

# Annotated Bibliography

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**“R/Askreddit - People Who Are 40+ and Happy with Their Life, What Is Your Advice to People in Their 20s?”** Reddit, 2020, [https://www.reddit.com/r/AskReddit/comments/ghmr3e/people\\_who\\_are\\_40\\_and\\_happy\\_with\\_their\\_life\\_what/](https://www.reddit.com/r/AskReddit/comments/ghmr3e/people_who_are_40_and_happy_with_their_life_what/).

Although only a reddit thread, this prompt follows something similar to what I want to ask towards countless internet strangers to give their response. With Reddit, you can easily reach out to people of specific background since users come from all over and all ages. Some answers are half-jokes or witty, but they carry a lot of intention and thought as people who are older reflect on their experiences in their 20s. Eventually, I want to be able to have this project reach that potential, although for me it's a lot more difficult to reach out to strangers of that age group to reflect on their 20s.

**Schueller, Jaiden. “A Letter to My Past Self.”** MarquetteWire, 8 Aug. 2021, <https://marquettewire.org/4056553/ae/a-letter-to-my-past-self/>. Accessed 9 Feb. 2022.

This blog post showcases the authors reflection of their past and writing to their younger self. In this letter the author digs deep into their struggles and reflects on the lessons and changes that have occurred since that past. This related to my project because I want to emulate this sort of reflection when users are writing advice to themselves. This is why I framed the prompt as it is now so that this advice can not only help the people that would read it, but also the writer so they can reflect on their growth and lessons over the past year(s).