



## CHUNKING WORKSHEET

*In this worksheet, we are going to demonstrate and practice the powerful skill of “chunking.”*

**Instructions:** Below you’ll find a series of pyramids with numbers in them. Your goal will be to memorize each line on the first sheet, and then write it out on a blank pyramid on the following sheet without peeking. Starting from the top line, repeat line-by-line, looking back to see how you did after each line.

As you get to the larger sequences of numbers towards the bottom of the pyramid, you’ll find that you need to use the chunking technique. By seeing when you need to start chunking, you’ll also learn if your working memory caps out at 5, 6, 7, 8, or 9 items, and understand why this is so important.

**Important:** Once you’ve completed this worksheet, apply your newfound understanding of chunking towards the STVM exercise and the 20 random images generator.



