

SPECTRUM MARINE AND SHIP MANAGEMENT, INC. PEME PACKAGE

PGE 534.00

EFFECTIVITY DATE:
November 13, 2018
REVISION NO.: 0
APPROVED BY:
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Medical Director
PREPARED BY:

Marilar F. De Guzman, MD

QAM

SPECTRUM PEME PACKAGE Php 4, 500.00

DOH National Requirements

- 1. Medical History
- 2. Physical Examination (PE)
- 3. Dental Examination
- 4. Visual Acuity (Snellen and Jaeger)
- 5. Color Perception Test (Ishihara 24 Plates)
- 6. Audiometry (to include whisper test 3 meters for Deck Seafarers and 3.5 meters for Engine Seafarers)
- 7. Chest X-Ray (Digital)
- 8. Electrocardiogram (ECG)
- 9. Blood Typing (A, B, O and RH Typing)
- 10. Complete Blood Count (CBC)
- 11. Platelet
- 12. Urinalysis (10 parameters)
- 13. Psychological Examination/Assessment
- 14. Erythrocyte Sedimentation Rate Test (ESR Test)
- 15. HbA1c (Diabetes Test/Glycated Hemoglobin)
- 16. Blood Borne Diseases
 - a. VDRL/RPR TPHA
 - b. HIV Screening
 - c. Hepatitis B Virus HPB
 - d. Hepatitis C Virus HCV

CONTROLLED

^{*}Revision 0 dated 13 November 2018