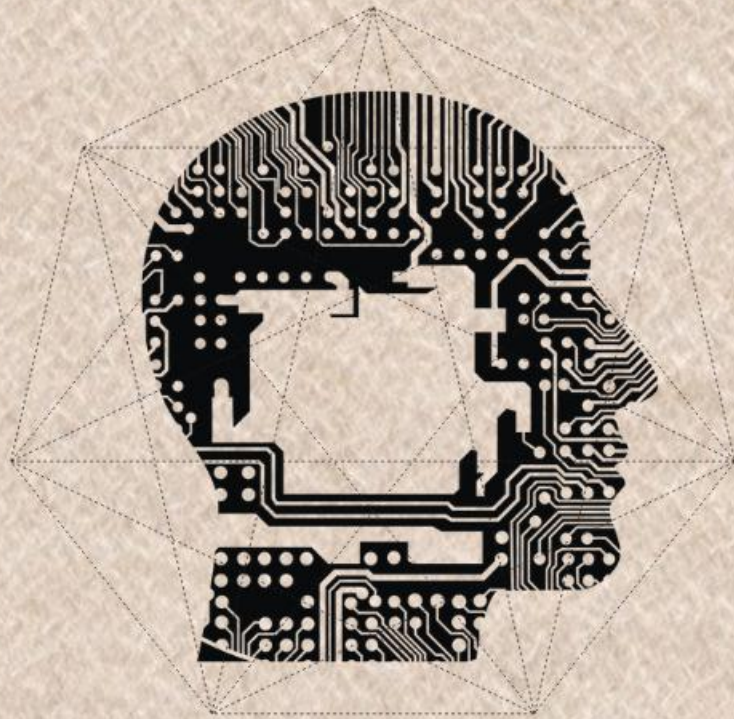


BEWARE

Your Mind is Being Hijacked!



7 Facts: Reprogram your Brain >>>

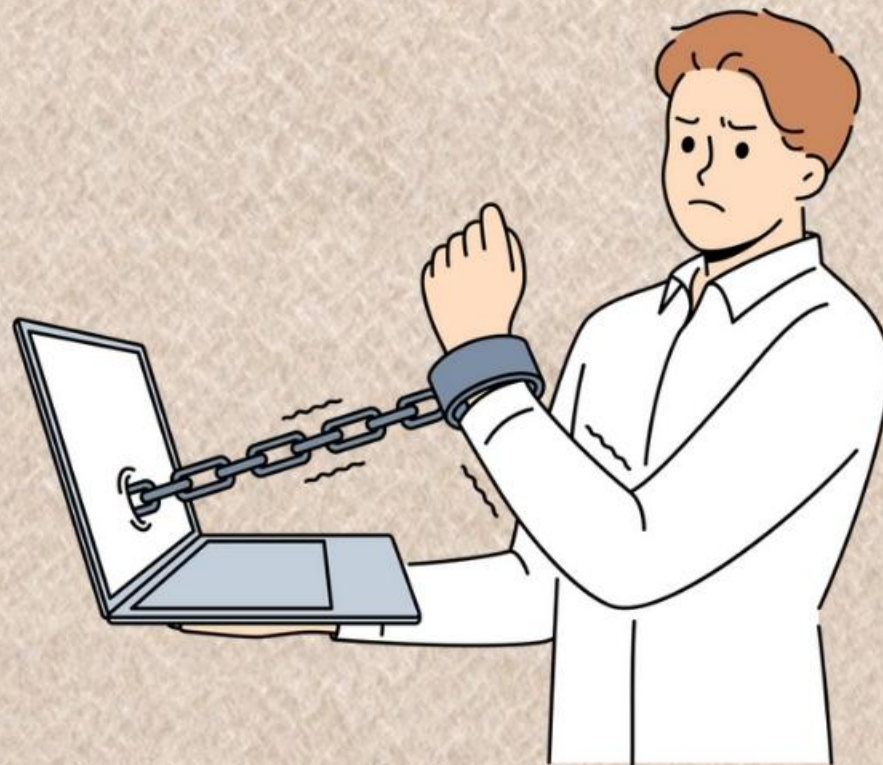
(Swipe Left)



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1. Addiction Alert:

Social media platforms are designed to be addictive, manipulating your mind to spend more time on them.



Raushan Kumar 
@raushan_kumar



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2. Unaware of the Trap:

People are unknowingly trapped in this cycle, wasting their precious time.



Raushan Kumar 
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3. Follow the Right Crowd:

Surround yourself with positive and informative content creators to break free from the cycle.



Raushan Kumar 
@raushan_kumar



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4. Energy Boost:

Following good creators will make you feel energetic, not lethargic!



Raushan Kumar 
@raushan_kumar



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5. Specific Knowledge Matters:

When life gets serious, random scrolling won't help. You'll need specific knowledge to tackle responsibilities.



Raushan Kumar 🌟
@raushan_kumar



6. Scam Alert:

Your mind is being manipulated,
showing you irrelevant content to
keep you hooked!



Raushan Kumar 
@raushan_kumar



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7. Take Control:

Be aware, be cautious, and take control of your time and mind!



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@raushan_kumar



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