

# **MOROCCAN TAPAS MENU**

GOATS CHEESE CRUSTED WITH HONEY & ALMONDS Toasted tomato & herb bread	80
PITA BREAD & DIPS Baba ganoush, hummus, harissa & herbed labneh	<b>7</b> 5
FALAFEL Chickpea fritters with lemon & coriander yoghurt	70
FETOUSH Grilled pita bread with mixed salad & vegetables	75
CHICKEN BRIOUAT Spiced crispy chicken roll with harissa paste	70
KEFTEDES Lamb meatballs with tzatziki	90
FISHCAKES Spiced cod cakes, carrot & orange salad	80
TUNA Seared spiced tuna, roasted eggplant sauce	70



# KARMA WELLNESS JUICES

80

# KARMA KOOLER

#### Cucumber, Basil And Lime Juice

This juice is cooling liquid refreshment and helps you reach your recommended daily intake of vitamin K helping you build strong bone tissue and nourishing your kidneys, with basil leaves providing an anti-stress agent.

# **GREEN GODDESS**

### Super Greens Juice

The health benefits of kale originates from its antioxidant and anti-cancer properties blended with pears to help prevent high blood pressure and stroke.

## HERE COMES THE SUN...

# Cucumber Watermelon Smoothie

It's made with a super refreshing blend of coconut water, cucumber, and watermelon for immediate thirst-quenching and electrolyte-replenishing.

And dinosaur kale toughens it up by adding fiber and the flood of antioxidants and nutrients we depend on super greens for.

#### KARMA BERRY SMOOTHIE

#### Blueberry and Almond Smoothie

Blueberries are known as an antioxidant food, because of their high levels of polyphenols--in particular, anthocyanins, the phytochemical that gives blueberries their color. The high levels of vitamins A, C and E also contribute to blueberry juice's reputation as an antioxidant.

# **EX-SQUEEZE ME?**

#### Lemon-Turmeric Tonic

This drink provides an alkaline reaction in the body and helps reduce inflammation.

It's a perfect drink to add to your detox routine, especially because there are a host of health benefits that come with it!

#### RED SAVAGE

#### Beet, Carrot, Apple and Ginger Juice

This juice is the most incredible color and is wonderfully sweet.

Beets are said to lower blood pressure, carrots pack a super beta-carotene punch, apples are cancer fighters and ginger just loves your heart.