

```
#include <iostream>
using namespace std;
```

```
/* run this program using the console
pauser or add your own getch,
system("pause") or input loop */
```

```
int main() {
int m,n,i;
cout <<"please enter m= ";
cin>>m;
cout<<"please enter n= ";
cin>>n;
for(i=0;n<=m;i++){
m=m-n;
}
cout<<"baghimande= "<<m<<"kharege
gesmat= "<<i;
}
```