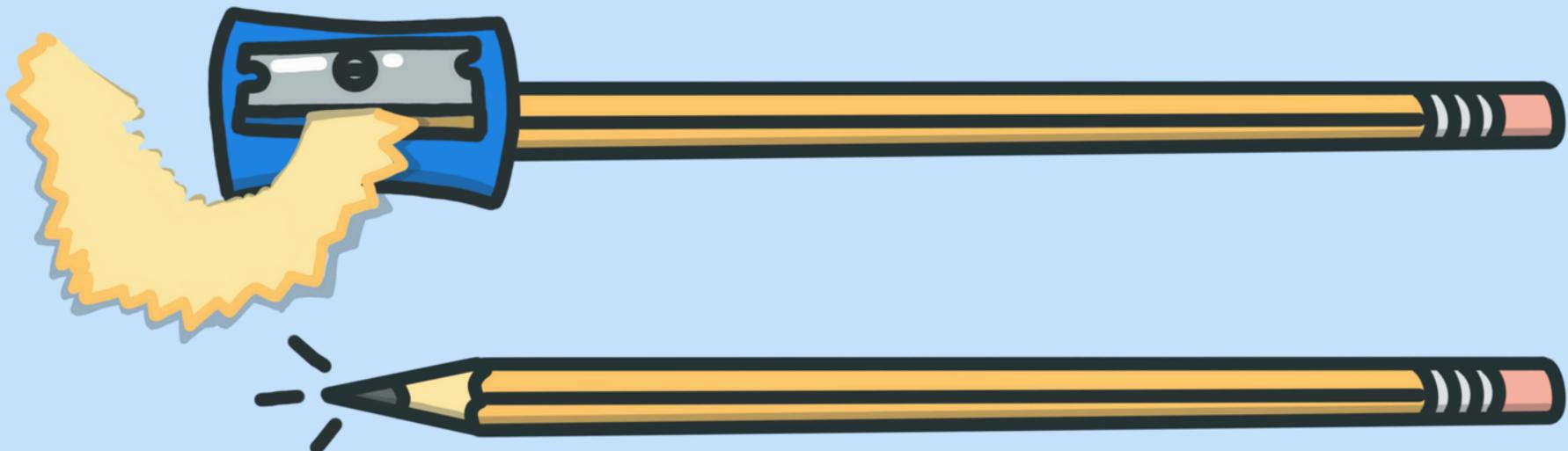


PJ Milani | Visual Teacher 💡
@milanicreative

10 visuals that will change your mindset



THINKING

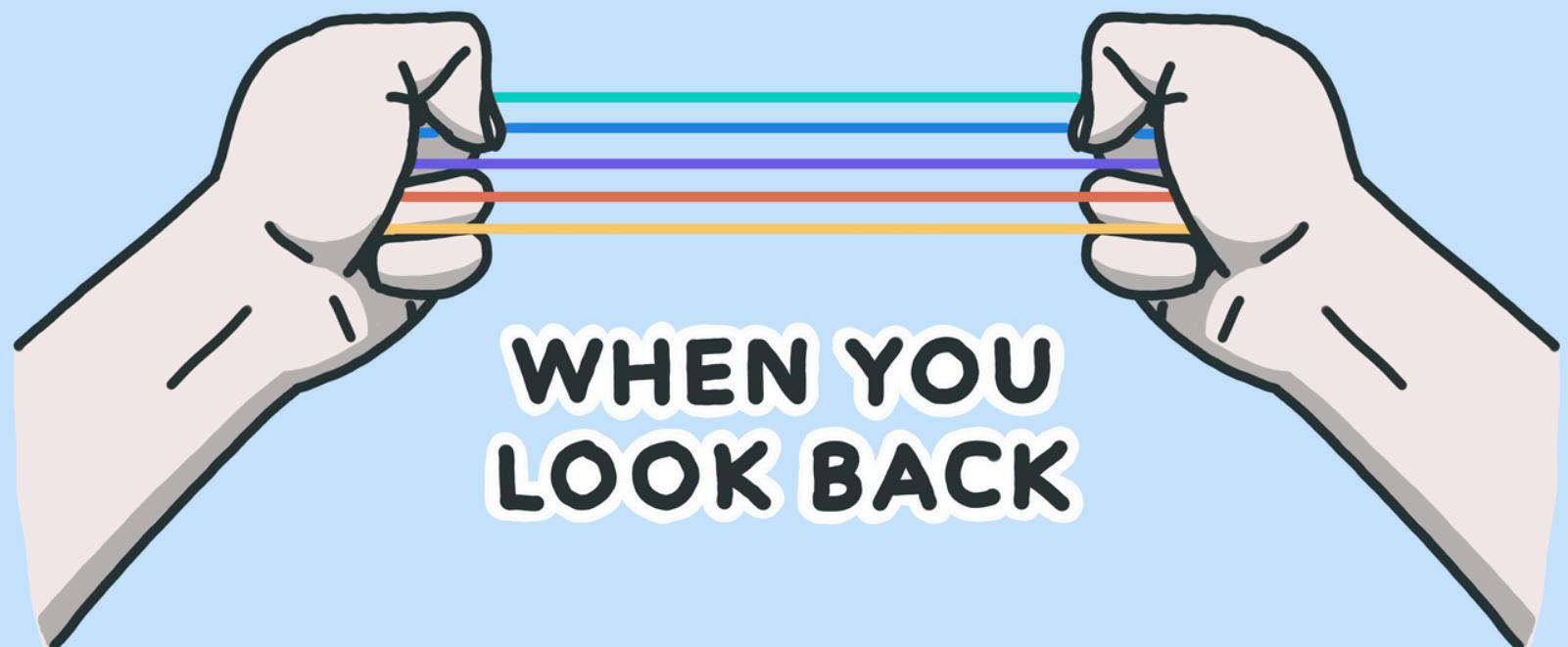


OVERTHINKING

CHANGE



**WHEN YOU
FIRST START**



**WHEN YOU
LOOK BACK**



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WHEN YOU KNOW YOU CAN DO BETTER...



...SOMETIMES ALL YOU NEED...



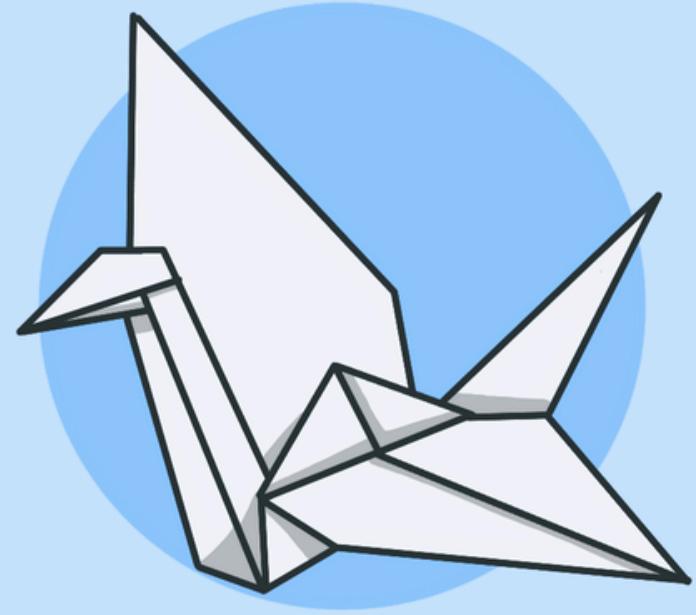
...IS A KICK IN THE BUTT



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IDEAS SHAPED BY
PERFECTIONISM

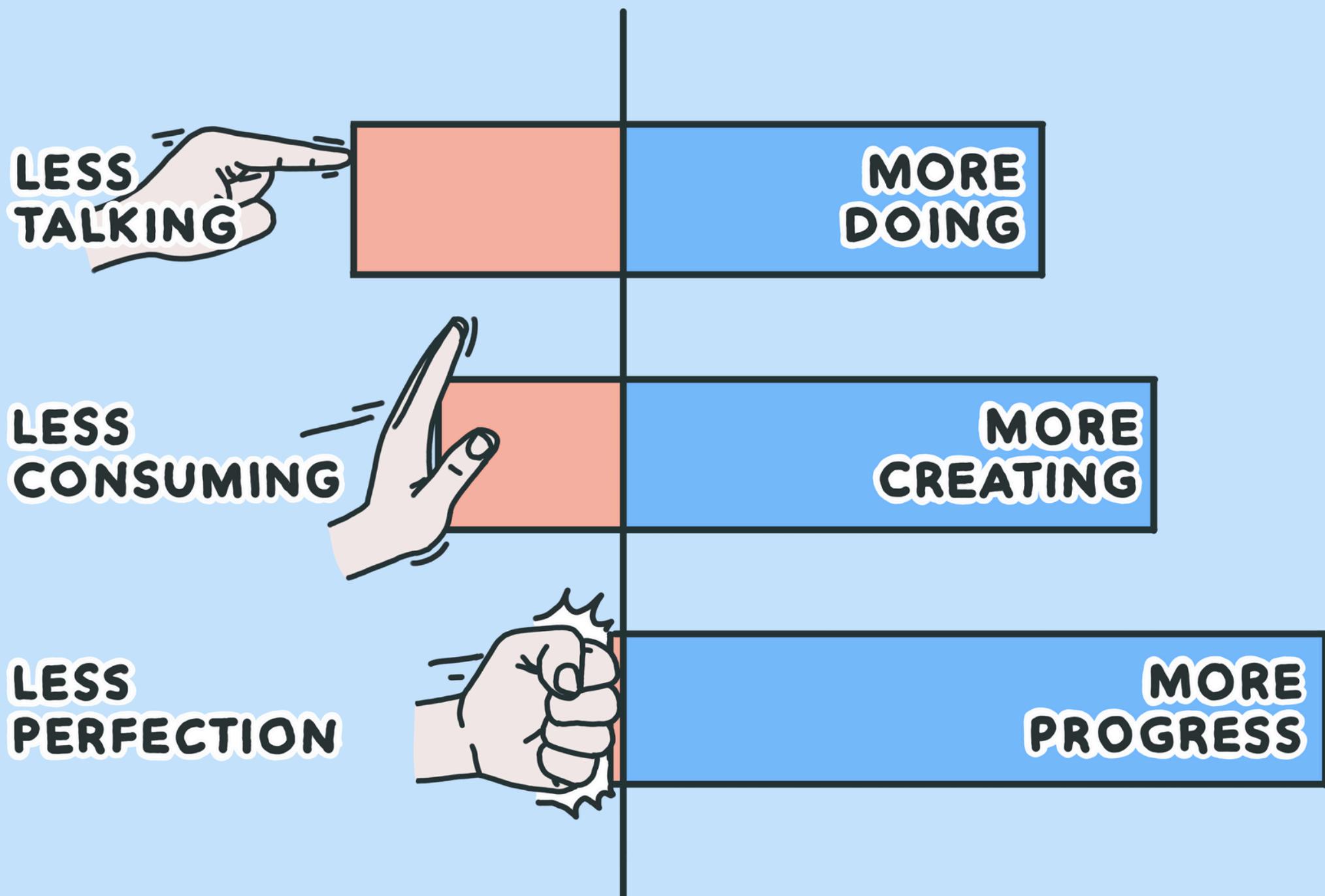


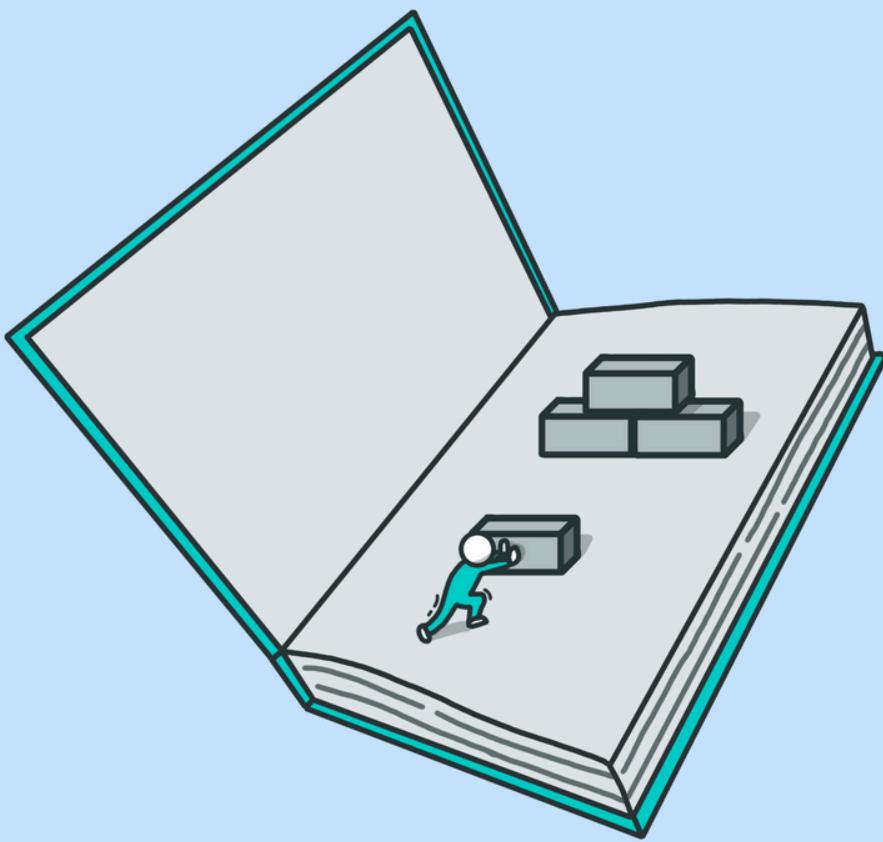
IDEAS SHAPED BY
ITERATION



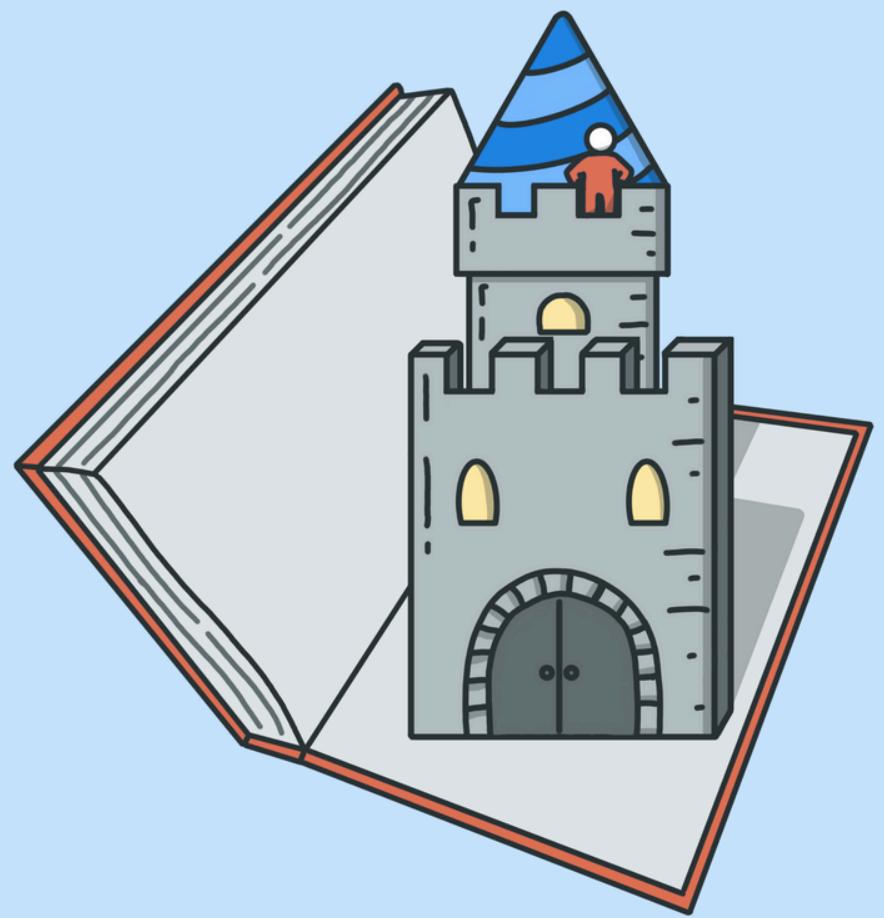
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FRIENDLY REMINDER





**DON'T COMPARE YOUR
CHAPTER 1...**



**...TO SOMEONE ELSE'S
CHAPTER 20**



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WHAT YOU'RE GOOD AT

WHAT YOU LOVE

WHAT YOU CAN GET PAID FOR

WHAT THE WORLD NEEDS

生き甲斐

IKIGAI



**MAXIMIZING
YOUR DAY**



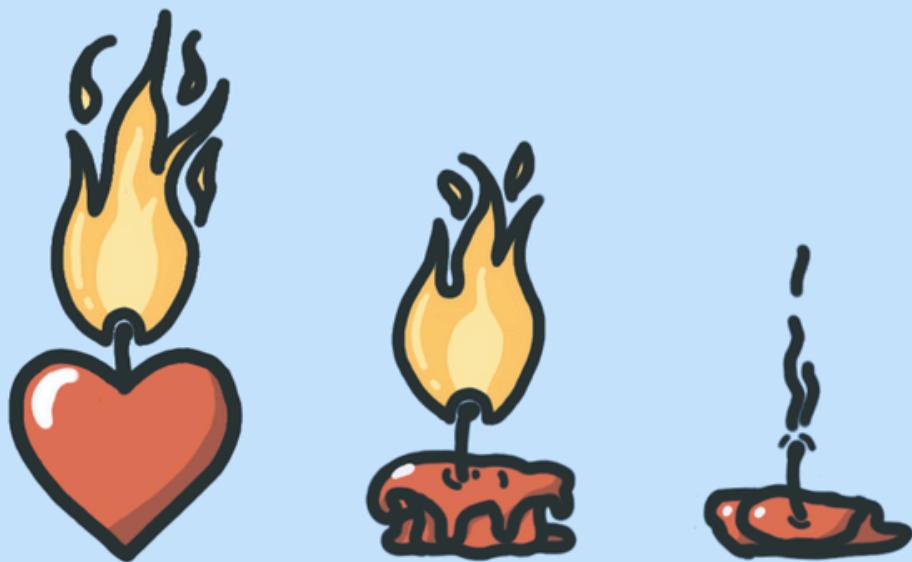
**OPTIMIZING
YOUR DAY**



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THIS IS BURNOUT



THIS IS ALSO BURNOUT



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**YOU'RE THE AVERAGE OF THE 5 PEOPLE
YOU SPEND MOST TIME WITH**

