

Club Address

View Ridge Swim & Tennis Club 5815 N.E. 77th Street Seattle, Washington 98115 (206) 524-3500

Website: www.vrstc.org

For Mailing: PO Box 51079 Seattle, Washington 98115

Board of Trustees

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Doug Jones Bookkeeper

Questions?

Please email wrstc@vrstc.org with any questions. We will reply or forward you to someone who can, within 24 hours.

Have any great ideas, questions or comments to share? Please e-mail them to suggestions@vrstc.org.

Thank you!

Welcome New Members!

This year we are happy to welcome the following members to the VRSTC Community! Please extend them a warm hello when you meet them on the deck or on the courts.

Betsy & Andrew Barash Nathan, Addie, Eliot

Sarah & Jeffrey Callender Will, Anna

Christianne Eldred & Tom Schwab Declan, Dashiell

Lynn & Jeffrey Fahselt Kenji

Mary & Wayne Fukuhara Miles

Stacey & Francisco Guerrero Oscar, Mae

Sarah & Matt Hill
Tatum, Hadley

Mimi Sternberg & Billy Howard Avi, Sadie

Rumei & Arun Mistry Sophia, Pavana

Jennifer Calkins Devlin, Sage Angela Finney & Robert Mumford Mark, Will

Jacqueline & Dane Perryman Lauren, Tyler

Hillary & Steve Peterman Riley, Jack

Jenny & Ari Pollack
Eli, Bailey, Owen

Corinne & Troy Ross Evan, Luke, Nicole

Elizabeth & Jonathan Solomon
David

Maria & David Weber

Julia, Peter, Mary

Roberta & John Williams
Kate, Nicholas, Bennett

Grace & David Yuan
Eric

Michelle & Karl Quackenbush Kyle, Matt, Adrienne

Stephanie Morris & Mathew Harrington Clarie, Simon, Nellie



"See you at the pool!"

And We're OFF! Bam.

Dear VRSTC Members,

What a raging turnout for the Work Party weekends – rain or shine. I am so grateful for the sweat equity, great help and enthusiasm each of you brought to get the season kicked off. The grounds looked amazing and we are READY.

I hope you're all set to receive our emails, and will encourage your fellow members to do the same. Email and our website home page are the best sources of up to date news that can't always be well timed in the Pool Cues, even though the newsletter still contains important club news in it. You can also check the Pool Calendar on our site, which is the most complete and current schedule of all pool hours, lesson dates, ETC.

Swim Team is a favorite summer tradition, but do you know what else is? ADULT SWIM TEAM! With that, I am so excited to announce that Kristi Ascani will be coaching our Adult Swim Team this year! Kristi is a familiar face as she is one of our stroke and turn judges and is quite the swimmer herself. Here's a little bio about her:

Hello Adult Swimmers! My name is Kristi Ascani, and I've been a member of the pool for 4 years. I have two children, Gracie and Hank, who enjoy swimming on the swim team each summer. I'm a true Northwesterner, growing up locally in the area and loved hiking, biking, and yes, swimming. I too, grew up as a summer league kid and joined Bellevue Eastside Swim Team year around. My specialty was backstroke, and I competed at the Regional and National levels before wrapping up my competitive swimming career as a UW Husky. I also spent many summers coaching swimmers ages 6-18 on the Eastside as I started my professional career in education.

I am looking forward to the opportunity to work with each of our adult team swimmers this summer. I aim to help everyone achieve your personal goals in the sport – whether it be technique improvement, speed, or just to hang out with other VR adult swimmers. I invite and encourage any and all swimmers – regardless of the age or stage you are with swimming, to join. We are going to pack the lanes on MWF nights, and have a ton of fun getting ready for our Adult Meet, which is on Saturday July 29th. I hear there is a friendly rivalry out there – let's WIN this thing! ©

See you all on Monday, June 26th, at 7pm – our first practice. Can't wait to meet you and have a great season! ~ Kristi

Are you excited?? I am! Looking ahead at what else we've been up to besides readying the pool, several of our guards survived a brisk rainy couple of days getting their re-certifications up to date. Staff training and New Hire Orientation is also well underway for our new staff, and the returning crew is ready to serve our members to what I hope, is going to be an awesome summer.

Thank you, Bruce Gillespie, Club Manager

Meet Doug Jones, Our Club Bookkeeper

Doug, a former member of VRSTC, rejoined us as our Club Bookkeeper last summer. Doug is a long time resident of the Bryant neighborhood and has two lovely daughters, Abigail and Tori. With an engineering background, business experience in healthcare consulting, he is excited about using his toolset to keep our finances straight.

His favorite past times include cycling anywhere, dog walks with Doone, visiting his cabin in Montana, and snacking on black licorice.

You can contact him at: vrstc.bk@gmail.com with any billing inquiries.





Safety Tips and Parking Etiquette

With the better weather, longer days and the pool now being open, car activity will increase in the club parking lot. **Please be sure to**:

- Back-in Parking ONLY.
- S-L-O-W-L-Y approach the parking entrance no matter which direction you're coming from. We're busy and excited to get to the pool but that should not come at the expense of safety to one another.
- Lock your cars, and keep your valuables with you or out of sight. We are not responsible for stolen property.
- Look both ways when you cross to and from the parking lot/tennis courts to the pool. Cars traveling east/west bound? SLOW DOWN.

Annual Ice Cream Social!

EVERYONE is invited to our Annual Ice Cream Social! This tradition is one of the official kick-offs to the new season. All families are invited to come and enjoy creating your own custom sundae. Scoop up with your flavor of choice, load on your favorite sauce and pile on the sprinkles!

Date: Sunday, May 21, 2017

Place: VRSTC Clubhouse

Time: 2:00 p.m.—4:00 p.m.

Diehard VRSTC Fan?

Swim and Logo-wear Shopping Extravaganza! Monday, May 8th at 4pm

Sylvia's Swimwear will be on site, in the Clubhouse. This is your chance to try on and order your new custom swim team suit and pick up some caps and goggles. Order deadline is Sunday, May 14th.

Double Haul Apparel will also be there, with a wide array of VRSTC Logo Wear to choose from. Order your VRSTC hoodies, sweats, trucker hats – you name it!

Payment is required at the time of order/purchase, so thanks in advance for coming prepared with payment in hand. Double Haul takes checks only.

Sylvia's takes Checks & CC.

~~Swim Team News!~~

View Ridge Swimmers!

You read all about me last month, so here's a bit about the coaching team!

From Coach Megan

I've been a member since I was 2, and we commuted from Mt Baker everyday all summer long. I joined the team as an 8&U and enjoyed breaking some records along the way. My time at VR set me up to swim for Lakeside, then on to Pitzer, and some of my best friends today are from the pool. I started working at the pool in my teen years and it's been over 25 years – and counting. My husband, Ryan, and I have two daughters, Finley and CC, who are both on swim team too. Can't wait for summer!

From Coach Conrad

I find it hard to believe, but this is my 5th season coaching VR after many years of being on the team. I've been involved in swimming practically my whole life, and the transition from athlete to coach has been both eye opening and fun. I spent the past winter skiing an epic season, but nothing compares to Seattle summers – especially at the pool and being on deck. Can't wait to see everyone and get started. GO VR!

From Coach Guffey

My name is Alex, but I'm called "Coach Guffey". I swam for VR for 11 years, and have been coaching for 5. I fell in love with swimming because of the amazing coaches and swimmers at VR! I want to give every swimmer the same experience, time, and commitment that was given to me. I am super excited for this summer. I'm also a big time Sounders fan, so feel free to talk with me about soccer and swimming anytime!

From Coach Bridget

Hi Swimmers! I'm Bridget, and I am so excited to come back for my second season coaching at VR. I grew up spending every summer day at the pool, and that included swimming on the team from age 5-18. I'm currently a sophomore at the UW studying business and photography. Since summer meets involve a LOT of pizza, here's a little factoid about me: I don't like cheese on my pizza! The struggle is REAL! See you all soon!

With that, it's a wrap! Onto what is going to be a super summer! GO VR! ~ Coach Rob ©

Swim Team Practice Schedule

Pre-Season Evening Workouts

(Monday, May 8 – Friday, June 23) Workouts are Monday – Thursday, except for Friday, June 23

- o 8 & Under + 9 10 = 7:00 pm 7:30 pm
- \circ 11 13 = 7:30 pm 8:15 pm
- o 14 & Over = 8:00 pm 9:00 pm (includes dryland)

Pre-Season Morning Workouts

(Week of June 19 – 22 + July 5)
(For those swimmers who are already on summer break)

- o 8 & Under + 9 10 = 8:00 am 8:30 am
- \circ 11 12 = 8:00 am 8:45 am
- 13 & Over =8:45 am 9:30 am (includes dryland)

Summer Workouts

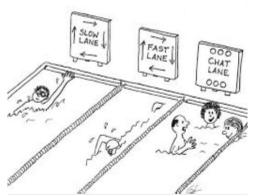
(Begins Monday, June 26)

*Fridays are "All Team Workouts" = 9-11am. No practice Monday, July 4.

- o 13 & Over = 7:00 am 8:00 am (includes optional dryland)
- \circ 11 12 = 8:00 am 8:45 am
- \circ 9 10 = 8:45 am 9:25 am
- o 8 & Under = 9:25 am 10:00 am
- o 13 & Over = 9:40 am 10:50 am (includes mandatory dryland)

Date	Time	Event
Wednesday, May 3	7 pm	Swim Team Parent Meeting*
Monday, May 8	4 pm	Sylvia's Swimwear & Double Hall**
	7 pm	First Evening Practice
Friday, June 2	7 pm	Mariner Night!
Saturday, June 17	8 am	Time Trials!
Thursday, June 22	6 pm	Klahaya @ View Ridge
Tuesday, June 27	6 pm	View Ridge @ Aqua Club
Thursday, June 29	6 pm	Sheridan Beach @ View Ridge
Thursday, July 6	6 pm	View Ridge @ Blue Ridge
Tuesday, July 11	6 pm	View Ridge @ Sand Point
Thursday, July 13	6 pm	View Ridge @ Innis Arden
Tuesday, July 18	6 pm	Wedgwood @ View Ridge (Senior Night!)
Friday, July 21	9 am	B-Champs @ Klahaya
Monday, July 24	4 pm	Girls Prelims @ Wedgwood
Tuesday, July 25	4 pm	Boys Prelims @ Aqua Club
Thursday, July 27	4 pm	Northern Division Finals @ View Ridge
Tuesday, August 1	4 pm	All City Finals @ Innis Arden

Wednesday, August 2nd 6 pm = Swim Team Banquet!



Lap Lane Tips & Etiquette

During Early Morning Swim, all 8-lanes are open for lap swimming. When the pool is open during regular hours, there are 3-lap lanes. Signs will be placed at the end of each lane to indicate swimming levels.

Please use your best judgment and be considerate of others in your self-evaluation and realize that "Fast", "Medium" and "Slow" are relative. As other swimmers enter the pool, you might need to change lanes to adjust. Thanks for being mindful of your relative pace and

courteously switching lanes if needed, so that everyone can get the most from their lap swim.

As a general rule, please "circle swim", staying to the right. Even if you're the first swimmer in a lane, please circle swim. If you are joining a fellow lap swimmer, say a friendly hello, and agree on if you'll circle swim or "split the lane." It can be fun if you invite a new person into your workout – it's a way to swim together, and also keeps a lane moving smoothly. If you decide to split the lane, remember to agree on which side of the lane each of you will swim, and stay on that side. Splitting lanes is one way that allows swimmers to get their individual workout in one's "own lane." It can allow one swimmer to swim continuously for distance yards while allowing the other to use the clock doing intervals.

Circle Swim is the norm, and also takes precedence. If you're the third person joining a lane that is currently split, you have the right to have the lane switch over to circle swimming. Hop in and let the other two swimmers know it's time to switch it up. Please make sure everyone knows to avoid any lane collisions. We don't want swimming to become a contact sport!

Adult Swim Team!

Calling all VRSTC Adult Swimmers!

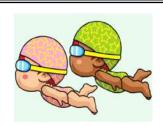
Adult Swim Team is open to any member who has graduated from high school on up. If you love lap swimming, are seeking fun and camaraderie to your pool workouts, want to work on improving your stroke technique or get some competitive swimming tips, or just want a great swim work out, Adult Swim Team is for YOU!

Practices are Monday-Wednesday-Friday from 8-9pm, beginning Monday, June 26th.

Adult Swim Meet - Saturday July 29th!

If you're interested in Adult Swim Team, please email Mr. Gillespie at mrgillespie@vrstc.org. He'll forward your contact to Coach Kristi Ascani who will be in touch with you.





2017 Swim and Tennis Lessons Schedule & Registration Tips



Each lesson session is 8-days and are held on Mondays – Thursdays.

Both Swim and Tennis lessons follow the same registration dates and class schedules.

Session #	Lesson Dates	
Session 1	June 26 th – July 6 ^{th*}	
Session 2	July 10 th - July 20 th	
Session 3	July 31st – August 10th	
Session 4	August 14 th – August 24 th	
Session 5**	August 28 th – August 31 st	
*No lesson on July 4. **Session 5 will be 1-week only.		

Registration For	Members	Continuing Non-	New Non-
		Members	Members
Session 1	June 13 th - 5:00 pm	June 20 th – 5:00 pm	June 20 th – 7:00 pm
Session 2	July 5 th - 10:45 am	July 6 th – 10:45 am	July 6 th – 1:00 pm
Session 3	July 19 th - 10:45 am	July 20 th – 10:45 am	July 20 th – 1:00 pm
Session 4	August 9 th - 10:45 am	August 10 th – 10:45 am	August 10 th – 1:00 pm
Session 5	August 23 ^{rd -} 10:45 am	August 24 th - 10:45 am	August 24 th - 1:00 pm

Session 1 Prices	Session 2 – 4 Prices	Session 5 Prices	Class Times
Non-members:	Non-Members:	Non-Members:	11:00 am – 11:30 am
\$80 per session	\$85 per session	\$42.50 per session	11:30 am – 12:00 pm
Members:	Members:	Members:	12:00 pm – 12:30 pm
\$55 per session	\$60 per session	\$30 per session	12:30 pm – 1:00 pm

Registration Tips:

- Members have priority in signing up for lessons.
- Non-members who are continuing with lessons will have priority over new non-members.
- Registration must be done in-person only. We like to see your smiling face!
- Payment is required at the time of registration. Cash or check only no debit or credit cards. For members, your membership account will be billed at the time of registration.
- Registration will happen in the order you receive your number. <u>Numbers will be passed out 30-minutes before registration begins.</u>
- For class descriptions, please grab a lesson brochure or see vrstc.org LESSONS.

MAY GENERAL POOL CALENDAR

(NOTE: To see more details, future months & changes, go to vrstc.org "Calendar")

-		Tuesday			_	_
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 30 Work Party 12 – 4pm	<u>1</u>	<u>2</u>	3 POOL OPENS!	4	<u>5</u>	<u>6</u> 10am - Noon Adult Lap Swim Only
			Lap Swim Only: 4 – 7pm	Lap Swim Only: 4 – 7pm	Lap Swim Only: 4 – 7pm	Noon-8pm Open Swim
			No Guests	No Guests	No Guests	No Guests & Parties
<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
10am – Noon Adult Lap Swim	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 –8am: EMS	10am -8pm Open Swim
Only	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	
Noon- 7pm Open Swim No Guests & Parties	Sylvia's 4-7pm <u>Double Haul</u> 7 pm 1st Swim Practice!	7pm: Swim Team Practice	7pm: Swim Team Practice	7pm: Swim Team Practice		
New Member Orientation 2 - 3:30 pm						
<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>
10am – 7pm Open Swim	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	10am - 8pm Open Swim
	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	Adult Tennis Clinics BEGIN!
	7pm: Swim	7pm: Swim	7pm: Swim	7pm: Swim		*See calendar
	Team Practice	Team Practice	Team Practice	Team Practice		on website for specifics
<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>
10am – 7pm Open Swim	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	10am - 8pm Open Swim
Ice Cream!	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	
2 – 4pm	7pm: Swim Team Practice	7pm: Swim Team Practice	7pm: Swim Team Practice	7pm: Swim Team Practice		
			<u>Tennis Info</u> <u>Meeting</u> 7:00 pm Clubhouse			
<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>	June 1	June 2	June 3
10am to 8pm Open Swim	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	10am - 8pm Open Swim
	Memorial Day	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	
	10am – 7pm Open Swim	7pm: Swim Team Practice	7pm: Swim Team Practice	7pm: Swim Team Practice	Swim Team	
	No Swim Team	ream rractice	ream riactice	ream riactice	Mariner Night!	
NOTE DI		12001.0	N. I II II I		cheduled for the	

NOTE: Please remember this is a general POOL Calendar that represents what is scheduled for the pool and clubhouse/grounds. For more detailed or specific information on schedules, please refer to the Google Calendar on our website. You can find it at vrstc.org/Events/calendar. Thank you!

JUNE GENERAL POOL CALENDAR

(NOTE: To see more details, future months & changes, go to vrstc.org "Calendar")

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juliuuy	Monday	ivesudy	wednesday		<u>-</u>	-
				June 1	June 2	June 3
				6 – 8am: EMS	6 – 8am: EMS	10am - 8pm
				3pm – 7pm	3pm – 7pm	Open Swim
				Open Swim	Open Swim	
				7pm: Swim Team Practice	Swim Team Mariner Night!	
<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
10am – 7pm Open Swim	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 –8am: EMS	10am-8pm Open Swim
	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	
	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	
	7pm: Swim	7pm: Swim	7pm: Swim	7pm: Swim	7pm: Swim	
	Team Practice	Team Practice	Team Practice	Team Practice	Team Practice	
11	12	13	14	15	16	<u>17</u>
10am – 7pm	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	8am – Swim
Open Swim	2mm - 7	2	200- 7	2	2000 7	Team Time
	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	3pm – 7pm	Trials
	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Noon - 8pm Open Swim
	7pm: Swim	5pm: Lesson	7pm: Swim	7pm: Swim		Tennis: Adult
	Team Practice	Registration	Team Practice	Team Practice		Beer & Wine
	realli Fractice	Kegisii alion	realii i i aciice	ream riaciice		Social
		7pm: Swim				6-8pm
		Team Practice				
18	10	20	21	22	23	24
10	17	20	4 1			24
	<u>19</u> 6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS		23 6 – 8am: EMS	<u>24</u> 9am – 10am
10 am –7pm Open Swim	6 – 8am: EMS			6 – 8am: EMS		
10 am –7pm						9am – 10am
10 am –7pm	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	6 – 8am: EMS	9am – 10am Adult Lap
10 am –7pm	6 – 8am: EMS 3pm – 7pm	6 – 8am: EMS 3pm – 7pm	6 – 8am: EMS 3pm – 7pm	6 – 8am: EMS	6 – 8am: EMS 3pm – 7pm	9am – 10am Adult Lap Swim Only
10 am –7pm	6 – 8am: EMS 3pm – 7pm	6 – 8am: EMS 3pm – 7pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS POOL CLOSED	6 – 8am: EMS 3pm – 7pm	9am – 10am Adult Lap Swim Only 10 - 8pm
10 am –7pm	6 – 8am: EMS 3pm – 7pm Open Swim	6 – 8am: EMS 3pm – 7pm Open Swim	6 – 8am: EMS 3pm – 7pm Open Swim	6 – 8am: EMS POOL CLOSED 4pm: HOME	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team	9am – 10am Adult Lap Swim Only 10 - 8pm
10 am –7pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg.	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim
10 am –7pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim
10 am –7pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg.	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ
10 am –7pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg.	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night!	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ
10 am –7pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg.	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night! Wine & Cheese	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ
10 am –7pm Open Swim	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg. 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET (Klahaya)	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night! Wine & Cheese Party 7-9pm	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ 5:30-7pm
10 am –7pm Open Swim	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg. 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET (Klahaya)	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night! Wine & Cheese Party 7-9pm	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ 5:30-7pm
10 am –7pm Open Swim 25 9 am – 10am	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg. 7pm: Swim Team Practice 27 6 am: EMS	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET (Klahaya)	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night! Wine & Cheese Party 7-9pm	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ 5:30-7pm July 1 9am – 10am
10 am –7pm Open Swim 25 9 am – 10am Adult Lap	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg. 7pm: Swim Team Practice 27 6 am: EMS SUMMER	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET (Klahaya)	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night! Wine & Cheese Party 7-9pm 30 6 am: EMS	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ 5:30-7pm
10 am –7pm Open Swim 25 9 am – 10am	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice	6 – 8am: EMS 3pm – 7pm Open Swim 5pm: Continuing NM Lesson Reg. 7pm: New NM Lesson Reg. 7pm: Swim Team Practice 27 6 am: EMS SUMMER SCHEDULE:	6 – 8am: EMS 3pm – 7pm Open Swim 7pm: Swim Team Practice 28 6 am: EMS 7am – Swim	6 - 8am: EMS POOL CLOSED 4pm: HOME SWIM MEET (Klahaya) 29 6 am: EMS 1:15-4pm	6 – 8am: EMS 3pm – 7pm Open Swim 7pm Swim Team All Team Fun Night! Wine & Cheese Party 7-9pm 30 6 am: EMS 7am: Swim	9am – 10am Adult Lap Swim Only 10 - 8pm Open Swim Back to Summer BBQ 5:30-7pm July 1 9am – 10am Adult Lap
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NOTE: Please remember this is a general POOL Calendar that represents what is scheduled for the pool and clubhouse/grounds. For more detailed or specific information on schedules, please refer to the Google Calendar on our website. You can find it at vrstc.org/Events/calendar. Thank you!

2017 Poolside Playtime Activities!

Save the Dates - More Details to Come!

June Events	Date and Time
Wine and Cheese Night	Friday, June 23 rd ; 7 – 9 pm
Back to Summer BBQ	Saturday, June 24 th ; 5:30 – 7 pm
Preschool Party	Wednesday, June 28 th ; 2 – 3:30 pm
Food Truck Friday!	Friday, June 30 th ; 6 – 9 pm





July Events	Date and Time
Crafternoon	Monday, July 3 rd ; 2 – 4pm
4 th of July Festivities!	Tuesday, July 4 th ; 2 – 5pm
"The" Overnight	Saturday, July 8 th ; 7pm – zzzzz(Sun 9am)
Elementary Party	Wednesday, July 12th; 2 – 3:30pm
Bingo + Food Truck Day!	Friday, July 14 th ; 6 – 8pm
Crafternoon	Monday, July 17 th ; 2 - 4 pm
Middle School Dance	Wednesday, July 19th; 7 – 10pm
Adult Party	Friday, July 21st; 6 – 10pm

August Events	Date and Time
The Watershow	Saturday, August 5 th ; 8 - 9pm
Crafternoon	Monday, August 7 th ; 2 – 4pm
Food Truck Friday & Board Games!	Friday, August 11 th ; 6 – 8pm
High School Party	Friday, August 18 th ; 8 – 11pm



Mark Your Calendar!



Ice Cream Social (All Members!)

Sunday, May 21st; 2 – 4pm

Wine & Cheese Party

Friday, June 23rd; 7 – 9pm

Back to Summer BBQ

Saturday, June 24th; 5:30-7 pm

"The Overnight"

Saturday, July 8th; 7pm tozzzzz

Adult Party!

Friday, July 22nd; 6 – 10pm