

EMCOR, EMR BUILDING, OLDBURY

HEALTH AND SAFETY RISK ASSESSMENT RECORD – NUMBER RA020

Site/Premis										
Work Activity: General manual handling										
PERSONS AFFECTED				✓Yes ✓ No		CLASSIFICATION		√Yes		✓ No
Employees				✓		Experienced		✓		
Other Workers				Inexperienced			✓			
Comments:										
HAZARD TY		✓Yes ✓ Y	Vо			√Yes		✓ No		
Physical Inju	ıry			✓ Biological (e.g. Micro Organism)					✓	
Health Hazard (e.g. Harmful Substance)				Natural (e.g. Weather)		✓				
Comments:										
IDENTIFIED HAZARDS – tick as appropriate										
Contact with	, &		F	Fire/Explosion Weather / Tempe			erature 🗸			
	b) Moving /Falling Materials		s I	Demolition/Structure Collapse Lighting Levels			✓			
	c) Moving / Overturning Vehicles		chicles (Overhead/Underground Services Manual Handling			g ✓			
	d) Fixed Machinery			Soft Grounds Lone Working						
Electrical:	,		F	Falls from Heights Trips/Slips/Falls				✓		
	b) Burns			Pressurised Syst			Confined Spaces			
	c) Explo			Noise/Vibration			✓ Restricted Access	/F.oress		√
Radiation:		riolet / Ionising / La					✓ Power / Hand Too	281400		
Constructio		Tolet / Tollishig / La		Training Substances			Sharp Objects	<i>J</i> 13		√
Constitueno		t Structures /Water		Burns	,		✓ Posture			<u> </u>
Comments:	rajacen	i Structures / Water	Courses	Junis			· Tosture			
Likelihood x Severity = Risk Score. Score assuming standard control measures overleaf are implemented = 4										
			core assumm	ig stanuaru	CO	iiti oi iiicas	sures overtear are i	mpier	ileiri	.cu <mark>– 4</mark>
	<u>VT RISK IDENTIF</u> t falls, Injury	<u>IED:</u>								
		OVICIONE (AND CI	IIDANCE) (Noto	Standard Car	itrol	Mossures m	nust also be reviewed an	d mada	cito c	nocific)
							1999, Construction Design			
					-			, ii iviaiia	Scilie	III 2007.
PPE REQUIRED FOR TASK (tick/com Hard Hat		X (tick/complete as	Ear Protect)1 IVI	easures over	Welding Helmet			
Safety Footwear		· ·	Goggles	tion		Respirator (enter type)		2)		
High Vis Vest		√	Overalls			Gloves (Cut level 2				
Gas Welding			Safety Spec	etacles		✓	Other (specify type)			
		fter implementatio	, ,		000	uros (if any)	other (speerly type)			
Circle Resid	luai Kisk Score ai	iter impiementatio	ii oi your additi	Risk Score =			unlikely to course first o	id casa i	niurz	rick to
Likelihood		Severity of Injury		LOW		Acceptable – unlikely to cause first aid case health, property or environmental damage.			iijui y,	, 115K tO
of		Severity of injury		Risk Score = 2		Acceptable – unlikely to cause lost time injury, r			v risl	c to
Harm	LOW 1 MED 2 HIGH		HIGH 3				health, property or environmental damage. Work to be			
							by a competent person.			
	Possible first	Possible <3 day	Possible >3	Risk Score =	3		cause serious injury, risk	to healtl	ı, pro	perty or
	aid case	lost time injury,	day serious	LOW			tal damage. Control mea			
	injury,	minor	injury, major			method state	ement must be in place.			
	environmental	environmental	environmental				•			
	damage	damage	damage							
Unlikely 1	1	2	3	Risk Score =			k of lost time injury, mind			
				MEDIUM			tal damage. Supervision,		meas	ures and
				= 1.1.0			nod statement must be in			
Possible 2	2	4	6	Risk Score =	•		this risk			
				HIGH		to a score of	l lour or below			
Likely 3	3	6	9	Risk Score =	Risk Score = 9 Unacceptable – refer the operation to the M		the Ma	กลงค		
Likely 5	Dixoly 5			HIGH		responsible. The work must not proceed as proposed, an				
				111011			nethod must be developed		- opos	,
				I						

Signed: Position in Company: Operations Director Date: 03-04-13

Print Name: Kevin Flint Date of Review: 02-07-13



EMCOR, EMR BUILDING, OLDBURY

No p	CAILS OF CONTROL MEASURES Dersons are to carry out manual handling procedures unless they have ertaken the Induction training for new employees and have been ned to carry out the procedures covered in this document.	Is this control measure in place	Additional action required
1.	Manual handling is only to be carried out if all mechanical aided lifts have been rejected for an acceptable reason.	√	
2.	Preference to the use of trolley's bogie trucks, counterbalance truck etc is to be given and used wherever practicably possible.	√	
3.	If manual handling is to be carried out assessment of the type of material to be carried in respect to size, dimensions and weight are to be done prior to commencement of work.	√	
4.	Reference to the guidelines set by the HSE of a maximum of 20kg per person is to be identified and if not possible to use mechanical aid or split the weight to below 20kg then the person MUST ask for help.	✓	
5.	Discuss the lift plan between the persons carrying the load to identify the route to the put down point ensuring the route is clear of slips, trips or fall hazards.	√	
6.	Ideally two persons of roughly the same size and weight are preferred so that the weight of the load is distributed evenly.	√	
7.	Kinetic lifting techniques are to be used i.e. bend from the knees to keep the back straight, keep the load close in to the torso so as not to place undue stress on your back, grip firmly from the bottom of the load and keep feet shoulder width apart when lifting the load with the front foot facing in the direction of travel to avoid twisting.	√	



EMCOR, EMR BUILDING, OLDBURY

Name:	Signature:	Date: