

20 Lies I Told Myself For 20 Years

written by Eric Partaker

1) I'll Start Tomorrow

Procrastination is like cancer for progress.

Start now and adjust as you go.

2) I Don't Have What It Takes

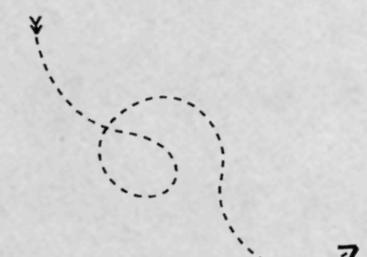
Act courageously to become more confident.

Courage first. Confidence second.

3) No Is The Final Answer

Rejection is just a redirection.

“Yes” lives in the land of “No”.





4) I Should Be Further Along By Now

Comparison is the thief of joy.

Embrace your **unique journey.**

5) I Need a Drink

Numbing the pain doesn't solve the problem.

Stress builds strength.

6) There's Only One Right Way

Innovation thrives on diversity.

There are **multiple paths** to success.





7) There's Something Wrong With Me

Embrace your quirks, they're your strengths in disguise.

8) I Need To Be Perfect To Succeed

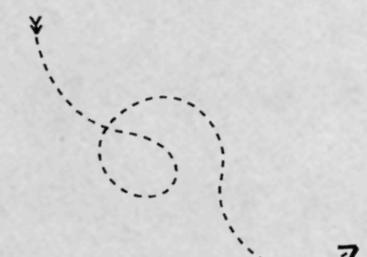
Perfection = paralysis.

Aim for progress, not perfection.

9) I'll Be Happy When I Achieve "This"

Happiness isn't a destination.

Find joy in doing, not just having.





10) I'm Not Smart Enough To Lead

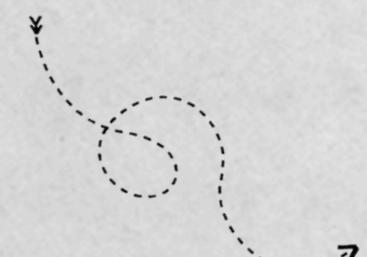
Leadership is about vision, inspiration, and courage, not IQ.

11) I Have To Do Everything Myself

Delegation is a sign of strength, not weakness.
Trust your team.

12) My Worth Is Tied To My Job Title

You are more than a business card.
Define your worth on your terms.





13) **Work Comes Before Everything Else**

Balance is the foundation of success.

Prioritize your well-being.

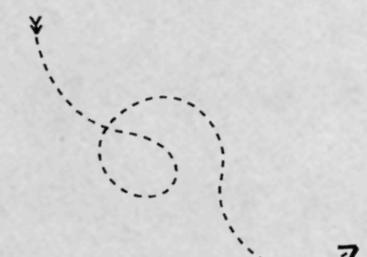
14) **Failure Is Not An Option**

Failure is a necessary and invaluable teacher.

15) **Asking For Help Is A Sign Of Weakness**

Seeking help is a strength.

It opens doors and builds trust.





16) I'm Too Old To Learn New Skills

Learning is a lifelong journey.

It keeps you relevant and fulfilled.

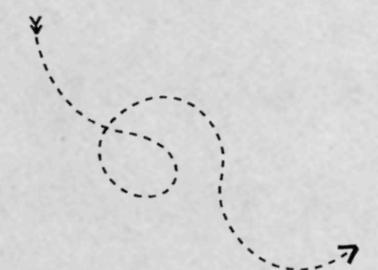
17) I Don't Have Time For My Passions

Passions fuel creativity and innovation.

Make time for them.

18) I Need To Have All The Answers

Nope. Just keep trying or find the right person to help.





19) I Don't Deserve A Seat At The Table

I've earned my place and have
valuable contributions to make.

20) It's Too Late To Change My Path

It's never too late to pursue a new direction.



Breaking free from these lies has transformed
my life and career.

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