

15 rules for a good life!



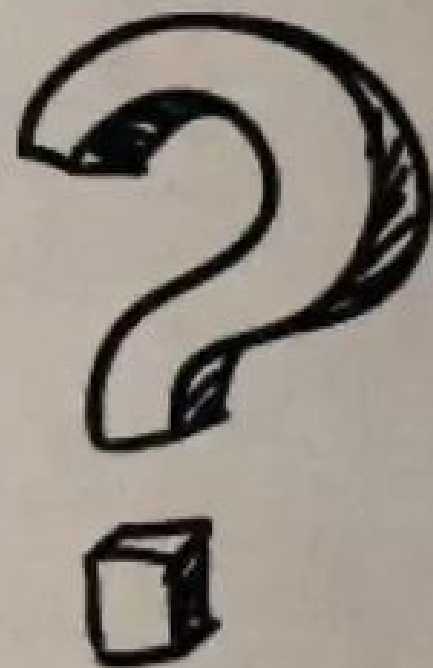
Value time more than
money and possessions.



You are the product
of your habits.



Ask yourself, “is
this necessary?”



Meditate on your
mortality daily.



Own the morning.



Don't suffer imagined troubles.



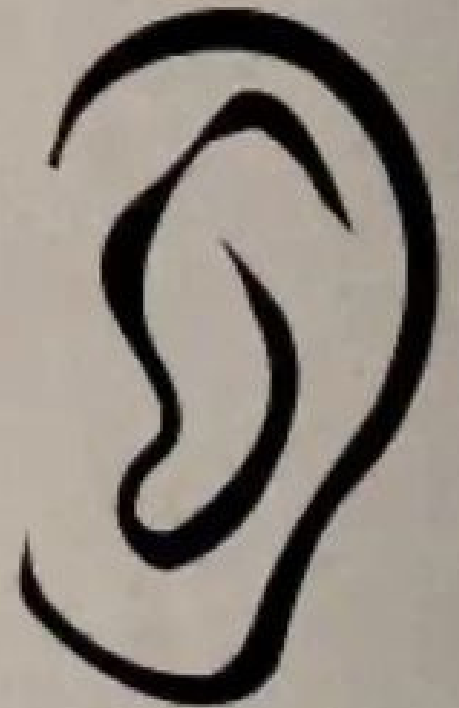
Don't compare yourself
to others.



Learn something from
everyone.



Two ears one mouth for
a reason.



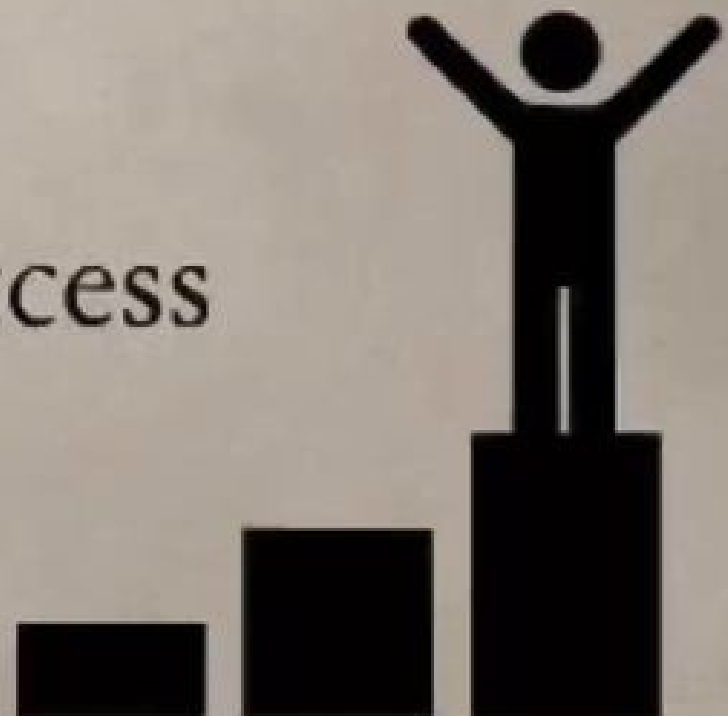
Try to see good in
people.



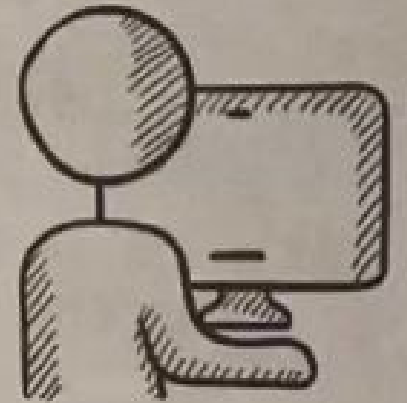
Focus on progress not
outcomes.



Define what success
means to you?



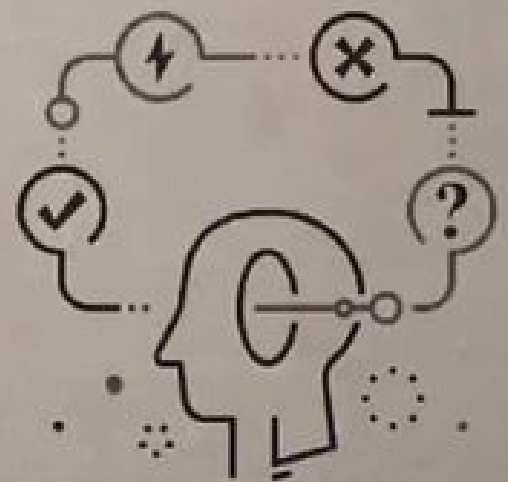
Seek out challenges.



Don't follow the mob.



Follow reason.



RITIKA THAPA



FOUND IT HELPFUL?

FOLLOW ME FOR MORE

