

INSTRUCTIONS

Request for Dispensation from Perpetual Vows

1. Petitions for dispensation from perpetual vows should be addressed to:

His Holiness Pope Francis
Vatican City

The salutation to be used is: Most Holy Father

2. Set forth in brief but concrete detail the actual reasons motivating your request. Vague reasons are not acceptable: for example, "I am not happy in community." "I find that I cannot live under any structures imposed on me from the outside."
3. Your request should indicate what means -- spiritual, psychological, or medical - have been used before requesting dispensation.
4. Indicate the various employments in which you have been engaged in the Community.
5. Your letter should close: I humbly beseech the blessing of Your Holiness, (your signature follows).
6. Letter to the Holy Father may be sealed or unsealed, whichever you prefer.
7. Your letter to His Holiness should be sent to the President who will forward it with other necessary papers to the Congregation for Institutes of Consecrated Life and Societies of Apostolic Life.