

Homeroom Guidance

Quarter 1 – Module 3:

Ready, Set, Go!



Homeroom Guidance – Grade 4

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First Edition, 2020

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Recommended Entry for Citation Purposes:

Department of Education. *Homeroom Guidance Grade 4 Self-learning Module 3: Ready, Set, Go!* Manila: Department of Education Central Office, 2020.

Published by the Department of Education

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Gabay sa Magulang/Tagapag-alaga

Isinulat ang modyul na ito upang gabayan ang mag-aaral na linangin ang kaniyang aspektong akademiko. Ginawa ito para sa *distance learning* o alternatibong pamamaraan ng pagkatuto na hindi nangangailangan ng pisikal na presensya sa paaralan, bilang tugon sa direktiba na pagkansela ng *face-to-face class* dulot ng pandemyang COVID-19.

Makatutulong ang araling ito upang mahubog ang kaniyang pagpapahalaga at responsibilidad sa kaniyang pag-aaral. Higit pa sa inaasahang gawaing pampaaralan ang dapat nyang isagawa kaakibat ng pagbabago sa pamamaraan ng pagkatuto na ipinatutupad sa kasalukuyang panahon. Dahil dito, mahalagang malinang ng mag-aaral ang kaniyang mga pansariling kakayahan sa pagkatuto upang maisagawa ang pang araw-araw na gawaing pampaaralan.

Maaaring may mga pagkakataong humingi ng tulong ang mag-aaral sa pagsunod sa mga tagubilin at pagsagot sa mga tanong sa bawat bahagi ng mga gawain. Hinihiling ng Kagawaran ang inyong suporta at pakikiisa sa mga sumusunod:

1. Tiyakin na sasagutin ng mag-aaral ang bawat gawain nang tapat.
2. Siguraduhing maipapasa ng mag-aaral ang mga nakasaad na gawain ayon sa binigay na gabay at itinakdang petsa ng kaniyang gurong-tagapayo.
3. Makipag-ugnayan sa paaralan tungkol sa anumang suliraning may kaugnayan sa pagkatuto ng inyong anak.

Introductory Message

For the learner:

In the previous module, you learned how to keep a good relationship with your family by knowing your roles, giving respect, being kind, and showing your love for them especially in this time of pandemic. After learning how to connect with your family, your next task is to discover how you will successfully manage your studies.

This module is designed for you to learn how to be more responsible as a learner to study independently. Therefore, you should prepare yourself with the necessary skills to cope with your everyday learning tasks.

This module has six interactive activities for you to follow, namely:

Let's Try This – which will help you get ready to learn

Let's Explore This – which will guide you towards what you need to learn

Keep in Mind – which will give you the lessons that you need to learn and understand

You Can Do It – which will help you apply the lessons learned in daily activities

What I Have learned – which will test and evaluate your learning

Share Your Thoughts and Feelings – which will help you express your thoughts, opinions and feelings

Make sure to read, think, follow, and enjoy every task that you are asked to do.

Have fun! Stay safe and healthy!

MODULE

3

READY, SET, Go!



Learning Objectives

At the end of this module, you are expected to:

1. identify the advantages of effective study habits;
2. value the importance of the ability to study independently; and
3. create a personal study plan.

Period: *Week 7 of 1st Quarter*

Suggested Total Time Allotment: *60 Minutes*

Materials Needed:

Blank Paper, Coloring Materials, Pen/Pencil



Introduction

Your journey as a learner is different from the journey of your classmates. Every learner has a unique way of measuring success. Some may feel successful when they get perfect attendance. Some may think that success means having medals and awards.

Beyond all recognitions, you need to understand that school success depends on the study habits you develop overtime. As a grade school learner, it is never too late for you to improve your study habits. Let this module guide you in your journey towards a successful and enjoyable school life. This will focus on helping you develop effective study habits and become an independent learner.

Moreover, you will also learn to develop a positive attitude that will help you with every difficulty that you may encounter as you continue to learn, improve, strive hard, and prioritize your studies. Have fun learning!



Let's Review

In the second module, you associated yourself with others. You have proven that you have the ability to give respect to others by simply allowing yourself to get along well with them.



Let's Try This

Suggested Time Allotment: 10 minutes

What Works For Me?

Each individual learns differently and has own style and preference of studying. To get the most out of your studying, it is important to understand what is effective for you, and what is not.

From the given list of study habits below, identify which of them works for you. Copy the table and put a check on the statements that apply to you. Answer the processing questions after.

<i>Study Skills that Work For Me!</i>		
1	I set study goals for myself.	
2	I plan for a definite time for studying each day.	
3	I take short breaks when I study.	
4	I create a dedicated study place.	
5	I study where it's quiet and with little distractions.	
6	I take down notes in each subject.	
7	I list down the tasks that I need to do everyday.	
8	I start studying days before my test.	
9	I study with my siblings, a friend or parents.	
10	I do the easy assignments first before the harder ones.	

Processing Questions:

1. What did you discover about your study skills?
2. How can these skills help you in completing your school tasks?
3. How can you improve your study skills?



Let's Explore This

Suggested Time Allotment: 15 Minutes

Me and My Study Space

Your study space affects your ability to study effectively. Considering your current setup, one of the challenges that you need to consider is finding a good and comfortable place to study.

1. For this activity, draw an actual illustration of yourself working on your study space at home.
2. Consider the following while working on your illustration:
 - a. What does your study area look like?
 - b. Where is it located at your home?
 - c. What are the things that you use while studying?
3. Use a short bond paper and drawing materials.

Processing Questions:

Write your answers on the same paper you used in the previous activity.

1. How do you feel while doing the activity?
2. What are the things that should improve on your study space?
3. How will a good study space help you in studying?



Keep in Mind

Suggested Time Allotment: 15 Minutes

Ready?

Accomplishing academic tasks is also a preparation to achieve your goals in life. In order to make this happen, you need to be ready with your plans and actions. In this current situation, you should take into consideration the tasks that are given to you and the specific output that is being required. Readiness is the key to accomplish the entire task assigned to you.

Set

It is important that you set your priorities and the time that you are going to spend in accomplishing each task. This will help you in managing your time and in focusing your attention to ensure that you deliver quality outputs.

Go!

To achieve academic success, you need to develop a sense of responsibility in your own learning. At an early age, you should develop your ability to study and learn independently.

Try and apply the following study habits! Do the **STUDY PLAN**.

Set your study time/schedule

Take down notes

Understand your learning style

Develop study space

You should avoid distractions

Prepare all learning materials

Let your studies be your focus

Align your schedule to your priorities

Never give up on your goals

Practicing these study skills will greatly help you especially in this time of pandemic. Your teacher and parent/guardian will be there to guide you in completing your school tasks. However, you should learn how to be more responsible in your own learning by doing your tasks independently. You got this!

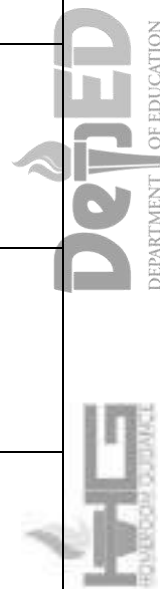


You Can Do It!

Suggested Time Allotment: **10 minutes**

Aside from having a good study space, creating a study plan is also an effective learning skill that may help you focus on your school activities. A study plan outlines your learning goals and ensure that you keep track on your tasks. Create your own study plan. Copy the following table on a piece of paper or use the worksheet if it is available. Examples are provided to guide you.

Name: _____							
MY STUDY PLAN							
Days of the Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activities to do	Read my English book	Answer all my assignments	Read a part of a newspaper	Solve Math problems	Spelling	Review past lessons	Review past lessons
Things Needed	English book	Paper, notebook, pencil	newspaper	Math book, calculator, paper, pencil	Spelling notebook	Books, notes	Books, notes





What I Have Learned

Suggested Time Allotment: 5 Minutes

Complete the sentences below. Write your answers on a piece of paper.

Good Study habits are my key to_____.

For me, studying independently means_____.



Share Your Thoughts and Feelings

Suggested Time Allotment: 5 Minutes

I Am Ready and Set

Congratulations for going this far! Your last challenge for this module is to reflect on your own study habits. List down the (a) study habits that you identified to be effective for you that you want to continue doing; (b) the study habits that you want to focus on improving; and the (c) study habits that you have learned from this module that you want to practice. Do this on a piece of paper.



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