"Who am I?" Write down 20 things about yourself.

- 1. Teacher
- 2. Researcher
- 3. Academic
- 4. Mom
- 5. Wife
- 6. Friend
- 7. Colleague
- 8. Daughter
- 9. Sister
- 10. Aunt

- 11. Outgoing
- 12. Loving
- 13. Caring
- 14. Emotional
- 15. Perfectionist
- 16. Intelligent
- 17. Confident
- 18. Optimistic
- 19. Energetic
- 20. Straightforward

"Who am I?" my ratings 7-point Likert Scale

1. Outgoing	7
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- 2. Loving 7
- 3. Caring 7
- 4. Emotional 7
- 5. Perfectionist 7
- 6. Intelligent 7
- 7. Confident 7
- 8. Optimistic 7
- 9. Energetic 7
- 10. Straightforward 7

"Who am I?" ratings by Alice and Victoria 7-point Likert Scale

- 1. Outgoing
- 2. Loving
- 3. Caring
- 4. Emotional
- 5. Perfectionist
- 6. Intelligent
- 7. Confident
- 8. Optimistic
- 9. Energetic
- 10. Straightforward

"Who am I?" ratings by Alice and Victoria 7-point Likert Scale

1. Outgoing	7
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- 2. Loving 7
- 3. Caring 7
- 4. Emotional 7
- Perfectionist
 7
- 6. Intelligent 7
- 7. Confident 7
- 8. Optimistic 7
- 9. Energetic 7
- 10. Straightforward 7

"Who am I?" ratings by Alice and Victoria 7-point Likert Scale

	1.	Outgoing	7	7
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- 2. Loving 7 7
- 3. Caring 7 7
- 4. Emotional 7 6.5
- 5. Perfectionist 7 4.5
- 6. Intelligent 7 7
- 7. Confident 7 7
- 8. Optimistic 7 7
- 9. Energetic 7 6.9
- 10. Straightforward 7 7

"Who am I?" ratings by Clare and Tara 7-point Likert Scale

1. Outgoing	6	7
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"Who am I?" my ratings at Time 1 and Time 2 7-point Likert Scale

1. Outgoing	7	
2. Loving	7	
3. Caring	7	
4. Emotional	7	8
5. Perfectionist	7	

6. Intelligent

7. Confident

8. Optimistic

9. Energetic

10. Straightforward

"Who am I?" my ratings at Time 1 and Time 2 7-point Likert Scale

1. Outgoing	7	7
2. Loving	7	7

3. Caring 7 7

4. Emotional 7 5

5. Perfectionist 7 5

6. Intelligent 7 7

7. Confident 7 7

8. Optimistic 7 7

9. Energetic 7 6

10. Straightforward 7 7



