

SINGA PEME PACKAGE SEADREAM

EFFECTIVITY DATE: June 23, 2015

REVISION NO.: 2

APPROVED BY: Glennda E. Canlas, MD Medical Director

PREPARED BY:

Marilar F. De Guzman, MD QAM

PGE 224.00

I. Below 40 y/o P 4,300.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- 6. Routine Stool
- 7. Complete Blood Count and Blood Typing
- 8. ESR
- 9. FBS
- 10. ALT
- 11. Creatinine
- 12. BUN
- 13. HbA1c
- 14. Chest X-Ray
- 15. RPR
- 16. Hepatitis B Screening
- 17. HIV
- 18. ECG
- 19. Dental Examination
- 20. Peak Flow Meter
- 21. KUB Ultrasound
- 22. HBT ultrasound
- 23. Treadmill test if with significant findings only
- 24. Drug and Alcohol Test Alcohol, Methamphetamine & Cannabinoids

II. 40 y/o and above

P 4,500.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- 6. Routine Stool
- 7. Complete Blood Count and Blood Typing
- 8. ESR
- 9. FBS
- 10. ALT
- 11. BUA
- 12. Creatinine

CONTROLLED



SINGA PEME PACKAGE SEADREAM

EFFECTIVITY DATE: June 23, 2015

REVISION NO.: 2

APPROVED BY: Glennda E. Canlas, MD Medical Director

PREPARED BY:

Marilar F. De Guzman, MD QAM

PGE 224.00

- 13. BUN
- 14. HbA1c
- 15. Triglycerides
- 16. Total Cholesterol
- 17. Chest X-Ray
- 18. RPR
- 19. Hepatitis B Screening
- 20. HIV
- 21. ECG
- 22. Dental Examination
- 23. Peak Flow Meter
- 24. KUB Ultrasound
- 25. HBT Ultrasound
- 26. Treadmill Test
- 27. Drug and Alcohol Test Alcohol, Methamphetamine & Cannabinoids

ADDITIONAL TEST:

Pregnancy test (for all female crew – pre-departure) = $\frac{P}{P}$ 250.00 Additional drug = $\frac{P}{P}$ 300.00/drug

VACCINE:

Tetanus Toxoid = P 300.00/dose

- > booster every 10 years or for those without previous vaccination follow 0, 1 and 6 months, defer if RUSH to be coordinated with company
- > For Deck and Engine crew

CONTROLLED

^{*}Revision 0 dated 13 July 2012

^{*} Revision 1 dated 15 August 2012 Tetanus toxoid for deck and engine crew only.

^{*}Revision 2 dated 23 June 2015 removal of stool culture and psych test.