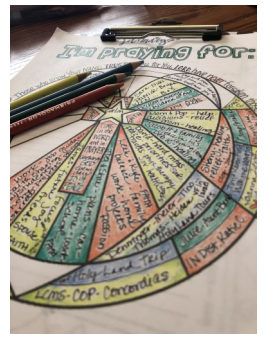


Visual Faith Workshop—Saturday, March 10 from 9am-noon
Speakers, Valerie Matyas & Ann Gillaspie
Continental Breakfast & Supplies Provided
On-line Registration Required—\$30/Family or \$10/Individual
Registration at www.faithtroy.org/connect/children closes March 3rd
Contact Laurie Guidry—lguidry@faithtroy.org or 248.689.4713 x221
Faith Lutheran Church—37635 Dequindre Road—Troy, MI 48083



Learn an interactive way to study God's Word and pray while illustrating your favorite Bible verses. Bring your own Bible, journal and supplies or use what is provided. Workshop is designed for families and includes a separate breakout session designed for teens only.

Session 1—Praying in Color, led by Valerie for all ages

Session 2—Bible Journaling, led by Ann for all ages

Session 3—Bible Connections: Heritage of Faith, led by Ann for 5 years old –Preteen

Session 3—Together with Teens: Navigating Life with Prayer, led by Valerie for Teens

Praying in Color—Scripture tells us to “Be still and know that I am God”, Psalm 46:10. It is difficult to be still in our fast paced world. Praying in color is a reliable, doable, grace-filled prayer tool that allows participants to pause, focus and have a visual reminder of what was lifted in prayer.

Bible Journaling—We will explore Bible journaling as a means to connect God's Word to the creativity He has given each of us. We will discuss how journaling helps us focus on what God has to say in His Word. Additionally, we will learn a fun lettering technique along with simple doodles to illustrate our faith . Parents and kids will interact in a simple project that can later be inserted into their Bible.

Bible Connections: Heritage of Faith—Kids thrive on traditions and routines. What traditions does your family value? How can you use Visual Faith to mark these traditions and routines in order to demonstrate their importance in the life or your family? What is your heritage of faith? Ann will give starting point ideas on how to begin the process with a project to share as you begin the journey of marking your heritage of faith.

Together with Teens: Navigating Life with Prayer—Before each family vacation, after the car is packed and all six of us are safely buckled in, my husband prays. Every successful journey should embark with prayer, navigate with prayer and reach the destination in prayer. The teen years are a great example of a journey that is traveled best saturated in prayer. We will further explore Praying in Color in light of teens' years.

Valerie Matyas—Lives in Bay City, MI with her clerical wearing husband and four young children . She has a background in Secondary Education and experience teaching elementary thru high school in Lutheran schools. Valerie has 2 years in Praying in Color and Bible Journaling. She enjoys being a Visual Faith Coach for Visual Faith Ministries and contributing to the Visual Church Year Project. Recently her passion is documenting her faith story creatively.

Ann Gillaspie—A pastor's wife, mother to two married sons and a grandmother to one sweet infant grandson. Recently retired from St. Michael's Lutheran School & Childcare where she served for over 20 years. Currently volunteering as a reading tutor and working with 1st grade teacher to connect Visual Faith with memory work. Valerie teaches lettering for the Creative Bible Journaling FB Group, is a Visual Faith Coach for Visual Faith Ministries and contributing to the Visual Church Year Project. She takes great joy in sharing her passion for Bible journaling.