

KJCM CENTRAL MARE PEME PACKAGES

PGE 361.00

EFFECTIVITY DATE:

March 22, 2019

REVISION NO.: 1

APPROVED BY:

Glennda E. Canlas, MD Medical Director

PREPARED BY:

Marilar F. De Guzman, MD QAM

PEME A – For New Entry Candidate P 4,700.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- 6. Routine Stool (for food handlers)
- 7. Complete Blood Count and Blood Typing
- 8. Chest X-Ray
- 9. RPR/TPHA
- 10. Hepatitis B Screening
- 11. HIV
- 12. FCG
- 13. Dental Examination
- 14. Lipid profile
- 15. Calcium
- 16. ALP
- 17. GGT
- 18. Total Bilirubin
- 19. Direct Bilirubin
- 20. Indirect Bilirubin
- 21. Total protein
- 22. Albumin
- 23. Globulin
- 24. Albumin/Globulin Ratio
- 25. ALT
- 26. AST
- 27. Alcohol
- 28. THC
- 29. Methamphetamine
- 30. Opiates
- 31. Cocaine
- 32. PCP
- 33. Barbiturates

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QAM

PEME B – For Serving Seafarers (below 40 years old) P-4,600.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- 6. Routine Stool (for food handlers)
- 7. Complete Blood Count and Blood Typing
- 8. Chest X-Ray
- 9. RPR/TPHA
- 10. Hepatitis B Screening
- 11. HIV
- 12. Dental Examination
- 13. Lipid profile
- 14. Calcium
- 15. ALP
- 16. GGT
- 17. Total Bilirubin
- 18. Direct Bilirubin
- 19. Indirect Bilirubin
- 20. Total protein
- 21. Albumin
- 22. Globulin
- 23. Albumin/Globulin Ratio
- 24. ALT
- 25. AST
- 26. Alcohol
- 27. THC
- 28. Methamphetamine
- 29. Opiates
- 30. Cocaine
- 31. PCP
- 32. Barbiturates

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Marilar F. De Guzman, MD QAM

PEME C – For serving Seafarers (40 years old and above) P 5.000.00

- 1. Complete Physical Examination and Medical History
- 2. Visual Acuity (Far and Near Vision)
- 3. Color Perception Test (Ishihara)
- 4. Audiometry
- 5. Routine Urinalysis
- Routine Stool (for food handlers) 6.
- 7. Complete Blood Count and Blood Typing
- 8. Chest X-Ray
- 9. RPR/TPHA
- 10. Hepatitis B Screening
- 11.
- 12. **Dental Examination**
- 13. ECG
- FBS 14.
- 15. Creatinine
- 16. BUA (Uric Acid)
- 17. Lipid profile
- 18. Calcium
- ALP 19.
- 20. GGT
- Total Bilirubin 21.
- 22. Direct Bilirubin
- 23. Indirect Bilirubin
- 24. Total protein
- 25. Albumin
- 26. Globulin
- 27. Albumin/Globulin Ratio
- 28. ALT
- 29. **AST**
- 30. Alcohol
- 31. THC
- 32. Methamphetamine

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33. Opiates 34. Cocaine PCP 35.

36. **Barbiturates**

FOR THE FOLLOWING VESSELS:

M/T ECO FLEET M/T ECO REVOLUTION M/T STENAWECO ENERGY M/T STENAWECO EVOLUTION

ADDITIONAL TEST FOR CENTAL MARE PACKAGES:

- PROTEIN, TOTAL
- ALBUMIN
- GLOBULIN
- ALBUMIN/GLOBULIN RATIO
- BILIRUBIN, TOTAL
- BILIRUBIN, DIRECT
- BILIRUBIN, INDIRECT
- ALKALINE PHOSPHATASE
- AST (SGOT)
- ALT (SGPT)
- GGT
- HDL
- LDL
- Ca

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^{*}Revision 0 dated 17 February 2016

^{*}Revision 1 dated 22 March 2019 Inclusion of DAAT within PEME