

 HALCYON MARINE <small>HEALTHCARE SYSTEMS</small>	SPECTRUM MARINE AND SHIP MANAGEMENT, INC. PEME PACKAGE	EFFECTIVITY DATE: November 13, 2018
		REVISION NO.: 0
	PGE 534.00	APPROVED BY: Glennnda E. Canlas, MD Medical Director
		PREPARED BY: Marilar F. De Guzman, MD QAM

SPECTRUM PEME PACKAGE
Php 4, 500.00

DOH National Requirements

1. Medical History
2. Physical Examination (PE)
3. Dental Examination
4. Visual Acuity (Snellen and Jaeger)
5. Color Perception Test (Ishihara 24 Plates)
6. Audiometry (to include whisper test – 3 meters for Deck Seafarers and 3.5 meters for Engine Seafarers)
7. Chest X-Ray (Digital)
8. Electrocardiogram (ECG)
9. Blood Typing (A, B, O and RH Typing)
10. Complete Blood Count (CBC)
11. Platelet
12. Urinalysis (10 parameters)
13. Psychological Examination/Assessment
14. Erythrocyte Sedimentation Rate Test (ESR Test)
15. HbA1c (Diabetes Test/Glycated Hemoglobin)
16. Blood Borne Diseases
 - a. VDRL/RPR - TPHA
 - b. HIV Screening
 - c. Hepatitis B Virus – HPB
 - d. Hepatitis C Virus - HCV

***Revision 0 dated 13 November 2018**

CONTROLLED