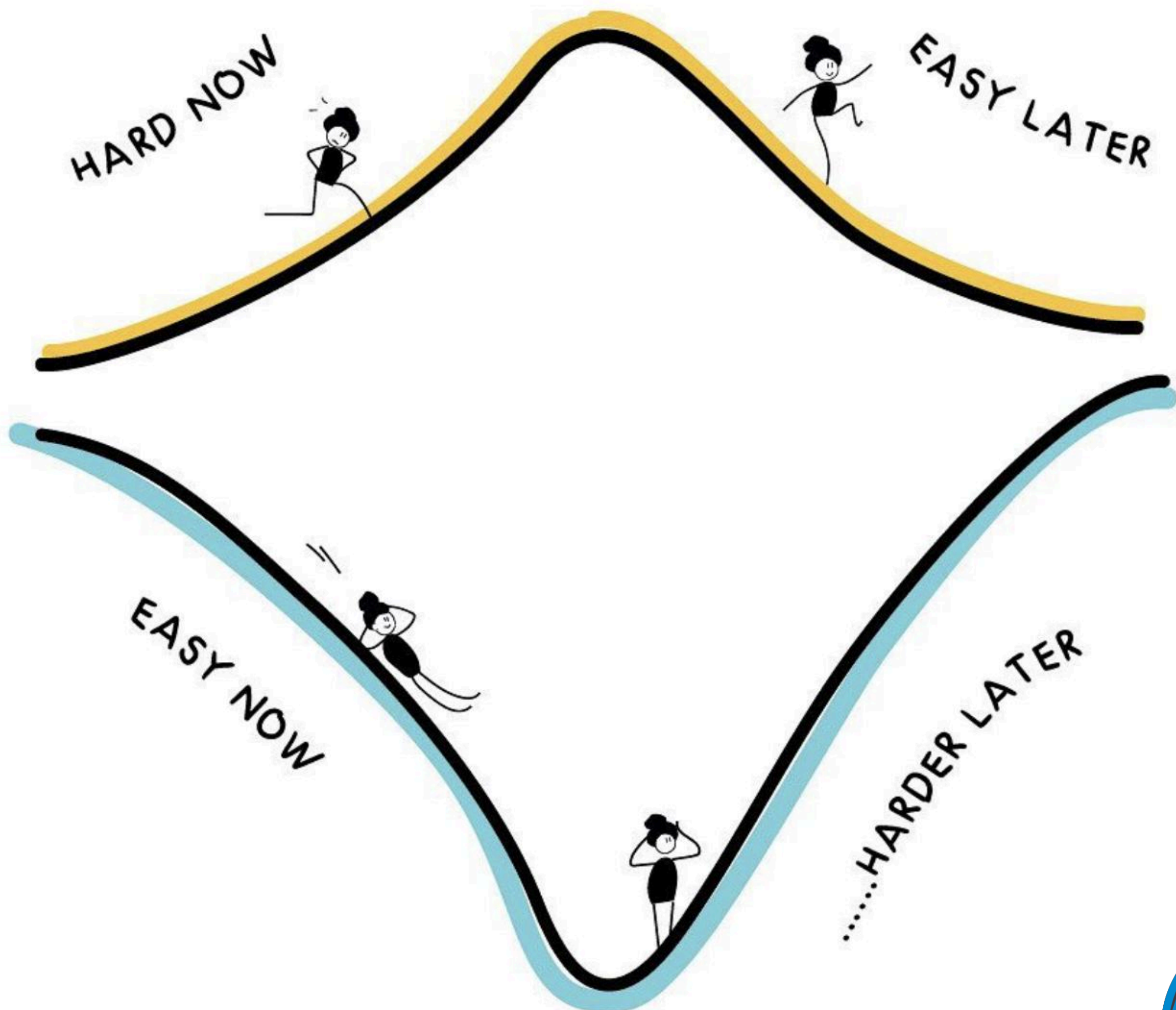


CHOOSE YOUR HARD



@LINESBYLOES



ABMASIA.ORG

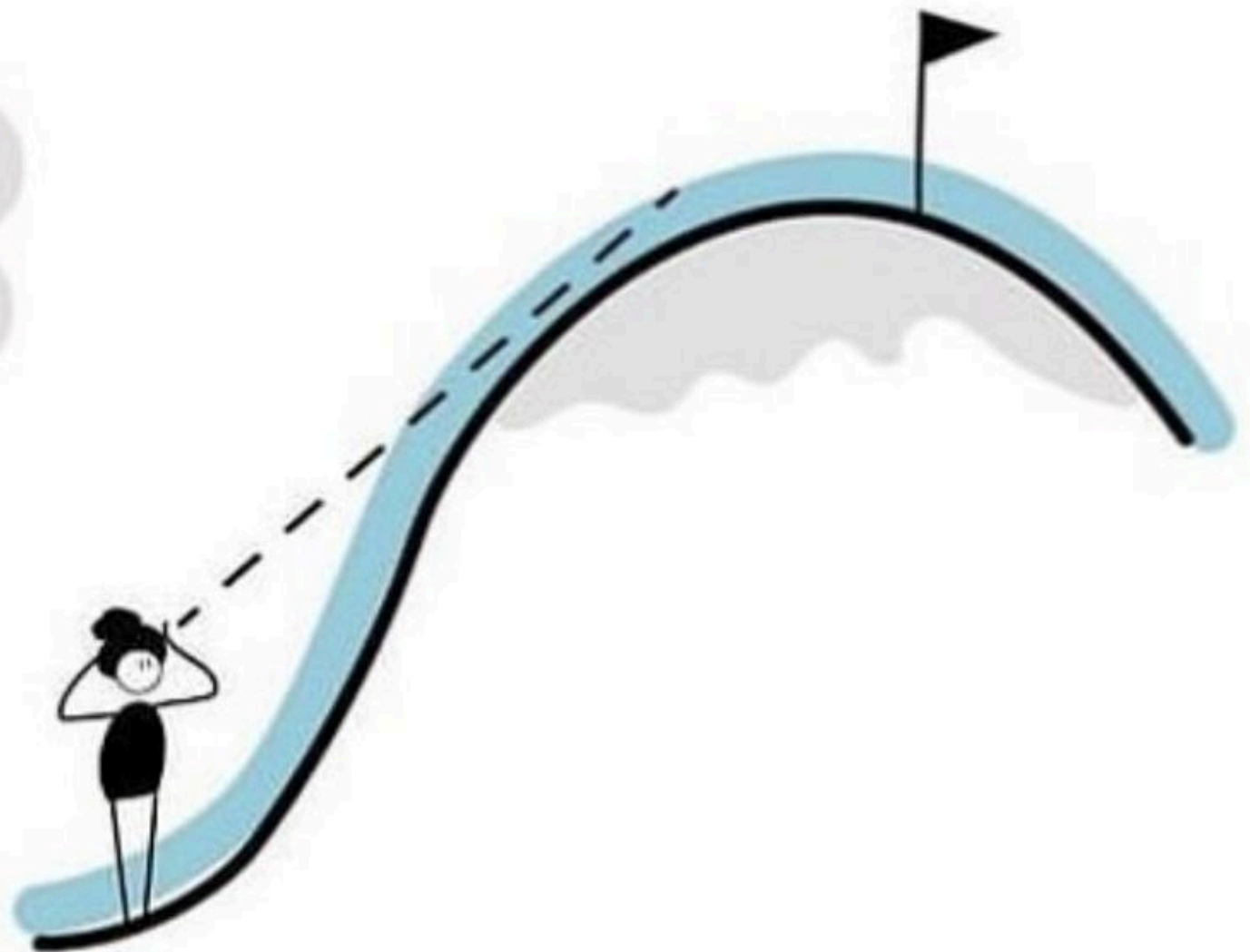
IT'S NOT A MATTER OF INTENSITY

BUT CONSISTENCY



@LINESBYLOES

WHEN THE ROAD AHEAD
SEEMS HARD AND LONG



LOOK BACK TO SEE HOW
FAR YOU HAVE COME

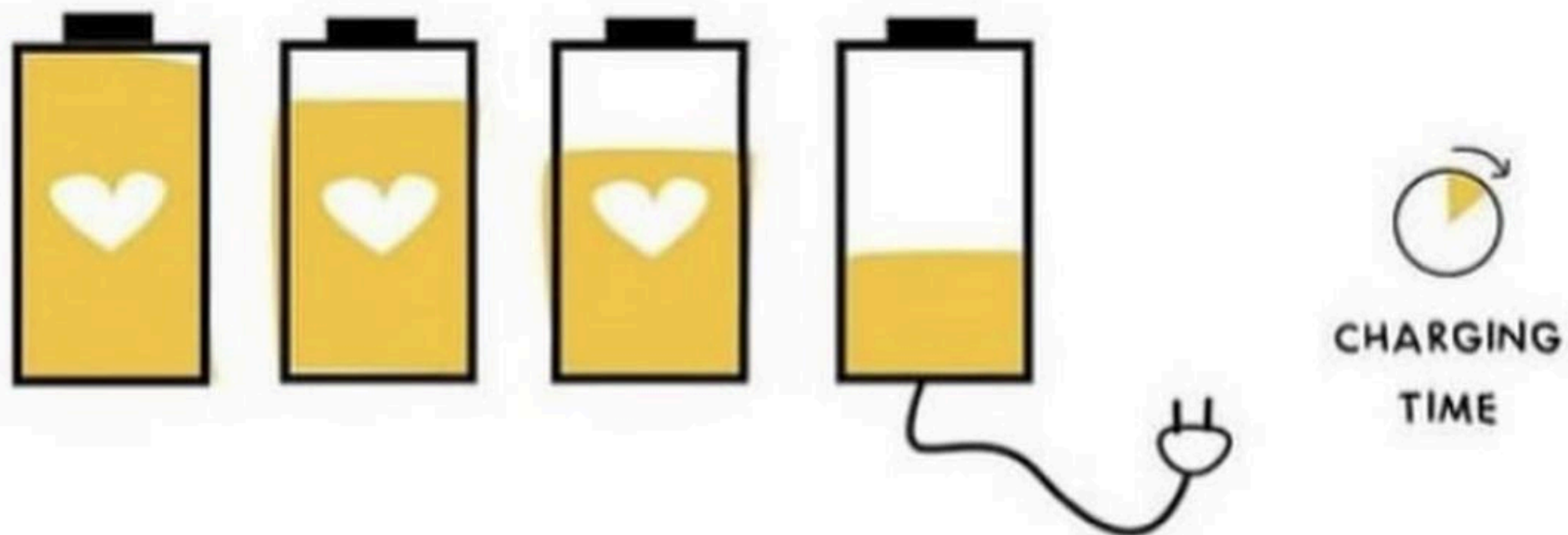


@LINESBYLOES

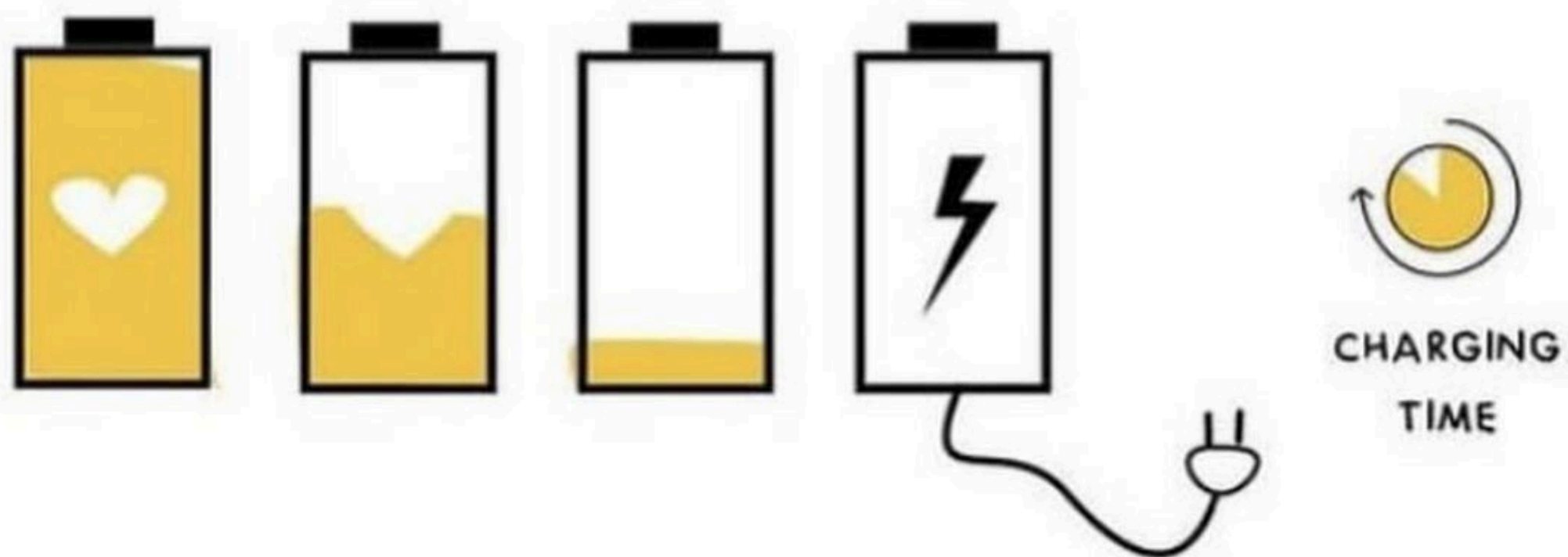


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WHEN WE SHOULD TAKE A BREAK



WHEN WE ACTUALLY TAKE ONE



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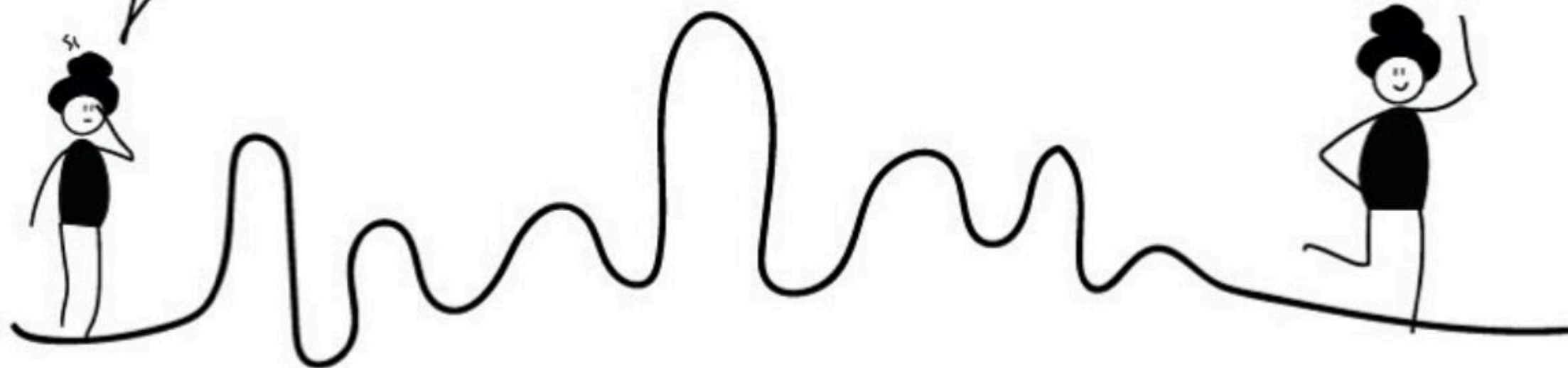
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NOW

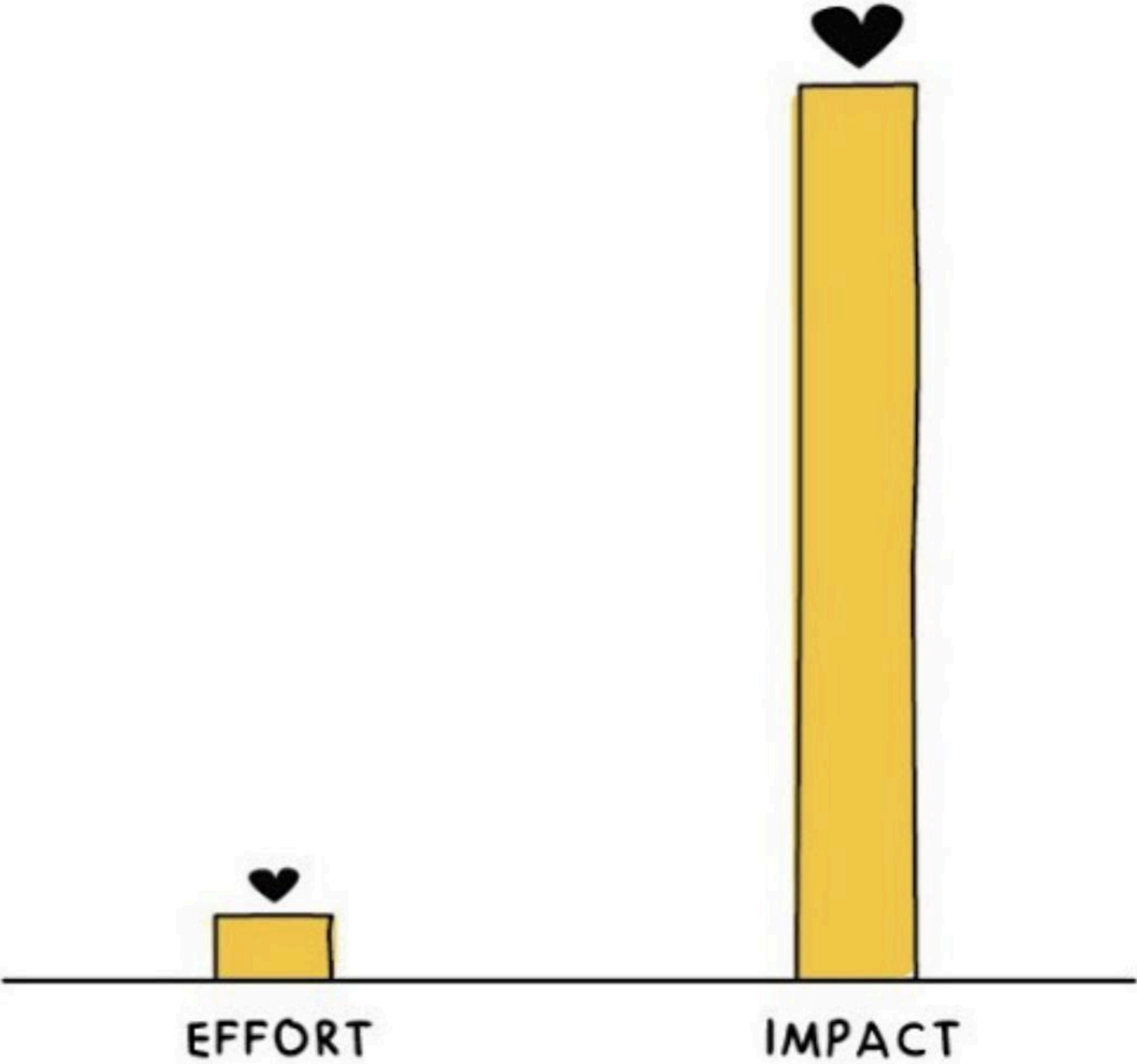
IN A YEAR

THIS IS
POINTLESS

I AM GLAD
I DID IT



ACT OF KINDNESS



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WE CAN NOT CONTROL
THE WEATHER



BUT WE CAN CONTROL
HOW TO PREPARE



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TODAY'S
TO DO'S

THE IMPORTANT
ONES



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