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Introduction

Throughout this presentation, we will discuss the process of creating 'POMO', the focus tracker.

Focusing on analysis, design, development and testing individually and in detail.

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Introduction Review O Plan Agille methodology O Devign Assessed

Throughout our project, we have successfully employed the Agile methodology. After every stage in our project, we have reflected and improved. To employ this methodology successfully, we have had to be flexible and adaptable.

Analysis

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Our Task

Our assignment required us to collaborate effectively to create a prototype software artefact.

To complete this professionally, we knew we must apply best-practice project management and user-centered design techniques.

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Our Idea

To produce potential ideas for our project, we first needed to decide on a problem that we wanted our software to solve.

As students, a big problem we mutually face is finding the time and concentration to study. This is where we decided to focus our idea.

Aiding focused study is a broad problem with countless solutions.

To conclude with one, we needed to carry out some research.

With this, we managed to whittle down our solutions to three main ideas. We believed each of these ideas solved our problem in their own unique way.

Our Idea

- Study scheduler
- Kanban project management
- Pomodoro study simulator

After consideration, we concluded with a focus tracker based on the Pomodoro technique.

It has been proven that setting a schedule and studying at your own pace/taking breaks often cause studying to be more effective.

The Pomodoro technique allows for both requirements to be met.

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The Pomodoro technique is a popular study technique where you work for short bursts and take frequent breaks.

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Our Idea

We felt software like this could be used in scenarios like this project.

A large time-consuming task can be daunting, they require a lot of project management.

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A large time-consuming task can be daunting, they require a lot of project management.

A focus tracker (like our product) would aid us in managing our tasks and time, allowing us to complete this assignment to a high standard.

Platform

The next decision we needed to make was what platform we wanted to create this product for.

Initially, we considered creating a mobile application.

However, we concluded that a web application would be more appropriate as most people use some sort of computer whilst working/studying.

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Platform

A web app is more versatile as it can also be used on a mobile device if the user desires.

For example, if a user wanted to use it whilst they do non-computer-based tasks, like reading a book.

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Project Management

is crucial for our success.

Project management will allow us to ensure we complete all tasks and create an industry-standard product in the given time frame.

To ensure our success, we have utilized the following tools...

Trello

Trello is a web-based project management tool that breaks down problems using boards, lists, and cards.

We created a Trello workspace and multiple boards to manage tasks, save links, and assign tasks to group members. It ensured we didn't miss important tasks and helped us complete the project to the best possible standard.

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GitHub is a popular type of version control software.

Version control is crucial when working as a team as all changes are tracked, therefore an organized codebase is maintained.

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IDE

Initially, we began development using Visual Studio.

However, this was not sustainable as if we were all working on the same file, git merges were causing us to slow down.

IDE

To solve this problem, we decided to use Repl.

Repl is a collaborative IDE that updates in real-time as

each person works on it.

Using Repl with Gilthub allowed multiple team members to work together to implement features without affecting others' progress.

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Literature Review

Before developing, we must first investigate and criticize similar products.

This will allow us to develop our product to the best possible standard, enabling us to separate important and effective features.

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Literature Review

The three websites we found to analyze were:

- https://pomofocus.io/
- https://studywithme.io/aesthetic-pomodoro-timer/
- https://www.toptal.com/project-managers/tomato-timer



Initially when reviewing
'Pomofocus', we found that the
page was very busy as there was
a mass amount of information in
various places. We originally
thought this was a negative
attribute. However, after
reviewing 'studywithme' and
'tomato-timer', our opinions
changed.

We realized that the lack of information about the pomodoro technique on these websites made them very unclear and unprofessional. The user would have to have a great understanding of the pomodoro technique already or use other sources to use them.

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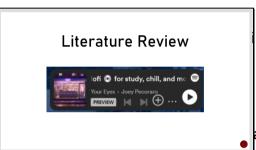


Another negative feature of studywithme' was it was overcrowded and therefore did not create a positive/calm work environment. This was also a problem with the other two websites. They were cluttered, taking away the calming atmosphere.



We found that PomoFocus is very intelligent software, with a vast range of features. One of these features was the ability to see a report of your stats.

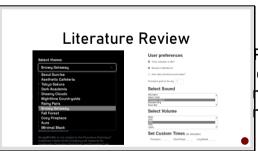
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We found this to be a very nteresting tool, with the idea of a focused streak being encouraging and motivating.

Studywithme and Tomato-timer also had many different features. For example, Studywithme contained a link to Spotify. Allowing the user to play music directly from the web app. This allows the user to be able to manage everything they need to study from this one app, reducing distraction.

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We agreed that these other features were not as useful.
Particularly as the Spotify widget only allowed you to play general music, not your library, and we do not believe many users would opt for this.

Another feature provided by all three products that we decided was not useful was the ability to change the theme/background colours and alarm sounds.

However, we decided to do some further research on this. As we

thought there must be a reason that all three of these products feel the need to have these features.

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Literature Review

After analyzing the article 'how colours affect the way you think' written by Mark Ellwood, a key quote that got our attention was

"Colour can mess with the way we experience senses such as taste and flavour, or even our preference for music". t became clear that colours
make a massive difference in
how humans react and function.
Therefore, it makes sense why
these products allow the user to
change theme, it could aid their
focus.

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Literature Review

Furthermore, after reading "Sensory Overload: Loud Sounds, Clothing Tags, Overstimulation" by the ADDitude Editors.

We concluded that alarm options are important.

Furthermore, after reading 'Sensory Overload: Loud Sounds, Clothing Tags, Overstimulation" by the ADDitude Editors.

We decided that having vast options to do with the alarm sound was important. As this article essentially states that loud noises can seriously affect neurodivergent people, causing a state of overstimulation. So, these products having the option to change the sound makes their products much more accessible, as this article also makes it clear that the things that cause overstimulation vary from person to person.

Not only can the users change the alarm sound, but they can also change the alarm volume. A quote from this article states that loud noises as well as specific noises can be a trigger for neurodivergent people.

We discussed that this is also an important feature provided compared to the user having to turn down their device. Turning down their devices is not a good fix for a product like this, as often when studying people may need to watch videos or even wish to listen to music.

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Literature Review

- PomoFocus was the most user friendly
- Information about the technique is crucial

In conclusion, after critically analyzing all three products, PomoFocus was the most userfriendly. Although still cluttered, the comprehensive information surrounding the pomodoro technique made the product accessible for anybody to use.

Requiring prior
knowledge/research to use a
product that is supposed to
encourage focusing is a
juxtaposition, as the user can not
just settle and focus, it distracts
them.

Therefore, going forward we have decided we will need to incorporate some sort of information in our product.

However, we will be ensuring that the information is short and to the point to avoid the unprofessional cluttering that all three products demonstrated.

Additionally, it is clear that accessibility should be at the core of our development.

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User Profiles

We created a set of three user profiles to better understand our direct users and give us more direction for the demographics we are targeting.

This guided us in designing specific aspects and implementing them effectively.

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Processed 2

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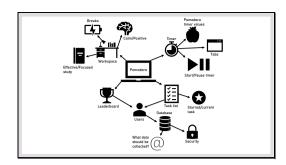
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Design

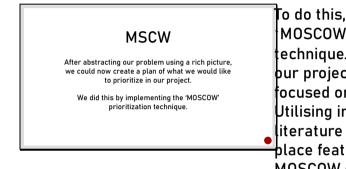
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Rich picture

The first step of our design process was to decompose our problem to gain a deeper understanding of it. To do this, we created a rich picture.



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To do this, we have employed the MOSCOW' prioritization technique. Allowing us to ensure our project time is effectively focused on essential areas. Utilising insights from our literature review to accurately place features within the MOSCOW categories.

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Wireframes

- We needed to plan out what pages we may need
 - Opted for the SPA approach
- The SPA approach is much quicker and provides a better
 use experience

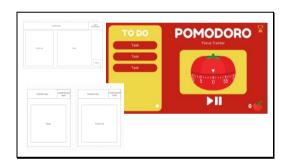
Once we had created our MSCW, we needed to plan what pages we may need.

However, we chose to stick to the Single Page Application (SPA) approach. As it is much quicker and provides an overall better user experience compared to the traditional multiple-page website.

So, we decided to utilize popups instead.

We will have one main page, and popups to allow the user to log in and see the leaderboards.

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Product name

- Pomodoro
- Pomo
- PomoTimer

When creating a name for our product, we knew we wanted to include 'Pomodoro' in some sort of way. As this would make it obvious what our product is. Here are three examples of our ideas:

- Pomodoro
 - Pomo
- PomoTimer

The idea we concluded with was 'Pomo' as we decided it should be short, snappy and memorable.

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Colour scheme

- We wanted to ensure accessibility
- So we decided on a bright/bold colour scheme
- Concluding with a red, yellow, and green colour scheme

For the visual aspects of our product, we wanted it to represent a positive work environment whilst ensuring it is accessible to all users.

To execute this, we decided a bright/bold colour scheme would be the best way forward.

We then concluded with a red, yellow and green colour scheme. These were our colours of choice as we felt they not only fit our requirements but also represented our theme of tomatoes.



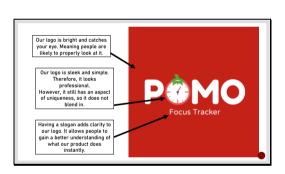
After deciding on a colour scheme, we could start creating a logo.

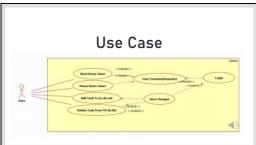
A logo is a vital part of an it's it's the first thing a user encounters, with 94% of user's first impressions being design-related.

Like our colours, we wanted our logo to represent the ethos of our product. It should reflect a positive working environment.

Using the tool Canva, this was our final product...

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Before development could begin, we first needed to further plan out the fundamental requirements of our product. To do this, we have decided to create UML use case diagrams. Doing this will allow us to create a more robust system. It also allows us to ensure that each member of our team is entirely on the same page with what we expect from our product.

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Research

Research is a vital aspect of the design stage. Research will allow us to gain an understanding of how our potential users are feeling about our ideas and what we may need to change.

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Research

Before completing potential user research. We first had to gain some stakeholders.

We decided the quickest way of doing this would be to ask people that we know.

We decided on four stakeholders.

Stakeholders

- J.R, Sixth form student
- Y.S, College student
- M.B, University student
 - C.M, GCSE student

We chose each of these people as we decided each one of them had a unique reason why our product would be useful for them.

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Research

We then created a survey for these stakeholders to complete. This survey included questions about their likelihood to use a product like this and their opinions on our logo and design choices.

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Research

Overall, we got very positive feedback from our survey.
Users were particularly fond of our design aspects.
However, it was stated that this is a very saturated market and that we would need to emphasize our unique selling point (USP).

USP

Our USP is the idea of competition and rewards. Our concept is to be able to collect 'Pomodoros' based on the amount of focused work you have done. The aim is for you to get onto the leaderboard and compete against other users. We believe that this will boost engagement levels, as it encourages users to carry on.

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Literature Review

As concluded from our initial literature review, we believe accessibility should be at the forefront of our development.

We want to create a product that is both neurodivergent and neurotypical friendly.

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Literature Review

We believe that our reward system encourages this diversity.

Particularly individuals with Attention Deficit Hyperactivity Disorder (ADHD).

Literature Review

"individuals with ADHD are likely to experience problems in academic settings. One cannot expect a child to operate successfully in an academic environment if they are inattentive, disruptive and aggressive, and have prob

- ADHD and academic performance: why does ADHD impact on academic performance and what can be done to support ADHD children in the classroom? D. Daley

This article speaks about the academic struggle that people with ADHD experience. Focusing on the struggle to focus.

We believe that our product will aid individuals with ADHD as it will gain their attention from a different perspective. A competitive perspective.

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Literature Review

This claim is supported by the following article:

"Improving the Achievement, Motivation, and Engagement of Students With ADHD: The Role of Personal Best Goals and Other Growth-Based Approaches" - Andrew J. Martin This article discusses the academic benefits of personal best goals for students with ADHD.

Our product encourages personal bests and competition through the use of leaderboards and the collection of POMOS.

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Development

Development

Throughout this section, we will be discussing key stages of our development process.

Focusing on any errors we encountered on the way and how we came to solve them.



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Roles

When developing, all members of a team must be on the same page.

Trello was key here. As, individual jobs like creating the login form, could be assigned to a team member. This meant all other team members knew this was being handled.



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SPA

As stated previously, we have decided to implement the SPA approach. Therefore, our project will only have one main page.

To implement this, in 'index.html' our main file, we have every single aspect of our project located.

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SPA

However, this would cause the page to be crowded. With different aspects everywhere. Completely taking away from the minimalistic aesthetic we intend to

To solve this, we wanted to implement popups that are opened and closed using buttons.

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SPA

This was implemented using both CSS and JavaScript. In the CSS, we created a class called hide. Anything with this class will not appear on the screen.

display: none limportant;

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SPA

When any of the popup buttons are clicked, this class is toggled. Allowing the popup to appear.

cost popup = document.queryselector('#6[element.getAttribute('data-popup-open-target'))') || element;
popup.tylp.animation - "popupopenimantion 0.5s [onwards";
popup.stylp.diplup - "floo";
document.body.tylp.overflow - "hidden";

Database

When making the database for our system we uncovered an issue with Brighton Domains, the issue being that Brighton Domains had blocked third party access

Due to this issue we had to resort to finding a free site called filess.io where we could create a database and link it to our system from there. This turned out to be a suitable approach and did everything we needed it to do.

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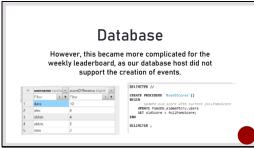
Database

We did however encounter one main issue with our database host. This issue came to light when we created our

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Database To make our leaderboards we implemented views into our database. When it came to creating the all-time leaderboard, everything ran smoothly.

We simply had to create a view of he username and fullPomoScore, his could then be handled in the main php file.



Our plan was to create a view like we did before, however this time rather than the fullPomoScore being shown, it would show the score difference. This score difference is calculated by the procedure, reset scores.

We then wanted to create an event that would trigger this procedure once a week.

However, due to limitations, we now have to call this procedure manually.

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Weekly leaderboard

It was important to us that we kept our weekly leaderboard. Despite our host not allowing events, as we believe it is a core feature of our product.

Without the weekly leaderboard, new users would find it very difficult to make it onto the leaderboard, and it may put them off our product completely.

The weekly leaderboard ensures all users get a chance and are therefore motivated.

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Login/Register

After creating the database, the next step was to make the login and register functions for our site. The first step was to create the login function in PHP, which uses an SQL statement to grab the details of the user with the matching username and password Pomo score, partial Pomo score and secure ID and then return the response as a JSON file for the JavaScript to handle.

The registrar function checks that the details of the user fields are set and confirms the user's chosen password by checking if the password in both input boxes match, if all checks are past then the request is sent to the database as a post request.

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Timer Function

The timer works by calling the timer class from the Timer.js file this class contains all of the functions needed to start, stop, setup and reset the timer. When you run the timer, it uses a set order to decide when to use a study or break time amount.

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Pomo Counter

The Pomo counter is set by calling the setPomoCounter function in the base is file. When a user logs in, this function is called, which loads the current Pomo score and then calculates the user's current progress using the setPomoCounterProgress function.

The Pomo counter allows a partial Pomo score, so if the user must stop during a session, they are still rewarded for their work.

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The Pomo counter allows a partial Pomo score, so if the user must stop during a session, they are still rewarded for their work.

To-do list

Our system's to-do list uses the database to retrieve users' tasks and display them depending on who is logged in. On the to-do list, users can add, edit, and delete their tasks, which in turn modifies the database.

Each to-do list item also has a checkbox on it which when ticked will mark the task as complete and remove it from the user's screen as well as the database.



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Security Analysis

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Security Requirements

We first had to establish some basic security requirements for our system. We thought the best approach would be to follow the CIA method:

- Confidentiality Integrity Availability

ind some stats

OWASP Attack

We found it beneficial to conduct an OWASP ZAP attack on our system. OWASP is a community driven organisation focused on improving the security of software. Using this tool allowed us an insight into any vulnerabilities present on our system. By identifying these vulnerabilities, we were able to try and address them, thereby enhancing the overall security of our system. Aswell as using OWASP we were naturally able to find some exploits within our system.

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Find some stats

OWASP Results

This is the results from the ZAP attack that we carried out. From these vulnerabilities we can see that we have no serious vulnerabilities that could be exploited. As we didn't have a lot of time left, we decided not to take any actions on these vulnerabilities as there was no high risk of them being exploited.

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Security Implementation

Access Control Policy

For our system, we decided that the best access control policy to use was Identity-Based Access Control (IBAC). IBAC is a control module in which users are given specific access based on their identity. This was used as our system uses a simple login system that requires a username and password linked to a database.

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Hashing Passwords

We knew it was important that user passwords were kept secure within our database, so we implemented a security measure called hashing. For this task we used SHA-256 hecause it is one of the safest ways to protect passwords and is widely recognised as a robust method for protecting passwords.

Find some stats

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Secure User ID's

During testing of our system, we found an exploit where users could cookie hijack and access any account using just a username. To combat this, every user record in our database now includes a field called "securelly which contains a random 32-character sequence of letters. This extra layer of security helps to prevent cookie hijacking, which could allow an attacker unauthorized access to other user accounts without a password through the developer tools as long as they have an accounts associated username. The database then compares the username and 'securelD' together to verify the user's identity.

Testing

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Throughout the development of our site, it was essential to test regularly to ensure any changes made did not break the site's functionality and that any additions were working as intended. To aid us in testing our site, we used several online testing tools to check its compliance with certain standards.

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One of the tools we used to test our site was Lighthouse by Google. Lighthouse runs a set of different audits against the site to check its performance, accessibility, best practices, and search engine optimization. As can be seen from the results, our site scored highly on all categories and did so on both desktop and mobile.

We used Lighthouse during the development of our site to see how we could further improve it based on the feedback provided by the tool.



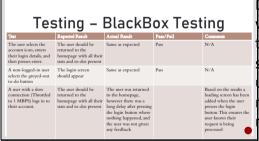
During the development of our site, we also used the W3C CSS and HTML validation tool to check that our code was compliant with HTML and CSS Standards

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During the development of our site, we used various accessibility testing tools to ensure compliance and guide us on any additional measures we could take to comply with the Web Content Accessibility Guidelines (WCAG).

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During the development of our site, we carried out black box testing. For testing the site, we wrote down a series of tests detailing the steps the user needs to make, the expected result and the actual result from running the tests.

Based on the results of black box testing, we made changes to ensure that all aspects of the site were working as expected.

During the testing, we did encounter multiple unexpected issues, which we then had to resolve; an example can be seen above in the third test where there was an issue with user feedback discovered on slower internet connections.



homepage

This is the homepage of our site and is the first thing the user will see when they load the site, a user that is not logged in can still use the timer as normal and increase their Pomo score however their stats will not be saved when they leave the page, a non-logged in user also cannot add to-do items and click on the grey plus sign with take the user to the login page"

Clicking the information button "The user can get steps on how to use the site and information regarding the Pomodoro technique by pressing the information button and scrolling through the steps, once the user is finished they can close the window by clicking the green x"

Clicks the profile button
"The user can press the profile
button to access the login screen,
where they can enter their login
details. Once the user has logged in,
their stats are loading, showing the
user'sy button on the Pomo counter
"the user can start and stop the
Pomo timer using the stop-start
buttons, when the timer runs out,

the user gets a 5-minute break and once the user

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Were we successful and why, critical review development of our site, many areas went well:

- and meet deadlines.

 We completed all the "musts" and "shoulds" from the initial plan we
 made using the Moscow technique.

 We Used industry-standard tools for version control and testing during

Throughout the creation of our group project, we have used various tools to aid us in our development. We have extensively used tools such as Trello to organise and assign tasks and meet deadlines; we have also used weekly meetings to discuss the hext steps in product development, where we would assign tasks to each user on Trello and give them deadlines to complete the task.

Additionally, we planned our site before beginning the development by carrying out literature reviews, seeing what was available on the market and deciding what features we would want our site to have; researching different aspects, such as the site's design and how we wanted each section of the site to function using wire diagrams. This helped ensure that all team members had the same vision for the product and, therefore, knew what needed to be done to achieve the finished product.

We have also used industry-standard version control software, GitHub, to allow us to collaborate on the project using branches to separate

each addition made to the site during development.

Furthermore, we used the information from our literature review to create a Moscow plan and prioritise the order in which we would start working on the site's features based on their necessity. By doing this, we have been able to work on the project collectively and meet all the targets we had set ourselves to complete by the end of the given time.

Finally, due to extensive testing throughout the site's development stages, we have a well-refined product. Using standard compliance checking tools such as CSS Validator, HTML Validator, Accessibility compliance tools, and white box testing, we have been able to resolve any issues, make any improvements suggested by the tools, and resolve any inconsistencies in the site's operation.

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Where we could have improved, critical review

Although overall the project has been a success there are certain areas which could be improved.

- Time management And Planning Tools.
- Improvements to the implementation of the leaderboard
- Better use of GitHub Features
- More Extensive Testing Approaches
- Implement Medals And Rewards.

Although we feel the project has succeeded overall, certain areas could be improved.

First, during the site's development, we were told to use something other than Gantt charts to manage our time. However, a Gantt chart would have been preferable, in addition to using tools such as Trello for task assignments, as having a visual reference for targets, even if they weren't met, would help us to see how far

through the development we should be at specific dates.

Additionally, although the leaderboard works excellently, implementing the weekly leaderboard is problematic due to a lack of support for event creation from the hosting site. Therefore, the leaderboard's resetting currently needs to be done manually.

Furthermore, we could have performed more extensive testing while developing our site and used a larger variety of tools to aid the site's testing.

Finally, we could have implemented rewards and medals. Currently, the only rewards users get are the Pomo counter score and being on the leaderboard.

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Overall, the project has been a major success, We have all worked collectively to create a product that s beyond the required specification and have met all our targets. We have demonstrated great teamwork and have collectively worked on all aspects of the project. However we acknowledge there may be some changes in the way we would approach the task in any future projects.

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Slide 90

Appendix 1

meeting minutes 139

In attendance: All

- Discuss user profiles/personas have at least 3. A-Level student, Uni student & adult learner
- Consider human-centred de
- Agreed on the basic layout for UI, including colour scheme and basic logo design
- Researched similar ideas apps heggarty maths, pomodoro timer, Focus-to-do, decided w wanted something more colourful and engaging, something with a competitive/leaderboa time feature.
- Whote out MoSCoW plan for the program

Slide 91



Minutes 22/03

Attendance: All *Agreed design of first draft for database, Tom & Dara to create over the easter break *Agreed some slight tweaks to UI design, All to action over Easter break *CSS to be reviewed and slimmed down

Attendance: All

•Agreed to have the login/register functions completed by next week •CSS slimmed down further

Slide 93

Minutes 08/04

•Changes to be made to fix the layout of the site to be completed by next week

•Add animations to site for the to-do items

Slide 94

Minutes 16/04/2024

Attendance: All

-Database created – some issues getting the \log in to work properly. Abbie & Alex to try and resolve

-Presentation – We can record the presentation and submit that, we all agree to do that, we will finalise documents etc. and record together
-Confirm the timer works in relation to the partialPomoCount, updates to database when pomo completed etc.

Supporting docs for presentation: User Profiles (add personas?), Usability Requirements, Sketch of UI, some sort of testing proof, collate meeting minutes, MOSCOW (perhaps reformat into document), UML

Minutes 29/04
Attendance: All
Finalised some more CSS
Decided to use minified CSS and JS files
Database tested locally and working. Changes need to compound primary key of tasks table to make looping through easier
Hashing passwords needs to be implemented, currently passwords stored as literal strings in database
Will all continue to add to the presentation

Slide 96

- Minutes 13/05
 Attendance: All
 Have agreed some minor tweaks to colour scheme. Colour of login boxes. Colour of to do background box.
 Random generated userID to prevent logging in through cookies added to database.
 Weekly leaderboard code written, struggling to implement as host not allowing events to be triggered. Will look into work arounds
 Agreed to finalise presentation and record on Thursday 15th.

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Appendix 2

https://github.com/acegoal07/pomo

https://aw1443.brighton.domains/pomo/

Note: The GitHub repository is missing a file called 'index.php'. This is for security reasons as it contains database login information.



Slide 99



Slide 100



