

BEING RICH IS
HAVING MONEY



BEING WEALTHY
IS HAVING TIME



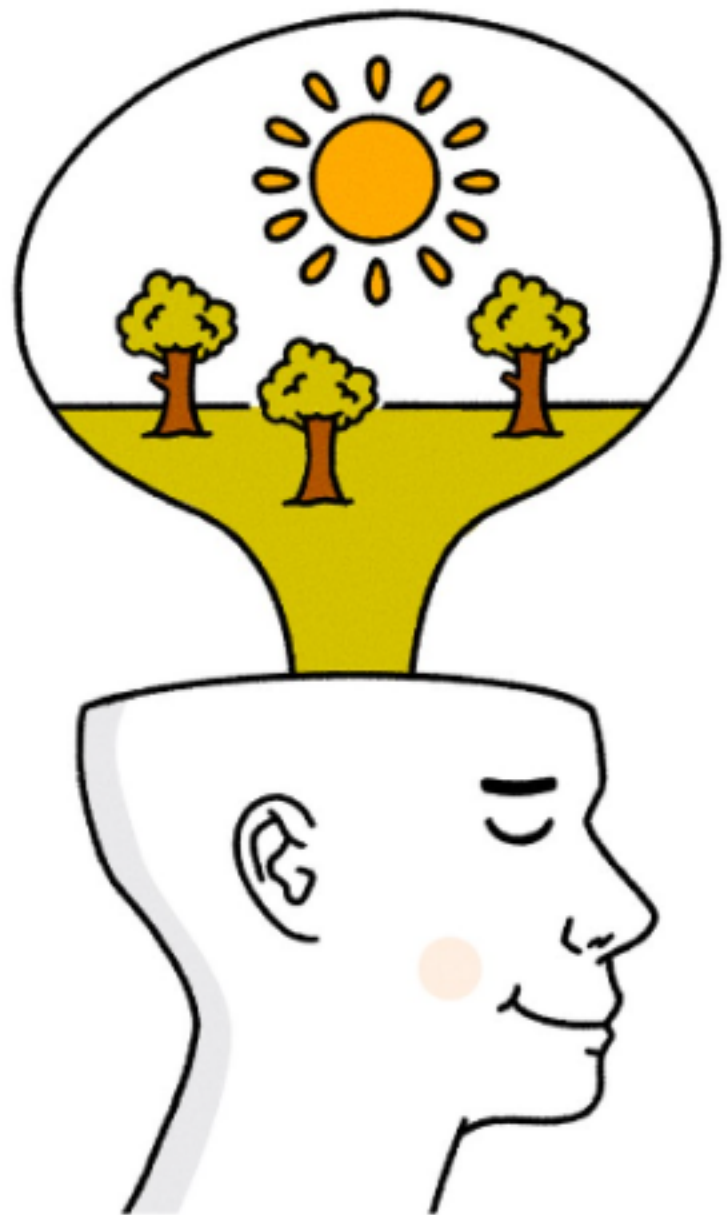
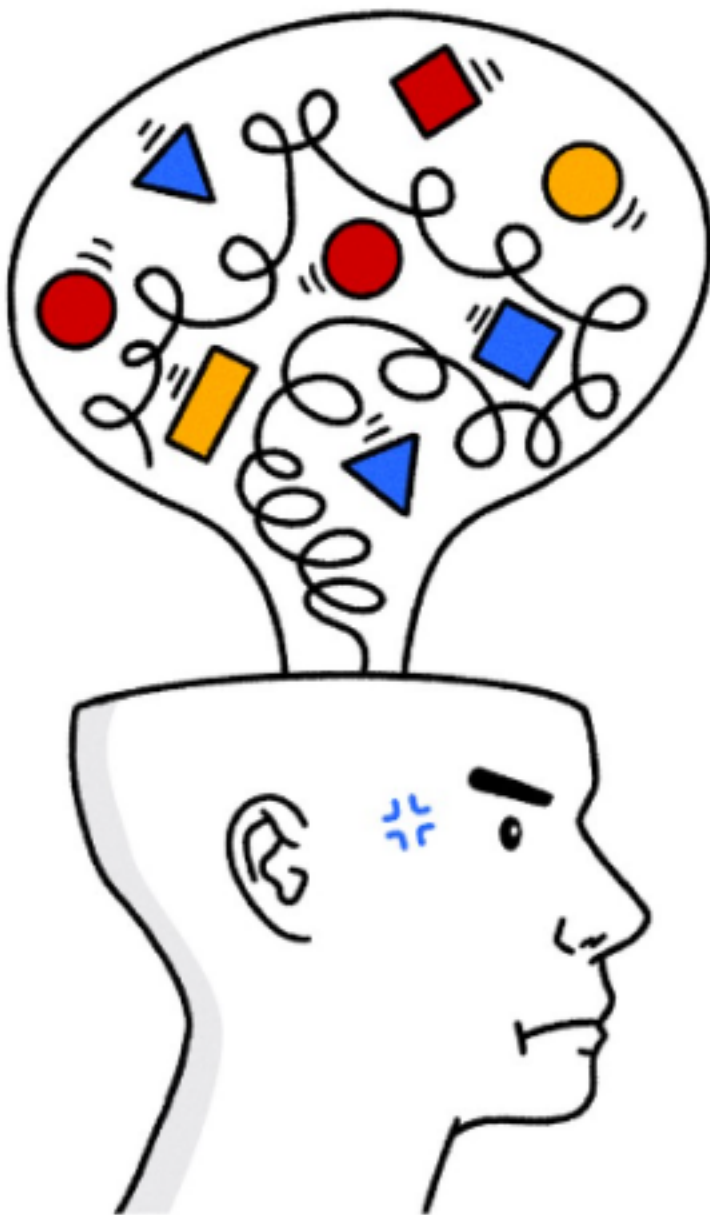
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MIND FULL

MINDFUL

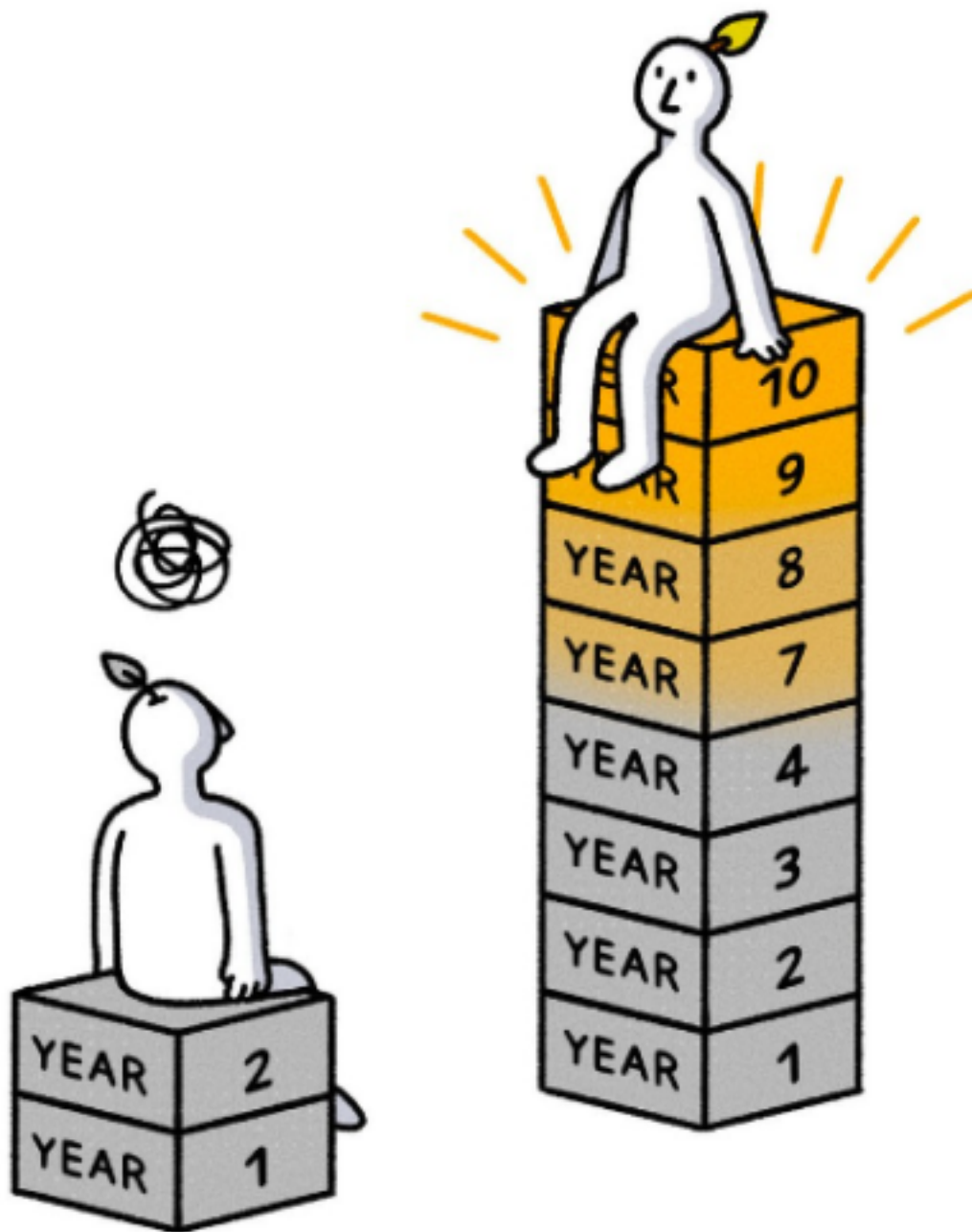


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DON'T COMPARE YOUR BEGINNING
TO SOMEONE ELSE'S MIDDLE



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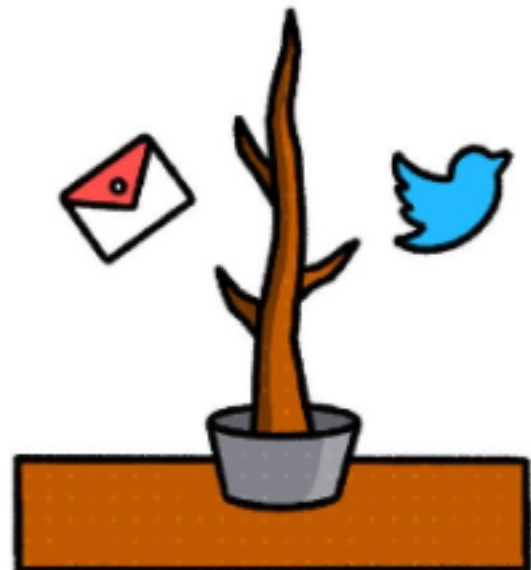


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DON'T EXPECT LONG-
LASTING RESULTS



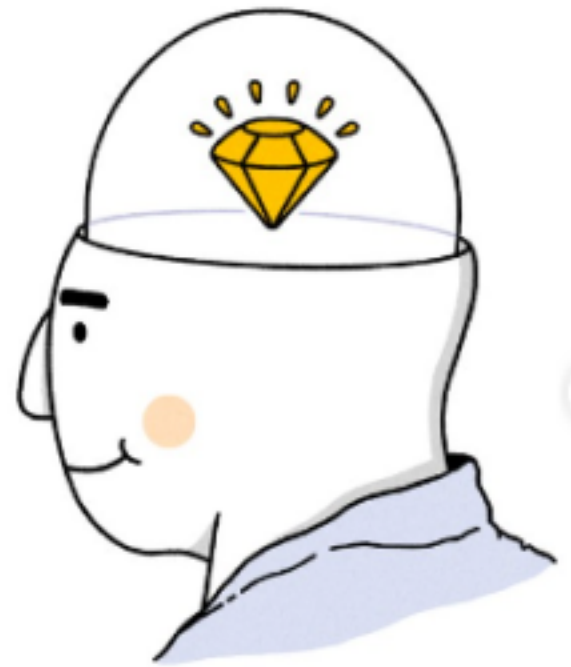
IF YOU AREN'T
WILLING TO GO DEEP



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● WORK

● BREAKS

NOT TAKING BREAKS



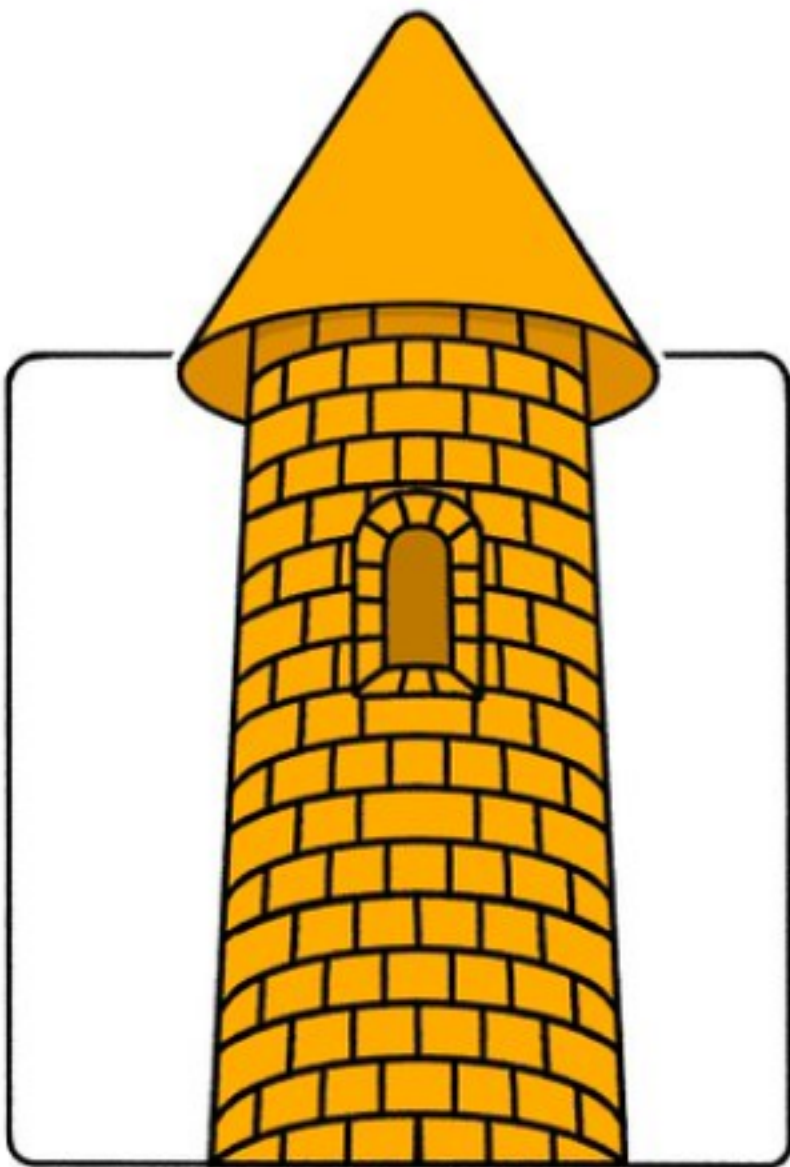
TAKING BREAKS



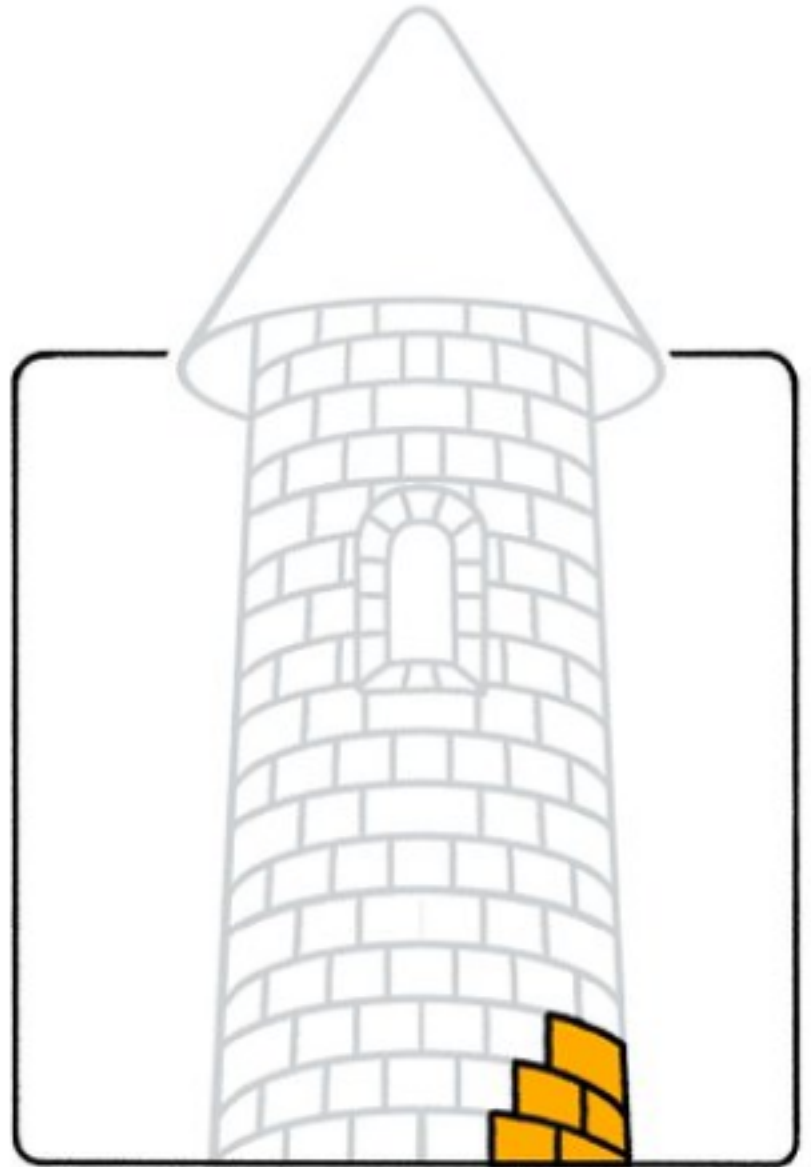
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EVERYTHING
YOU CAN DO



EVERYTHING
YOU CAN DO

TODAY

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LET GO OF CONSTANT
STIMULATION



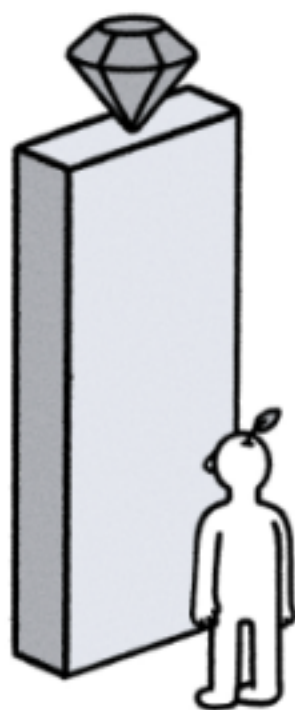
AND LEARN TO SIT STILL
WITH YOUR THOUGHTS

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LOVING THE OUTCOME



LOVING THE PROCESS



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