# Cardiovascular disease dataset analysis using different Machine learning algorithms

# Introduction:

The objective of this Analysis is to predict weather a person is suffering from cardiovascular disease using machine learning algorithms. In this analysis I am comparing some of the classification algorithms like Decision Tree, Random Forest, Support vector machine, KNN etc., to find out the best model and the algorithm to predict the cardiovascular disease and the key features which are impacting it like Blood pressure (Systolic, Diastolic Blood pressure), Glucose, smoking, Activity, Age etc.

The dataset which I am using is from Kaggle (Machine Learning and Data Science Community). The values in that dataset are collected at the moment of the medical examination.

# **Description of the dataset**:

The dataset contains total of 70000 rows and 13 columns in total and the column names and description are as follows:

| Column name | Description  | Feature                     | Values /data type   |  |  |
|-------------|--|-----------------------------|---|--|--|
| age         | Age of the person  | Objective feature           | Int (Days)  |  |  |
| height      | Height of the person   | Objective feature           | int (cm)  |  |  |
| weight      | Weight of the person   | Objective feature           | Float (Kg)  |  |  |
| gender      | Gender of the person   | Categorical code            | 0 – female<br>1- male                                     |  |  |
| ap_hi       | Systolic blood pressure                                      | Examination feature         | int   |  |  |
| ap_lo       | Diastolic blood pressure                                     | Examination feature         | int   |  |  |
| Cholesterol | The amount of the cholesterol the person is having           | Examination feature         | 1: normal<br>2: above normal<br>3: well – above<br>normal |  |  |
| gluc        | The amount of the glucose present in the body of that person | Examination feature         | 1: normal<br>2: above normal<br>3: well above normal      |  |  |
| smoke       | Whether the person is smoking or not                         | Subjective feature (binary) | 0 – non-smoker<br>1 - smoker                              |  |  |
| alco        | Whether the person drinks alcohol or not                     | Subjective feature (binary  | 0-non-alchoholic<br>1- alcoholic                          |  |  |
| active      | Whether the person is physically active                      | Subjective feature (binary) | 0 – not- active<br>1-active                               |  |  |

| cardio | Presence or absence | Target variable | 0- No  |
|--------|---------------------|-----------------|--------|
|        | of cardiovascular   | (binary)        | 1- Yes |
|        | disease             |                 |        |

The above is the tabular column of the columns containing in the dataset. There are 3 types of input features given in the dataset these are as follows:

Objective: factual information.

Examination: results of medical Examination. Subjective: Information given by the patient.

Target variable (cardio): person is having cardiovascular disease or not.

# **Exploratory data Analysis (EDA):**

Before implementing the model, we need to preprocess the data in order to remove any outliers present in the data and need to check for any missing values or null values and mismatched data.

As per the given data the data is having all the numerical variables even there are some categorical variables i.e., (smoke, gender, alcohol, glucose, physical activity) but they are also given as numerical values i.e., binary values 0 and 1 including the target variable (cardio).

Upon checking for the missing values, the dataset does not have any missing values to deal with, the dataset is good and having the efficient data.

Comparing the percentage of people who is suffering with cardiovascular disease and are not suffering with it. The percentages are as follows.

| Cardiovascular disease                 | percentage |
|--|------------|
| Yes – people having the disease        | 49.97%     |
| No – people without having the disease | 50.03%     |

# Outliers in the given data:

### **Blood pressure:**

Based on the columns in the dataset the ap\_hi, ap\_lo columns are related to blood pressure i.e., Systolic Blood pressure and Diastolic Blood pressure these are most related for the cause of Cardio vascular disease.

The normal Blood pressure of a healthy person is (120/80) 120- Systolic Blood pressure and 80(Diastolic Blood pressure), According to the Medical researchers and Doctors the Minimum and maximum values of this blood pressure are,

Systolic blood pressure – Minimum = 0, maximum = 300mm Hg Diastolic blood pressure – Minimum = 0, Maximum = 200mmHg Note: Always the Systolic Blood pressure must be higher than that of the Diastolic blood pressure.

Based on these conditions we need to clean the data in order to eliminate the outliers in the dataset and the percentage of this outlier values is 1.84%, we can remove these values.

**BMI:** The body mass index is the measure of Fat based on the persons height and weight and it will play a crucial role in the cardio vascular disease if a person with more BMI will have more chances to get the Cardio vascular disease. The formula of the BMI is

BMI = Weight (in Kgs)/ (Height \* Height) (in mts)

In the Given Data we have both height and weight columns so we can obtain the BMI value based on these 2 columns and compare with the target variable (Cardio).

Underweight: BMI < 18.5

Normal weight: 18.5 <= BMI < 25 Overweight: 25 <= BMI < 30 Obesity class I: 30 <= BMI < 35 Obesity class II: 35 <= BMI < 40 Obesity class III: BMI >= 40

Based on these values we can give the Minimum and Maximum value ranges for BMI and remove the values which are not in that particular range.

Upon checking the total percentage of outlier values related to BMI is 2.83%, we can remove these values from the dataset.

**Age:** Age is also a concerning factor for the cardio vascular disease upon increase in age. The increase in age will automatically increase the chances of getting the Cardio vascular disease and so according to the data the age is given in days we can convert it to years and check the correlation between age and cardio (target variable).

**Gender:** In the dataset the gender is classified as Male/Female gender 1- female and 2: Male. On checking the value counts for this column Most the data is for the female and only 30% of the data is Male.

#### Other columns:

The other columns are usually categorical columns but, in the dataset, they have directly given as the numerical/binary values and we can classify accordingly.

Usually the other columns Cholesterol, glucose level, alcohol intake, smoke (Number of cigs per day), Physical Activity these columns also will play a crucial role in the cardio vascular disease but upon checking the value counts data the Data in the Data set is mostly Skewed data i.e., it is having 80 to 20% ratio between each column so that for this particular dataset these columns are not that much concerning columns for the Cardio vascular disease.

# Methods:

For Analysis and predicting of the Heart stroke (Cardio vascular disease) I am using 4 different algorithms i.e.,

- 1. Decision tree
- 2. Random Forest
- 3. K-Nearest Neighbor
- 4. SVM (Support vector Machine)

Upon checking the Accuracy and sensitivity of the models we can able to tell that which model is better in order to predict the cardio vascular disease with the given Data.

For the model I have used the normal test train split ratio i.e., 80:20 for splitting the data to training and test data

## Metrics used throughout the models are:

Accuracy: Accuracy is defined as the measure how well the model is the able to predict the value of the given data sample. Accuracy can be calculated as Total number of true predictions/Total number of predictions made.

Sensitivity: Sensitivity is the measure of the model that is able to correctly identify the True outcomes from a prediction.

Sensitivity can be calculated as follows:

Sensitivity = T.P/(T. P+F.N)

T.P: Ture positive F.N: False Negative

#### **Decision Tree:**

The decision tree algorithm is a powerful tool for solving both classification and regression problems. This algorithm constructs a tree-like model by recursively partitioning the dataset based on different conditions. In the context of predicting the likelihood of a heart stroke for an individual, the decision tree algorithm can use the available data to make a prediction.

#### Implementation:

1. The basic decision tree algorithm on the dataset gives without passing any parameters to the Decision tree classifier and checking the predicted value i.e., y\_pred. The Accuracy and sensitivity for the given data is as follows:

Sensitivity = 0.62333% i.e., 62.4% Accuracy = 0.64% i.e., 64%

Here in the above model, we did not used any parameters which can increase the accuracy and sensitivity. The Accuracy by using the Decision Tree algorithm can be changed based on the certain parameters like max\_depth & max\_leaf\_nodes etc.,

**Max\_depth**: In a decision tree algorithm, the depth is the distance from the root node to the farthest leaf node. By setting the max\_depth parameter, we can control the complexity of the decision tree and improve the accuracy of the model. The max\_depth parameter limits the number of levels in the tree, and we can optimize this parameter through

hyperparameter tuning. By selecting the max\_depth value that yields the highest validation set accuracy, we can build a more accurate decision tree model.

Max\_leaf\_nodes: A leaf node in a decision tree algorithm is a node that has no children and represents a final prediction based on the given input data. By setting the max\_leaf\_nodes parameter, we can avoid overfitting by constraining the complexity of the decision tree. This parameter limits the number of leaf nodes in the tree and can be optimized through hyperparameter tuning. By selecting an appropriate value for max\_leaf\_nodes, we can prevent the decision tree from becoming too complex and overfitting the training data, resulting in a more generalizable model.

# **Hyperparameter Tuning for both Max\_depth and Max\_leaf\_nodes:**

Hyperparameter tuning is a method to obtain the optimal values for the hyper parameters of a machine learning algorithm to achieve the best performance on a validation set

On performing the Hyperparameter tuning on the above model we are able to get the best parameter values for the max\_depth & max\_leaf\_nodes

Max depth = 5

Max\_leaf\_nodes = 25

The accuracy of the Decision tree classifier by using this Tuning technique and using the above parameters is:

Sensitivity: 64%

Accuracy:0.73 i.e., 73%

#### Random forest:

The Random Forest algorithm is a type of ensemble learning technique that builds numerous decision trees during training and generates predictions by taking the mode of the classes assigned by the individual trees in case of classification problems. Implementation:

1. Basic random forest algorithm is implemented by passing the parameter values randomly the accuracy and sensitivity values are:

Accuracy: 68.4% Sensitivity: 69.05%

For the basic model this is the maximum accuracy and sensitivity we obtained.

# Hyper parameter tuning for n\_estimators & max\_features, max\_depth and max\_leaf\_nodes:

**Tuned random forest:** I have tuned the random forest algorithm based for different parameters using the GridSearchCV randomizer.

**n\_estimators**: It is a hyper parameter in random forest classifier which represents the number of decision trees to be used in the ensemble. The greater number of estimators the more will be the accuracy.

The best features for this I have obtained is as follows:

max\_depth :20, max\_leaf\_nodes: 1000, n\_estimators = 500, max\_features: 'sqrt'
On tuning the model, we got the best accuracy for the random forest.

Accuracy: 73.04% Sensitivity:69.05%

Note: Before implementing the KNN and SVM algorithm models I have used standard scaler method in order to standardize the train and test data.

**Standardization**. The process of standardization involves adjusting the scale of features in a dataset to achieve a mean of zero and a standard deviation of one. This technique is often applied as a preprocessing step to improve the data's compatibility with analysis and modeling techniques, especially when using algorithms that are sensitive to the feature scale, like k-nearest neighbors, SVM, and logistic regression.

## K-Nearest Neighbor:

KNN is a Non parametric supervised learning algorithm the input consists of K closest training examples in the feature

The choice of K is the hyperparameter that affect the accuracy of the model the best value for K will give the most accuracy for the model Implementation:

- 1. Basic model for KNN with a variety value of k in ranging from (1,50) and the accuracy is almost same after the K value = 21.
- 2. For k = 21 the model has predicted the below accuracy and sensitivity values.

Accuracy: 73% Sensitivity: 70%

### Tuning the KNN for best hyperparameters:

Using GridSearchCV to obtain the best values for the parameters n\_neighbours, weights, Metric.

The best parameters obtained after tuning the ML- model are

Metric: 'manhattan, n neighbors: 35, weights: 'uniform'

After using these values also, the sensitivity has changed but the accuracy remained almost similar to that of the normal KNN model.

#### Support vector machine:

Implemented the basic model of the SVM. By using kernel parameter to 'rbf'.

The sensitivity and the accuracy of the model is as follows:

Accuracy: 0.735 Sensitivity :0.6768

The basic model itself have the high accuracy upon implementing the standard scaler method on train and test datasets.

#### Results:

- 1.Based on the above ML models created I have compared all the models with each other for both accuracy and sensitivity
- 2. The accuracy is same almost in every model but Random Forest and Support vector machine has somewhat better accuracy compared to other models.

3. The sensitivity is different for each model so based on these results the better performing Models are **Random Forest and Support vector machine (SVM)** 

The important features concerning the risk of cardiovascular disease are:

ap\_hi (systolic blood pressure)

ap\_lo (Diastolic blood pressure)

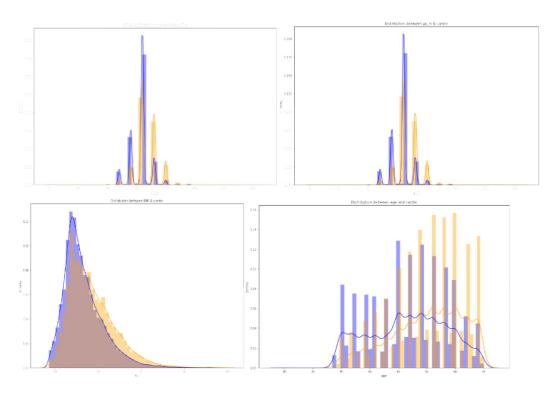
Age (Age of the person)

BMI (Body mass Index)

# Below is the table Comparison of Accuracy and Sensitivity:

| Id | Ml-model                     | Accuracy | Sensitivity |
|----|------------------------------|----------|-------------|
| 1  | Decision tree                | 0.732505 | 0.633078    |
| 2  | Random forest                | 0.734049 | 0.690508    |
| 3  | K-NearestNeighbor            | 0.726110 | 0.695307    |
| 4  | Svm (Support vector machine) | 0.735225 | 0.676863    |

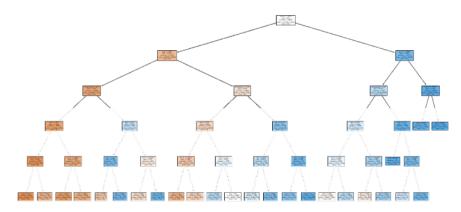
**Figures:** 1. Plots related to EDA target variable (cardio vs ap\_hi), (cardio vs ap\_lo), (cardio vs bmi) & (cardio vs age): the plots are distribution plots showing how the target variable is changing with these columns.



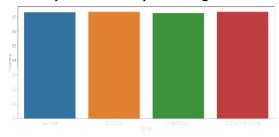
Correlation between the columns: A heat map showing the correlation between the variables.

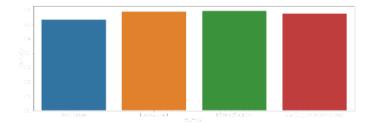


# Decision tree model graph(tuned):



# Accuracy and sensitivity with 4 algorithms





# **Conclusion:**

Based on the results and the comparison between the 4 MI -models on the cardio vascular disease dataset, The random forest and the Support vector machine are performing well and the features of importance are identified.

## 1. Importing all the necessary libraries required

```
In [1]:
          import numpy as np
          import pandas as pd
          import seaborn as sns
         import matplotlib.pyplot as plt
         from sklearn.preprocessing import StandardScaler
         from sklearn.model_selection import train_test_split
         from sklearn.model_selection import GridSearchCV
         from sklearn.model_selection import RandomizedSearchCV
         from sklearn.tree import DecisionTreeClassifier
         from sklearn.ensemble import RandomForestClassifier
         from sklearn.neighbors import KNeighborsClassifier
         from sklearn import svm
         from sklearn import metrics
In [2]:
         from IPython.display import display
         # Reading the dataset extracted from the Kaggle
         cardio_disease = pd.read_csv("cardio_train.csv" , delimiter = ';')
         # viewing the head and tail of the cardio disease dataset #
         display(cardio_disease.head(5))
         cardio_disease.tail(5)
           id
                 age gender height weight ap_hi ap_lo cholesterol gluc smoke alco active cardio
            0 18393
                          2
                                                                                               0
                                168
                                       62.0
                                             110
                                                    80
                                                                                  0
         0
            1
               20228
                          1
                                156
                                       85.0
                                             140
                                                    90
                                                                3
                                                                     1
                                                                            0
                                                                                  0
                                                                                               1
         2
            2 18857
                          1
                                165
                                       64.0
                                             130
                                                    70
                                                                3
                                                                            0
                                                                                 0
                                                                                        0
                                                                                               1
                                                                     1
            3 17623
                          2
                                169
                                       82.0
                                             150
                                                   100
                                                                     1
                                                                            0
                                                                                  0
                                                                                               1
                                             100
                                                                            0
                                                                                 0
                                                                                        0
                                                                                               0
            4 17474
                          1
                               156
                                       56.0
                                                    60
                                                                1
                                                                     1
Out[2]:
                   id
                        age gender height weight ap_hi ap_lo cholesterol gluc smoke
                                                                                     alco active
         69995
               99993 19240
                                       168
                                              76.0
                                                    120
                                                            80
                                                                                         0
                                                                                                1
         69996 99995 22601
                                             126.0
                                                                       2
                                                                             2
                                 1
                                       158
                                                    140
                                                           90
                                                                                    0
                                                                                         0
                                                                                                1
         69997 99996 19066
                                       183
                                             105.0
                                                    180
                                                           90
                                                                       3
                                                                             1
                                                                                                0
                                                                                         1
         69998 99998 22431
                                                                             2
                                                                                                0
                                 1
                                       163
                                              72.0
                                                    135
                                                           80
                                                                       1
                                                                                    0
                                                                                         0
         69999 99999 20540
                                       170
                                              72.0
                                                    120
                                                           80
                                                                       2
                                                                             1
                                                                                         0
                                                                                                1
In [3]:
         # info of the dataset
         cardio disease.info()
         <class 'pandas.core.frame.DataFrame'>
         RangeIndex: 70000 entries, 0 to 69999
        Data columns (total 13 columns):
            Column
                           Non-Null Count Dtype
             -----
                           -----
```

```
0 id 70000 non-null int64
1 age 70000 non-null int64
2 gender 70000 non-null int64
3 height 70000 non-null int64
4 weight 70000 non-null int64
5 ap_hi 70000 non-null int64
6 ap_lo 70000 non-null int64
7 cholesterol 70000 non-null int64
8 gluc 70000 non-null int64
9 smoke 70000 non-null int64
10 alco 70000 non-null int64
11 active 70000 non-null int64
12 cardio 70000 non-null int64
dtypes: float64(1), int64(12)
memory usage: 6.9 MB
```

col\_description feature col\_name datatype

Age | Objective Feature | age | int (days) Height | Objective Feature | height | int (cm) | Weight | Objective Feature | weight | float (kg) | Gender | Objective Feature | gender | categorical code | Systolic blood pressure | Examination Feature | ap\_hi | int | Diastolic blood pressure | Examination Feature | ap\_lo | int | Cholesterol | Examination Feature | cholesterol | 1: normal, 2: above normal, 3: well above normal | Glucose | Examination Feature | gluc | 1: normal, 2: above normal, 3: well above normal | Smoking | Subjective Feature | smoke | binary | Alcohol intake | Subjective Feature | alco | binary | Physical activity | Subjective Feature | active | binary | Presence or absence of cardiovascular disease | Target Variable | cardio | binary |

All the binary values (0, 1) are considered as:

Yes : 1 No : 0

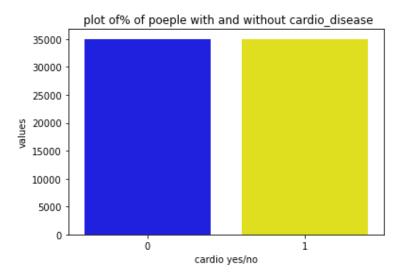
# Description of the column names of the cardio\_disease dataset

Total number of rows it has is: 70000

Number of columns is: 13

# **Exploratory data Analysis**

```
# Checking how much % of the people are suffering with cardio disease and how many p
cardio_yes = sum(cardio_disease['cardio'] == 1)/ len(cardio_disease)*100
cardio_no = sum(cardio_disease['cardio'] == 0)/len(cardio_disease)*100
print("% of people having cardio disease:",cardio_yes)
print("% of people not having cardio disease:", cardio_no )
# visualizing the same
sns.countplot(data = cardio_disease, x = 'cardio', palette= {0 : 'blue', 1: 'yellow'
plt.title(" plot of% of poeple with and without cardio_disease")
plt.xlabel("cardio yes/no")
plt.ylabel("values")
plt.show
```



```
['id', 'age', 'gender', 'height', 'weight', 'ap_hi', 'ap_lo', 'cholesterol', 'gluc', 'smoke', 'alco', 'active', 'cardio']

Null values for id is 0

Null values for age is 0

Null values for gender is 0

Null values for height is 0

Null values for weight is 0

Null values for ap_hi is 0

Null values for ap_lo is 0

Null values for cholesterol is 0

Null values for smoke is 0

Null values for alco is 0

Null values for active is 0

Null values for cardio is 0
```

# **Outlier checking:**

Outlier checking for Blood pressure for ap\_hi & ap\_lo

According to the Doctors or medical reserachers in the cardiovascular diseases the chances of getting a cardiovascular disease is dependent on the Blood pressure i.e., both (Systolic and Diastolic blood pressure). according from google the minimum and maximum values for Systolic and Distolic are as follows

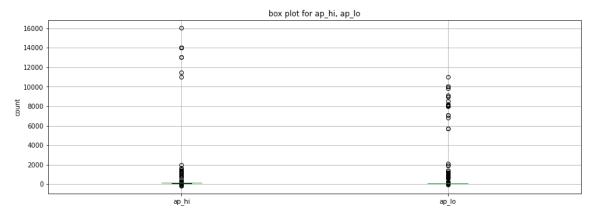
| type               | Minimum | Maximum   |
|--------------------|---------|-----------|
| Systolic pressure  | 0       | 300 mm Hg |
| Diastolic pressure | 0       | 200 mm Hg |

Note: Systolic pressure will be always higher than diastolic pressure

```
In [6]:
    #box plot that shows the outliers for ap_hi & ap_lo
    plt.figure(figsize = (15, 5))
```

```
cardio_disease.boxplot(['ap_hi' , 'ap_lo'])
plt.title("box plot for ap_hi, ap_lo")
plt.ylabel("count")
plt.show
```

# Out[6]: <function matplotlib.pyplot.show(close=None, block=None)>



#According to the above we can check for the outliers if any present in those both c
outlier\_values\_Bp = len(cardio\_disease[(cardio\_disease["ap\_hi"] >= 300) | (cardio\_di
print("The number of outlier values in Blood pressure values is :", outlier\_values\_B
percentage\_of\_outlier\_values = np.round((outlier\_values\_Bp/len(cardio\_disease)\*100),
print("The percentage of outlier values in the dataset for both Blood pressures is:"

The number of outlier values in Blood pressure values is : 1289
The percentage of outlier values in the dataset for both Blood pressures is: 1.84

```
In [8]:
# since the % of outlier values is low we can directly remove them for the dataset #
    cardio_disease_1 = cardio_disease.copy()
    cardio_disease_1 = cardio_disease_1[(cardio_disease_1['ap_hi'] >= 0) & (cardio_disea
        cardio_disease_1 = cardio_disease_1[(cardio_disease_1['ap_hi'] <= 300) &(cardio_disea
        cardio_disease_1 = cardio_disease_1[(cardio_disease_1['ap_hi'] > cardio_disease_1['a
        cardio_disease_1.info()

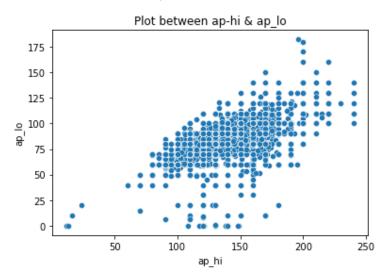
# we have removed the outlier values from ap_hi, ap_lo
#plotting ap_hi vs ap_lo
sns.scatterplot(x = 'ap_hi', y = 'ap_lo', data = cardio_disease_1)
plt.title("Plot between ap-hi & ap_lo")
plt.xlabel("ap_hi")
plt.ylabel("ap_hi")
plt.show
```

Int64Index: 68723 entries, 0 to 69999 Data columns (total 13 columns): # Column Non-Null Count Dtype 0 id 68723 non-null int64 1 68723 non-null int64 age 2 gender 68723 non-null int64 3 height 68723 non-null int64 4 weight 68723 non-null float64 5 ap hi 68723 non-null int64 6 ap lo 68723 non-null int64 7 cholesterol 68723 non-null int64 8 68723 non-null int64 gluc 9 68723 non-null int64 smoke 10 alco 68723 non-null int64 68723 non-null int64 11 active 12 cardio 68723 non-null int64

<class 'pandas.core.frame.DataFrame'>

dtypes: float64(1), int64(12)
memory usage: 7.3 MB

Out[8]: <function matplotlib.pyplot.show(close=None, block=None)>



```
In [9]:
# distribution of the ap_hi according with the cardio disease
plt.figure(figsize = (15, 10))
sns.distplot(cardio_disease_1['ap_hi'][cardio_disease_1['cardio'] == 0], color = 'bl
sns.distplot(cardio_disease_1['ap_hi'][cardio_disease_1['cardio'] == 1], color = 'or
plt.title("Distribution between ap_hi & cardio")
plt.show()
```

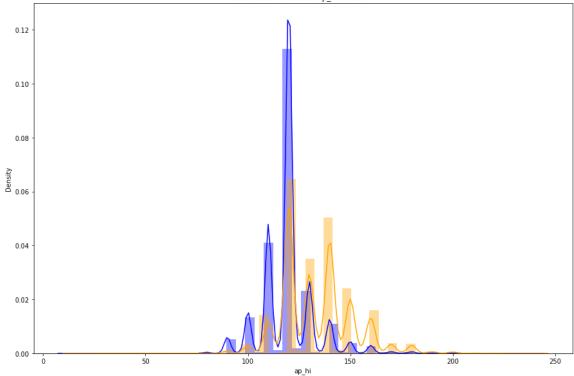
D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)

D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)





```
In [10]:
    plt.figure(figsize = (15,10))
    sns.distplot(cardio_disease_1['ap_lo'][cardio_disease_1['cardio'] == 0], color = 'bl
    sns.distplot(cardio_disease_1['ap_lo'][cardio_disease_1['cardio'] == 1], color = 'or
    plt.title("Distribution between ap_lo & cardio")
    plt.show()
```

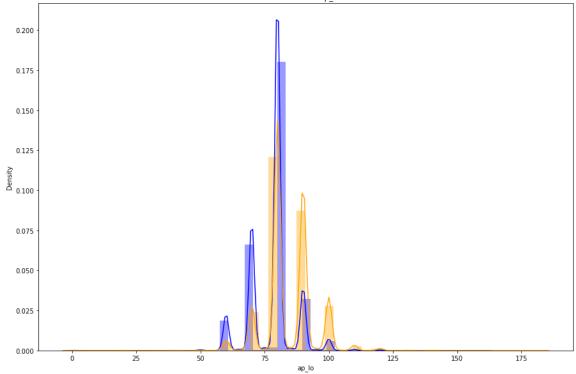
D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

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D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)





From the above graphs we can see that the maximum people affected with cardio or with abnormal values i.e range between min and maximum values.

# height and weight outliers

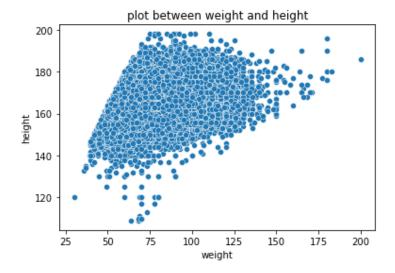
we have both height and weight columns, with this we can calculate the BMI(Body mass Index) value which is a key factor affecting the cardio vascular disease.

The minimum and maximum value of bmi for a person likely to get Cardiovascular disease is 18.5 kg/sq.mts(underweight), 60 kg/sq.mts (overweight)

BMI = weight(kgs)/height\*\*2

```
In [11]:
          #calculating Bmi
          cardio_disease_1['height']= cardio_disease_1['height'].astype(float)
          cardio_disease_1['bmi'] = np.round(cardio_disease_1['weight']/((cardio_disease_1['he
          cardio_disease_1['bmi'].head()
Out[11]: 0
              21.97
              34.93
         1
         2
              23.51
         3
              28.71
              23.01
         Name: bmi, dtype: float64
In [12]:
          # filtering the dataset and removing outliers based on the bmi max and min values:
          cardio_disease_1 = cardio_disease_1[(cardio_disease_1['bmi'] < 60) & (cardio_disease</pre>
          outlier_values_removed = round(70000 - len(cardio_disease_1))/70000*100
          print("the total percentage of values removed from the dataset:", outlier_values_re
         the total percentage of values removed from the dataset: 2.8328571428571427
In [13]:
          # plot between height and weight#
          sns.scatterplot(x = 'weight', y = 'height', data = cardio_disease_1)
          plt.title("plot between weight and height")
```

plt.show()



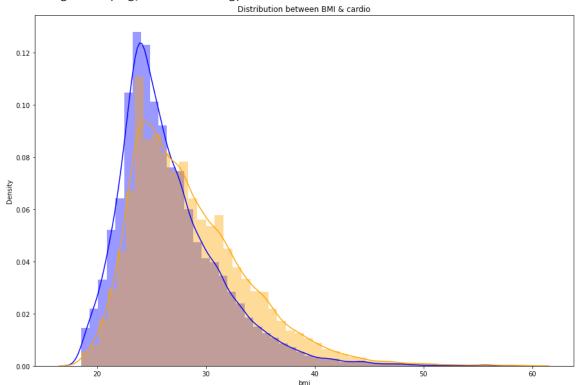
```
In [14]:
# distribution of BMI with cardio
plt.figure(figsize = (15, 10))
sns.distplot(cardio_disease_1['bmi'][cardio_disease_1['cardio'] == 0], color = 'blue
sns.distplot(cardio_disease_1['bmi'][cardio_disease_1['cardio'] == 1], color = 'oran
plt.title("Distribution between BMI & cardio")
plt.show()
```

D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)

D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)



Age is one of the concerning factors for the cardio vascular disease.

It is said that as age increases the chances of getting a heat stroke(cardio vascular disease) will increase.

```
In [15]:
# In the data the Age is given in numbers converting the age into Years
cardio_disease_1['age'] = cardio_disease_1['age'].astype(float)
cardio_disease_1['age'] = (cardio_disease_1['age']/365).round()
# checking the relation ship between the
```

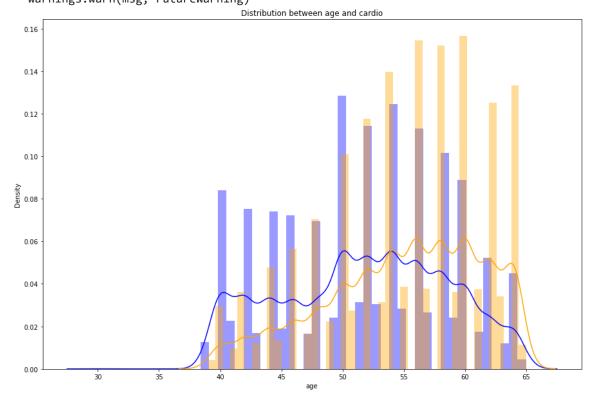
```
In [16]: #Distribution of age with the cardio
    plt.figure(figsize = (15, 10))
    sns.distplot(cardio_disease_1['age'][cardio_disease_1['cardio'] == 0], color = 'blue
    sns.distplot(cardio_disease_1['age'][cardio_disease_1['cardio'] == 1], color = 'oran
    plt.title("Distribution between age and cardio")
    plt.show()
```

D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)

D:\Anaconda\lib\site-packages\seaborn\distributions.py:2557: FutureWarning: `distplo t` is a deprecated function and will be removed in a future version. Please adapt yo ur code to use either `displot` (a figure-level function with similar flexibility) o r `histplot` (an axes-level function for histograms).

warnings.warn(msg, FutureWarning)



From the above observation we can see that upon increase in age the chances of getting the cardio vascular disease is high

```
In [17]: #As per the data gender is given as numerical code 1 : female and 2 : male
# checking the total number of males and females in the given data
cardio_disease_1['gender'].value_counts()
```

```
Out[17]: 1 44286
2 23731
Name: gender, dtype: int64
```

According to the given data the % of most of the persons is female rather than the male and it is obvious that according to this data more affected with the cardio disease is female persons

```
In [18]:
# checking the other categorical variables wihch are given as numerical variables or
print("The number of each categories in cholesterol")
display(cardio_disease_1['cholesterol'].value_counts())
print("The number of each categories in glucose")
display(cardio_disease_1['gluc'].value_counts())
print("The number of each categories in smoke")
display(cardio_disease_1['smoke'].value_counts())
print("The number of each categories in alco")
display(cardio_disease_1['alco'].value_counts())
print("The number of categories in active")
display(cardio_disease_1['active'].value_counts())
```

```
The number of each categories in cholesterol
1
     50952
2
     9226
3
      7839
Name: cholesterol, dtype: int64
The number of each categories in glucose
    57797
3
     5195
2
      5025
Name: gluc, dtype: int64
The number of each categories in smoke
     62052
1
      5965
Name: smoke, dtype: int64
The number of each categories in alco
     64387
1
      3630
Name: alco, dtype: int64
The number of categories in active
    54619
1
     13398
a
Name: active, dtype: int64
```

Usually the cardio vasular disease will be dependent on the above varibales glucose, cholesterol percentage, alchol intake, smoking and physical activity but the data in the dataset is like skewed so according to this data the cardio is not much dependent upon these values the same can be observed in the correlation plot.

```
In [19]:
            #dropping the unnecessary columns like id , height, and weight
            dropped_cols = ['id', 'height', 'weight']
            cardio_disease_1 = cardio_disease_1.drop(dropped_cols, axis = 1)
            cardio_disease_1.info()
           <class 'pandas.core.frame.DataFrame'>
           Int64Index: 68017 entries, 0 to 69999
           Data columns (total 11 columns):
            #
                Column Non-Null Count Dtype
                age 68017 non-null float64
gender 68017 non-null int64
ap_hi 68017 non-null int64
ap_lo 68017 non-null int64
            0
            1
            2
            3
            4
                cholesterol 68017 non-null int64
                gluc 68017 non-null int64
smoke 68017 non-null int64
            5
```

7 alco 68017 non-null int64 8 active 68017 non-null int64 9 cardio 68017 non-null int64 10 bmi 68017 non-null float64

dtypes: float64(2), int64(9)

memory usage: 6.2 MB

In [20]:

#correltion between each column
cardio\_disease\_1.describe()

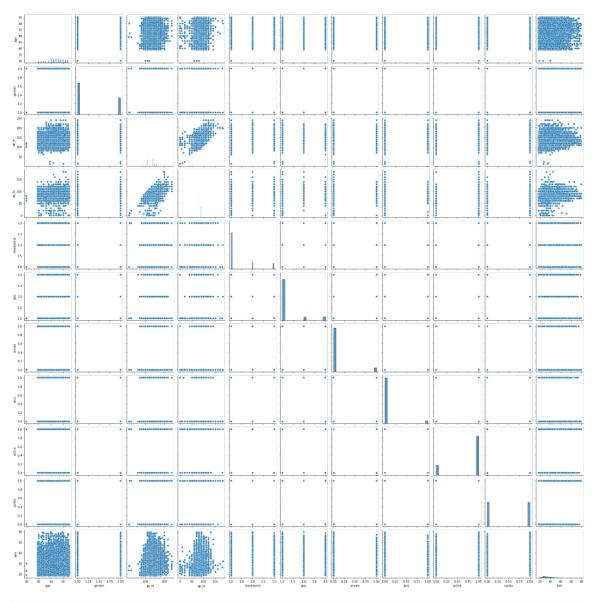
Out[20]:

|       | age          | gender       | ap_hi        | ap_lo        | cholesterol  | gluc         | sr       |
|-------|--------------|--------------|--------------|--------------|--------------|--------------|----------|
| count | 68017.000000 | 68017.000000 | 68017.000000 | 68017.000000 | 68017.000000 | 68017.000000 | 68017.00 |
| mean  | 53.345811    | 1.348898     | 126.768734   | 81.312951    | 1.366144     | 1.226635     | 80.0     |
| std   | 6.758224     | 0.476625     | 16.683540    | 9.614005     | 0.680140     | 0.572741     | 0.28     |
| min   | 30.000000    | 1.000000     | 12.000000    | 0.000000     | 1.000000     | 1.000000     | 0.00     |
| 25%   | 48.000000    | 1.000000     | 120.000000   | 80.000000    | 1.000000     | 1.000000     | 0.00     |
| 50%   | 54.000000    | 1.000000     | 120.000000   | 80.000000    | 1.000000     | 1.000000     | 0.00     |
| 75%   | 58.000000    | 2.000000     | 140.000000   | 90.000000    | 2.000000     | 1.000000     | 0.00     |
| max   | 65.000000    | 2.000000     | 240.000000   | 182.000000   | 3.000000     | 3.000000     | 1.00     |
| 4     |              |              |              |              |              |              |          |

In [21]:

sns.pairplot(cardio\_disease\_1)

Out[21]: <seaborn.axisgrid.PairGrid at 0x213336c9c10>



```
In [22]: #correlation plot
   plt.figure(figsize = (13, 10))
   sns.heatmap(cardio_disease_1.corr(), annot = True)
   plt.title("Heatmap plot between the correlation of columns in the Data")
   plt.show()
```



from the above heatmap we can see that the most concerning feature is ap\_hi, ap\_lo, age, Bmi ML- models:

i am using different machine learning algorithms to predict the existence of cardiovascular diseases in patient according to our dataset

- 1. Decision tree
- 2. Random forest
- 3. K nearest Neighbour
- 4. SVM

1 Decision Tree

```
In [61]:
          # Train test split:
          #Seperating the training and test sets
          X = cardio_disease_1.drop(['cardio'], axis = 1) # Input variables
          y = cardio_disease_1['cardio'] # target variables
          # here i am splitting the dataset in the 80:20 ratio
          X_train, X_test, y_train, y_test = train_test_split(X, y, test_size = 0.2, random_st
          # the shape of the train and test arrays#
          print(X_train.shape)
          print(y train.shape)
          print(X_test.shape)
          print(y_test.shape)
         (54413, 10)
         (54413,)
         (13604, 10)
         (13604,)
```

```
In [62]:
    decision_tree = DecisionTreeClassifier()
    decision_tree.fit(X_train, y_train)
    y_pred = decision_tree.predict(X_test)

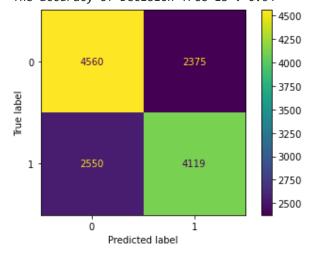
#metrics calculation:
    print(metrics.classification_report(y_test, y_pred)) # classification report

#confusion metrics:
    confusion_matrix_dt = metrics.confusion_matrix(y_test, y_pred)
    metrics.plot_confusion_matrix(decision_tree, X_test, y_test)

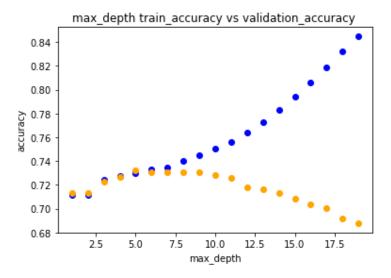
#sensitivity
sensitivity_dt = confusion_matrix_dt[1,1]/(confusion_matrix_dt[1,0] + confusion_matrix_print("The sensitivity of the model using Decision tree is:", sensitivity_dt)
    accuracy_dt = print("The accuracy of Decision Tree is:", np.round(metrics.accuracy_
```

|                                       | precision    | recall       | f1-score             | support                 |
|---------------------------------------|--------------|--------------|----------------------|-------------------------|
| 0<br>1                                | 0.64<br>0.63 | 0.66<br>0.62 | 0.65<br>0.63         | 6935<br>6669            |
| accuracy<br>macro avg<br>weighted avg | 0.64<br>0.64 | 0.64<br>0.64 | 0.64<br>0.64<br>0.64 | 13604<br>13604<br>13604 |

The sensitivity of the model using Decision tree is: 0.617633828160144 The accuracy of Decision Tree is: 0.64

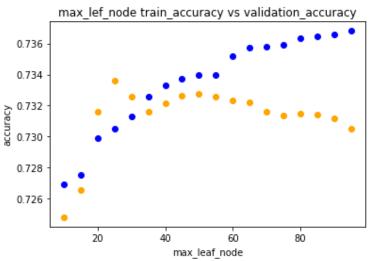


```
In [63]:
          #By changing the parameters to the best parameters we can increase the accuracy and
          # tuning max depth hyperparamter
          train accuracy dt = []
          validation_accuracy_dt = []
          for i in range(1, 20):
              model = DecisionTreeClassifier(max depth = i, random state = 5)
              model.fit(X_train, y_train)
              train_accuracy_dt.append(model.score(X_train, y_train))
              validation_accuracy_dt.append(model.score(X_test, y_test))
          #plot between the values #
          plt.scatter(range(1, 20), train_accuracy_dt, color = 'blue')
          plt.scatter(range(1, 20), validation_accuracy_dt, color = 'orange')
          plt.xlabel('max_depth')
          plt.ylabel('accuracy')
          plt.title("max_depth train_accuracy vs validation_accuracy ")
          plt.show()
```



```
In [64]:
          # tuning max_leaf_node parameter
          train accuracy dt1 = []
          validation_accuracy_dt1 = []
          for j in range(10, 100, 5):
              model = DecisionTreeClassifier(max_leaf_nodes = j , random_state = 5)
              model.fit(X_train, y_train)
              train_accuracy_dt1.append(model.score(X_train, y_train))
              validation_accuracy_dt1.append(model.score(X_test, y_test))
          print(train_accuracy_dt1)
          print(validation accuracy dt1)
          #plot between the values #
          plt.scatter(range(10,100, 5), train_accuracy_dt1, color = 'blue')
          plt.scatter(range(10, 100, 5), validation accuracy dt1, color = 'orange')
          plt.xlabel('max_leaf_node')
          plt.ylabel('accuracy')
          plt.title("max lef node train accuracy vs validation accuracy")
          plt.show()
```

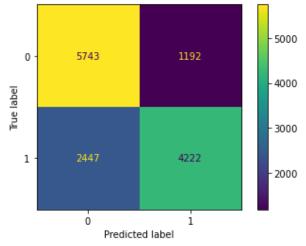
 $[0.7269034973260067,\ 0.7275283480050723,\ 0.729880727032143,\ 0.7304871997500597,\ 0.7312958300406153,\ 0.7325822873210446,\ 0.7333174057670042,\ 0.733703342951133,\ 0.7339422564460699,\ 0.7339973903295168,\ 0.7351919578042012,\ 0.735706540716373,\ 0.7358168084832669,\ 0.7359454542113097,\ 0.7363313913954386,\ 0.7364784150846305,\ 0.7366070608126735,\ 0.7368092183853123] [0.7247868274037048,\ 0.7265510144075272,\ 0.7316230520435166,\ 0.7336077624228168,\ 0.7325786533372537,\ 0.7316230520435166,\ 0.7321376065862981,\ 0.7326521611290797,\ 0.7327256689209056,\ 0.7325786533372537,\ 0.7314760364598647,\ 0.7314025286680388,\ 0.731182005292561,\ 0.7305204351661276]$ 



if we check the both graphs for max\_leaf\_node and max\_depth values the max\_depth = 5, max\_leaf\_node = 25 these points where the train accuracy is incresing and validation accuracy is decreasing so we can use these tuned values in order to get the improved accuracy for the Decision tree model

|                                       | precision    | recall       | f1-score             | support                 |
|---------------------------------------|--------------|--------------|----------------------|-------------------------|
| 0<br>1                                | 0.70<br>0.78 | 0.83<br>0.63 | 0.76<br>0.70         | 6935<br>6669            |
| accuracy<br>macro avg<br>weighted avg | 0.74<br>0.74 | 0.73<br>0.73 | 0.73<br>0.73<br>0.73 | 13604<br>13604<br>13604 |

The sensitivity of the model using Decision tree is: 0.617633828160144 The accuracy of Decision Tree is: 0.7325051455454278



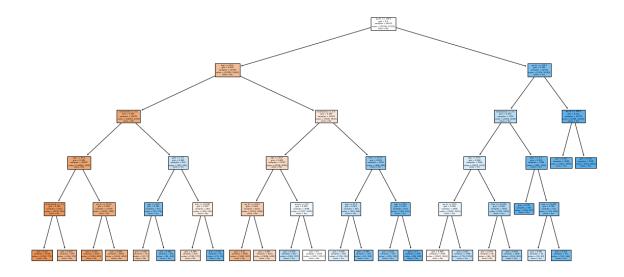
```
In [28]: #features of importance
    x_names = cardio_disease_1.columns.tolist()
    x_names.remove('cardio')
    y_names = ['No', 'Yes']
    feature_importance = {}
    for i, name in enumerate(x_names):
        feature_importance.update({name:decision_tree_tuned.feature_importances_[i]})
    sorted_order = dict(sorted(feature_importance.items(), key = lambda x:x[1], reverse    print("The important features in the dataset are:")
```

```
for k in sorted_order:
     print(k)
The important features in the dataset are:
```

```
ap hi
age
cholesterol
bmi
gluc
ap_lo
active
gender
smoke
alco
```

```
In [29]:
```

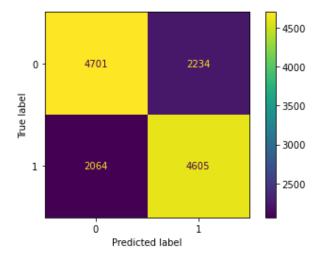
```
from sklearn import tree
figure = plt.figure(figsize = (20,10))
_ = tree.plot_tree(decision_tree_tuned, feature_names = x_names, class_names = y_nam
```



# Random forest

```
In [30]:
          random_forest = RandomForestClassifier(random_state = 5, n_estimators = 100, bootstr
          predict = random_forest.fit(X_train, y_train)
          y_pred = predict.predict(X_test)
          #metrics:
          confusion_metrics_rf = metrics.confusion_matrix(y_test, y_pred)
          metrics.plot_confusion_matrix(random_forest, X_test, y_test)
          #Sensitivity & Accuracy:
          accuracy_rfc = metrics.accuracy_score(y_test, y_pred)
          sensitivity_rfc = confusion_metrics_rf[1,1]/(confusion_metrics_rf[1,1]+confusion_met
          print("The accuracy of the Random forest classifier is:", accuracy_rfc)
          print("The sensitivity of the Random forest classifier is :", sensitivity_rfc)
```

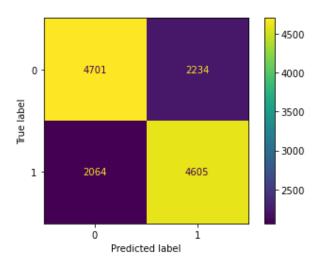
The accuracy of the Random forest classifier is: 0.6840635107321376 The sensitivity of the Random forest classifier is: 0.6905083220872694



#### Tuned random forest for best paramters

```
In [35]:
          #tuning for best paramters #
          from sklearn.model selection import cross validate
          from sklearn.model selection import cross val score
          estimators = {'n_estimators' : [500], 'max_features' : ['sqrt'], 'max_depth': [20], 'm'
          random_forest_classifier_tuned = GridSearchCV(estimator = RandomForestClassifier(),
          print(random_forest_classifier_tuned.best_estimator_)
          param_selection = random_forest_classifier_tuned.cv_results_['params']
          for i in param_selection:
              print(i)
         RandomForestClassifier(max_depth=20, max_features='sqrt', max_leaf_nodes=500,
                                n estimators=500)
         {'max_depth': 20, 'max_features': 'sqrt', 'max_leaf_nodes': 500, 'n_estimators': 50
         0}
         {'max depth': 20, 'max features': 'sqrt', 'max leaf nodes': 1000, 'n estimators': 50
         {'max_depth': 20, 'max_features': 'sqrt', 'max_leaf_nodes': 1500, 'n_estimators': 50
         0}
In [37]:
          #tuned Random forest :
          random_forest_tuned = RandomForestClassifier(random_state = 5, n_estimators = 500, b
                                                       max_depth = 20, max_leaf_nodes = 1000,
          predict = random_forest_tuned.fit(X_train, y_train)
          y pred = predict.predict(X test)
          #metrics:
          confusion_metrics_rf_tuned = metrics.confusion_matrix(y_test, y_pred)
          metrics.plot_confusion_matrix(random_forest, X_test, y_test)
          #Sensitivity & Accuracy:
          accuracy_rfc_tuned = metrics.accuracy_score(y_test, y_pred)
          sensitivity_rfc_tuned = confusion_metrics_rf_tuned[1,1]/(confusion_metrics_rf_tuned[
          print("The accuracy of the Random forest classifier is:", accuracy_rfc_tuned)
          print("The sensitivity of the Random forest classifier is :", sensitivity_rfc_tuned)
```

The accuracy of the Random forest classifier is: 0.7340488091737725
The sensitivity of the Random forest classifier is: 0.6905083220872694



# Standadized Scalar technique for SVM and KNN models

```
In [39]: #scaling the train, test dataset for KNN and SVM algorithms
    scaler = StandardScaler()
    X_train = scaler.fit_transform(X_train)
    X_test = scaler.transform(X_test)
```

# k-NearstNeighbor

KNN accuracy with k: 19, 0.72

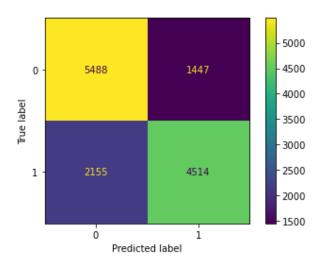
```
In [45]:
          #K- nearest Neighbour:
          for k in range(1, 50):
              knn = KNeighborsClassifier(n_neighbors = k)
              knn.fit(X_train, y_train)
              score = knn.score(X_test, y_test)
              print(f"KNN accuracy with k: {k}, {score:.2f}")
          #upon running randomly with different K values the accuracy is constant after K = 21
         KNN accuracy with k: 1, 0.64
         KNN accuracy with k: 2, 0.65
         KNN accuracy with k: 3, 0.68
         KNN accuracy with k: 4, 0.68
         KNN accuracy with k: 5, 0.69
         KNN accuracy with k: 6, 0.70
         KNN accuracy with k: 7, 0.71
         KNN accuracy with k: 8, 0.70
         KNN accuracy with k: 9, 0.71
         KNN accuracy with k: 10, 0.71
         KNN accuracy with k: 11, 0.72
         KNN accuracy with k: 12, 0.72
         KNN accuracy with k: 13, 0.72
         KNN accuracy with k: 14, 0.72
         KNN accuracy with k: 15, 0.72
         KNN accuracy with k: 16, 0.72
         KNN accuracy with k: 17, 0.72
         KNN accuracy with k: 18, 0.73
```

```
KNN accuracy with k: 20, 0.72
         KNN accuracy with k: 21, 0.73
         KNN accuracy with k: 22, 0.73
         KNN accuracy with k: 23, 0.73
         KNN accuracy with k: 24, 0.73
         KNN accuracy with k: 25, 0.73
         KNN accuracy with k: 26, 0.73
         KNN accuracy with k: 27, 0.73
         KNN accuracy with k: 28, 0.73
         KNN accuracy with k: 29, 0.73
         KNN accuracy with k: 30, 0.73
         KNN accuracy with k: 31, 0.73
         KNN accuracy with k: 32, 0.73
         KNN accuracy with k: 33, 0.73
         KNN accuracy with k: 34, 0.73
         KNN accuracy with k: 35, 0.73
         KNN accuracy with k: 36, 0.73
         KNN accuracy with k: 37, 0.73
         KNN accuracy with k: 38, 0.73
         KNN accuracy with k: 39, 0.73
         KNN accuracy with k: 40, 0.73
         KNN accuracy with k: 41, 0.73
         KNN accuracy with k: 42, 0.73
         KNN accuracy with k: 43, 0.73
         KNN accuracy with k: 44, 0.73
         KNN accuracy with k: 45, 0.73
         KNN accuracy with k: 46, 0.73
         KNN accuracy with k: 47, 0.73
         KNN accuracy with k: 48, 0.73
         KNN accuracy with k: 49, 0.73
In [46]:
          #Knn with K = 21:
          knn = KNeighborsClassifier(n_neighbors = 21)
          knn.fit(X_train, y_train)
          score = knn.score(X_test, y_test)
          #confuion matrix
          confusion_matrix_knn = metrics.confusion_matrix(y_test, y_pred)
          metrics.plot_confusion_matrix(knn, X_test, y_pred)
          #accuracy and sensivity
          print(f"KNN accuracy with k = 21: {score:.2f}")
          sensitivity_knn = confusion_matrix_knn[1,1]/(confusion_matrix_knn[1,1] + confusion_m
          print(f"KNN sensitivity with k = 21: {score:.2f}")
         KNN accuracy with k = 21: 0.73
         KNN sensitivity with k = 21: 0.73
                                                  6000
                    6814
            0
                                                  5000
         Frue label
                                                  4000
                                                  - 3000
                    441
                                    5782
            1 -
                                                  2000
                                                  1000
```

1

Predicted label

```
In [47]:
                     #tuned KNN
                     values = []
                     for i in range(1, 40):
                             values.append(i)
                     from sklearn.model selection import GridSearchCV
                     param_grid = {'n_neighbors': values, 'weights': ['uniform', 'distance'], 'metric' :
                     knn = KNeighborsClassifier()
                     grid_search = GridSearchCV(knn, param_grid, cv =5)
                     grid_search.fit(X_train, y_train)
                     best_params = grid_search.best_params_
                     print(best params)
                    {'metric': 'manhattan', 'n_neighbors': 35, 'weights': 'uniform'}
In [50]:
                     #running with the best parameters obtained from grid search CV
                     knn_tuned = KNeighborsClassifier(**best_params)
                     knn.fit(X_train, y_train)
                     y_pred = knn.predict(X_test)
                     accuracy = metrics.accuracy_score(y_test, y_pred)
                     #confusion matrix
                     confusion_matrix_knn_tuned = metrics.confusion_matrix(y_test, y_pred)
                     #metrics.plot_confusion_matrix(knn_tuned, X_test, y_pred)
                     #Accuracy and sensitivity:
                     accuracy = metrics.accuracy score(y test, y pred)
                     print("KNN accuracy with tuned paramteres", accuracy)
                     sensitivity_knn_tuned = confusion_matrix_knn_tuned[1,1]/(confusion_matrix_knn_tuned[
                     print(f"KNN sensitivity with tuned parameters:", sensitivity_knn_tuned)
                    KNN accuracy with tuned paramteres 0.6931049691267275
                   KNN sensitivity with tuned parameters: 0.6819613135402609
                  support vector machine
In [55]:
                     #suport vector machine classifier
                     svm clf = svm.SVC(kernel = 'rbf')
                     svm clf.fit(X train, y train)
                     y_pred = svm_clf.predict(X_test)
                     #confusion matrix:
                     confusion_matrix_svm = metrics.confusion_matrix(y_test, y_pred)
                     metrics.plot_confusion_matrix(svm_clf, X_test, y_test)
                     #Accuracy:
                     accuracy = metrics.accuracy_score(y_pred, y_test)
                     print("the accuracy with svm:",accuracy)
                     #sensitivity:
                     sensitivity svm = confusion matrix svm[1,1]/(confusion matrix svm[1,0] + confusion m
                     print("the sensitivty with SVM is", sensitivity_svm)
                   the accuracy with svm: 0.7352249338429874
                   the sensitivty with SVM is 0.6768630979157295
```



# Conclusion

```
        Out[71]:
        ML-Model
        Accuracy
        Sensitivity

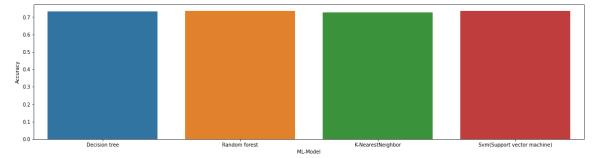
        0
        Decision tree
        0.732505
        0.633078

        1
        Random forest
        0.734049
        0.690508

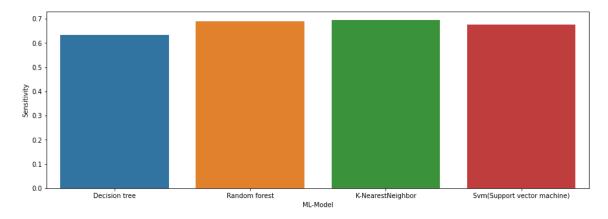
        2
        K-NearestNeighbor
        0.726110
        0.695307

        3
        Svm(Support vector machine)
        0.735225
        0.676863
```

```
In [73]: #plotting the results for different models with different accuracies
plt.figure(figsize =(15,5))
sns.barplot(y= results['Accuracy'], x = results['ML-Model'], orient = 'v')
plt.show()
```



```
In [75]: #plotting the sensitivity of different models#
plt.figure(figsize = (15,5))
sns.barplot(y = results['Sensitivity'], x = results['ML-Model'], orient = "v")
plt.show()
```



By the above we can conclude that all the models aftr tuning are performed well and have almost same accuracy. The sensitivity is changing for each but the accuracy is almost same for each algorithm.

# **Future Refrence**

If we can able to train this kind of real-time data we can implement an Application or web browser where we can deploy our model and based on the input values of the people it can predict weather the person is suffering from cardio vascular disease or not.