



Sandra Elliot MA. pgDMS. RN , SCPHN-OH

Occupational Health Specialist

Sandra is an occupational health specialist and has been working in the nursing field for over 30 years. She delivers the occupational health side of our business, working on such cases including sickness absence management, pre-employment screening, and case management for health conditions such as stress and back pain. Sandra also has the skills and experience to assist businesses in developing their wellbeing programmes.

Sandra has held a variety of senior management positions in occupational health and nursing including Director of Nursing for a large NHS Trust. She is a specialist occupational health practitioner, and has worked in a wide range of organisations, including Rolls Royce Motors, Sainsbury, Aon insurance and the NHS. Sandra also has consultancy experience in risk management.

Sandra trained as a registered Nurse at St Georges Hospital London and is a Specialist Community Public Health Nurse in Occupational Health. She holds a post graduate Diploma in Management Studies and a Masters Degree in Managing Human Resources from Kingston University. As a reflection of her professional experience, Sandra Chairs Fitness to Practise Panels of the Nursing and Midwifery Council

Recommendations for Sandra

"I joined the company and Sandra was already in place to provide any Occupational Health support which was required across the country. I have found the service which Sandra provides to be very helpful and informative, whether this is through a full referral process or just general advice over the telephone. I would have no hesitation in recommending Sandra to other similar companies."

Candice J Dillingham - Nationwide Maintenance

"During the past four years Sandra has facilitated the strategic development of our Thales UK Employee Well-being Service. The level of expertise and support provided by Sandra has been excellent."

Russell Hobbs - Thales UK

"Sandra has assisted us in developing and enhancing the Occupational health service we provide our employees. We are very pleased with the quality and professionalism of the service they provide."

Carolyn Boyne - Carshalton College

"Sandra is our company's chosen occupational health provider which has been in place since before I joined the company. I have found her services to always be of a high standard and she is always extremely helpful and efficient. She has assisted us in developing a great action plan to improve the wellbeing of our employees"

Lucy Gauntlett - Care Unlimited Group of Homes

Contact Sandra on sandra@edenhrconsulting.com

