

# THE HABITS OF BILLIONAIRES

RITIK\_KUMAR



**JEFF BEZOS**

Founder of  
Amazon

**NET WORTH:**  
\$131B

**5 AM**



Jeff Bezos wakes up early to have breakfast with his family and starts his day with the most important meetings

“

Life is too short to hangout with people who aren't resourceful

**BILL GATES**

Founder of  
Microsoft

**NET WORTH:**  
\$96.5B



**7 AM**



Bill Gates trains his body and brain by running on a treadmill while watching educational videos

“

Life is not fair: get used to it



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OPRAH

Media  
Executive

NET WORTH :  
\$2.6B

ELON MUSK

Ceo of  
space X

NET WORTH :  
\$34.4B



6 AM



She likes to visualize the hour she wants to wake up before going to bed and wakes up around 6:20 am

“

Think like a queen. A queen is not afraid to fail. Failure is another steppingstone to greatness.

7 AM



Musk sleeps 6 to 6.5 hours per night. He gets a boost from a few cups of coffee during the day

“

When something is important enough, you do it even if the odds are not in your favor



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ZUCKERBERG

Co Founder of  
Facebook

NET WORTH :  
\$76.7B

8 AM



Mark Zuckerberg wears the same T. shirt every day to avoid wasting time on choosing what to wear

“

People don't care about what you say, they care about what you build.

JACK DORSEY

Co Founder of  
Twitter

NET WORTH :  
\$5.1B



8 AM



Wakes up early to meditate followed by a 6 - Mile jog

“

The greatest lesson that I learned in all of this is that you have to start. Start now, start here, start small and keep it simple

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JACK MA

Chinese business magnate

NET WORTH:  
\$39.7B

6 AM



Jack ma wakes up at 6 am to steal some family time and keep his spirits up in the face of criticism

“

We are never in lack of money. We lack people with dreams, who can die for those dreams.

RAY DALIO

Hedge fund manager

NET WORTH:  
\$18.7B



6 AM



Ray dalio practices Transcendental Meditation once in the morning and for 20 minutes

“

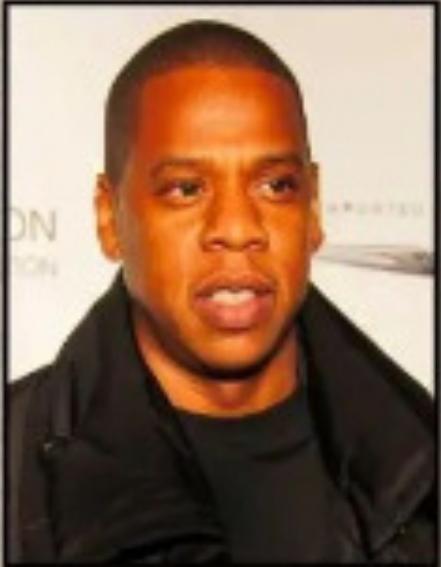
Above all else, I want you to think for yourself, to decide 1) What you want, 2) What is true and 3) What to do about it



ABN ASIA.ORG

# THE HABITS OF BILLIONAIRES

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JAY-Z

Business  
man

NET WORTH:  
\$1B

6 AM



Starts his day with a 3 mile run on  
the treadmill

“

A wise man told me don't argue with  
fools. Cause people from a distance  
can't tell who is who.

YOU

Yes You, The person  
Reading this

NET WORTH:  
\$BILLION+



“

This space is dedicated to  
YOU keep believing in your  
dreams chase them. chase  
them until you're out of  
breath, Then keep running

Type 'AMEN' if you believe

