

## KJCM CENTRAL MARE **PEME PACKAGES**

PGE 361.00

**EFFECTIVITY DATE:** March 22, 2019 **REVISION NO.: 1** 

APPROVED BY: Glennda E. Canlas, MD **Medical Director** 

PREPARED BY:

Marilar F. De Guzman, MD QAM

### PEME A - For New Entry Candidate P 4,700.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- 6. Routine Stool (for food handlers)
- 7. Complete Blood Count and Blood Typing
- 8. Chest X-Ray
- 9. RPR/TPHA
- 10. Hepatitis B Screening
- 11. HIV
- 12. FCG
- 13. Dental Examination
- 14. Lipid profile
- 15. Calcium
- 16. ALP
- 17. GGT
- 18. Total Bilirubin
- 19. Direct Bilirubin
- 20. Indirect Bilirubin
- 21. Total protein
- 22. Albumin
- 23. Globulin
- 24. Albumin/Globulin Ratio
- 25. ALT
- 26. AST
- 27. Alcohol
- 28. THC
- 29. Methamphetamine
- 30. **Opiates**
- Cocaine 31.
- PCP 32.
- 33. Barbiturates



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# PEME B – For Serving Seafarers (below 40 years old) P-4,600.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- 6. Routine Stool (for food handlers)
- 7. Complete Blood Count and Blood Typing
- 8. Chest X-Ray
- 9. RPR/TPHA
- 10. Hepatitis B Screening
- 11. HIV
- 12. Dental Examination
- 13. Lipid profile
- 14. Calcium
- 15. ALP
- 16. GGT
- 17. Total Bilirubin
- 18. Direct Bilirubin
- 19. Indirect Bilirubin
- 20. Total protein
- 21. Albumin
- 22. Globulin
- 23. Albumin/Globulin Ratio
- 24. ALT
- 25. AST
- 26. Alcohol
- 27. THC
- 28. Methamphetamine
- 29. Opiates
- 30. Cocaine
- 31. PCP
- 32. Barbiturates



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#### PEME C – For serving Seafarers (40 years old and above) P 5.000.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- Routine Stool (for food handlers) 6.
- Complete Blood Count and Blood Typing 7.
- 8. Chest X-Ray
- 9. RPR/TPHA
- Hepatitis B Screening 10.
- 11.
- 12. **Dental Examination**
- 13. ECG
- FBS 14.
- 15. Creatinine
- BUA (Uric Acid) 16.
- 17. Lipid profile
- 18. Calcium
- ALP 19.
- 20. GGT
- Total Bilirubin 21.
- Direct Bilirubin 22.
- 23. Indirect Bilirubin
- 24. Total protein
- 25. Albumin
- 26. Globulin
- 27. Albumin/Globulin Ratio
- 28. ALT
- 29. **AST**
- Alcohol 30.
- 31. THC
- 32. Methamphetamine



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Opiates 33. 34. Cocaine 35. PCP 36.

**Barbiturates** 

#### FOR THE FOLLOWING VESSELS:

M/T ECO FLEET M/T ECO REVOLUTION M/T STENAWECO ENERGY M/T STENAWECO EVOLUTION

#### **ADDITIONAL TEST FOR CENTAL MARE PACKAGES:**

- PROTEIN, TOTAL
- ALBUMIN
- GLOBULIN
- ALBUMIN/GLOBULIN RATIO
- BILIRUBIN, TOTAL
- BILIRUBIN, DIRECT
- BILIRUBIN, INDIRECT
- ALKALINE PHOSPHATASE
- AST (SGOT)
- ALT (SGPT)
- GGT
- HDL
- LDL
- Ca

<sup>\*</sup>Revision 0 dated 17 February 2016

<sup>\*</sup>Revision 1 dated 22 March 2019 Inclusion of DAAT within PEME