Metronome spin stabilizes time-crystalline dynamics

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We investigate a disorder-free quantum Ising chain subject to a time-periodic drive that rotates each spin by an angle $\pi(1-\epsilon_i)$. In case all spins experience the same deviation ϵ and the system is initialized in a fully polarized state, the dynamics is known to be time crystalline: the magnetization of the system exhibits period-doubled oscillations for timescales that grow exponentially with the length of the chain. In this work, we study the effect of a deviation ϵ that differs between spins. We find that reducing ϵ for a single spin drastically enhances the lifetime of spatiotemporal order, suggesting the name metronome spin. Employing perturbative arguments in an average Hamiltonian picture, we explain this observation for initial states with macroscopic bulk magnetization. Furthermore, in the case of random bit-string initial states, we report the enhancement of the lifetime of a topological edge mode, which can also be understood in the same picture. Finally, we discuss an altered geometry in which the metronome spin is not directly part of the chain, affecting the dynamics in different ways in the two scenarios considered. Our findings unveil the intricate dynamics that emerge in Floquet systems under the influence of a spatially varying drive, thereby uncovering new avenues for Floquet engineering.

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I. INTRODUCTION

For the longest time, stable physical phases of matter were thought to be a concept exclusive to equilibrium physics. However, with the pioneering work of Wilczek and Shapere [1,2], Watanabe and Oshikawa [3,4], and others, it became clear that out-of-equilibrium phases of matter are not only possible but also offer features beyond equilibrium phases [5,6]. One of the most prevalent categories of systems in which such phases have been demonstrated is Floquet setups, that is, periodically driven systems. Instead of heating up, they can display long-lived period-doubled spatiotemporal order with remarkable stability with respect to perturbations of the drive. Due to their discrete time-translation symmetry breaking, they have been dubbed Floquet time crystals or discrete time crystals (DTC) and have gained significant attention among the theoretical and experimental communities over the last decade [7,8].

Initially, many-body localization (MBL) was considered to be the main mechanism for stabilizing the long-lived dynamics [9–12]. However, over the years, a multitude of other processes have been shown to lead to time-crystalline behavior in different systems, including weakly broken symmetries [13], prethermalization [14–16], domain-wall confinement [17], among others [18–21]. Experimentally, time-crystalline dynamics has been observed on a variety of platforms, such as nitrogen vacancy centers [22–24], NMR systems [25–27], ultracold atoms [28,29], trapped ions [30], Rydberg atoms [31,32], and also superconducting qubits [33,34], to name a few. Most of the above time-crystal realizations demonstrate

long-lasting but finite spatiotemporal order, whereas some, e.g., the MBL DTC, lay claim to stability up to infinite times, even though this is controversially discussed by the community [16,35–38]. Numerical simulations have shown crystal lifetimes that exceed typical experimental timescales [5,33], thus it remains difficult to convincingly disprove infinitely long-lived order. Remarkably, two different realizations of absolutely stable [39] DTCs were recently reported [40,41]. These systems promise stability towards arbitrary perturbations, even if they break the discrete time-translation symmetry of the drive.

In most Floquet setups, drives are typically realized by periodically rotating all constituents by a fixed angle. One of the most striking features of time-crystalline order is the stability with respect to such a drive. The spatiotemporal structure is present not only at isolated points in parameter space (dictated by intrinsic symmetry of the interactions) but has also been observed for drives that systematically over- or undershoot the targeted rotation angles for the entire system by up to $\epsilon \lesssim 15\%$ in every drive period [30,33]. Contrary to the naive expectation, these errors do not accumulate and lead to rapid dephasing but are instead compensated for through the different stabilization mechanisms mentioned above. This defining characteristic of a DTC motivates the classification as an out-of-equilibrium phase of matter, as extended areas of stability can be identified with respect to the parameters of the system and drive, e.g., the interaction strength and the deviation of the driving angle [10,11]. Until recently [42], drives and perturbations have typically been considered to be spatially uniform, i.e., equal for all constituents of the system. The question of whether and how the stability of spatiotemporal order extends to regimes where parts of the system are driven at different values of ϵ remains largely unanswered. It is especially unclear whether this structure

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