

# Homeroom Guidance

## Quarter 2 – Module 4: Make Good Choices



## Homeroom Guidance Self-learning Module – Grade 1

Quarter 2 Module 4: Make Good Choices

2021 Edition

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# Homeroom Guidance Grade 1

## Quarter 2 – Module 4:

### Make Good Choices



#### Gabay sa Magulang/Tagapag-alaga

Isinulat ang modyul na ito upang gabayan ang mag-aaral na linangin ang kaniyang aspektong pansarili at pakikipagkapuwa, akademiko, at karera. Dinisenyo ito para sa *distance learning* o alternatibong pamamaraan ng pagkatuto na hindi nangangailangan ng pisikal na presensya sa paaralan, bilang pag-iingat dulot ng pandemyang Covid-19.

Hinihiling na basahin sa mag-aaral ang bawat bahagi ng modyul at gabayan siya sa bawat gawain upang matagumpay na maisakatuparan ang mga tagubilin. Siguraduhing maisagawa at masasagot ang mga gawain at katanungan (*Processing Questions*).

**Gawain 1:** Maibahagi ng mag-aaral ang sagot sa nailahad na kuwento.

**Gawain 2:** Matukoy ang mga taong maaaring makapagbibigay ng tulong sa paggawa o pagbuo ng mabuting desisyon.

**Gawain 3:** Pagpapaliwanag sa mga konsepto na dapat maunawaan ng mag-aaral

**Gawain 4:** Maisagawa ng mag-aaral ang mga hakbang sa pagdedesisyon.

**Gawain5-A:** Piliin ang larawan na nagpapakita ng paggawa ng mabuting desisyon.

**Gawain5-B:** Guguhit ng masayang mukha kung sumasang-ayon sa ipinahahayag ng pangungusap.

**Gawain 5-C:** Isulat ang mga hakbang sa paggawa ng mabuting desisyon.

**Gawain 6:** Kumpletuhin ang mga pangungusap gamit ang mga salitang nasa loob ng kahon.

Tiyakin na ang lahat ng gawaing natapos sa bawat bahagi ng modyul ay maipapasa sa petsa at oras na itinakda ng kanyang gurong-tagapayo.

# Introductory Message

For the learner:

This module will guide you in making good choices with the help of your parents or guardian. As you go through the various activities, you will learn the steps in making good choices as well as appreciate the importance of asking for help from your parents, guardian, and teachers.

This consists of six interactive activities for you to follow, namely:

**Let's Try This** – which will help you get ready to learn;

**Let's Explore This** – which will guide you towards what you need to learn;

**Keep in Mind** – which will give you the lessons that you need to learn and understand;

**You Can Do It** – which will help you apply the lessons learned in daily activities;

**What I Have Learned** – which will test and evaluate your learning;

**Share Your Thoughts and Feelings** – which will help you express your thoughts, opinions and feelings.

Make sure to read, think, follow, and enjoy every task that you are asked to do.

Have fun! Stay safe and healthy!

## MODULE

# 4

## MAKE GOOD CHOICES



### Learning Objectives

At the end of this module, you are expected to:

1. list down the people who can help make good choices;
2. enumerate the steps in making good choices;
3. show the importance of help from adults when making good choices;
4. practice ways of making good choices; and
5. state changes in yourself because of good choices.

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**Period:** Weeks 3 - 6 of 2<sup>nd</sup> Quarter

**Suggested Total Time Allotment:** 240 minutes

**Materials Needed:** Pencil and any clean sheet of paper



### Introduction

Making simple and good choices is one of your tasks as you grow older. You choose what clothes to wear in the morning. You choose to play or not to play with your friends. In this module, you will learn the basic steps in making good choices.





## Let's Try This

**Suggested Time Allotment: 30 minutes**

With the help of your parents or guardian, read the story and answer the following questions orally.

Sarah was invited to her friend Marie's birthday party. She was very excited to finally see her after a long time. They have not seen each other because of the Covid-19 pandemic.

When Sarah told this to her parents, she was advised to stay at home. Because of this, Sarah was not able to attend. Instead, she greeted Marie using video call.

### Processing Questions:

1. Did Sarah make a good choice not to attend the party and called Marie instead? Why?
2. If you were Sarah, what would you do? Why?
3. To whom shall you ask for help when you have to make a choice?



## Let's Explore This

**Suggested Time Allotment: 50 minutes**

With the help of your parent or guardian, tell the person who can help you make a good choice. The choices are in the box. Do this on a clean sheet of paper. Answer the processing questions, as well.

Parent

Teacher

Guardian (older siblings, uncles, aunts)

\_\_\_\_\_ 1. Your friends are asking for you to join them in playing outside. Your parents, who reminded you to always stay at home, were not around.

\_\_\_\_\_ 2. You want to celebrate your birthday during the quarantine period.

\_\_\_\_\_ 3. You and your parents/guardian could not understand the instructions in the module.

\_\_\_\_\_ 4. You want to play online games/toys after answering your self-learning module.

\_\_\_\_\_ 5. Your tooth is aching and you want to go to a dentist.

\_\_\_\_\_ 6. You want to have a video call or send a text message to your cousin.

\_\_\_\_\_ 7. You need to wear face mask & face shield protection to see a doctor.

\_\_\_\_\_ 8. You need guidance in crossing the street.

### Processing Questions:

1. Who are the important people that can help you make good choices?
2. How did you feel when important people help you make good choices?
3. Do you think it is important to ask for help from someone when you need to make a choice? Why?





# Keep in Mind

**Suggested Time Allotment: 30 minutes**

Sometimes, you are faced with different situations that ask you to make good choices.

As a child, making good choices may be difficult. There are times when you have to choose between playing or doing your homework.



Remember the simple steps below:

## 1. Ask for help.

Important people (parents, guardians, or teachers) will guide you in making good choices.

## 2. Choose.

Make sure that you will choose the one that is good for you and others.

These simple steps will guide you in making good choices and becoming a more responsible child.

**Making good choices will make you:**

1. Happy and confident.



2. Discover the things that you can do.
3. Learn new things.



## You Can Do It

### Suggested Time Allotment: 30 minutes

With the help of your parents or guardian, read the situation and write your answer on a clean sheet of paper.

1. Your friends are asking for you to play with them outside. What would you do?
  - a. Ask permission from your parents/guardian.
  - b. You will play with your friends without asking permission.
2. Your classmate is asking for you to talk to her through video call or text message but you still have a lot of schoolwork to finish. What would you do?
  - a. Finish your schoolwork first and ask your parents/guardian if you can talk to her.
  - b. Talk to your friend and finish your homework later.

### Processing Questions:

1. What are the steps to follow when making good choices?
2. How do you feel when you make good choices?



# What I Have Learned

**Suggested Time Allotment: 60 minutes**

A. Look at the picture. On a clean sheet of paper, write your answer that shows making good choices.

1. You need to improve your writing.



You will practice writing.

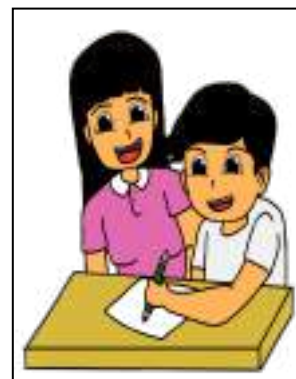


You will play.

2. Your parent or guardian is discussing a lesson in your self-learning module.



You will not listen and will just play around.



You will listen to your parent or guardian.

3. During this quarantine period, you need to stay at home. What other activities can you do?



You will help in cleaning the house.



You will play with your friends outside.

4. In this time of the pandemic, you need to stay healthy to avoid getting sick.



You will eat nutritious foods.



You will eat junk foods.

B. Draw a happy face 😊 if the statement describes the changes that happened to you when you make a good choice. Write your answers on a clean sheet of paper.

		1. I am happy and proud because I did something good for myself and others.
		2. I have to ask for help from my parents/ guardians when making good choices.
		3. I became more comfortable asking for help from my parents, guardians, or teachers.
		4. I want to learn new things.
		5. I discovered the things that I can do with the help of my parents, guardians, and teachers.

C. Write the two steps in making good choices on a clean sheet of paper.

1. \_\_\_\_\_
2. \_\_\_\_\_



## Share Your Thoughts and Feelings

Suggested Time Allotment: 40 minutes

With the help of your parents or guardian, copy the sentences and choose the answers from the box below.

I am happy and proud because I learned to make  
\_\_\_\_\_.

I want to learn \_\_\_\_\_ things.

I have to ask \_\_\_\_\_ from my parents/guardians when making good choices.

I feel \_\_\_\_\_ when my parents/guardians help me in making good choices.

	<i>help</i>	<i>new</i>	
<i>good</i>	<i>loved</i>	<i>choices</i>	

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