



**“Some stranger,
somewhere, still
remembers you
because you were
kind to them when
no one else was.”**

- Unknown

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“Remember, some of the best times of your life haven’t even happened yet.”

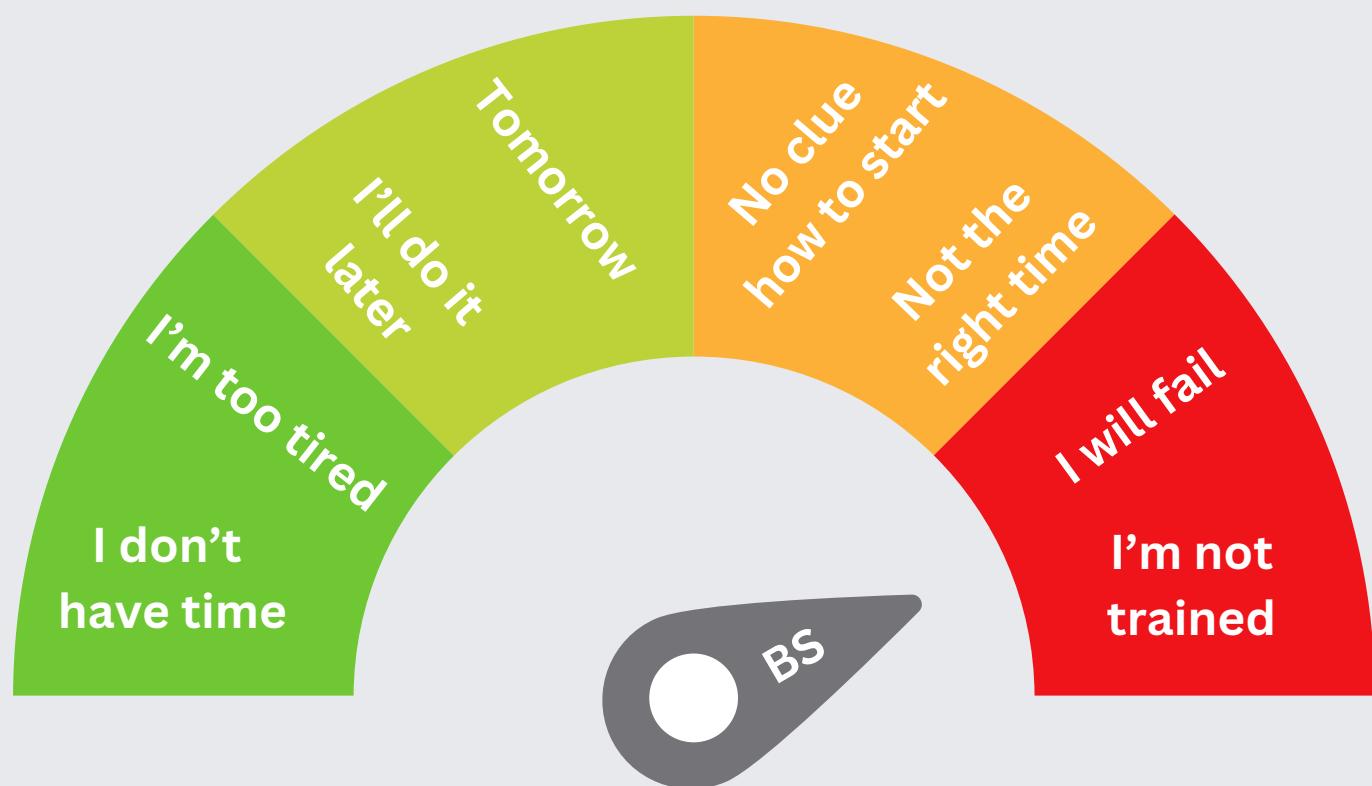
-Doug Carwright



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If you're serious about changing your life, you'll find a way. If not, you'll find an excuse. -Jon Sincero

The Excuse -O-Meter



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**‘If you cannot decide, the
answer is no.’**



- Naval Ravikant

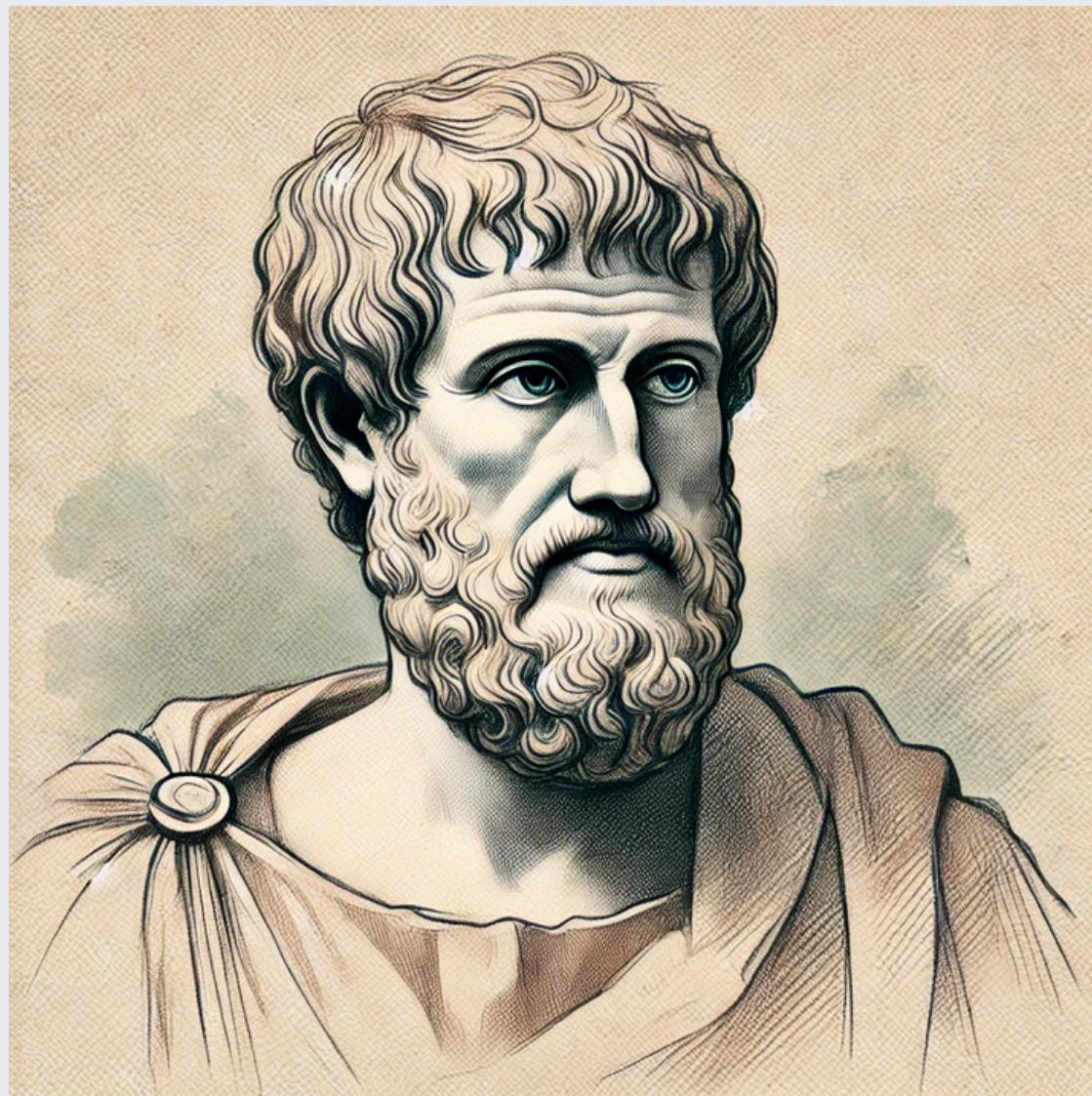
**“If you want a new idea,
read an old book.”**

-Ivan Pavlov



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**“We’re what we repeatedly do.
Excellence, therefore, is not an
act, but a habit.”**



- Aristotle

**Just because you carry it
well...**



Doesn't mean it isn't heavy!

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