## SUMSETS AS UNIONS OF SUMSETS OF SUBSETS

## JORDAN S. ELLENBERG

The novel approach to the polynomial method introduced by Croot, Lev, and Pach in [CLP17] has led to rapid progress in a range of problems in extremal combinatorics: for instance, a new upper bound for the cap set probem [EG17], bounds for complexity of matrix-multiplication methods based on elementary abelian groups [BCC+16], bounds for the Erdős-Szemeredi sunflower conjecture [NS16], and polynomial bounds for the arithmetic triangle removal lemma [FL16]. In many of the applications, the original bound on cap sets in [EG17] does not suffice for applications: for instance, in [BCC+16] and [FL16] one needs to bound the size of a multi-colored sum-free set, a somewhat more general object.

In the present note, we show how to use the polynomial method to prove a still more general lemma on sumsets which implies the combinatorial bounds used in applications so far. Loosely speaking, we show that the sumset S+T of two large subsets S and T of  $\mathbb{F}_q^n$ can be expressed "more efficiently" as a union of sumsets of smaller subsets.

Write  $M(\mathbb{F}_q^n)$  for the upper bound proved in [EG17] for the size of a subset of  $\mathbb{F}_q^n$  with no three-term arithmetic progressions; to be precise,  $M(\mathbb{F}_q^n)$  is three times the number of monomials in  $x_1, \ldots, x_n$  with degree at most (q-1) in each variable and total degree at most (q-1)n/3. For each q, the bound  $M(\mathbb{F}_q^n)$  is bounded above by  $c^n$  for some c < q. (We note that for the sake of the present argument there is no need to consider prime powers qother than primes.)

**Theorem 1.** Let  $\mathbb{F}_q$  be a finite field and let S,T be subsets of  $\mathbb{F}_q^n$ . Then there is a subset S'of S and a subset T' of T such that

- $\bullet |S'| + |T'| \le M(\mathbb{F}_q^n);$   $\bullet (S'+T) \cup (S+T') = S+T.$

Applying Theorem 1 to the symmetric case S = T, we get the following corollary:

Corollary 2. Let S be a subset of  $\mathbb{F}_q^n$ . Then S has a subset S' of size at most  $M(\mathbb{F}_q^n)$  such that S' + S = S + S.

*Proof.* By Theorem 1 there are subsets  $S_1$  and  $S_2$  of S such that  $S+S=(S_1+S)\cup(S+S_2)$ and  $|S_1| + |S_2| \leq M(\mathbb{F}_q^n)$ . Taking S' to be  $S_1 \cup S_2$  we are done.

This immediately implies the bound proved in [EG17] on subsets of  $\mathbb{F}_q^n$  with no three terms in arithmetic progression:

Corollary 3 ([EG17]). A subset S of  $\mathbb{F}_q^n$  containing no three-term arithmetic progression has size at most  $M(\mathbb{F}_a^n)$ .

*Proof.* If S has no 3-term arithmetic progression, then S' + S is strictly smaller than S + Sfor every proper subset  $S' \subset S$  (because S' + S fails to contain 2s if s lies in the complement

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of S'.) Thus, the subset S' guaranteed by Corollary 2 must be equal to S, whence  $|S| = |S'| \le M(\mathbb{F}_q^n)$ .

Theorem 1 also implies the bounds on mutli-colored sum-free sets proved in [Kle16] and [BCC<sup>+</sup>16]. (We note that [BCC<sup>+</sup>16] proves a substantially more general result which applies, for example, to arbitrary abelian groups of bounded exponent.)

Corollary 4 (Th 1, [Kle16]). Let S, T be subsets of  $\mathbb{F}_q^n$  of the same cardinality N, assigned an ordering  $s_1, \ldots s_N$  and  $t_1, \ldots, t_N$  such that the equation  $s_i + t_i = s_j + t_k$  holds only when (j, k) = (i, i). Then  $N \leq M(\mathbb{F}_q^n)$ .

*Proof.* Let S', T' be chosen as in Theorem 1. Each sum  $s_i + t_i$  therefore lies in either S + T' or S' + T. But since  $s_i + t_i$  can't be expressed as  $s_j + t_k$  for any other j, k, this implies that either  $s_i \in S'$  or  $t_i \in T'$ . It follows that  $N \leq |S'| + |T'| \leq M(\mathbb{F}_q^n)$ .

We now prove Theorem 1. The proof is in essence no different from the arguments in the papers cited, but there is one new ingredient: a result of Meshulam [Mes85] on linear spaces of matrices of low rank.

*Proof.* Let V be the space of polynomials in  $\mathbb{F}_q[x_1,\ldots,x_n]$  with degree at most (q-1) in each variable and total degree at most d, which vanish on the complement of S+T. Then  $\dim V$  is at least  $m_d-q^n+|S+T|$ . Write  $\mathcal{M}$  for the space of of  $|S|\times |T|$  matrices, where the rows are understood to be indexed by S and the columns by T.

For each  $P \in V$  we may consider  $M(P) \in \mathcal{M}$  whose entries are  $P(s+t)_{s \in S, t \in T}$ . By the argument of the Croot-Lev-Pach lemma [CLP17] this matrix has rank at most  $2m_{d/2}$ .

Note that M is an homomorphism from V to  $\mathcal{M}$ , which is injective: if P lies in the kernel, it vanishes at S+T, but P vanishes on the complement of S+T, so P vanishes on every point of  $\mathbb{F}_q^n$  and is 0.

We thus can, and do, think of V as a vector subspace of  $\mathcal{M}$  of dimension at least  $m_d - q^n + |S + T|$ , each of whose members has rank at most  $2m_{d/2}$ .

In order to derive the desired conclusion, we use a theorem of Meshulam [Mes85], which gives lower bounds for the maximum rank attained in a linear space of matrices. Choose an ordering on S and an ordering on T. These choices endow the entries of a matrix in  $\mathcal{M}$  with a lexicographic order. If  $A \in \mathcal{M}$  is a matrix, we denote by  $p(A) \in S \times T$  the location of the lexicographically first nonzero entry of A.

We note that p(M(P)) cannot be an arbitrary element of  $S \times T$ , since M(P) has equal entries at (s,t) and (s',t') whenever s+t=s'+t'. In particular, this means that (s,t) and (s',t') cannot both be p(M(P)) for polynomials  $P \in V$ ; only the lexicographically prior of these two pairs can appear.

By Gaussian elimination, there is a basis  $A_1, \ldots, A_{\dim V}$  for V such that  $p(A_1), \ldots, p(A_{\dim V})$  are distinct. Now apply Meshulam's theorem [Mes85, Theorem 1], which shows that there is a set of  $2m_{d/2}$  lines (a line being a row or a column) whose union contains  $p(A_i)$  for all i.

This set of lines consists of a subset of S, which we call  $S_0$ , and a subset of T, which we call  $T_0$ , satisfying  $|S_0| + |T_0| = 2m_{d/2}$ .

We now have, for  $i = 1, \ldots, \dim V$ ,

$$p(A_i) = (s_i, t_i)$$

with either  $s_i \in S_0$  or  $t_i \in T_0$ . What's more,  $s_i + t_i$  and  $s_j + t_j$  are distinct whenever i and j are. So the union of  $S_0 + T$  with  $S + T_0$  contains at least dim V elements of S + T.

Since dim  $V \ge m_d - q_n + |S + T|$ , the set W of elements of S + T not contained in  $(S_0 + T) \cup (S + T_0)$  has cardinality at most  $q_n - m_d$ . Let  $S_1$  be a subset of S of size  $q_n - m_d$  such that each  $w \in W$  is represented as s + t for some  $s \in S_1$ . Then taking  $S' = S_0 \cup S_1$  and  $T' = T_0$ , we have that  $S' + T \cup S + T'$  contains all of S + T; moreover,

$$|S'| + |T'| \le 2m_{d/2} + q^n - m_d$$

and minimizing over d we get the desired result.

Remark 5. The bound on |S'| + |T'| in Theorem 1 is essentially sharp, since Corollary 4, the consequent bound on multi-colored sum-free sets, is now known to be essentially sharp ([KSS16],[Nor16],[Peb16].)

Question 6. One naturally wonders whether Theorem 1 has an analogue for cyclic groups. That is: let g(N) be the smallest integer such that, for any subsets S and T of  $\mathbb{Z}/N\mathbb{Z}$ , there are always  $S' \subset S$  and  $T' \subset T$  with  $(S+T') \cup (S'+T) = S+T$  and  $|S'|+|T'| \leq g(N)$ . What can we say about the growth of g(N)? Behrend's example [Beh46] of a large subset of  $\mathbb{Z}/N\mathbb{Z}$  with no three-term arithmetic progressions shows that g(N) would have to be at least  $N^{1-\epsilon}$ . Jacob Fox and Will Sawin explained to me that g(N) = o(N) follows from known bounds for arithmetic triangle removal.

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