



24 Seven Café at the Jamaica Pegasus  
81 Knutsford Blvd, Kingston 5, Jamaica  
W.I.

Phone: 876-926-3690

[www.jamaicapegasus.com](http://www.jamaicapegasus.com)

[www.facebook.com/JamaicaPegasus](https://www.facebook.com/JamaicaPegasus)



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### SOUPS

RED PEAS SOUP (VEGETARIAN).....\$300

Red Peas Soup slowly simmered with Coconut Milk and all natural seasonings

SOUP DU JOUR.....\$300

### SALADS

ASIAN CHICKEN SALAD.....\$975

Mixed Greens topped with slices of Chicken breast, Ramen Noodles, Almond slivers, Orange segments and Carrots with an Asian Peanut dressing

EXECUTIVE CHEF'S SALAD.....\$975

Ham, Chicken, Pepper Jack Cheese on gourmet greens with boiled Egg and fresh Vegetables. Served with house made Ranch dressing

ENERGY MIX SALAD.....\$1,150

Spring greens, Red Onion, Black Beans, Garbanzo Beans, Dried Cranberries and Walnuts served with Honey Mustard Dressing

Add Chicken for \$250

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Add Chicken for \$250

### BREAKFAST BAGELS

BREAKFAST BAGEL.....\$525

Toasted Bagel of your choice with:

- Seasoned Fried Egg, Chicken Sausage and Cheese
- Seasoned Fried Egg, Pork Sausage and Cheese
- Seasoned Fried Egg, Bacon and Cheese

SMOKED MARLIN or SALMON BAGEL....\$550

Smoked Marlin OR Salmon, Cream Cheese, Red Onion, Lettuce, Tomato, Cucumbers and Capers sandwiched in a toasted Bagel of your choice.

Add Pepper Jelly.....\$50

TOASTED BAGEL.....\$325

Bagel of your choice, toasted and topped with up to two toppings of your choosing

Condiments include Peanut Butter, Jam, Butter, and Cream Cheese

Additional Toppings.....\$50

#### BAGEL VARIETIES

PLAIN	BLUEBERRY
WHEAT	EVERYTHING

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## PANINIS

All Paninis are served with a side of our house made coleslaw

### NEW KINGSTON STEAK PANINI.....\$925

Marinated Roasted Beef, sautéed Mushrooms and Onions melted with Pepper Jack Cheese on Ciabatta Bread

### CHICKEN CLUB PANINI.....\$725

Layers of Sliced Chicken Breast, smoked Bacon, seasoned fried Egg, mild Cheddar Cheese and our house made flavoured Mayo on Ciabatta Bread

### KNUTSFORD BOULEVARD PORK PANINI..\$750

Slow roasted Pork Loin paired with Dill Pickles, Red Onion and melted Pepper Jack Cheese on Ciabatta Bread

### CHICKEN PESTO PANINI.....\$875

Grilled Chicken Breast, creamy mozzarella cheese and our (Pine Nut-free)house made Basil Pesto sauce on Ciabatta Bread

### SPICY JALAPEÑO CHICKEN PANINI.....\$725

Not for the faint of heart, this Panini is super spicy. Breaded Chicken fillet surrounded by spicy Jalapeño peppers and Brie Cheese

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### GRILLED WRAPS

All wraps are served with a side of our house  
made coleslaw

#### CHICKEN WRAP.....\$675

One of our signature dishes. Jerk flavored  
Chicken Breast with sautéed Vegetables and  
Pepper Jack Cheese

#### TUNA WRAP.....\$675

Tuna Salad with a hint of Scotch Bonnet  
Pepper, sautéed Bell Peppers and Onion

#### VEGETABLE WRAP.....\$650

Mild Jerk flavored sautéed Vegetables with a  
Balsamic reduction

### COMFORT FOOD

#### HAM MAC & CHEESE.....\$950

This classic comfort food is made up of cheesy  
Macaroni baked with bits of Ham

#### VEGETABLE LASAGNA.....\$950

Sautéed variety of in-season vegetables and  
Feta, Parmesan and Cheddar Cheese baked in  
this meat-free lasagna

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Feta, Parmesan and Cheddar Cheese baked in  
this meat-free lasagna

## PIES

### CHICKEN POT PIE.....\$900

A classic English style pot pie of Chicken, Potatoes, Carrots, Green Peas and Mushrooms, covered with a flaky Puff Pasty

### SHEPHERD'S PIE.....\$875

A warm and comforting pie of Minced Beef with a Mashed Potato

### FISHERMAN'S PIE.....\$950

Delicious morsels of white fish in a cream sauce with vegetables topped with a light, flaky Puff Pastry

## POTATO WEDGES

### CLASSIC WEDGES.....Sm \$275, Lg \$650

Our oven-baked Hand Cut Wedges are made with NO OIL for a healthier version of the classic potato wedge

### SEASONED WEDGES.....Sm \$300, Lg \$675

Oven-baked, no-oil Hand Cut Wedges with a twist. Choose from:

Parmesan and Herb

Spicy Cajun

Curry

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Parmesan and Herb

Spicy Cajun

Curry

### KID'S MENU

GRILLED CHEESE SANDWICH.....\$400

Grilled Cheese made with two types of Cheese  
—Swiss and Cheddar on three slices of wheat  
or white bread

PEANUT BUTTER & JELLY SANDWICH.....\$400

A classic combination of Peanut Butter and Jelly  
on three slices of wheat or white bread

HAM & CHEESE SANDWICH.....\$425

Layers of Smoked Ham and Cheddar Cheese  
on your choice of sliced bread

### DESSERTS

ICE CREAM.....Single Scoop \$400

.....Double Scoop \$650

VARIETY OF CHEESECAKES.....\$500

BREAD & BUTTER PUDDING.....\$350

MUFFINS .....\$240

SCONES (2 PER SERVING).....\$300

COOKIES.....\$250

FRUIT BOX.....\$350

FOR DAILY & SEASONAL SELECTIONS,  
PLEASE ASK YOUR SERVER OR VISIT OUR  
DISPLAY CASE

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## COFFEE MENU

	Regular	Large*
*takeaway cup only		
100% Blue Mountain Coffee.....	\$300	\$375
Decaf Coffee.....	\$300	\$375
Cappuccino.....	\$350	\$450
Mocha.....	\$375	\$475
Café Latte.....	\$350	\$450
Iced Coffee.....	\$300	
Single Shot Espresso.....	\$250	
Double Shot Espresso.....	\$450	
Frappé .....	\$475	

FLAVOUR ANY COFFEE \$50/  
Regular, \$100/Large EXTRA

HAZELNUT  
CARAMEL  
FRENCH VANILLA

CHOOSE FROM:

WHOLE MILK  
1% LOW FAT MILK  
SOY MILK

## TEA & CHOCOLATE BEVERAGES

	Regular	Large*
*takeaway cup only		
Tea.....	\$250	\$350
Herbal Teas.....	\$275	\$375
Iced Tea.....	\$275	
Hot Chocolate.....	\$300	\$400

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SOY MILK

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	Regular	Large*
*takeaway cup only		
Tea.....	\$250	\$350
Herbal Teas.....	\$275	\$375
Iced Tea.....	\$275	
Hot Chocolate.....	\$300	\$400



### OTHER BEVERAGES

Daily Fresh Fruit Smoothie.....	\$475
(Ask your server for today's selection)	
Milkshake.....	\$600
Made with your choice of ice cream	
Bottled Water.....Small: \$220, Large: \$400	
Perrier Sparkling Water.....	\$600
Homemade Lemonade.....	\$200
Fruit Juice.....	\$280
Mott's Apple Juice.....	\$550
Welch's Grape Juice.....	\$550
Soda.....	\$280
Milk.....	\$200

### ALCOHOLIC BEVERAGES

Vendange Merlot 187 ml (2 glasses).....	\$550
Vendange Chardonnay 187 ml (2 glasses)....	\$550
Red Stripe.....	\$325
Red Stripe Light.....	\$375
Heineken.....	\$450
Corona.....	\$725
Guinness.....	\$450

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