

The Myth



"It was said
in anger.
Forget it."



The Reality



**Pay attention to
what people say
out of anger, they've
been dying to tell
you that.**

The Myth



"Your friends
want you to
succeed."



The Reality



Most people **you call**
your friends want to
see you do well **but**
never better than
them.

The Myth



**"It is just
a thought."**



The Reality



**If you don't control
what you think, you
can't control what
you do.**

The Myth



"She **responded** in that way because she was **feeling terrible.**"



The Reality



You are **always responsible** for how you act **no matter how you feel.**

The Myth



"Mistake followed by apology doesn't seem to be an issue."



The Reality



Beware. If they do it, it isn't just a mistake, it is their behavior.

The Myth



"He is a **genius**. He is **talented**. Mastery will come to him. Success will come to him."



The Reality



Mastery is not a function of genius or talent, it is a **function of time** and intense **focus applied** to a particular field of knowledge.

The Myth



"We spent so much time together. I thought we were meant to be together."

The Reality



Not everyone will make it to your future. Some people are just passing through to teach you lessons in life.