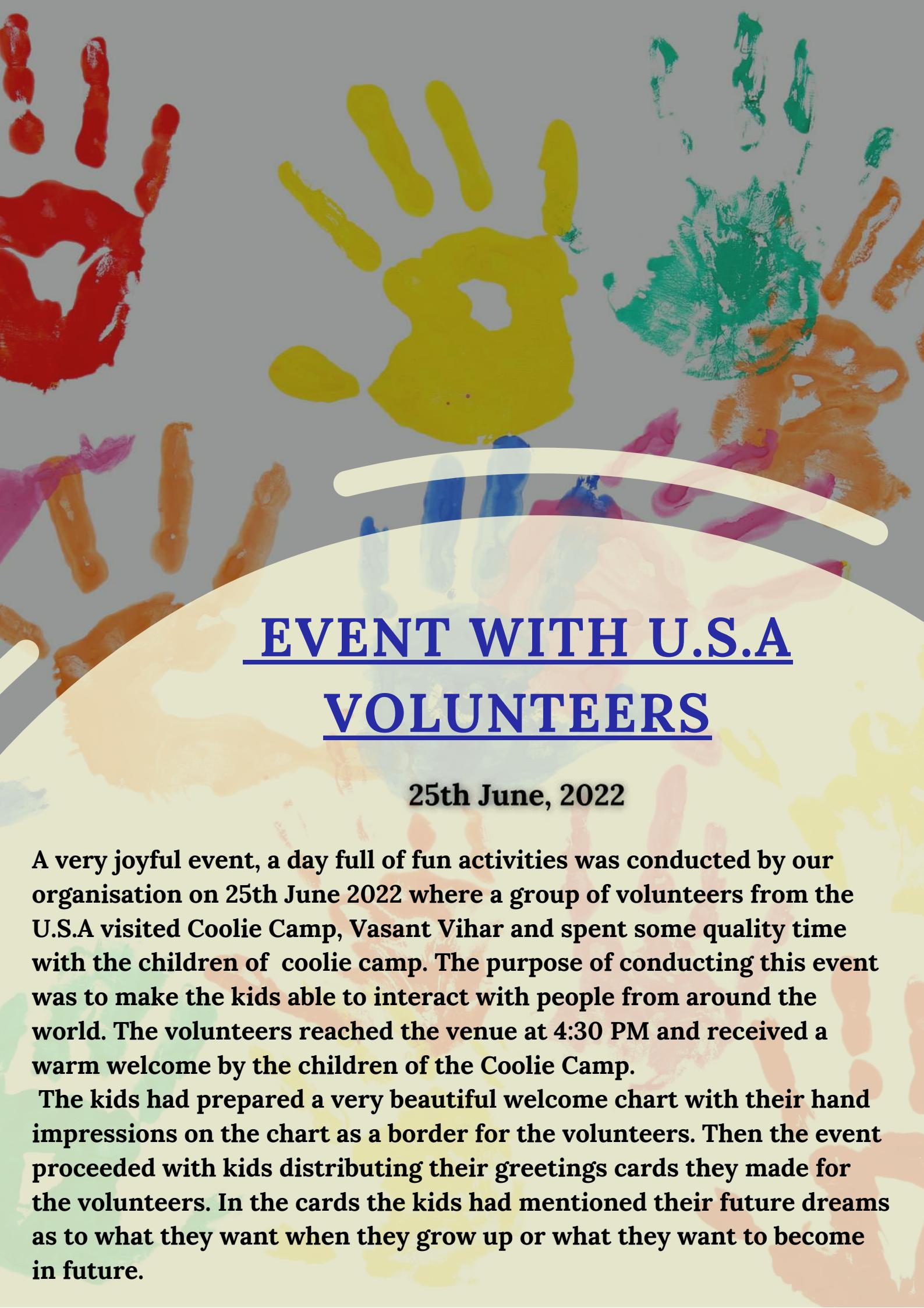
We picked up the kids at 12:00PM from Coolie Camp and visited the nearest McDonald's which is located at Vasant Vihar metro station. We went to the McDonald's in two autorickshaws along with the kids. We reached the fast food joint within 5 minutes and placed our order.

We ordered a glass of Coca-Cola, fries and a burger for everyone. We simply wanted the disadvantaged children to experience the flavour of burgers and fries during their visit. We anticipated that taking the kids to McDonald's would motivate them to improve their living arrangements. We also hope that in the future, we will be able to help more underprivileged children and work with companies to support more children in having such wonderful and fun experiences.



CONCLUSION

The day had been thoroughly used. The children were happy and stuffed to the brim. Additionally, it was a very humbling experience for our volunteers. Children were inspired by the meal to make lifestyle changes so they could always have it when they desired it.



EVENT WITH U.S.A VOLUNTEERS

25th June, 2022

A very joyful event, a day full of fun activities was conducted by our organisation on 25th June 2022 where a group of volunteers from the U.S.A visited Coolie Camp, Vasant Vihar and spent some quality time with the children of coolie camp. The purpose of conducting this event was to make the kids able to interact with people from around the world. The volunteers reached the venue at 4:30 PM and received a warm welcome by the children of the Coolie Camp.

The kids had prepared a very beautiful welcome chart with their hand impressions on the chart as a border for the volunteers. Then the event proceeded with kids distributing their greetings cards they made for the volunteers. In the cards the kids had mentioned their future dreams as to what they want when they grow up or what they want to become in future.

One by one they gave their greeting cards to the volunteers. The volunteers seemed very happy to see future plans of the kids of the slum. After this the kids and the volunteers played dumb charades where one of the kids would tell one of the volunteers their future occupation and then that volunteer would enact the same and the other volunteers would have to guess it.

The game was full of laughter and enthusiasm. Everyone enjoyed it a lot seemed to have a lot of fun. Some of the kids also presented dance performances, volunteers were stunned by the performances and were enjoying it very much and they even participated in between. Later all the volunteers one by one interacted with kids of the slum and introduced themselves and told the kids about what they want to become in future

Kids also made a drawing of “What’s in my heart” in which they had drawn a heart and inside it they drew the things they like and then gave them to each one of the volunteers. Then our organisation gave the presents we prepared for the volunteers and the co-ordinator which contained handcrafted goodies by the underprivileged ladies.

And then the final activity of the event was conducted where the plant saplings were planted by the kids and the volunteers in pairs, each pair planted one plant sapling. And then the session was concluded with a group photograph and refreshment distribution.

CONCLUSION

This event made the kids able to do something that might have not been possible to come to reality otherwise, to be able to interact with someone from another country of the world. To know about their culture and to tell them about our culture. Overall , the event was full of fun and the memories of the event have definitely marked a very special place in the hearts of the kids and the volunteers like it has in our hearts.



GAGETSHALA PROJECT ACTIVITY

25th June 2022

On 25th June 2022, the volunteers of Hamari Pahchan NGO conducted a computer session with children of Bhanwar Singh Camp, Vasant Vihar from 11:30 AM to 12:00 PM. The purpose of the session was to explain the importance of learning computer skills.

The volunteers taught the children some basic computer knowledge like the difference between a desktop and a laptop, input and output devices, some basic computer commands, fun activity on MS Paint and even introduced the concept of coding in computer application.

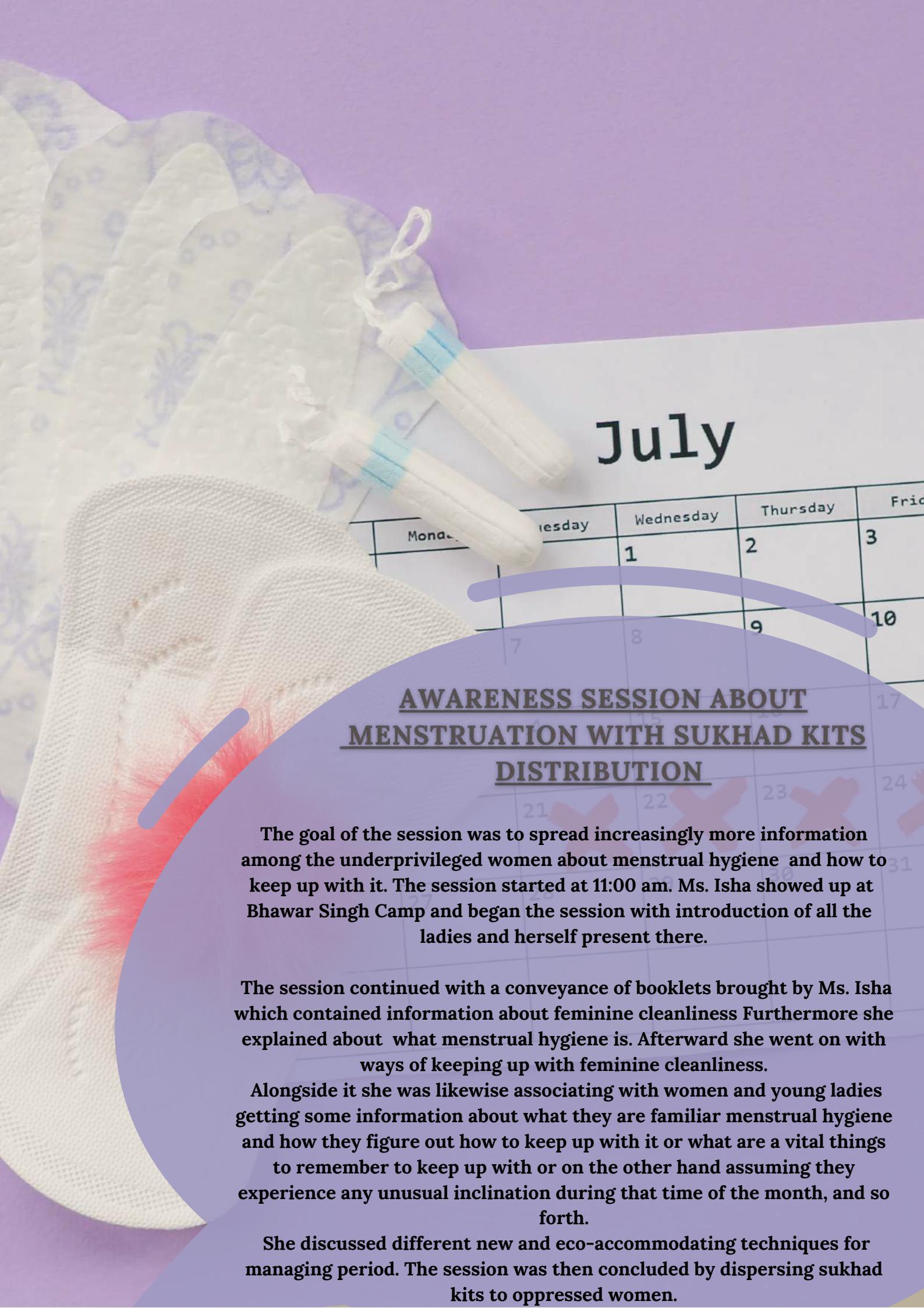


CONCLUSION

In the computer session, the children learnt the basics of computers. This session provided an opportunity for the children to know about the advancement in computer technology. They were new to the concept of coding in computers and thus, Hamari Pahchan NGO thought of organising a Coding Class for the children of Bhanwar Singh Camp.

When the event was over, the kids were eager to know about the next such computer session and agreed to join the Coding Class in collaboration with Sparsh on 28th June 2022.





July

Monday	Tuesday	Wednesday	Thursday	Friday
	1		2	3
	7	8	9	10
	14	15	16	17
	21	22	23	24
	28	29	30	31

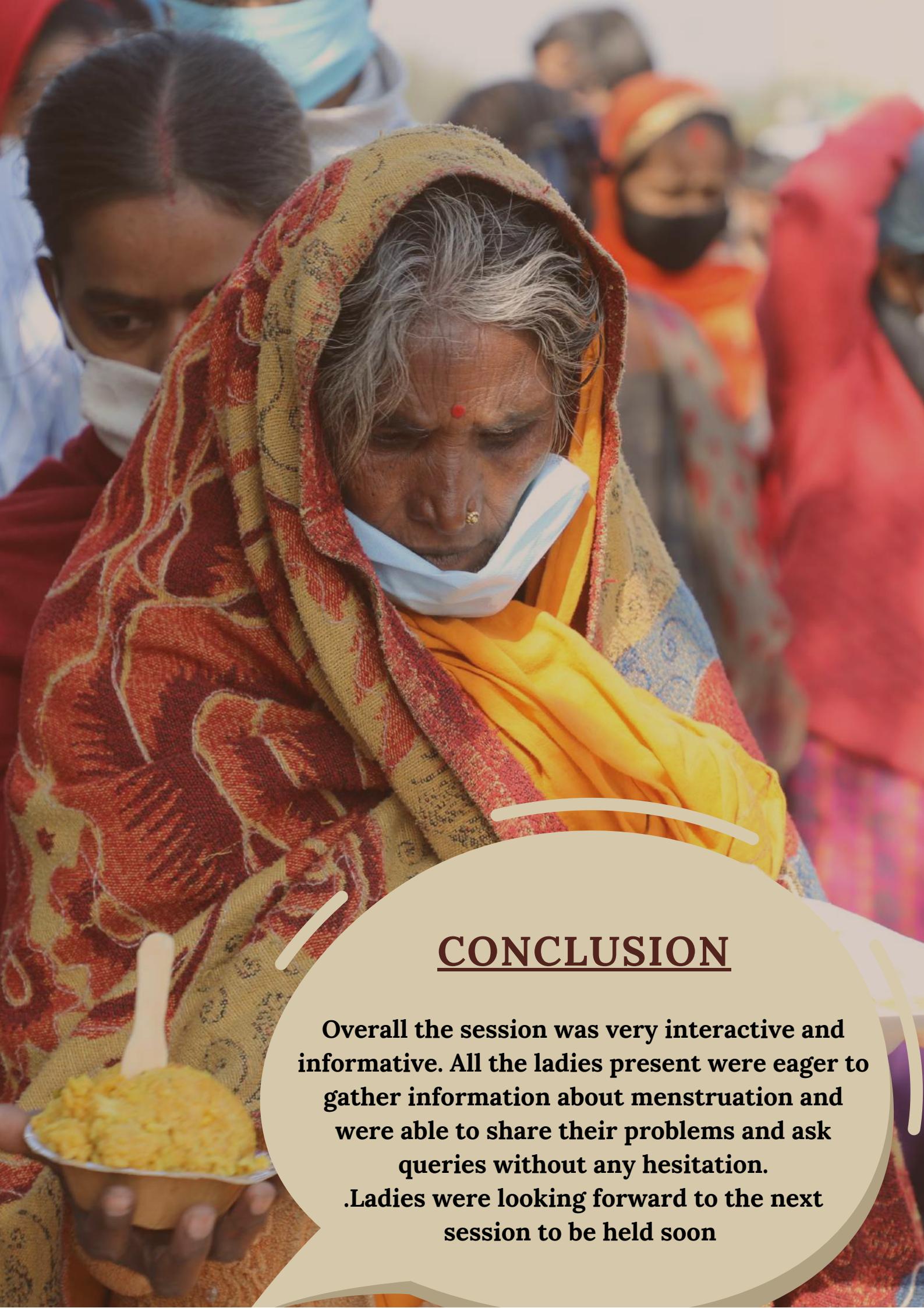
AWARENESS SESSION ABOUT MENSTRUATION WITH SUKHAD KITS DISTRIBUTION

The goal of the session was to spread increasingly more information among the underprivileged women about menstrual hygiene and how to keep up with it. The session started at 11:00 am. Ms. Isha showed up at Bhawar Singh Camp and began the session with introduction of all the ladies and herself present there.

The session continued with a conveyance of booklets brought by Ms. Isha which contained information about feminine cleanliness Furthermore she explained about what menstrual hygiene is. Afterward she went on with ways of keeping up with feminine cleanliness.

Alongside it she was likewise associating with women and young ladies getting some information about what they are familiar menstrual hygiene and how they figure out how to keep up with it or what are a vital things to remember to keep up with or on the other hand assuming they experience any unusual inclination during that time of the month, and so forth.

She discussed different new and eco-accommodating techniques for managing period. The session was then concluded by dispersing sukhad kits to oppressed women.



CONCLUSION

Overall the session was very interactive and informative. All the ladies present were eager to gather information about menstruation and were able to share their problems and ask queries without any hesitation.

Ladies were looking forward to the next session to be held soon



LEGAL AID SURVEY AND AWARENESS

25th & 29th June 2022

The goal of the survey was to know the legal issues and the legal aid the people needed at the Harijan Basti, Mahipalpur. This information helped us in shaping the legal awareness camp.

A team of three legal interns at Hamari Pahchan NGO conducted the study for the legal aid camp. The interns reached out to about 50 odd people and registered around 18 legal issues which the people faced at Harijan Basti, Mahipalpur.



CONCLUSION

The team from Hamari Pahchan was successfully able to achieve their objective and could mobilise points for the legal camp to be organised on 25th & 29th June 2022.



USA VOLUNTEERS 2ND GROUP

28 JUNE 2022

On 28 June 2022 around 7 volunteers from Hamari Pahchan NGO visited the Coolie Camp, where the USA volunteers Group was present to meet the underprivileged children of coolie camp, Vasant Vihar to spend a good time with the children. The main aim of the event was community outreach to poverty-stricken children of coolie camp.

The event started with introducing each other's children introducing themselves to USA citizens and introducing themselves to children. Further, moving ahead with the event children showcase their dance performances to them, USA volunteers also performed the dance with all children present there.

After the dance performance, the children gave them presents made up by underprivileged women (handmade products). M55 Moving ahead plant sapling activity took place where one child with one USA volunteer planted plants at the camp. A day full of fun activities was conducted by our organisation.

A close-up photograph of the American flag, showing the stars on the left and the red and white stripes on the right, draped over a dark wooden surface.

CONCLUSION

The purpose of this event was to let children know about their culture and to tell them about India's culture. The event was fully managed and well organised by the volunteers of Ngo'. Volunteers of the USA also had a small slum area tour to know about their lifestyles and more. The children present there were very happy to meet them all. The event was full of fun and the memories of the event have marked a very special place in the hearts of the kids and the volunteers like it has in our hearts. The event was fully enjoyed by everyone present there.



DIAPER DISTRIBUTION DRIVE

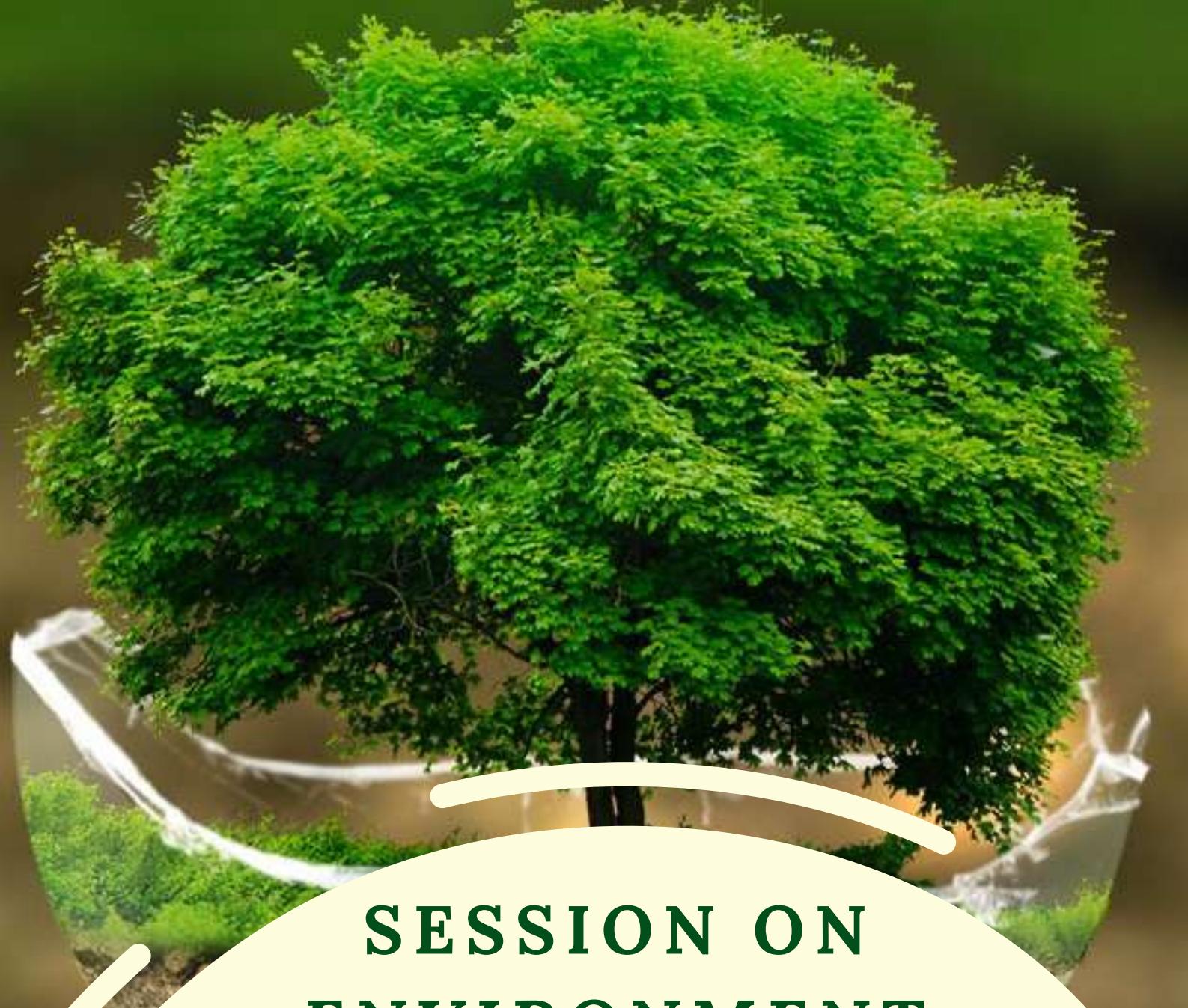
29th June 2022

ON JUNE 29, 2022, A TEAM OF THREE VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED HARIJAN BASTI, MAHIPALPUR TO CARRY OUT A DIAPER DISTRIBUTION DRIVE. THE DRIVE WAS CONDUCTED TO PROVIDE DIAPERS TO THE MOTHERS WHO HAD CHILDREN BETWEEN THE AGE OF 0 AND 2 YEARS. THE VOLUNTEERS REACHED HARIJAN BASTI AT 10:30 A.M. ALL THE ARRANGEMENTS WERE MADE BY THE VOLUNTEERS IN A WELL-PLANNED MANNER. A GROUP OF AROUND 35 WOMEN GATHERED AROUND THE COMMUNITY OFFICE OF THE BASTI WHERE THE DIAPER DISTRIBUTION DRIVE WAS TO TAKE PLACE. THE PRADHAN OF THE BASTI WAS VERY COOPERATIVE AND HELPED THE VOLUNTEERS IN CARRYING OUT THE DISTRIBUTION DRIVE. EACH CHILD WAS GIVEN A SET OF 20 DIAPERS. THE WOMEN WERE VERY GRATEFUL AND THANKED THE REPRESENTATIVES OF HAMARI PAHCHAN FOR CONDUCTING THE DISTRIBUTION DRIVE.

CONCLUSION

THE PURPOSE OF THE DISTRIBUTION DRIVE WAS TO PROVIDE BASIC HEALTHCARE RESOURCES TO THE CHILDREN RESIDING AT HARIJAN BASTI TO IMPROVE THEIR HYGIENE AND LIVING STANDARDS.





SESSION ON ENVIRONMENT

2nd July 2022

ON JULY 2, 2022, A TEAM OF 4 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED THE BHANWAR SINGH CAMP AND ORGANISED AN AWARENESS SESSION ON THE ENVIRONMENT. THE SESSION WAS CONDUCTED BY MS. MANYA, AS A PART OF THE GREEN DREAM PROJECT FOUNDED BY HER IN JUNE 2021. THIS PROJECT IS A SOCIAL INITIATIVE THAT AIMS TO INculcate INCREASED ENVIRONMENTAL CONCERN AND INFORMED AWARENESS IN UNDERPRIVILEGED SOCIETIES. THE VOLUNTEERS REACHED BHANWAR SINGH CAMP AND MOBILISED PEOPLE OF ALL AGES. MS. MANYA REACHED THE CAMP ON TIME AT 12:15 P.M. THE VOLUNTEERS MADE ALL THE ARRANGEMENTS, INCLUDING HANGING POSTERS, MOBILISING PEOPLE, ESPECIALLY CHILDREN, ETC.



THE SESSION BEGAN WITH THE INTRODUCTION AND BACKGROUND OF MS. MANYA. SHE TOOK OVER THE SESSION AND STARTED BY PUTTING FORTH A FEW QUESTIONS IN FRONT OF THE ATTENDEES. THE ATTENDEES ANSWERED HER QUESTIONS VERY ENTHUSIASTICALLY. SHE INFORMED THEM ABOUT THE DANGERS BEING FACED BY THE ENVIRONMENT TODAY AND EXPLAINED VARIOUS WAYS OF PRESERVING NATURE AND REDUCING POLLUTION. SHE FURTHER DEALT WITH WIND ENERGY AND THE PROCESS OF PRODUCTION OF WIND ENERGY USING WINDMILLS. IN THE END, SHE CONDUCTED AN ACTIVITY IN WHICH ALL THE ATTENDEES WERE TAUGHT TO MAKE A MODEL OF A WINDMILL USING PAPER AND STRAW. ALL THE PEOPLE THOROUGHLY ENJOYED THE SESSION AND THANKED MS. MANYA.



CONCLUSION

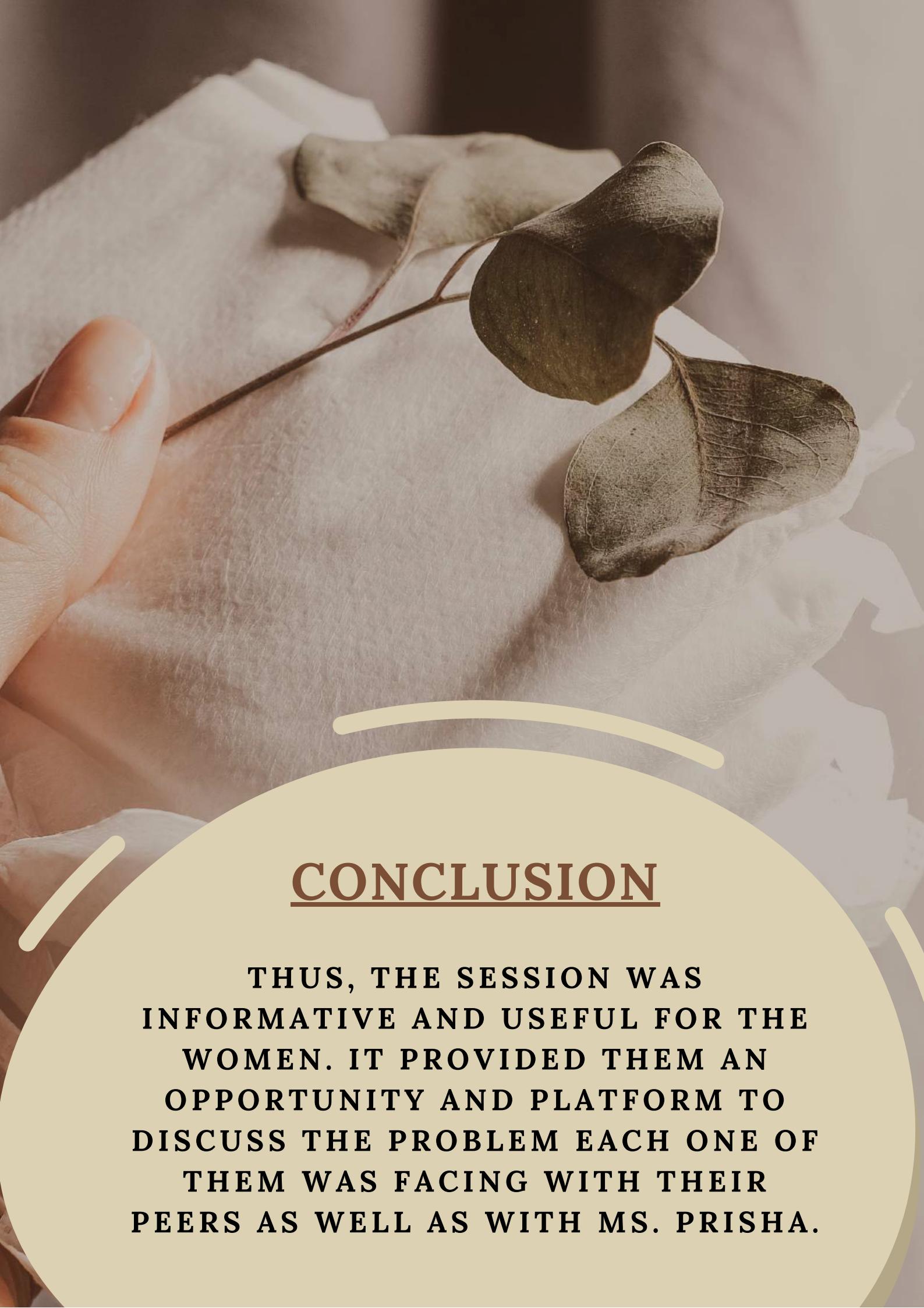
THE SESSION WAS VERY CREATIVE AND PROVED TO BE VERY USEFUL FOR THE ATTENDEES. THEY REQUESTED MS. MANYA TO CONDUCT ANOTHER SESSION AT THE EARLIEST. THUS, THE SESSION ENDED ON A POSITIVE NOTE.



MENSTRUAL HYGIENE SESSION AND SANITARY PAD DISTRIBUTION DRIVE

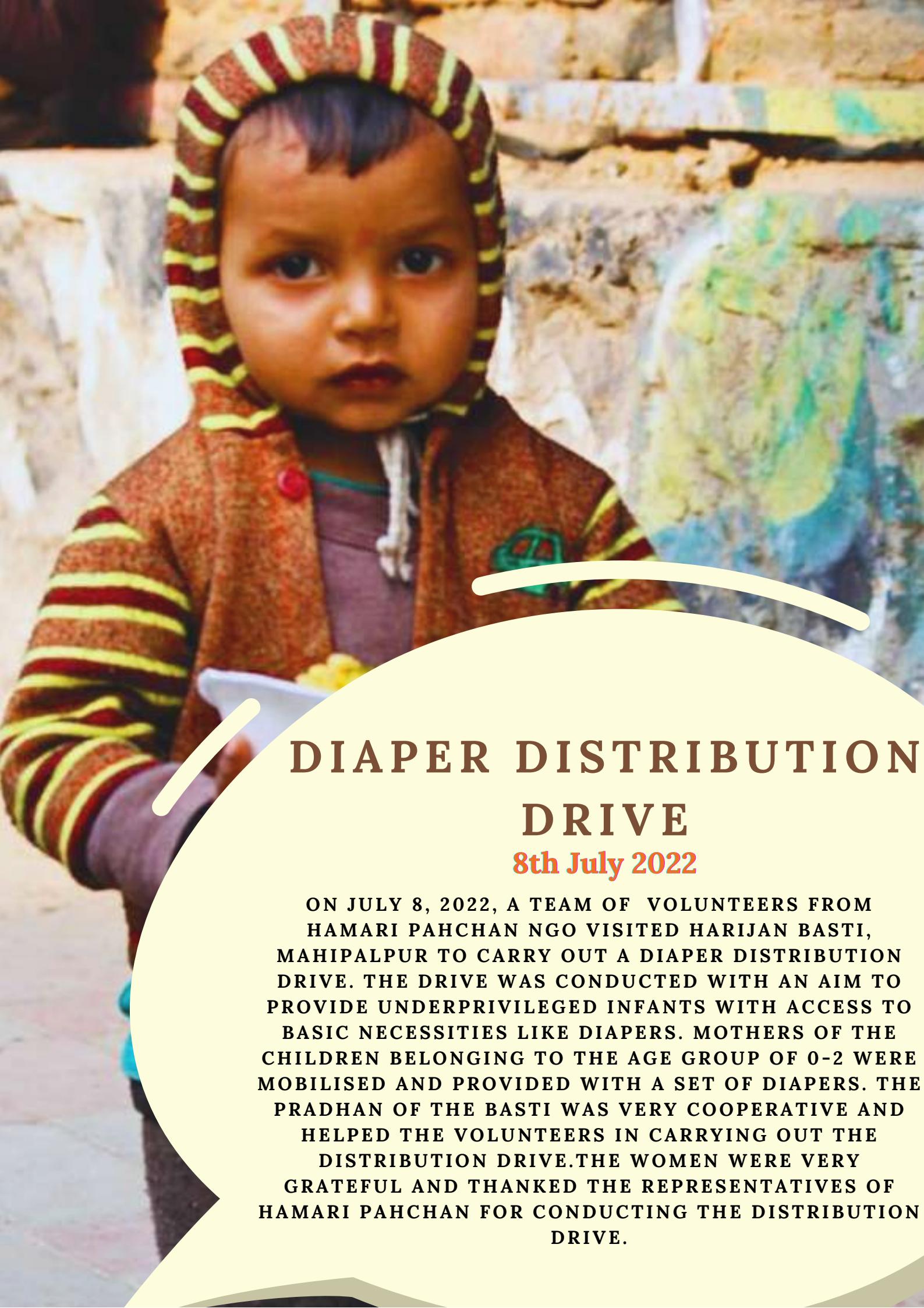
2nd July 2022

ON JULY 2, 2022, A TEAM OF 4 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED THE BHANWAR SINGH CAMP AND ORGANISED AN AWARENESS SESSION ON MENSTRUAL HYGIENE, AND UNDERTOOK THE DISTRIBUTION OF SANITARY PADS. THE AWARENESS SESSION WAS TAKEN BY MS. PRISHA, AS A PART OF HER RHYME PROJECT. THE VOLUNTEERS REACHED BHANWAR SINGH CAMP AND STARTED MOBILISING WOMEN BETWEEN THE AGES OF 15 AND 50. THEY RECEIVED MS. PRISHA FROM THE FRONT GATE OF THE CAMP. THE VOLUNTEERS MADE ALL THE ARRANGEMENTS, INCLUDING HANGING POSTERS, MOBILISING WOMEN, AND PREPARING SUKHAD KITS FOR THE DISTRIBUTION DRIVE. THE SESSION BEGAN WITH THE INTRODUCTION OF MS. PRISHA. SHE TOOK OVER THE SESSION AND STARTED BY DEMONSTRATING THE WHOLE PROCESS OF MENSTRUATION IN AN EASY AND EFFECTIVE WAY. SHE INFORMED THE UNDERPRIVILEGED WOMEN ABOUT THE HEALTHY PRACTICES TO BE ADOPTED IN ORDER TO STAY AWAY FROM MENSTRUAL DISEASES. SHE TALKED ABOUT MULTIPLE ECO-FRIENDLY AND MODERN METHODS OF DEALING WITH MENSTRUATION. THE SESSION PROCEEDED WITH QUESTIONS FROM WOMEN ON MATTERS RELATED TO NOT MENSTRUATION AND MENSTRUAL HYGIENE. WOMEN FROM ALL AGE GROUPS ACTIVELY PARTICIPATED IN THE DISCUSSION. TOWARDS THE END SANITARY KITS (SUHKAD KITS) WERE GIVEN TO EACH WOMAN WHO ATTENDED THE SESSION. THE KIT COMPRISSED THREE PACKETS OF SANITARY PADS, ONE SOAP, AND ONE BOTTLE OF SANITIZER.



CONCLUSION

THUS, THE SESSION WAS INFORMATIVE AND USEFUL FOR THE WOMEN. IT PROVIDED THEM AN OPPORTUNITY AND PLATFORM TO DISCUSS THE PROBLEM EACH ONE OF THEM WAS FACING WITH THEIR PEERS AS WELL AS WITH MS. PRISHA.



DIAPER DISTRIBUTION DRIVE

8th July 2022

ON JULY 8, 2022, A TEAM OF VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED HARIJAN BASTI, MAHIPALPUR TO CARRY OUT A DIAPER DISTRIBUTION DRIVE. THE DRIVE WAS CONDUCTED WITH AN AIM TO PROVIDE UNDERPRIVILEGED INFANTS WITH ACCESS TO BASIC NECESSITIES LIKE DIAPERS. MOTHERS OF THE CHILDREN BELONGING TO THE AGE GROUP OF 0-2 WERE MOBILISED AND PROVIDED WITH A SET OF DIAPERS. THE PRADHAN OF THE BASTI WAS VERY COOPERATIVE AND HELPED THE VOLUNTEERS IN CARRYING OUT THE DISTRIBUTION DRIVE. THE WOMEN WERE VERY GRATEFUL AND THANKED THE REPRESENTATIVES OF HAMARI PAHCHAN FOR CONDUCTING THE DISTRIBUTION DRIVE.



CONCLUSION

THE PURPOSE OF THE DISTRIBUTION DRIVE WAS TO
PROVIDE BASIC HEALTHCARE RESOURCES TO THE
CHILDREN RESIDING AT HARIJAN BASTI TO IMPROVE
THEIR HYGIENE AND LIVING STANDARDS.

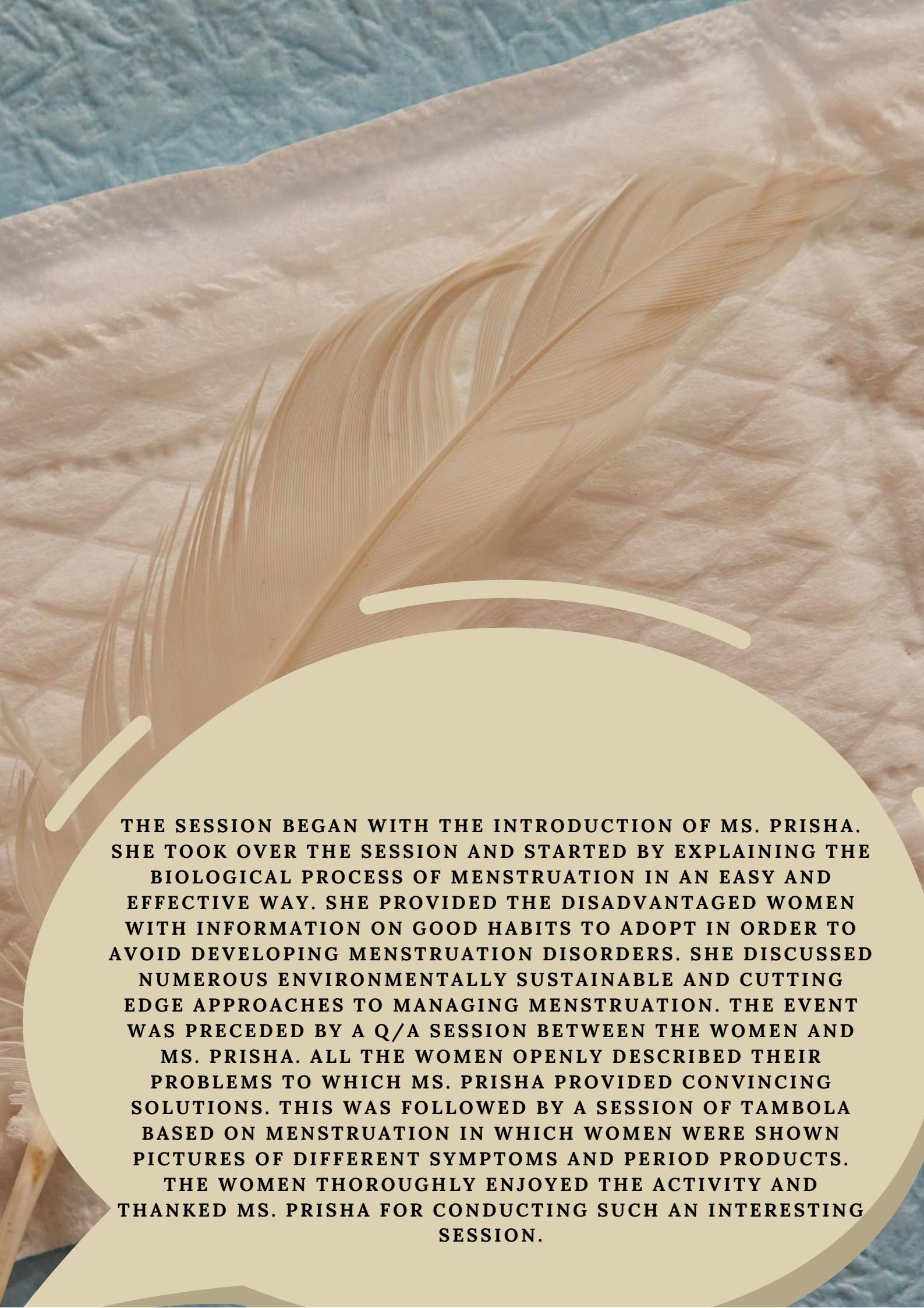


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MENSTRUAL HYGIENE SESSION

8th July 2022

ON JULY 9, 2022, A TEAM OF 5 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED THE COOLIE CAMP AND ORGANISED AN AWARENESS SESSION ON MENSTRUAL HYGIENE FOR THE UNDERPRIVILEGED PEOPLE. THE SESSION WAS CONDUCTED BY MS. PRISHA, A STUDENT OF WOODSTOCK SCHOOL, MUSSOORIE. THE SESSION WAS A PART OF RHYME PROJECT BEING CARRIED OUT BY HER IN DIFFERENT PARTS OF DELHI. THE VOLUNTEERS REACHED THE COOLIE CAMP AND STARTED MOBILISING WOMEN BETWEEN THE AGES OF 15 AND 50. THEY RECEIVED MS. PRISHA FROM THE FRONT GATE OF THE CAMP. THE VOLUNTEERS MADE ALL THE ARRANGEMENTS LIKE HANGING POSTERS, PLACING THE STANDEES AND MOBILISING WOMEN.



THE SESSION BEGAN WITH THE INTRODUCTION OF MS. PRISHA. SHE TOOK OVER THE SESSION AND STARTED BY EXPLAINING THE BIOLOGICAL PROCESS OF MENSTRUATION IN AN EASY AND EFFECTIVE WAY. SHE PROVIDED THE DISADVANTAGED WOMEN WITH INFORMATION ON GOOD HABITS TO ADOPT IN ORDER TO AVOID DEVELOPING MENSTRUATION DISORDERS. SHE DISCUSSED NUMEROUS ENVIRONMENTALLY SUSTAINABLE AND CUTTING EDGE APPROACHES TO MANAGING MENSTRUATION. THE EVENT WAS PRECEDED BY A Q/A SESSION BETWEEN THE WOMEN AND MS. PRISHA. ALL THE WOMEN OPENLY DESCRIBED THEIR PROBLEMS TO WHICH MS. PRISHA PROVIDED CONVINCING SOLUTIONS. THIS WAS FOLLOWED BY A SESSION OF TAMBOLA BASED ON MENSTRUATION IN WHICH WOMEN WERE SHOWN PICTURES OF DIFFERENT SYMPTOMS AND PERIOD PRODUCTS. THE WOMEN THOROUGHLY ENJOYED THE ACTIVITY AND THANKED MS. PRISHA FOR CONDUCTING SUCH AN INTERESTING SESSION.



CONCLUSION

THUS, THE SESSION PROVED TO BE VERY INFORMATIVE AND HELPFUL FOR THE WOMEN. THEY WERE PROVIDED WITH A PLATFORM TO DISCUSS THE PROBLEMS EACH ONE OF THEM WAS FACING WITH THEIR PEERS AS WELL AS WITH MS. PRISHA.



VIRTUAL CAREER COUNSELING SESSION WITH MS. DEEPIKA SURI (IPS MP CADRE)

13th JULY 2022

ON 13TH JULY AROUND 3 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED BHANWARSINGH CAMP, VASANT VIHAR FOR AN INTERACTIVE CAREER COUNSELLING SESSION WITH MS. DEEPIKA SURI IPS MPS CADRE. THE MAIN AIM OF THE EVENT WAS TO PROVIDE KNOWLEDGE ABOUT THE UPSC EXAMINATIONS AND CAREERS IN THE FIELD. THE EVENT STARTED WITH INTRODUCING THEMSELVES TO MS. DEEPIKA SURI. THE KIDS WERE IN THE 11TH AND 12TH GRADES, SO THEY WERE ABOUT 17 AND 18 YEARS OLD. MOVING ON WITH THE EVENT, THE KIDS WERE ASTOUNDED TO DISCOVER SO MANY TOPICS THAT NOT MANY DISADVANTAGED KIDS ARE AWARE OF. FOLLOWING THE INTRODUCTION, MA'AM SPOKE TO THE KIDS ABOUT HER LIFE'S JOURNEY, THE CHALLENGES SHE FACED, AND HOW SHE OVERCAME THEM, ENCOURAGING THE KIDS TO NEVER BE FRIGHTENED OF FAILURE. MS. DEEPIKA ALSO ADDRESSED THE SOCIETAL PRESSURE ON MEN FOR HAVING A FINANCIALLY STABLE JOB AND INSPIRED THE GIRLS TO BECOME FINANCIALLY INDEPENDENT BY CHOOSING THE RIGHT CAREER FOR THEMSELVES. AS 2-3 CHILDREN WERE ALSO PREPARING FOR THEIR UPSC EXAMINATION, SHE ALSO PROVIDED GUIDANCE ON HOW TO PASS IT. THE KIDS ALSO ASKED ABOUT A LOT OF IMPORTANT ISSUES, SUCH AS HOW MUCH TIME ONE SHOULD DEVOTE TO PASSING THE TEST IF THEY FAIL IT ON THEIR FIRST TRY, AND HOW TO HANDLE SCAMS WHERE PEOPLE WHO HAVE ALREADY PASSED THE TEST ARE GIVEN FALSE GUARANTEES AND ARE ASKED FOR BRIBES IN RETURN.

CONCLUSION

THIS EVENT'S GOAL WAS TO NUDGE KIDS IN THE CORRECT DIRECTION AND EMPHASISE THE IMPORTANCE OF PICKING THE RIGHT PROFESSIONAL ROUTE. THE NGO VOLUNTEERS COORDINATED AND ORGANISED THE EVENT FLAWLESSLY. THE EVENT'S YOUTH WERE ECSTATIC TO MEET MS. DEEPIKA SURI. THE ACTIVITY WAS SUCCESSFUL IN INFLUENCING THE KIDS' THOUGHTS AND STEERING THEM ON THE PROPER PATH. THE YOUNGSTERS WERE MOTIVATED TO TAKE THE UPSC EXAM AND LEARN ABOUT THEIR LIMITATIONS AND STRENGTHS IN THE SUBJECT.



VIRTUAL SESSION ON SUSTAINABLE DEVELOPMENT BY EVA

16th JULY

ON 16 TH JULY, 3 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED BHANWARSINGH CAMP, VASANT VIHAR FOR AN INTERACTIVE VIRTUAL SESSION ON SUSTAINABLE DEVELOPMENT WITH EVA. THE MAIN AIM OF THE EVENT WAS TO SPREAD KNOWLEDGE ABOUT SUSTAINABLE DEVELOPMENT AND HOW WOMEN CAN HELP IN PROVIDING AID FOR THE CAUSE. THE EVENT STARTED AT 3:00 PM, EVA INTRODUCED HERSELF AND SET UP AN INTERACTIVE GAME, DURING WHICH SHE QUESTIONED ALL THE LADIES IN ATTENDANCE ABOUT ANY SUSTAINABLE TRADITIONS THEY HAD ACQUIRED FROM THEIR ANCESTORS. EVA EDUCATED THE WOMEN ON HOW OUR PLANET IS BEING AFFECTED BY THE CHANGING CLIMATIC CONDITIONS. SHE THEN EXPLAINED TO EVERYONE HOW TINY PROBLEMS AT HOME CAN HAVE A BIG IMPACT ON THE ENVIRONMENT AND HOW TO AVOID THAT.

EVERYONE WAS VERY CURIOUS TO KNOW ABOUT THE TOPIC AND WAS READY TO HELP IN WHATEVER WAY THEY COULD, TOPICS LIKE FOOD WASTAGE AND SINGLE-USE PLASTIC WERE DISCUSSED. SOME WOMEN WERE ALREADY AWARE OF TWO OR THREE ENVIRONMENTALLY GOOD METHODS FOR REDUCING FOOD WASTE AT HOME, SUCH AS BURYING FRUIT AND VEGETABLE WASTES IN THE GROUND, WHICH BENEFITS THE ENVIRONMENT IN NUMEROUS WAYS. SOME ALSO MENTIONED REUSING LEFTOVER WATER FROM WATER BOTTLES TO CLEAN THE HOUSE. EVA ALSO INFORMED OTHER WAYS IN WHICH THEY CAN HELP THE ENVIRONMENT SUCH AS STORING FOOD APPROPRIATELY, GROWING MORE PLANTS, RECYCLING WASTE TO CONSERVE NATURAL RESOURCES, AND USING PAPER WHEN NEEDED. AT THE END OF THE MEETING, WE DISTRIBUTED REFRESHMENTS TO EVERYONE AND THEY WERE THRILLED.



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THE EVENT'S GOAL WAS TO EMPOWER WOMEN TO PRACTISE SUSTAINABLE DEVELOPMENT AND TO CONTRIBUTE TO MAKING THE ENVIRONMENT GREENER. THE ACTIVITY WAS SUCCESSFUL IN INFLUENCING WOMEN'S THOUGHTS AND STEERING THEM ON THE PROPER PATH. THEY WERE MOTIVATED TO MAKE THE EARTH A BETTER LIVING SPACE.

SESSION ON SCIENCE EXPERIMENTS BY ISHAN

16th JULY

ON 23RD JULY 2022, 4 VOLUNTEERS FROM HAMARI PEHCHAN NGO VISITED BHANWAR SINGH CAMP LOCATED IN VASANT VIHAR TO ORGANISE AND TAKE

PART IN AN INTERACTIVE SESSION CONSISTING OF VARIOUS SCIENTIFIC EXPERIMENT DEMONSTRATIONS BY ISHAN. THE MAIN AIM OF THE SESSION WAS TO ASSOCIATE THE SUBJECT WITH FUN PRACTICAL IMPLEMENTATIONS FOR THE

COMMUNITY CHILDREN. THE EVENT STARTED AT 12:30 WITH ISHAN INTRODUCING HIMSELF AND INTERACTING WITH THE CHILDREN GATHERED AT THE CAMP AND ASKING A FEW SIMPLE QUESTIONS ABOUT THE SUBJECT, WHICH THE CHILDREN WERE EAGER TO ANSWER. HE THEN FURTHER TALKED ABOUT THE TOPIC OF LIGHT. ISHAN WAS ABLE TO FOCUS THE ATTENTION OF THE ROOM ON THE TOPIC AND MAINTAIN AN ATMOSPHERE OF GENUINE CURIOSITY. HE GAVE A EXAMPLE OF THE APPEARANCE OF OBJECTS SUBMERGED UNDER THE WATER AND

THEN PERFORMED AN EXPERIMENT ON THE TOPIC OF REFRACTION. WHILE PERFORMING THE EXPERIMENT HE DICTATED THE CONCEPT TO THE CHILDREN. THE KIDS WERE AWESTRUCK BY THE EXPERIMENT AND WERE DELIGHTED TO SEE THE CONCEPT OF REFRACTION IN A PRACTICAL MANNER.





ISHAN THEN INTRODUCED THE TOPIC OF COMBUSTION AND OXYGEN TO THE CHILDREN, HE WAS ABLE TO DICTATE THE CONCEPT IN A SIMPLE AND CONCISE MANNER SO THAT THE CHILDREN WERE INTERESTED IN IT. AFTER HE EXPLAINED THE CONCEPT HE PERFORMED AN EXPERIMENT INVOLVING A CANDLE, GLASS AND WATER. THE EXPERIMENT DEMONSTRATED HOW ATMOSPHERIC PRESSURE CHANGES WITH COMBUSTION, THIS INTERESTING EXPERIMENT GOT CHILDREN IN AN INQUISITIVE MOOD AND THEY ASKED QUESTIONS REGARDING THE EXPERIMENT WHICH ISHAN EASILY EXPLAINED TO THEM.

NOW IT WAS HIS TURN TO ASK QUESTIONS RELATED TO SCIENCE TO THE CHILDREN PRESENT AT THE CAMP, THOSE WHO CORRECTLY ANSWERED WERE REWARDED WITH TREATS SUCH AS CHOCOLATES AND CHIPS. THIS CONCLUDED THE SESSION ON SCIENTIFIC EXPERIMENTS AND THEN CHIPS WERE DEMONSTRATED BY THE VOLUNTEERS TO THE KIDS WHO ATTENDED THE SESSION. CHILDREN WERE OVERJOYED BY THE EXPERIENCE AND THE TREATS AND RETURNED HOME WITH A SMILE ON THEIR FACES AND KNOWLEDGE IN THEIR MINDS.

CONCLUSION

THE GOAL TO EDUCATE THE CHILDREN WITH THE HELP OF INTERESTING EXPERIMENTS WAS ACHIEVED. THERE IS AN INHERENT CURIOSITY IN CHILDREN TO LEARN ABOUT MORE THINGS WHICH ISHAN WAS ABLE TO ENHANCE. THE ACTIVITY SUCCESSFULLY INculcATED A LEARNING SPIRIT IN THE CHILDREN WHO ATTENDED THE SESSION.

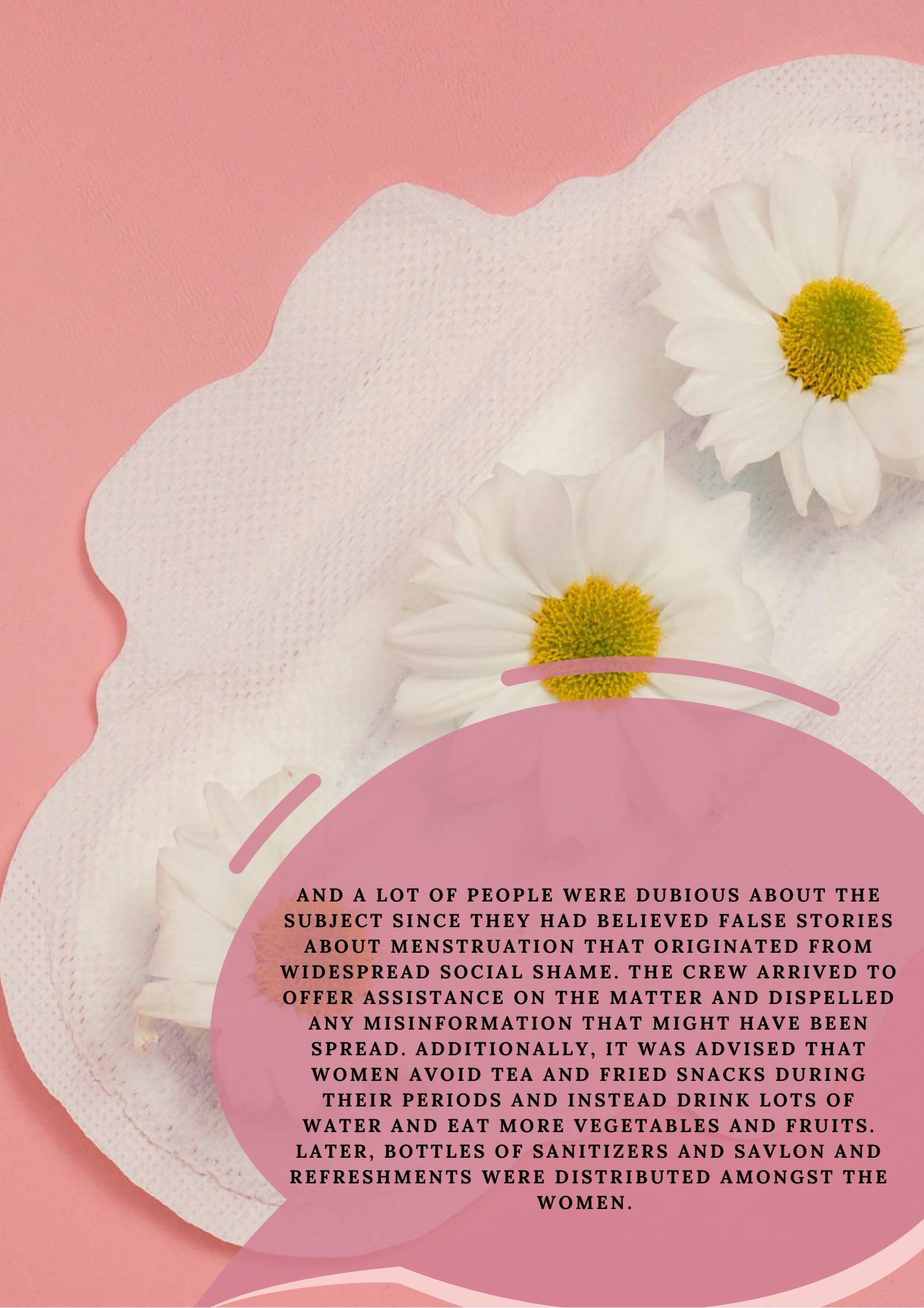


“BREAK THE SILENCE” SESSION ON MENSTRUAL HYGIENE BY ISHA

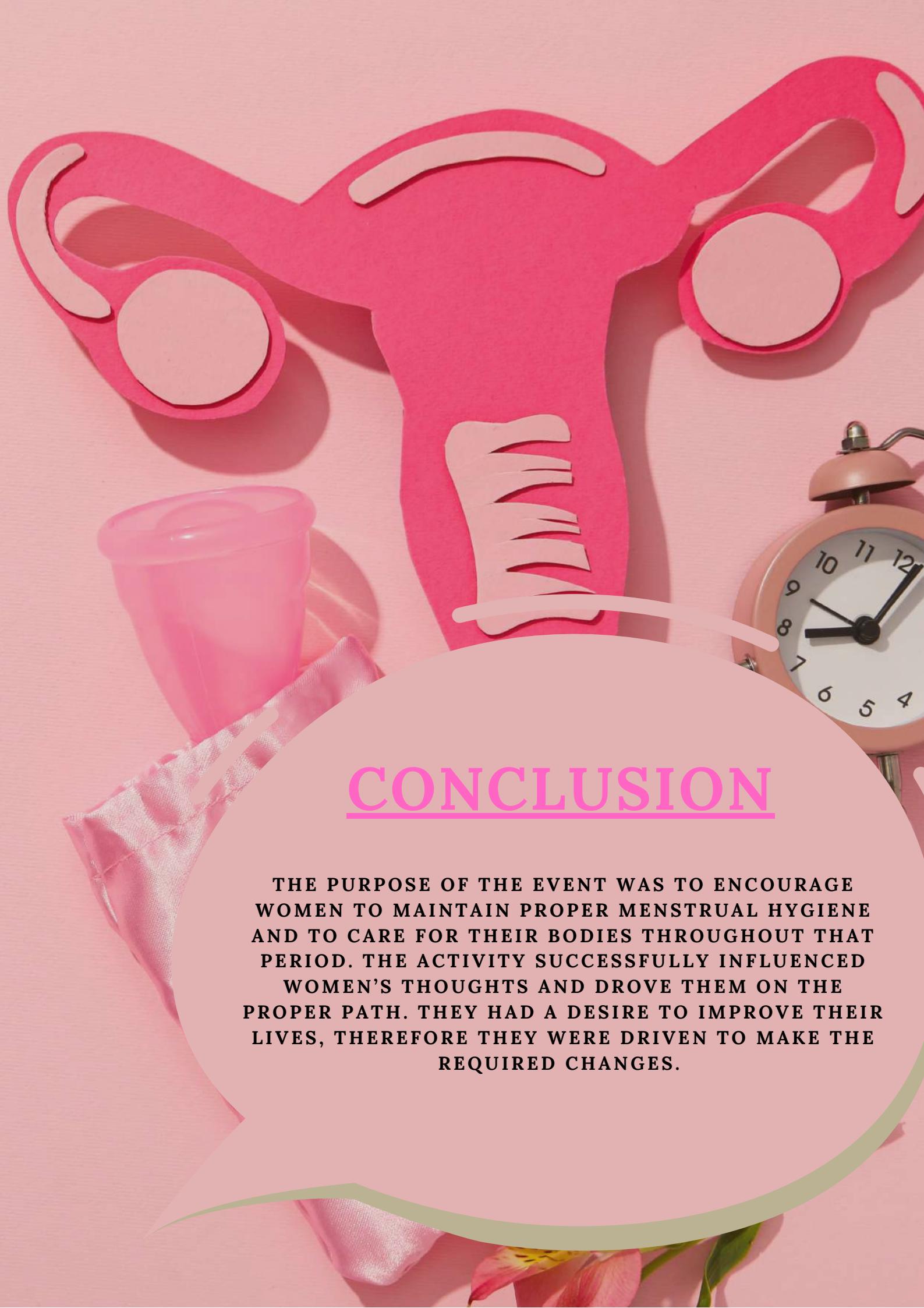
23rd JULY 2022

ON 23RD JULY, 4 VOLUNTEERS FROM HAMARI PAHCHAN NGO VISITED BHANWARSINGH CAMP, VASANT VIHAR FOR AN INTERACTIVE SESSION ON MENSTRUAL HYGIENE WITH ISHA. THE EVENT'S MAIN AIM WAS TO SPREAD KNOWLEDGE ABOUT MENSTRUAL HYGIENE AND HELP WOMEN KNOW MORE ABOUT THEIR BODIES. THE EVENT STARTED AT 1:00 PM, ISHA WAS WELL KNOWN AMONGST THE LADIES FOR CARRYING OUT PREVIOUS DRIVES THERE.

THE WOMEN HAD NUMEROUS INQUIRIES ON MENSTRUAL HYGIENE THROUGHOUT THE SESSION. ISHA EDUCATED ALL THE WOMEN ON IMPORTANT TOPICS RELATING TO MENSTRUAL HYGIENE SUCH AS THE DIFFERENCE BETWEEN DIFFERENT BLOOD COLOURS, WHAT CAN A PERSON EAT IN SUCH A TIME, HOW CAN THEY REDUCE PAIN DURING PERIODS, AND OTHER TOPICS LIKE PCOS AND PMS. MANY LADIES APPEARED TO ALREADY BE FAMILIAR WITH SOME OF THE BASICS OF THE SUBJECT.



AND A LOT OF PEOPLE WERE DUBIOUS ABOUT THE SUBJECT SINCE THEY HAD BELIEVED FALSE STORIES ABOUT MENSTRUATION THAT ORIGINATED FROM WIDESPREAD SOCIAL SHAME. THE CREW ARRIVED TO OFFER ASSISTANCE ON THE MATTER AND DISPELLED ANY MISINFORMATION THAT MIGHT HAVE BEEN SPREAD. ADDITIONALLY, IT WAS ADVISED THAT WOMEN AVOID TEA AND FRIED SNACKS DURING THEIR PERIODS AND INSTEAD DRINK LOTS OF WATER AND EAT MORE VEGETABLES AND FRUITS. LATER, BOTTLES OF SANITIZERS AND SAVLON AND REFRESHMENTS WERE DISTRIBUTED AMONGST THE WOMEN.



CONCLUSION

THE PURPOSE OF THE EVENT WAS TO ENCOURAGE WOMEN TO MAINTAIN PROPER MENSTRUAL HYGIENE AND TO CARE FOR THEIR BODIES THROUGHOUT THAT PERIOD. THE ACTIVITY SUCCESSFULLY INFLUENCED WOMEN'S THOUGHTS AND DROVE THEM ON THE PROPER PATH. THEY HAD A DESIRE TO IMPROVE THEIR LIVES, THEREFORE THEY WERE DRIVEN TO MAKE THE REQUIRED CHANGES.

RAKHI MAKING COMPETITION

10th AUGUST 2022

ON THE 10TH OF AUGUST, 5 VOLUNTEERS FROM HAMARI PAHCHAN VISITED BHANWAR SINGH CAMP, VASANT VIHAR TO CONDUCT A RAKHI MAKING COMPETITION WITH SOME UNDERPRIVILEGED CHILDREN. THE MAIN AIM OF THE EVENT WAS TO GIVE THE CHILDREN A CHANCE TO HAVE A FUN-FILLED DAY. AT 4:00PM THE VOLUNTEERS BEGAN MOBILISING THE CHILDREN FOR THE EVENT. ONCE ALL THE CHILDREN HAD GATHERED, THE VOLUNTEERS BEGAN DISTRIBUTING THE MATERIAL FOR THE COMPETITION. EACH CHILD'S RAKHI WAS PRESENTED TO THE PARTICIPANTS AND ONCE EVERYONE HAD DESIGNED THEIR RAKHIS' THE VOLUNTEERS DELIBERATED ON THE BEST RAKHI. THE TOP 5 RAKHI DESIGNS WERE AWARDED WITH A STATIONARY KIT AND A CHOCOLATE. THE REST OF THE PARTICIPANTS WERE GIVEN CHIPS OR A JUICE BOX. BEFORE DISPERSING ALL THE GIRLS TIED RAKHIS TO THE BOYS AS A PRECURSOR TO RAKSHA BANDHAN. THE EVENT ENDED WITH A LOT OF SMILING FACES.



CONCLUSION

OVERALL, IT WAS AN EVENTFUL DAY. THE VOLUNTEERS ENJOYED SPENDING TIME WITH THE SLUM CHILDREN AND PLAYING AROUND WITH THEM. THE CHILDREN WERE VERY FOCUSED WHILE WORKING ON THEIR DESIGNS AND ALL THE WINNERS WERE HAPPY TO RECEIVE THEIR PRIZES. THE COMPETITION WAS A BIG SUCCESS AND ALL THE CHILDREN AND VOLUNTEERS WALKED AWAY SATISFIED.



MENSTRUATION SESSION CONDUCTED BY MS. PRIYAL

13th August 2022

ON 13 AUGUST 2022, FOUR VOLUNTEERS FROM HAMARI PEHCHAN NGO VISITED BHAWAR SINGH CAMP FOR AN INFORMATIVE SESSION ON MENSTRUATION IMPARTED BY MS. PRIYAL. IT WAS A VIRTUAL SESSION. THE OBJECTIVE OF THIS SESSION WAS TO SPREAD INFORMATION ABOUT IRON DEFICIENCY IN WOMEN DUE TO MENSTRUATION AMONG UNDERPRIVILEGED WOMEN.

MS. PRIYAL COVERED THE FOLLOWING TOPICS – MEANING OF ANAEMIA, SYMPTOMS AND CAUSES OF IT, THE DIET INTAKE TO CURB ANAEMIA, PRECAUTIONS AND CURES OF THE DISEASE.

DURING THE SESSION, MS. PRIYAL INTERACTED WITH THE WOMEN AND ASKED THEM WHETHER THEY ARE AWARE OF THE DISEASE “ANAEMIA” OR NOT? FURTHER, SHE EXPLAINED WHAT IRON DEFICIENCY IN WOMEN WAS AND HOW IT IS CAUSED, DISCUSSING THE SYMPTOMS SEEN IN WOMEN AND WHETHER THEY HAD EXPERIENCED ANY OF THOSE BEFORE. ALL OF THEM SHARED SOME SIMILAR EXPERIENCES RELATED TO THE SYMPTOMS. THE WOMEN WERE CURIOUS ABOUT THE DIET INTAKE AND ASKED MS. PRIYAL ABOUT THE SAME. SHE ANSWERED THEM. SHE ALSO ADVISED THEM TO TAKE IRON SUPPLEMENTS.

MOREOVER, MS. PRIYAL SUGGESTED THE WOMEN TO TAKE PROPER DIET OR EVEN VISIT A DOCTOR IF THE PROBLEM PERSISTS.



CONCLUSION

THE AIM OF THIS SESSION WAS TO SPREAD AWARENESS ABOUT ANAEMIA AMONG THE UNDERPRIVILEGED WOMEN. WE CAN SAY, YES, WE WERE ABLE TO CONTRIBUTE OUR BIT AND HELPED THEM KNOW OF TOPICS THEY COULDN'T EVEN TALK ABOUT WITH ANYONE. THE DRIVE SUCCESSFULLY INSTILLED THE WOMEN WITH THE PROPER GUIDANCE THEY NEEDED. THEY WERE READY TO TAKE WHATEVER STEPS NEEDED IN ORDER TO IMPROVE THEIR HEALTH.

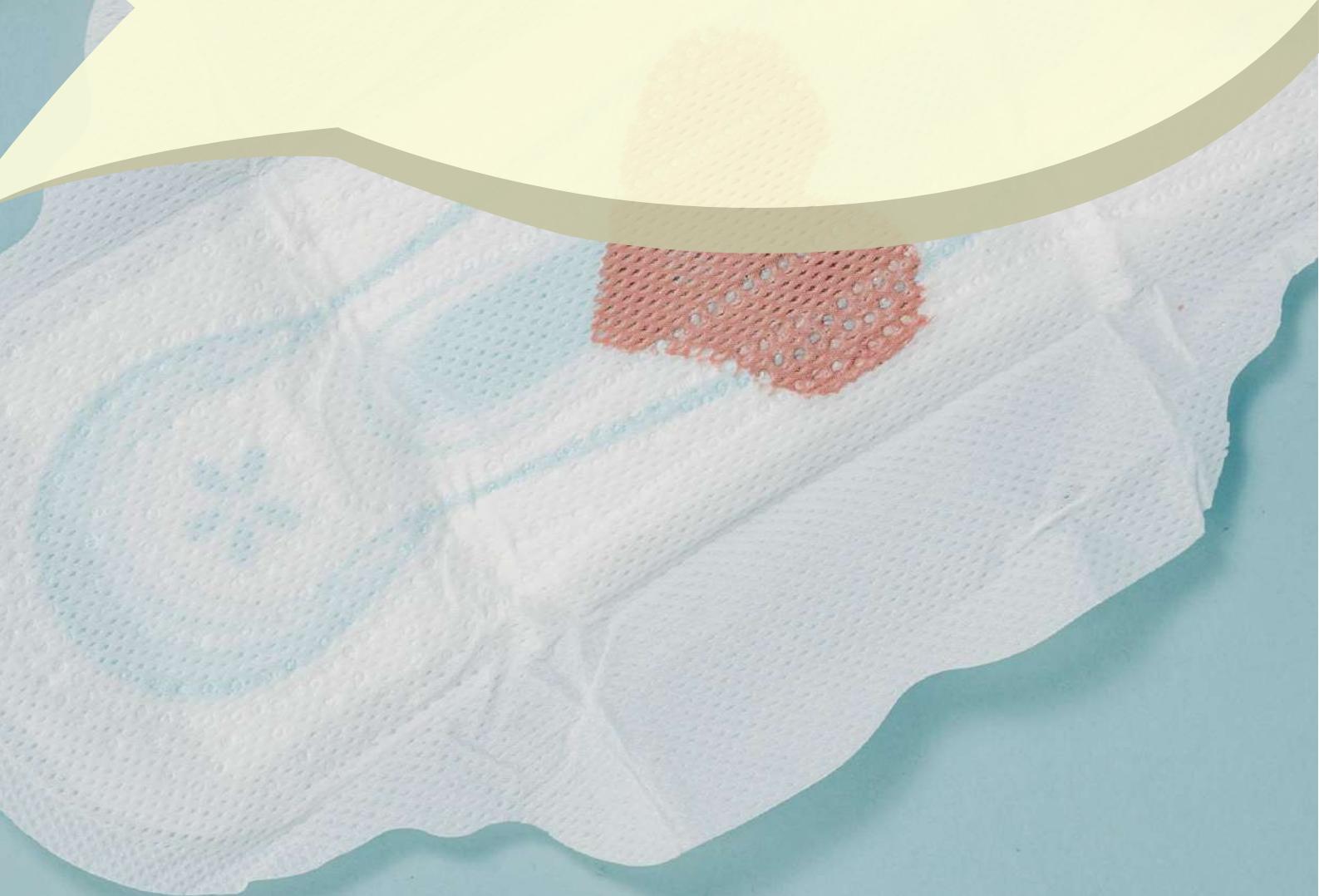
SANITARY DRIVE

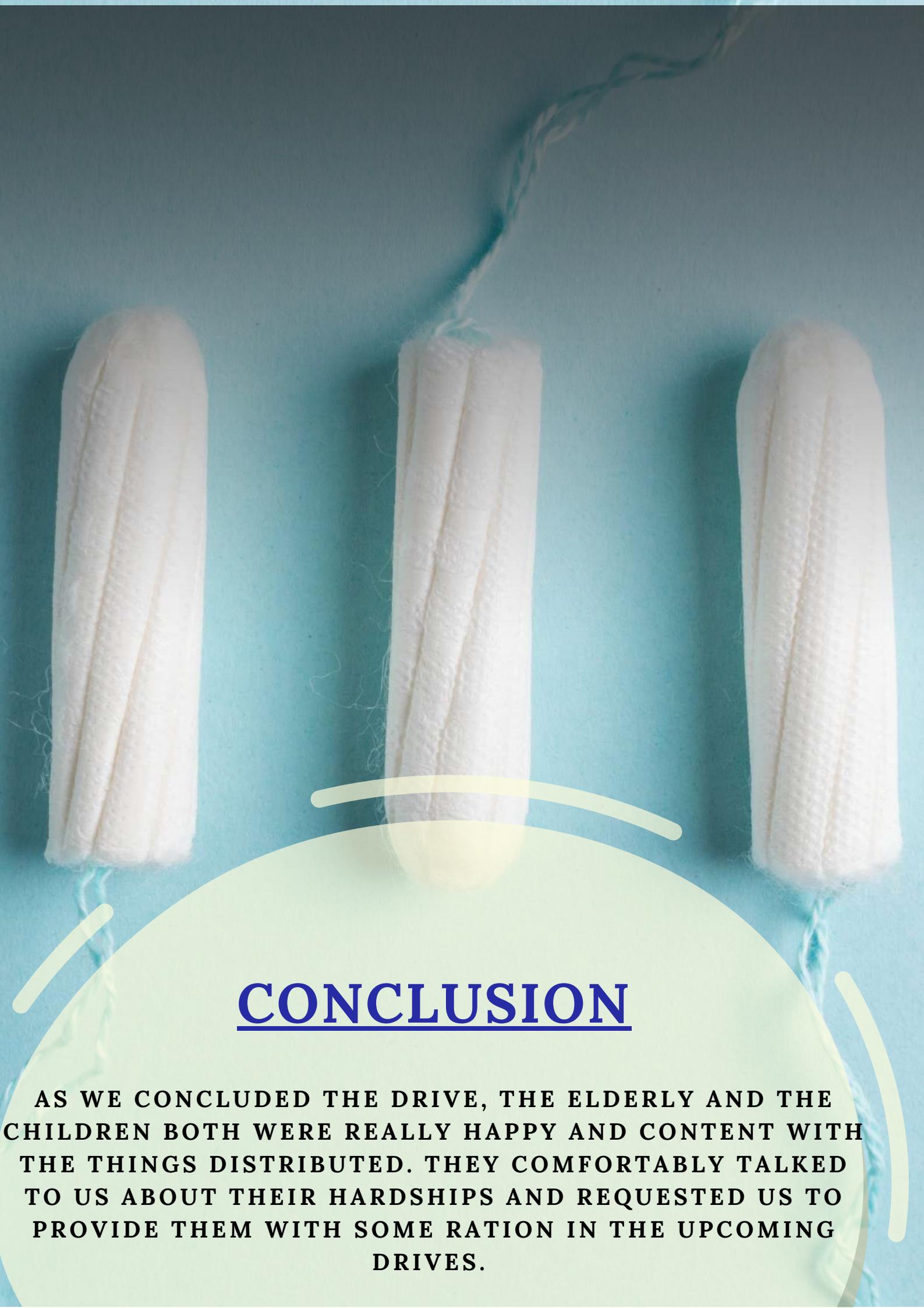
17th SEPTEMBER 2022

ON 17TH SEPTEMBER 2022, OUR NGO - HAMARI PAHCHAN CONDUCTED A DRIVE TO DISTRIBUTE SOME OF THE ESSENTIALS TO THE NEEDY IN HARIJAN SLUMS NEAR MAHIPALPUR.

THIS DRIVE WAS CONDUCTED IN ORDER TO BETTER THE SANITARY WELL BEING OF THE PEOPLE LIVING IN THE SLUMS AND THEIR CHILDREN. IN THIS DRIVE KEEPING IN MIND THE WEATHER, SOME UMBRELLAS WITH TOWELS AND DIAPERS WERE DISTRIBUTED. TO PREVENT DISEASES AND STRENGTHEN THE IMMUNITY, GLUCON - D AND SACHETS OF ORS WERE HANDED OUT.

WE ALSO INTERVIEWED THE BENEFICIARIES OF THIS DRIVE NAMELY, GEETA, RAMVATI AND SHANTI DEVI, AND ASKED THEM ABOUT THEIR LIVING CONDITIONS AND WHATEVER IT IS THAT WE CAN DO TO HELP THEM. THEY DISCUSSED WITH US THE HARSHIPS THEY FACED DUE TO THE LOCKDOWN AND HOW ADVERSELY IT AFFECTED THEIR LIVES.





CONCLUSION

AS WE CONCLUDED THE DRIVE, THE ELDERLY AND THE CHILDREN BOTH WERE REALLY HAPPY AND CONTENT WITH THE THINGS DISTRIBUTED. THEY COMFORTABLY TALKED TO US ABOUT THEIR HARDSHIPS AND REQUESTED US TO PROVIDE THEM WITH SOME RATION IN THE UPCOMING DRIVES.

A close-up photograph of a person's face, focusing on their mouth and chin area. They are speaking into a silver microphone with a dense mesh grille. The background is dark and out of focus.

PUBLIC SPEAKING

1st October 2022

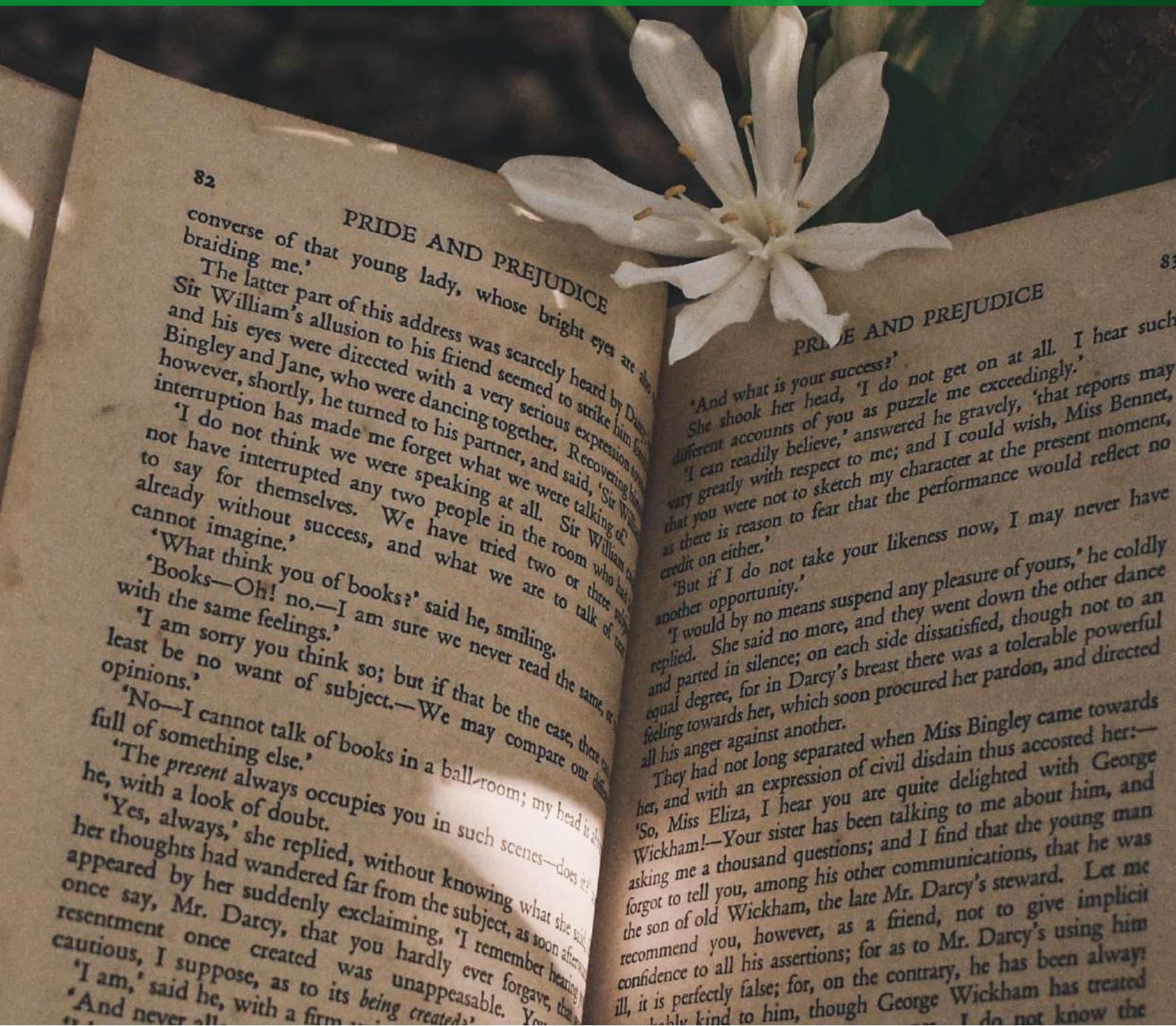
ON 1ST OCTOBER OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO GUIDE STUDENTS AROUND THE AGE 13 - 20 YRS ON HOW TO FOCUS BETTER ON THEIR STUDIES. WE HAD INVITED A VERY WELL KNOWN PUBLIC SPEAKER ADITYA RAJ KASHYAP TO ENLIGHTEN THE STUDENTS ON HOW THEY SHOULD STUDY SO THAT THEY CAN PERFORM BETTER AT STUDIES. HE SHARED SOME TIPS AND METHODS THROUGH WHICH CHILDREN COULD FOCUS ON THEIR WORK WITHOUT GETTING DISTRACTED . STUDENTS WERE SHARING THEIR OWN EXPERIENCES ON HOW THEY GET DISTURBED WHILE STUDYING. HE ALSO TAUGHT THEM ON WHY FOCUS IS IMPORTANT AND WHAT CHANGES IT COULD BRING IN THEIR LIVES BY GIVING THEM EXAMPLES OF GREAT PERSONALITIES LIKE SWAMI VIVEKANAND.

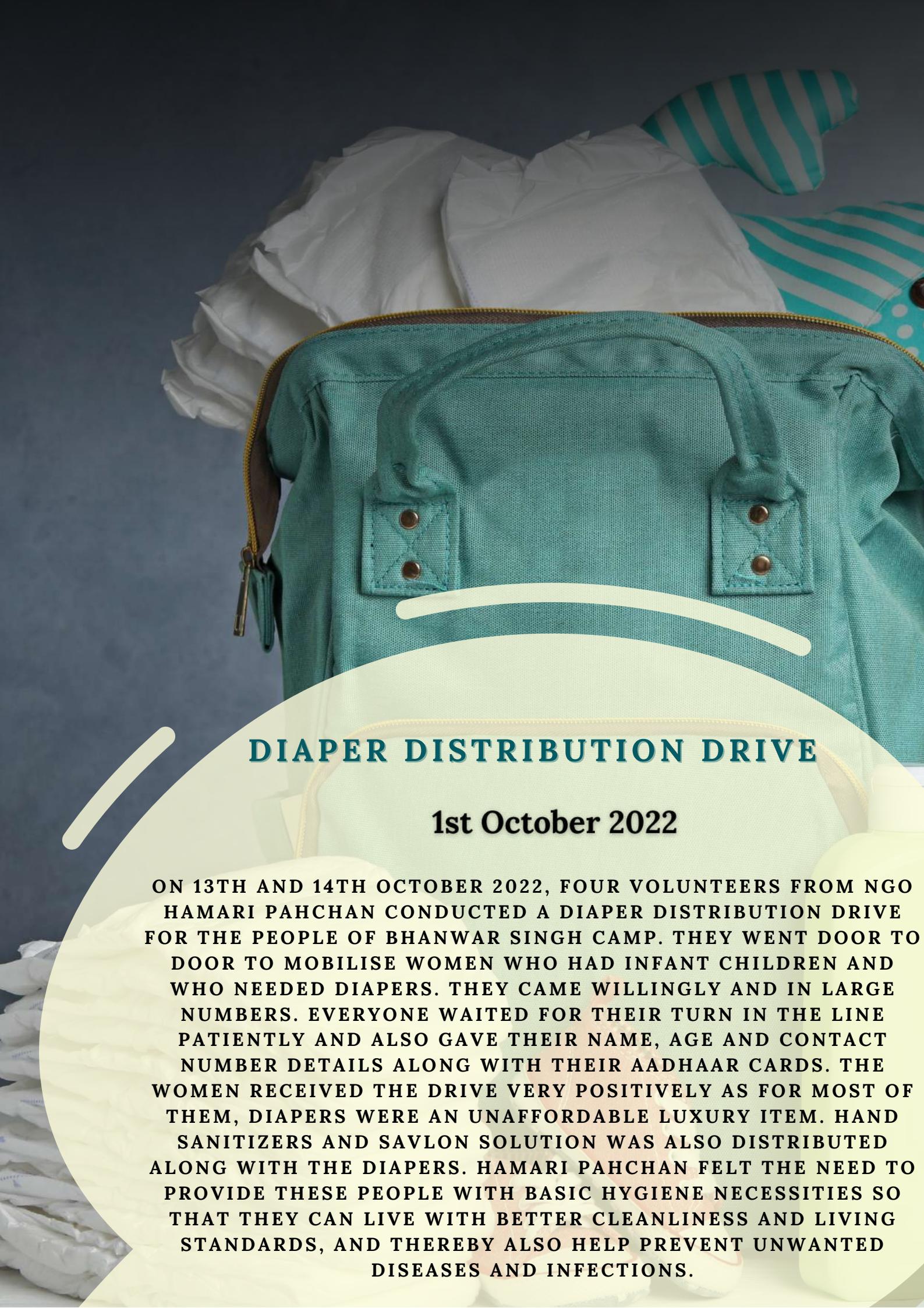
ENVIRONMENT BOOK DISTRIBUTION

1st October 2022

ON 1ST OCTOBER OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO GUIDE STUDENTS AROUND THE AGE 13 - 20 YRS ON ENVIRONMENT AWARENESS.

WE DISTRIBUTED BOOKS AMONG THE STUDENTS THAT CONTAINED SOME FUN ACTIVITIES THAT COULD HELP AND EDUCATE THEM ON WHAT TO DO TO KEEP THEIR ENVIRONMENT A BETTER PLACE TO LIVE. THE BOOK WAS COMPILED IN SUCH A WAY THAT STUDENTS COULD FOLLOW EASILY. WE EXPLAINED TO THEM THE OVERVIEW OF THE BOOK SO THAT THEY COULD GET AN IDEA OF THE CONTENTS OF THE BOOK. ALONG WITH THE CHILDREN WE EVEN TOOK AN OATH THAT WE WOULD DO OUR BEST TO PRESERVE OUR SURROUNDINGS.





DIAPER DISTRIBUTION DRIVE

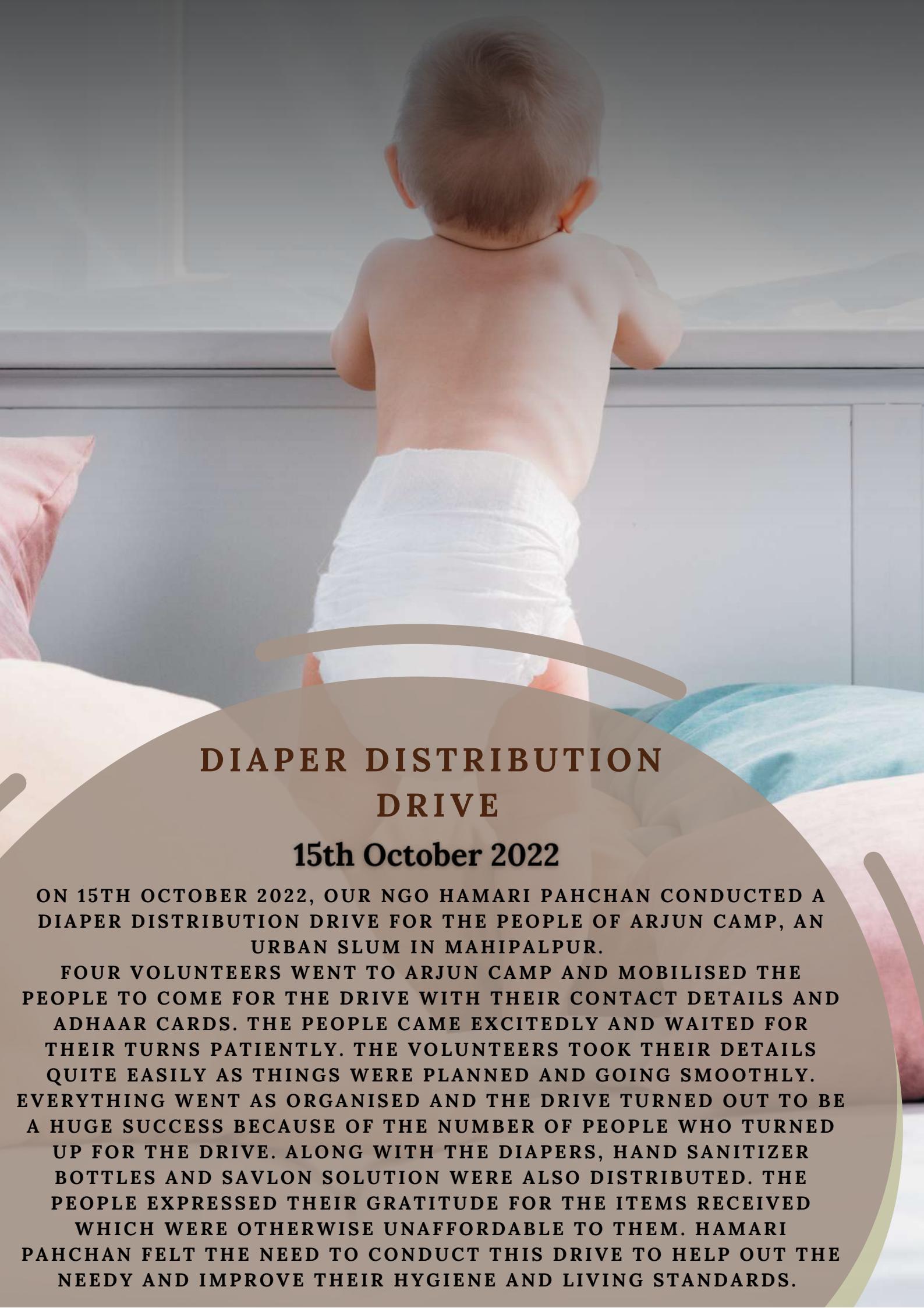
1st October 2022

ON 13TH AND 14TH OCTOBER 2022, FOUR VOLUNTEERS FROM NGO HAMARI PAHCHAN CONDUCTED A DIAPER DISTRIBUTION DRIVE FOR THE PEOPLE OF BHANWAR SINGH CAMP. THEY WENT DOOR TO DOOR TO MOBILISE WOMEN WHO HAD INFANT CHILDREN AND WHO NEEDED DIAPERS. THEY CAME WILLINGLY AND IN LARGE NUMBERS. EVERYONE WAITED FOR THEIR TURN IN THE LINE PATIENTLY AND ALSO GAVE THEIR NAME, AGE AND CONTACT NUMBER DETAILS ALONG WITH THEIR AADHAAR CARDS. THE WOMEN RECEIVED THE DRIVE VERY POSITIVELY AS FOR MOST OF THEM, DIAPERS WERE AN UNAFFORDABLE LUXURY ITEM. HAND SANITIZERS AND SAVLON SOLUTION WAS ALSO DISTRIBUTED ALONG WITH THE DIAPERS. HAMARI PAHCHAN FELT THE NEED TO PROVIDE THESE PEOPLE WITH BASIC HYGIENE NECESSITIES SO THAT THEY CAN LIVE WITH BETTER CLEANLINESS AND LIVING STANDARDS, AND THEREBY ALSO HELP PREVENT UNWANTED DISEASES AND INFECTIONS.

CONCLUSION

OVERALL, THE DRIVE WAS A SUCCESS AND ALL THE PEOPLE WHO RECEIVED THE DIAPERS, SANITIZERS AND SAVLON WERE VERY GRATEFUL AND THANKED THE NGO REPRESENTATIVES. MANY PEOPLE CAME LATE ON THE FIRST DAY (13TH OCTOBER) AND COULD NOT RECEIVE THE ITEMS.

THEY WERE TOLD TO COME THE NEXT DAY TO COLLECT THEIR ITEMS. THIS MADE THEM HAPPY AND THE VOLUNTEERS ALSO FELT SATISFIED DOING THEIR BIT OF WORK TO HELP THE ONES WHO ARE IN NEED. A TOTAL OF 117 BENEFICIARIES WERE BENEFITED, INCLUDING BOTH DAYS.

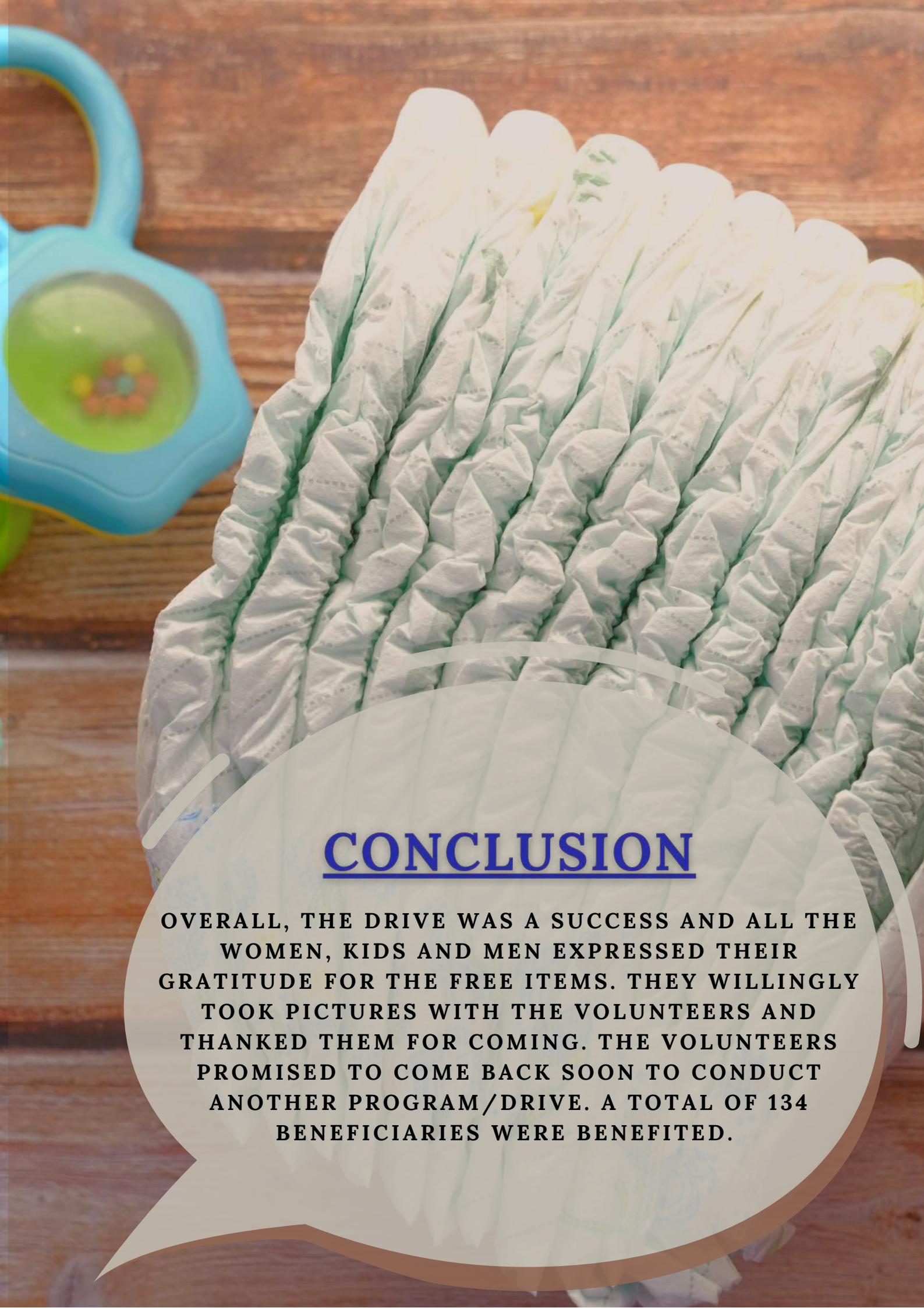


DIAPER DISTRIBUTION DRIVE

15th October 2022

ON 15TH OCTOBER 2022, OUR NGO HAMARI PAHCHAN CONDUCTED A DIAPER DISTRIBUTION DRIVE FOR THE PEOPLE OF ARJUN CAMP, AN URBAN SLUM IN MAHIPALPUR.

FOUR VOLUNTEERS WENT TO ARJUN CAMP AND MOBILISED THE PEOPLE TO COME FOR THE DRIVE WITH THEIR CONTACT DETAILS AND ADHAAR CARDS. THE PEOPLE CAME EXCITEDLY AND WAITED FOR THEIR TURNS PATIENTLY. THE VOLUNTEERS TOOK THEIR DETAILS QUITE EASILY AS THINGS WERE PLANNED AND GOING SMOOTHLY. EVERYTHING WENT AS ORGANISED AND THE DRIVE TURNED OUT TO BE A HUGE SUCCESS BECAUSE OF THE NUMBER OF PEOPLE WHO TURNED UP FOR THE DRIVE. ALONG WITH THE DIAPERS, HAND SANITIZER BOTTLES AND SAVLON SOLUTION WERE ALSO DISTRIBUTED. THE PEOPLE EXPRESSED THEIR GRATITUDE FOR THE ITEMS RECEIVED WHICH WERE OTHERWISE UNAFFORDABLE TO THEM. HAMARI PAHCHAN FELT THE NEED TO CONDUCT THIS DRIVE TO HELP OUT THE NEEDY AND IMPROVE THEIR HYGIENE AND LIVING STANDARDS.



CONCLUSION

OVERALL, THE DRIVE WAS A SUCCESS AND ALL THE WOMEN, KIDS AND MEN EXPRESSED THEIR GRATITUDE FOR THE FREE ITEMS. THEY WILLINGLY TOOK PICTURES WITH THE VOLUNTEERS AND THANKED THEM FOR COMING. THE VOLUNTEERS PROMISED TO COME BACK SOON TO CONDUCT ANOTHER PROGRAM/DRIVE. A TOTAL OF 134 BENEFICIARIES WERE BENEFITED.



NSS DIWALI FEST ‘SURUCHI’

18th October 2022

ON 18TH OCTOBER 2022, OUR NGO HAMARI PAHCHAN PUT UP A STALL AT HINDU COLLEGE, UNIVERSITY OF DELHI AT THEIR NSS ANNUAL DIWALI FEST ‘SURUCHI’.

THE STALL SHOWCASED HANDMADE PRODUCTS LIKE PAINTED DIYAS, TOTE BAGS AND KEYCHAINS MADE BY UNDERPRIVILEGED WOMEN FROM MANY URBAN SLUMS ACROSS DELHI. MANY OTHER PRODUCTS WERE SHOWCASED WHOSE PROCEEDS WERE TO GO TOWARDS THE WELFARE OF SUCH PEOPLE. A DIYA PAINTING COMPETITION WAS ORGANISED AT BHANWAR SINGH CAMP ON 13TH OCTOBER AND 3 WOMEN WERE SELECTED TO PAINT DIYAS TO BE SOLD AT THE FEST AND ALSO REPRESENT BHANWAR SINGH CAMP AT THE FEST.

5 VOLUNTEERS FROM HAMARI PAHCHAN AND THE 3 WOMEN FROM BHANWAR SINGH CAMP ATTENDED THE FEST. ALL THE VOLUNTEERS HELPED SET UP THE STALL AND WERE GIVEN DIFFERENT RESPONSIBILITIES.



THE FEST STARTED AT 12 NOON AND SOON MANY PEOPLE EXPRESSED CURIOSITY IN THE PRODUCTS SHOWCASED AND THE NGO'S WORK. THE VOLUNTEERS PATIENTLY EXPLAINED TO ALL THE VISITORS THAT THE PROCEEDS FROM THE SALE OF ALL PRODUCTS SHALL BE DONATED AND USED TO HELP OUT THOSE IN NEED AND TO CARRY OUT THE NGO'S RELIEF AND WELFARE ACTIVITIES. A LUCKY DRAW GAME WAS ALSO CONDUCTED FOR A PRICE OF RS 100 FOR 3 CHANCES AND MANY COLLEGE STUDENTS PLAYED THE GAME AND WON FREE GOODIES.



CONCLUSION

THE EVENT WAS A SUCCESS AND PEOPLE IN HUGE NUMBERS SHOWED UP AT THE STALL. THE VOLUNTEERS THOROUGHLY ENJOYED THEMSELVES AND FELT GRATEFUL FOR THIS OPPORTUNITY TO SHOWCASE THE NGOS WORK AND IN ENCOURAGING PEOPLE TO DONATE, BUY HANDMADE AND LOCAL PRODUCTS AND SPREAD AWARENESS ABOUT THE VARIOUS ISSUES THAT THE NGO WORKS FOR.



STORY TELLING SESSION

29th October 2022

ON 29TH OCTOBER 2022, OUR NGO HAMARI PAHCHAN CONDUCTED A SESSION IN COLLABORATION WITH THE ROTARACT CLUB WHICH WAS ACCCOMPANIED BY CHILDREN OF BHANWAR SINGH CAMP. MR. JASVINDER TOLD STORIES TO THE CHILDREN OF THE SLUM.

IT WAS A STORYTELLING SESSION WHERE THE CHILDREN WERE THE VOLUNTEERS FIRST WENT DOOR TO DOOR TO LOOK FOR INTERESTED PARTICIPANTS AND ENCOURAGED THEM TO ATTEND THE CLASS. MANY WOMEN EXPRESSED THEIR INTEREST AND CURIOSITY IN ATTENDING THE SESSION.

Story telling

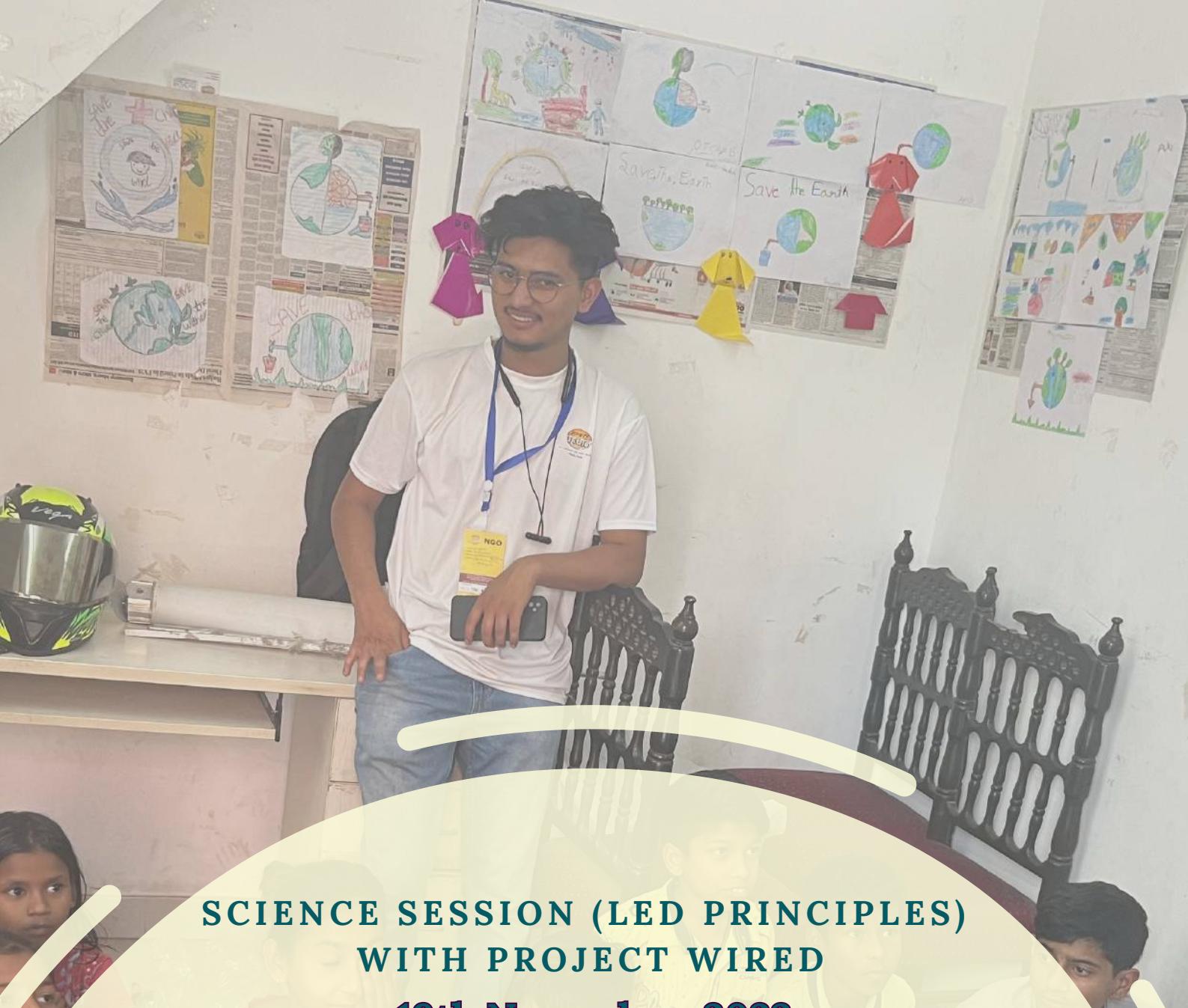
ALL THE STITCHING MATERIAL WAS PROVIDED BY THE NGO TO THE WOMEN. MS RUKSHANA PATIENTLY TAUGHT ALL THE WOMEN AND ALSO ANSWERED THEIR QUERIES. ALL WOMEN

WERE GIVEN A CHANCE TO STITCH ON THEIR OWN. MS RUKSHANA ALSO SHARED IMPORTANT TIPS AND GAVE HER FEEDBACK ON THE PARTICIPANTS' PERFORMANCES. THE VOLUNTEERS ALSO INTERACTED WITH THE WOMEN AND SOME OF THE CHILDREN PRESENT THERE. THE WOMEN EXPRESSED THEIR HAPPINESS AND GRATEFULNESS FOR THE TRAINING SESSION. THEY EXPRESSED THAT THEY WOULD LIKE TO CONTINUE WITH THE TRAINING SESSIONS AND LEARN THE SKILL COMPLETELY



CONCLUSION

OVERALL, THE SESSION WAS A SUCCESS AND ALL THE WOMEN WERE VERY HAPPY WITH THE SESSION. THEY ALL EXPRESSED THEIR INTEREST IN CONTINUING WITH ALL SUCH FUTURE SKILL DEVELOPMENT PROGRAMS. THEY SEEMED EXCITED TO JOIN OUR SKILL DEVELOPMENT PROGRAM AND THEY HAVE PROMISED TO INVEST THEIR TIME AND ENERGY IN THIS PROGRAM.



SCIENCE SESSION (LED PRINCIPLES) WITH PROJECT WIRED

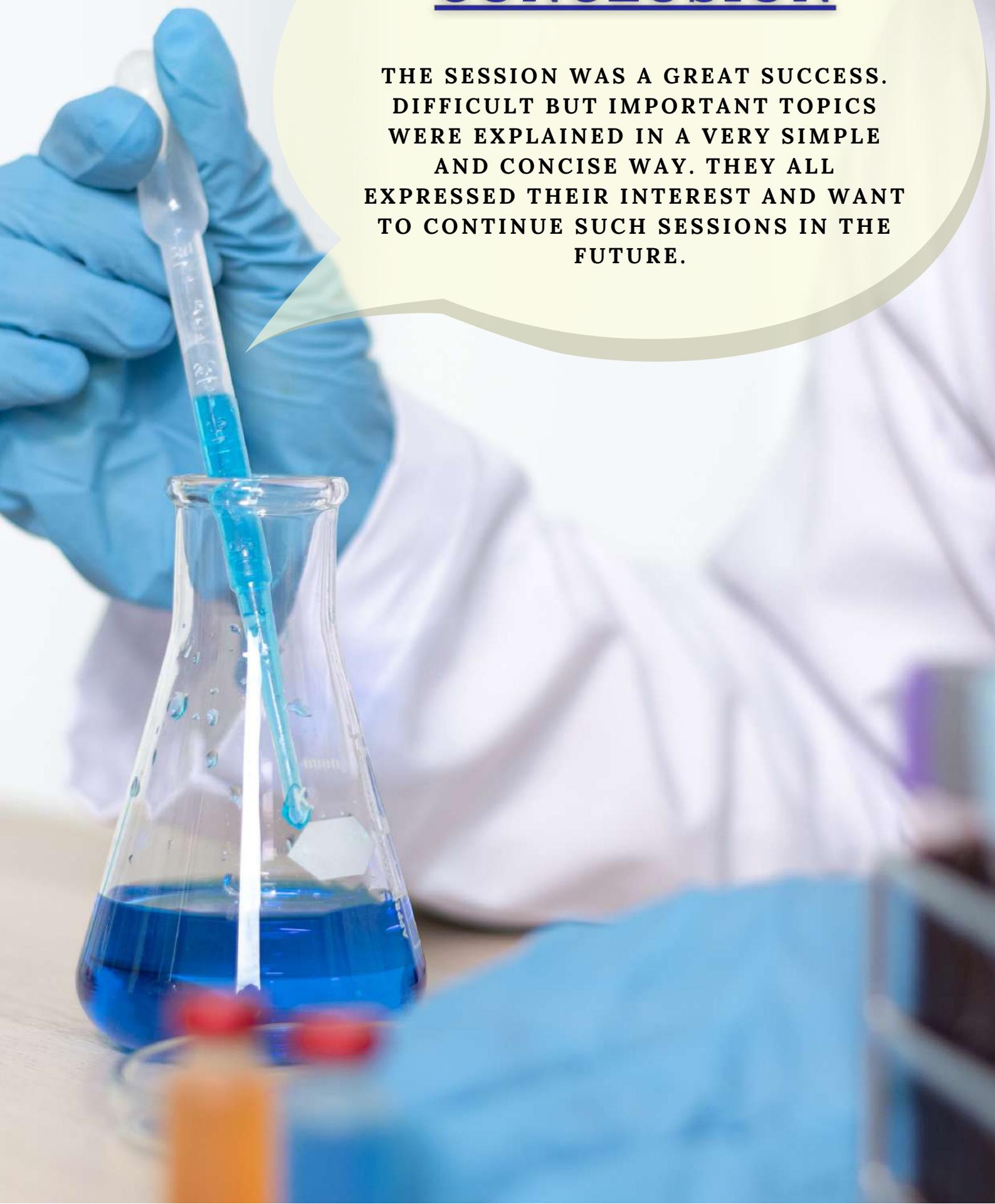
19th November 2022

ON 19TH NOVEMBER 2022, OUR NGO HAMARI PAHCHAN, IN COLLABORATION WITH THE WIRED PROJECT AND INSPIRED BY THE DRISHTI PROJECT, CONDUCTED A SCIENCE SESSION FOR THE CHILDREN OF BHANWAR SINGH CAMP. PROJECT WIRED IS A SOCIAL INITIATIVE THAT RECOGNIZES THE IMPORTANCE OF ROBOTICS EDUCATION, "AND TRIES TO BRING THE SAME TO CHILDREN FROM UNDERPRIVILEGED BACKGROUNDS THROUGH A SERIES OF INNOVATIVE AND INTERACTIVE METHODS."

MANY CHILDREN SHOWED KEEN INTEREST AND ENTHUSIASM IN ATTENDING THE CLASS. MR. JAI GUPTA, THE FOUNDER OF WIRED PROJECT, TAUGHT THEM ABOUT THE FUNCTIONALITY OF A LED LIGHT, ITS PRINCIPLES, AND HOW IT WORKS. THE KIDS WERE ABLE TO LEARN THE MAIN CONCEPTS THROUGH PRACTICAL EXPERIMENTS. THE SESSION WAS CONDUCTED IN THE MORNING AND A TOTAL OF 8 KIDS WERE PRESENT, INCLUDING BOYS AND GIRLS.

CONCLUSION

THE SESSION WAS A GREAT SUCCESS. DIFFICULT BUT IMPORTANT TOPICS WERE EXPLAINED IN A VERY SIMPLE AND CONCISE WAY. THEY ALL EXPRESSED THEIR INTEREST AND WANT TO CONTINUE SUCH SESSIONS IN THE FUTURE.





SANITARY PAD DISTRIBUTION DRIVE

23rd, November 2022

ON 23RD NOVEMBER 2022, HAMARI PAHCHAN NGO, UNDER SUKHAD PROJECT, CONDUCTED A SANITARY PAD DISTRIBUTION DRIVE AT MUNIRKA FLYOVER. THE VOLUNTEERS WENT DOOR TO DOOR CALLING ALL THE WOMEN AND GIRLS.



THEY CAME EXCITEDLY AND WAITED FOR THEIR TURNS PATIENTLY. EACH ONE OF THEM RECEIVED A KIT WITH 3 SANITARY PAD PACKAGES WRAPPED IN A NEWSPAPER BAG.

CARING ABOUT WOMEN IS ALSO CARING ABOUT OUR ENVIRONMENT. WHILE WRAPPING THE PADS, WE ALSO MAKE SURE THAT THESE WOMEN WILL NOT EXPERIENCE ANY KIND OF EMBARRASSMENT AS, UNFORTUNATELY, WE KNOW THAT MENSTRUATION IS STILL SEEN AS A TABOO IN MANY SOCIETIES, MOSTLY AMONG THE UNDERPRIVILEGED. AFTER THE DISTRIBUTION, WE INVITED A 16-YEAR-OLD GIRL TO GIVE US A SHORT INTERVIEW, SHARING HER PERSONAL EXPERIENCE REGARDING MENSTRUATION. SHE WAS SHY AT FIRST, BUT LATER, SHE STARTED TO FEEL COMFORTABLE IN FRONT OF THE CAMERA. MEHARR MA'AM HAS ASKED HER QUESTIONS LIKE WHAT SHE DID WHEN SHE FIRST GOT HER PERIOD OR WHO USED TO BUY HER SANITARY PADS. SHE REPLIED SHE FIRST ASKED HER SISTER ABOUT WHAT HAD HAPPENED TO HER, AND HOW TO USE THE PADS. SHE ALSO SAID THAT HER MOTHER USED TO GIVE HER MONEY TO BUY IT AND THAT SHE AGREED IT IS QUITE EXPENSIVE.



CONCLUSION

THE EVENT WAS A GREAT SUCCESS. THEY WERE ALL VERY HAPPY AND GRATEFUL. BESIDES, SUCH INTERVIEWS ARE IMMENSELY VALUABLE FOR US TO CARRY OUT OUR ACTIVITIES AND CRUCIAL FOR SOCIETY TO BETTER UNDERSTAND THE REALITY FACED BY THESE PEOPLE.

EDUCATIONAL SESSION UNDER DRISHTI PROJECT

24th November 2022

ON 24TH NOVEMBER 2022, OUR NGO HAMARI PAHCHAN, CONDUCTED AN EDUCATIONAL SESSION UNDER THE DRISHTI PROJECT FOR THE CHILDREN OF BHANWAR SINGH CAMP.





MANY CHILDREN SHOWED KEEN INTEREST AND ENTHUSIASM IN ATTENDING THE CLASS. ANGEL IS OUR VOLUNTEER AND WAS THE INSTRUCTOR OF THE SESSION. SHE CONDUCTED SOME EDUCATIONAL ACTIVITIES WITH THE CHILDREN. FIRST, THEY WERE ASKED TO WRITE DOWN ON A PAPER THEIR OWN NAME. AFTER THAT, THEY HAD TO WRITE DOWN THE NAME OF ANYTHING OR ANYONE THAT THEY LIKED. SOME KIDS WROTE ICE CREAM, OTHERS, THE NAME OF A FRIEND, ETC. AFTER THAT, ANGEL TAUGHT THEM HOW TO WASH THEIR HANDS PROPERLY. THE SESSION WAS CONDUCTED IN THE AFTERNOON AND AROUND 20 KIDS WERE PRESENT. IN THE END, EACH ONE RECEIVED A PACKAGE OF BISCUITS. THEY WERE ALL DELIGHTED AND GRATEFUL.



CONCLUSION

THE SESSION WAS A GREAT SUCCESS. THE KIDS LOVED ALL THE ACTIVITIES. THESE SESSIONS ARE EXTREMELY IMPORTANT FOR THEIR PERSONAL DEVELOPMENT.



SKILL DEVELOPMENT

3rd December 2022

ON 03/12/2022, HAMARI PAHCHAN STARTED CONDUCTING A SKILL DEVELOPMENT PROGRAMME FOR WOMEN AT ARJUN CAMP, MAHIPALPUR BY GIVING THEM BASIC TRAINING FOR MAKING HANDMADE PRODUCTS TO EARN A LIVING.

THEY INITIALLY ATTEMPTED TO LEARN FROM PAKHI AUNTY. SHE INSTRUCTS THEM ON HOW TO SEW. SHE ALSO TAUGHT THEM HOW TO MAKE ITEMS WITH CROATIAN MATERIALS.

OUR TRAINER, MRS. Zeba, TEACHES THEM DIFFERENT TYPES OF STITCHES AFTER A FEW DAYS OF PRACTICE. SHE TAUGHT THEM HOW TO CUT FELT WOOL INTO THE VARIOUS FORMS OF THE COASTER AFTER THEY HAD PRACTICED THEIR STITCHES. WE PROVIDED THEM WITH THE MATERIALS TO PRODUCE FELT WOOL COASTERS, AS WELL AS PRACTICE TIME, SO THAT THEY COULD LEARN THE BASICS OF KNITTING WITHOUT MAKING TOO MANY MISTAKES, AND OUR TRAINER CHECKED AND LED THEM TO MAKE BETTER COASTERS.

AFTER THEY MADE A WONDERFUL COASTER, THE TRAINER SHOWED THEM HOW TO BUILD A CORPORATE KIT AND HOW TO STITCH IT? THE PROGRAMME IS STILL IN PROGRESS.

WE ALSO PROVIDE THEM REMUNERATION FOR THEIR INITIAL TRAINING.



CONCLUSION

WITH THE HELP OF OUR VOLUNTEERS AND TRAINERS, WE WERE ABLE TO ACHIEVE AMAZING SUCCESS. WE APPLAUD THE EFFORTS OF THE LADIES WHO TURNED IN AND GOT A CHANCE TO IMPROVE THEIR LIVELIHOOD AND STANDARD OF LIVING. PEOPLE WOULD BUY THEIR ITEMS SINCE THEY ARE MORE DURABLE.

EDUCATION

12th December 2022

ON 12/12/2022, HAMARI PAHCHAN STARTED CONDUCTING AN EDUCATION PROGRAMME FOR CHILDREN AT BHANWAR SINGH CAMP.

THEY INITIALLY ATTEMPTED TO LEARN FROM ARUSH WITH THE HELP OF DIGITAL LEARNING. HE INSTRUCTS THEM IN ASTRONOMY. OUR INTERN, ARUSH, TEACHES THEM EACH AND EVERY THING ABOUT ASTRONOMY. HE TAUGHT THEM WHAT ASTRONOMY AND SPACE IS, THE NAME OF THE GALAXY, GRAVITY, WHAT IS THE BLACK HOLE, STARS AND HOW TO WORK ALL THESE THINGS.

CONCLUSION

WITH THE HELP OF OUR VOLUNTEERS AND INTERN ARUSH, WE WERE ABLE TO ACHIEVE AMAZING SUCCESS. WE APPLAUD THE EFFORTS OF THE CHILDREN, BECAUSE CHILDREN SHOWED THEIR INTEREST AND OUR INTERN ARUSH AS WELL



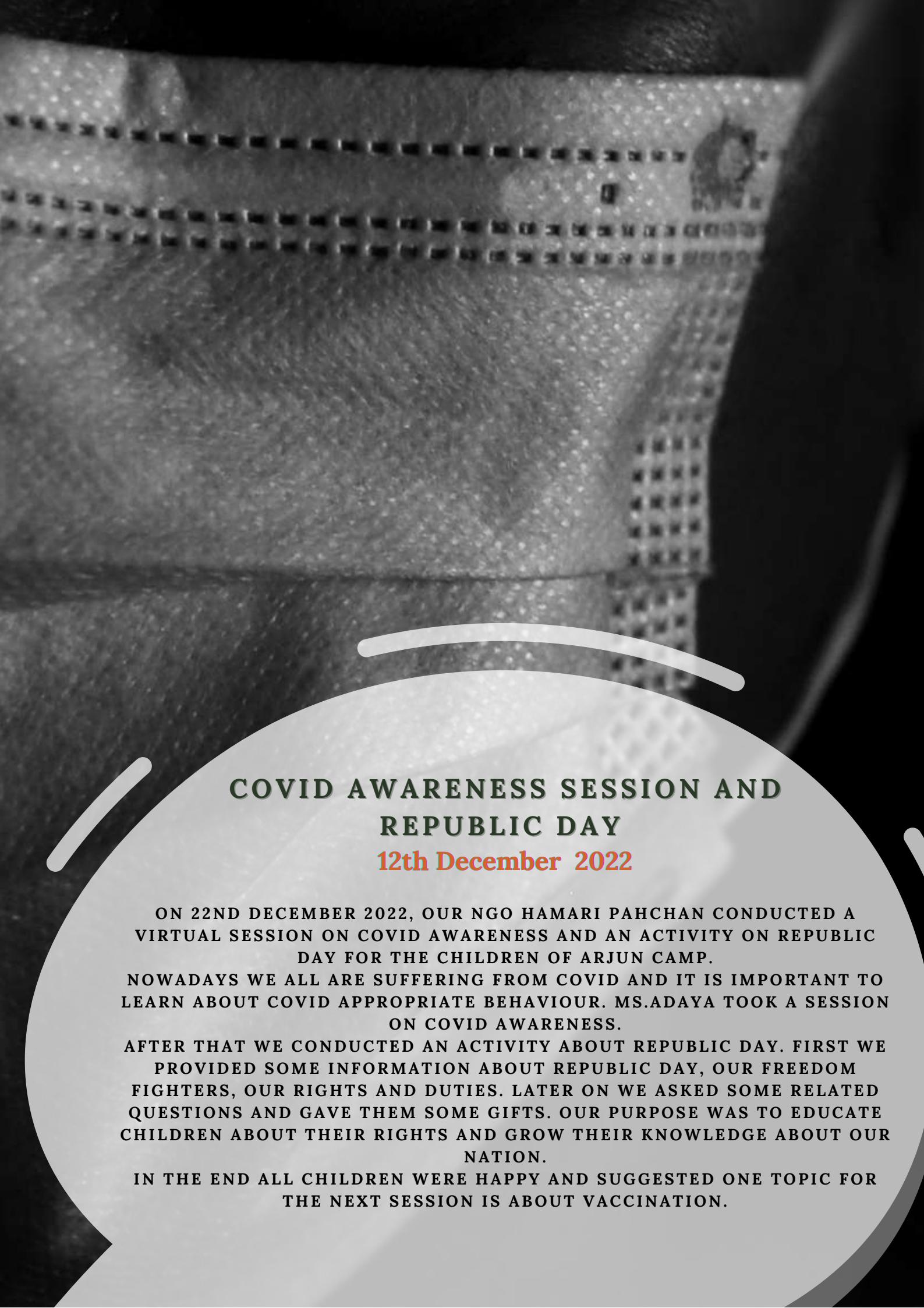


ABOUT SPEAKER - AARUSH

12th December 2022

THIS WORKSHOP WAS CONDUCTED BY AARUSH, A 10TH CLASS STUDENT. HE IS A VERY BRIGHT STUDENT WHO HAS A LOT OF KNOWLEDGE ABOUT ASTRONOMY. AARUSH WAS VERY KEEN ON SHARING THIS KNOWLEDGE WITH UNDERPRIVILEGED PEOPLE WHO WERE NOT AWARE EVEN WITH THE TERM “ASTRONOMY”.

IT WAS INCONVENIENT FOR AARUSH TO HOLD CLASSES IN PERSON, EVEN THEN HE DECIDED TO CONDUCT SOME VIRTUAL SESSIONS WITH SLUM AREA KIDS. AARUSH WAS VERY ENTHUSIASTIC ABOUT IT. HE JUST WANTED OTHER CHILDREN, WHO WERE NOT PRIVILEGED ENOUGH TO GO TO SCHOOL, TO BECOME AWARE OF HOW HUGE THE UNIVERSE IS. THIS ENTHUSIASM OF AARUSH LED HIM TO CONDUCT SUCH WORKSHOPS.



COVID AWARENESS SESSION AND REPUBLIC DAY

12th December 2022

ON 22ND DECEMBER 2022, OUR NGO HAMARI PAHCHAN CONDUCTED A VIRTUAL SESSION ON COVID AWARENESS AND AN ACTIVITY ON REPUBLIC DAY FOR THE CHILDREN OF ARJUN CAMP.

NOWADAYS WE ALL ARE SUFFERING FROM COVID AND IT IS IMPORTANT TO LEARN ABOUT COVID APPROPRIATE BEHAVIOUR. MS.ADAYA TOOK A SESSION ON COVID AWARENESS.

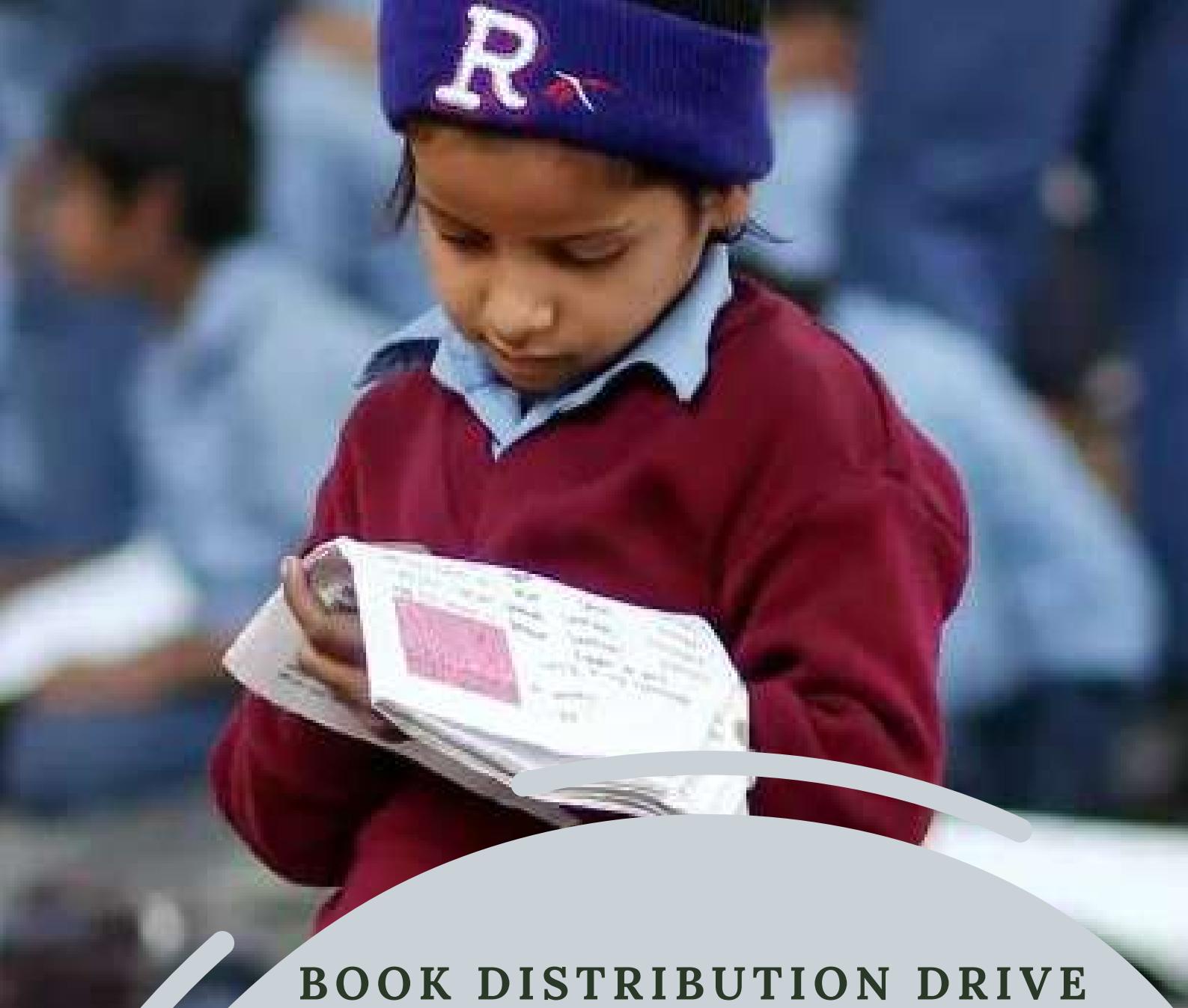
AFTER THAT WE CONDUCTED AN ACTIVITY ABOUT REPUBLIC DAY. FIRST WE PROVIDED SOME INFORMATION ABOUT REPUBLIC DAY, OUR FREEDOM FIGHTERS, OUR RIGHTS AND DUTIES. LATER ON WE ASKED SOME RELATED QUESTIONS AND GAVE THEM SOME GIFTS. OUR PURPOSE WAS TO EDUCATE CHILDREN ABOUT THEIR RIGHTS AND GROW THEIR KNOWLEDGE ABOUT OUR NATION.

IN THE END ALL CHILDREN WERE HAPPY AND SUGGESTED ONE TOPIC FOR THE NEXT SESSION IS ABOUT VACCINATION.

BE AWARE

CONCLUSION

THIS VIRTUAL SESSION IS COVID AWARENESS SESSION. THE CHILDREN LEARN HOW THEY BEHAVE IN SUCH SITUATIONS. THIS EVENT PROVIDED AN OPPORTUNITY FOR THE CHILDREN TO LEARN SOMETHING NEW IN A FUN AND PLAYFUL SETTING ABOUT REPUBLIC DAY AND ABOUT FREEDOM FIGHTERS. IT WAS A MASH-UP OF EVERYTHING, NOT JUST THE ACTIVITY MODULES, BUT ALSO THEM ASKING THE VOLUNTEERS QUESTIONS ABOUT A VARIETY OF OTHER TOPICS. WHEN THE EVENT WAS OVER, THE KIDS WERE EAGER TO KNOW WHEN THE NEXT CLASS WOULD BE HELD. THEY WERE EXCITED ABOUT THE NEXT CLASS.



BOOK DISTRIBUTION DRIVE

7th January, 2023

ON 7TH JANUARY 2023, HAMARI PAHCHAN NGO, UNDER SUKHAD PROJECT, CONDUCTED A BOOK DISTRIBUTION DRIVE AT COOLIE CAMP. THE VOLUNTEERS CALLED ALL CHILDREN BETWEEN THE AGES OF 11 TO 18 TO TALK TO THEM ABOUT MENSTRUAL HYGIENE, AND DISTRIBUTE BOOKS REGARDING THE SAME AMONG THEM.

THEY CAME EXCITEDLY AND WAITED FOR THEIR TURNS PATIENTLY. EACH ONE OF THEM RECEIVED A BOOK, WRITTEN BY ISHA MAINI, CALLED 'WEAR YOUR SPOTS WITH PRIDE'. THE SESSION CONDUCTED WENT VERY WELL. OUR VOLUNTEER, NAINA, SPOKE ABOUT PUBERTY, AND ABOUT HOW WE ALL UNDERGO CHANGES ONCE WE REACH A CERTAIN AGE. THEY WERE TOLD ABOUT PERIODS, AND SHE STRESSED ABOUT HOW IMPORTANT IT IS TO NOT BE SHAMEFUL ABOUT A NATURAL HUMAN OCCURRENCE.

AT FIRST, THE CHILDREN WERE EMBARRASSED ABOUT THE DISCUSSION. SOME OF THE YOUNG GIRLS WERE EMBARRASSED TO OPEN UP ABOUT THEIR EXPERIENCES REGARDING PERIODS, ESPECIALLY SINCE THE SESSION WAS ATTENDED BY YOUNG BOYS AS WELL. LATER, THEY FELT MORE COMFORTABLE, AND WERE ENGAGED IN AN OPEN DISCUSSION ABOUT BODY CHANGES, WITH SPECIAL EMPHASIS ON PERIODS. AFTER THE BOOKS WERE DISTRIBUTED, THE CHILDREN SHOWED GREAT ENTHUSIASM IN LEARNING MORE ABOUT THEIR BODY, AND PROMISED TO READ IT.

CHANGE IS HERE TO STAY
THE LATE ASTRONAUT JAMES IRVING MIGHT THINK ZONING TO THE MOON WEIGHED DOWN HIS PROJECT EVER HAD TO ADJUST INSIDE OUT OF CHANGE. NO MATTER HOW YOU LANDED, ONLY THAT MISSION GETS YOU THERE. MAX DEPREE ADVISED, "WHEN YOU CAN'T CHOOSE WHAT YOU GET, CHOOSE WHAT YOU GET." ON THAT MISSION, HE WHO IS GOING TO CHOOSE WHAT YOU GET?

Max Depree advised, "when you get what we are getting, adjust your sails." We are changing him.

TRUTH, IT
HURT YOU

...rician for a check-up with an older girl in her eyes. The tongue depressor you think I'll be here. As he checks her, I'll hear, "Jesus is in my heart."

Commit yourself to excellence. The commitment to your community is to do.



CONCLUSION

THE EVENT WAS A GREAT SUCCESS. THEY WERE ALL VERY HAPPY AND GRATEFUL. BESIDES, SUCH SESSIONS ARE IMMENSELY VALUABLE FOR US TO CARRY OUT OUR ACTIVITIES AND CRUCIAL FOR SOCIETY TO BETTER UNDERSTAND THE REALITY FACED BY THESE PEOPLE.

A photograph showing a group of children from behind, gathered around a table. They are looking down at a white book or folder that contains several small photographs. One child's hair is tied back with a blue scrunchie. The scene is set indoors with warm lighting.

SKILL DEVELOPMENT

21st January, 2023

ON 21/01/2023, HAMARI PAHCHAN STARTED CONDUCTING A SKILL DEVELOPMENT PROGRAMME FOR CHILDREN AT ARJUN CAMP, MAHIPALPUR BY HELPING THEM RECOGNIZE THEIR CREATIVE SKILLS.

THE CHILDREN WERE FIRSTLY GIVEN A BRIEF DESCRIPTION ABOUT THE ART TO INTRODUCE ONESELF WHICH NOT ONLY INCLUDED TO IMPART CONFIDENCE IN THEM BUT ALSO MAKE THEM UNDERSTAND WHAT ALL NEEDS TO BE INCLUDED IN AN INTRODUCTION. THEY WERE LECTURED BY ONE OF OUR SOCIAL WORKERS ABOUT SELF-PERCEPTION, HOW IT IS IMPORTANT FOR EXISTING AND CO - EXISTING WITHIN OUR SOCIETY. WE EXPLAINED TO THE CHILDREN ABOUT THEIR INNER QUALITIES, STRENGTHS AND WEAKNESSES ONE MAY PERCEIVE.



THEIR FIRST ASSIGNMENT WAS TO WRITE 10 THINGS THAT ARE IMPORTANT IN THEIR LIFE.

THE PURPOSE OF THIS WAS TO MAKE THE KIDS UNDERSTAND THE IMPORTANCE OF MATERIALISTIC OR NON - MATERIALISTIC THINGS THEY HAVE. MOREOVER, THEY WERE ALSO TOLD TO THINK ABOUT ONE OF THEIR WEAKNESSES AND HOW THEY WOULD ATTEMPT TO IMPROVE THEMSELVES. THEN AFTER THE ASSIGNMENT A VOLUNTEER ATTEMPTED TO DISCUSS DAILY PERSONAL HYGIENE SINCE IT IS IMPORTANT TO CONSIDER THIS TOPIC

AFTER THE OUTBREAK OF COVID - 19. LASTLY WE ALL GAVE KIDS REFRESHMENTS. OUR TRAINER, MS. NANDINI, HAS A GENUINE CONNECTION WITH THESE CHILDREN. SHE HELPS THEM TO DREAM, MAKE GOALS AND HELP THEM ACHIEVE THEIR ASPIRATIONS IN THE FUTURE. SHE TRIES TO MOTIVATE THE CHILDREN BY CONDUCTING VARIOUS ACTIVITIES WHICH ARE A FINE MIXTURE OF FUN AND LEARNING AS A WHOLE.

THE PROGRAMME IS STILL ONGOING AND OUR TEAM IS MOTIVATED TO HELP THESE CHILDREN TO PROSPER AND BECOME A VALUABLE PART OF OUR COUNTRY FUTURE.



CONCLUSION

WITH THE HELP OF OUR VOLUNTEERS AND TRAINERS, WE WERE ABLE TO ACHIEVE AMAZING SUCCESS. WE AS A TEAM AIM TO HELP THESE CHILDREN ACHIEVE THEIR DREAMS IN THE FUTURE AND BECOME A VALUABLE PART OF OUR SOCIETY.



KNOW YOURSELF

21st January, 2023

ON 21ST JANUARY OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO MAKE STUDENTS OF AGE ABOUT 7-15 YRS AWARE ABOUT THEIR STRENGTHS AND WEAKNESSES WE HAD INVITED XYZ TO ASK STUDENTS QUESTIONS REGARDING THEIR NECESSITIES IN LIFE. FOR INSTANCE WHAT ARE THE THINGS THAT MATTER TO THEM , WITHOUT WHICH IT WOULD BE DIFFICULT FOR THEM TO CARRY ON WITH THEIR LIFE NORMALLY.

ON A PIECE OF PAPER ALL THE STUDENTS WROTE THE ANSWER TO WHAT IS IMPORTANT FOR THEM IN THEIR LIFE.

ENVIRONMENT BOOK DISTRIBUTION

21st January, 2023

ON 21ST JANUARY OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO GUIDE STUDENTS AROUND THE AGE 5-15 YRS ON IMPORTANCE OF CLEANLINESS IN DAY TO DAY LIFE THE STUDENTS WERE MADE AWARE ABOUT WHAT ALL THINGS NEEDED TO BE DONE SO THAT THEY CAN MAINTAIN PERSONAL HYGIENE AND STAY AWAY FROM DISEASES. THEY WERE TAUGHT ABOUT TAKING REGULAR BATHS, BRUSHING TEETH TWO TIMES A DAY, WASHING HANDS BEFORE AND AFTER HAVING FOOD, ETC.

A SHEET WAS DISTRIBUTED AMONG THE STUDENTS WHICH CONTAINED PICTURES OF ALL THE ACTIVITIES THEY WERE TAUGHT ABOUT AND THEN THEY WERE ASKED TO COLOUR THOSE PICTURES WHICH WOULD HELP THEM TO REMEMBER ALL THE THINGS TAUGHT TO THEM.



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BUSINESS

PROJECT WIRED

28th January, 2023

ON 28TH JANUARY OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO MAKE STUDENTS OF AGE ABOUT 7-15 YRS AWARE ABOUT PROJECT WIRED. WE HAD INVITED

JAI GUPTA

TO EDUCATE YOUNG CHILDREN ABOUT LED LIGHTS, ARDUINO UNO CIRCUIT AND ITS COMPONENTS, AN ULTRASONIC SENSOR AND A 7 SEGMENT DISPLAY.





STRAY DOGS

28th January, 2023

ON 28TH JANUARY OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO MAKE STUDENTS OF AGE ABOUT 7-15 YRS AWARE ABOUT STRAY DOGS. WE HAD INVITED JAI SAWHNEY THROUGH ONLINE TO ASK STUDENTS QUESTIONS REGARDING THEIR IMPORTANCE IN OUR LIFE. FOR INSTANCE HOW MANY STUDENTS HAVE DOGS IN YOUR HOMES ? HAVE YOU ADOPTED THEM? HOW CAN YOU HELP STRAY DOGS ?



INTERACTION SESSION

4th February 2023

ON 4TH FEBRUARY OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO MAKE STUDENTS OF AGE ABOUT 8-17 YEARS. WE HAD INVITED RISHI AND PALLAVI FOR AN INTERACTION SESSION WITH STUDENTS TO SHARE IDEAS ,CAREERS ,THEIR EXPERIENCES AND EXAMPLES FROM DIVERSE BACKGROUNDS WHICH ENHANCE SKILLS AND DEVELOP A SENSE OF COMMUNITY OF SHARING AND JOINTLY PARTICIPATING FOR SUPPORT AND REINFORCEMENT FROM EACH OTHER.



GENDER AND SEXUALITY

4th February 2023

ON 4TH FEBRUARY OUR NGO HAMARI PAHCHAN CONDUCTED AN EVENT TO MAKE STUDENTS OF AGE ABOUT 7-15 YRS ARE AWARE ABOUT LGBT, GENDER AND SEXUALITY. WE HAD INVITED NANDINI TO EDUCATE YOUNG CHILDREN ABOUT LGBT, GENDER AND SEXUALITY.

SKILL DEVELOPMENT

11th March 2023

ON 11/03/2023, HAMARI PAHCHAN STARTED CONDUCTING A SKILL DEVELOPMENT PROGRAMME FOR CHILDREN AT BHANWAR SINGH CAMP, VASANT VIHAR BY HELPING THEM RECOGNIZE THEIR CREATIVE SKILLS. IN THE SESSION, THE CHILDREN WERE INTRODUCED TO ART SPEECH THERAPY WHICH IS EMPLOYING THE CREATIVE PROCESS OF ART-MAKING TO IMPROVE AND ENHANCE THE PHYSICAL, MENTAL AND EMOTIONAL WELL-BEING OF INDIVIDUALS OF ALL AGES WITH THE AIM OF RESOLVING CONFLICTS AND PROBLEMS, DEVELOPING INTERPERSONAL SKILLS, MANAGING BEHAVIOUR, REDUCING STRESS AND INCREASING SELF-ESTEEM AND AWARENESS. THE OBJECTIVE WAS TO HELP THE CHILDREN GET A BETTER PERSPECTIVE ABOUT MANAGING CONFLICTS AND THEIR STRESS IN A MORE POSITIVE AND HEALTHY MANNER. THEREAFTER, THEY WERE GIVEN REFRESHMENTS.



CONCLUSION

OUR TRAINER, MS. TANYA, HAS A GENUINE CONNECTION WITH THESE CHILDREN. SHE HELPS THEM TO DREAM, MAKE GOALS AND HELP THEM ACHIEVE THEIR ASPIRATIONS IN THE FUTURE. SHE TRIES TO MOTIVATE THE CHILDREN BY CONDUCTING VARIOUS ACTIVITIES WHICH ARE A FINE MIXTURE OF FUN AND LEARNING AS A WHOLE. WITH THE HELP OF OUR VOLUNTEERS AND TRAINERS, WE WERE ABLE TO ACHIEVE AMAZING SUCCESS. WE AS A TEAM AIM TO HELP THESE CHILDREN ACHIEVE THEIR DREAMS IN THE FUTURE AND BECOME A VALUABLE PART OF OUR SOCIETY.





PREVENTING AIR POLLUTION

11th March 2023

THE EVENT AIMED TO RAISE AWARENESS ABOUT THE CAUSES AND EFFECTS OF AIR POLLUTION AND TO EDUCATE THE CHILDREN ON HOW THEY CAN TAKE ACTION TO PREVENT AIR POLLUTION IN THEIR COMMUNITIES. THE EVENT WAS ORGANISED BY BHANWAR SINGH CAMP AND WAS ATTENDED BY APPROXIMATELY 20 CHILDREN

THE EVENT FEATURED SEVERAL EXPERT SPEAKERS WHO PROVIDED VALUABLE INSIGHTS INTO THE ISSUE OF AIR POLLUTION. THEY DISCUSSED THE CAUSES OF AIR POLLUTION, WHICH INCLUDE EMISSIONS FROM VEHICLES, FACTORIES, AND OTHER SOURCES. THE SPEAKERS ALSO TALKED ABOUT THE HEALTH EFFECTS OF AIR POLLUTION, WHICH CAN RANGE FROM RESPIRATORY PROBLEMS TO MORE SERIOUS CONDITIONS .



THESE MEASURES INCLUDE CARPOOLING OR USING PUBLIC TRANSPORTATION, USING ENERGY-EFFICIENT APPLIANCES AND LIGHT BULBS, AND REDUCING THE USE OF PLASTIC PRODUCTS. THE SPEAKER ALSO EMPHASISED THE IMPORTANCE OF RAISING AWARENESS ABOUT AIR POLLUTION AND ENCOURAGING OTHERS TO TAKE ACTION. IN ADDITION TO THE EXPERT SPEAKERS, THE EVENT ALSO FEATURED INTERACTIVE ACTIVITIES TO ENGAGE THE ATTENDEES. THERE WERE EXHIBITS SHOWCASING THE VARIOUS SOURCES OF AIR POLLUTION, AND ATTENDEES WERE ABLE TO SEE FIRSTHAND THE IMPACT OF POLLUTION ON THE ENVIRONMENT. THERE WAS ALSO A WORKSHOP WHERE CHILDREN LEARNED ABOUT THE IMPORTANCE OF PROPER DISPOSAL OF HAZARDOUS WASTE AND HOW THEY CAN SAFELY DISPOSE OF HOUSEHOLD CHEMICALS.



REDUCE, REUSE, RECYCLE

7th April 2023

ON APRIL 7, 2023, OUR NGO HAMARI PAHCHAN HELD A DOWN-TO-EARTH CLASS IN THIS CLASS, WE TAUGHT THE CHILDREN TO MAKE SOME NEW THINGS FROM WASTE MATERIAL. IN SHORT, WE CAN CALL IT THE BEST OUT OF THE WASTE MATERIAL, AND ALSO ONE OF OUR STUDENTS TEACHES ABOUT THE THREE R'S: REDUCE, RECYCLE, AND REUSE. THE WORKSHOP AIMED TO EDUCATE CHILDREN ON THE IMPORTANCE OF THESE THREE PRINCIPLES IN CREATING A SUSTAINABLE FUTURE AND TO PROMOTE THE IDEA OF CREATING REUSABLE ITEMS. CLASS STARTED WITH AN INTRODUCTION TO THE THREE RS AND THEIR SIGNIFICANCE IN OUR DAILY LIVES.

ARYAN EMPHASISED THAT BY REDUCING OUR CONSUMPTION, REUSING ITEMS, AND RECYCLING MATERIALS, WE CAN REDUCE OUR ENVIRONMENTAL IMPACT AND HELP CREATE A CLEANER, MORE SUSTAINABLE PLANET. THE SECOND PART OF THE WORKSHOP FOCUSED ON CREATING REUSABLE ITEMS. ARYAN BROUGHT IN A RANGE OF MATERIALS, INCLUDING OLD CLOTHES, BOTTLES, AND PAPER, AND DEMONSTRATED HOW TO TURN THEM INTO REUSABLE BAGS, CONTAINERS, AND OTHER HOUSEHOLD ITEMS. HE ALSO PROVIDED STEP-BY-STEP INSTRUCTIONS AND ENCOURAGED THE PARTICIPANTS TO GET CREATIVE AND COME UP WITH THEIR OWN DESIGNS. ONE OF THE MOST INSPIRING ASPECTS OF THE WORKSHOP WAS ARYAN'S COMMITMENT TO HELPING UNDERPRIVILEGED CHILDREN.



AIR POLLUTION

7th April 2023

ON APRIL 7, 2023, OUR NGO HAMARI PAHCHAN HELD A POLLUTION AWARENESS EVENT. THE CLASS TOPIC WAS AIR POLLUTION, AND WE TAUGHT THE CHILDREN ABOUT IT. HOW DOES AIR POLLUTION SPREAD, HOW IS IT HARMFUL TO ALL OF US, AND WHAT KINDS OF PROBLEMS ARE WE FACING DUE TO THIS?

WE EXPLAINED THIS THING TO THEM THROUGH A FUN ACTIVITY AND ALSO SHOWED THEM A DOCUMENTARY ON THIS TOPIC SO THAT CHILDREN COULD BETTER UNDERSTAND THIS THING AND THEY COULD STOP UNNECESSARY ACTIVITIES AROUND THEM THAT SPREAD POLLUTION. LATER WE GAVE THEM SOME REFRESHMENTS .



PROJECT-EDUCATION

8th April 2023

ON APRIL 8, 2023, ONE OF OUR INTERNS LED A WORKSHOP ON THE TOPIC "SAME LANGUAGE, WE CAN LEARN FAST." THE WORKSHOP WAS AIMED AT HELPING UNDERPRIVILEGED CHILDREN WHO FACE LANGUAGE BARRIERS IN THEIR EDUCATION.

THE STUDENT WHO CONDUCTED THE WORKSHOP BEGAN BY HIGHLIGHTING THE IMPORTANCE OF LANGUAGE LEARNING AND ITS IMPACT ON EDUCATION. HE THEN INTRODUCED VARIOUS TECHNIQUES AND METHODS THAT COULD BE USED TO HELP STUDENTS LEARN A NEW LANGUAGE QUICKLY AND EFFECTIVELY. THE WORKSHOP WAS INTERACTIVE, AND THE STUDENT ENGAGED THE AUDIENCE IN VARIOUS LANGUAGE-LEARNING EXERCISES AND GAMES.

AS PART OF THE PROJECT, THE STUDENT ALSO ORGANISED A LANGUAGE LEARNING PROGRAMME FOR UNDERPRIVILEGED CHILDREN IN A NEARBY HE SHARED HIS EXPERIENCES WORKING WITH THE CHILDREN AND THE CHALLENGES THEY FACED WHILE LEARNING A NEW LANGUAGE. THE WORKSHOP WAS WELL-RECEIVED, AND THE AUDIENCE APPRECIATED THE EFFORTS PUT IN BY LOVISHDEEP. THE WORKSHOP CONCLUDED WITH A Q&A SESSION WHERE CHILDREN ASKED VARIOUS QUESTIONS RELATED TO LANGUAGE LEARNING AND ITS IMPACT ON EDUCATION.



S.T.E.M

8th April 2023

ON APRIL 8TH, 2023, ONE OF OUR INTERNS, NAMED NANDINI, TOOK A WORKSHOP ON STEM SCIENCE AND HELPED UNDERPRIVILEGED CHILDREN. THE WORKSHOP WAS HELD IN A SLUM AREA

AND WAS ATTENDED BY CHILDREN BETWEEN THE AGES OF 8 AND 12. SHE STARTED THE WORKSHOP BY INTRODUCING HERSELF AND EXPLAINING THE PURPOSE OF THE WORKSHOP, THEN WENT ON TO TALK ABOUT THE IMPORTANCE OF STEM SCIENCE AND HOW IT CAN HELP US. SHE EXPLAINED HOW THE PROJECT IS WORKING TO PROVIDE ACCESS TO TECHNOLOGY AND STEM EDUCATION TO CHILDREN FROM LOW-INCOME FAMILIES. SHE ENCOURAGED THE CHILDREN TO GET INVOLVED IN THE PROJECT AND HELP SPREAD AWARENESS ABOUT IT.



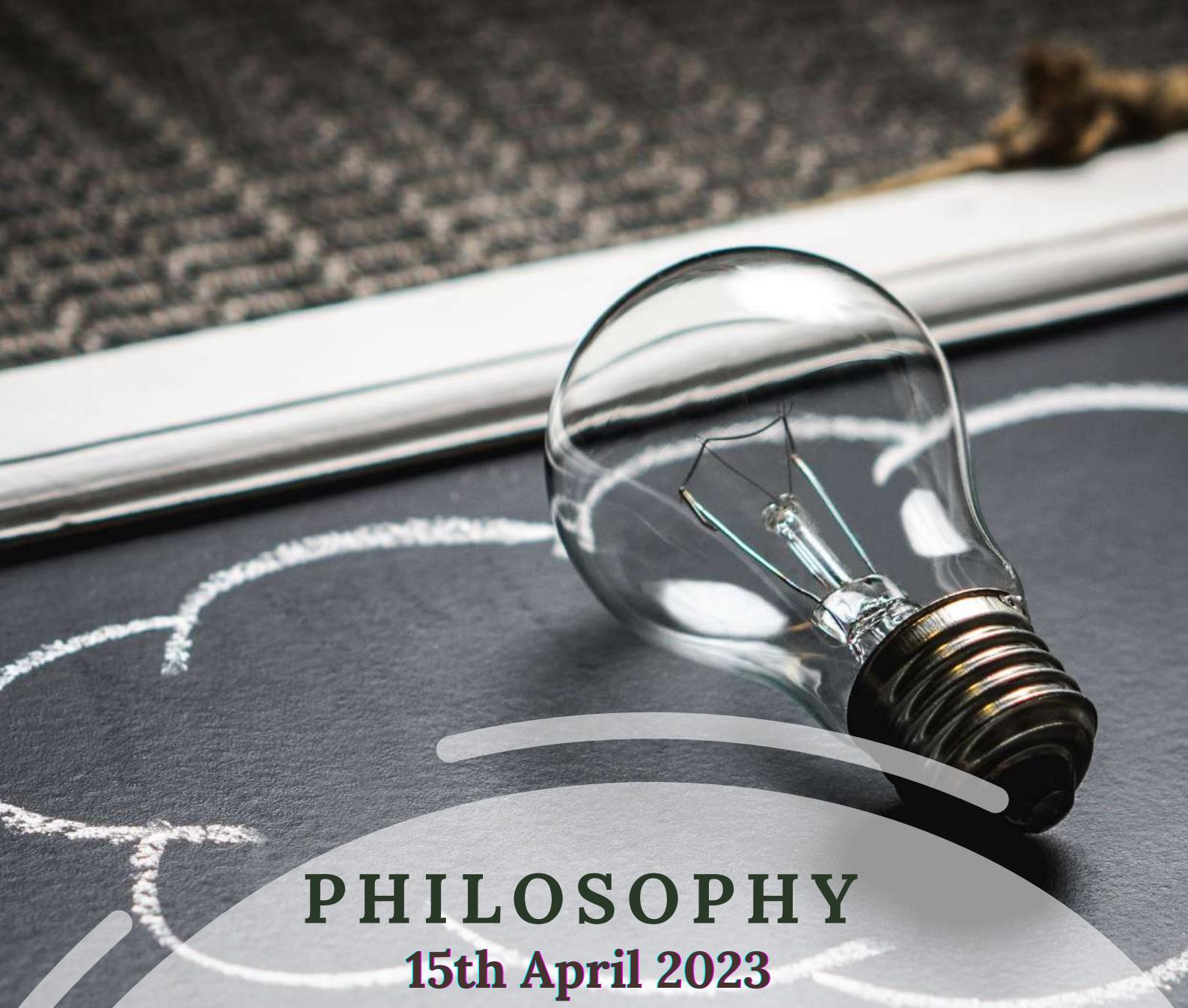
DRISHTI WEEKLY CLASS

10th April 2023

ON APRIL 10, 2023, OUR TEAM ORGANIZED A WEEKLY CLASS FOR UNDERPRIVILEGED CHILDREN. THIS CLASS'S TOPIC WAS INDIA'S MAP. THE CHILDREN WERE INCREDIBLY EXCITED TO LEARN ABOUT THE GEOGRAPHY OF THEIR COUNTRY, AND WE WERE THRILLED TO BE ABLE TO PROVIDE THEM WITH THIS EDUCATIONAL OPPORTUNITY.

THE CLASS WAS HELD AT BHANWAR SINGH CAMP, AND WE HAD 18-19 CHILDREN IN ATTENDANCE. WE BEGAN BY INTRODUCING OURSELVES AND ASKING THE CHILDREN IF THEY HAD ANY PRIOR KNOWLEDGE OF INDIA'S MAP. SOME OF THEM HAD A BASIC UNDERSTANDING, BUT MANY WERE EAGER TO LEARN MORE. WE STARTED WITH A BRIEF HISTORY OF INDIA'S MAP AND HOW IT HAS EVOLVED OVER TIME.

WE ALSO TALKED ABOUT THE DIFFERENT STATES AND TERRITORIES OF INDIA AND THEIR RESPECTIVE CAPITALS. TO MAKE THE LEARNING EXPERIENCE MORE INTERACTIVE, WE PROVIDED THE CHILDREN WITH PRINTED MAPS AND ASKED THEM TO LOCATE DIFFERENT STATES AND CITIES ON THE MAP. THE CHILDREN WERE HIGHLY ENGAGED THROUGHOUT THE CLASS, AND IT WAS HEARTENING TO SEE THEIR ENTHUSIASM FOR LEARNING. THEY ASKED NUMEROUS QUESTIONS AND SHARED THEIR OWN EXPERIENCES OF TRAVELING WITHIN INDIA. WE ALSO SHARED SOME INTERESTING FACTS ABOUT THE COUNTRY'S LANDMARKS AND NATURAL WONDERS, WHICH SPARKED THEIR CURIOSITY EVEN MORE.



PHILOSOPHY

15th April 2023

ON APRIL 15, ONE OF OUR INTERNS ORGANISED A WORKSHOP FOR UNDERPRIVILEGED CHILDREN ON THE TOPIC OF PHILOSOPHY. THE EVENT TOOK PLACE AT BHANWAR SINGH CAMP. THE WORKSHOP WAS AIMED AT INTRODUCING CHILDREN TO THE CONCEPT OF PHILOSOPHY AND ITS IMPORTANCE IN OUR DAILY LIVES. THE INTERN STARTED THE SESSION BY EXPLAINING WHAT PHILOSOPHY IS AND HOW IT CAN BE USED TO THINK CRITICALLY ABOUT THE WORLD AROUND US. THEY THEN PROCEEDED TO DISCUSS VARIOUS PHILOSOPHICAL CONCEPTS SUCH AS ETHICS, MORALITY, AND METAPHYSICS.

THE INTERN ENGAGED THE CHILDREN IN INTERACTIVE ACTIVITIES SUCH AS GROUP DISCUSSIONS AND ROLE-PLAYS TO HELP THEM UNDERSTAND THESE COMPLEX CONCEPTS IN A MORE FUN AND INTERACTIVE MANNER. THE CHILDREN WERE ENCOURAGED TO ASK QUESTIONS AND SHARE THEIR OWN THOUGHTS AND OPINIONS, WHICH LED TO LIVELY AND STIMULATING CONVERSATIONS. THE EVENT WAS WELL RECEIVED BY THE CHILDREN, WHO FOUND THE WORKSHOP ENGAGING AND THOUGHT-PROVOKING. MANY OF THEM EXPRESSED THEIR INTEREST IN LEARNING MORE ABOUT PHILOSOPHY AND ITS APPLICATIONS IN THEIR DAILY LIVES.



LGBT

15th April 2023

ON APRIL 15, 2023, OUR NGO HAMARI PAHCHAN CONDUCTED AN EDUCATION CLASS FOR CHILDREN, AND THE TOPIC WAS L.G.B.T. WE TOLD THEM WHAT THE MEANING OF LGBT WAS AND THAT IF THEY KNEW SOMEONE WHO FELL INTO THAT CATEGORY, THEY SHOULD NOT RUN AWAY FROM THEM. AFTER THAT, WE TOOK THE VIEWS OF THE CHILDREN AND MADE THEM UNDERSTAND WHAT THEY SHOULD DO FOR LGBT PEOPLE.



WASTE SEGREGATION

15th April 2023

ON APRIL 15, 2023, OUR TEAM ORGANISED A WORKSHOP ON WASTE SEGREGATION FOR UNDERPRIVILEGED CHILDREN IN BHANWAR SINGH CAMP. THE AIM OF THE WORKSHOP WAS TO EDUCATE THE CHILDREN ABOUT THE IMPORTANCE OF WASTE SEGREGATION AND ITS POSITIVE IMPACT ON THE ENVIRONMENT.

THE WORKSHOP STARTED WITH A PRESENTATION ON WASTE SEGREGATION, WHICH WAS DELIVERED BY OUR INTERN. THE PRESENTATION COVERED THE BASICS OF WASTE SEGREGATION, INCLUDING THE DIFFERENT TYPES OF WASTE AND HOW TO DISPOSE OF THEM PROPERLY. WE ALSO DISCUSSED THE BENEFITS OF WASTE SEGREGATION, SUCH AS REDUCING LANDFILL WASTE, CONSERVING RESOURCES, AND PREVENTING POLLUTION.

AFTER THE PRESENTATION, THE CHILDREN WERE DIVIDED INTO GROUPS AND GIVEN DIFFERENT TYPES OF WASTE TO SEGREGATE. THEY WERE ENTHUSIASTIC AND SHOWED A KEEN INTEREST IN LEARNING ABOUT WASTE SEGREGATION. OUR TEAM MEMBERS PROVIDED GUIDANCE AND ANSWERED THEIR QUESTIONS. THE CHILDREN WERE THEN ASKED TO PRESENT THEIR SEGREGATION TECHNIQUES AND EXPLAIN WHY THEY CHOSE TO SEGREGATE THE WASTE IN A PARTICULAR WAY. THE WORKSHOP ENDED WITH A GROUP DISCUSSION ON HOW WASTE SEGREGATION COULD BE IMPLEMENTED IN THEIR DAILY LIVES. THE CHILDREN SHARED THEIR IDEAS AND PROMISED TO IMPLEMENT THEM IN THEIR HOMES AND COMMUNITY.

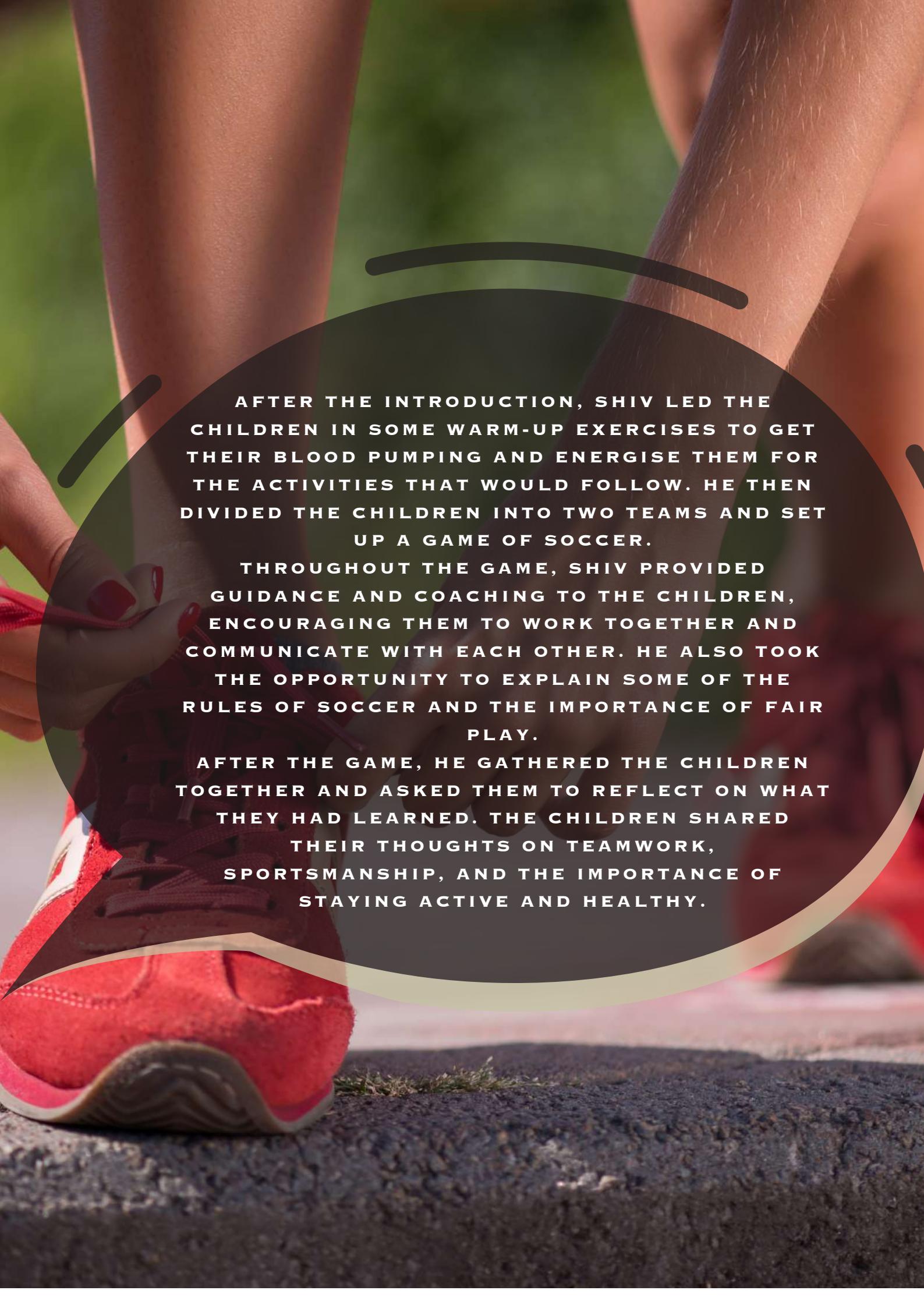


SPORTS ACTIVITY AND IMPORTANCE OF SPORTS

15th April 2023

ON APRIL 22TH, 2023, ONE OF YOUR INTERNS TOOK A CLASS OF UNDERPRIVILEGED CHILDREN AND EDUCATED THEM ABOUT SPORTS ACTIVITIES AND THE IMPORTANCE OF SPORTS AND TEAMWORK. THE EVENT WAS HELD AT BHANWAR SINGH CAMP AND APPROXIMATELY 20 CHILDREN AGED BETWEEN 8 AND 12 YEARS OLD ATTENDED.

THE INTERN, WHOSE NAME IS SHIV , STARTED THE SESSION BY INTRODUCING HIMSELF AND ASKING THE CHILDREN TO INTRODUCE THEMSELVES AS WELL. HE THEN WENT ON TO EXPLAIN THE IMPORTANCE OF SPORTS IN MAINTAINING A HEALTHY LIFESTYLE AND HOW TEAM SPORTS CAN TEACH VALUABLE LIFE SKILLS SUCH AS TEAMWORK, COMMUNICATION, AND LEADERSHIP



AFTER THE INTRODUCTION, SHIV LED THE CHILDREN IN SOME WARM-UP EXERCISES TO GET THEIR BLOOD PUMPING AND ENERGISE THEM FOR THE ACTIVITIES THAT WOULD FOLLOW. HE THEN DIVIDED THE CHILDREN INTO TWO TEAMS AND SET UP A GAME OF SOCCER.

THROUGHOUT THE GAME, SHIV PROVIDED GUIDANCE AND COACHING TO THE CHILDREN, ENCOURAGING THEM TO WORK TOGETHER AND COMMUNICATE WITH EACH OTHER. HE ALSO TOOK THE OPPORTUNITY TO EXPLAIN SOME OF THE RULES OF SOCCER AND THE IMPORTANCE OF FAIR PLAY.

AFTER THE GAME, HE GATHERED THE CHILDREN TOGETHER AND ASKED THEM TO REFLECT ON WHAT THEY HAD LEARNED. THE CHILDREN SHARED THEIR THOUGHTS ON TEAMWORK, SPORTSMANSHIP, AND THE IMPORTANCE OF STAYING ACTIVE AND HEALTHY.



EARTH DAY

22nd April 2023

ON APRIL 22 EARTH DAY, ONE OF OUR INTERNS TOOK A CLASS OF UNDERPRIVILEGED CHILDREN AND CONDUCTED A FUN AND INFORMATIVE SESSION ON HOW TO SAVE THE EARTH THROUGH CREATIVE ACTIVITIES SUCH AS COLOURING AND DRAWING. THE EVENT WAS A HUGE SUCCESS, AND THE CHILDREN THOROUGHLY ENJOYED THEMSELVES WHILE ALSO LEARNING VALUABLE LESSONS ON PROTECTING THE ENVIRONMENT.

THE SESSION BEGAN WITH AN INTRODUCTION TO EARTH DAY AND ITS SIGNIFICANCE, FOLLOWED BY A BRIEF EXPLANATION OF HOW HUMANS IMPACT THE ENVIRONMENT. THE INTERN USED FUN AND INTERACTIVE TEACHING METHODS TO EXPLAIN TO THE CHILDREN HOW THEY COULD HELP PROTECT THE EARTH.

AFTER THE INTRODUCTION, THE CHILDREN WERE GIVEN COLOURING SHEETS WITH VARIOUS ENVIRONMENTAL THEMES, SUCH AS PLANTING TREES, RECYCLING, AND CONSERVING WATER. THEY WERE ENCOURAGED TO USE THEIR IMAGINATION AND CREATE THEIR OWN UNIQUE DESIGNS.

WHILE THE CHILDREN WERE BUSY COLOURING, THE INTERN SPOKE TO THEM ABOUT THE IMPORTANCE OF REDUCING, REUSING, AND RECYCLING, AND HOW THEY COULD INCORPORATE THESE PRACTICES INTO THEIR DAILY LIVES. THE INTERN ALSO DEMONSTRATED HOW TO MAKE A BIRD FEEDER USING RECYCLED MATERIALS, WHICH THE CHILDREN FOUND FASCINATING. IN ADDITION TO COLOURING AND CRAFTING, THE CHILDREN WERE ALSO TAUGHT A FUN SONG ABOUT THE ENVIRONMENT, WHICH THEY ENJOYED SINGING ALONG TO. THE INTERN ALSO GAVE OUT SMALL PRIZES TO THE CHILDREN WHO DEMONSTRATED THE MOST ENTHUSIASM AND CREATIVITY DURING THE ACTIVITIES.





TOPIC-WOMEN EMPOWERMENT

22nd April 2023

ON APRIL 22 2023, A WOMEN EMPOWERMENT WORKSHOP WAS HELD AT THE BHANWAR SINGH CAMP IN A LOW-INCOME NEIGHBOURHOOD IN. THE WORKSHOP WAS ORGANISED BY ONE OF OUR INTERNS, WOMEN FOR CHANGE, WHOSE MISSION IS TO EMPOWER UNDERPRIVILEGED WOMEN THROUGH EDUCATION AND SKILL-BUILDING. THE WORKSHOP WAS SPECIFICALLY DESIGNED FOR WOMEN WHO FACE FINANCIAL CHALLENGES, LACK OF EDUCATION, AND LIMITED ACCESS TO RESOURCES. THE WORKSHOP WAS FREE OF COST AND PROVIDED AN OPPORTUNITY FOR WOMEN TO LEARN NEW SKILLS, NETWORK WITH OTHER WOMEN, AND GAIN KNOWLEDGE AND CONFIDENCE. THE ATTENDEES WERE THEN DIVIDED INTO SMALL GROUPS AND ATTENDED VARIOUS SESSIONS LED BY EXPERTS IN DIFFERENT FIELDS. THE SESSIONS COVERED TOPICS SUCH AS FINANCIAL LITERACY, ENTREPRENEURSHIP, AND SELF-CARE.



THE EXPERTS SHARED PRACTICAL TIPS AND STRATEGIES THAT THE ATTENDEES COULD APPLY IN THEIR DAILY LIVES. IN ADDITION TO THE EDUCATIONAL SESSIONS, THE WORKSHOP ALSO INCLUDED INTERACTIVE ACTIVITIES THAT HELPED THE ATTENDEES BUILD CONFIDENCE AND COMMUNICATION SKILLS. ONE SUCH ACTIVITY WAS A ROLE-PLAYING EXERCISE WHERE THE ATTENDEES HAD TO NEGOTIATE A SALARY WITH A POTENTIAL EMPLOYER. THE WORKSHOP ENDED WITH A PANEL DISCUSSION FEATURING SUCCESSFUL WOMEN FROM THE COMMUNITY WHO SHARED THEIR EXPERIENCES AND ANSWERED QUESTIONS FROM THE ATTENDEES. THE PANELLISTS EMPHASISED THE IMPORTANCE OF PERSEVERANCE, NETWORKING, AND SELF-BELIEF IN ACHIEVING SUCCESS.



TOPIC-WOMEN EMPOWERMENT

28th April 2023

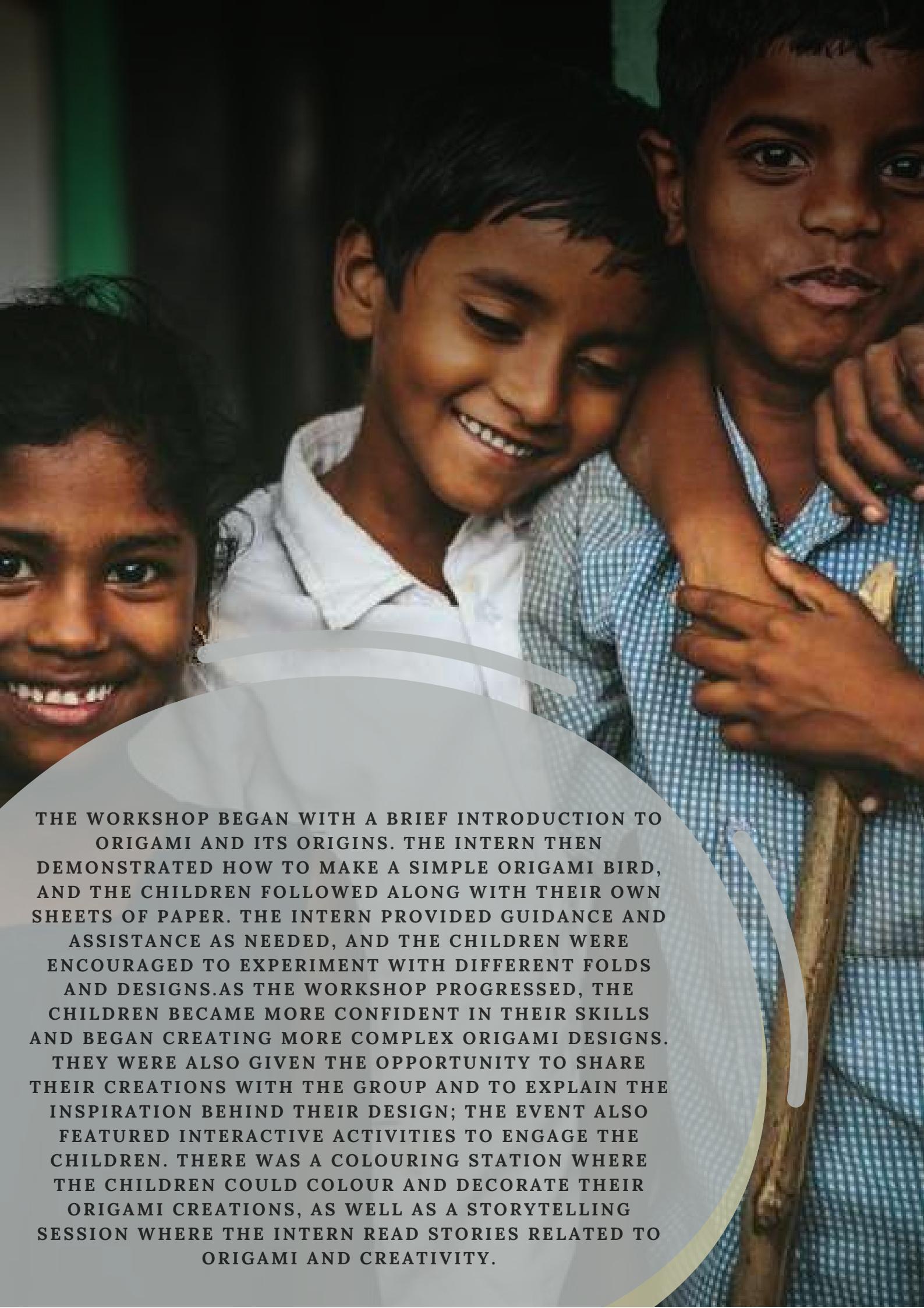
ON APRIL 28, 2023, A WOMEN EMPOWERMENT WORKSHOP WAS HELD AT THE BHANWAR SINGH CAMP IN A LOW-INCOME NEIGHBOURHOOD. THE WORKSHOP WAS ORGANISED BY ONE OF OUR INTERNS, WOMEN FOR CHANGE, A NONPROFIT ORGANISATION DEDICATED TO EMPOWERING UNDERPRIVILEGED WOMEN THROUGH EDUCATION AND SKILL-BUILDING. THE GOAL OF THE WORKSHOP WAS TO PROVIDE AN OPPORTUNITY FOR WOMEN FACING FINANCIAL CHALLENGES, LACK OF EDUCATION, AND LIMITED RESOURCES TO LEARN NEW SKILLS, NETWORK WITH OTHERS, AND GAIN KNOWLEDGE AND CONFIDENCE.



ORIGAMI CLASS

29th April 2023

ONE OF OUR INTERNS ORGANISED AN ORIGAMI WORKSHOP SESSION WITH UNDERPRIVILEGED CHILDREN FROM A LOCAL COMMUNITY. THE AIM OF THE EVENT WAS TO PROVIDE AN OPPORTUNITY FOR THE CHILDREN TO LEARN A NEW SKILL AND TO PROMOTE CREATIVITY AND IMAGINATION. THE EVENT WAS ATTENDED BY APPROXIMATELY [INSERT NUMBER OF ATTENDEES] CHILDREN AND WAS HELD IN A COMMUNITY CENTRE.



THE WORKSHOP BEGAN WITH A BRIEF INTRODUCTION TO ORIGAMI AND ITS ORIGINS. THE INTERN THEN DEMONSTRATED HOW TO MAKE A SIMPLE ORIGAMI BIRD, AND THE CHILDREN FOLLOWED ALONG WITH THEIR OWN SHEETS OF PAPER. THE INTERN PROVIDED GUIDANCE AND ASSISTANCE AS NEEDED, AND THE CHILDREN WERE ENCOURAGED TO EXPERIMENT WITH DIFFERENT FOLDS AND DESIGNS. AS THE WORKSHOP PROGRESSED, THE CHILDREN BECAME MORE CONFIDENT IN THEIR SKILLS AND BEGAN CREATING MORE COMPLEX ORIGAMI DESIGNS. THEY WERE ALSO GIVEN THE OPPORTUNITY TO SHARE THEIR CREATIONS WITH THE GROUP AND TO EXPLAIN THE INSPIRATION BEHIND THEIR DESIGN; THE EVENT ALSO FEATURED INTERACTIVE ACTIVITIES TO ENGAGE THE CHILDREN. THERE WAS A COLOURING STATION WHERE THE CHILDREN COULD COLOUR AND DECORATE THEIR ORIGAMI CREATIONS, AS WELL AS A STORYTELLING SESSION WHERE THE INTERN READ STORIES RELATED TO ORIGAMI AND CREATIVITY.

YOU CAN HELP!

1. VOLUNTEER: THE VOLUNTEER WITH HAMARI PAHCHAN IS DEDICATED TO A SERVICE OF A MINIMUM OF 6 WEEKS. WE BELIEVE THAT EVERYONE SHOULD CONTRIBUTE TOWARDS THE SOCIETAL WELL BEING. THOS EXPERIENCE WILL NOT ONLY ENHANCE YOUR SKILLS, BUT ALSO HELP DEVELOP YOUR OWN PERSPECTIVE AND OPINION ON THE SOCIETAL HAPPENINGS AND HOW THESE ISSUES ARE TO BE FACED.

WE OFFER A DIVERSE RANGE OF VOLUNTEERING OPPORTUNITIES THAT WOULD NOT ONLY HELP YOU CONTRIBUTE TO THE CAUSE BUT ALSO ENABLE A TRANSFORMATIONAL JOURNEY FOR YOU!

COMMUNITY VOLUNTEERS: IF YOU ENJOY WORKING WITH CHILDREN AND THE COMMUNITIES THAT THEY LIVE IN, YOU CAN BECOME A COMMUNITY VOLUNTEER AND TAKE CHARGE OF THEIR LEARNING AND GROWTH.

REMOTE VOLUNTEERS: IF YOU'RE LOOKING TO USE YOUR EXPERTISE FOR A GOOD CAUSE BUT MAY NOT BE ABLE TO DO SO IN PERSON, YOU CAN BECOME A REMOTE VOLUNTEER AND WORK ONLINE ON A DIVERSE SET OF IMPACTFUL PROJECTS.

STUDENT VOLUNTEER: IF YOU'RE STILL IN SCHOOL BUT WANT TO EXPLORE THE SPIRIT OF VOLUNTEERING, YOU CAN BECOME A STUDENT VOLUNTEER WE'LL CURATE YOUR GUIDED EXPERIENCE IN A WAY THAT HELPS YOU LEARN NEW THINGS EVERY DAY!

2. INTERN-HAMARI PAHCHAN PROVIDES INTERNSHIP OPPORTUNITIES TO STUDENTS WHO WISH TO PURSUE A CAREER IN THE FIELD OF DEVELOPMENTAL STUDIES AND SOCIAL WORK. THIS INTERNSHIP PROVIDES INDIVIDUAL A CHANCE TO DEVELOP PROFESSIONAL SKILLS & EXPLORE DIFFERENT CAREER OPTIONS IN THE DEVELOPMENT SECTOR.

3. DONATE- HAMARI PAHCHAN HAS BEEN WORKING IN INDIA SINCE 2015, HELPING INDIVIDUALS DEVELOP THEIR OWN IDENTITIES/PAHCHAN, EDUCATING CHILDREN AND UPLIFTING WOMEN. OUR ORGANIZATION IS SUPPORTED BY THE GOVERNMENT, THE DELHI POLICE, AND SEVERAL PRIVATE COMPANIES. WE BELIEVE THAT EACH AND EVERY INDIVIDUAL SHOULD HELP THOSE AROUND THEM THAT ARE IN NEED OF HELP. HELP US HELP SOCIETY. BE THE CHANGE

**BE THE CHANGE YOU WANT TO
SEE IN THE WORLD**



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JOIN HAMARI PAHCHAN

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