

MENU

CAFÉ xIC

August 27th - August 30th

CAFÉ HOURS

LUNCH

12:00PM - 1:30PM

DELI SELECTION

SMOKED TURKEY CHEDDAR
BLACK FOREST HAM, SWISS
FLIK TUNA SALAD
ROASTED VEGETABLE WRAP
CLASSIC CUBAN

FLIK CHIPS

TOSS UP SALAD BAR

ROMAINE
SPRING MIX
CUCUMBERS
TOMATOES
CARROTS
ONIONS
PEPPERS
BEANS
BROCCOLI
MUSHROOM
CORN
PARMESAN CHEESE
SHREDDED CHEDDAR CHEESE
EGGS
GRILLED CHICKEN
SALAD OF THE DAY

RANCH DRESSING
FAT FREE ITALIAN
BALSAMIC VINAIGRETTE

CROUTONS
SUNFLOWER SEEDS
RAISINS

M Chicken, Black Bean Soup

THAI BASIL PORK STIR FRY
SAUTEED CHICKEN
California Fried Rice
Sweet Chili Glazed Vegetable

ASSORTED COOKIES, BROWNIES AND BARS

T Roasted Red Pepper Soup

ROASTED SALMON
JAMAICAN STYLE CURRY CHICKEN
Caribbean Cabbage
Roasted Balsamic Cauliflower

ASSORTED COOKIES, BROWNIES AND BARS

W Potato Leek Soup

ROASTED SALMON
RED-WINE BEEF BOLOGNAISE
Buttered Noodle
Mashed Sweet Potato

ASSORTED COOKIES, BROWNIES AND BARS

Th Minnesota Wild Rice Soup

VACA FRITA
BAL ARNESON: COCONUT CURRY SALMON
Moro
Spinach and Peas

ASSORTED COOKIES, BROWNIES AND BARS

F Hot and Sour Soup with Pork

ROASTED TILAPIA, BRAISED TOMATO, ROASTED GARLIC
SAUTEED CHICKEN
Steamed Broccoli, Lemon, Thyme
Sautéed Squash, Heirloom Tomato

ASSORTED COOKIES, BROWNIES AND BARS