

## PERSONALITY/SOCIAL STYLE PROFILE

**Directions:** Review each row of the following rows of four words across to determine which word in each row best describes you. You **must select one word for each row** by placing a check in front of the one word that most often applies to you. Continue through all forty lines. Be sure you only **select one word per line** and each line has a check. Once you have indicated a check for each row, add the total from each section below. Then, add the combine total of both strengths and weaknesses at the very bottom of the page below.

Name \_\_\_\_\_ Position \_\_\_\_\_ Date \_\_\_\_\_

### STRENGTHS

<b>DOLPHIN</b>	✓	<b>SHARK</b>	✓	<b>URCHIN</b>	✓	<b>WHALE</b>	✓
Animated		Adventurous		Analytical		Adaptable	
Playful		Persuasive		Persistent		Peaceful	
Sociable		Strong-willed		Self -searching		Submissive	
Convincing		Competitive		Considerate		Controlled	
Refreshing		Resourceful		Respectful		Reserved	
Spirited		Self-reliant		Sensitive		Satisfied	
Promoter		Positive		Planner		Patient	
Spontaneous		Sure		Scheduled		Shy	
Optimistic		Outspoken		Orderly		Obliging	
Funny		Forceful		Faithful		Friendly	
Delightful		Daring		Detailed		Diplomatic	
Cheerful		Confident		Cultured		Consistent	
Inspiring		Independent		Idealistic		Inoffensive	
Demonstrative		Decisive		Deep		Dry humoured	
Mixes easily		Mover		Musical		Mediator	
Talker		Tenacious		Thoughtful		Tolerant	
Lively		Leader		Loyal		Listener	
Cute		Chief		Chart maker		Contented	
Popular		Productive		Perfectionist		Permissive	
Bouncy		Bold		Behaved		Balanced	
<b>Sub total</b>							

### WEAKNESSES

<b>DOLPHIN</b>	✓	<b>SHARK</b>	✓	<b>URCHIN</b>	✓	<b>WHALE</b>	✓
Brassy		Bossy		Bashful		Blank	
Undisciplined		Unsympathetic		Unforgiving		Unenthusiastic	
Repetitious		Resistant		Resentful		Reluctant	
Forgetful		Frank		Fussy		Fearful	
Interrupts		Impatient		Insecure		Indecisive	
Unpredictable		Unaffectionate		Unpopular		Uninvolved	
Haphazard		Headstrong		Hard to please		Hesitant	
Permissive		Proud		Pessimistic		Plain	
Angered easily		Argumentative		Alienated		Aimless	
Naïve		Nervy		Negative attitude		Nonchalant	
Wants credit		Workaholic		Withdrawn		Worrier	
Talkative		Tactless		Too sensitive		Timid	
Disorganised		Domineering		Depressed		Doubtful	
Inconsistent		Intolerant		introvert		Indifferent	
Messy		Manipulative		Moody		Mumbles	
Show off		Stubborn		Skeptical		Slow	
Loud		Lord over others		Loner		Lazy	
Scatterbrained		Short-tempered		Suspicious		Sluggish	
Restless		Rash		Revengeful		Reluctant	
Changeable		Crafty		Critical		Compromising	
<b>Sub total</b>							
<b>Combined totals</b>							