

```
library(dplyr)

rladies_global %>%
  filter(city == 'Baltimore')
```



# How to use R with Excel

**Alyssa Columbus**

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# A simplified timeline of my career



**First Jobs**  
Tool of  
Choice: Excel



**Next Jobs**



**Current Work**



**Time and Experience**

# Limitations of using only Excel

- Importing and manipulating data
- Automating/reproducing complex tasks
- Working with large file size(s)
- Debugging and fixing errors
- Analyzing data with advanced statistics and ML techniques



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**First Jobs**

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**Tools of  
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Python/R**

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- Learning the core toolset (at first)
- Entering data manually
- Preserving specific Excel formatting
- Deciphering the graphical user interface
- Scanning spreadsheets quickly

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## Next Jobs

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## Current Work

Tools of  
Choice: Both  
Excel and  
Python/R

Time and Experience



# Using R with Excel gives data scientists the best of both worlds.



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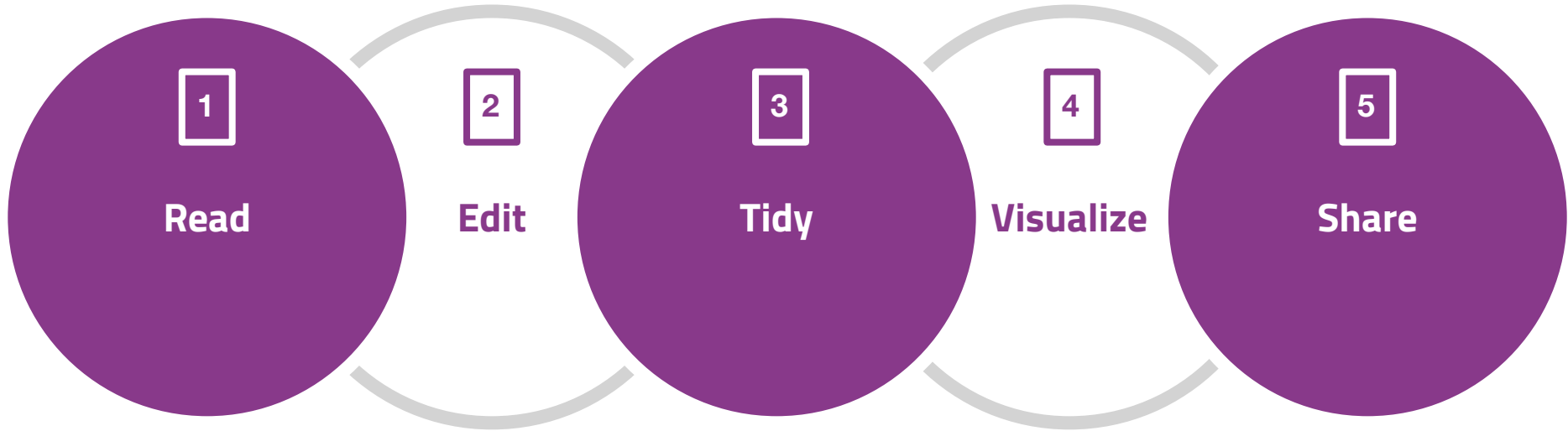


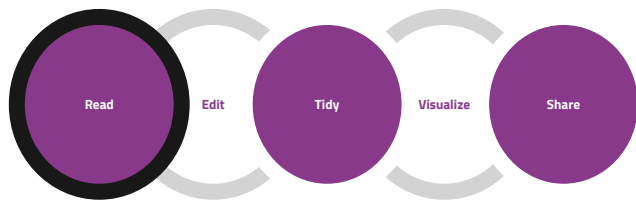
How can we  
use R with  
Excel?





# How to use R with Excel

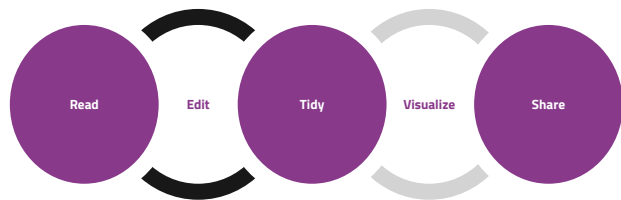




# 1. Read

sample Excel data into R.

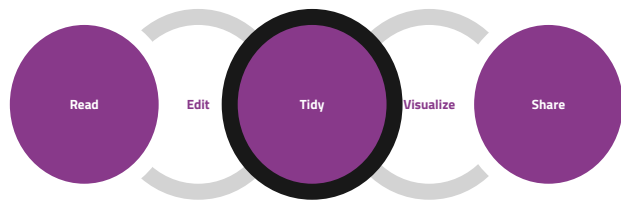
Let's navigate to RStudio and open 01\_read.R.



## 2. Edit

R data as in Excel.

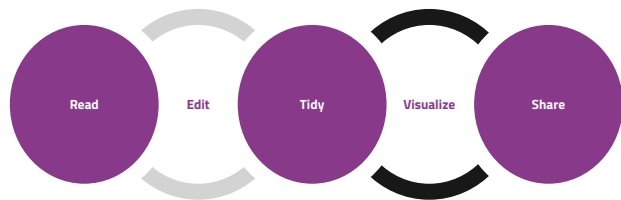
Let's explore 02\_edit.R.



# 3. Tidy

and format data for more streamlined analyses.

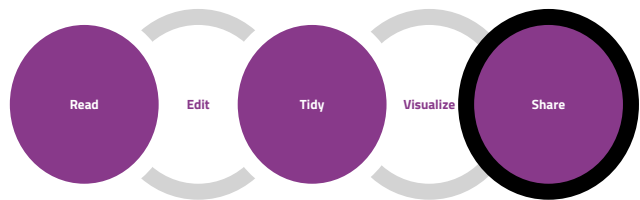
Let's run through 03\_tidy.R.



# 4. Visualize

data in R analogously to Excel.

Let's have fun with `04_visualize.R`.



# 5. Share

public data and results.

Let's look through 05\_share.R.



# Summary of R packages and their interactions with Excel

	readxl	xlsx	XLConnect	openxlsx	writexl
Read	✓	✓	✓	✓	
Edit		✓	✓	✓	
Tidy		✓	✓	✓	
Visualize		✓	✓	✓	
Share		✓	✓	✓	✓





## Bonus: Run R functions within Excel with BERT (Basic Excel R Toolkit)

- Free, open source Excel add-in to run R functions from Excel spreadsheet cells
- Can write a function in R, then call it from an Excel spreadsheet
- A more effective mathematical alternative to VBA
- One way to generate R's powerful visualizations in Excel
- More information and documentation:  
<https://bert-toolkit.com/>

## Additional references

- [How to Use R with Excel](#) by Alyssa Columbus
- [R for Excel Users](#) by Dr. Julia Stewart Lowndes and Dr. Allison Horst
- [Excel to R, Parts 1-3](#) by Matt Dancho



# Thank you!



## Presentation Summary

- Limitations of Using Excel and R Individually
- How and Why Excel and R Complement Each Other
- 5 Simple Ways to Use R with Excel
  - Read, Edit, Tidy, Visualize, Share
- Additional References

## Stay In Touch

✉ [hello@alysacolumbus.com](mailto:hello@alysacolumbus.com)

🌐 [www.AlyssaColumbus.com](http://www.AlyssaColumbus.com)

 [/in/acolum/](https://www.linkedin.com/in/acolum/)

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