

Jonah2

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1 [a]From inside the fish Jonah prayed to the Lord his God.

2 He said:“In my distress I called to the Lord, and he answered me.From deep in the realm of the dead I called for help, and you listened to my cry.

3 You hurled me into the depths, into the very heart of the seas, and the currents swirled about me;all your waves and breakers swept over me.

4 I said, ‘I have been banished from your sight;yet I will look again toward your holy temple.’

5 The engulfing waters threatened me,[b] the deep surrounded me; seaweed was wrapped around my head.

6 To the roots of the mountains I sank down; the earth beneath barred me in forever.But you, Lord my God, brought my life up from the pit.

7 “When my life was ebbing away, I remembered you, Lord,and my prayer rose to you, to your holy temple.

8 “Those who cling to worthless idols turn away from God’s love for them.

9 But I, with shouts of grateful praise, will sacrifice to you.What I have vowed I will make good. I will say, ‘Salvation comes from the Lord.’”

10 And the Lord commanded the fish, and it vomited Jonah onto dry land.