15 rules for a good

life!





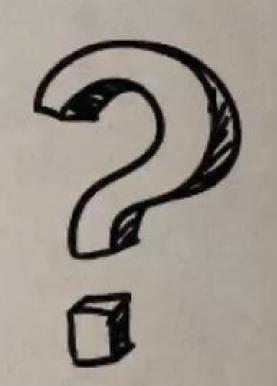
Value time more than money and possessions.



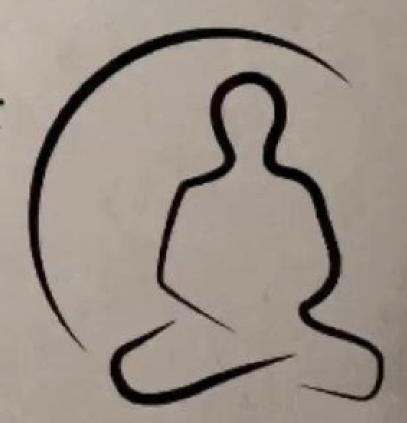
You are the product of your habits.



Ask yourself, "is this necessary?"



Meditate on your mortality daily.





Own the morning.

Don't suffer imagined troubles.



Don't compare yourself



Learn something from everyone.





Two ears one mouth for a reason.



Try to see good in people.





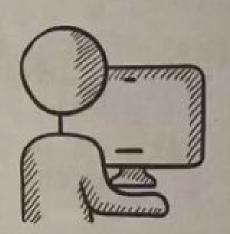
Focus on progress not outcomes.



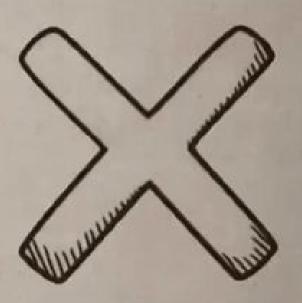
Define what success means to you?



Seek out challenges.



Don't follow the mob.



Follow reason.





RITIKA THAPA



FOUND IT HELPFUL?

FOLLOW ME FOR MORE





