

Anything that annoys you
is teaching you patience



Anyone who abandons you is
teaching you how to stand up
on your own two feet.

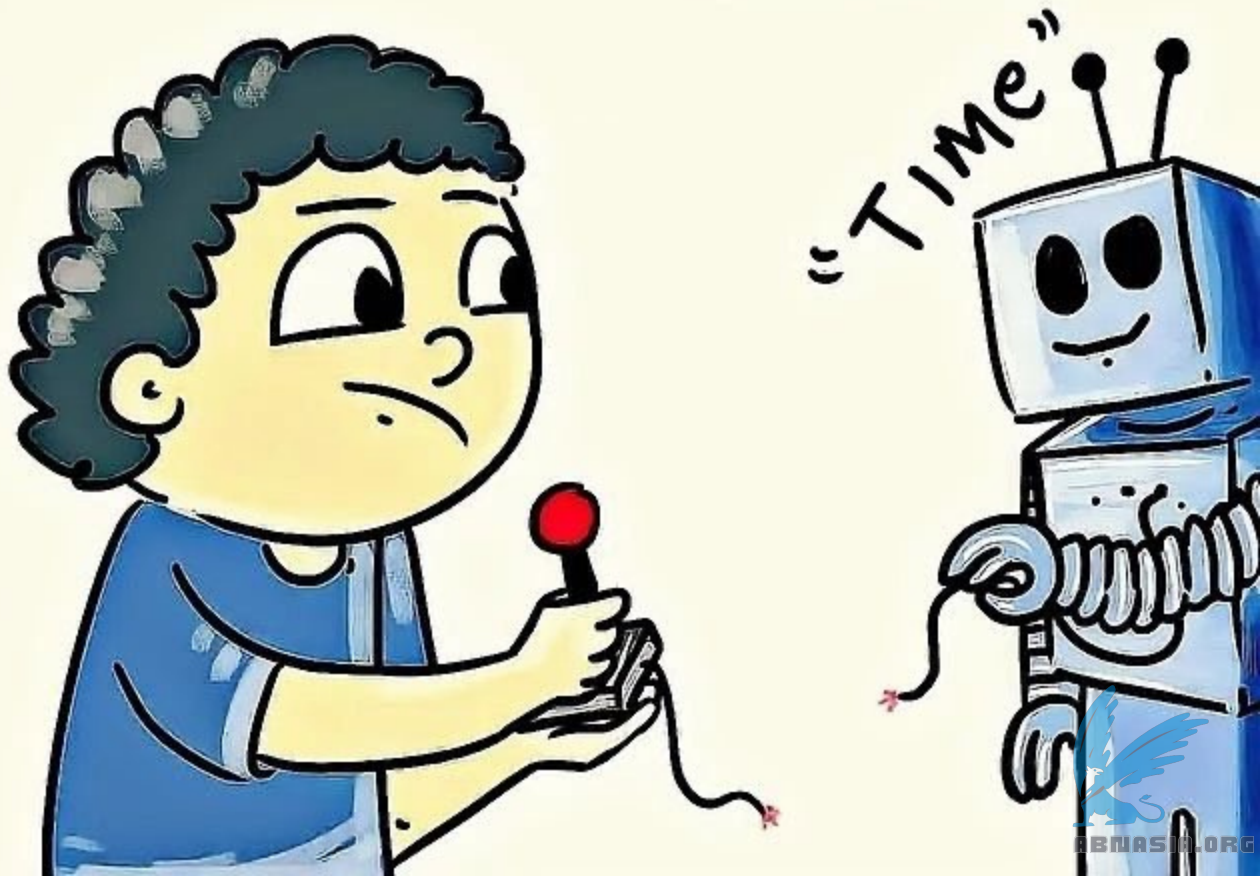


Anything that angers you is
teaching you forgiveness
and compassion.



Anything you can't control is
teaching you how to let go.

- Jackson Kiddard



Anything that has power over
you is teaching you how to take
your power back.

