

MENU

CAFÉ xiC
Week of September 17th

CAFÉ HOURS

► LUNCH

► 12:00PM - 1:30PM

DELI SELECTION

- SMOKED TURKEY CHEDDAR
- BLACK FOREST HAM, SWISS
- FLIK TUNA SALAD
- ROASTED VEGETABLE WRAP
- FLIK CHIPS

TOSS UP SALAD BAR

ROMAINE
SPRING MIX
CUCUMBERS
TOMATOES
CARROTS
ONIONS
PEPPERS
BEANS
BROCCOLI
MUSHROOM
CORN
PARMESAN CHEESE
SHREDDED CHEDDAR CHEESE
EGGS
GRILLED CHICKEN
SALAD OF THE DAY
RANCH DRESSING
FAT FREE ITALIAN
BALSAMIC VINAGRETTE

CROUTONS
SUNFLOWER SEEDS
RAISINS

Menu is subject to change

Food by FLIK

M Potato Leek

JAMAICAN JERK CHICKEN ROASTED WAHOO

Sweet Potato Hash
Pigeon Peas and Rice

ASSORTED COOKIES, BROWNIES AND BARS

T Spicy Chicken, Roasted Vegetable

CHICKEN TINGA PORK CARNITAS

Mexican Rice
Charro Beans
Rajas Poblanas

ASSORTED COOKIES, BROWNIES AND BARS

W Curried Butternut Squash, Lentil

BLUE RIBBON CHICKEN CEDAR PLANK SALMON

Mac Daddy Mac and Cheese
Buttermilk Broccoli Salad, Bacon Almonds
Sweet Potato Bourbon Mash

ASSORTED COOKIES, BROWNIES AND BARS

Th Roasted Tomato, Cannellini Bean

GRILLED GREEK CHICKEN ROASTED SALMON

Moroccan Cous Cous
Greek Marinated Roasted Vegetables

ASSORTED COOKIES, BROWNIES AND BARS

F Greek Chicken

TILAPIA ARROZ CON POLLO

Sweet Plantain
Tostones

ASSORTED COOKIES, BROWNIES AND BARS