



Montana Velo Cyclocross Omnium

Presented by Pioneer Technical Services

Saturday, 3 October and Sunday, 4 October—2008

Cox Lake and Helena High School, Helena MT

CX race only will count towards MT Cyclocross Overall Series

USAC permit pending

Entry Fee: \$20 pre-registration is encouraged to help with prologue start times. Go to sportsbaseonline.com. Race day registration available on-site.

Prize List: To be determined, but will not exceed \$499 cash in any one category.

Omnium Point Break Down: pending.

Registration and Start Times:

3:00 pm-4:30 pm—Saturday, 3 October (Cox Lake) Race Day registration

5:00 pm—Prologue Hillclimb Time Trial Start (Cox Lake)

8:30 am-10:00 am—Sunday 4 October (Cox Lake) Race Day registration

10:30 am—Masters, Men Category 4, Women, Juniors CX Start (Cox Lake) [45 minutes]

11:30 am—Men's Category 1-3 Start (Cox Lake) [55 minutes]

2:00 pm—Women, Juniors CX Crit Start (HHS Practice Field) [20 minutes]

2:30 pm—Masters, Men Category 4 CX Crit Start (HHS Practice Field) [20 minutes]

3:00 pm—Men's Category 1-3 CX Crit Start (HHS Practice Field) [20 minutes]

3:30 pm—Awards Ceremony

Cox Lake Prologue Hillclimb: steep gravel road climb then leveling to a set of hurdles, then a short descent to a run-up and then a very steep path climb. 39 x 27 recommended. Part of the hillclimb course incorporates the next day's CX race course. Approx. 1.5 miles in length.

Cox Lake CX race: toughest circuit in Montana; 3-4 run-ups per lap with quick technical transitions and some single track. Lap times for fastest riders around 5 minutes.

HHS Dirt Crit: a quarter mile dirt track oval.

Directions:

Cox Lake Circuit: From intersection of Broadway and Park Ave, drive south, past the library and Federal building on your left; drive up Oro Fino Gulch Road (paved wide road) south approx 3 miles. If you reach Unionville, you've gone too far. Just past rock outcropping, take left on Arrastra Gulch. This intersection is the start location of the hillclimb time trial. Wind steeply up dirt road until you see Cox Lake (actually a pond). Look for parking on your right

Helena High School is at intersection of Montana Ave and Billings Ave about 6 blocks below Capitol complex. Park on north side of high school.

All USCF rules apply.

- USCF license required. Cat 4 men and women without a 2008 annual license must purchase a one-day license for \$10. All other categories must have an annual license.
- Promoter reserves right to combine classes.
- Chief Official—Scott Herzig.

Contact:

Geoff Proctor 406-449-8401 (no calls after 9 pm please)

Montana Velo Cycling Team

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