

Home page

Press nutrition

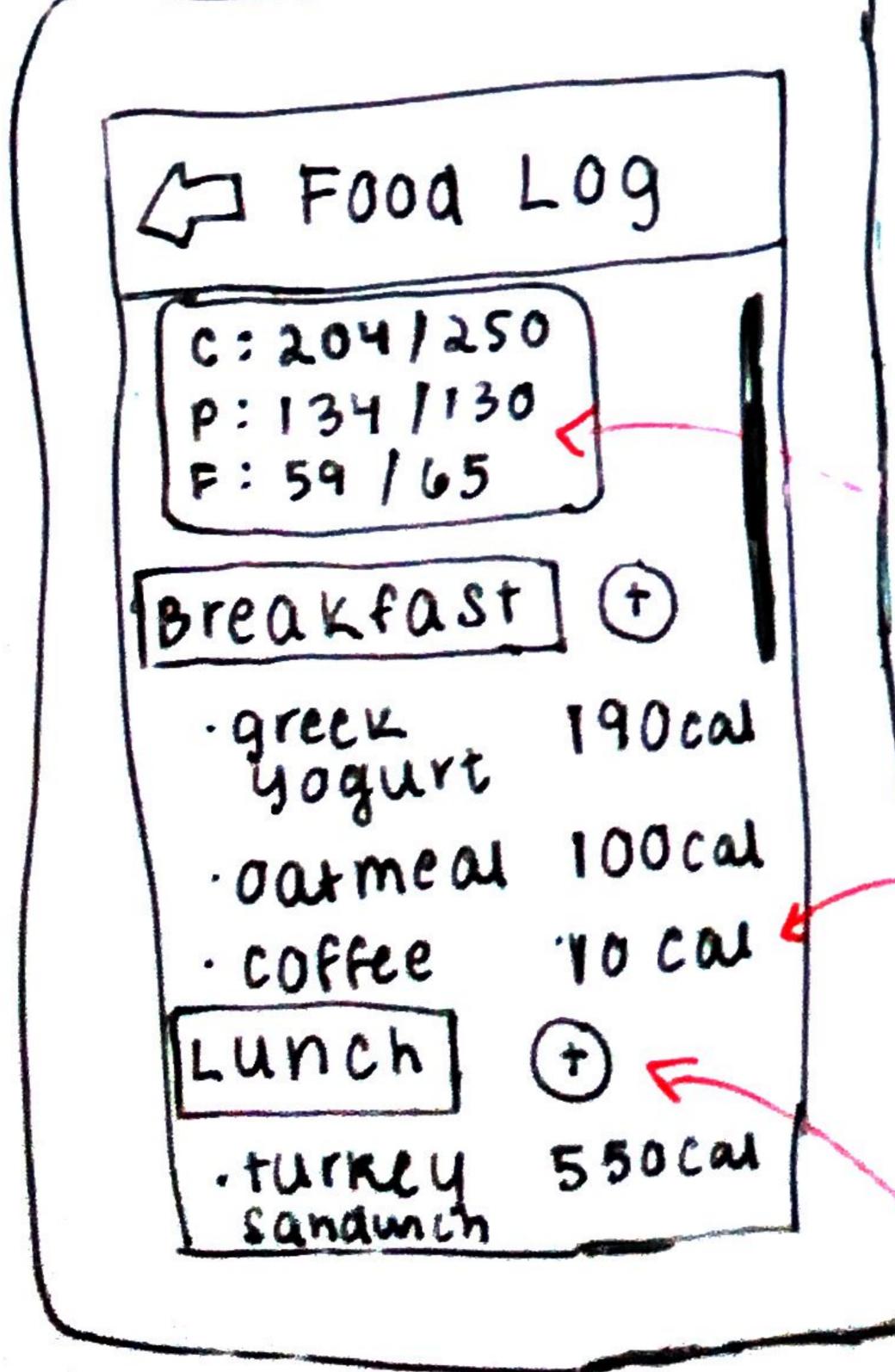


Nutrition Home page



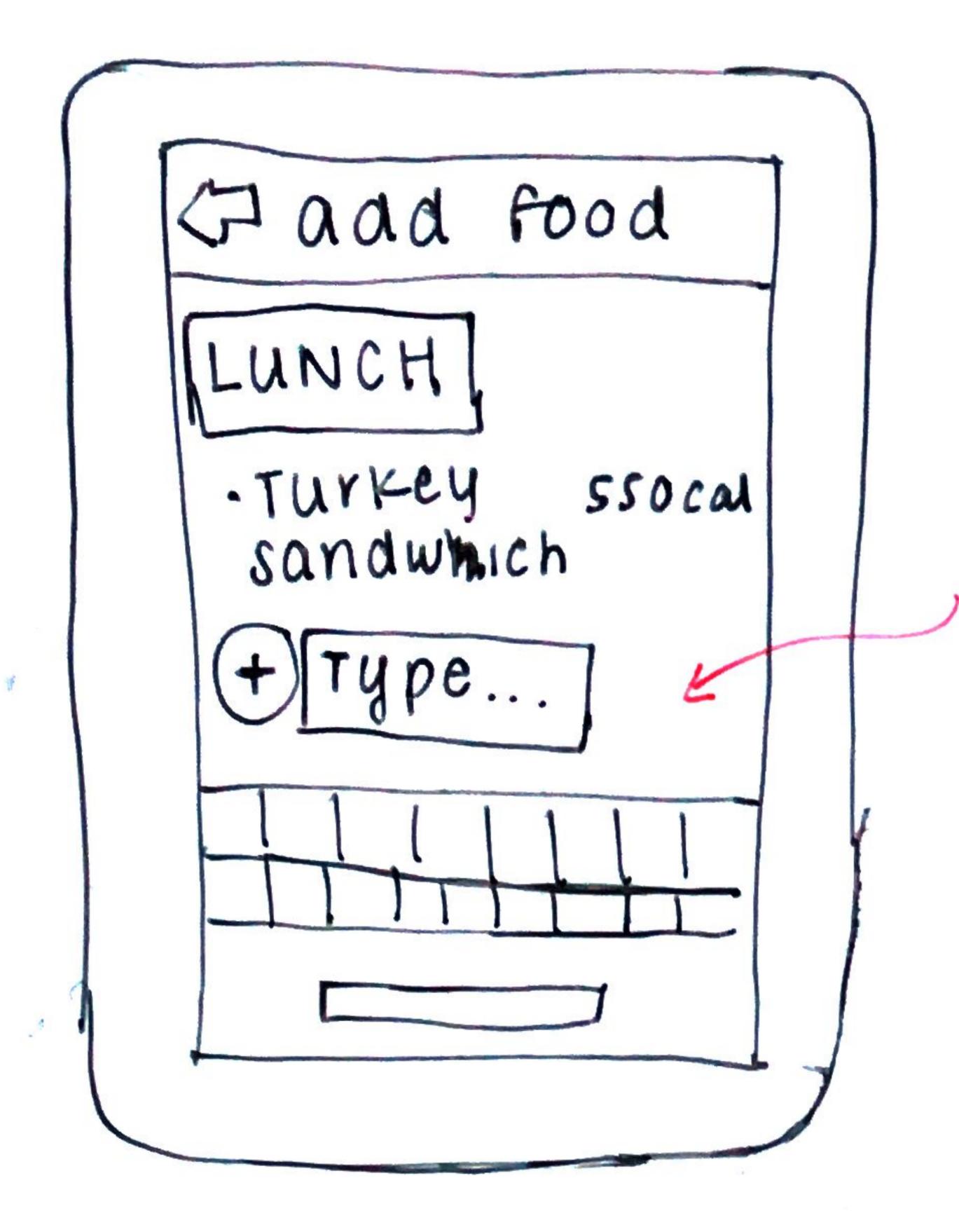
duning Suggestions Screen

scroll down



Food Log Screen - daily nument overview

and carories (scrolls down) add food burren



Click add food

enter in food name