

# **Investigating Neuronal Network Dynamics Supporting Memory in the Human Brain**



Thesis

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# **Abstract**

Abstract to write here

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# List of Abbreviations

**depth EEG** depth electroencephalography

**ECoG** electrocorticography

**EMD** empirical mode decomposition

**ERP** event-related potential

**fMRI** functional magnetic resonance imaging

**GLM** generalized linear model

**HHSA** holo-Hilbert spectral analysis

**IED** interictal epileptiform discharge

**ISOMAP** isometric mapping

**LFP** local field potential

**LMEM** linear mixed-effects model

**MEG** magnetoencephalography

**MTL** medial temporal lobe

**PAC** phase-amplitude coupling

**PPC** pairwise-phase consistency

**REM** rapid eye movement

**SWR** sharp-wave ripple

**SWS** slow-wave sleep

**tmEMD** tailored masked EMD

**UMAP** uniform manifold approximation and projection

# 1 Introduction

## I Theta oscillations in mammals

### I.1 Historical characterizations of theta oscillations across mammals

### I.2 Rodents

#### I.2.a Memory

## II What about theta oscillations in humans?

Direct recording of hippocampal activity using depth EEG. History. Methodological considerations and differences between electrode types. There is a gap in knowledge.

## III Hypotheses and aims of this work

# **2 Assessing associative memory in human participants**

## **I Conceptual introduction**

Why behaviour matters for interpreting hippocampal physiology?

### **I.1 Inference as an extension of associative memory**

- I.1.a Definition of associative memory and inference**
- I.1.b Conservation across species**
- I.1.c Two-stages model: short-term and long-term memory**
- I.1.d Rodent paradigms**
- I.1.e Human paradigms**

### **I.2 The role of the hippocampal network in associative memory**

Keep in mind the framework of the thesis which differentiates short-term and long-term memory. And HPC vs MTL for human studies.

- I.2.a Animal studies**
- I.2.b Human lesion studies**
- I.2.c Indirect recordings of brain electrical activity in humans (fMRI, MEG)**
- I.2.d Direct recordings of brain electrical activity in humans**

## **II Investigating associative memory in humans using a social community task**

### **II.1 Rationale and behavioural paradigm**

#### **II.2 Variants and controls**

II.2.a Simple and complex tasks

II.2.b Scientific rationale for population diversity

II.2.c Stimulus types and controls

II.2.d Additional visual controls

## **III Quantifying behavioural performance**

### **III.1 Participant demographics**

### **III.2 Performance metrics**

III.2.a Group-level performance

III.2.b Inter-individual variability and performance profiles

III.2.c Across-group comparisons

### **III.3 Possible confounds and their resolution**

III.3.a Demographic and cognitive contributors

III.3.b Standardised cognitive testing

## **IV Summary: why this behavioural context justifies a neural two-stage memory investigation**

Transition to Chapter 3: behaviour => neural recordings

# 3 Neural activity in the online human hippocampus is paced by a 2-Hz rhythm

## Conceptual introduction

### Why search for a human analogue of rodent theta?

Rodent theta: pacing learning, spatial navigation, and ensemble formation. Human low-frequency variability and the open question

### Hypothesis

Human memory is organized by a slower “theta-like” rhythm. This rhythm should appear in active states, structure spikes and gamma, synchronize MTL regions, be modulated by mnemonic engagement.

### Analytical overview

Oscillation decomposition (concept). Burst detection (concept). Spike-phase and gamma-phase coupling local and distal (concept). ERP-locked analyses. Point to appendices for methodological details

## I Hippocampal 2-Hz tracks mnemonic engagement

### I.1 Prominent 2-Hz bursts structure hippocampal LFPs

#### I.1.a Using tmEMD to detect slow oscillations

Description of the usual EMD. Why it fails when not optimized especially in the context of important inter-subject variability. Then tailored masked EMD with optimization

of consistency and mode mixing. IMF PSDs across contacts => frequency range of the detected oscillations. Here also present wavelet spectrograms so the reader can understand how these two methods compare. How EMD captures non-linearities in the signal (phase-frequency plots) => hippocampal 2-Hz is particularly non-linear.

### I.1.b Hippocampal 2-Hz oscillations are transient

Detection of IMF cycles. Detection of discrete oscillatory bursts. Show multiple examples of 2-Hz bursts across contacts and subjects, particularly in contacts clear from IEDs. Quantification of bursts duration.

### I.1.c Validation of 2-Hz oscillations

#### I.1.c.i Local referencing reduces detection of slow oscillations

Local referencing on micro and bipolar referencing on macro => This is why we will be using CAR throughout the manuscript

#### I.1.c.ii Slow-oscillation amplitude and IEDs rate

Detection of IEDs (methods). IEDs are transient, non-oscillatory events. IEDs rate increases at rest. 1- and 2-Hz oscillations are more prominent in contacts clear from IEDs.

#### I.1.c.iii Phase reversal of hippocampal 2-Hz oscillations

Echo to the introduction where we will have presented how the dipole is structured between layers, in humans and rodents. Show maybe one laminar recording from rodents. Then show phase reversal with cycle-triggered average of LFPs.

## I.2 Hippocampal 2-Hz is selectively evoked in the memory task

### I.2.a Hippocampal 2-Hz power increase with task engagement

Methods: one-over-f fitting. Results: Example contact; estimation plots with various controls; LMEMs. This is all using contacts free of interictal discharges (reader will understand why because we explained in the previous subsection). Burst duration is also higher in learning and recalling.

### I.2.b Hippocampal 2-Hz bursts are evoked by mnemonic cues

**I.2.b.i** event-related potentials (ERPs) are modulated by mnemonic engagement

ERPs change throughout the task in the hippocampus.

**I.2.b.ii** Evoked oscillations follow ERPs deflection

Evoked 1-, 2- and 6-Hz amplitudes relate to mnemonic engagement. Correlation between evoked ERPs deflection and 2-Hz amplitude.

**I.2.c Hippocampal 2-Hz oscillations are not evoked by motor activity**

Methods: Stepping sessions. Results: three example contacts (PSDs) with clear 2-Hz in learning but not during stepping. Statistics on these three subjects.

Note to myself: I could as well add a small control here, using viewing and post-viewing sessions when the participants hit the space bar (second image). Paired analysis by comparing the evoked amplitude after the first (no motor activity) and the second (motor activity) image seen in a row. It may be confounded by the short term memory effect but we dont expect this to elicit a massive 2-Hz.

## II Hippocampal neuronal activity is preferentially modulated at 2-Hz

### II.1 Hippocampal neurons are paced at 2-Hz

**II.1.a Basic firing properties of hippocampal neurons reveal 2-Hz rhythmicity**

Methods: spike sorting and quality control. Results : firing rate distributions show that slow firing neurons constituted the biggest part of our dataset. Waveform classification: mainly broad spikes. So this looks more like pyramidal neurons. Autocorrelograms at 2-Hz. Inter-spike intervals at 500 ms.

**II.1.b Hippocampal neurons prefer 2-Hz oscillations**

Methods: PPC and phase randomization. Results: cycle-triggered average of population rate to illustrate co-modulation at 2-Hz. Example spike-phase distribution reveals preference at 2-Hz. Quantification of spike-phase coupling using PPC.

## **II.2 Hippocampal gamma oscillations are preferentially modulated at 2-Hz**

### **II.2.a Gamma activity correlates with spiking activity**

Methods: Detection of gamma activity (60-160 Hz). Results: Illustration of the correlation (CAR and bipolar referencing). Correlation with local VS distal gamma.

### **II.2.b Hippocampal gamma activity is preferentially coupled to 2-Hz phase**

Methods: PAC with the modulation index and phase randomization. Results: cycle-triggered average of gamma activity to illustrate co-modulation at 2-Hz (with spikes). Example gamma-phase distribution reveals preference at 2-Hz. Quantification of phase-amplitude coupling using PAC. Control with leave one recording day out shows that the effect is not driven by one recording day. Gamma from the anterior and posterior hippocampi prefer 2-Hz (no gradient).

### **II.2.c Holo-Hilbert amplitude modulation analysis confirms prevailing 2-Hz hippocampal modulation of gamma activity**

Methods: HHSA with illustration. Results: 2-Hz modulation prevails in the human hippocampus. 7-Hz oscillations dominated the mouse hippocampus.

## **III Hippocampal 2-Hz synchronizes neuronal activity across MTL regions**

### **III.1 2-Hz oscillations are preferentially observed in the MTL**

#### **III.1.a 2-Hz power dominates in the MTL and particularly in the hippocampus**

Cycle-triggered average of LFPs show that 2-Hz oscillations propagate in the MTL. PSDs across the MTL and non-MTL contacts free of IEDs. 2-Hz vs 6-Hz power ratio.

#### **III.1.b Prominent 6-8Hz oscillations in the non-MTL were detected using tmEMD**

IMF PSDs in the MTL and non-MTL with example of detected 6-8-Hz bursts in the non-MTL.

### **III.1.c 2-Hz oscillations are not directly evoked by mnemonic cues outside the hippocampus**

#### **III.1.c.i ERPs deflections in MTL and non-MTL regions**

ERPs become bigger with familiarity only in the hippocampus.

#### **III.1.c.ii ERPs deflection does not correlate with evoked 2-Hz bursts outside the hippocampus**

Measure evoked 1-, 2- and 6-Hz in other MTL and non-MTL regions. The measure of ERP deflections is adjusted to each region to match visual input. Correlation between ERP deflection and evoked 1-, 2- 6-Hz oscillations.

## **III.2 MTL neurons are paced at 2-Hz**

### **III.2.a Basic firing properties of MTL neurons reveal 2-Hz rhythmicity**

Results : Autocorrelograms at 2-Hz. Inter-spike intervals at 500 ms in the MTL. Example neuron in the non-MTL to show we can easily find 6-Hz rhythmicity in the non-MTL.

### **III.2.b MTL neurons prefer 2-Hz oscillations in the hippocampus**

Results: cycle-triggered average of population rate in the EC and HPC to illustrate co-modulation at 2-Hz in these two example structures. Example spike-phase distribution reveals preference at 2-Hz of EC neurons. Quantification of spike-phase coupling using PPC in the MTL. LMEMs showing that MTL gamma is better modulated at 2-Hz than non-MTL gamma.

## **III.3 Hippocampal 2-Hz synchronizes MTL gamma oscillations**

Methods: distal PAC. Results: cycle-triggered average of gamma activity in the MTL. Illustration of phase-amplitude coupling across the MTL. MTL gamma activity is preferentially coupled to hippocampal 2-Hz phase = quantification of MTL preference for 2-Hz oscillations. Phase synchronization is higher during learning and recalling than viewing sessions.

Transition to Chapter 4: online => offline

# 4 Neural activity in the offline human hippocampus

## Conceptual introduction

### The two-stage model of memory

Online (theta) → assembly formation. Offline (ripples) → assembly reactivation.

### Hypothesis

Human 2-Hz bursts form the online structure for memory-relevant coactivity patterns.  
Offline ripples should preferentially reinstate 2-Hz-structured motifs

### Analytical overview

Ripple detection and validation, coactivity motif construction. Reactivation analysis

## I Hippocampal physiology across sleep stages

### I.1 Hippocampal 2-Hz features REM sleep but not SWS

Methods: describe polysomnography. Example of 2-Hz bursts in REM. 2-Hz power across sleep stages. Maybe: propagation of 2-Hz oscillations in the rest of the MTL (hypothesis of the ponto-geniculocalis oscillations PGO)?

### I.2 Hippocampal ripples feature SWS and rest sessions

### I.2.a Detection of hippocampal ripples

Methods: two-step algorithm used to detect ripples. Show the templates, and the quality control used to identify reliable ripples without manual intervention.

### I.2.b Basic properties of the ripples

Show raw examples as well as ripple-triggered averages of LFPs and spectrograms. Distribution of ripple frequency centers around 70 Hz. Ripples ride on a sharp-wave. Ripples can be detected on the local tetrodes as well.

### I.2.c Ripples properties across sleep stages

Ripple rate is higher in SWS and N1 than wake and REM. Ripples detected in rest are comparable to N1. Ripples basic properties are stable between pre- and post-learning rests.

### I.2.d Hippocampal neurons are modulated by ripples

Trigger average (and quantification!) of the modulation of hippocampal single neurons around sharp wave ripples. Single examples and summary heatmap.

### I.2.e Ripples propagate to the MTL

Ripple-triggered averages of the LFPs and ripple band in other regions (MTL and non-MTL). The propagation is more consistent in the MTL than the non-MTL.

## II Neuronal coactivity motifs in 2-Hz bursts reactivate in post-learning hippocampal ripples

### II.1 Measuring reactivation using neuronal coactivity motifs

#### II.1.a 2-Hz bursts coactivity motifs reactivate in post-learning ripples

Methods: building coactivity matrices and measuring reactivation with MTL single-neurons. In-bursts vs out-of-bursts. 1-, 2- vs 6-Hz bursts (exclusion).

#### II.1.b Reactivation is relevant for behavioural performance

Learning but not viewing coactivity motifs reactivate. All controls related to learning vs viewing (firing rate, shuffled cell ID, out-of-ripples, single subjects). Best better

reactivate than worst recalled associations.

## **II.2 Measuring reactivation using gamma coactivity motifs**

### **II.2.a Gamma coactivity motifs are physiologically meaningful measures**

Previous figure S18: shuffling contact IDs breaks the matrices. Intra-regional coactivity is higher than inter-regional coactivity. Correlation with 2-Hz phase amplitude coupling matrices (with illustration). Idem with ripple coactivity.

### **II.2.b Gamma coactivity motifs are rigid**

All negative results on gamma coactivity, using the exact same analytical framework as with single-neurons. The aim here is to report this negative result, and echo the work done with gamma correlations in the visual field (other lab).

## 5 Discussion

Limits: what happens out of the oscillatory bursts? Noise does not exist in physiology: what information do these out-of-bursts epochs carry? These would be epochs where the firing rate is higher (aperiodic components), fractal measures are higher, but it remains unclear what is actually happening there for the network. Is it really "not" communicating with other structures? If yes, how does it communicate? What are the alternatives mechanisms to "communication through coherence"? Main challenge to study this is that the rodent hippocampus is virtually always paced by theta. Then maybe that would be the biggest inter-species difference we find: transient oscillations. Note: it could be useful to illustrate this discussion to show 6-8Hz in the temporal cortex as well.

# A Appendix: Neurophysiological recordings and analysis of oscillations

## I Data acquisition and preprocessing

### I.1 Participants

### I.2 depth EEG electrodes

### I.3 Co-registration and anatomical verification

### I.4 Neurophysiological recordings

### I.5 Detection of IEDs

## II Decomposing LFPs into oscillatory components

### II.1 Rationale for IMF-based decomposition

### II.2 Mask optimization and criteria

### II.3 Cycle detection and quality control

### II.4 Detection of oscillatory bursts

## III Other spectral decompositions

### III.1 Power Spectral Density Estimation (Welch)

### III.2 Aperiodic Correction Using FOOOF

**III.3 Morlet Wavelet Spectrogram Parameters**

**III.4 Stimulus-Locked Spectral Amplitude Estimation**

**III.5 Detection of gamma activity**

**IV Cross-frequency analyses**

**IV.1 PAC and phase randomization**

**IV.2 HHSA**

## B Appendix: Analysis of single-neuron activity

### I Spike sorting and single-unit validation

#### I.1 Automated pipeline

#### I.2 Manual curation quality criteria

#### I.3 Waveform classification

### II Spike-field relationship

#### II.1 PPC and phase randomization

#### II.2 Spike-gamma relationship

# C Appendix: Hippocampal ripples and reactivation

## I Ripple Detection and Validation

### I.1 Initial ripple detection

### I.2 Template matching

### I.3 Final detection and quality controls

### I.4 Ripple-triggered averages

### I.5 Characterization of ripple central frequency

## II Detection of cross-regional coactivity motifs

### II.1 Epochs selection

### II.2 Using single-neurons

### II.3 Using gamma activity

## III Reactivation of coactivity motifs in hippocampal ripples

### III.1 GLMs

### III.2 Controls

## D Appendix: Statistical analyses

I Bootstrap and permutation tests

II GLMs and LMEMs

III Cluster-based permutation