



## The Long Ride Home: A Journey Through Grief to Peace and Happiness (Hardback)

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By Jeannie Vansickle

Balboa Press, United States, 2012. Hardback. Book Condition: New. 221 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Jeannie s husband of forty years died suddenly while out of town on business. She was left stunned and devastated. The Long Ride Home is a candid account of her struggle to get her life back. Through her journal entries, she takes the reader through the first two years of her grief, always straightforward and honest and often humorous. No holds are barred as she shares her fear, her pain, her anger, her loss, and her love. This is a powerful testimony that life goes on while grieving and healing and making happiness a choice. An inspiration to a grieving heart! It takes courage to share the rawest of human emotions and thoughts in the journey of grieving. This rare look into the bleeding of loss and heart break is an invaluable source of wisdom. Through the acceptance of the actuality of the present (no matter how painful, frightening, and undesirable) healing comes about. Between the words and the pages, we get to watch it unfold and be discovered. -Donna Crawford, author of Developing Emotional Intelligence,...



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