

1- Survey for recruiting participants

Welcome!

The aim of this survey is to recruit participants for my study: **Exploring the experience of patients who suffer from chronic diseases regarding medication adherence.** If you are living with a chronic disease (diabetes, asthma, heart disease, COPD etc.) you are qualified for this study.

Please fill in the survey so that I can reach out to you for the next steps. The survey will take around 3 minutes to fill.

Thank you!

Burak Aktas

Survey

1. Are you diagnosed with a chronic disease?
 - Yes
 - No
2. Which chronic disease are you diagnosed with?
 - Heart Disease
 - Asthma
 - Mental Disorder
 - COPD
 - Diabetes
 - Other. (Please type)
3. How long ago did you get diagnosed?
 - Less than a month
 - 1-3 months
 - 3-12 months
 - More than a year
4. Are you prescribed a medication to control your disease?
 - Yes
 - No
5. If you are prescribed a medication, were you using it as prescribed?
 - Not at all
 - Sometimes
 - Most of the time
 - Always

6. I am interested in conducting a diary study with you. I will be sending out a daily survey for you to fill once a day which will take around 2 minutes to fill. I will ask you to fill the survey for 2 weeks. Then I will be setting up a 30 minutes interview with you after the diaries are finished. Would you be interested in being a participant in this study?
 - Yes
 - No
7. Your name
8. Your age
9. Your e-mail address / phone number.

Thank you for participating in this survey!

2- Pre-Diary interview

1. Instructions on how to submit diary entries
 2. Are you using any adherence applications? If so can you show me?
 3. Preference of physical or digital diary
 4. Preference of how to get notified (Text, e-mail etc.)
-

3- Diary Questions

1. Did you take your medicine?
 1. If yes, was it on time?
 2. If no, what was the reason?
 - Forgot
 - Ran out of the med
 - Med is not near me
 - Side effects
 - Costs
 - Other (Please type)
 2. Where were you when you took / missed the medicine?
-

4- Post-Diary Interview

- UX curve, from the diagnosis up to today, how your life is changed?
- The reasons of missed doses? What are the barriers that hold you back from adhering to the treatment?
- The success of the adherence if there are no or small amount of missed doses? What are the techniques, tips you are using to adhere?
- Aids, apps etc.