



The Life Plan: 700 Simple Ways to Change Your Life for the Better

By Robert Ashton

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, The Life Plan: 700 Simple Ways to Change Your Life for the Better, Robert Ashton, Are you leading the life you want? Or could you be living a happier, more successful life? If you've picked up this book, then - like a huge number of people today - you want to improve your life for the better. Maybe you're at a crossroads or your personal life has changed and you're not sure where to go next? Whatever your circumstances, you know you want to change. Great. But, don't just think it -- do it! Changing your life does not have to be a daunting process. All you need to remember, is that the key to successful life change is lots of small, but positive steps, that together create huge impact. The Life Plan contains 700 of these small steps, leading you step by step through each area of your life. The Life Plan is your key to a new you. A step-by-step checklist process that allows you to review and improve every aspect of your life. It will become an invaluable source of reference as it delivers a set of simple,...



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