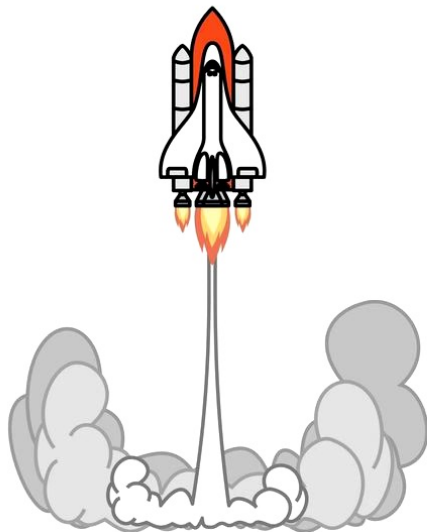




**SOMETIMES YOU  
NEED TO MAKE A MESS**



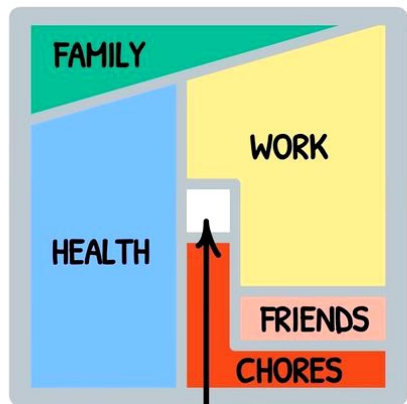
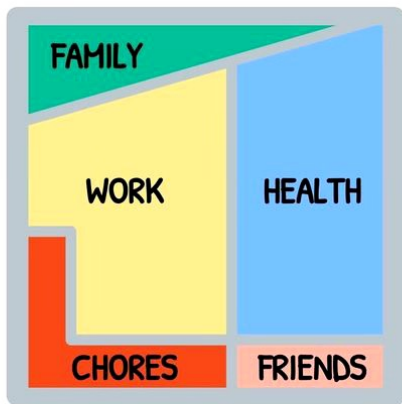
**BEFORE YOU BEGIN  
TO SEE SUCCESS**

HOW BAD YOU THINK IT IS

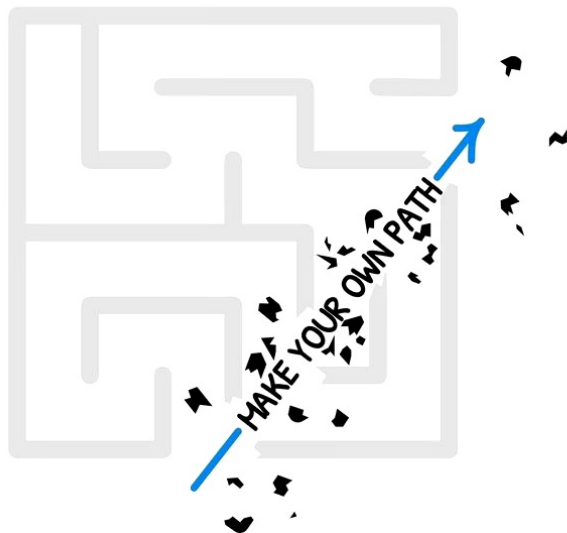


IN REALITY

YOURSELF



MAKE ARRANGEMENTS  
TO INCLUDE YOURSELF

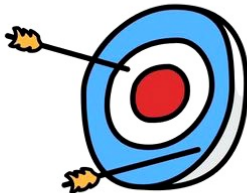


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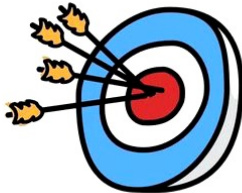
YOU MISS 100% OF THE SHOTS YOU DON'T TAKE



YOU WON'T BE GOOD AT FIRST

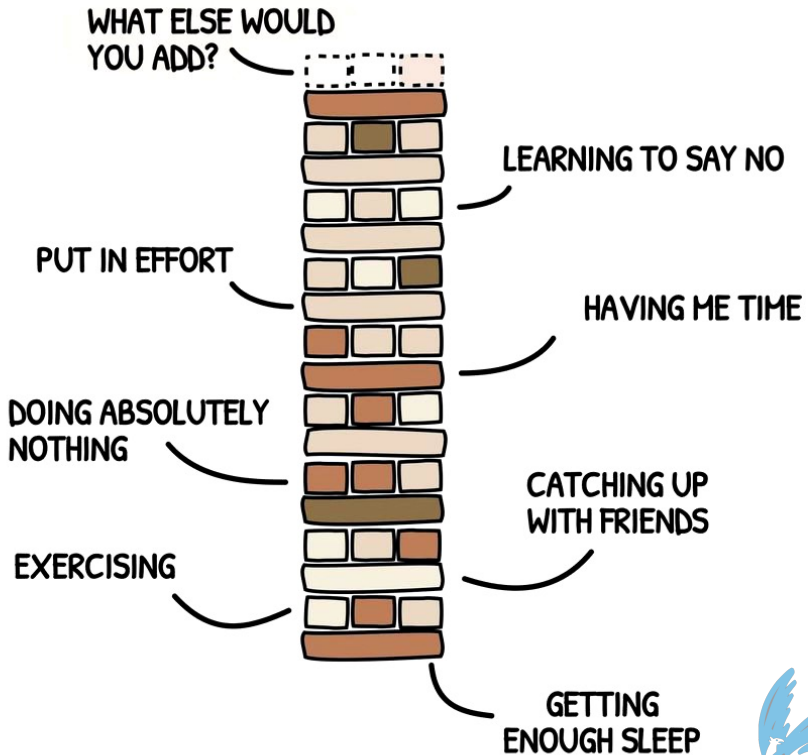


BUT YOU'LL GET BETTER



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# SUSTAINABLE LIVING



@JUNHANCHIN



ABMASIA.ORG

COME ON! IT GETS EASIER  
AFTER THE FIRST ONE!



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## WHAT I EXPECT OF MYSELF

100% 100% 100% 100% 100% 100% 100%

## WHY I'M UPSET WITH MYSELF

98% 64% 23% 52% 74% 69% 22%

## HOW I SHOULD SEE IT



(I SHOWED UP!)