

Albemarle Ballet Theatre

2019 Summer Camp Schedules

Exploring Ballet

August 5 - 8 | August 12 - 15 | Ages 3-5 | \$175 per camp

A young dancer's very first peek at classical ballet! This camp teaches ballet technique, flexibility, coordination, balance, creative movement and games, and stories of the classical ballets. The dancers decorate their own costumes (that they keep after the camp), and share a demonstration recital on the last day. Craft supplies & snacks are included.

Monday - Thursday

10:00 - 10:45am	Ballet class
10:45 - 11:15am	Snack, ballet stories, and video archives
11:15 - 12:00pm	Costume making and dance crafts

Albemarle Ballet Theatre

The Young Dancer Camp

July 8 - 12 | Beginner | Ages 6+ | \$335

These well-rounded camps are for the young dancer that would like to explore and experience the world of ballet and dance. They offer ballet technique, jazz, modern, theatre, West Coast Swing, Tango, Pilates, and conditioning and stretching.

Monday - Friday

9:00 - 10:00am	Ballet Class
10:15 - 11:15am	Stretching/Anatomy/Ballet Terminology/Dance Craft
11:30 - 12:30pm	Jazz/Modern/Character/Choreography
12:30 - 1:00pm	Lunch
1:00 - 3:00pm	Social Dancing/Tango/Theatre

Albemarle Ballet Theatre

The Young Dancer Camp

July 15 - 19 | Beginner/Intermediate | Ages 9+ | \$335

These well-rounded camps are for the young dancer that would like to explore and experience the world of ballet and dance. They offer ballet technique, jazz, modern, theatre, West Coast Swing, Tango, Pilates, and conditioning and stretching.

Monday - Friday

9:00 - 10:15am	Ballet Class
10:15 - 11:15am	Stretching/Conditioning/ Anatomy/Ballet Terminology
11:30 - 12:30pm	Jazz/Modern/Character
12:30 - 1:00pm	Lunch
1:00 - 3:00pm	Social Dancing/Tango/Theatre

Albemarle Ballet Theatre

Dance Conservatory: Intermediate

July 22 – 26 | \$385

For dancers that would like to fully immerse themselves in the world of ballet and dance, and take a more serious step with their training. These camps offer ballet technique, pointe*, variations, jazz, modern, character, Capoeira, theatre, West Coast Swing, and Pilates.

*For dancers who are already en pointe prior to signing up for the camp. Dancers who are not yet dancing en pointe may take the pointe classes as pre-pointe, and will gain strength in preparation for pointe work.

Monday - Friday

9:00 - 11:00am	Ballet Class
11:15 - 12:15pm	Pointe/Variations/Pilates/Stretching
12:15 - 1:00pm	Lunch
1:00 - 2:00pm	Modern/Jazz/Character
2:00 - 4:00pm	Capoeira/Theatre/Social Dancing

Albemarle Ballet Theatre

Dance Conservatory: Advanced/Pre-Professional

July 29 - August 2 | \$435

For dancers that would like to fully immerse themselves in the world of ballet and dance, and take a more serious step with their training. These camps offer ballet technique, pointe*, variations, jazz, modern, character, Capoeira, theatre, West Coast Swing, and Pilates.

*For dancers who are already en pointe prior to signing up for the camp. Dancers who are not yet dancing en pointe may take the pointe classes as pre-pointe, and will gain strength in preparation for pointe work.

Monday - Friday

9:00 - 11:00am	Ballet Class
11:15 - 12:15pm	Pointe/Variations/Pilates/Stretching
12:15 - 1:00pm	Lunch
1:00 - 2:00pm	Modern/Jazz/Character
2:00 - 4:00pm	Capoeira/Theatre/Social Dancing