
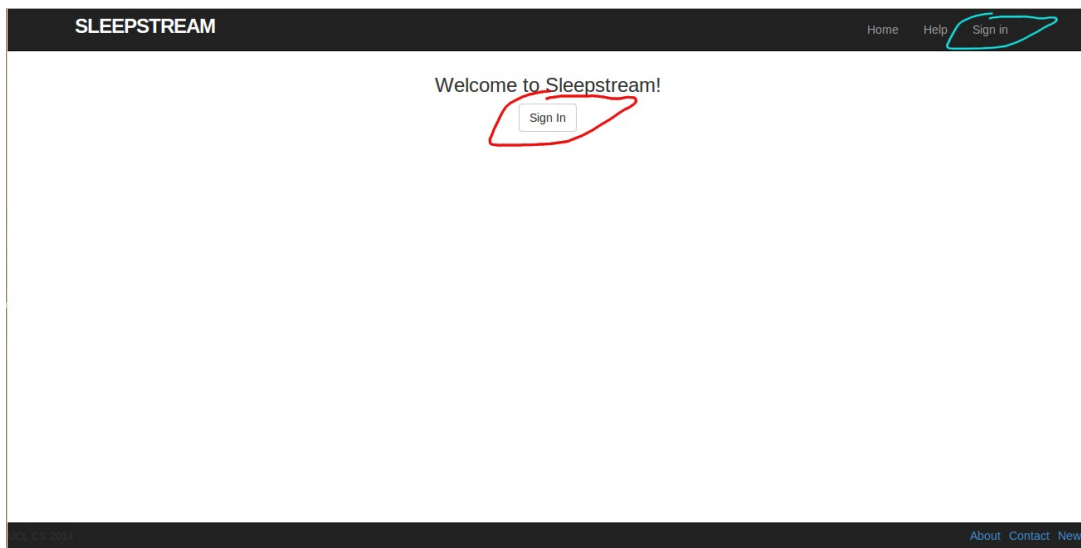


User Manual – Website

When launched <https://www.launched warm-journey-4594.herokuapp.com>, the website will display the start page. Any page consists of a header, a body and a footer. The body differs accordingly to the page displayed. When not signed in, the header displays the Sleepstream logo and a sequence of navigation buttons: Home, Help, Sign in. While signed in, the Sign in button is swept with a drop-down menu called Account  (more in **Profile Page**). The footer doesn't change. It provides links to About and Contact pages, but also to the forum site of the project.

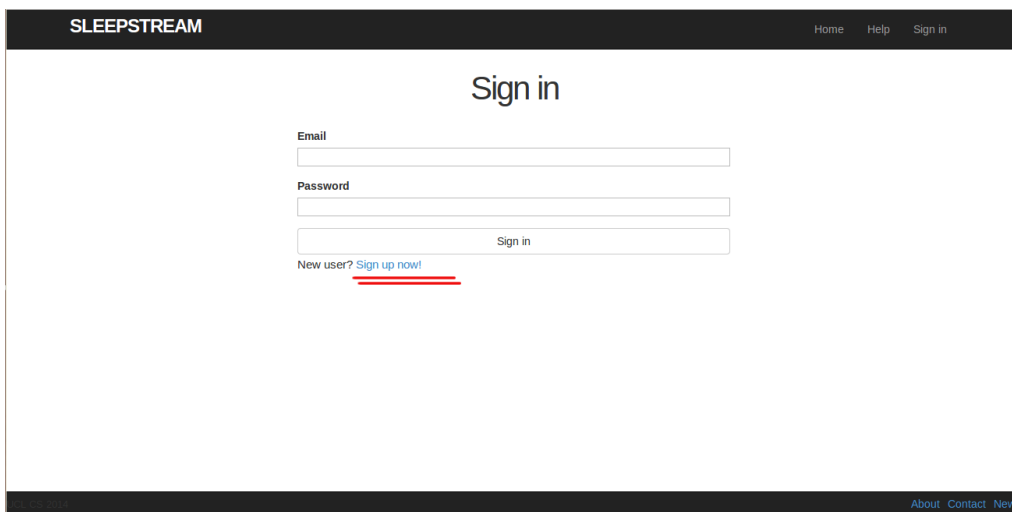
Start Page

Select the Sign In button from either the body of the page, or the top-right part of the header.



Sign-in Page

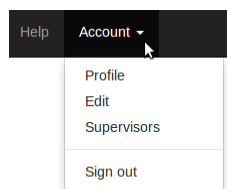
If you don't have a Sleepstream account, click the Sign up now! Link under the form. Go to **Sign-up Page**.

A screenshot of the Sleepstream website's sign-in page. The header is dark grey with the 'SLEEPSTREAM' logo on the left and navigation links 'Home', 'Help', and 'Sign in' on the right. The main body is white with the text 'Sign in' in the center. Below this, there are two input fields: 'Email' and 'Password'. Below the 'Password' field is a 'Sign in' button. At the bottom of the form, there is a link 'New user? Sign up now!' which is underlined in red. The footer is dark grey with links 'About', 'Contact', and 'News' on the right.

In case you already have a Sleepstream account, proceed entering your details in the form displayed – email and password. Then click the Sign in button, or press Enter.

The screenshot shows the Sleepstream website's sign-in interface. At the top, a dark header contains the 'SLEEPSTREAM' logo on the left and 'Home', 'Help', and 'Sign in' links on the right. The main content area is titled 'Sign in' in a large, bold font. Below the title, there are two input fields: 'Email' and 'Password'. Red arrows point to each of these fields. Below the password field is a 'Sign in' button, which is highlighted with a red circle. At the bottom of the form, there is a link that says 'New user? Sign up now!'. The footer of the page is dark and contains 'About', 'Contact', and 'News' links on the right.

If you signed in successfully, the header will have now the Account dropdown-menu.



From here you can select to navigate to the Profile Page – to display your data, Edit Page – to update your account details, Supervisors to list your supervisors and add/remove them. The last button is the Sign Out. If selected, you'll be logged out from the website and you won't have access to your data.

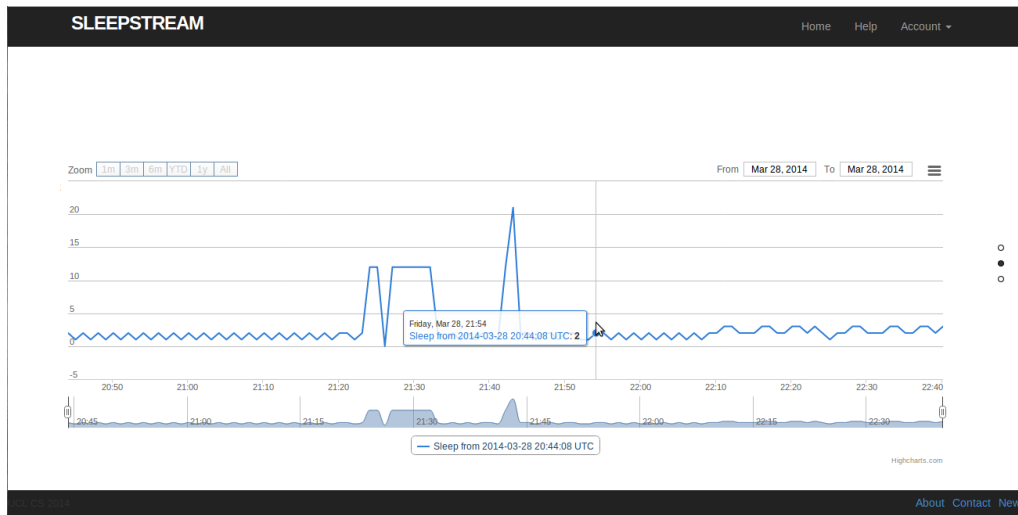
Sign-up Page

This page consists of a form you need to fill in in order to create a new Sleepstream account. The email address needs to be valid and not used before on this website. The password need to be 6 or more letter length. If any of these conditions are not met, the system will display an error message accordingly to the problem encountered.

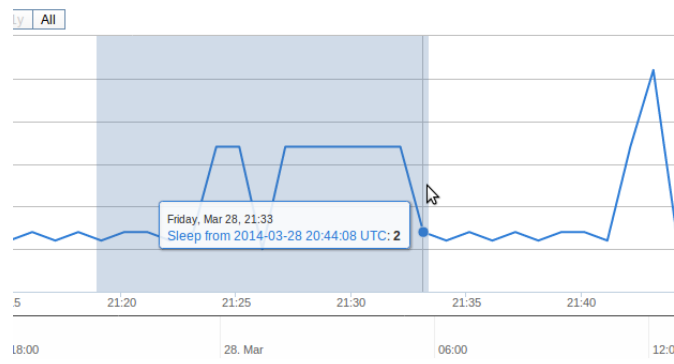
The screenshot displays the Sleepstream website's sign-up interface. The header is identical to the sign-in page, with 'SLEEPSTREAM' logo and 'Home', 'Help', and 'Sign in' links. The main content area is titled 'Sign up' in a large, bold font. The form consists of five input fields: 'Name', 'Email', 'Password', and 'Password Confirmation'. Below these fields is a 'Create my account' button. The footer of the page is dark and contains 'About', 'Contact', and 'News' links on the right.

Profile Page

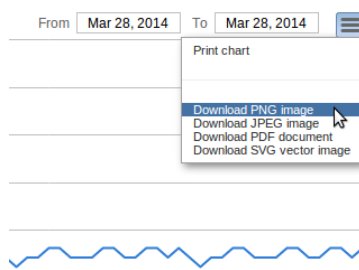
The body of this page is formed by 3 main, scrollable (using mouse/pad scroll or the down arrow from the keyboard), page height sections. A navigation controller is provided in the right-middle part of the page. In the first part, there are profile details of the User (name, email, number of sleeps). The next two parts are not displayed if there is no sleep recorded. So new users won't be displayed the next sections. The second part is represented by the graph of the intensity of movement over time. While the last part consists of an overview of the last sleeps, up to 7 different sessions, using the same format of the graph.



The graphs dispose of a tooltip that shows the data specific to each point – date, time and intensity of movement. If an horizontal area is selected using the mouse, the graph will zoom in accordingly. To zoom out and see all the data, click the All button **All** from the top-left side of the graph.



Individual sleeps can be taken out of the graph and inserted back in by a simple click on their name in the legend underneath. This way you can focus on a smaller set. The graph can also be downloaded for further use. To do so, there is a dropdown menu on the top-right part of the graph. You will be displayed a list of formats to select from to download, as shown in the picture below.



Supervisors Page

This page consists of an input text field, where you can enter the email of the supervisor you want to have. Then click Add Supervisor or press Enter. If the email address entered corresponds to a supervisor, he will be added as a new supervisor to your account, granting him access to your data. To remove a supervisor read the next paragraph.

The second part of the page is a list of supervisors along with a remove link attached to each of them. To remove a supervisor, simply click the remove link that is in the left of the name. Because of safety reasons, you'll be prompted a confirmation box before proceeding with the removal.

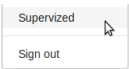
Supervisors

Supervisors (1)

1. Example User [remove](#)

Supervised Users Page

If you are a supervisor (to become a supervisor go to **Edit Page** and select the box corresponding to the supervisor label), you can access the Supervised Users Page from the Account dropdown-menu. There

will be an extra button, called Supervised . This page displays a list of Users you are supervising. To visit their profile, simply click on their names.

Supervised Users

Supervised User (1)

1. [contpetren](#)