# Assessing The Impact of CMS' Hospital Price Transparency Regulations

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Applied Micro Workshop

November 21, 2023



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

## Roadmap

1 Institutional Background and Motivation

2 Data and Reduced Form Work

3 Structural Model

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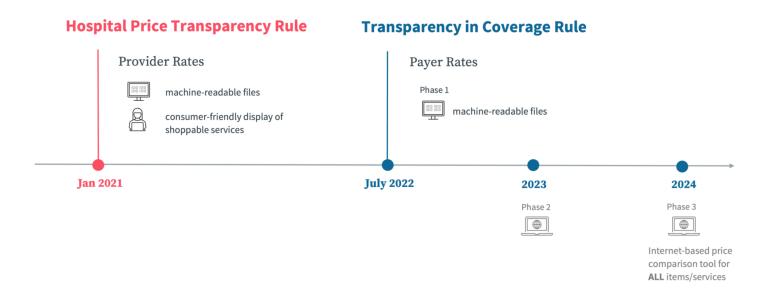
- Information frictions are a prominent feature of health care markets in the United States
  - Notably, prices may not be known when patients make decisions
- Despite recent efforts, price transparency remains a salient issue
- Policymakers attempt to set policy to promote:
  - Price shopping to reign in growing healthcare spending
  - 2 Protect patients
  - 3 Promote competition in provider-insurer price negotiations

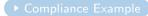
# CMS Hospital Price Transparency Rules

- ► Focus of this paper: CMS' 2019 Hospital Price Transparency Final Rule
- Mandate for all hospitals in the U.S. to provide publicly accessible standard charge information online in two ways:
  - 1 A comprehensive machine-readable file with all items and services available at the facility
  - 2 A summary of 300 "shoppable services" that a consumer could schedule in advance in a consumer-friendly format
- Efficacy of the rule is determined by the degree of hospital adherence and consumer adoption

## Regulation timeline

## CMS has required healthcare pricing to be public





## Have hospitals adhered to the regulation?

- Wide range in compliance figures:
  - ► Patient Rights Advocates found only 36% full compliance
  - ightharpoonup CMS and other studies found  $\sim 2/3$  compliance
- Low compliance has been attributed to the complexity and abruptness of the regulation, also to the nominal financial penalties
- ▶ In 2022, CMS increased the maximum civil monetary penalty for non-compliance from \$100,000/hospital to more than \$2M/hospital
- CMS has issued over 700 warning notices and 250 CAP requests
- ► To date, fourteen hospitals have been penalized (fines ranging from \$56,940 \$979,000)

# My Paper

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- 1 How do changes in price transparency regulations impact firm behavior and patient decisions over hospital care?
- 2 Do hospitals act strategically when making decisions over compliance?

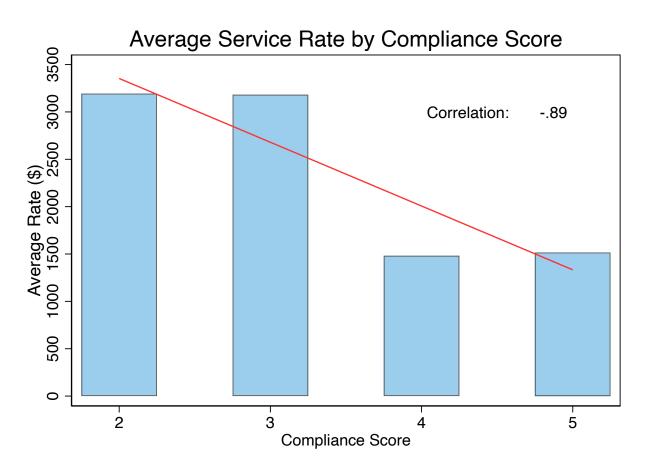
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- 3 Commercial prices vary widely across and within hospitals for the same service (Bai et al, 2023), and consumers may have substantial price sensitivity for health care services (Kowalski, 2016)
- Mixed evidence of consumer search after the rollout of price transparency tools (Gourevitch et al, 2021; Bernstein, 2016)

# More evidence that hospitals may be acting strategically



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## My focus will be on hospitals in North Carolina

#### Data

- Blue Cross Blue Shield of North Carolina (BCBSNC) claims data from 2018-2023:
  - Detailed information on demographics, visits, and billing for approx.
     2.6 million member months covered by BCBSNC.
  - Includes fully-insured, ASO, and ACA exchange plan members.
  - ▶ Importantly allows me to identify providers by name and location.
- 2 Hospitals' negotiated rates pulled directly from their websites:
  - Posted prices for 106 acute care hospitals in North Carolina.

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- ComScore Web Behavior Panel (TBD)

## Begin with basic event study regressions

Beginning with the set of 70 shoppable services for which CMS requires hospitals to post prices:

$$y_{hit} = \beta_0 + \beta_1(t - Y_r) + \beta_2 C_{ht} + (\beta_3(t - Y_r) \times C_{ht}) + X_{hit}\beta_4 + \epsilon_{hit} \quad (1)$$

- $\triangleright$   $\beta_2$  captures any discrete change at the time rule went into effect,
- $\triangleright$   $\beta_3$  captures the change over time as the rule is implemented.

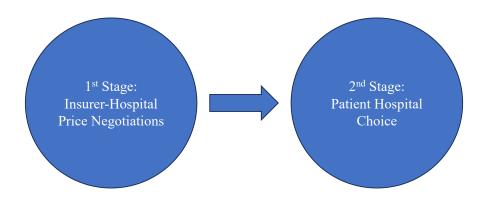
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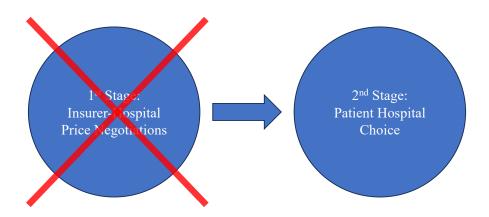
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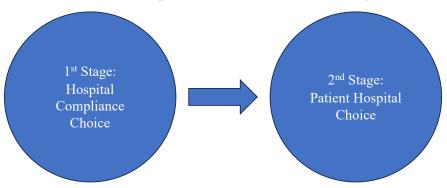
# Structural Model of Compliance and Competition



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Network formation and patient insurance choice taken as given in model.



## Structural Model of Compliance and Competition

For each hospital h in system s and market m, flow profits are specified as:

$$\pi_{hm} = Q_{hm}(\boldsymbol{p}, \boldsymbol{X}, \boldsymbol{C}, \boldsymbol{c})(p_h - mc_h) - \rho^f(\boldsymbol{C})F_h(b_h) - \Gamma(C_h, Z_h, \nu_h), \quad (2)$$

- Q<sub>hm</sub> captures patient demand,
- $\triangleright$   $p_h$  is a vector of prices,
- mc<sub>h</sub> is a vector of marginal costs,
- $ightharpoonup 
  ho^f$  is the probability that a non-complaint hospital will be fined,
- $ightharpoonup F_h(b_h)$  is the financial penalty as a function of hospital size,
- $ightharpoonup \Gamma(\cdot)$  is the cost of compliance,
- c<sub>h</sub> are patient coinsurance rates,
- $ightharpoonup C_h$  is the compliance decision of the hospital.



## Compliance comes at a cost

$$\Gamma(C_h, Z_h, \nu_h) = \begin{cases} \gamma_h Z_h + \nu_h & \text{if } C_h = 1, \\ 0 & \text{if } C_h = 0, \end{cases}$$
(3)

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Firm marginal costs are parametrized as follows:

$$mc_h = \psi_h W_h + \eta_h, \tag{4}$$

- Marginal cost is assumed to be constant in quantity, but can vary across hospital, year, and insurance type.
- ▶ Lastly, assume  $(\nu, \eta, \xi) \sim MVN(0, \Sigma)$ , where

$$\Sigma = egin{bmatrix} \sigma_{
u}^2 & \sigma_{
u\eta} & \sigma_{
u\xi} \ \sigma_{
u\eta} & \sigma_{\eta\xi}^2 & \sigma_{\eta\xi} \ \sigma_{
u\xi} & \sigma_{\eta\xi} & \sigma_{\xi}^2 \end{bmatrix}$$



## Patient Hospital Choice

Patients choose a hospital h from choice set  $H_m$  to maximize utility:

$$u_{ih} = \underbrace{\beta X_{ih} - \alpha c_{ih} P_{ih}(C_h)}_{\delta_{ih}} + \xi_h + \lambda_{ig} + (1 - \sigma) \epsilon_{ih}, \tag{5}$$

- $\triangleright$   $X_{ih}$  captures hospital and patient characteristics (e.g. patient travel time and hospital quality/size),
- $\lambda_{ig} + (1 \sigma)\epsilon_{ih} \stackrel{i.i.d.}{\sim} \text{T1EV}$ , nested at department (or MDC) level.

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 $P_{ih}$ , which captures the vector of prices facing patients for care at hospital h, is the object of particular interest and takes the form:

$$P_{ih}(C_h) = \begin{cases} p_h & \text{if } C_h = 1, \\ \mathbb{E}_i[\boldsymbol{p}] & \text{if } C_h = 0. \end{cases}$$
 (6)

Will explore various distributional assumptions when  $C_h = 0$ , such as  $\mathbb{E}_i[\mathbf{p}] = \mu_m$ , market average price, or  $\bar{p}_h|H_i$  (cond. on previous visits).

### Market Demand

Nested logit errors allow us to express the probability that patient i chooses h in group g as:

$$\rho_{ih}(P_{ih}, X_{ih}, c_{ih}, C_h) = \rho_{i,h|g} \times \rho_{ig} = \frac{exp((\delta_{ih})/(1-\sigma))}{D_{ig}^{\sigma} \left[\sum_{g} D_{ig}^{(1-\sigma)}\right]}, \tag{7}$$

$$D_{ig} = \sum_{h \in \mathcal{H}_g} exp((\delta_{ih})/(1-\sigma)).$$

Aggregate patient demand takes the following form:

$$Q_{hm}(p_h, X_h, c_h, C_h) = \sum_{i \in \mathcal{I}} \rho_{ih}(P_{ih}, X_{ih}, c_{ih}, C_h),$$
(8)

Parametric assumptions allow for estimation via standard MLE.

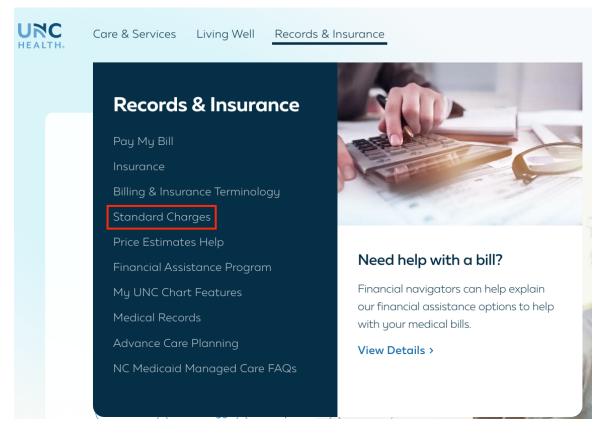
## Firm's Compliance Problem

The compliance decision for all h in market m becomes:

$$C_h = 1 \iff \pi_{hm}(1) - \pi_{hm}(0) \ge 0, \ \iff \Delta Q_{hm}(p_h - mc_h) + \rho^f(0)F_h(b_h) - \Gamma(C_h, Z_h, \nu_h) \ge 0,$$

## **Appendix**

## Example of Price Shopping Tool at UNC Health



Homepage link to "Standard Charges".

# Example of Price Shopping Tool (Step 2)

### Standard Charges & Shoppable Services Data by Hospital

- UNC Hospitals [7]
- UNC Health Rex [2]
- UNC Health Wayne 2
- UNC Health Lenoir
- UNC Health Pardee [2]
- UNC Health Blue Ridge [2]
- UNC Health Rockingham [2
- UNC Health Caldwell [2]
- UNC Health Chatham [2]
- UNC Health Johnston [2]
- UNC Health Nash
- UNC Health Southeastern [2]

# Example of Price Shopping Tool (Step 3)



