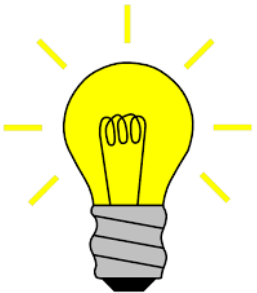






Pre-Internship Briefing

By ECG Team
2020





**“Experience is the
teacher of all things.”
*Julius Caesar***



**Follow these steps
Enjoy your internship
Be yourself**



Overview

- **Resilience and Growth Mindset**
- **Workplace Diversity**
- **ECG@Central**



What is Resilience?

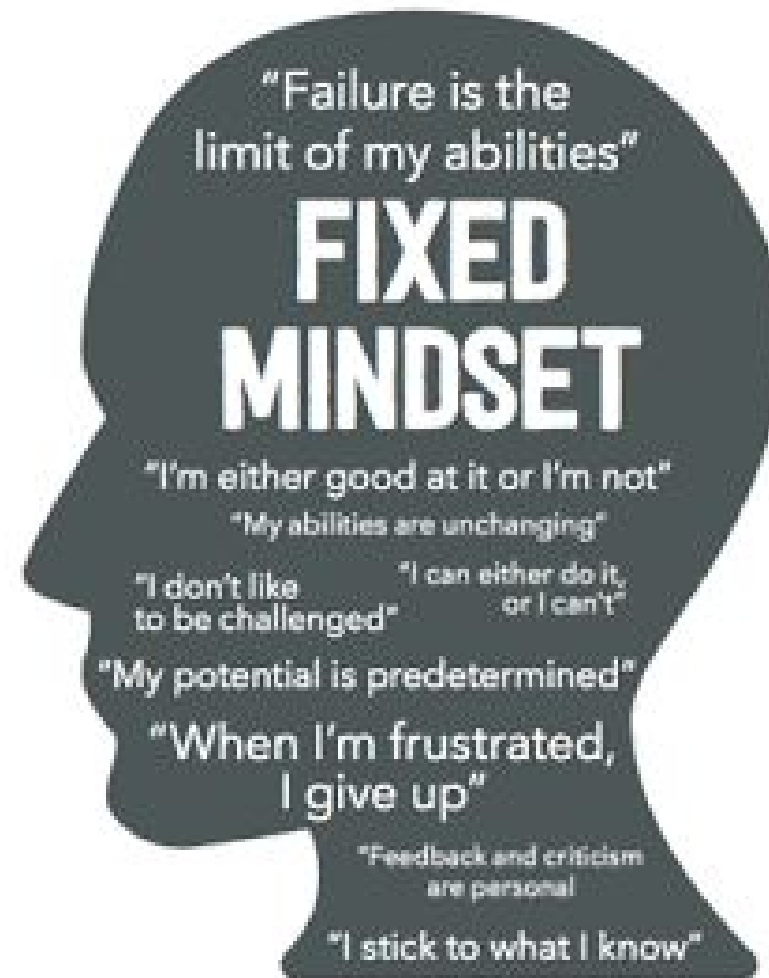
The ability to withstand or recover quickly from difficult conditions








**“The greatest glory of living, lies not in never falling, but in rising every time you fall.”
(Nelson Mandela)**

**“It’s not the strongest of the species that survive, nor the most intelligent, but the most responsive to change.”
(Charles Darwin)**

Do you have a Growth Mindset?



Fixed Mindset vs Growth Mindset

Ability is Static		Ability is Developed
Avoids challenges		Embraces challenges
Gives up easily		Persists in obstacles
Sees effort as fruitless		Sees effort as Necessary
Ignores useful criticism		Learns from criticism
Threatened by others		Inspired by other's success

A Growth Mindset person is naturally Resilient

Workplace Diversity

Video

Title: Diversity

Duration: 2:22 minutes

Link: <https://www.youtube.com/watch?v=hfO82z29hWg>



**We all have
different strengths
and qualities**

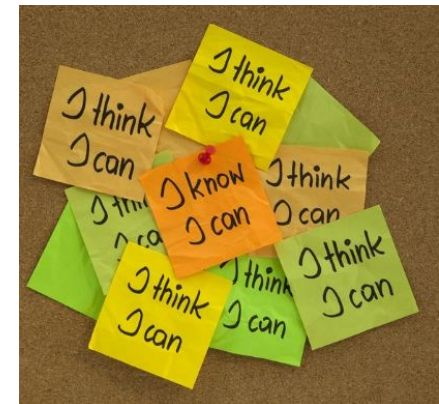
Learning Outcome

- **Demonstrate appreciation and respect for diverse groups of professionals by engaging harmoniously with different company stakeholders (eg. colleagues, supervisors, suppliers)**
- **Exhibit professional ethics by displaying positive disposition during internship**



What you will learn?

- **Recognise diversity in people - different strengths and qualities people possess**
- **List the positive responses you have towards building positive relationships in life and work**
- **Discuss ways towards building trust with other individuals in life and at work**





Benefits of Diversity

- Expands worldliness
- Enhances social development
- Prepares for future career success
- Prepares for work in a global society

Two steps Approach

Step 1:

Self Awareness: Understanding yourself & how do you feel?

- Recognise your prejudices
- Understand your thoughts

Step 2:

Social Awareness: How would you respond?

- Adapting to Cultural Differences
- Communicate with understanding





1

Self Awareness:

Understanding your thoughts

Avoid Diversity Bias based on assumptions of:

- a) Superiority:** I am better than you
My group/country is best
- b) Correctness:** My way is the right way
This is the way it should be
- c) Universality:** We are all the same
Everybody is just like me

2

Social Awareness: How would you respond?

Adapting to Cultural Differences When Communicating



Learn about other cultures before meetings



2

Social Awareness:

How would you respond?

- **Understand everyone's narrative :** Consider your own life, and everything that has shaped your beliefs. Realize that others have their own narratives also. Not one is the same.
- **Befriend all people:** If you know that you tend to avoid befriending certain types of people, go out of your way to find friends of all kinds.



2

Social Awareness:

How would you respond?

- **Show empathy:** When you encounter anyone, try to imagine, understand, and sympathize with that person's story, with everything that has made them who they are.
- **Actively accept:** Meditate upon embracing other people, with all of the diversity that comes with them.
- **Show compassion:** Perform random acts of kindness for all types of people. It can be as simple as a friendly smile or holding open a door.

Diversity is a Positive Force



Without differences or variety among people in the world, the ability to grow and learn would be limited

Quiz on Cultural Diversity

An attitude that is different from yours is a bad attitude



Cultural Contrast is a way to learn about differences and realize why differences exist



Cultural Competence is ability to work effectively in a multi-cultural situation with appropriate behaviours, practices and attitudes

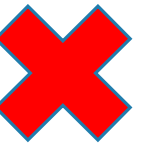


Quiz on Cultural Diversity

In Hong Kong, you and your counterpart share a cup of tea.

During the negotiations you notice that he keeps moving his cup either closer to you or further away. Why?

This is a method used in feng shui to guage positive energy



This represents how far away/close you are to agreement



Quiz on Cultural Diversity

Forming an "O" with the thumb and the forefinger in Japan means that we can now discuss money



Typical greeting in China is:

Have you eaten?



Quiz on Cultural Diversity

Two of your US co-workers are talking, and you have to ask one of them a question about a project you're working on. What should you do?



Go back to your desk and wait until the conversation is over



Interrupt their conversation and ask the question



Stand there and watch them until the conversation is over

Quiz on Cultural Diversity

In Singapore, always send a list of people who will be attending the negotiations and their title well in advance



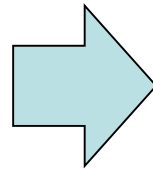
Summary

Doing your part to build harmonious, inclusive and resilient workplaces

Promote Workplace Values :

- ✓ Respect
- ✓ Understanding
- ✓ Inclusiveness
- ✓ Cooperation
- ✓ Harmony
- ✓ Trust
- ✓ Resilience

**Appreciating
Diversity at
Workplace**



A higher morale; a happier workplace

Increased creativity

Increased productivity

Improved decision making / problem solving

Increased market share by creating a satisfied diverse customer base

Summary

Growth Mindset



Open-mindedness



Resilience



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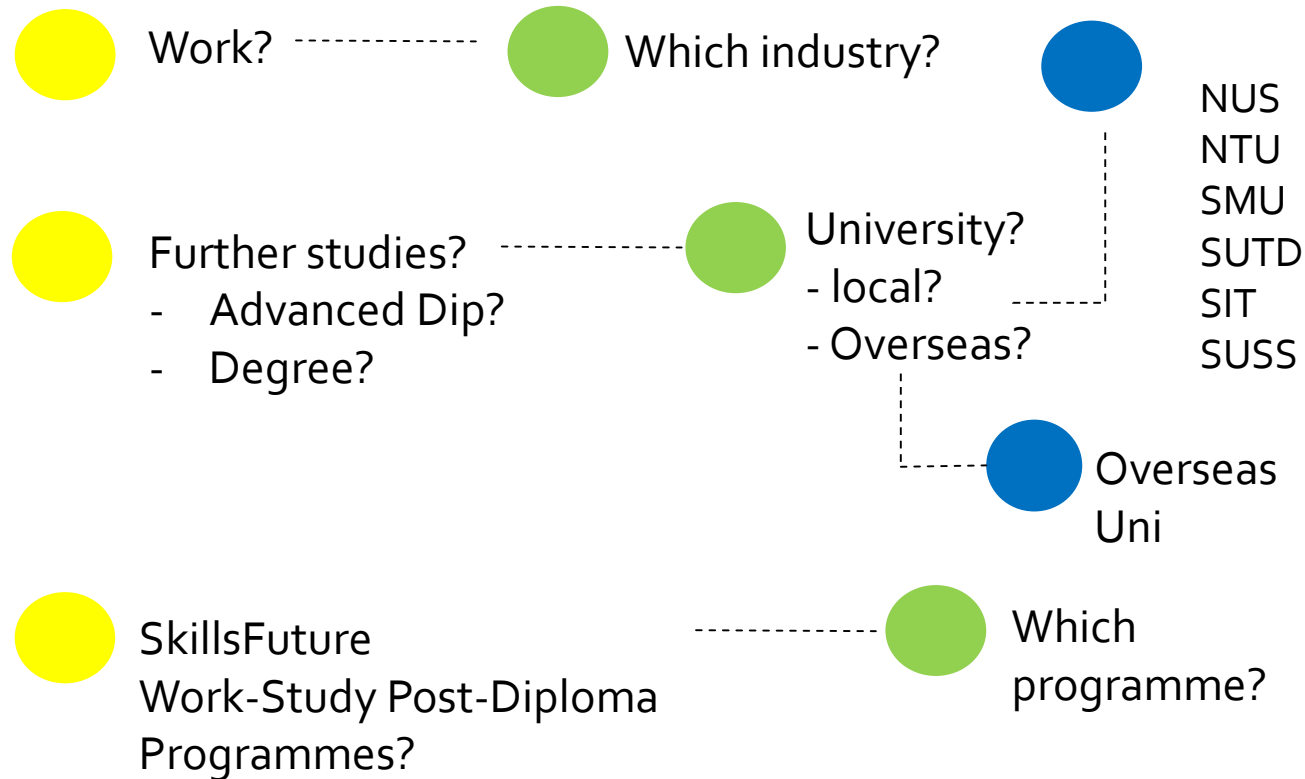
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Make yourself shine!

What is Your NEXT STEP after NYP?

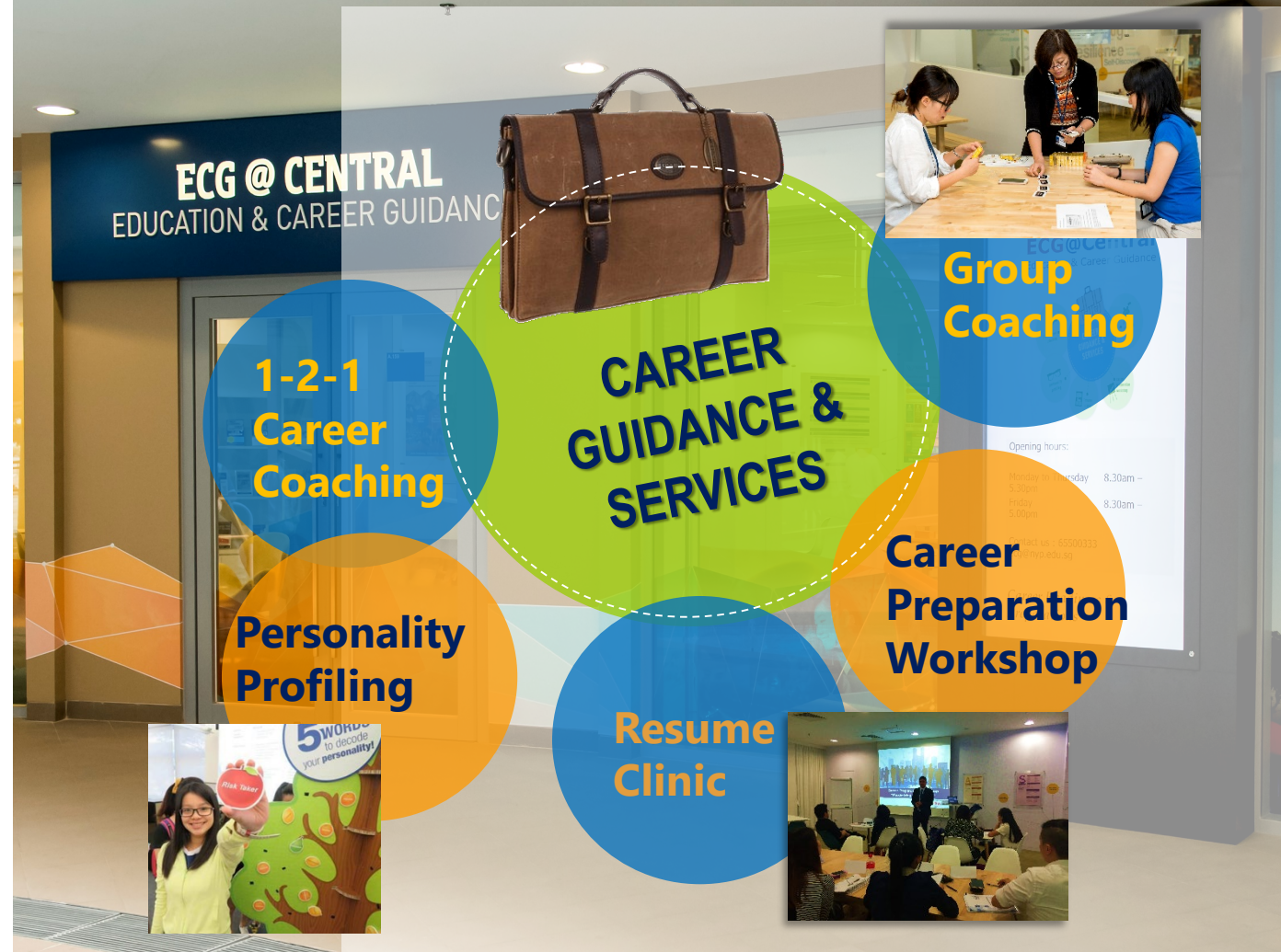


Cyber Risk Analyst

SKILLS FRAMEWORK FOR INFOCOMM TECHNOLOGY SKILLS MAP - CYBER RISK ANALYST	
Sector	Infocomm Technology
Track	Security
Occupation	Information Technology Security Specialist
Job Role	Cyber Risk Analyst
Job Role Description	<p>The Cyber Risk Analyst conducts cyber risk assessment in support of technology initiatives to help identify IT related risk and determines appropriate controls to mitigate risks. He/She monitors, tracks and manages risk mitigations and exceptions and ensures adequate monitoring capability is incorporated into solutions. He applies a defined set of analytical or scientific methods and works independently with guidance in only the most complex situations.</p> <p>He is vigilant and systematic in identifying cyber risks and enjoys analysing and investigating such issues. He is a strong team player, and communicates well both verbally and in writing.</p>

Skills & Competencies	Technical Skills & Competencies		Generic Skills & Competencies (Top 5)	
	Audit and Compliance	Level 3	Communication	Intermediate
	Business Needs Analysis	Level 3	Computational Thinking	Basic
	Cyber Incident Management	Level 2	Problem Solving	Intermediate
	Cyber Risk Management	Level 4	Sense Making	Intermediate
	Security Administration	Level 2	Teamwork	Intermediate
	Security Governance	Level 4		
	Security Programme Management	Level 3		
	Security Strategy	Level 4		
	Stakeholder Management	Level 3		

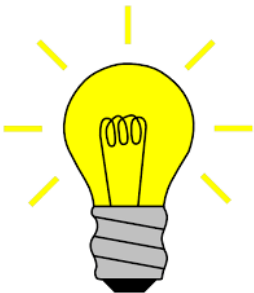
ECG @Central Services



- Guide students in Education and Career aspirations
- Support students to increase self & career awareness and identify industry trends

References

- <http://www.mom.gov.sg/employment-practices/good-work-practices/manage-workplace-diversity>
- [https://www.tafep.sg/assets/files/Publications/TAFEP_annualreview%20\(14APRIL14\)_FINAL.pdf](https://www.tafep.sg/assets/files/Publications/TAFEP_annualreview%20(14APRIL14)_FINAL.pdf)
- <http://www.diversitas.co.nz/Portals/25/Docs/Diversity%20Matters.pdf>
- <https://www.ars.usda.gov/ARSTUserFiles/30420000/NewEmployeeResources/Handling%20Diversity%20in%20the%20Workplace.pdf>



Keen to sign up for career coaching session with us?

One-on-one career coaching



Please [register](http://bit.do/fxDGc) here.

<http://bit.do/fxDGc>



Group coaching

Maximum of 8 pax in one group



Please [register](http://bit.do/fxDRe) here.

<http://bit.do/fxDRe>



We will call you to fix appointment.

For enquiries, call ECG@Central at 6550 0333 or email: ecg@nyp.edu.sg

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Feedback

<http://bit.do/fxCiV>



Thank You!

