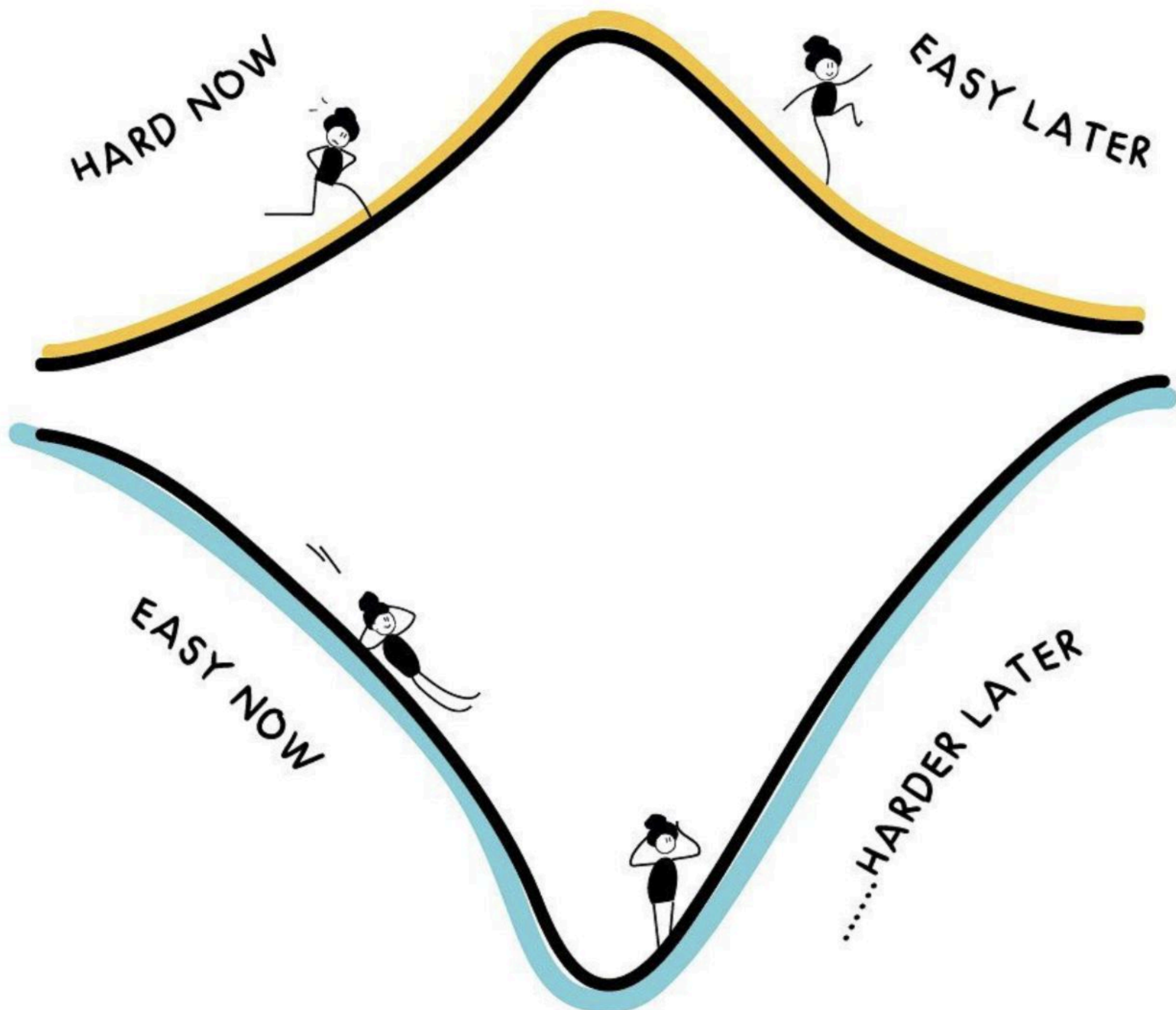


CHOOSE YOUR HARD

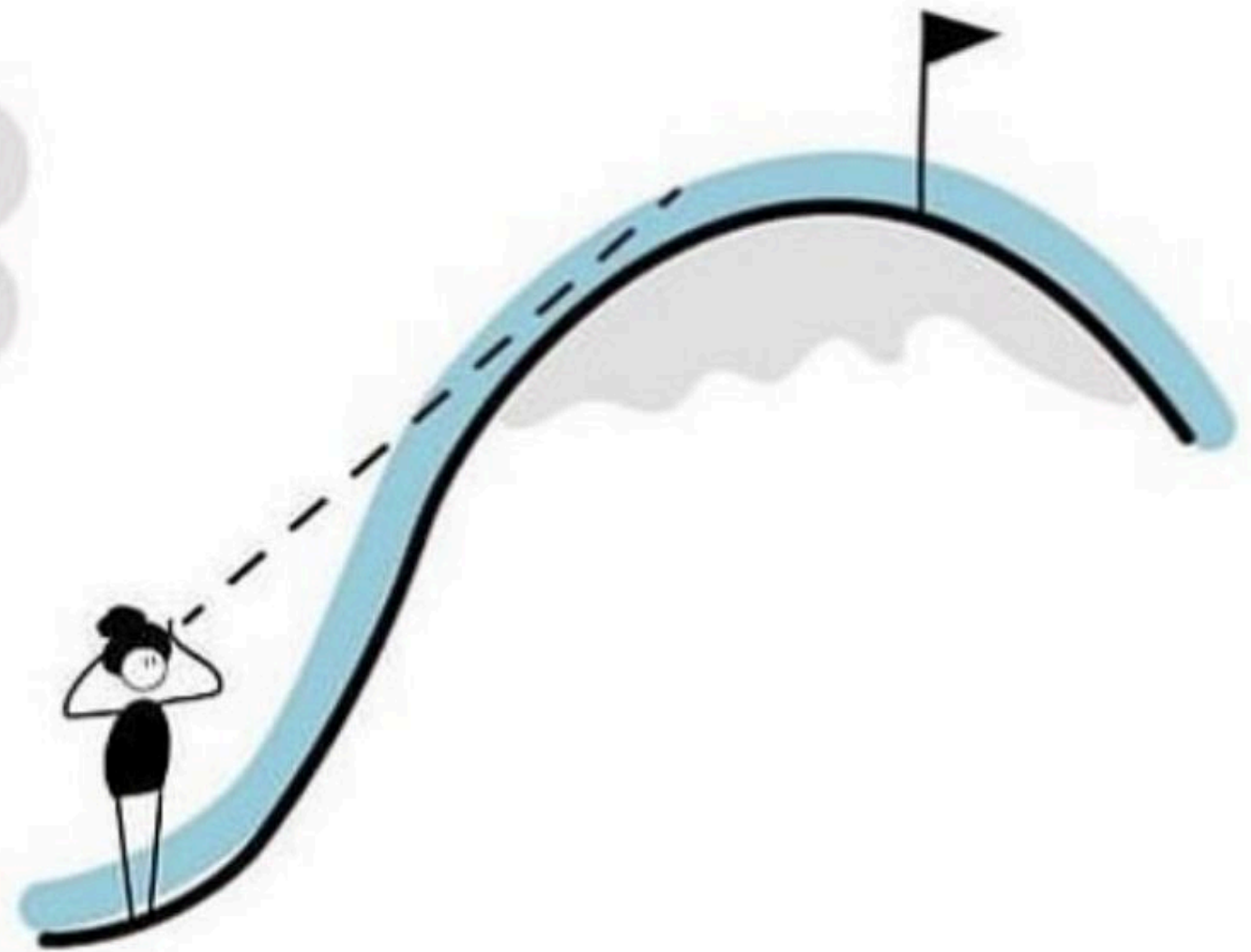


IT'S NOT A MATTER OF INTENSITY

BUT CONSISTENCY



WHEN THE ROAD AHEAD
SEEMS HARD AND LONG

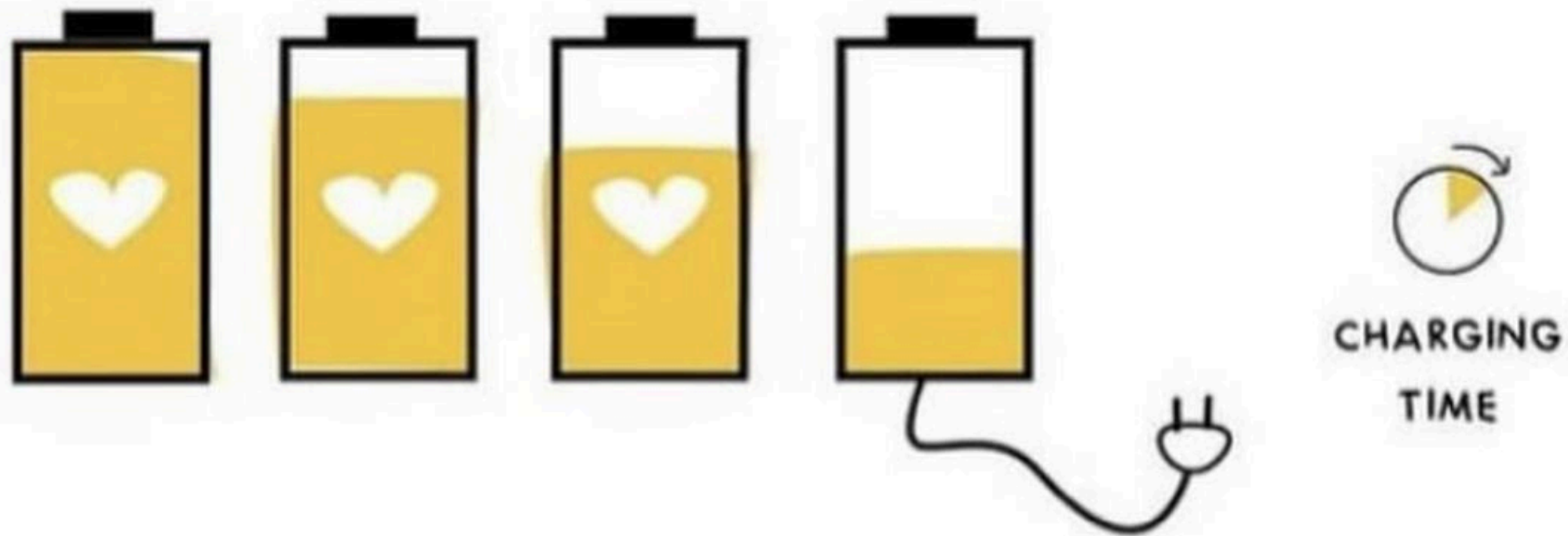


LOOK BACK TO SEE HOW
FAR YOU HAVE COME

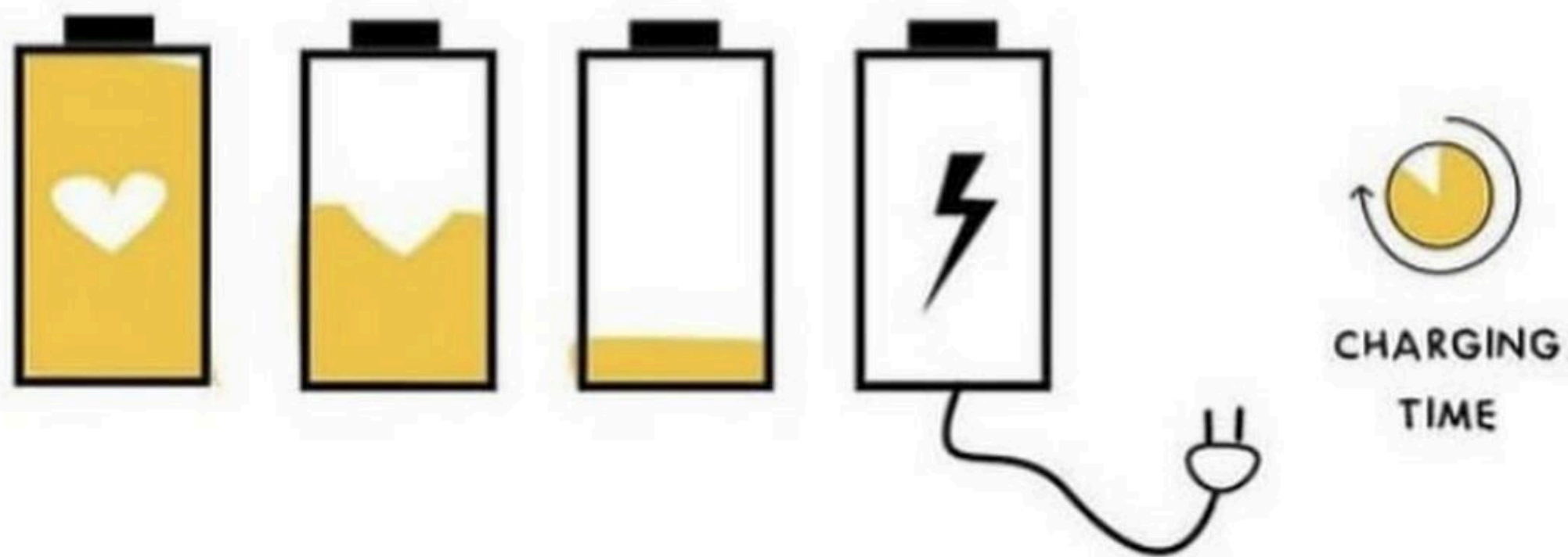


@LINESBYLOES

WHEN WE SHOULD TAKE A BREAK



WHEN WE ACTUALLY TAKE ONE

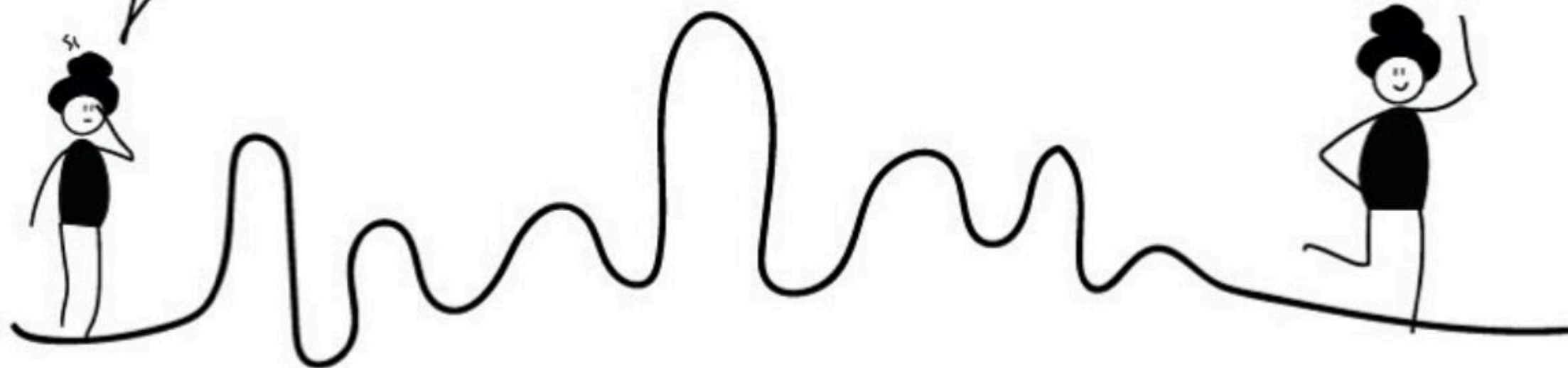


NOW

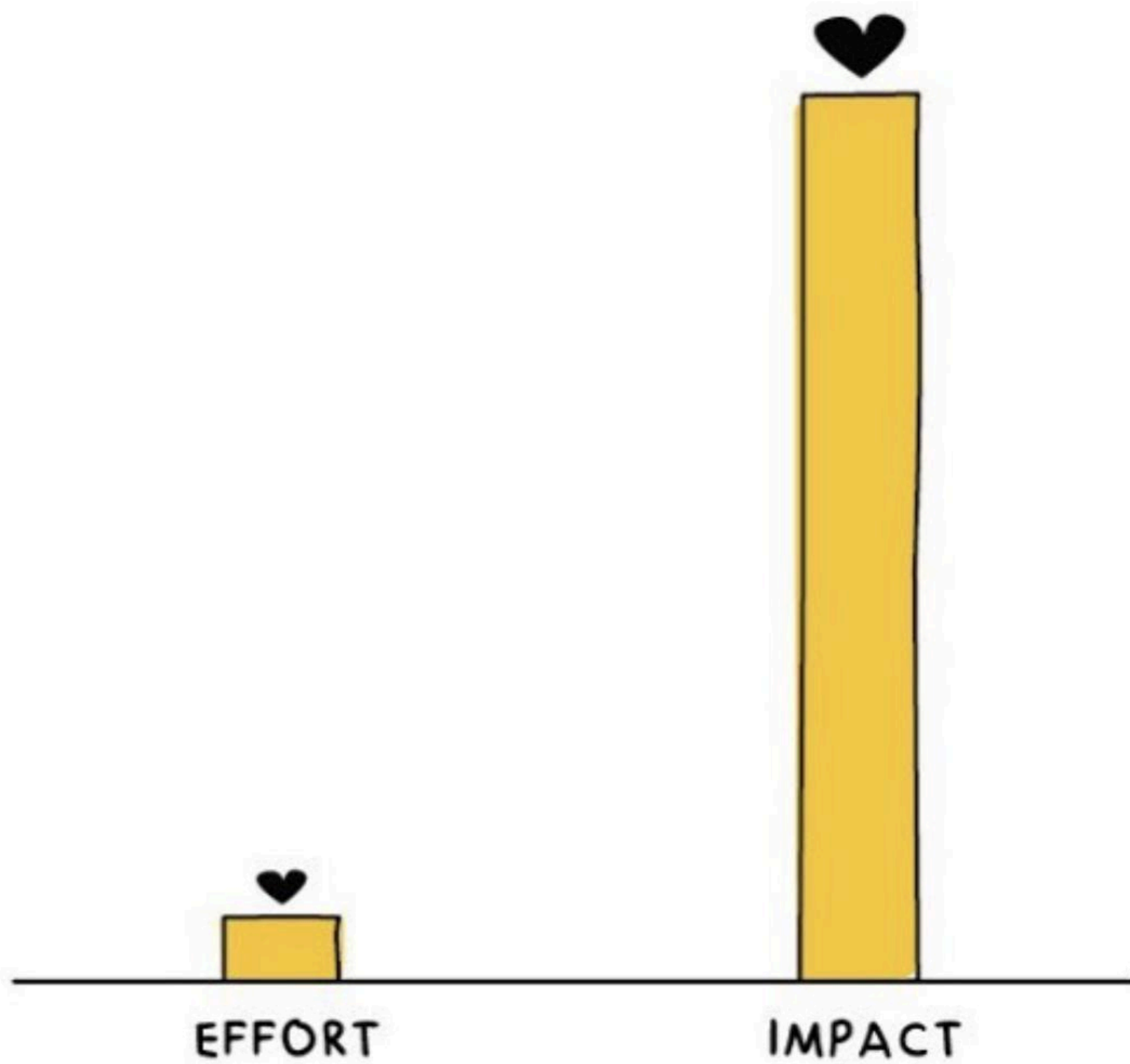
IN A YEAR

THIS IS
POINTLESS

I AM GLAD
I DID IT



ACT OF KINDNESS



WE CAN NOT CONTROL
THE WEATHER

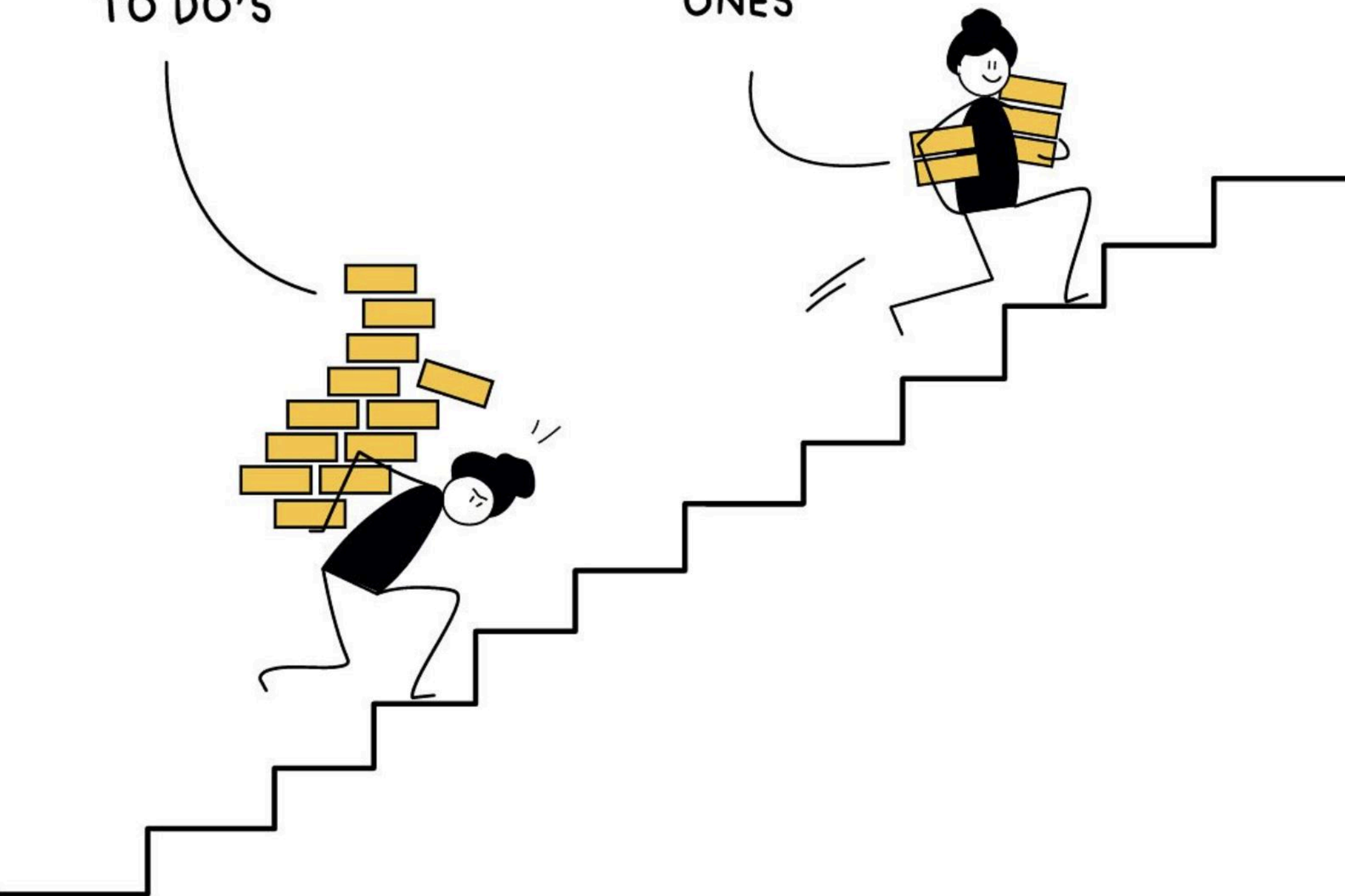


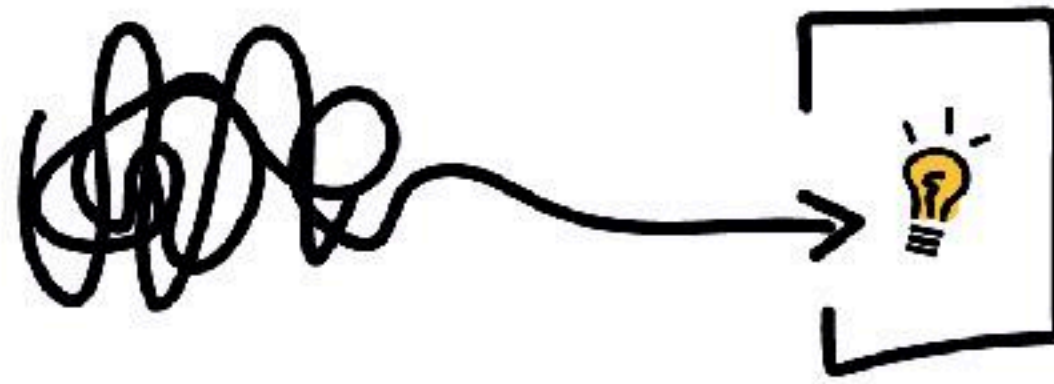
BUT WE CAN CONTROL
HOW TO PREPARE



TODAY'S
TO DO'S

THE IMPORTANT
ONES





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