Scenario: You are a freshman student at the University of South Carolina with a 17 credit hour schedule. You are planning on double majoring in Chemistry and Business and you have a significant workload. You used to play sports and stay active in high school but since getting to college you're having a hard time finding the motivation to consistently get to the gym. Additionally, since you're always so busy, you find that you're slacking on nutrition and not making the healthiest choices. You want to develop a gym routine and start eating better so you download the UofSC Nutrition App!

- **Task 1:** Customize your profile by entering all of your information and statistics.
- **Task 2:** Prioritize your nutrition by adding the goal "Eat healthier" to your profile. You also want to make sure you're staying active, so add the goal "10,000 steps per day" to your profile as well.
- **Task 3:** View and complete today's customized workout.
- **Task 4:** You just got back from class and want something to eat that's close by and healthy. Look for dining suggestions nearby and then add your lunch to your daily food log.

Changes we should make to our application:

- 1. Change the 'My Goals' button to say 'My Profile' and put it first on the home page; it was difficult for test users to identify where exactly they should set up their profile on the application
- 2. Have the option to tap on a dining suggestion nearby in the 'Dining Suggestions' page and automatically add it to the food log for easability

What we need to keep the same for our application:

- The feature that shows dining options and suggested foods that are nearby based on the user's location in the app; makes things more convenient for the user and provides plenty of options to ensure satisfaction
- Having a customized workout and a calendar view of the month; knowing that the workout is personalized and presented easily makes the user much more likely to be motivated and consistent in working out