

Surround
yourself with
people who
fight for you...



In rooms
you aren't in!

Great leaders...



**...protect their teams
from toxic cultures.**

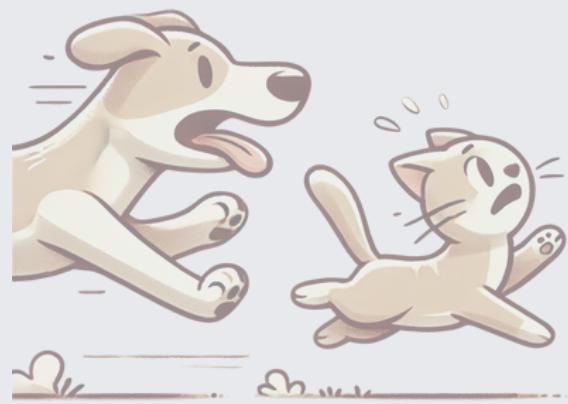
An illustration of two young men climbing a light brown wall. One man, wearing a blue shirt and jeans, is at the top, reaching over the edge. The other man, wearing an orange shirt and jeans, is lower down, pulling himself up. Their shadows are cast onto the wall next to them.

Do
good
for
others!

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**It will come back to you
in unexpected ways.**

**One of the healthiest skills to
learn...**



...take nothing personally!!

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Change is scary

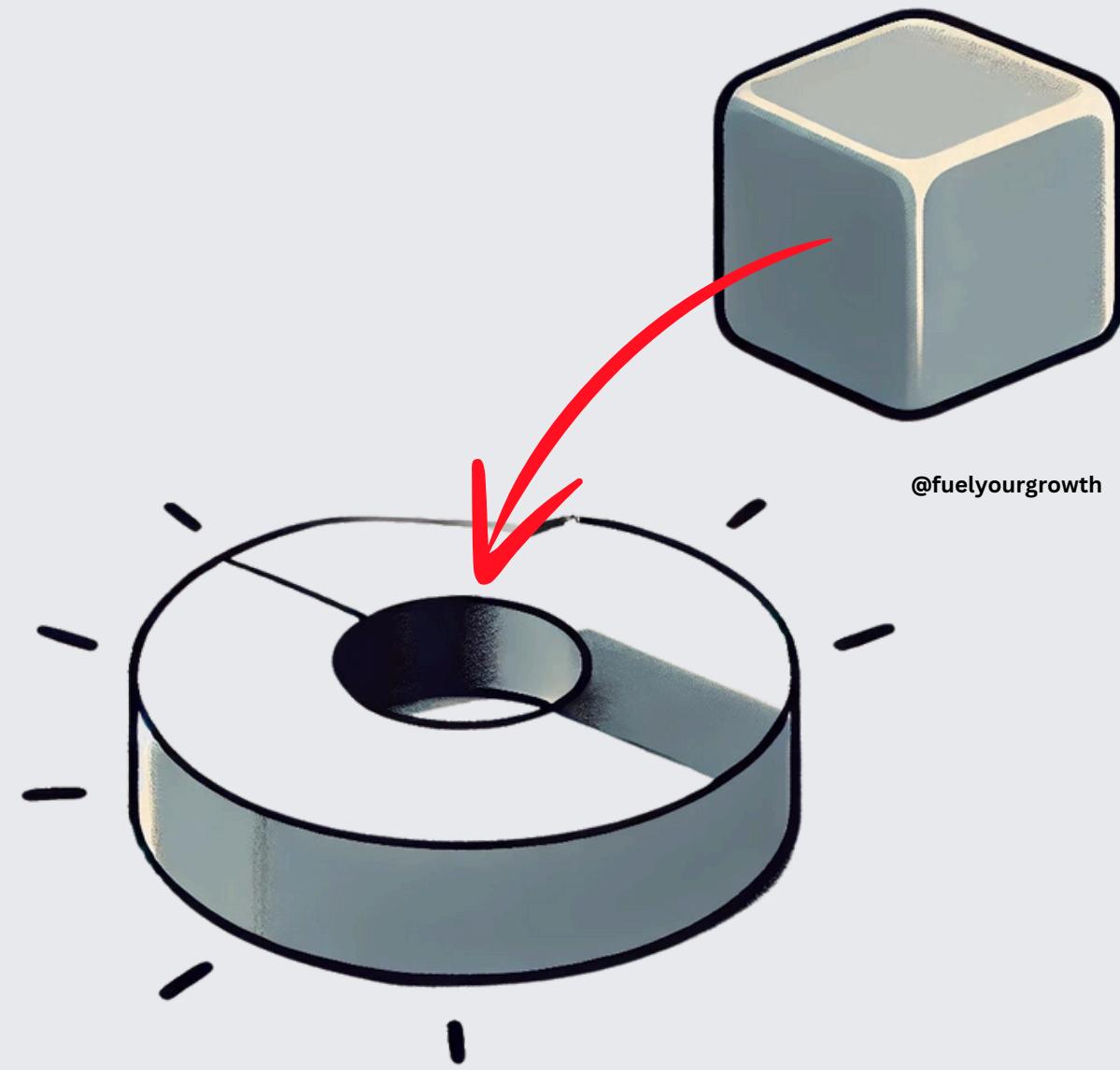


But well worth it!



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Dont force yourself to fit...



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...somewhere you don't belong!

Not this!



Focus on this

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Fixed Mindset

1³⁶⁵  **1**

Growth Mindset

365
1.01  **37.78**

1% Better Each Day

The Only Person that can change you



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Is you!