

Homeroom Guidance

Quarter 2 – Module 4:

I Get It!



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Gabay sa Magulang/ Tagapag-alaga

Tutulungan ng modyul na ito ang mag-aaral upang magkaroon ng tamang desisyon at maging responsible.

Makatutulong ang araling ito upang magkaroon siya ng ideya sa mga hakbang na dapat gawin tungo sa angkop na desisyon hindi lamang para sa kanyang sarili, kundi para sa pamilya, at maging para sa ibang tao. Maaaring may mga pagkakataong humingi ng tulong ang mag-aaral sa pagsunod sa mga tagubilin at pagsagot sa mga tanong sa bawat bahagi ng mga gawain. Hinihiling ng Kagawaran ang inyong suporta at pakikiisa upang matagumpay niyang maisakatuparan ang bawat bahagi tulad ng mga sumusunod:

1. Maaaring gawin ng mag-aaral sa loob ng apat na linggo ang mga gawaing nakapaloob dito.
2. Mangangailangan ng panulat at papel ang mag-aaral upang masagutan ang mga gawain at katanungan sa *Processing Questions*. Kung makapagbibigay ng *worksheet* ang paaralan, maaaring ito ang gamitin para sa anumang ipinagagawa.
3. Kailangan din ng pangkulay para sa unang bahagi ng gawain sa pagguguhit ng Outfit Of the Day (OOTD).
4. Tiyaking sasagutin niya ang bawat bahagi nang tapat. May limang gawain at tatlong set ng *Processing Questions* ang modyul na ito.
5. Pagsama-samahin sa isang folder na may *fastener* ang mga gawaing isinulat niya sa papel. Ito ang magsisilbing portfolio niya sa Homeroom Guidance.
6. Siguraduhing maipapasa niya ang kaniyang portfolio sa petsang itinakda ng kaniyang gurong-tagapayo.

Introductory Message

For the learner:

This module is designed for you to learn how to make a sound decision in life. These decisions do not only affect you, but others as well. It is important to make good decisions because it can affect your relationship with your family members and the people around you.

There are six interactive activities provided for you to practice and complete, namely:

Let's Try This – which will help you to get ready to learn;

Let's Explore This – which will guide you towards what you need to learn;

Keep in Mind – which will give you the lessons that you need to learn and understand;

You Can Do It – which will help you apply the lessons learned in daily activities;

What I Have learned – which will test and evaluate your learning; and

Share Your Thoughts and Feelings – which will help you express your thoughts, opinions and feelings.

You can ask help from your parent or guardian if you need some clarifications about the activities. Have fun learning! Stay safe and healthy!

MODULE

4

I GET IT!



Learning Objectives

At the end of this module, you are expected to:

1. enumerate the steps and outcome of effective decision-making skills;
2. recognize the importance of your personal experiences in decision making towards achieving the common good;
3. create appropriate decisions that contribute in resolving family and school issues.

Period: Weeks 1 to 4 of 2nd Quarter

Suggested Total Time Allotment: 240 Minutes

Materials Needed: worksheet/blank paper, coloring materials, pen/pencil



Introduction

This module was designed to help you know more about decision-making for your welfare, as well as for the common good of everyone. You will also get to learn about the roles of significant people in your life in making important decisions. The factors and process in decision-making will be discussed here. Hop in!



Let's Review

Suggested Time Allotment: 5 minutes

In the third module, you were able to do some activities which help you to become more independent in learning on your own and creating a personal study plan.



Let's Try This

Suggested Time Allotment: 35 minutes

My OOTD (Outfit Of the Day)

Imagine that you are invited to attend the ninth birthday party of your rich friend.

1. Draw and color what you would wear. This will be your OOTD or outfit of the day.
2. Draw also the gift that you would give to the birthday celebrator.
3. Answer the Processing Questions after.

Processing Questions:

1. How do you feel when you were deciding for your OOTD? Why?
2. What did you consider in choosing your gift?
3. Did you ask for help from your parents/guardians in doing the activity? Why or why not?



Let's Explore This

Suggested Time Allotment: 50 Minutes

1. Copy the table below on a sheet of paper. Think of three experiences over the past month which required decision making. An example has been provided as your guide.
2. Write on the second column the result of your decision.
3. In the third column, write a different decision that you might also make.
4. In the fourth column, write the result of that decision.
5. In the fifth column, write the people involved in your decision.
6. Answer the Processing Questions after.

Making Things Right

Experience (Based on the decision)	Result of the Decision	Alternative Decision	Result of the Decision	Person/s Involved in your decision
Example: I watched TV all day.	Example: a. I missed to read my lessons. b. I missed the activities in the given module.	Example: I decided to watch only for a few minutes.	Example: a. I was able to read my lessons. b. I finished the activities in the module.	Mother

Processing Questions:

1. What do you notice with your answers?
2. What did you consider in making decisions?
3. What could help you in making sound decisions?



Keep in Mind

Suggested Time Allotment: 30 Minutes

Decision-Making Process

Knowing the process of decision-making will help you to make the sound decision in a certain situation.

What is a sound decision? It is the use of good judgment or choice on a certain thing.

Follow this 5-step decision-making process: I GETT

Identify the problem. What is the decision that you are going to make? You have to see the real issue to be able to solve it properly.

Gather information. Look at the facts at hand. You can ask for help from your parents, other family members, or even your teacher about their thoughts and opinion on your problem.

Examine options. Evaluate the choices that you have. You may have at least three possible solutions to your problem. You can list down the positive and negative effects of your options to give you an idea of what will happen if you select this particular choice.

Take action. Make the decision which you think is the best among the solutions.

Take time to review. Check for the results of your decision. Was it effective or not? If it did not help you, it is okay to take this as your learning experience. You can do better next time.



You Can Do It!

Suggested Time Allotment: 40 minutes

To Do

Directions:

1. Copy the table below on a piece of paper.
2. Complete the table to enhance your decision-making skills in the three areas of your life: family, school, and community.

Area	Things to do	Person/s involved	Expected Result of Decision
Family: Ex. Financial Problem _____	<ul style="list-style-type: none"> • Saving allowance • Study hard 	Parents	<ul style="list-style-type: none"> • Savings • Graduate • Give back to parent
School: _____			
Community: _____			



What I Have Learned

Suggested Time Allotment: 40 minutes

Write the Right Thing

Write a simple short story on a sheet of paper that shows a person who is about to make an important decision. Identify what kind of problem and options the person has.

Make sure that you follow the steps in decision-making. An example has been provided as your guide.

Sample story:

Liza was very excited for Christmas because her Aunt Mary promised to buy her a new pair of shoes. Aunt Mary even let Liza choose the color of her dream shoes.

A few weeks before Christmas, Liza broke her mobile phone. She needed this for her online classes. Because of this, Aunt Mary let Liza choose between the shoes or a new mobile phone.

After days of thinking, Liza finally decided to have a new mobile phone. She talked to Aunt Mary and explained that her parents could not afford a new phone. It was a hard decision for Liza because she waited long for her dream shoes.

Processing Questions:

1. What did you feel while writing a story?
2. Why did you choose that kind of decision?
3. How are you going to use the learnings that you have in making decisions in your life?



Share Your Thoughts and Feelings

Suggested Time Allotment: 40 minutes

My Share to Solutions

On a piece of paper, write one problem in your community. Then, think of ways how you can contribute to be part of the solutions. Identify people who can help you to do your shared solutions. Write your explanation after.

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For inquiries or feedback, please write or call:

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