

Chapter 9 -IFPO-CPO

The Importance of CPR/AED and First Aid Training for Security Officers

Security Professional's Expected Skills

Skills and competencies that will be required by security companies in future employees include:

- ▶ Decision making
- ▶ Oral communications
- ▶ Critical thinking
- ▶ Maximizing other's performance
- ▶ Persuasive influencing

CPR/AED

- ▶ The first step a security professional should take when responding to a medical emergency is to call 9-1-1.
- ▶ While awaiting for the arrival of EMS could perform CPR or give first aid and/or other industry standard life-saving techniques.
- ▶ Signs of a cardiac emergency:
 - ▶ Chest pain or discomfort
 - ▶ Upper body pain or discomfort in the jaw, arms, back, neck or upper stomach
 - ▶ Shortness of breath
 - ▶ Nausea, lightheadedness or shortness of breath

Chain of Survival

The Cardiac Chain of Survival was developed in 1990 by the American Heart Association (AHA). There are four (4) steps in the Chain of Survival:

1. **Early Access:** Recognizing that there is a cardiac emergency and calling 9-1-1.
The warning signs of cardiac arrest are:
 - ▶ Loss of consciousness
 - ▶ No pulse
 - ▶ Unresponsiveness
 - ▶ Not Breathing
2. **Early CPR:** Providing CPR (compressions and breaths) to keep oxygenated blood flowing through the body's most vital organs: The heart and brain.
3. **Early Defibrillation:** The only way to stop sudden cardiac arrest is restarting the heart with an electrical shock. Outside a hospital, this is done with an automated early defibrillator (AED).
4. **Early Advanced Care:** Care given by paramedics and other trained medical personnel on the scene or as the victim is being transported to the hospital.

First Aid

- ▶ Quite often, security personnel are the first on-scene to a medical emergency and can begin medical treatment before the arrival of EMS personnel.
- ▶ Knowledge of first aid and CPR is vital to increasing the survival odds of the victim.
- ▶ Topics covered in first aid training include:

Asthma Emergencies Anaphylaxis Burns Choking Diabetic Emergencies Environmental Emergencies	Poisoning Neck, head and spinal injuries Stroke Seizure
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“Stop The Bleed” Program

- ▶ Developed by the Department of Homeland Security (DHS) in 2015.
- ▶ The goal is to train lay-people to be able to help in bleeding emergencies before medical responders arrive.
- ▶ The training is critical in active shooter incidents, terror attacks or other incidents involving mass casualties
- ▶ An excellent training program for security professionals.