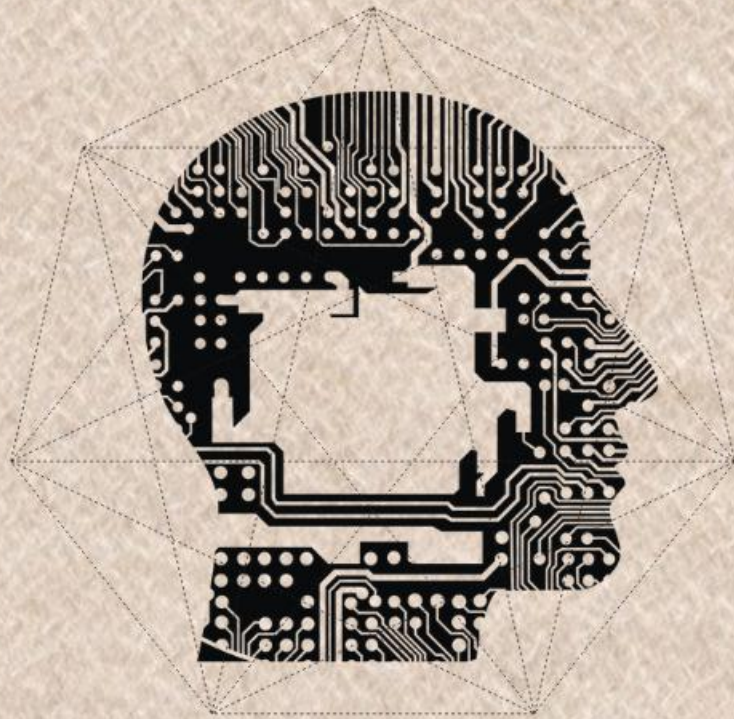


# **BEWARE**

## **Your Mind is Being Hijacked!**



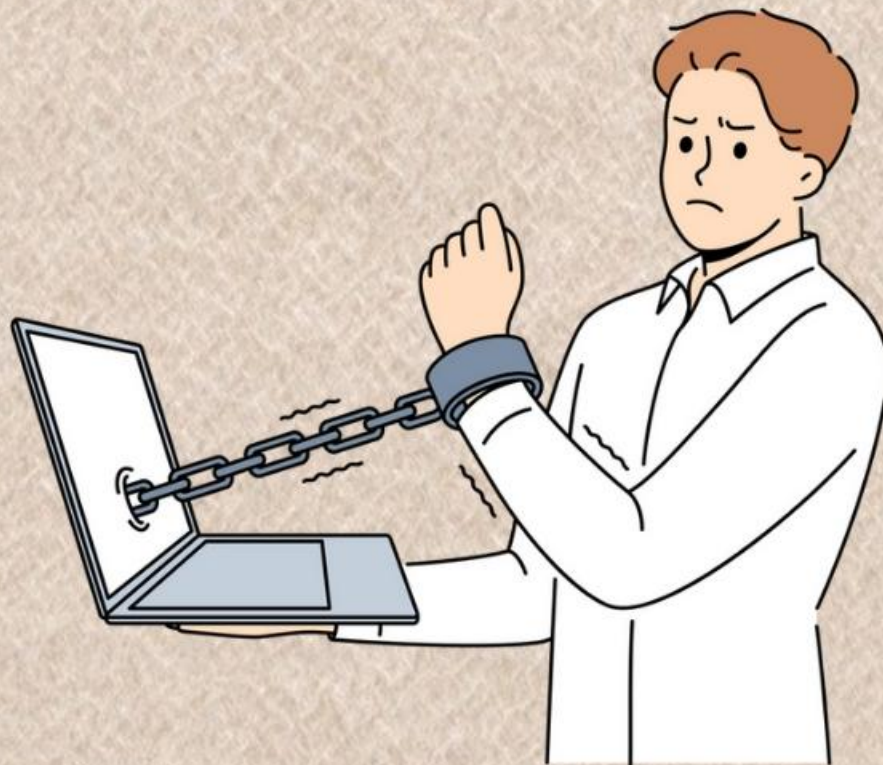
### **7 Facts: Reprogram your Brain >>>**

**(Swipe Left)**



# 1. Addiction Alert:

Social media platforms are designed to be addictive, manipulating your mind to spend more time on them.



**Raushan Kumar**   
*@raushan\_kumar*





## 2. Unaware of the Trap:

People are unknowingly trapped in this cycle, wasting their precious time.



**Raushan Kumar**   
*@raushan\_kumar*





### 3. Follow the Right Crowd:

Surround yourself with positive and informative content creators to break free from the cycle.



**Raushan Kumar**   
*@raushan\_kumar*





## 4. Energy Boost:

Following good creators will make you feel energetic, not lethargic!



**Raushan Kumar**   
*@raushan\_kumar*





## 5. Specific Knowledge Matters:

When life gets serious, random scrolling won't help. You'll need specific knowledge to tackle responsibilities.



**Raushan Kumar**   
*@raushan\_kumar*





## 6. Scam Alert:

Your mind is being manipulated,  
showing you irrelevant content to  
keep you hooked!



**Raushan Kumar**   
*@raushan\_kumar*





## 7. Take Control:

Be aware, be cautious, and take control of your time and mind!



**Raushan Kumar**   
*@raushan\_kumar*

