

EFFECTIVITY DATE: July 30, 2019

REVISION NO.: 0

APPROVED BY: Glennda E. Canlas, MD Medical Director

PREPARED BY: Marilar F. De Guzman, MD QAM

PGE 573.00

STEAMSHIP MUTUAL PRE-EMPLOYMENT MEDICAL EXAMINATION (PEME) SCHEDULE A – (For aged 30 years and below)

Examination Cost: \$75.00

A. Pre-employment medical examination

- 1. Digital chest x-ray
- 2. Complete Blood Count
- 3. Routine Urinalysis (10 parameters)
- 4. Blood Typing (A, B, O and Rh factor)
- 5. Dental check-up
- 6. Optical check-up/Ishihara
- 7. Audiometry
- 8. Pulmonary Function Test/Spirometry
- 9. ECG
- 10. Complete PE & History
- 11. Psychological Examination

B. Additional examinations:

HBA1c
HIV 1 & 2
TPHA or VDRL Screening
Hepatitis B antigen Test
Hepatitis C
Fecalysis (FECT) – for Food Handlers



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SCHEDULE B – (For aged 31 years to 45 years) Examination Cost: \$91.00

A. Pre-employment medical examination

- 1. Digital chest x-ray
- 2. Complete Blood Count
- 3. Routine urinalysis (10 parameters)
- 4. Blood Typing (A, B, O and Rh factor)
- 5. Dental check-up
- 6. Optical check-up/Ishihara
- 7. Audiometry
- 8. Pulmonary Function Test/Spirometry
- 9. ECG
- 10. Complete PE & History
- 11. Psychological examination

B. Additional examination

Total Cholesterol (HDL/LDL)

Triglycerides

GGT

SGPT

Creatinine

HBA1c

HIV 1 & 2



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TPHA or VDRL Screening
BUA (Blood Uric Acid)
Hepatitis B antigen Test
Hepatitis C
Fecalysis (FECT) – for Food Handlers

SCHEDULE C – (For aged 46 years and above)

Examination Cost: \$126.00

A. Pre-employment medical examination

- 1. Digital chest x-ray
- 2. Complete Blood Count
- 3. Routine urinalysis (10 parameters)
- 4. Blood Typing (A, B, O and Rh factor)
- 5. Dental check-up
- 6. Optical check-up/Ishihara
- 7. Audiometry
- 8. Pulmonary Function Test/Spirometry
- 9. ECG
- 10. Complete PE & History
- 11. Psychological Examination

B. Additional examination

Total Cholesterol (HDL/LDL)
Triglycerides
GGT
SGPT



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Creatinine

HBA1c

HIV 1& 2

TPHA or VDRL Screening

BUA (Blood Uric Acid)

Hepatitis B antigen Test

Hepatitis C

Fecalysis (FECT) – for Food Handlers

Stress ECG and Cardiac Profile

COMPANY REQUIREMENT ADDITIONAL TESTS:

DRUG TESTS: (P 1,550.00)

ALCOHOL

THC

METHAMPHETAMINE

COCAINE

OPIATES

*Revision 0 dated 30 July 2019